

EYE ON THE FLEET
YOKOSUKA,
JAPAN



(May 22, 2018) SN Silvia Bohorquez, assigned to U.S. 7th Fleet flagship USS Blue Ridge (LCC19), carries weights across the bottom of a swimming pool during search and rescue (SAR) swimmer training. SAR swimmers play a key role in personnel safety and mission readiness of U.S. Naval operations.

U.S. Navy photo by
MC3 Patrick Semales

inside:

INNOVATIVE
Ground electronics2

MORE MONEY
Sailors advance3

CELEBRATION
AA/PI heritage6

NOTE:
The Boca Chica Fitness Center is closed until Tuesday as contractors complete repairs to the basketball court floor.

TOP OF PAGE ONE:
An E-2D Hawkeye assigned to the 'Sea Hawks' of Carrier Airborne Early Warning Squadron (VAW) 126 launches from the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75).

Southernmost



FRIDAY, MAY 25, 2018

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WWW.CNIC.NAVY.MIL/KEYWEST

NAVAL AIR STATION KEY WEST, FLORIDA

Take a moment to honor fallen on Memorial Day

**FROM NAS KEY WEST
PUBLIC AFFAIRS**

Naval Air Station Key West Commanding Officer Capt. Bobby Baker will honor the nation's fallen military Monday as the speaker for a Memorial Day service at the USS Maine Memorial in the Key West Cemetery.

The Navy League Key West Council hosts the annual ceremony, which

begins at 9 a.m. The observation lasts about 20 minutes; seating is available but limited.

That service is the first of three scheduled Monday morning. The public is encouraged to attend one or all to show respect for those who died while in defense of America.

VFW Post 3911 hosts its Memorial Day service at 10 a.m. in the Veterans

see **MEMORIAL** page 6

New CMC leaves subs for air

**FROM NAS KEY WEST
PUBLIC AFFAIRS**

Naval Air Station Key West's new Command Master Chief is rising from the sea and taking to the air.

A career submariner, CMC Craig Forehand, was Chief of the Boat (COB)

on USS Toledo (SSN 769) from 2015 - 2017 before becoming a CMC.

He arrived at NAS in May and said he looks forward to spending time on land.

Forehand, from Pensacola, Florida, enlist-

see **CMC** page 6

STUCK ON TRAINING



U.S. Navy photo by Lt. Tres Penny

Naval Air Station Key West Search and Rescue AWS2 Matthew Silvernale, without shirt, prepares an IV needle for mock patient HM2 Aaron Kidd during field training May 18. SAR crew members and pilots conduct training twice each month to maintain skills; twenty SAR team members participated in this training event.

DEFY program manager lauded for five years of service to NAS youth

BY MC3 ARNESIA MCINTYRE
Southernmost Flyer

Naval Air Station Key West Commanding Officer Capt. Bobby Baker recognized the instal-

lation Drug Education For Youth (DEFY) Program for five years of continued service to youth and families.

The award was presented at an all-hands quarters Thursday to ACC Joseph

Blocker, who accepted the award for ETCS Clyde Anderson, the longtime program manager who recently transferred. Blocker has assumed management of the program.

"The program provides education, skills building, and positive experiences so that the participants can choose healthy alternatives instead of substance abuse and gang involvement."

Blocker said in describing the purpose of DEFY.

DEFY is a two-phase program. Phase one is a challenging and fun-filled week

see **DEFY** page 6



May 25

1973 - Skylab 2, the first U.S.-manned orbiting space station, launches with all-Navy crew: Capt. Charles Conrad Jr., Cmdr. Paul Weitz and Cmdr. Joseph Kerwin.

May 26

1990 - USS Beaufort (ATS 2) rescues 24 Vietnamese refugees in the South China Sea.

May 27

1943 - USS Runner (SS 275) departs Midway for her third war patrol but is never heard from again. She is presumed lost in 1943.

May 28

1980 - Fifty-five women become the first female graduates of the U.S. Naval Academy.

May 29

1844 - The frigate Constitution, commanded by John Percival, sails from New York to depart on her 52,370.5 mile around-the-world cruise.

May 30

1864 - During the Civil War, the side-wheel steamship USS Keystone State and the iron screw steamship USS Massachusetts capture British blockade-runner Caledonia.

May 31

1919 - Curtiss flying boat NC 4 lands at Plymouth, England, concluding the first transatlantic flight.

The standard of greatness

Mirror, mirror on the wall who is the greatest of them all? We all have our own opinions of who we think might be the greatest person in different categories.

When you ask who the greatest president might be, or the greatest musician of all time, you will receive many different answers.

How do we define and measure greatness? How can we tell who the greatest of all times is? The way the world measures greatness does not line up with God's metrics for greatness.

The world measures greatness in terms of accumulation and accomplishment.

We tend to think people who either have a lot or they have done a lot are great. We identify greatness with success.

If we are measuring things by how big, how much, or how many

CHAPLAIN'S CORNER



NAS Key West
Command Chaplain

Lt. Cmdr.
Scott Mason

then we would not come close to qualifying for the semi-finals of the greatest of all times. If we are to look at how God measures greatness we must look at servanthood and the heart of serving.

In a world that says you need to

be number one, we are told in scripture that we must humble ourselves and look for ways to be last.

Mark 9:35 say "If anyone would be first, he must be last of

all servant of all."

So even though our world says being last is bad we see that statement does not always ring true.

The moment we choose to have a servant spirit, a servant attitude and a servant heart, then we can see how we measure up to greatness in God's eyes.

Please come and join us for worship service at 10:30 a.m. Sunday at the Sigsbee Community Center with our Praise Band and Children's Church.

Also, visit our Facebook page (NAS Key West Chapel) for upcoming events, including Vacation Bible School in June.

If you are in need of chaplain care, please call your chaplains at 305-293-2318, Naval Air Station Key West, or 305-292-8788, Coast Guard Sector Key West.

BZ GE! FEB FE0Y!



Photo courtesy South Florida FEB

Naval Air Station Key West's Ground Electronics Maintenance Division was awarded the Federal Employee of the Year award in the innovation category at the South Florida Executive Board's 53rd annual recognition banquet May 11. Accepting for the team of 24 Sailors and civilians were, Joseph Shellito, front, and, from left, ET2 Jamie Merrill, ET3 Michael Cunnane, Lt. Todd Wish, ET2 Nicholas Conklin and ET2 Andrew Hart.

Southernmost Flyer

COMMANDING OFFICER

Capt. Bobby J. Baker

EXECUTIVE OFFICER

Cmdr. Greg Brotherton

PUBLIC AFFAIRS OFFICER

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Deadline for all editorial copy is 4 p.m. the Friday preceding publication. All articles must be submitted on disk in text format, written in upper/lower case style.



Leaking faucets, lights in empty rooms, electronics and peripherals: when they're on, we're wasting energy.



ONWARD AND UPWARD



U.S. Navy photo by MC3 Arnesia McIntyre

NAS recognized 22 newly advanced petty officers Tuesday after results were released for the 2018 spring advancement exams. More than 22,000 active duty, full time support and select Reserve advanced to E-4, E-5 and E-6. Each year there are three advancement opportunities for petty officers - spring advancement cycle, Meritorious Advancement Program and fall advancement cycle. Community managers take into account all three periods in developing advancement plans to ensure continuous advancement opportunities and community health.

Naval Air Station
KEY WEST



Meet a Teammate

Job Title: Dog Handler
Hometown: Viera, Florida
Prior Duty Stations: Naval Station Guantanamo Bay
Hobbies: Working, enjoying nature.
Most Interesting Experience: The hurricanes in Cuba.
Future Plans: Navy's MECF



**MA3
Kyle Bishop**

Briefly...

Dolphin Derbin reset

Due to the forecasted weather and high seas, Morale, Welfare and Recreation's 22nd Annual Dolphin Derby fishing tournament is postponed to June 2. The captain's meeting is also postponed to June 1; the time and location is unchanged. The captain's meeting should be complete by 6:30 p.m. for those planning to attend high school graduation.

For more information, visit the NAS Key West MWR Facebook page or call the Sigsbee Marina at 305-293-4434.

Daddy/Daughter Dance

Morale, Welfare and Recreation is hosting its "Daddy/Daughter Dance," with dinner, from 5 - 8 p.m. June 15 at Trumbo Palms, inside the Navy

Gateway Inns and Suites, Trumbo Point Annex.

The dinner is served from 5 - 6 p.m. and the dance is from 6 - 8 p.m. Tickets go on sale starting at 9 a.m. Wednesday at the Tickets & Travel Office on Sigsbee Park. Tickets are \$15 per couple and \$5 for each additional daughter. Tickets must be purchased by June 13; tickets won't be available at the event. This is event is open only to authorized MWR patrons: Active and retired military and DOD civilians. For additional information, please call 305-563-0364.

ShipShape class

Naval Branch Health Clinic Key West will start ShipShape classes on Tuesday in the S.E.A.T classroom on the second floor in the clinic's admin-

istrative department. This action-oriented, weight management program is available to all active duty, retirees and their families in the Key West area.

The eight-week program meets from 9 - 10 a.m. Tuesdays. To register, call ABE1 Ashawn AJ Robertson at 305-293-3857 or email ashawn.a.robertson.mil@mail.mil.

Summer reading activity

The Child & Youth Programs is hosting a summer reading program kick-off party from 4 - 6 p.m., Wednesday at the Sigsbee Community Center. Enjoy crafts for kids of all ages and a chance to register for the online program through <https://keywestlibrary.beanstack.org/>. Also, enter to win a Family 4-Pack of tickets to Legoland. For details, call 305-293-4437.

MWR Update

Summer reading

The Child & Youth Programs is hosting a Summer Reading Program kickoff party Wednesday from 4 - 6 p.m. at the Sigsbee Community Center.

Children of all ages will enjoy crafts and be able to register for the online reading program: <https://key-westlibrary.beanstack.org/>. They can also enter to win a Family 4-Pack of tickets to Legoland. For more details, call 305-293-4437.

Command Challenge

The Armed Forces Day Command Challenge has been rescheduled for June 1. Round up your command to compete from 7 a.m. - 2 p.m. on the Sigsbee Sports Fields. This year's highlighted events include Tug-o-War, Corn Hole, the Amazing Race, Dodgeball, Trash Can Pong and more.

If you are interested in volunteering for this event, call 305-293-2480. Thank you to the following sponsors for their continued support: Saint Leo University, NAS Key West Homes, Fury Water Adventures, Sparkling Ice, Key West Military Affairs Committee, Navy League Key West Council, Key West Area Chief Petty Officers Association, Southernmost VFW Post 3911 and Waste Management. Sponsorship does not imply endorsement.

Youth bowling

Child and Youth Programs hosts a youth

bowling league at the Airlanes Bowling Center & Grill June 2.

The clinic is for children 5 - 18 years old; the group size is limited to 18 per session; register, drop off and pick up at the Youth Center on Sigsbee Park. Transportation departs at noon and returns by 3 p.m.

For more information, call 305-293-4437.

Vet Clinic

NAS Key West is hosting a vet clinic on June 19 and 20 from 9 a.m. - 4 p.m. in Bldg.-1509 Spadefish Court on Sigsbee Park. To schedule an appointment or for questions, email KeyWestVetServ@gmail.com. Please give 48 hours for a reply.

Appointments are scheduled every 30 minutes and are open to active duty, retirees and dependents.

Those seeking an appointment must provide valid military ID.

Craft night

MWR Community Recreation offers a number of crafting opportunities each month at the Sigsbee Community Center. All supplies are provided and

patrons are welcome to bring their favorite beverages. Most activities are open to children unless stated otherwise. Pre-registration is required. To register, make full payment at the Tickets & Travel Office on Sigsbee Park. Upcoming events:

June 6: DIY Tea Cup Bird Feeder

June 20: American Flag Paint Stick Craft

June 27: Driftwood Wreath

Community rec

MWR Community Recreation offers events each month that offer the opportunity to explore Key West and other sites. All transportation departs from the Sigsbee Community Center across from the dog park.

To reserve your seat, make payment at the Ticket & Travel Office on Sigsbee Park. For pricing and more event details call 305-563-0364 or visit www.NavyMWRKeyWest.com/events.

June 23: Miami Children's Museum

Fitness Center

The fitness center on Boca Chica is open from 5

a.m. - 8:30 p.m. Monday - Friday and 9 a.m. - 4 p.m. Saturday and Sunday. All fitness classes are free to authorized patrons and are designed for all fitness levels, from beginner to advanced. The fitness schedule is subject to change without notice. Call 305-293-2480 for more information.

Monday

Yoga - Cancelled for Memorial Day holiday

Job opportunities

There are currently a number of open positions

within MWR and NGIS. This week's highlighted jobs are: Bartenders and recreation assistant at multiple MWR facilities. There are also open positions for bartenders, child care workers, maintenance workers and more. For a full list of jobs, visit www.NavyMWRKeyWest.com/jobs.

MWR Website

MWR has a website and cell phone application that provides our patrons with a full list of facilities, programs, services

and current employment opportunities. Visit www.navywmrkeywest.com to find out what MWR has to offer: Restaurants and bars, sports and fitness, child care, leisure recreation, pool and splash parks, special events, gear rentals, marinas, lodging, discounted attraction tickets and more.

Visit the Apple or Android APP store and search for NavyMWR Key West. Other sources of information are Facebook and Twitter "NAS Key West MWR" and the Weekly Activities Sheet. Email your questions to mwrnaskw@gmail.com.

SUMMER READING PROGRAM

At the Sigsbee Community Center
May 30 from 5 – 7 p.m.

- Books, Arts & Crafts
- Free Snacks
- WIN a Family 4-pack to LEGOLAND
- Open to children 5 - 18



AUTO SKILLS CENTER

May 26 Hours: 9 a.m. - 1 p.m.

Regular Hours:

Tue. - Fri. 9 a.m. - 6 p.m.

Sat., 9 a.m. - 4 p.m.

Call 302-293-2615 for more information.



305-293-4437

Suicide prevention resources available to all

**FROM NAVAL HOSPITAL
JACKSONVILLE PUBLIC
AFFAIRS**

According to the Centers for Disease Control and Prevention, suicide was the 10th leading cause of death, for all ages, in the U.S. Building resilience and preventing suicide requires all members of the Navy and Marine Corps community to work together.

Suicide prevention is about being there for every Sailor, Marine, and family member, every day.

Suicide can be a complex behavioral response influenced by a multitude of factors within one's personal experience with life. These potentially include individual, relational, community, or societal circum-

stances; or any combination thereof. Specific risk factors and stressors associated with suicidality have been linked to illness, isolation, family and marital discord, financial issues, depressive disorders or other mental health concerns (including prior suicidal ideation or attempts), impulsive behaviors, lack of sleep, or changes in brain chemicals due to alcohol or drug abuse.

Warning signs include thoughts or comments about suicide, substance abuse, purposelessness, anxiety, feeling trapped or hopeless, withdrawal, anger, recklessness, and mood changes.

Effective treatments and interventions are available for depression, situational stressors, and other health problems that are

risk factors for suicide. Understanding warning signs and risk factors can help prevent, identify, and enable early intervention to save lives.

Tips to help Sailors and Marines stay mission-ready include: Find time for yourself - improve sleep habits, try yoga or meditation, participate in enjoyable activities; break down obstacles into small steps and tackle one at a time; improve physical conditioning with regular physical training, which strengthens the muscles and the mind; avoid alcohol and substance misuse, which can affect how you manage stress and interfere with sleep, relationships and responsibilities; and identify people to turn to when in need whether it is a friend, fam-

ily member, chaplain or health care professional.

For free, confidential support 24/7, call the Military Crisis Line at 800-273-TALK (8255), text message to 838255, or chat online at www.veteranscrisisline.net. The Crisis Line is available to current and former service members, their families and friends.

Active duty can call Naval Branch Health Clinic Key West's Family Medicine department at 305-293-4834/4850 to be directed to the appropriate provider. Family members, retirees and retiree families can call TRICARE Value Options at 800-700-8646 for mental health care.

For someone in immediate danger, go to the nearest emergency room or call 911.

This week at FFSC

FFSC observes holiday

The Fleet and Family Support Center will close Monday in observance of the Memorial Day holiday.

Victim assistance reminder

The Navy offers 24-hour response capability to victims of sexual assault regardless of location - ashore, afloat, or deployed - to ensure timely access to services.

Anyone in immediate danger should call 911 (on base 9-911).

For those who have experienced sexual assault, call the 24/7 toll-free DOD Safe Helpline at 877-995-5247, Naval Air Station Key West victim advocate at 305-797-1408 or the NAS Key West Sexual Assault Response Coordinator at 786-383-7873.

FFSC offers many services including deployment support, relocation assistance, family employment readiness, life skills education, personal financial management, crisis incident response and training, sexual assault prevention and response, ombudsman support, transition assistance management, family advocacy and professional counseling.

For more information or to request services, call 305-293-4408 or visit the center at 804 Sigsbee Rd., Sigsbee Park.



JUNE 19 & 20 9 AM - 4 PM BY APPOINTMENT

VET CLINIC

To schedule an appointment or for questions:
KEYWESTVETSERV@GMAIL.COM

THEY TOOK THE CUP!



U.S. Navy photo courtesy MWR

After two years of close losses in the championship game, the NAS Key West - Warfare team took first place in the 2018 Captain's Cup Softball Tournament. The team defeated Joint Interagency Task Force South to cap off an undefeated season, eliminating VFC-111, VFA-106, Weapons, Key West Fire and Emergency Services, Coast Guard Sector Key West and the USCGC Mohawk (WMEC 913). The Captain's Cup Softball season began in March and ran through the tournament May 15.

Memorial

continued from page 1

Memorial Garden at Bayview Park. Maj. James Copp, commander of Army Special Forces Underwater Operations School, is the guest speaker.

Coast Guard Sector Deputy Cmdr. Lexia Littlejohn will speak at the annual Memorial Day service hosted by American Legion Post 28. The service begins at 11 a.m. at the Southern Keys Cemetery on Big Coppitt Key.

NAS Key West offices are closed Monday in observance of Memorial

Day. Morale, Welfare and Recreation facilities also are closed except for:

Fly Away Café at Boca Chica Marina: 10 a.m. - 7 p.m.

Navigator's Bar: 11 a.m. - 9 p.m.

NGIS Front Desk: 24 hours

Sigsbee Marina: 7:45 a.m. - 5 p.m.

Trumbo Pool: noon - 5 p.m.

Vacation Rentals: 8 a.m. - 4 p.m.

The Navy Exchange on Sigsbee Park and NEX mini-marts on Trumbo Point and Boca Chica Field

are open from 10 a.m. - 5 p.m. The Commissary is closed Mondays.



U.S. Navy photo by Jolene Scholl

LUMPIA LOVE

Naval Air Station Key West Command Master Chief Craig Forehand, left, and ACCS Chris Ollinger enjoy Asian American/Pacific Islander cuisine during the AA/PI Heritage Month celebration Thursday at Boca Chica Field. The event, which included remarks from Commanding Officer Capt. Bobby Baker, whose mother is Vietnamese, and Executive Officer Cmdr. Greg Brotherton, whose mother was Japanese, was co-hosted by the Multicultural Heritage Committee and Coalition of Sailors Against Destructive Decisions.

NAS Classifieds

FOR RENT

Boat slip rental - Hilton Haven Road. Available immediately; \$250 per month. Slip can hold up to 32' fishing boat, no live aboards. Contact Ali Hyatt 786-691-0880

Old Town - Available June 1 or before. Small furnished studio (one room) with bath; separate entrance. One person only. Off-street parking. Family setting. No kitchen but microwave and refrigerator. W/D on site. \$1,000. F/L/S to move in (\$3,000). Utilities/high speed internet included. Minimum six month lease; year lease preferred. Call Bob 305-744-3350 or email at henkel100@gmail.com.

Big Pine - Beautiful 3BR/2BA home available for long-term lease. Dry lot. Small pets accepted with pet fee. \$2,700 per month. F/L/S. Call Linda at 305-872-4144 for more information.

Key West - 1BR/1BA, kitchen dining area, living room. No pets. Private. \$1600. F/S. No last. Must see to appreciate. Call Mrs. Sellers at 305-434-2047.

Bay Point - Two very clean, private apartments on beach with dock. 1BR/1BA, \$1,750; Efficiency, \$1,450. Each has A/C, W/D. One person only in each unit. No smoking, no pets. Prefer military member. F/L/S. Call 305-745-1462.

Cudjoe Key - Available

now. Lovely 2BR/1BA apartment by the water. Nice kitchen area with new appliances, large dining/living room plus studio area. Central A/C. Utilities included. \$1,600 per month. Maximum of two people/no pets. Call 305-394-7464 or email Bill at bwpsg42@icloud.com. Please call after 5:30 p.m., or any time over weekend.

ROOMMATE WANTED

Male or female to share 3BR/2BA in Sigsbee Park BBC housing with DOD-employed male. Non-smoker, no pets. Must be eligible for base house and be clean, qite and respectful with no drama. \$900 per month and includes cable, W/D. Email contact information to sigsbeerom@yahoo.com. Available immediately for long/short

term.

HELP WANTED

Navy Exchange - Seeks maintenance worker/janitor-RFT (1800009X). Candidates will perform various cleaning tasks, simple maintenance of facilities and equipment, and utilizing heavy industrial type equipment. Apply at <https://www.mynavyexchange.com/nex/work-for-us> or email lindsey.castro@nexweb.org.

Navy Exchange - Seeks Navy Lodge maintenance worker-flex (1800008I). Candidates will perform tasks involved in the upkeep of buildings, grounds, fixtures, equipment, Navy Lodge guest rooms, etc. Typical assignments include simple painting, plumbing, carpentry and electrical repairs.

Apply at <https://www.mynavyexchange.com/nex/work-for-us> or email

lindsey.castro@nexweb.org.

NAS KEY WEST CLASSIFIEDS are free for active-duty and retired personnel, their families and civilian base employees only. Deadline for submissions is noon the Tuesday prior to that Friday's issue. Make submissions to the NAS Key West Public Affairs Office by email, jolene.scholl@navy.mil; mail, P.O. Box 9001, Key West, FL 33040-9001; or fax submissions to 305-293-2627. Unless otherwise directed, ads will run for four issues. Name and phone number must accompany all requests for publication. For more information, call 305-293-2425.

CMC

continued from page 1

ed in the Navy Aug. 2, 1999. Upon completion of basic training at Recruit Training Command, he reported to Naval Nuclear Power Training Command in Charleston, South Carolina, and completed Machinist Mate "A" school. He then reported to basic

Submarine School in Groton, Connecticut, for the completion of BESS and Auxiliary "C" school. After graduation for initial training, he reported to his first submarine, USS Providence (SSN 719) stationed in Groton. In late 2008, he transferred to USS Memphis (SSN 691) and served as the auxiliary division leading chief petty officer for three years. He was advanced to senior chief petty officer in 2010. In 2012, he was transferred to Naval Submarine School in Groton where he performed a variety of duties.



FOREHAND

He spent six years on board Providence. In 2006, he was selected for chief petty officer and transferred to USS Tripoli (LHA 7), in performance monitoring team

DEFY

continued from page 1

in the summer at a non-residential camp for youngsters aged 9 - 12. There, they participate in classroom learning on goal setting, leadership, teamwork, relationship/conflict management, substance abuse prevention, gang awareness/de-glamorization and

self-esteem. After graduating from camp, they enter phase two where they are placed in an organization



and mentored at regularly scheduled activities.

Mentors and staff provide tutoring and positive reinforcement through

group or cluster mentoring and interactive workshops.

"Most of the participants gain a great deal from the workshops and have a great time learning," he noted.

DEFY is sponsored by the command and restricted to youth from military families.

For more information, email joseph.blocker1@navy.mil.