www.cbirf.marines.mil May 2018 Volume 1 Issue 4

# From the Commanding Officer Strike the Balance

Dear Marines, Sailors, and Families,

In our previous newsletter, I mentioned that the theme for this year – in regards to training and family readiness – is resiliency. The idea of resiliency will not only help our Marines and Sailors answer the Nation's call in a time of crisis but will also ready our families for the reality of deployment, whether it is overseas or here at home.

As we continue through the year and face months of increasing operational tempo, I have tasked our Marines and Sailors to strike a balance between their service to our country and service to their families.

By being proficient at one of these elements, they will increase their proficientcy at both.

What I mean by that is if our Marines and Sailors are skilled at their individual assignments and with mission accomplishment, they allow more time to be spent with their families. If they are good to their families and continue to foster their relationships, they will be able to focus on the task at hand when the Nation calls.

My expectation is that Marines and Sailors are attentive to their families and will attend family events. I have charged my staff to accommodate these requests and I want to assure you that your Marine or Sailor has my full support in participating in command-sponsored events.

Additionally, to effectively build unit cohesion and maintain family readiness, I have entrusted our Family Readiness Team to incorporate information about deployment support resources in all of our family events. This includes information from our military support resources about finances, educational opportunities, and deployment support before, during, and after a deployment. At these events, we will have organizations on-hand to talk to our families about what resources are available to them, so keep in touch with Ramona Higgins to learn more.

We must prepare for America's worst day as though it is a near certainty - because it is.

With this in mind, we will continue, and improve upon, our Marines' and Sailors' life-saving capabilities as well as our families' state of readiness in the coming months.

We have several family events planned in 2018. Recent events include a Spouse Meet and Greet Luncheon and a Military Resource Fair last month.

So far this year CBIRF has remained busy as we successfully supported the nationally-televised Presidential State of the Union Address in January, as well as Exercise Scarlet Response in March. Additionally, unit-level training enhanced the unique specialized skill sets of each element of

CBIRF and supported our strategic focus. I am proud of our Marines and Sailors and the hard work involved in the training we do here. Every one of us has a purpose. Our readiness demonstrates our strength and ability to sustain our reputation as a world premier incident response force in readiness, and each one of you should be proud as well.

I hope you enjoy the wonderful spring and summer weather that is upon us and take this time to conduct safe activities and enjoy everything D.C., Maryland and Virginia have to offer. Taking time to unwind is a necessity for your physical, mental, and spiritual fitness.

Our calendar will remain active as we continue to train for upcoming exercises and support National Special Security Events, and operational readiness. These events will continue to realistically test our ability to respond to chemical, biological, radiological, nuclear and high-yield explosive threats, which is our core mission, or any other mission as the President may direct

I would like to express my sincere thanks and appreciation to you all – our active duty and our family members – for all that you do.

> Semper Fidelis, Col. Michael L. Carter

### WHAT'S INSIDE?

2 FROM THE FRO

4 MCICOM CG

13 CHAP'S CORNER

15 ASD FOR CBRN

In This Issue

Exercise Scarlet

RESPONSE

Flip to Page 8-9





# Summer Driving Safety

Travel plans are one of the hottest topics of the summer. Whether meeting family at the coast or taking a road trip to Las Vegas with friends, vacations are at the center of many conversations. With everyone planning their trips, it is not surprising that routes to popular travel destinations can become increasingly congested during the summer months - over the 2013 Memorial Day weekend alone, approximately 31.2 million people traveled by automobile!1 Although road trips may invoke images of driving along a wideopen, sunny highway, poor planning, bad driving conditions, traffic and other drivers can shatter these visions and lead to dangerous driving conditions.

More people travel by motor vehicle than any other form of transportation in the United States, due in part to the degree of mobility it provides at relatively low cost; however, driving is not without its dangers. Early estimates indicate there were 34,080 people who died in motor vehicle crashes in 2012.2 Knowing the risks for becoming involved in a crash may help you avoid a traffic accident by improving your driving habits and increasing awareness about what to watch for from other drivers. Here are some facts to consider3:

Almost 80 percent of crashes involve some form of distracted driving. Distracted driving includes:

Texting or talking on your phone while driving Eating and drinking

Talking to other passengers

Using vehicle or hand-held technology

Reading a map

Being thrown from a car during a crash is almost always deadly. Seat belts saved approximately 11,949 lives in 2011.4 Ensure you and every passenger in the vehicle over the age of five is wearing a seat belt (children under five years old should be in an appropriate, approved child restraint).

Every 45 minutes someone dies as a result of an alcohol-impaired driving crash in the United

# For more information visit www.med.navy.mil

# FROM THE FRO: MAJOR CHANGES COMING TO READINESS PROGRAM

After more than 13 years of sustained combat the Marine Corps is in a reset period - refocusing programs that support Marines and their families.

Resources must be re-organized in order to effectively execute core program requirements.

A staffing structure will be established to allow for surge capacity should the operational tempo require additional personnel. Civilian Family Readiness Officers will be re-designated as Deployment Readiness Coordinators (DRCs) and staffed at O6-level commands in the operating forces only. DRCs will focus on deployment support and provide assistance to units, individual Marines, and families through a general support model where the resources are most needed.

While roles and responsibilities of staff may change, all Marines and families will continue to receive quality support from a team of professionals -either from the Unit, Personal and Family Readiness Program or installation Marine and Family Programs resources. Your welfare is our concern. Stay tuned as we begin to implement the new structure.



For more information contact Ramona Higgins, CBIRF Family Readiness Officer for more information.

#### Ramona Higgins

Family Readiness Officer 301-744-5025 Office 240-427-7812 Cell

# OTZONE

The editorial content for this official Marine Corps publication is edited, prepared and approved by Chemical Biological Incident Response Force Communication Strategy and Operations Office. Correspondence should be addressed to

CommStrat, 3399 Strauss Ave, Ste. 219, Indian Head, Md., 20640.

To provide comments or suggestions call 240-419-1858 or email santiago.colon@usmc.mil.

Commanding Officer

Col. Michael Carter

Family Readiness Officer Ramona Higgins Communication Strat/Ops Chief Staff Sgt. Santiago G. Colon Jr.

### **CBIRF LEADERSHIP**



CBIRF Commanding Officer Col Michael L. Carter



CBIRF Executive Officer LtCol Shaun T. Fitzpatrick



CBIRF Sergeant Major SgtMaj Alonzo Baxter

### SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM

#### SEXUAL ASSAULT RESPONSE COORDINATOR



LT Mary C. Ehrsam
Safety Officer
Office: 301-744-5026
Hours: 0730 - 1630
24/7 Sexual Assault
Support Line
540-424-0660

#### SEXUAL ASSUALT RESPONSE COORDINATOR



LT JUSTIN M. LODER
MEDICAL OFFICER

**O**FFICE: 301-744-4050 **Hours:** 0730 - 1630

#### UNRESTRICTED REPORTING

Allows a Marine who is sexually assaulted to report the assault and receive support, advocacy, medical treatment, and counseling...

with a law enforcement investigation and the support of the Chain of Command.

#### RESTRICTED REPORTING

Allows a Marine who is sexually assaulted to confidentially report the assault and receive support, advocacy, medical treatment, and counseling...

**without** a law enforcement investigation or command involvement.

EITHER WAY - FIRST TALK WITH YOUR UVA OR SARC!

**DOD SAFE HELPLINE: 1-877-995-5247** 

# **CBIRF KEY NUMBERS**

CBIRF OOD	301-744-2038	TRICARE	877-874-2273
<b>CBIRF Command Deck</b>	301-744-1092	Pass & ID	301-744-4379
<b>Family Readiness Officer</b>	301-744-5025	Navy Exchange	301-743-5414
Chaplain	301-744-2017	Morale Welfare and Recreation	301-744-4775
Navy/MC Relief Society	301-342-4739	ITT	301-744-4850
Military/Family Life		<b>Housing Office</b>	301-743-6920
Counselor	301-744-2030	<b>Base Police</b>	301-744-4111
<b>Medical (non-emergency)</b>	301-744-4601	Base Fire/ EMS	301-744-4333
<b>Sexual Assault Reporting</b>	877-995-5247	Emergency	911



MajGen Vincent Coglianese, right, Commander for Marine Corps Installations Command, introduces himself to Marines in the administration office at Chemical Biological Incident Response Force aboard Naval Support Facility Indian Head, Md., on March 1, 2018. Commander for Marine Corps Installations Command, Coglianese paid a visit to CBIRF to tour facilities and meet Marines and Sailors.

# MCICOM Commander visits CBIRF

PHOTOS BY PFC. BLAKELY W. GRAHAM

Coglianese, left, and Col. Michael Carter, Commanding Officer for Chemical Biological Incident Response Force listen to CBIRF staff around the table introduce themselves during visit by Coglianese and his staff.





(LEFT) Coglianese, left, speaks with Master Sgt. Steven Bottom, Operations Chief for Chemical Biological Incident Response Force, CBIRF, about what Bottom does at CBIRF at Naval Support Facility Indian Head, Md., on March 1, 2018.

(RIGHT) Coglianese, left, Commander for Marine Corps Installations Command, and Kevin McCaughtry, right, civilian Instructor for Downey goes over what the purpose of the dark room simulation.





#### **Auto Hobby Shop**

The Auto Hobby Shop is a fully equipped, self-service repair facility. They offers three vehicle lifts, one motorcycle lift, diagnostics center, drum brake tools, tap and die sets, timing lights, a strut compressor, and most other tools and equipment needed for vehicle repair.

All tools and equipment are available on a first-come, first-served basis.

Call the Hobby Shop at 301-744-6314.

# **Community Recreation Center**

The Community Rec Center has a whole lot do! Come check out the movie theater, visit the library, or take a look at some of the discounted tickets you can purchase for some of the amusement parks in the area.

There's also adult craft events, and lots of fun learning opportunities for the kids.

For info call 301-744-4850.

### Morale, Welfare and Recreation Naval Support Facility Indian Head

4260 Steve's Way Bldg D-328 Indian Head, MD 20640 Phone: 301-744-4775

### Globe and

### Anchor/ Tiki Bar

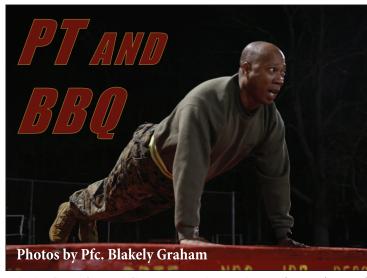
The Globe and Anchor/Tiki Bar and Mix House located on the Potomac River can be rented for office parties, birthday parties or any special event you may have. You will also have a spectacular views.

Take a tour of the facility and book your event by calling 301-744-6487.

#### Rentals

Summer Gear Rentals are offered at the Auto Hobby Shop. They have extensive selection of equipment for your recreational needs. Available items include tents, canoes, tarps, picnic tents, tables, chairs, moon bounce, grills, lanterns, sporting equipment and recreational trailers/ campers are also available!

Call the Hobby Shop at 301-744-6314 for more information.



NAVAL SUPPORT FACILITY INDIAN HEAD, Md. - Marines and Sailors with Headquarters and Service Company enjoyed a Company physical training session and a barbecue at the football field aboard Naval Support Facility Indian, Md., April 6, 2018.











## 2018 Indian Head MWR Calendar

### **A**PRIL

#### **Escape Room Outing**

April 28 | TBD Register at Community Recreation Center and Library 4163 N. Jackson Rd. Bldg 620 Cost: TBD



#### Star Wars Day

May 4 | 5 pm Open to everyone with base access

Join us for May the 4th! Come build small scale Lego Star Wars model and sport your favorite Star Wars character t-shirt. For master builders between the ages 5 to 102. Community Recreation Center and Library

4163 N. Jackson Rd. Bldg 620

#### Gifts for Mom: DIY Vintage Vases

May 11 | 5:30-6:30pm FREE

Registration required: May 7 Open to everyone with base access

Make mom a simple special gift for Mother's Day.

#### The Asian Experience

May 23 | 5:30-6:30pm FREE

Open to everyone with base access

Details: Celebrate Asian Pacific Heritage Month with an enchanted evening of taiko drumming from Japan, sample East Asian snacks and get a temporary henna tattoo.

#### Thursdays in May: Comics to Movie on the Lawn

May 23 | 5:30-6:30pm FREE

Open to everyone with base access

Details: Celebrate Asian Pacific Heritage Month with an enchanted evening of taiko drumming from Japan, sample East Asian snacks and get a temporary henna tattoo.

#### **Baltimore Aquarium**

May 19 | Departure at 9 A.M. Purchase discounted tickets at Tickets & Travel office

#### Zumba

Every Monday | 11:30 A.M. Weight House Fitness Center

### JUNE

# BFF Day! Wine glass painting

June 8 | 5:30 pm. \$5/ Wine Glass

#### **Color Fun**

June 23 | 10 am 5:30 pm. \$5 includes color run kit Ben Rand Field

#### Kings Dominion Military Appreciation Day

June 30 | 10 am 5:30 pm. \$5 includes color run kit Ben Rand Field

#### Gifts for Dad- Model Car Building

June 14 | 10 am MWR Library Free

riee

5:30-7 pm
Build a model car kit with that special man in your life.
Registration required, model car kits are limited.

Please call 301-744-4850 for more details and to register.

#### Summer Reading Kickoff (Summer Reading graphics on CD)

June 13 | 10 am MWR Library Free 5:30-7 pm

#### Register online at: https:// indianhead.beanstack.org/ or inperson. The 2018 Summer Reading

theme is Reading Takes You
Everywhere! Sign up for the
summer reading program, get a
free game of bowling, pizza, and a
free summer reading t-shirt (while
supplies last).

#### **Rainforest Reptiles Alive!**

#### (Summer Reading Activity)

June 20 | 10 am MWR Library Free 4:30 pm

We're heading to the Rainforest! Meet live rainforest reptiles and discover how they are adapted to each layer of the forest.

#### ScienceTellers presents Wild West (Summer Reading Activity)

June 27 | 1 pm MWR Library Free 1 pm

Grab your spurs and journey with us to the Wild West. Explore the fascinating science behind chemical reactions, acids, ad bases, inertia, and more.

#### **DIY Lawn Ornaments**

June 21 | 5:30-7:30 pm

MWR Annex

1 pm

Register by June 15

Details- Learn how to turn a bowling ball into decorative lawn

#### **Shark Week Activities**

July 9-13

#### **Massage Class 101**

July 9-13 Contact MWR for more information

#### **MWR Crabfest**

July 28 | 4-7 pm

#### Nationals Game Nats Vs Marlins

July 7 | 7 pm

## Travels to Africa (Summer Reading Activity)

July 11 | 4:30 pm FREE

We're heading to Africa and making African tribal masks.

## Origami Fun (Summer Reading Activity)

July 18 | 4:30 pm FREE

We're heading to Japan! Try your hand at origami.

# Mars Exploration (Summer Reading Activity)

July 25 | 4:30 pm FREE

Create your own Martian using craft materials and UV beads.
Explore how UV radiation from the Sun can affect life on themysterious planet of Mars.

### **A**UGUST

# Paint & Sip Girlfriends Day!

Aug. 1 | 5:30 pm Mix House

#### **Lunchtime Floats**

Aug. 6 | 11 A.M.-1 pm Community Rec.

#### Back to School Ice Cream Sundae Bash

Aug. 28 | 4-5:30 pm Community Rec.

# **Europe Eiffel Tower** (Summer Reading Activity)

Aug. 1 | 4:30 pm Library FREE

Build your version of the Eiffel Tower with marshmallows and spaghetti.

#### End of Summer Reading Luau (Summer Reading Activity)

Aug. 10 | 4:30-6:30 pm Pool

Pool Admission Fee We're closing out the summer reading program with leis, hula dancers and a splash!



For More Information Contact NSI Indian Head MWR 301-744-4850

navymwrindianhead.com



May 31, 2018 5:30 - 7:30 P.M. The Mix House

Register by emailing FRO ramona.higgins@usmc.mil

Page 8 The Hotzone

(Center Photo) Navy LT. Mary Ehrsam, a medical officer with Headquarters and Service Company, Chemical Biological Incident Response Force receives a simulated hypothermic casualty from a simulated collapsed tunnel during Exercise Scarlet Response 2018 at Guardian Centers, Perry, Ga., on March 15, 2018.

Sgt. Ian Burnside, a Decontamination Marine with Decontamination Platoon, Chemical Biological Incident Response Force, reports back to the Hot Zone during Exercise Scarlet Response 2018, on March 13, 2018.





# CBIRF RESPONDS TO "EAR"



Hospital Corpsmen with Chemical Biological Incident Response Force strap down a casualty to a sked during Exercise Scarlet Response 2018 at Guardian Centers, Perry, Ga., on March 12, 2018.



Maj. Craig D. Shurgot, center left, Mission Commander for the Alert Command Element and Capt. Keith Trojniak, liaison officer for Alert Command Element with CBIRF, discuss plans with the Hampton Roads Incident Management Team regarding the notional earthquake in Chattanooga, Tenn. during Exercise Scarlet Response 2018, at Guardian Centers, Perry, Ga., on March 13, 2018.

(Center Photo) Lance Corporal Kenneth McDonald, an extract Marine with Search and Extraction platoon, CBIRF, rappels out of a window to save a simulated casualty from a dangling scaffolding at Guardian Centers, Perry, Ga., on March 16, 2018







Lance Cpl. Thomas J. Hutchison, an electrician with Engineers Section, Logistics Platoon, Headquarters and Service Company, Chemical Biological Incident Response Force, assesses the injury chart on a casualties trapped inside a bus inside a simulated collapsed tunnel during a 12-hour field training exercise during Exercise Scarlet Response 2018 at Guardian Centers, Perry, Ga., on March 14, 2018

# THQUAKE" DURING EXERCISE





Hospital Corpsmen with Chemical Biological Incident Response Force respond to a call to extract a casualty in the middle of simulated gun fire at Guardian Centers, Perry, Ga., on March 12, 2018., during Exercise Scarlet Response.

Exercise Scarlet Response is a scenario-based training evolution that allows Reaction Force Company and Headquarters and Service Company Marines and Sailors cross-train in all of CBIRF's capabilities during two days of lane training, a 12-hour continuous operation exercise and a final 72-hour certification exercise simulating a response to an earthquake in Chattanooga, Tenn.



Lance Cpl. Gage R. Moore, an Extraction Marine with Extraction Platoon, Reaction Force Company, CBIRF, updates primary and secondary searches for each building that has been searched during a search and assessment exercise during Exercise Scarlet Response 2018, on March 13, 2018.

# PROMOTIONS

### **JANUARY 2018**

Cpl. Kyle P. Bickerton Lance Cpl. Vanessa R. Estrada Cpl. Alexandra C. Lavina Lance Cpl. Jonathan A. Malave Pfc. Evan C. Mason Lance Cpl. James A. Medlin Pfc. Rutnier Nodarseconsuegra Pfc. Kevin A. Orozco Pfc. Klay B. Powers Sgt. Kyle M. Reid Pfc. Jonathan Roaclavelo Gunnery Sgt. Preston A. Robinsonhoffman Lance Cpl. Aaron C. Samples Pfc. Aaron M. Schultz Pfc. Michael V. Sellitto Pfc. Richard C. Stanley Pfc. Nicholas R. Tatro Sgt. Ricardo G. Vega Pfc. Roger vega Pfc. Travis E. Wieneke Jr Pfc. Timothy R. Williams Jr Pfc. Jonathan H. Wursta







#### FEBRUARY 2018

Cpl. Chase L. Blanken Cpl. Brandon D. Bradberry Lance Cpl. Gena M. Burns Master Sgt. Maribel I. Coleman Lance Cpl. Brandon T. Fields Cpl. Ethan G. Leal Cpl. James E. Lindsay Lance Cpl. Brian R. Mello Cpl. Matthew C. Pulli Lance Cpl. Arturo A. Romo Cpl. Bailey R. Saline Lance Cpl. Branden F. Scoville Lance Cpl. Justin X. Toro Pfc. Dylan R. Upton Cpl. Jesse T. Wright Pfc. Jason A. Zizza Sgt. Marieelana Kennedy

### MARCH

Cpl. Leonardo A. Baca Cpl. Thomas C. Blatz Lance Cpl. Justin A. Bradley Cpl. Jacob J. Deyoe 1st Sgt. Kevin C. Dickhut Capt. Travis W. Fanning Sgt. Jake D. Gregory Capt. Daniel P. Mcsheffrey Lance Cpl. Alicia R. Moreno Sgt. Liam A. O'Connor Cpl. Blas Ojeda Jr Lance Cpl. Edward G. Ottaway III Lance Cpl. Joshua P. Plumley Lance Cpl. Tommy W. Poyadou Jr Lance Cpl. Andrew J. Prentiss Lance Cpl. Cody L. Ribble Sgt. Jacob J. Shocknesse Lance Cpl. Corey R. Snodgrass Cpl. Milton E. Torres Lance Cpl. Carlos H. Vacacolque Lance Cpl. Benjamin E. Webb





#### CBIRF OPERATIONS CHIEF RETIRES

PHOTOS BY STAFF SGT. SANTIAGO G. COLON JR.

NAVAL SUPPORT FACILITY INDIAN HEAD, Md. - After 25 years of active service, Master Sgt. Steve Bottom, operations chief for Chemical Biological Incident Response Force, retired at CBIRF aboard Naval Support Facility Indian Head, Md., March 27, 2018.







#### Henderson Hall Exceptional Family Member Program

# LET'S CELEBRATE OUR MILITARY CHILDREN!

(from defense.gov)

Military children make up a very special part of our nation's population. Although young, these brave sons and daughters stand in steadfast support of their military parents. To honor their unique contributions and sacrifices on behalf of our country, each April is designated the Month of the Military Child.



Photo from: dodea.edu

Secretary of Defense Caspar W. Weinberger in 1986 designated each April as "The Month of the Military Child". Recognizing the contribution that the military child makes as their parent or parents serve our nation, it is during April of each year that all branches of service honor the family and their children. Military children, as they grow and become young adults, are an inspiration and a source of pride for our nation. Frequent moves and family separations through deployments, and reintegration issues make life especially challenging. Often military children are looked up to for their resilience and ability to deal with life changing events. DoD is committed to supporting our military children's health and well-being.

#### TRAINING AND RESOURCE OPPORTUNITIES

Wed Apr 18	10 am - 12 pm	How Dementia Affects Adults with Intellectual Disability	The 275 Fal
Thurs Apr 19	7 pm - 8:30 pm	Special Needs Trusts: Part of your Future Plan (email or call 703-730-3124)	The 135 Wo
Sat Apr 21	8 am - 3 pm	Fairfax County Public Schools: Special Education Conference 2018	Ha 763 Ale
Sun Apr 22	1 pm - 4 pm	4th Annual Family Health Safety Fair for Individuals with Special Needs	Old 60 Mil
Wed Apr 25	7 pm	The ADHD Freshman: Preparing Your Student for a Strong College Start	The 955 Silv
Thurs Apr 26	4:30 pm - 5:30 pm	<u>Autism 101</u> (email or call 571-328-5770) (register by 4/20)	Boo Mc Bu Coo
Mon Apr 30	9 am - 11 am	Section 504/ADA and Learning Disabilities: K-12 Students and Beyond	AS 220 Ro
Fri May 4	9 am - 4:30 pm	Wrightslaw Special Education Law and Advocacy Conference \$	Cor 450 Bor
Tues May 15	7 pm - 8:30 pm	Superpowers Activate! The Gift of ADHD and Autism (email or call 703-730-3124)	The 135 Wo

The Arc of Northern Virginia 2755 Hartland Road Falls Church, VA

The Arc of GPW 13505 Hillendale Dr. (#2) Woodbridge, VA

Hayfield Secondary School 7630 Telegraph Road Alexandria, VA

Old Mill High School 600 Patriot Lane Millersville, MD

The Nora School 955 Sligo Avenue Silver Spring, MD

Board Chambers, James J. McCoart Administration Building 1 County Complex Court, Woodbridge, VA

ASHA National Office 2200 Research Boulevard Rockville, MD

Comfort Inn Hotel 4500 Crain Highway Bowie, MD

The Arc of GPW 13505 Hillendale Dr. (#2) Woodbridge, VA



We are here to serve you and your family!

1555 Southgate Road Bldg. 12, Arlington, VA 22214 Office hours: M-F, 8am - 4:30pm

Email:

efmphh@usmc-mccs.org

Website:

mccshh.com/EFMP.html

Program Manager: Mike Flaherty 703-693-6368 michael.flaherty@usmc-mccs.org

Family Case Worker: Jennifer Wong 703-693-4172 jennifer.wong2@usmc-mccs.org

Amy Proce 703-693-6510 amy.proce@usmc-mccs.org

Training, Education, & Outreach Specialist: Davina Hardaway 703-693-5353 davina.hardaway@usmc-mccs.org

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program per MCO 1754.4B, for those authorized family members that require special medical and/or educational services based upon a diagnosed physical, psychological or educational need. EFMP enrollment assists Headquarters Marine Corps with assigning active duty personnel to locations where the special needs of family members can best be met. EFMP provides assistance with respite care, medical and educational resources, enrollment, advocacy, case management and family support groups. All applications must be updated every three years or when conditions change. For more information, call 703 -693-7195.

http://www.mccshh.com/efmp.html



# **EFMP** Training & Support Opportunities

Fri Apr 13	11 am - 1 pm	Joint Base Anacostia-Bolling EFMP: All About Autism (call 202-433-6235 to register 2 weeks prior)	118 Brookley Ave., Bldg. 13, Fl 1 Joint Base Anacostia-Bolling, DC
Wed Apr 18	12 pm - 2 pm	Joint Base Myer-Henderson Hall EFMP: Autism Spectrum Disorders and Public Safety Considerations (call 703-693-5353)	Pentagon Library & Conference Center Room B10
Thurs Apr 19	11 am - 12 pm	Henderson Hall EFMP: Marine Corps EFMP Respite Care Reimbursement Program (call 703-693-5353)	Henderson Hall 1555 Southgate Road, Bldg. 12 Conference Room, Arlington, VA
Sat Apr 21	10 am - 1 pm	Quantico EFMP: EFMP Special Olympics Fun Day Field Meet Event	Butler Stadium 2073 Barnett Avenue MCB Quantico, VA
Tues Apr 24	10 am - 12 pm	Fort Meade EFMP: Navigating the Special Needs of Transitioning into Adulthood (call 301-677-4779)	Potomac Place Community Center 998 Second Corps Blvd. Fort Meade, MD
Wed Apr 25	10 am - 11:30 am	Fort Belvoir EFMP: <u>Autism Spectrum Disorders and Public Safety Considerations: Guidance for Families, Caregivers, and Self-Advocates</u> (email or call 571-231-7010)	Army Community Services 5965 6th Street, Bldg 1263, Fort Belvoir, VA
Fri Apr 27	12 pm - 2 pm	Joint Base Anacostia-Bolling EFMP: ABLE Accounts - Financial Planning for Your Family Member with Special Needs (call 202-433-6235 to register 2 weeks prior)	118 Brookley Ave., Bldg. 13, Fl 1 Joint Base Anacostia-Bolling, DC
Fri Apr 27	11 am - 1 pm	Joint Base Myer-Henderson Hall EFMP: Anatomy of an Individualized Education Program (IEP) (call 703-693-5353)	Pentagon Library & Conference Center Room B9
Sat Apr 28	10 am - 12 pm	Quantico EFMP: 2018 Kids Fest (games & activities to celebrate military kids)	MCX (side parking lot) 4806 Russell Rd, MCB Quantico, VA
Mon Apr 30	9 am - 11 am	Joint Base Myer-Henderson Hall EFMP: Come for the Coffee—Stay for the Conversation	Starbucks, 5986 12th Street, Fort Belvoir, VA

# Fort Belvoir Community Hospital (FBCH) Autism Resource Clinic (ARC)

All military parents/guardians of children with Autism Spectrum Disorder are invited to attend FBCH ARC. The clinic is held on the first Thursday of the first full week of each month from 0800-1230 at FBCH. There will be a variety of local experts each month from medical, local schools, and the community to provide a plethora of resources for newly diagnosed families, newly relocated families, and families that just need more support. This is for adults only. Please call 571-231-1066 for more information.

DATE	LOCATION
April 5, 2018	FCBH Oaks Pavilion, Medical Library S1.901
May 10, 2018	FCBH Oaks Pavilion, Education Classroom, O1.134, Education Department, behind Pharmacy (within O1.106)
June 7, 2018	FCBH Oaks Pavilion, Medical Library S1.901
July 12, 2018	FCBH Oaks Pavilion, Education Classroom, O1.117, Education Department, behind Pharmacy (within O1.106)
August 9, 2018	FCBH Eagle Pavilion, Floor 2, Room E2 208 Cardiology
September 6, 2018	FCBH Oaks Pavilion, Medical Library S1.901
October 5, 2018	FCBH Oaks Pavilion, Medical Library S1.901
November 9, 2018	FCBH Oaks Pavilion, Education Classroom, O1.117, Education Department, behind Pharmacy (within O1.106)
December 6, 2018	FCBH Oaks Pavilion, Medical Library S1.901





# CHAP'S CRNER



Please reach out if there is anything I can do for you!

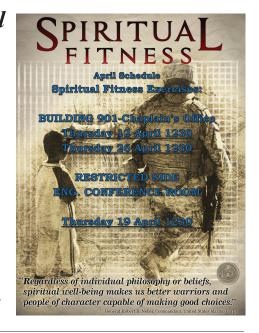
LT. David M.
Ferguson
Command Chaplain
CBIRF,
MARFORCOM

3399 Strauss Ave.
NSF Indian Head,
MD 20640
Office: 301-744-2088
Cell: 240-419-9457
david.m.ferguson@
usmc.mil

Want Spiritual
Fitness
Updates
sent to your
cellphone?

Text
Yes
to

240-419-9457







## FROM THE SACO MARINE CORPS SUBSTANCE ABUSE PROGRAM



CBIRF Substance Abuse Control Officer Staff Sgt. Kevin W. Brown

# SELF-ASSESSMENT FOR ALCOHOL DEPENDENCY

- 1. Have you had unsuccessful attempts at cutting back on your alcohol?
- 2. Have friends or family expressed concern at your use of alcohol?
- 3. Do you need larger amounts of alcohol to feel "drunk"?
- 4. Do you operate heavy machinery/ motor vehicles while under the influence of alcohol?
- 5. Have you been involved in any negative incidents involving alcohol?
- 6. Do you find yourself consuming alcohol to ease, solve or eliminate problems?
- 7. Do you have trouble controlling the amount of alcohol you consume?

"YES" ANSWERS ARE EARLY SIGNS OF ALCOHOL DEPENDENCY. SEEK HELP BEFORE IT'S TOO LATE

#### CBIRF Substance Abuse Control Officer

**O**FFICE: (301) 744-2049 **C**ELL: (240) 419-4677

You can self-refer to the Substance Abuse Control Officer 24/7 with no negative impact on your career.





PHOTOS BY STAFF SGT. SANTIAGO G. COLON JR.

The Honorable Guy B. Roberts, Assistant Secretary of Defense for Nuclear, Chemical, and Biological Defense Programs, left, speaks to Col. Michael L. Carter, CBIRF Commanding Officer, during his visit to the response force aboard Naval Support Facility Indian Head, Md., Feb. 23, 2018

# ASD for CBRN visits CBIRF

NAVAL SUPPORT FACILITY INDIAN HEAD, Md. – The Honorable Guy B. Roberts, Assistant Secretary of Defense for Nuclear, Chemical, and Biological Defense Programs, and members of his staff visited Chemical Biological Incident Response Force aboard Naval Support Facility Indian Head,

Md., Feb. 23, 2018.

During his visit, Roberts received a Command Brief at the headquarters building then took a tour through demonstrations given at the Downey Responder Training Facility aboard Naval Support Facility Indian Head Annex Stump Neck. Some of the demonstrations

included a historical background of CBIRF, Explosive Ordnance Disposal, the Mobile Labratory, communication vehicle assets, sampling, and demonstrations of casualty extraction, navigation through confined spaces, decontamination, technical rescue, and medical capabilities.





