

JOINT CULINARY TRAINING EXERCISE

Military culinarians showcase their talent

JBLM team participates during annual exercise at Fort Lee, Va.

BY SPC. BRITTNEY HIDALGO
214th Mobile Public Affairs Detachment

FORT LEE, Va. — Ten service members from Joint Base Lewis-McChord are among the teams participating in the 43rd annual Joint Culinary Training Exercise at Fort Lee, Va. The exercise started Saturday and ends with an awards ceremony Friday.

The exercise, administered by the Joint Culinary Center of Excellence, is the largest American Culinary Federation sanctioned competition in North America, showcasing the talent of military chefs from around the globe in all branches of the U.S. armed forces and includes four international military teams from the United Kingdom, Ger-

many, France and Canada. Representing JBLM at the exercise are:

- Staff Sgt. Paula Sanchez, team captain,
- Sgt. Riley Villalpando,
- Sgt. Klinton Bautista,
- Spc. Clarence Robinson,
- Spc. Omas Shaka,
- Spc. Luis Frutos,
- Spc. Clemmientee Fairley,
- Airman 1st Class Italia Sampson,
- Pfc. Jordan Harding,

SEE TALENT, 8A



JOHNCHRISTOPHER HART Combined Arms Support Command Public Affairs

Staff Sgt. Paula Sanchez, JBLM Culinary Team captain, preps her Chef of the Year dish at the Joint Culinary Center of Excellence March 9.

JBLM SHAMROCKIN' RUN 5K

ROCKIN' AND RUNNIN'



SCOTT HANSEN Northwest Guardian

2nd Lt. Jack Peadbody, middle, and his girlfriend, Erin Tittsworth, of Dallas, wear "Kiss Me I'm a Texan" T-shirts during the race Saturday.

Nearly 800 runners donned their green apparel for annual 5K

BY DEAN SIEMON
Northwest Guardian

Medically retired Army sergeant Edmond Flores and his wife Kendra happen to celebrate their wedding anniversary on St. Patrick's Day. The family, including their son Gavin, 6, were excited to dress up and enjoy the Irish-themed fun run Saturday on Joint Base Lewis-McChord.

Runners on Joint Base Lewis-McChord enjoyed the rebranded ShamROCKin' Run, an Irish-themed fun run Saturday on Joint Base Lewis-McChord.

As they stood in line for the packet pick-up, the family noticed that the inside of Family and Morale, Welfare and Recreation's Fest Tent resembled a rock concert complete with green Shamrock lights flying across the walls and ceiling.

"Every year it's always a step better," Flores said.

He and his family were among nearly 800 other participants who arrived for the run — an increase of approximately 200 runners from last year.

The three were all dressed in their best leprechaun attire. Even young Gavin added some green sunglasses and an faux orange beard to complete the look. But it's more than just the Irish-theme that brings the Flores family, they said.

The two big reasons the Flores family said they like to participate in JBLM's first community running event every year is the

SEE RACE, 8A



LEFT: Aaron Boone, of Spanaway, came dressed for the occasion during the annual JBLM ShamROCKin' Run 5K after-party on Lewis Main Saturday.

BELOW: Jennifer Helm, right, RDS program manager, uses a giant toy guitar as she "plays" alongside the America's First Corps Band during the annual JBLM ShamROCKin' Run 5K after-party on Lewis Main Saturday.



CHANGE OF RESPONSIBILITY

Soldiers welcome new CSM in Yakima

Two decades of MP experience

BY RUTH KINGSLAND
Northwest Guardian

With a formal change of responsibility ceremony at the Yakima Training Center Physical Fitness Center Friday, Command Sgt. Major Paul DeSanto became the YTC's new command sergeant major.

DeSanto spent most of his 20-year military career as a military policeman. In fact, during those two decades he served in every military police leadership position from team leader to first sergeant.

DeSanto graduated from the U.S. Army Sergeants Major Academy, in Fort Bliss, Texas, in June 2017 and has been in Yakima

SEE YTC, 8A

DEPARTMENT OF DEFENSE

DOD to include more women in security process

BY TECH. SGT. CHUCK BROADWAY
Department of Defense News Service

WASHINGTON, D.C. — The Defense Department is advancing its efforts to include more women in peace-building and conflict resolution processes following the signing of the 2017 Women, Peace and Security Act.

SEE WOMEN, 8A

IN THE NEWS



DEAN SIEMON Northwest Guardian

Armando Mejia, formerly of Joint Base Lewis-McChord, now works for the Seattle Seahawks.

FROM ARMY TO NFL

Armando Mejia was wounded while deployed in Iraq in 2004, but his JBLM education led him to the NFL. See story, 6A

U.S. MILITARY SERVICE ACADEMY INFORMATION NIGHT



Jaiden Andreasen, right, of Federal Way, talks with retired Lt. Col. Tom Morgan, of the U.S. Military Academy, about admission at the 2017 U.S. Service Academy Information Night at the Lakewood City Hall.

Congressman set to host military academies event

Reps on hand to address parents

BY RUTH KINGSLAND
Northwest Guardian

For students or the parents of a middle school or high school student interested in obtaining a congressional recommendation to a U.S. Military Service Academy, the upcoming U.S. Service Academy Information Nights may have the information needed to successfully accomplish that goal.

The two events — one in Pierce County and one in Thurston County — are hosted by Rep. Denny Heck, 10th Congressional District. The information sessions are scheduled at Lacey City Hall, Council Chambers, 420 College St. SE, in Lacey March 26 from 6 to 7:30 p.m.; and at Lakewood City Hall, Council Chambers, 6000 Main St. SW in Lakewood March 27 from 6 to 7:30 p.m.

The Service Academy Information Nights are quite popular in Heck’s district, which makes him proud, he said. “We’ve got a ton of energetic,

bright young people who are inspired by those serving our country,” Heck said. “It gives me great optimism when I see that kind of response from the next generation ... bestowing nominations to our nation’s service academies is something I look forward to every year.”

Each year, up to 10 youth are selected to apply. Students complete application packets that include test scores for various physical and scholastic requirements and go before a review board — to fill one vacancy. Although there is technically only one slot allotted for Heck’s office, some years up to six people have received recommendations, according to a representative from Heck’s office.

Representatives of the U.S. Military Academy Air Force Academy, Naval Academy, Merchant Marine Academy and Coast Guard Academy will be at the Service Academy Information Nights to answer questions and provide information.

The U.S. Coast Guard Academy is the only one of the five academies that does not require a congressional nomination; however, according to Heck’s

website, he can write a recommendation letter there if requested.

Here are some of the requirements for applicants:

- Must live within the 10th District in order to apply for or receive a nomination from Heck. If you’re unsure, visit house.gov and enter your zip code or address.
- Must be between ages 17 and 23 as of July 1 of the admission year.
- Must be unmarried.
- Must submit complete application package to Heck’s district office, 420 College St. SE, Lacey, by Nov. 21.
- Applicants whose parents are stationed at a military base but maintain legal residence in another state, should apply to the congressional office from the district in their state of residence.

Additional information on applications and procedure will be provided at the Service Academy Information Nights.

For more information on congressional recommendations, contact Heck’s office at 360-459-8514 or visit dennyheck.house.gov.

AIR FORCE ASSOCIATION AIR WARFARE SYMPOSIUM

Airman wins Spark Tank competition

Headquarters Air Mobility Command Public Affairs

ORLANDO, Fla. — An Airman from McConnell Air Force Base took home the top prize in the Air Force’s first Spark Tank innovation competition, Feb. 22 at the Air Force Association’s Air Warfare Symposium, in Orlando, Fla.

Master Sergeant Bartek Bachleda, 22nd Air Refueling Wing, McConnell Air Force Base, Kans., KC-135 boom instructor, won the inaugural Air Force Spark Tank Competition Cup for his KC-135 aircraft boom instructor platform proposal to reengineer the boom operator instructor platform position for the entire KC-135 fleet.

He asked the Air Force for \$1.5 million to implement his innovation.

“It’s refreshing to see leadership encouraging Airmen to innovate,” Bachleda said. “It’s really cool!”

His winning idea is designed to provide a more stable and ergonomically correct platform for all KC-135 instructor boom operators. The proposed innovation aims to both reduce back and neck injuries and save the Air Force \$132 million each year in this critical aircrew specialty.

“We were and are destroying Airmen,” he said. “We were getting neck and back injuries, and it’s been happening since the 1950s.”

A panel comprised of Air Force senior leaders including the secretary of the Air Force, chief of staff and industry partners, judged amongst six innovative finalists.

After Secretary of the Air



Master Sgt. Bartek Bachleda, right, 22nd Air Refueling Wing, McConnell Air Force Base, Kans., briefs his idea to the Spark Tank panel during the Air Force the Warfighter’s Edge conference, Orlando, Fla., Feb. 22.

Force Heather Wilson heard Bachleda’s idea though, she gave firm direction to the Air Force’s acquisitions lead.

“Before we leave tonight, I want you to talk to this guy, figure out his (System Programs Office) and get this to the Airmen,” she said.

AMC, and its Phoenix Spark innovation program, embraced the call for innovation after Wilson kicked off the Spark Tank competition in September. The competition was co-hosted between the Airmen Powered by Innovation Program and the newly-announced AFwerX Innovation Ecosystem, and was conducted in a multistep approach starting with participants submitting their ideas through their major commands.

AMC was the only command with two innovations selected for presentation to Air Force

and industry leadership in Orlando.

“Innovation is central to our Air Force’s ability to apply air power,” said Gen. Carlton Everhart II, AMC commander. “At a time when we are challenged with resource constraints, with no rest from our adversaries, we need to find more effective ways to continue as the world’s most dominant Air Force.”

Although only six ideas made the cut to be presented in Orlando, Bachleda encouraged his fellow Airmen to know if they have ideas on how to improve the Air Force they need to speak up and keep bringing them forward.

“I didn’t come here to win,” Bachleda said. “I wanted senior leadership to see this problem in front of them and explain to them that we can save the Air Force all this money.”

NEWS IN BRIEF

A new interim command chief, principal adviser named for AMC

The Air Mobility Command commander selected Chief Master Sgt. Larry Williams Jr. as the interim AMC command chief master sergeant.

Williams assumed his new duties Feb. 26, replacing Chief Master Sgt. Shelina Frey, who retired Feb. 16.

“Chief Williams has a tremendous record of leadership performance and a long and distinguished career of selfless service within the mobility enterprise,” said Gen. Carlton Everhart II, AMC commander. “He will continue to serve as a vital voice for our Airmen and his appointment enables uninterrupted advice and counsel on enlisted and mission impacting issues.”

As command chief, Williams is the principal adviser to the commander and his senior staff on matters of health, welfare and morale, professional development, and the effective utilization of more than 38,000 active-duty and 71,000 Reserve and Air National Guard enlisted service members assigned to the command responsible for rapid global mobility and world-wide reach.

“As a career-long mobility Airman, I am humbled and honored to serve in this capacity,” Williams said, whose background includes duty as a C-5 crew chief, flight engineer and career enlisted aviator. “I am focused on enhancing and ensuring Airman readiness across the command. I also want to encourage and foster an environment receptive to ‘disruptive innovation.’”

Williams entered the Air Force in 1989 and has more than 28 years of experience in AMC. He has served in leadership roles at the squadron, group and wing. He has also served as an instructor flight engineer, as the 618th Tanker Airlift Control Center superintendent and as the 515th Air Mobility Operations Wing command chief. Prior to his selection as the interim AMC command chief, he served as the U.S. Air Force Expeditionary Center command chief at Joint Base McGuire-Dix-Lakehurst, N.J.

— AIR MOBILITY COMMAND

The Humanitarian Service Medal open to hurricane responders

Eligible military members who served in disaster relief efforts for hurricanes Harvey, Irma or Maria are to receive the Humanitarian Service Medal.

The Joint Staff recently approved the military honor for qualified members in any branch of the armed services.

The military departments are responsible for determining individual eligibility. Service members are advised to direct any questions to their respective military department.

For Hurricane Harvey, the award period is Aug. 23 to Oct. 31 for the geographic area of Texas and Louisiana.

● The Texas counties are: Aransas, Austin, Bastrop, Bee, Brazoria, Calhoun, Chambers, Colorado, DeWitt, Fayette, Fort Bend, Galveston, Goliad, Gonzales, Hardin, Harris, Jackson, Jasper, Jefferson, Karnes, Kleberg, Lavaca, Lee, Liberty, Matagorda, Montgomery, Newton, Nueces, Orange, Polk, Refugio, Sabine, San Jacinto, San Patricio, Tyler, Victoria, Waller and Wharton.

The Louisiana parishes are: Acadia, Allen, Beauregard, Calcasieu, Cameron, Iberia, Jefferson Davis, Natchitoches, Rapides, Sabine, Vermilion and Vernon.

● For Hurricanes Irma and Maria, the dates for eligibility from Sept. 8 to Oct. 20 and cover the state of Florida and the Caribbean Sea and adjacent waters from Barbados northward to Anguilla, and then westward to the Florida Straits.

— DEPARTMENT OF DEFENSE NEWS SERVICE

Traffic revisions start Tuesday for Pendleton Avenue project

Pendleton Avenue on Lewis Main, between North Division and 8th Street, will be closed to east-west traffic from Tuesday to July 2 for a road construction project. The primary detour for all commuters during this period is Liggett Avenue.

The Pendleton Avenue project will repair pavement, install concrete curbs and gutters, continue sidewalk on north side of the avenue, widen the lane near North 7th Street and repair electric and communication lines.

— JOINT BASE LEWIS-MCCHORD

Joint Base Lewis-McChord Tax Center will be closed Monday

The Joint Base Lewis-McChord Tax Center will be closed Monday due to scheduled building maintenance. The center will reopen for normal business hours on Tuesday.

The center is located at the intersection of South Division and Bitar Avenue on Lewis Main. In the past two years, the center averaged 5,500 returns filed per year, according to Capt. Mark Fyke, I Corps staff judge advocate office.

OSJA coordinates the JBLM Tax Center with the help of volunteer service members from across the installation. For more information, call 253-477-1873.

— JOINT BASE LEWIS-MCCHORD

Nominations accepted for JBLM’s five Volunteer of the Year awards

Nominations are being accepted for the Joint Base Lewis-McChord Volunteer of the Year award now to Monday.

Category descriptions are:

- Adult Volunteer of the Year: JBLM volunteers who are spouses of active duty members and civilian volunteers.
- Active-Duty Volunteer of the Year: JBLM volunteers who are active-duty service members stationed at JBLM.
- Retiree Volunteer of the Year: JBLM volunteer must be a retired service member, spouse of a retired service member or retired from a civilian job.
- Family Volunteer of the Year: Nomination must include the impact and contributions of each family member as a JBLM volunteer.
- Community Volunteer of the Year: Nominations are for volunteers who volunteer on JBLM, but contribute the majority of their volunteer service to communities/organizations outside of JBLM.

Nomination forms and category information flier are available at the Installation Volunteer Office at the Family Resource Center, by an email request to lori.j.parker2.civ@mail.mil or by visiting jblmafcs.com.

Nominations must be accompanied with a completed nomination form and may be hand-carried to the Family Resource Center 4724 Idaho Ave., or emailed to lori.j.parker2.civ@mail.mil by Monday at 4:30 p.m.

Winners will be announced at the Volunteer Recognition Ceremony May 8. For more information, call 253-967-2324.

— INSTALLATION VOLUNTEER OFFICE

QUOTE OF THE WEEK

“What distinguishes our military, what makes us the premier fighting force in the world — which guarantees it will prevail in any conflict — is the quality of our service members. They are — bar none — the best in the world. They’re smart, they’re aggressive, they’re resourceful, they are persistent and they have a lot of grit.”

Mark Esper
Army Secretary

ALSO INSIDE



SCOTT HANSEN Northwest Guardian

BASKETBALL: The First Responders defeated the Soldiers 74-69 during the annual Hoops 4 Heroes basketball game. **See story, 1B**

NWGUARDIAN.COM

● **Nutrition really matters:** Air Force Special Operations Forces project airpower onto the battlefield. Dozens of different factors may influence their performance, but there’s one area that can be easily overlooked — nutrition. Lindsey Pfau, a dietitian with the 720th Special Tactics Group, is setting out to make people re-think how special operations airmen should be fed in a deployed environment. Due to high-intensity missions, special operations forces have unique nutritional needs to meet daily operational demands, Pfau said.

● **Invisible Wounds Initiative:** Select total force Airmen will be chosen to participate in one of two surveys supporting the Invisible Wounds Initiative. The 2018 IWI Culture Assessment



Survey and the 2018 Invisible Wounds Needs Assessment are confidential. Air Force leaders will also understand Airmen’s non-medical supportive needs from the Invisible WNA which will enable the IWI to provide Airmen with a smoother road to recovery and increase resiliency via peer-led support groups. Airmen selected to participate will receive a direct email from the IWI.

62ND MEDICAL BRIGADE

Medic aims to become doctor

NCO is selected for medical prep course for Army

BY MAJ. JESSIE VALDEZ
593rd Expeditionary Sustainment Command

Growing up in Bhaktapur, Nepal, Sgt. Santosh Kachhepati dreamed of becoming a doctor. That dream is on its way to becoming reality thanks to Kachhepati’s self-determination and discipline and a selective military opportunity.

Kachhepati, a combat medic with the 62nd Medical Brigade, was recently selected to attend the Enlisted to Medical Degree Preparatory Program — EMDP2.

The 31-year old will start the program at George Mason University, in Virginia, this fall. EMDP2, a post-baccalaureate two-year resident training program for enlisted members of the armed forces, will provide Kachhepati an opportunity to prepare for the Medical College Admission Test and meet the course prerequisites for medical school admission.

Kachhepati came to the United States to attend college at the University of Texas at Arlington.

He graduated U.T.’s nursing program with honors in 2013. He enlisted in Army in 2014 through the Military Accessions Vital to National Interest program, which allows qualified noncitizens to enlist in the U.S. military and thereby gain eligibility for U.S. citizenship.



JOSE RODRIGUEZ U.S. Army Medical Department Center and School

Sgt. Santosh Kachhepati, left, and Spc. Samuel Arnold, both with the 62nd Medical Brigade at Joint Base Lewis-McChord, compete at the 2017 Army Best Medic Competition at Camp Bullis, Texas, Nov. 1.



Kachhepati

During Advanced Individual Training at Fort Sam Houston, Texas, Kachhepati learned about EMDP2 and devoted himself to prepare to be a strong candidate.

Kachhepati completed Air Assault School, earned the Expert Field Medical Badge, and graduated from the Basic Leaders Course on the commandant’s list in a span of just 60

days in 2016. In October, he placed runner-up in the Regional Health Command-Pacific Best Medic Competition, and went on to participate in the Army’s Best Medic Competition 2017 at Fort Sam Houston.

“(Kachhepati is) a great young leader with overwhelming potential to impact today’s Medical Corps,” said Col. Robert Forsten, 62nd Med. Bde. commander.

Kachhepati remains humble despite his successes.

“I consider this opportunity to be an Army physician an honor

and a privilege to serve the medical needs of our Soldiers who risk their lives protecting this nation, the family members who support them, and the many veterans who have come before them,” he said.

Kachhepati’s desire to help others through medicine is complemented by his belief in the Karma philosophy of “do good to others, then good things happen to you,” as well as, “treat everyone as you want to be treated,” he said.

Currently, Kachhepati’s sights are set on becoming a trauma

“I consider this opportunity to be an Army physician an honor and a privilege to serve the medical needs of our Soldiers who risk their lives protecting this nation, the family members who support them, and the many veterans who have come before them.”

Sgt. Santosh Kachhepati
Combat medic, 62nd Medical Brigade

surgeon or cardiologist, but he admits that he has a lot of work to do.

“The road ahead is going to be full of numerous sleepless nights and never-ending assignments and exams,” he said. “I just pray that I will have the determination and strength to continue going and meet new mentors that will guide me.”

Each branch of service administers its own requirements for selecting the best candidates into the program. Minimum requirements include a baccalaureate or master’s degree from an accredited institution with at least 3.2 grade point average.

Service members interested in applying for the program can visit usuhs.edu/emdp2.com. The program is administered by the Uniformed Services University of the Health Sciences in Bethesda, Md. According to its website, the university serves as the nation’s federal health professions academy.

I CORPS

I Corps hosts commander’s conference

Army leaders in Pacific gather to discuss training

BY SPC. ERIK WARREN
5th Mobile Public Affairs Detachment

I Corps hosted a gathering of leaders from across the Pacific theater March 6 and 7 for a commander’s conference at Joint Base Lewis McChord. Lieutenant General Gary Volesky, I Corps commander, and Command Sgt. Maj. Walter Tagalicud, I Corps command sergeant major, brought command teams together — some from as far away as Alaska and Hawaii — for the two-day event, where Volesky and Tagalicud received updates on the state of readiness across I Corps.

Commanders from across I Corps gave an update on their current and future training plans and lessons learned through the conference which served as a semiannual training brief, highlighting how each unit leverages its training to build and sustain readiness. Command teams also identified challenges, solutions, and resource requirements for the remaining fiscal year.

In return, Volesky talked about his vision for the future of I Corps and how its Soldiers will continue to improve.

“We need to build the foundation of readiness by focusing on the fundamentals and empower-



SPC. ERIK WARREN 5th Mobile Public Affairs Detachment



SPC. ERIK WARREN 5th Mobile Public Affairs Detachment

ing subordinates to motivate and lead their Soldiers,” Volesky said. “Mastering these skills will enable us to build

combat readiness and be recognized as the military force of choice in the Pacific.”

An important topic, was

“America’s Big Six,” a list of things Volesky considers important, including, war tasks and battle drills, physical fitness,

maintenance, marksmanship, medical training and mission command.

“By using these guided principles, our Soldiers and leaders will be better prepared as it relates to readiness and the ability to deploy, fight, sustain and win,” said Command Sgt. Maj. Pamela Williams, 593rd Expeditionary Sustainment Command’s senior enlisted adviser. “I am grateful for the ability to hear from other leaders across I Corps and get ideas on how we can better our organization with available resources and through innovation.”

Attendance was not limited to command teams. Other attendees served on unit staffs across I Corps and used the event as an opportunity to hear directly from leadership across the Pacific area of operations.

“As a young staff officer, this is a tremendous opportunity to hear command guidance from the uppermost echelons,” said Maj. Matthew Weisner, 25th Infantry Division training officer, Schofield Barracks, Hawaii. “Being able to hear colonel-level briefings allows me to learn from all the brigades across the corps and take those lessons back to my division.

“I can take the commander’s intent from this room, the highest gathering of rank in corps, and give them to the lowest levels and ensure the Soldiers and noncommissioned officers are executing General Volesky’s intent.”

Viewpoint



**Commander, I Corps and
Army Senior Commander, JBLM**
Lt. Gen. Gary Volesky

**Commander, 62nd Airlift Wing and
Air Force Senior Commander, JBLM**
Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM
Col. Nicole Lucas

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STRAIGHT TALK

To join the “Straight Talk” conversation, visit facebook.com/JBLewisMcChord



What’s the first thing you’re going to do when the weather stays nice for a whole weekend?

- “Do some spring cleaning.”
— SANDRA VANORMAN
- “Take my bike out.”
— JULIE TAVLARIDES
- “Got to mow my lawn so it doesn’t look like a jungle anymore.”
— BRANDON POSTON
- “Hike around (Mount) Rainier.”
— CORALIE THOMAS SOLMS
- “A freaking cartwheel of excitement. So over the rain.”
— LACEY WHITE RUSSELL
- “Pressure wash then BBQ.”
— KRISTI ENGDAHL-HUNTER
- “Go camping.”
— RACHEL PEARCE
- “Go for a walk.”
— KELSEY ALSUP
- “Mow the lawn.”
— ROB ELWELL

Next week’s question

What are your “nails on a chalkboard” grammatical pet peeves?

VIEW FROM THE TOP



SENIOR AIRMAN DAMIEN TAYLOR U.S. Air Force Photo

If you are a career, active-duty service member and approaching retirement, there are some important decisions that you will need to make regarding your future health care coverage.

Don’t overlook medical benefits for retirement

BY BRIG. GEN. BERTRAM PROVIDENCE
Regional Health Command-Pacific Commanding General

For many service members who are planning to transition out of the military, the thought of retirement can be emotional and even overwhelming. However, for those who are ready and prepared, the transition can actually be less daunting than one would expect.

The retirement orientation process covers a lot of important information, to include details about health care benefits that are available to military retirees and their families.

If you are a career, active-duty service member and approaching retirement, there are some important decisions that you will need to make regarding future health care coverage.

TRICARE, the Department of Defense’s health care program, will still be available for retirees, but there will be different options to consider and certain actions that must be taken.

For starters, as a retiree, there are two health care plans that you may be eligible for — TRICARE Prime and TRICARE Select.

With TRICARE Prime, you will serve as an active partner with your primary care manager to develop and manage your health care plan. With TRICARE Select, you will receive your care in the network

from a TRICARE authorized provider of your choice.

It’s important to note that the TRICARE Prime option has fewer out-of-pocket costs than TRICARE Select, but less freedom of choice when choosing a provider.

If you live within a 40-mile radius of a military treatment facility, then you are in a prime service area, and eligible to enroll in TRICARE Prime. Although you may reside in a prime service area, you do have the option to enroll in TRICARE Select.

If you live outside of the prime service area, TRICARE Select may be the best TRICARE option for you.

One of the most obvious changes to your health care plan that you will notice as a military retiree is the annual enrollment fee of \$289.08, for an individual, or \$578.08, for a family.

However, if you are enrolled in TRICARE Prime at a military hospital, there are no co-payments or cost shares for any care received in the military treatment facility.

Currently, if you choose to enroll in TRICARE Select, you will not have an annual enrollment fee, but you will incur co-payments and cost shares for medical services provided. You will also be responsible for meeting annual deductibles before TRICARE Select pays for medical services.

Additional information about cost shares associated with this option can be obtained by contacting a beneficiary counseling and assistance coordinator, at Madigan Army Medical Center, 253-968-1145 (option 2), or any military treatment

facility across the military.

Before enrolling in TRICARE Prime or TRICARE Select, make sure your information is updated in the Defense Enrollment Eligibility Reporting System. Once you and any family members are listed in DEERS as retirees, you will then be able to begin your TRICARE Prime or TRICARE Select enrollment process.

To enroll, visit the Beneficiary Web Enrollment site, dmdc.osd.mil/appj/bwe or call Health Net Federal Services at 844-866-9378.

Your eligibility as an active-duty retired service member begins the day you retire. However, I encourage you to start this process early to avoid a break in health care coverage.

If you want to keep your TRICARE Prime coverage or enroll in TRICARE Select without a lapse in coverage, you must enroll before you retire or within 90 days after your retirement date.

Additionally, retirees who choose not to enroll in a TRICARE program will only be eligible to receive care in the military treatment facility on a space available basis.

Retiring from the military and beginning a second career is a significant event in one’s life, and the goal of the Department of Defense is to help make that transition as smooth as possible.

If you are planning to retire in the coming years, I want to thank you and your family for your selfless and dedicated service to our nation and best wishes for a successful transition.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel
Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)
Sunday, 9 a.m. — Lewis Main Chapel
Sunday, 9 a.m. — Madigan Chapel
Sunday, 10 a.m. — McChord Chapel No. 2
Sunday, noon — Lewis Main Chapel
Sunday, 5 p.m. — Lewis Main Chapel
Weekdays, noon — Lewis North Chapel
Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125
1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers’ Chapel
8:30 a.m. — Traditional — McChord Chapel No. 1
10 a.m. — Contemporary — Four Chaplains Memorial Chapel
10:30 a.m. — Collective — Lewis Main Chapel
10:30 a.m. — Collective — Madigan Chapel
10:30 a.m. — Contemporary — Evergreen Chapel
11 a.m. — Contemporary — McChord Chapel Support Center
11 a.m. — Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish
Friday, 7 p.m. — Lewis Main Chapel
Islamic
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125
Buddhist
Friday, 6 p.m. — Soldiers’ Chapel, 253-966-5959
Pagan/Wiccan
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

JBLM SNAPSHOT



SGT. MARICRIS MCLANE 16th Combat Aviation Brigade

Pvt. Nikolas Wilson, left, a water treatment specialist with 46th Aviation Support Battalion, 16th Combat Aviation Brigade, explains the process of operating a Tactical Water Purification System at Sequallitchew Lake on Joint Base Lewis-McChord March 8.

THIS WEEK IN HISTORY

- March 16, 1802: U.S. Military Academy at West Point established.
- March 17, 461: Saint Patrick dies.
- March 18, 2002: Spectator death forces new rules for NHL games.
- March 19, 1953: First Academy Awards telecast on NBC.
- March 20, 1965: LBJ pledges federal troops to Alabama civil-rights march.
- March 21, 1980: Carter tells U.S. athletes of Olympic boycott.
- March 22, 1765: Stamp Act imposed on American colonies.

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NORTHWEST GUARDIAN

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FEASIBILITY STUDY

Join us at Pierce Transit's upcoming Open Houses in March 2018 to see multiple design alternatives for Bus Rapid Transit (BRT) service along Pacific Avenue | SR 7.

We will share information about BRT features, including new high capacity vehicles, plus unique stations and their potential locations. Please come to provide your input.

Tuesday
MARCH 27
4:00pm to 7:00pm

Spanaway Middle School Cafeteria/Commons
15701 B Street E | Tacoma, WA 98445
(South of Military Rd E & east of Pacific Ave S)
Served by Route 1

Wednesday
MARCH 28
4:00pm to 7:00pm

Garfield Book Company Community Room
208 Garfield Street S #101 | Tacoma, WA 98444
(Parkland/PLU area, just west of Pacific Avenue S)
Served by Routes 1, 45 & 55

Thursday
MARCH 29
4:00pm to 7:00pm

**UW Tacoma – William W. Phillip Hall
Jane Thompson Russell Student Commons – Room WPH 101A**
1918 Pacific Avenue | Tacoma, WA 98402
Served by Routes 1, 2, 3, 41, 42, 63, 102, 400, 500,
501 & ST Link Light Rail

For more details visit piercetransit.org/hct-feasibility-study/

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Transitions

SEATTLE SEAHAWKS

Soldier’s transition from JBLM to NFL

BY DEAN SIEMON
Northwest Guardian

RENTON — Armando Mejia feels right at home inside the Virginia Mason Athletic Center in Renton, where he is the community outreach assistant director for the National Football League’s Seattle Seahawks.

The medically retired Army staff sergeant helps lead outreach efforts in both the Latino and military communities. The responsibilities include arranging community events, youth football camps and clinics and overseeing the team’s Heroes of 12 program.

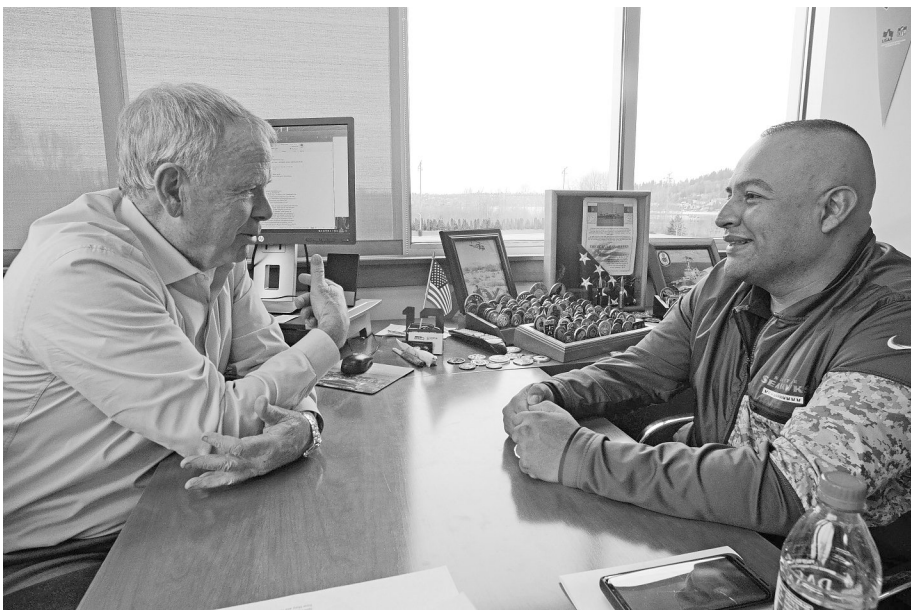
Mejia brings service members, veterans, retirees and family members to Seahawks games — one of his favorite parts of the job.

“They can forget anything that they’ve been through and have a smile on their face and enjoy the game; it’s just powerful,” Mejia said.

Working in sports wasn’t in Mejia’s original plan, but during a 2004 deployment to Mosul, Iraq, injuries suffered from driving over an improvised explosive device in Iraq forced an audible.

Mejia was assigned to the 1st Battalion, 24th Infantry Regiment, 25th Infantry Division, when the unit was assigned to Joint Base Lewis-McChord, when the truck he drove in a convoy hit the IED.

Mejia’s right foot, left arm, left knee, spine and a blown out left



DEAN SIEMON Northwest Guardian

switched to a similar role with the Seattle Seahawks in 2013 and has been seen at several military-related Seahawk events at JBLM and other local military installations, such as player appearances and the 12th Man Unit change of command events.

“Armando’s connections to the military have made our programs much more engaged with service members, veterans and their families than ever before,” Flood said, who is now the VP of community outreach solely for the Seahawks.

As the team’s community outreach assistant director, Mejia said he enjoys being connected with the military. Similar job opportunities in professional sports are available for service members who are interested. Mejia suggests having multiple people look over a resume before sending it out.

He also recommends visiting teamworkonline.com, where job opportunities are posted, and attending hiring events.

“There are so many organizations that are hiring veterans,” Mejia said. “The biggest (key to success) is making sure all of your work translates to (the job’s skill set). Being in the military, you have a lot of those qualifications; it’s just how you transfer them.”

Dean Siemon: 253-477-0235, @deansiemon

ear drum were injured.

Before returning to Washington state, he was moved to various military hospitals, including stops in Germany, Maryland, Texas and California.

In early 2005, Mejia was waiting in a wheelchair for one of many appointments at the JBLM Warrior Transition Battalion. While looking at informational fliers about military education opportunities, he was approached by Matthew Heatherly, then the WTB’s first sergeant.

“He would tell me, ‘What are you going to do, Mejia?’” Mejia said. “‘You can’t just sit here.

You’re going to have to go to school.’”

Heatherly, who now works for Regional Health Command-Pacific, provided guidance in time management for Mejia to attend classes. He credited Heatherly and his wife, Melinda, for helping him juggle all of the educational responsibilities.

“I just pushed him in the right direction with a polite check here and there to see what he needed, but he took it and ran with it,” Heatherly said.

Mejia earned his associate’s degree on base and a bachelor’s degree in social welfare in 2008

and a master’s degree in social work in 2011 from the University of Washington-Tacoma.

Over the years, Mejia collected plenty of business cards. When he saw a job opening with the Seattle Sounders Football Club as an international outreach manager, he already had a card for Mike Flood, the vice president of community relations for both the Sounders and Seahawks.

“Networking; I can’t say that enough,” Mejia said. “You never know when you’re going to cross the bridge and they’re going to be there.”

Mejia got the job in 2012. He

PAINTERS AND ALLIED TRADES VETERANS PROGRAM

Veteran program paints the path to a future career

BY RUTH KINGSLAND
Northwest Guardian

It takes three minutes for Dave Jones to make a believer of potential students for the Painters and Allied Trades Veterans Program. Jones teaches the class at Joint Base Lewis-McChord and at South Seattle Community College.

Jones recruits at Building 3271 on Lewis Main every Monday as one of several recruiters of programs for transitioning military service members, spouses and veterans.

The advantage of his program is 100 percent job placement for those who complete the one-month course, Jones said.

“They get a union job with full benefits and retirement — you can’t do much better,” Jones said.

Those who finish the course receive credit for six months of training in one month. That’s the first six months of the two years and six months it takes to earn a journeyman’s card.

The classes are free — paid for by the the Union of Painters and Allied Trades — for service members 180 days prior to or after transitioning out of the military, as well as for military spouses. Exceptions also can be

made for veterans who have been out of the military longer than 180 days on a case-by-case basis, Jones said.

Classes are scheduled twice a year when enough students sign up. The current class of seven students began Feb. 26, and the next class begins in July.

So, what do attendees learn when they sign up for the four days a week, four week course? A lot of information on tools, work and safety.

On March 1, students spent time in a show and tell session, describing tools and their uses.

“This is a conventional paint sprayer and this is the cheater valve, to adjust the volume of the spray,” said Spc. Sheldon Alapeahi, 2nd Battalion, 17th Field Artillery Regiment, 2nd Infantry Division Artillery, after Jones placed the implement in front of Alapeahi.

Alapeahi is originally from Hawaii and joined the Army about three years ago. He said he’s enjoying the painter’s union class.

“It’s something new and looks like a good career,” he said.

Ivory Marshall, a military spouse in the class, said he’s hoping to find a good-paying job that will help support his family,



RUTH KINGSLAND Northwest Guardian

hours or a day.

“If you are in moderate fumes, it could probably last you all day; but, when you can taste or smell fumes, it’s time to change the mask or filter,” he said. “The exposure level is going to be up there, and it’s important.”

Safety is one of the most important segments of Jones’ classes.

“We inundate (the students) with safety,” he said.

After two weeks at McChord Field Education Center and two weeks at SCCC, students complete the course and can move on to a job in commercial painting, wall covering, drywall finishing, floor covering installation or dozens of other related crafts.

“I’m pretty passionate about teaching my students,” said Jones, who previously served 24 years as a Navy Seabee. “This class offers transitioning service members a way to be in control of their own destiny. Without a direction to go, (the service members) would likely take a low paying job. I’m trying to help them get beyond that.”

To learn more about the Painters and Allied Trades Veterans Program, visitPAT-VP.org.

and the class seems to be a step in that direction.

Marshall, whose wife is Sgt. Kashiara Marshall, 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division, started his own pressure washing company previously, but wasn’t able to get enough business to stay afloat.

“I really have no strong work history, but Dave (Jones) the instructor is very serious about helping me work through the program,” Marshall said.

During the class, Marshall described titles and uses for a handful of paint brushes Jones handed him.

“This is a natural bristle, chip brush,” he said, as he held the

larger of the brushes. “It’s for oil-based paint.”

“And, this is a synthetic brush for latex paint,” he said of a smaller brush.

Specialist Jake Holmes, 8th Squadron, 1st Cavalry Regiment, 2nd Brigade, 2nd Infantry Division, held a full-face mask and turned it over several times, weighing his thoughts before naming and describing the use for that item.

“It’s a full mask with a respirator,” he said.

Next, Jones segued into the importance of safety and changing filters or smaller nose and mouth masks on a regular basis, even if told by a supervisor that the masks last longer than a few

POST - 9/11 GI BILL

A NEW BILL FOR A NEW CENTURY

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Arctic Pegasus

U.S. Army Sgt. 1st Class Philip Piennette, Crusher Company 321 platoon sergeant, directs an Interim Armored Vehicle Stryker off of a C-17 Globemaster III during Exercise Arctic Pegasus at Deadhorse, Alaska, Tuesday. Airmen assigned to the 62nd Airlift Squadron participated in the exercise to deliver Army Soldiers and four Strykers to Deadhorse.

SENIOR AIRMAN TRYPHENA MAYHUGH
62nd Airlift Wing Public Affairs

LET’S HEAR IT

What do you want to know in 2018? The Northwest Guardian, Joint Base Lewis-McChord’s command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you’d like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army’s Day of No Scheduled Activity and Air Force’s Family Days and federal holidays on Joint Base Lewis-McChord.

- March 30 - Army DONSA
- April 2 - Army DONSA
- May 25 - Army DONSA
- May 28 - Memorial Day
- June 14 - Army DONSA
- June 15 - Army DONSA
- July 4 - Independence Day
- July 5 - Army DONSA

MARCH MADNESS READING MANIA

Prereaders, early readers and chapter readers, stop by Book Patch Library this month to check out some crazy-cool books. Every time you check out books, you’ll be entered into a weekly raffle. Prereaders and early readers need to check out 10 books or more and chapter readers three books or more. Two winners will be notified each Friday in March. Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue on Lewis Main. For more information, call 253-967-5889.

I CORPS RETIREMENT CEREMONY FRIDAY

The I Corps monthly retirement ceremony is Friday at 2 p.m. at Carey Theater on Joint Base Lewis-McChord. Anyone with access to JBLM is welcome to attend to watch the ceremony.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord’s Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcs.checkappointments.com.

24/7 DAD CLASS FOR FATHERS

Join a class for dads, “24/-7 Dad,” where fathers support fathers. Learn how to become a better father, and receive support from other dads who understand the day-to-day struggle of raising children. Classes take place on the second and third Tuesdays, every other month from 10 a.m. to noon at the 16th Combat Aviation Brigade’s Raptor Resilience Center, 3204 Second Division Drive on Lewis Main. Next class is Tuesday. Online registration is available by visiting jblmafcs.checkappointments.com, or call 253-967-5901 to register via phone. 253-967-6416.

JBLM NEWCOMERS’ ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you’re new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers’ Orientation Tuesday at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and

Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcs.checkappointments.com.

ATTEND MONTHLY KIDS’ BOOK CLUB

Kids in grades three to five are invited to join McChord Field Library’s monthly Kids’ Book Club meeting the third Wednesday of the month at 4 p.m. Read fun books, meet fun people. Parents, bring your children by the McChord Field Library now to register and get a copy of this month’s book. Check out “Gregor the Overlander” by Suzanne Collins for the Wednesday book club meeting. The library is located at 851 Lincoln Blvd. on McChord Field. For more information, call 253-982-3454.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Two copies of commander-signed memorandums are required for admittance to the class. Next class is scheduled for Wednesday. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

POTATOES CAN FUEL YOUR HEALTH

March is National Nutrition Month, so join the dietitians from Madigan’s

Nutrition Care Division as they read Tomie DePaola’s classic book “Jamie O’Rourke and the Big Potato: an Irish Folktale,” talk about how potatoes can help fuel an active lifestyle and demonstrate making and using potato stamps to decorate cards.

- McChord Library: Thursday at 11 a.m. and 3 p.m.

Grandstaff and Book Patch libraries are located at 2109 N. 10th on Pendleton Avenue on Lewis Main; 253-967-5889. McChord Library is located at 851 Lincoln Blvd. on McChord Field. For more information, call 253-982- 3454.

SIGN YOUTH UP FOR FREE KIDS’ KRAFT

Your child can bring home a poetic word art project made at the Arts and Crafts Center’s Kids’ Kraft March 23 from 3:30 to 5 p.m. Limited seating is available; students must preregister. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information, call 253-982- 6721/6718.

BRING THE FAMILY TO FREE EASTER DASH

Everyone at Joint Base Lewis-McChord is invited to attend the annual Easter Dash, a free egg hunt at Cowan Stadium scheduled for March 31. Bring your own baskets for each child. Also look for a surprise visit from the Easter bunny. Special needs youth with parents can collect eggs at noon. Children ages 3 and younger can collect eggs at 12:30 p.m., ages 4 to 7 at 1 p.m. and ages 8 to 12 at 1:30 p.m. All youth will receive a free goody bag. Cowan Stadium is located at 2170 Bitar Ave. at 12th Street on Lewis Main.

JBLM VOLUNTEER FAIR SET FOR APRIL 4

Attend the JBLM Volunteer Fair April 4 from 9 a.m. to noon at the Club at McChord Field, 700 Barnes Blvd., and meet organizations who have volunteer opportunities available on JBLM. For more information visit jblm-volunteer-fair-2018.eventbrite.com or call 253-967-2324. Registration is not required.

ENJOY FREE KIDS’ FEST APRIL 5

JBLM’s Kids’ Fest kicks off the celebration of Month of the Military Child April 5 from 1 to 4:30 p.m. at Family and Morale, Welfare and Recreation’s Fest Tent and Bowl Arena Lanes at Lewis Main. Enjoy hands-on activities, exhibits, displays, interactive games, free bowling and entertainment. The Fest Tent is located next to Bowl Arena Lanes at 2200 Liggett Ave.

PROFESSIONAL DEVELOPMENT APRIL 9

Regional Health Command-Pacific invites the Joint Base Lewis-McChord medical community to attend a professional development session April 9 from 1 to 5:30 p.m. at American Lake Conference Center. Featured speakers are John Nance, author of “Why Hospitals Should Fly,” and Kathleen Bartholomew. The topic of their presentation is, “What now? A dynamic and cutting-edge program for healthcare leaders and physicians.” Materials for the session (optional/not required) may be purchased at the following link: <http://store.secondriverhealthcare.com>. Select the title, “Why Hospital’s Should Fly.” To pre-register, call 253-967-8027.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the second Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is set for April 12.

RESERVE TENTS, CABIN RENTALS ONLINE

Warm weather is on the way. Want to make reservations for tent camping, the travel camp or cabins at Lewis North? Reserve your place now at JBLMmwr.Registration.com. Here’s how:

- Sign in or create an account, if you don’t have one yet.
- Click on Outdoor Recreation under Family and MWR programs.
- Click on Northwest Adventure Center on Lewis North, then click which type of reservation you’d like to make — tent camping, travel camps or cabins — and follow the instructions at each window or field.

For more information, call 253-967-7744. Make your reservations for McChord Field’s Holiday Park by phone or in person. For more information, call 253-982-2206.

SCORE THE BEST DEALS ON TEXTBOOKS

The next college quarter starts soon. You don’t have to break the bank on books; let Family and Morale, Welfare and Recreation’s Bookstore inside Stone Education Center help you get your books for less. For more information, call the bookstore at 253-964-8185.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the “JBLMUnlimited” website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs!
Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business.brief.

C2C Federal Job Seekers Workshop Wednesday from 8:30 a.m. to 11:30 a.m. at the Hawk Transition Center in room 214. Learn the process of seeking and competing for federal employment and discuss the required steps through the entire hiring process. Featured guest instructor is a veteran human resources specialist. Additional time available after class for questions and lab work. For more information, visit tinyurl.com/y79ya7ps.

WorkSource Veterans Service Orientation Briefings First and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair Wednesdays from 11:30 a.m. to

1:30 p.m. in Hawk Transition Center’s lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email backtowork@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

Get job training with Microsoft Military Program Micro from the Pierce County Public Library are at McChord and Grandstaff libraries the fourth Wednesday of each month at noon to explain the benefits of the Microsoft Military Program. Pierce County Library. Staff members are also available from 11 a.m. to noon and 12:30 to 1:30 p.m. to answer individual questions. Once you

enroll in this free program, you can take Microsoft certification tests for the office specialist and technical assistant certifications. Tests are free, and study materials are available. Next meeting is March 28. For more information, email mmp@pcl.us. Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue at Lewis Main; 253-967-5889. McChord Library is at 851 Lincoln Blvd. at McChord Field; 253-982-3454.

Work of Honor Corporate Networking Workshop March 28 at 1 p.m. at the Hawk Transition Center, located at 11577 41st Division Drive. For more information, visit tinyurl.com/yblu6rvp.

Hire G.I. Job Fair March 28 from 11 a.m. to 1 p.m. at the Club at McChord Field and March 29 from 11 a.m. to 1 p.m. at American Lake Conference Center. Interview face to face with more than 20 companies seeking talented, experienced and enthusiastic candidates. Transitioning service members, veterans and family members are welcome. Upload your resume to hiregi.com.

Lean 6 Sigma White Belt Workshops March 28-29 from 11:30 a.m. to 2 p.m. at the Hawk Transition Center, Room 217, located at 11577 41st Division Drive. Gain a fundamental comprehension of the Lean Six Sigma outline involving process improvement, variability, process performance and the specific roles team members play. Attendees lend support as either a project leader or as a team member. For more information, call, 253-967-3258.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/jblmunlimited for more information. Sign up at sfl-tap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

ACCOUNTING ASSISTANT II JOB IN OLYMPIA

Thurston County Public Defense Office — Salary: \$3,480 to \$4,629 monthly. Thurston County Public Defense Office’s Fiscal and Administrative Unit is offering an opportunity for a highly qualified and motivated employee interested in the position of accounting assistant II. This position provides a variety of technical, clerical, fiscal and general support services to both internal and external stakeholders. Application closes March 23 at 5 p.m. For more information, visit tinyurl.com/y9ong9x6.

MARKETING ADMIN ASSISTANT IN TACOMA

U.S. Oil and Refining Co. — Salary: DOQ. The Supply and Marketing Department is seeking a marketing assistant. The successful candidate will become a member of a dynamic commercial team responsible for the management of all petroleum products. The environment is an open trading floor, providing for a fast paced and exciting opportunity. This is an entry-level position. Knowledge of the petroleum industry, while beneficial, is not a prerequisite. For more information, visit usor.com.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to appointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewis.MCChord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. You can accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMcChord.com.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network, sponsored by the Department of Defense, is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department’s focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel.dod.mil. Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit move.mil.

JOIN THE MONTHLY SCRAPBOOKING CLUB

If you’re into scrapbooking and want to socialize with others, check out the monthly club. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information, call 253-982-6721/6718.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

FROM PAGE 1A

TALENT

●Pfc. JC Jimenez.

Industry executive chefs rate and provide feedback to all service members competing on meals made during the exercise.

The mission of this exercise is to improve readiness of the armed forces. Competing military members are able to hone their skills as culinary arts specialists and improve the quality of food services to their unit, enabling them to better perform their duties at home and in a

deployment environment.

The exercise simultaneously provides an opportunity to train and to showcase service members’ culinary skills outside of day-to-day dining facility menu options.

“A lot of people have a perception that armed services only make mass meals, make rations and serve (Meals, Ready-to-Eat),” said Army Staff Sgt. Tyler Heyenga, Team Alaska manager leading Army and Air Force members from Joint Base Elmendorf-Richardson and Fort Wainwright. “A lot of people don’t see the other side of what we do as culinary artists. They

don’t see that we are able to make elegant food.”

The exercise encourages knowledge sharing between the Army installations, other military services and the international armed forces in attendance. The sharing of techniques and information allows for a variety of meal options and styles to be utilized.

“You just have to sit around and listen and watch them, and you’ll see like, ‘Hey, I might want to think about adding a little bit of this or a little bit of that.’” said Command Sgt. Maj. Sean Rice, U.S. Army Quartermaster School, U.S. Army Com-

bined Arms Support Command. “Even the nutritionist learns in this competition because everyone is held to an industry standard.”

Participating service members are not competing against each other but against the culinary industry standards. Awards are given based upon those who meet or exceed those standards.

“To these young men and women, the opportunity to be here is one thing, but the opportunity to medal means a great deal to them,” Rice said. “They know they can build on those skills and get better as they go forward.”



SGT. JENNIFER SHICK
24th Mobile Public Affairs Detachment

Airman 1st Class Italia Sampson prepares her dish Saturday.

FROM PAGE 1A

RACE

affordability and the extras handed out that go beyond just complimentary water and fruit for a post-race snack.

“They give you so many perks afterward from getting the T-shirt to the medals,” Flores said. “It doesn’t get much better.”

Runners for the kids’ 1K and 5K runs received medals for completing the courses around Lewis Main. Even though the event was a fun run with no timer, the JBLM ShamROCKin’ Run also attracted some athletes preparing for the upcoming season.

Hunter Aman, 17, had the fastest unofficial time of about 18 minutes and three seconds. Aman is a junior at Timberline High School who will be participating in 1,600- and 3,200-meter events for his school’s track and field season.

“It’s mainly like a speed workout for me,” Aman said. “I do it just to keep in shape. Even though (it wasn’t an officially timed) competition, it was still pretty cool.”



SCOTT HANSEN Northwest Guardian

Young race participants begin the annual Irish-themed JBLM ShamROCKin’ Run 1K kids’ run on Lewis Main Saturday.

After Aman completed his run, he went back to find his mother, Chaplain Candidate (1st Lt.) Angela Price, an Army Reserve chaplain for the 12th Psychological Operations Battalion. He encouraged her the rest of the way, giving her a hug after they crossed the finish line.

“He always runs back for me and encourages me,” Price said. “It’s awesome. My son and I are a team when we run 5Ks.”

In addition to the fun runs, finishers also enjoyed a free banger sausage along with Irish side dishes.

Three different beers were on tap, including an Irish red, a blonde and Guinness. Those younger than age 21 were offered root beer or cream soda.

Children did coloring and made Irish bead necklaces at craft tables. For a small fee, adults painted beer steins that were taken to the JBLM Arts and Crafts Center to be baked and picked up later.

Children also had the opportunity to channel their inner rock

star at the selfie booth area, picking up a cutout guitar for a pose worthy of sharing a stage with the Dropkick Murphys and Flogging Molly.

Command Sergeant Major Arthur Williams, 6th Military Police Group (CID), and his wife, Devonne, were excited to

see their sons, Benjamin, 9, and Johnathan, 5, striding toward the finish line.

“It’s always good to see your kids participate in an event like this,” Devonne said. “It’s not about winning — it’s about community and supporting each other.”

FROM PAGE 1A

YTC

ma since October.

He takes over for outgoing Command Sgt. Maj. Ramon Dang Sr., who has been at YTC since March 2016. Dang will retire at the end of the year after 30 years of service. He will serve in operations until this fall.

According to Michael Daniels, deputy to the YTC commander, Dang was instrumental in streamlining training management and range scheduling processes and was very active with a number of veterans groups in the valley to advocate for former service members and their families.

Dang is currently working with a local group to recognize a Medal of Honor recipient buried in Yakima. He’s also finalizing the YTC Fitness Center memorial to a local fallen Soldier.

During the change of

responsibility ceremony, DeSanto thanked Dang for his leadership and dedication to YTC.

“Thank you for the outstanding transition,” DeSanto said. “I feel ready and confident that I can maintain the great reputation of Yakima Training Center.”

DeSanto also thanked other staff at the training center for their hard work to help him become part of the family. At the close of the ceremony, DeSanto shared a quote from Simon Sinek, a bestselling author and motivational speaker:

“It’s not the genius at the top giving directions that makes people great,” DeSanto read. “It is great people that makes the guy at the top look like a genius.”

DeSanto said he uses it to model his leadership style and remind him of how he got to where he is now, but leadership wasn’t always his goal.

Growing up in Orlando, Fla., as the oldest of four children,



LISA WEIGEL U.S. Army Photo

Lt. Col. Jarret Matthews, left, Yakima Training Center commander, incoming Command Sgt. Maj. Paul DeSanto, second from left, and outgoing Command Sgt. Maj. Ramon Dang Sr., third from left, take part in a change of responsibility ceremony at the Yakima Training Center Physical Fitness Gym March 9.

DeSanto said he always wanted to be a military policeman. He graduated from University High

School in Orlando, where he was part of the Air Force ROTC.

He married Elizabeth Anne

Kimble from Altamonte Springs, Fla., in May 1997 and joined the Army four months later at age 24. The couple has one son, 15-year-old Zachary.

DeSanto said family is most important to him and he enjoys spending time with his wife and son, hiking and shopping. In his spare time, DeSanto enjoys woodworking and building furniture for the family’s home.

In 2013, he graduated magna cum laude with a bachelor’s of science degree in computer science through Grantham University, in Lenexa, Kan.

In addition to various service and leadership positions with the Military Police across the U.S., DeSanto served combat and operational tours of duty with Operation Iraqi Freedom and Operation Enduring Freedom.

“Everyone has been great to me since I’ve been here,” DeSanto said. “It’s been a wonderful experience so far.”

FROM PAGE 1A

WOMEN

Mark Swayne, acting deputy assistant secretary of defense for stability and humanitarian affairs in the Office of the Assistant Secretary of Defense for Special Operations and Low-Intensity Conflict, said DOD is looking to leverage the unique aspects women bring to the table, not only in peace-building and conflict resolution, but also in all facets of military operations.

“When working with partner militaries or civilians, we are trying to include women so they don’t get overlooked,” he said. “Ensuring that our partners include (female perspectives) makes us more effective in our military operations.”

Research on the effectiveness of including women in military peace-building and conflict resolution negotiations found that peace agreements between civil society groups are 64 percent more likely to succeed — and 35 percent more likely to last at least 15 years — than



Joint Combat Camera Center / 2016

Dr. Pangarso Suryotomo, left, Kasubdit Peran Masyarakat National Disaster Management Authority; Royal New Zealand Navy Cmdr. Karen Ward, middle, Pacific Partnership 2016 Women, Peace and Security lead; and Dr. Randa Mardanis, Women, Peace and Security seminar mediator, speak at a panel during the Pacific Partnership Women, Peace and Security seminar in 2016.

agreements that overlooked the female perspective.

SETTING THE EXAMPLE

According to the Women, Peace and Security Act, Congress found that, around the world, women remain underrepresented in conflict prevention,

resolution and post-conflict peacebuilding efforts. Meaningful participation of women in these operations helps to promote a more inclusive and democratic society and is critical to the long-term stability of countries and regions, Congress determined.

To promote these findings, DOD is taking the necessary steps to be a global leader by setting a key example for international partners.

“We have a well-integrated military,” Swayne said. “Many of our allies and NATO partners are the same. But we have many military partners around the world where females do not have the same level of representation.”

Swayne added that when DOD representatives send female officers and senior non-commissioned officers to attend meetings with international partners, it conveys a strong message that females take a high priority within the government and the DOD.

DOD leaders are working with the National Security Council on an interagency strategy for incorporating and operationalizing the Women, Peace and Security Act. Once that strategy is finalized, a DOD instruction will be created outlining how to implement women, peace, and security measures into all DOD operations. Swayne said he hopes to have the new instruction in place by the end of 2018.

DOD and the Joint Chiefs of

Staff recently instituted a Women, Peace and Security Synchronization Group. This group, consisting of representatives from the combatant commands, military services, regional centers and professional military education institutions, as well as DOD and Joint Chiefs leaders, meets monthly to enable cross-sharing, optimize lessons learned and best practices and advance future programs throughout the department.

Combatant commands are already successfully implementing Women, Peace and Security Act objectives through their individual theater campaign plans. These efforts aim to educate personnel on how integrating women, peace and security concepts increases overall mission effectiveness.

“We are weaving (the Women, Peace and Security Act) into all training activities, and into the fabric of how we institutionalize DOD objectives,” Swayne said. “It’s an opportunity for us to include women, peace, and security scenarios in every activity we are doing (to become) more effective in our military activities.”

Sports

CANADA VS. USA HOCKEY CHALLENGE

Another year, another Canadian win on ice

Canada wins annual hockey rivalry game for the 24th consecutive year

BY DEAN SIEMON
Northwest Guardian
SPANAWAY — In sports, there are a few undefeated streaks that have stood the test of time, such as the 35-game win streak by the 1979-1980 Philadelphia Flyers in the National Hockey League. Within Joint Base Lewis-McChord’s Western Air Defense Sector, the Canadian Detachment has developed its own impressive streak against U.S. rivals in the WADS’ annual Canada vs. USA

Hockey Challenge. With a 4-0 win March 9 at Sprinker Recreation Center in Spanaway, the Canadian Detachment has now won all 24 consecutive annual hockey games. The glowing factor was the Canadian team having 40 shots on goal while the WADS’ U.S. team mustered just 11 shots. U.S. goalkeeper William “Bill” Roth made 35 saves during the game. One shot did ring off one of the posts that nearly made it 5-0.

“Eventually, they’re going to score on some of those shots,” Roth said. “Still, it was a good team effort, and we had a lot of fun.” Seconds into the third minute of the first period, Alex Zai scored first for the Canadians. There were other scoring attempts, but Roth was able to knock away quality shots on goal. It wasn’t until the fourth minute of the second period when Alex Yee scored the first of two goals to make it 2-0. Yee nearly had a hat trick, but a goal in the second period was

SEE HOCKEY, 2B



SCOTT HANSEN Northwest Guardian
U.S. goalie William Roth, left, stops Canada's Matt Smith (15) during the annual Canada vs. USA Hockey Challenge in Spanaway March 9.

HOOPS 4 HEROES BASKETBALL GAME



SCOTT HANSEN Northwest Guardian
Soldiers forward Dominic Caine, middle, drives the lane during the Hoops 4 Heroes basketball game at Pierce College in Lakewood March 8.

SOLDIERS STRUGGLE TO MAKE ‘OUR SHOTS’

Late rally falls short in annual exhibition game

BY DEAN SIEMON
Northwest Guardian
The funny thing about basketball’s “March Madness” is that the game is never officially over until the clock hits zero — even when a team has control to the very end. Although a team of service members from Joint Base Lewis-McChord and Washington National Guard narrowed the margin, it still lost to a group of local first responders in the third annual Hoops 4 Heroes’ “Soldiers vs. First Responders” basketball game, 74-69, March 8 at Pierce

SEE HOOPS, 2B



Soldiers coach Jerry Clardy uses a time out to encourage his players during the Hoops 4 Heroes basketball game at Pierce College in Lakewood March 8. The First Responders defeated the Soldiers 74-69.

ON THE SCHEDULE

YOUTH SPRING SPORTS CAMPS REGISTRATION
Youth: Spring break camps and clinics hosted by Joint Base Lewis-McChord’s Child and Youth Services are open for registration now. Start Smart, CYS Soccer and Flag Football enrollments are open now-March 27; camps run April 2-4. Cost is \$35 per youth in football and soccer, \$25 for Start Smart. First Tee Gold Camps 1 and 2, as well as the Lil’ Drivers enrollments are open until April 25. Register online at jblmcysregistration.com. For more information, call 253-967-2405.

COMMANDER’S CUP HOOPS MEETINGS MARCH 28-29
Intramurals: Joint Base Lewis-McChord’s Commander’s Cup basketball representative meetings are March 28 at noon at the Nelson Recreation Center and March 29 at noon at the McChord Fitness Center. League play will tip off April 17 with a championship tournament June 4-7. League is open to active-duty service members on JBLM. For more information, call 253-967-1195.

ARMED FORCES KIDS’ RUN SIGN-UP OPEN
Youth: The 2018 Armed Forces Kids’ Run sign-up period is open through March 31. Registration forms and drop-off boxes are available at Joint Base Lewis-McChord’s Child and Youth Services Sports and at both commissary locations. The run is April 14 at 9 a.m. at Cowan Stadium on Lewis Main. Day-of registration opens at 8 a.m.

WOMEN’S BASKETBALL LEAGUE STARTS APRIL 7
Intramurals: Joint Base Lewis-McChord’s open women’s basketball league starts April 7 at the McChord Field Fitness Center, with a league tournament scheduled for May 19-20. An information meeting is set for Thursday at 6 p.m. at the Nelson Recreation Center. Registration cost is \$20 per player. Open to all JBLM community ID cardholders ages 18 and older. For more information, call 253-967-1195 or visit jblmmwr.com/intramural.

SIGN UP FOR JBLM OPEN LEAGUE FLAG FOOTBALL
Intramurals: The Joint Base Lewis-McChord open flag football league kicks off April 14 with a league tournament May 22-24. Meet at Nelson Recreation Center March 29 at 6 p.m. to sign up. Open to all JBLM community military ID cardholders ages 18 and older. Cost is \$300 per team. For more information, call 253-967-1195.

PNW USSSA SUPERDRAFT

Weekend tournament draws prospective military softball players

BY DEAN SIEMON
Northwest Guardian
SPANAWAY — The inaugural Pacific Northwest United States Specialty Sports Association’s Military SuperDraft softball event had a large turnout of active-duty service members, reservists, veterans, family members and supporters for two days of tournament action Saturday and Sunday at Sprinker Recreation Center in Spanaway. One hundred and thirty-one players with different skill levels

formed into teams through a draft that took place the night before to compete in a SuperDraft tournament during the first day of the event. Established teams then participated in an open tournament on the second day. The PNW USSSA softball chapter officially stood up Jan. 1 and made last weekend’s event the primary focus to attract new military players and have them learn from the veterans of the diamond.

“It makes it all worthwhile to get guys that are upper level to help grow the program,” said retired Army major Jacob Ramos, director of the Pacific Northwest USSSA. Ryan Jones, an Army captain with 2nd Battalion, 1st Infantry Regiment, 2nd Brigade, 2nd Infantry Division, drafted, coached and played for Team Jones. Eight of the 13 players on Team Jones were active-duty

SEE PLAYERS, 2B



Courtney Snellenberg hits for Team Jones at the PNW USSSA Military SuperDraft tournament at Sprinker Recreation Center in Spanaway Saturday.

DEAN SIEMON Northwest Guardian

FROM PAGE 1B

HOCKEY

waved off after officials ruled the puck was kicked in by Yee.

“Sometimes (the puck) bounces certain ways, and that’s just how that one went,” Yee said.

Yee scored his second goal in the seventh minute of the third period, and Gilles Turgeon scored Canada’s fourth and final goal with two seconds left in the game. The Canadian team had only nine players against the U.S. team’s 15, which meant quick changes and quick passes by Canada.

“We had to move the puck better and get the shots on the net,” said Canadian captain Ken Mui.

Although the U.S. team didn’t have a lot of shots on goal, it

was still an improved effort from last year when the team lost 8-1 in a game that saw only four shots on goal by the U.S. One can credit the improvement this year to the weekly practices the U.S. team began in December.

Most of the U.S. players were either new to skating or knew how to skate, but wanted to learn the sport. Eventually, Chris Pavel was able to develop a lineup with team captain Seth Beattie that put the better skaters on defense and mixed in experienced and developing players to have scoring opportunities.

U.S. skater Matthew Berube had a few quality fast breaks in the third period, including his best shot going around the pipes. He also had another breakaway attempt where the shot deflected off the stick of Canadian goalie Patrick Morris.

“I think the tempo was a lot faster than last year,” Pavel said.

The Canadian Detachment will host the CANAM Challenge Cup in late summer or early fall, when the two sides will meet on a softball diamond. The U.S. team has never lost in the softball portion of the challenge series for the last 23 years.

Events like the WADS’ Canada vs. U.S. Hockey Challenge and this summer’s softball game allow for U.S. and Canadian forces to enjoy similar interests in competitive sports.

“We’re more alike than we are different,” said Lt. Col. Matthew Wappler, commanding officer of the Canadian Detachment at JBLM. “These are the times we get to have fun like this.”

Dean Siemon: 253-477-0235, @deansiemon



SCOTT HANSEN Northwest Guardian

U.S. defenseman Bryan Bein, left, and Canada’s Ken Mui battle for a loose puck during the Canada vs. USA Hockey Challenge March 9.

Scoring summary

Soldiers 19 10 15 25 — 69

First Resp. 18 23 10 23 — 74

INDIVIDUAL

Soldiers scoring — Eric Ritter, 32; Michael Carver, 18; Dominic Caine, 8; Lafonzo Betts, 5; Cory Fortune, 2; Christian Gabriel, 2; Eric Griffin, 2.

First Responders scoring — Rory Hawkins, 15; Jordan Rasmussen, 13; Brian Kelley, 13; Kris Hampton, 11; Danny Knox, 11; Justin Gage, 5; Richard Ellison, 4; Bob Deal, 1; Caden Grant, 1.

FROM PAGE 1B

HOOPS

College at Fort Steilacoom in Lakewood.

After leading 19-18 after the first quarter, the First Responders team was able to go on a 12-2 run in the first four minutes of the second quarter. The Soldiers only mustered 10 points in the second quarter as it trailed 41-29 at halftime.

The Soldiers’ defense was able to stay strong in the third quarter, allowing the First Responders only 10 points, but the team was unable to convert on several layup attempts on the inside. It also wasn’t able to win the rebound battle to secure second-chance attempts — leading to only 15 points of its own.

“We fought valiantly, but (the First Responders) came out and played well,” said Jerry Clardy, the Soldiers’ team coach and player. “We just couldn’t hit our shots.”

Both teams struggled to convert their shots, with the Soldiers making adjustments to force the First Responders to spend more time on the shot clock to look for the best possible perimeter shot.

“(The First Responders) tried to get more aggressive, but our 2-3 zone (defense) slowed them down shooting inside,” said Eric Ritter, of the Soldiers’ team. “It made them have to shoot (long-distance) jump shots.”

The Soldiers’ team was able to score 25 points in the fourth quarter but was unable to prevent the First Responders’ finding good looks, making three three-pointers during the first six minutes of the period.

Although the First Responders led by as many as 12 with about two minutes left, the Soldiers team was able to draw fouls and score three-point shots to narrow the score in the last minute. The First Responders made just



SCOTT HANSEN Northwest Guardian

Soldiers forward Michael Carver, middle, powers to the basket during the Hoops 4 Heroes game at Pierce College in Lakewood March 8.

six of 14 free throws in the final minutes.

Ritter led all players with 32 points in the game, highlighted by making six of 13 from three-point range. He also collected 13 rebounds to finish with a double-double.

Ritter played NCAA Division II basketball at Upper Iowa University, but he said he considers himself past his prime.

“Scoring usually isn’t an issue, but it’s still humbling when you’re the leading scorer (in this game),” he said.

Michael Carver also finished with a double-double for the Soldiers with 18 points and 10 rebounds. Eleven of his points were scored in the second half. The First Responders had five players score in double figures — Rory Hawkins (22), Jordan Rasmussen (13), Brian Kelley (13), Kris Hampton (11) and Danny Knox (11).

Military and civilian community members came together for

festivities before, during and after the game. The colors were presented by the Lakes High School Junior ROTC program, with Lakes’ Ciara Arthur singing the national anthem.

Karsyn Walshe, daughter of fallen JBLM Soldier Spc. Tyler Walshe, tossed up the ceremonial tip-off before the game. The First Responders allowed Caden Grant, son of fallen Lakewood police officer Aaron Grant, to shoot free throws for Hawkins. He made one of two.

Clardy plans to retire from the Washington Army National Guard and will not be returning to the basketball game next year, but he said he’s thankful to participate in the rivalry’s first three installments.

“Having a good time and putting on an exciting show for the community — that’s what I’ll remember most,” he said.

Dean Siemon: 253-477-0235, @deansiemon



Soldiers guard Tyler Main, left, collides with First Responders forward Justin Gage during theHoops 4 Heroes basketball game March 8.

FROM PAGE 1B

PLAYERS

service members; the rest of the team is a mixture of veterans, guard and reserve service members.

Jones said an important takeaway from the SuperDraft event was how members representing the Army, Air Force, Navy, Marine Corps and Coast Guard came together to build upon the local military softball community.

“A lot of times, we can be so disjointed, so it’s nice to have everybody here,” Jones said.

Although there were a lot of experienced softball players across the bracket, the teams also fielded newer players. During the SuperDraft tournament, each team had a mixture of



DEAN SIEMON Northwest Guardian

experience levels not only to keep things balanced, but allow novice softball sluggers a chance to see top batters in action.

“A lot of military guys play

upper ball, but it’s nice for the young guys to see the quality of military ball that’s out there,” said Sgt. 1st Class Jeremy Aponte of Headquarters and

Headquarters Company, 593rd Expeditionary Sustainment Command, who drafted and coached Team All-Aloha.

Most of the 131 players and coaches have military ties as a former service members or family members. There were a few civilians who played alongside and against them, who also appreciated the fact that the military community has players dedicated to the sport like they are.

Paul Glassman, who played college baseball at the University of Montana from 2009 to 2011, was more than willing to support a military tournament played near his home in University Place.

“It’s a wonderful feeling that there’s a lot of love and respect for the men and women who sacrifice everything so we can play softball on a Saturday,”

Glassman said.



Ramos was originally aiming for 180 players and coaches for the SuperDraft, but was still happy to field 11 teams for the Saturday tournament. He said the numbers show that the softball community has grown.

Moving forward, Ramos is hoping to see big turnouts for PNW USSSA softball tournaments in Portland, Ore., May 25, as well as a pending tournament in July in Federal Way.

Ramos said he intends to do another SuperDraft event next year and keep the competition annual.

“What I’m hoping is the folks that were here will tell their friends how much fun they had, and we can double in size next year,” Ramos said.

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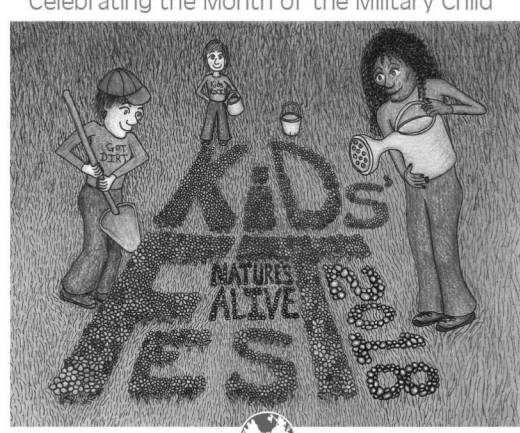
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Registration:
\$20 per player

Season Begins
April 7

League Tournament
May 19-20

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Players without teams encouraged to attend coaches meeting for team placement.

For more information visit
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3168 2nd Div. Dr., Lewis Main

Registration:
\$300 per team

League Play:
April 14

League Tournament:
May 22-24

Players without teams encouraged to attend coaches meeting for team placement

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March 29 at noon
McChord Fitness Center

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Distance: 5 & 6 Year olds= 1/2 mile • 7-8 Year olds= 1 mile • 9-16 Year olds= 2 miles
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PRE-REGISTRATION DEADLINE • MARCH 28, 2018

ANY REGISTRATIONS TURNED IN AFTER MARCH 28, 2018 ARE NOT GUARANTEED A SHIRT • LATE REGISTRATION ACCEPTED IN SPORTS OFFICE ONLY
Pre-Race Day Packet Pickup available: April 9-13 , 1-3pm



Go the distance!
Entry form on JBLMmwr.com

2018 JOINT BASE LEWIS-MCCHORD
SPORTS CALENDAR



Commander's Cup leagues are divided into four divisions:
7th ID / Independent / 593rd ESC / McChord
All leagues will have a mandatory coaches meeting prior to the start date
For more information on the sports program:
253-966-1156 or sports@jblmmwr.com



JBLMmwr.com/intramural
FB.com/JBLMSportsFitnessAquatics



January	CC Volleyball	Jan 15
February	CC Bowling Open Women's Volleyball	Feb 8 Feb 17
March	Shamrock n' Run 5K/1K CC Soccer	Mar 10 Mar 12
April	Open Women's Basketball Open Softball CC Golf Open Flag Football CC Basketball CC 10 Miler Qualifier Awareness Run 5K	Apr 7 Apr 7 Apr 9 Apr 14 Apr 17 Apr 20 Apr 28
May	Down n' Dirty Mud Run	May 12
June	CC Softball Sound to Narrows 12K Military Run Open Basketball Open Volleyball	Jun 11 Jun 9 Jun 16 Jun 16
July	Freedom Run 10 Miles/5K/1K	Jul 4
August	Pacific Pathways Sprint Triathlon CC Paintball Open Softball II CC Flag Football Salmon Run 12K/5K/1K	Aug 4 Aug 11 Aug 18 Aug 20 Aug 25
October	CC Indoor Soccer Zombie Apocalypse Run 5K/1K CC 5K Championship	Oct 1 Oct 13 Oct 19
November	CC Swim Meet Turkey Trot 5K/1K	Nov 6-8 Nov 17
December	Jingle Bell Jog 5K/1K	Dec 8

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Nonprofit - Social Services

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To Apply:

Go to the SPIPA website for detailed job descriptions and information. Complete Employment Application and send resume with cover letter stating why you believe you are the best qualified applicant and three work related references to:

Dolly Garcia, Human Resources Manager
South Puget Intertribal Planning Agency
3104 SE Old Olympic Hwy
Shelton, WA 98584 or email to
dgarcia@spipa.org
SPIPA application is available on line at <http://www.spipa.org> or by calling (360) 426-3990

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JBLM
NORTHWEST

guardian weekend

SECTION C

ALSO INSIDE:

For more fun things to do,
see the JBLM calendar. 2C



COVER STORY

ON PARADE

A preview of two upcoming
local spring flower festivals. 3C

FOR THE WEEK OF MARCH 16-22

16

McCHORD PUB 4 to 8:30 p.m. We're all Irish for the day at the St. Paddy's Day party at the Pub with food and drink specials.

SAMUEL ADAMS BREWHOUSE JBLM 4 p.m. to midnight. Play trivia for prizes from 7 to 9 p.m.

THE CLUB AT McCHORD FIELD Make your Easter Brunch reservations now. \$28.95 for ages 13 and older; \$14.95 for ages 4 to 12; free for ages 3 and younger. Club members save \$2. Call 253-982-5581.

McCHORD GRILL 11 a.m. to 1 p.m. Fish and chips and a drink for \$8 Fridays. Add a cup of clam chowder for \$1.50 more.

17

SOUNDERS LANES 11 a.m. to midnight. Cosmic Blacklight Bowling from 7 to 11 p.m. Two hours plus shoe rental for \$12 per person.

WHISPERING FIRS HABAÑERO MEXICAN GRILL Come out for a tasty, hot breakfast before you head out on your day's errands.

18

SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE Open to the public. Come in for great meals, good brew and your favorite sports.

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. Enjoy a traditional breakfast with a view.

19

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken cordon bleu for \$8.25.

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Buy one lunch burrito and get the second lunch burrito half off.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. weekdays. Order breakfast with your made-to-order coffee.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

20

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Cheese quesadilla, soup and fountain drink for \$7.50.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken bacon ranch wrap for \$8.25.

WARRIOR ZONE Try the Zone's turkey, Thai chicken, chicken chipotle and turkey Caesar wraps stuffed with great flavor and seasonings. Also indulge in tuna salad, veggie, roast beef, turkey and chicken sandwiches. Ages 18 and older.

21

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Spaghetti and meatballs for \$8.25.

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. The hefty six-pound burrito challenge. Order between 11 a.m. and 2 p.m. If you can eat it in 45 minutes or less, it's on the house.

STRIKE ZONE AT BOWL ARENA LANES 4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

22

SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE Open to the public. Come in for great meals, good brew and your favorite sports viewing.

McCHORD GRILL 11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, soup of the day, burgers and sandwiches with fries.

WARRIOR ZONE DINING 10 a.m. to 11 p.m. Try our hot-from-the-oven flatbread pizzas, fresh-grilled sandwiches and more. Also order Battle Bean coffee drinks for an instant boost. Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Jaegerschnitzel for \$8.25.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena253-964-8837

Bowl Arena Strike Zone253-967-4661

Caddy Shack Bar & Grill253-964-2792

Cascade Community Center/Heroes Lounge253-964-0331

Globemaster Grill at McChord Club253-982-5581

McChord Catering253-982-8175

The Bistro at Russell Landing253-964-2813

The Warrior Zone (Lewis North)253-477-5833

Whispering Firs Habanero Mexican Grill253-982-3271

To see menus, visit JBLMmwr.com.

AT THE MOVIES

Carey Theater on Lewis Main

Black Panther (PG-13)	Friday at 7 p.m.
Early Man (PG)	Saturday at 1 p.m.
12 Strong (R)	Saturday at 7 p.m.
Early Man (PG)	Sunday at 1 p.m.
Den of Thieves (R)	Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

TACOMA AREA
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CENTURY FEDERAL WAY 16: 253-946-0942
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YELM CINEMAS: 360-400-3456
OLYMPIA/LACEY
MARTIN VILLAGE STADIUM 16: 360-455-5003
CENTURY OLYMPIA: 360-943-0769



The voices of Eddie Redmayne, Tom Hiddleston, Maisie Williams, and Timothy Spall star in the new StudioCanal release, "Early Man."

StudioCanal



The annual Skagit Valley Tulip Festival is scheduled to take place in and around Mount Vernon April 1-30.

SCOTT HANSEN Northwest Guardian / 2017



Members of America's I Corps Band perform as they march along Pacific Avenue during the Daffodil Parade in Tacoma in 2017.

LOCAL SPRING FLOWER FESTIVALS

Regional spring floral festivals will bloom soon

Daffodil Festival parades are April 7

BY RUTH KINGSLAND
Northwest Guardian

While portions of the country dig out from winter and celebrate cherry blossoms, lilacs and lavender, signs that Western Washington is springing up as well are evident in brilliant yellow daffodils and colorful tulips across the region.

For those ready to enjoy more than a few spots of illumination, Northwest festivals are sure to supply a rainbow of colors.

One of the most respected and beautiful events in the Pacific Northwest is the annual Daffodil Festival and Parade, which will include the participation of several service members

from Joint Base Lewis-McChord.

The daylong parade, with 180 entries of floats, marching bands and marching and mounted units is set to begin at 11th Street and Pacific Avenue in Tacoma April 7 at 10:15 a.m. It will make its way through Puyallup at 12:45 p.m., Sumner at 2:30 p.m. and Orting at 5 p.m.

The military has a tradition of participation in the parade, according to Capt. Cain Claxton, public affairs officer with the 593rd Expeditionary Sustainment Command, which has been part of the parade for as long as he can remember.

In previous years,

SEE FLOWERS, 9C

MARCH 17**PACIFIC NORTHWEST WATERFALL TOUR**

Explore the great concentration of waterfalls in the continental United States. The tour will be traveling along the historic Columbia River Highway, which has an abundance of small waterfalls viewable from the road.

The group will stop and see at least five major waterfalls, to include the world-famous Multnomah Falls, which plunges more than 620 feet from its origins. There will be a stop in Hood River, Ore., for lunch. Trip fee includes round-trip transportation.

A great trip for the entire family. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m.

\$70; \$45 for ages 5 to 12; **\$20** for ages 4 and younger.

CROSS-COUNTRY SKI AT KEECHELUS LAKE

This will be a great day in the snow-filled Cascades spent skiing along Keechelus Lake near Snoqualmie Pass. Gear, transportation and basic instruction are provided. Please go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Difficulty: easy; distance: 5 miles; time: three hours. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

'WOMEN IN THE WOODS' SEMINAR

Join McChord Field's Adventures Unlimited for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use necessary gear in a few hours with the expert instructors.

This introduction class will go over being a woman in the woods. Work with a female adventure instructor to learn tips on being a powerful woman while backpacking, rock climbing or even skiing in the backcountry. Learn what gear to use, what feminine hygiene products to bring and what it means to be all that is woman away from civilization.

The seminar is designed give



KAWEKA STONEY JBLM Outdoor Recreation / 2016

The Joint Base Lewis-McChord Northwest Adventure Center will host a special waterfall tour, taking a group to some of the most beautiful sites across Washington state and the rest of the Pacific Northwest Saturday.

women some tested tips to make it even more enjoyable. Exploring the wilderness is an incredibly empowering and life-changing experience. No equipment necessary.

This class takes place at 11 a.m. Register at JBLMmwrRegistration.com. **Free.**

**MARCH 17-18
JBLM BASIC ALPINE CLIMBING COURSE**

Receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. It serves as a prerequisite for many of JBLM Outdoor Recreation's basic-level

climbs and is a stepping stone to more technically difficult mountains, including Denali. This is the second half of the Basic Alpine Course classroom experience. This course is overnight in deep snow conditions to practice all the skills learned in the classroom. Register at JBLMmwrRegistration.com. **\$125.**

**MARCH 18
INTRODUCTION TO BACKCOUNTRY SKIING**

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss

the opportunity to see amazing alpine wilderness and truly unforgettable skiing.

The Northwest Adventure Center's trip provides all the gear needed to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult.

Anyone who participates must be an intermediate skier. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

**PEDDLES AND PINTS
IN WOODINVILLE**

Join the Northwest Adventure Center as the group heads to Woodinville and bike along the Sammamish River Trail to Marymoor Park and back.

The trip will conclude with a tour of the famous Red Hook Brewery and dinner at the Forecaster Pub. Minimum age: 21.

Difficulty: beginner-intermediate; Distance: 12.5 miles. Departure time and location: Northwest Adventure Center at 10 a.m.

No McChord pickup. Preregistration required. **\$60.**

**MARCH 20
SEA KAYAK SKILLS CLASS**

The Northwest Adventure Center offers five levels of the two-hour kayak skills class. Participants can start at any time and master as many of the five levels as they would like.

● Level 1: Proper paddling techniques and how to buddy rescue.

● Level 2: Edging maneuvers and self-rescue.

● Level 3: Recovery techniques and muscle memory exercises for the roll.

EVENTS

COMMUNITY

Just Between Friends Spring

Sale 11 a.m. to 7 p.m. Friday, 9 a.m. to 5 p.m. Saturday and 8 a.m. to noon Sunday. Washington State Fair Events Center, 110 Ninth Ave. SW, Puyallup. Free-\$2. tacoma.jbfsale.com.

Free Family Flick: "The Last

Starfighter" 10 a.m. Saturday. Grand Cinema, 606 S. Fawcett Ave., Tacoma. 1984 sci-fi movie, seating is free for all, first-come, first-served basis. Free. grandcinema.com.

Annual Almost Spring Swap

Meet and Car Show 8 a.m. to 5 p.m. Saturday and 9 a.m. to 3 p.m. Sunday. Washington State Fair Events Center, 110 Ninth Ave. SW, Puyallup. Sponsored by the Gallopin' Gertie Model A Club. Saturday tickets are \$5; Sunday tickets are \$3. 360-863-2877, gertieas.com.

LGBTQ Aging in Pierce

County: A Town Hall 12:30 p.m. Saturday. Korean Women's Association, 123 E. 96th St., Tacoma. Join us to shape a more inclusive and age-friendly Pierce County. Attend discussion sessions to help design and enhance multigenerational relationships and resources for optimal aging. Free; Please RSVP by calling 253-798-8787 or visiting PierceADRC.org.

Fieldhouse Flea Market's

50th Anniversary 8 a.m. to 4 p.m. Saturday. University of Puget Sound — Memorial Fieldhouse, 1100 N. Warner St., Tacoma. Vintage antique show, artisan craft market, rummage sale. Tickets available at the door. pugetsound.edu/Flea-Market.

Tacoma AAA's Travel Club

11 a.m. to noon. Saturday. Tacoma AAA Cruise & Travel Store, 1801 S. Union Ave., Tacoma. Meet others who share a love of travel and hear about a Viking Ocean voyage through the Southern Mediterranean. This event is free, everyone is welcome. 253-756-3034, AAA.com.

Lucky St. Patrick's Day 2018

6 pm. Saturday. Tacoma Dome, 2727 E D St., Tacoma. USC Events' annual spring music festival. Ticketmaster.

DuPont Historical Society's

Annual Meeting 7 to 9 p.m. Monday. DuPont Historical Museum, 207 Barksdale Ave., DuPont. Claire Keller-Scholz, Curator Point Defiance Fort



Courtesy photo

Nisqually, will present program on the Hawaiians who worked for the Hudson's Bay Company at Fort Nisqually. Free open to the public. 253-459-4339, duPontmuseum.com.

Puyallup Rotary Crab Feed

and Oyster Dinner 5 p.m. March 23. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. Benefiting Youth Advocacy in Puyallup School District. puyalluprotaty.org.

T-Town: Play, Explore and

Learn 10 a.m. to 3 p.m. March 24. Tacoma Dome, 2727 E. D St., Tacoma. City services expo, learn services available, how city government works, share ideas and feedback. Free.

Tacoma Spring Wedding

Expo 9:30 a.m. to 3 p.m. March 23-25. Tacoma Dome, 2727 E D St., Tacoma. bridesclub.com/Tacoma-Spring-Wedding-Expo.

Clan Gordon Pipe Band's

Annual Tartan Ball 6:30 p.m. March 24. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. cgpb.org.

Northwest Rodarama: Rod

and Custom Show 9 a.m. to 9 p.m. March 24 and 9 a.m. to 5 p.m. March 25. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. \$16-\$18. nwrodarama.com.

Free Neighborhood

Nights at Tacoma Art Museum 5 to 8 p.m. Thursdays. Tacoma Art Museum, 1701 Pacific Ave., Tacoma. Open late and free to the community. Find your inner artist and sketch in the galleries with an expert teaching artist. Test your knowledge and win prizes with live trivia. Free. tacomaartmuseum.org/events.

ARTS AND MUSIC

Second City Chamber Series: Young Chamber Players'

Annual Recital 6 p.m. Friday. First Lutheran Church, 524 S. I St., Tacoma. \$10 to \$25. scchamberseries.org.

Symphony Tacoma Voices:

Turning of the Seasons 7:30 p.m. Friday. Christ Episcopal Church, 310 N. K St., Tacoma. \$25. 253-591-5894, symphonytacoma.org.

Oliver Brett

12:10 to 1 p.m. Friday. Christ Episcopal Church Tacoma, 310 N K St, Tacoma. Donation. 253-383-1569, ccpta-coma.org.

Spotlight Series: "Love's

Labour's Lost" 7:30 p.m. Friday

and Saturday; 2 p.m. Sunday. Eastvold Auditorium. Pacific Lutheran University — Karen Hille Phillips Center for the Performing Arts, 12180 Park Ave. S., Tacoma. \$5-\$10. tinyurl.com/y9eb9cam.

Knuffle Bunny: A Cautionary

Musical 11 a.m. and 2 p.m. Saturday; 2 p.m. Sunday. Tacoma Musical Playhouse, 7116 Sixth Ave., Tacoma. Adult: \$15, Senior (60 and older), Student, Military: \$13. Child (12 and under): \$12, Groups of 10 or more: \$10. 253-565-6867, tmp.org/index.php/8543-2.

St. Patrick's Day with Geof-

fery Castle 7:30 p.m. Saturday. Auburn Avenue Theater, 10 Auburn Ave., Auburn. \$21/\$18. 253-931-3043, tinyurl.com/y8zh7jrn.

Star Chefs on Broadway:

The Lalapazaza Speakeasy 5 p.m. Sunday. Pantages Theater, 901 Broadway, Tacoma. \$200-\$600. 253-591-5894,

Sway is scheduled to perform at the Emerald Queen I-5 Nightclub in Tacoma Friday.

broadwaycenter.org.

Blues Vespers

5 p.m. Sunday. Immanuel Presbyterian Church, 901 N. J St., Tacoma. Donation

PLU Choral Union

3 p.m. March 18 Pacific Lutheran University — Lagerquist Concert Hall, 12180 Park Ave. S., Tacoma. \$5-\$17.

tinyurl.com/y8577125.

Seattle Baroque Orchestra:

The Fairy Queen 3 p.m. Sunday. Federal Way Performing Arts and Event Center, 31510 Peter von Reichbauer Way S., Federal Way. \$13-\$35. 253-835-7010, fwpaec.org.

University Jazz Ensemble

8 p.m. Monday. Pacific Lutheran University — Karen Hille Phillips Center for the Performing Arts, 12180 Park Ave. S., Tacoma.

Life of Brian

1:45 and 6:45 pm. Wednesday. Grand Cinema, 606 Fawcett Ave., Tacoma. \$8 to \$10. 253-572-6062, grandcinema.com.

Artist Series: Eliassen and

Isayevskaya 8 p.m. Wednesday. Pacific Lutheran University — Lagerquist Concert Hall, 12180 Park Ave. South, Tacoma. \$0-\$10. tinyurl.com/ybkeh68b.

David Hockney Documen-

tary 1:30 and 6:45 p.m. Wednesday. Grand Cinema, 606 S. Fawcett Ave., Tacoma. \$8 to \$10.50. 253-572-6062, grandcinema.com.

Tacoma Meaningful Movies:

"Never Give Up! Minoru Yasui and the Fight for Justice" 6:30 p.m. Thursday. Grand Cinema, 606 S. Fawcett Ave., Tacoma. Free. 253-572-6062, grandcinema.com.

"The Room" Screening

11 p.m. March 23. The Grand Cinema, 606 Fawcett Ave., Tacoma. \$10.50. 253-572-6062, grandcinema.com.

Two Piano/One Piano Four

Hands 7:30 p.m. March 23. Schneebeck Concert Hall, University of Puget Sound, 1500 N. Warner St., Tacoma. \$10-\$15. 253-879-3100.

UP for Arts Spring Arts and

Concerts Series 7 p.m. March 23. University Place Civic/Library Atrium, 3609 Market Place, University Place. Baritone Ryan Christopher Bede will perform songs of the British Isles. Featured artist wildlife and nature photographer Dan Suckow. Series continues 7 p.m. April 27. Award winning pianist and composer Jennifer Thomas

SEE EVENTS, 10C

AUCTION

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FROM PAGE 4C

OUT

- Level 4: Multi-day kayak trip prep and T-rescue.
- Level 5: Learning the kayak roll.

After the fifth level, continue to perfect the roll. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at JBLMmwrRegistration.com. **\$35.**

MARCH 23
SPRING EQUINOX
YOGA SESSION

The season of new beginnings is upon us. With the arrival of spring, we shift from the hibernation of the winter months to an awakening of sunshine and greenery. Spring invites us to open back up, delight in warmer days and plan new adventures. Support the body through this transition with a 60-minute class away from the studio for balance as we prepare for this upcoming season. Minimum age: 12; children younger than 18 must be accompanied by an adult. Class is at 6 p.m. at McChord Field's

Adventures Unlimited. Register at JBLMmwrRegistration.com. **\$17.**

MARCH 24
DAY TRIP TO EXPLORE
VICTORIA, B.C.

Hop on the ferry and spend the day exploring Victoria, B.C., by foot. Downtown Victoria has everything from antique shops to artisan chocolate shops. Also visit the Royal B.C. Museum or watch a thrilling IMAX film. Trip fee includes walk-on round-trip ferry ticket and transportation to and from Port Angeles, Wash. Depart from the Northwest Adventure Center at Lewis North at 4:30 a.m. or McChord Field's Adventures Unlimited at 4:45 a.m. Passport or an enhanced driver's license is required for this trip. **\$85; \$70** for ages 5 to 11; **\$55** for ages 5 and younger.

SNOW TUBING FUN FOR
THE WHOLE FAMILY

Travel to one of Washington's best tubing hills for a day in the snow. Dress warmly, and get ready to go for a wild ride. Tubing is a blast for all ages. Snow tubes and transportation

SEE OUT, 8C



KAWEKA STONEY JBLM Outdoor Recreation / 2017

Children and adults of all ages can participate in a family-friendly snow tubing adventure with Joint Base Lewis-McChord's Northwest Adventure Center March 24.



**Fabulous
Easter Brunch**
Sunday, April 1st
9am-2pm

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FIRST COURSE
Fresh fruit plate & assorted scones, muffins, and croissants

BRUNCH ENTREES
Prime Rib & eggs with potatoes Obrien **\$19.95**
Smoked Salmon Frittata with scallions, cream cheese, caper and spinach And potatoes Obrien **\$17.95**
Dungeness Crab Enchilada with chipotle hollandaise, two eggs and potatoes Obrien **\$19.95**

CREATE YOUR OWN OMELET
Ham, bacon, sausage, mushroom, bell pepper, green onion, mushroom, tomato, asparagus Cheddar, jack, swiss, feta, pepper jack, Italian blend **\$17.95**

HOME TOWN BRUNCH
Two eggs with your choice of bacon, ham, apple sausage or patty sausage With potatoes Obrien **\$16.95**

CHICKEN FRIED STEAK & EGGS
With Potatoes Obrien and our famous SOS Gravy **\$17.95**

EGGS BENEDICT
With Potatoes Obrien **\$16.95**

BRUNCH COMBINATIONS
MALTED WAFFLE
With fresh strawberry, banana & coconut compote' **\$16.95**

FRENCH TOAST
Topped with warm sweet peaches and fresh whip cream **\$16.95**

CHEESE BLINTZ
Crepes filled with sweetened ricotta cheese **\$16.95**
(brunch combinations are served with two eggs and choice of bacon, ham, apple sausage or patty sausage)

All entrees include dessert

For reservations call 253-460-0919
for three seatings at 9 am, 10:30 am, and 12:30 pm. No coupons accepted

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Superstar**

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Fridays & Saturdays | 7:30 pm
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PAY WHAT YOU CAN PERFORMANCE • THUR MAR. 22 •

ON SALE THIS WEEK

LADY ANTEBELLUM AND DARIUS RUCKER Aug. 19, White River Amphitheatre, Auburn. Tickets go on sale Friday.

THE AVETT BROTHERS, THE HEAD AND THE HEART Sept. 15, Gorge Amphitheater, George. Tickets go on sale Friday.

LOGIC WITH NF "THE BOB-BY TARANTINO VS. EVERYBODY TOUR" July 13, White River Amphitheatre, Auburn, Tickets go on sale Friday.

LISA LAMPANELLI June 8, Neptune Theatre, Seattle. Tickets go on sale Friday.

DANE COOK June 16, Emerald Queen Casino, Tacoma. Tickets go on sale Friday.

LAUREN DAIGLE WITH ZACH WILLIAMS Sept. 17, Washington State Fair, Puyallup. Tickets go on sale Saturday.

ALREADY ON SALE

CHIPPENDALES 6 p.m. Sat-

urday. Tulalip Resort Casino, Tulalip.

TREVOR NOAH 7:30 p.m. March 23. Paramount Theatre, Seattle.

TIME MACHINE/MASHINA VREMENI 8 p.m. March 28. Moore Theatre, Seattle.

SOMO: THE RESERVATIONS TOUR 8 p.m. March 30. Neptune Theatre, Seattle.

PAW PATROL LIVE: RAVE TO THE RESCUE April 3. McCaw Hall, Seattle.

KEITH SWEAT 8:30 p.m. April 7. Emerald Queen Casino, Tacoma.

MONSTER ENERGY AMA SUPERCROSS April 7. CenturyLink Field, Seattle.

BILL MAHER 8 p.m. April 14. Paramount Theatre, Seattle.

PBR TOUR April 14-15. Tacoma Dome, Tacoma.

JUDAS PRIEST: FIREPOWER 2018 NORTH AMERICAN TOUR April 15. ShoWare Center, Kent.

ALVIN AILEY AMERICAN DANCE THEATER 8 p.m. April 27

and 28; 2 p.m. April 29. Paramount Theatre, Seattle.

CASPAR BABYPANTS 10:30 a.m. April 28. Neptune Theatre, Seattle.

KHALID: THE ROXY TOUR May 3. WaMu Theater, Seattle.

KENDRICK LAMAR 7:30 p.m. May 5. White River Amphitheatre, Auburn.

LITTLE BIG SHOW NO. 21: NADA SURF, CELEBRATING THE 15TH ANNIVERSARY OF LET GO 8 p.m. May 9. Neptune Theatre, Seattle.

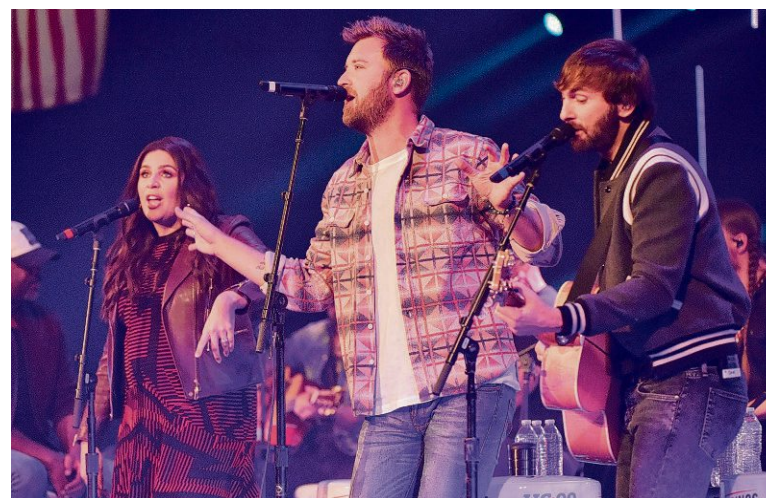
SEVEN LIONS: CHRONICLES 6 p.m. May 12. WaMu Theater, Seattle.

ANDREW LLOYD WEBBER'S "LOVE NEVER DIES" 2 and 8 p.m. May 12. Paramount Theatre, Seattle.

PINK: BEAUTIFUL TRAUMA WORLD TOUR 7:30 p.m. May 13. KeyArena, Seattle.

DAVID BLAINE 8 p.m. May 16. Paramount Theatre, Seattle.

PAUL SIMON HOMEWARD BOUND FAREWELL TOUR 8



ROB GRABOWSKI Invision/AP

p.m. May 18. KeyArena, Seattle.

KOOL AND THE GANG 8:30 p.m. May 19. Emerald Queen Casino, Tacoma.

CHRIS YOUNG: LOSING SLEEP WORLD TOUR 2018 7:30 p.m. May 19. Tacoma Dome.

STARS ON ICE 7:30 p.m. May 20. KeyArena, Seattle.

WEIRD AL YANKOVIC: ILL ADVISED TOUR 8 p.m. May 20. The Moore Theater, Seattle.

SASQUATCH MUSIC FESTIVAL 3 p.m. May 25-27. The Gorge Amphitheatre, George.

MAROON 5 7:30 p.m. May 30. Tacoma Dome.

THIRD DAY - FAREWELL TOUR 7:30 p.m. May 31. Moore Theatre, Seattle.

CELTIC WOMAN: HOME-COMING TOUR 7:30 p.m. June 2. Paramount Theatre, Seattle.

NATALIA LAFOURCADE 8 p.m. June 2. Neptune Theatre, Seattle.

BRIAN MCKNIGHT 8:30 p.m. June 2. Emerald Queen Casino, Tacoma.

JAMES TAYLOR AND BONNIE RAITT 7:30 p.m. June 6. KeyArena, Seattle.

KEVIN HART IRRESPONSIBLE TOUR 7 p.m. June 14. KeyArena, Seattle.

JIMMY BUFFETT AND THE CORAL REEFER BAND 8 p.m. June 23. KeyArena, Seattle.

ANDREA BOCELLI IN CONCERT WITH THE SEATTLE SYMPHONY 7:30 p.m. June 24. KeyArena, Seattle.

DEAD AND COMPANY SUMMER TOUR 7 p.m. June 29. Gorge Amphitheater, George.

KENNY CHESNEY: TRIP AROUND THE SUN TOUR 4 p.m. July 7. CenturyLink Field, Seattle.

TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13. KeyArena, Seattle.

BILL BURR 7 p.m. July 15. Paramount Theatre, Seattle.

PENTATONIX 8:30 p.m. July 15. White River Amphitheatre, Auburn.

PHISH 7:30 p.m. July 20-22. The Gorge Amphitheater, George.

CHRIS STAPLETON "ALL AMERICAN ROAD SHOW" 7 p.m. July 21. White River Amphitheatre, Auburn.

FOREIGNER - JUKE BOX HEROES TOUR 7 p.m. July 27. White River Amphitheatre, Auburn.

NIALL HORAN: FLICKER WORLD TOUR 7 p.m. Aug. 2. White River Amphitheater, Auburn.

WEEZER AND PIXIES 7:30 p.m. Aug. 4. White River Amphitheatre, Auburn.

PEARL JAM 7:30 p.m. Aug. 8 and 10. Safeco Field, Seattle.

DARYL HALL AND JOHN OATES WITH TRAIN 6 p.m. Aug. 11. KeyArena, Seattle.

JACK WHITE 8 p.m. Aug. 13. WaMu Theater, Seattle.

SMASHING PUMPKINS SHINY AND OH SO BRIGHT NORTH AMERICAN TOUR 7 p.m. Aug. 24. KeyArena, Seattle.

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25. CenturyLink Field, Seattle.

ZAC BROWN BAND: DOWN THE RABBIT HOLE LIVE 7 p.m. Aug. 31. Safeco Field, Seattle.

DAVE MATTHEWS BAND Aug. 31-Sept. 2. Gorge Amphitheatre, George.

ROD STEWART, WITH

SPECIAL GUEST CYNDI LAUPER 7:30 p.m. Sept. 1. White River Amphitheatre, Auburn.

GAME OF THRONES LIVE CONCERT EXPERIENCE Sept. 6. Key Arena, Seattle.

FOO FIGHTERS: CONCRETE AND GOLD TOUR Sept. 1. Safeco Field, Seattle.

EVANESCENCE AND LINDSEY STIRLING 7 p.m. Sept. 7. White River Amphitheatre, Auburn.

SAM SMITH: THE THRILL OF IT ALL TOUR 8 p.m. Sept. 8. KeyArena, Seattle.

WRANGLER PRO RODEO TOUR FINALE Sept. 8-9. Washington State Fair, Puyallup.

RAIN: A TRIBUTE TO THE BEATLES 7:30 p.m. Sept. 10. Washington State Fair, Puyallup.

LUCIUS: AN INTIMATE, ACOUSTIC PERFORMANCE 8 p.m. Sept. 12. Moore Theatre, Seattle.

TERRY FATOR 7:30 p.m. Sept. 14. Washington State Fair, Puyallup.

TOBY KEITH WITH NED LEDOUX 7:30 p.m. Sept. 15. Washington State Fair, Puyallup.

GABRIEL "FLUFFY" IGLESIAS 7:30 p.m. Sept. 22. Washington State Fair, Puyallup.

RASCAL FLATS 7:30 p.m. Sept. 23. Washington State Fair, Puyallup.

CHILDISH GAMBINO WITH RAE REMMURD 6:30 p.m. Sept. 29. KeyArena, Seattle.

JOURNEY AND DEF LEPPARD 7 p.m. Sept. 29. Gorge Amphitheater, George.

JUSTIN TIMBERLAKE: THE MAN OF THE WOODS 7:30 p.m. Nov. 12. Tacoma Dome.



Doll & Teddy Bear Sale

Saturday, March 17

10AM to 4PM

Early Birds at 8:30AM

Sunday, March 18

10AM to 3:00PM

Washington State Fair

Expo Building

110 9th Ave SW

Gold Gate

Puyallup, WA

Dolly Days are FUN!

**\$1. Off
with ad**



Free Appraisals—Bring 2 of your dolls or teddy bears

Admission Saturday/2-day entry: \$10. Children \$4 Regular Adm: Adults \$8. Children \$4

www.CrossroadsShows.com



JBLM Outdoor Recreation / 2017

The expert guides from Joint Base Lewis-McChord's Northwest Adventure Center will take ski enthusiasts to a backcountry course around Sasse Mountain March 25.

FROM PAGE 6C

OUT

provided. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. or McChord Field's Adventures Unlimited at 9 a.m. Register at JBLMmwrRegistration.com. **\$45;**

\$25 for ages 6 to 12; **\$5** for ages 5 and younger.

MARCH 24-25 INTRO TO SKI MOUNTAINEERING

Anyone who travels in the backcountry in winter conditions knows the statistical probability of encountering an avalanche jumps dramatically.

Indeed, every single person who spends time in the mountains in a winter context will encounter avalanche terrain and avalanche conditions. Join the Northwest Adventure Center for an instructional day on skis or snowboards and learn all about avalanche awareness. Tye Peak is an amazing place to see much varied terrain and learn about avalanches. Ground trans-

portation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Register at JBLMmwrRegistration.com. **\$200.**

MARCH 25 BACKCOUNTRY SKI, SNOWMOBILE TRIP

Take a snowmobile tour

around Sasse Mountain in Cle Elum, Wash., for fun, action, beauty and excitement. For those looking for the most fun-filled winter experience, this is a great snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16. Backcountry skiing and snow-

boarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledding (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others. Join Northwest Adventure Center guides for a mega-fueled snowmobiling adventure where you can get dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again. Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Depart from the Northwest Adventure

SEE OUT, 11C

BLUEMOUSE THEATRE

JUMANJI: WELCOME TO THE JUNGLE
 Nightly at 7:00 pm • Rated PG-13
 Sat & Sun Matinee at 3:45 pm
 Fri 3/16 • Friday Night Frights **RE-ANIMATOR** 10:00 pm
 253-752-9500 www.bluemousetheatre.com

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 606 S Fawcett Ave
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***A Fantastic Woman* (R)**

Fri-Tue: 1:45, 4:15, 6:45, 9:10
 Wed-Thu: 4:15, 9:10

Film Stars Don't Die

***In Liverpool* (R)**

Fri-Thu: 2:45, 8:00

***The Party* (R)**

Fri-Mon: 2:15, 7:00, 9:15; Tue: 2:15, 9:15
 Wed: 2:15, 7:00, 9:15; Thu: 2:15, 9:15

***Phantom Thread* (R)**

Fri-Sun: 12:00, 5:15; Monday-Thu: 5:15

***The Post* (PG-13)**

Fri-Sun: 11:45 AM, 4:05; Mon-Thu: 4:05

***The Shape of Water* (R)**

Fri-Mon: 1:00, 3:40, 6:20, 9:00
 Tue: 3:40, 6:20, 9:00
 Wed: 1:00, 3:40, 6:20, 9:00
 Thu: 1:00, 3:40, 9:00

***The Last Starfighter* (PG)**

FREE FAMILY FLICK: Sat: 10:00 AM

***Liquid Sky* (R)**

WEIRD ELEPHANT SERIES: Sat: 11:00

***In Between* (NR)**

TUESDAY FILM SERIES: Tue: 1:00, 6:30

***Atlantic.* (NR)**

SISTER CITIES FILM FESTIVAL
 Thu: 6:30

Now serving local beer & wine daily!
 Tacoma's only nonprofit movie theater.



SCOTT HANSEN Northwest Guardian / 2017

Making pictures of flower farms is a popular springtime activity during the annual Skagit Valley Tulip Festival in Mount Vernon. This year's event is scheduled for April 1-30.

FROM PAGE 3C

FLOWERS

America's I Corps Band and the 593rd ESC have led the parade.

It's not known yet if the band will participate or if the military will lead the parade, Claxton said; however, whatever role they play, service members will participate in at least the Tacoma and Orting portions of the event.

That's because the unit is community partners with Tacoma and Orting, so it's important the 593rd ESC is involved, Claxton said.

"We really enjoy getting out in the community and sharing the Army story," he said. "Right now, the Army story is all about

readiness. We're ready to deploy, fight and win — whenever that's needed."

The theme for this year's parade is Daffodil Paradise. Floats in the parade are decorated with thousands of fresh cut flowers and resemble the daffodils grown in the Puyallup Valley for at least the past eight decades.

The Queen's Coronation event also is a highlight of the Daffodil Festival. It begins March 31 at 7 p.m. at the Rialto Theater, located at 310 S. Ninth St. in Tacoma.

The Queen is selected from 23 young women princesses, from schools across the region, who make up the Royalty Court.

More information on the Daffodil Festival and Parade is available on the website: the

daffodilfestival.org.

Another floral festival worthy of note in the Northwest is the Skagit Valley Tulip Festival, which has been part of the region for 35 years.

April is the month when more than 500,000 tulip bulbs display their floral splendor at the Mount Vernon Roozen Gaarde display garden, located at 15867 Beaver Marsh Road in Mount Vernon.

The display consists of more than 150 varieties of flowers in a 22-acre daffodil and 25-acre tulip field.

Each year, the garden is redesigned and replanted and features an authentic Dutch windmill as part of the display.

Flowers are on sale at the display. Admission to the garden

is \$7 for general admission and \$6 for military with ID and children ages 5 and younger. Parking is free.

The garden is open from 9 a.m. to 7 p.m. daily throughout the month. No pets are permitted inside the garden.

Other activities also make up the Tulip Festival, including a photo contest on the festival's social media page: facebook.com/SkagitValleyTulipFestival. A free choral concert is planned Bethany Covenant Church, located at 1318 S. 18th St. in Mount Vernon April 21 at 7 p.m.

There's also a street fair in downtown Mount Vernon scheduled for April 20 to 22 from 10 a.m. to 6 p.m.

Myriad events and activities, from bus tours and pancake

breakfasts to runs and salmon bakes, are set to take place throughout the month for children and adults. It's all listed on the TulipFestival.org website.

A few other upcoming regional floral festivals include:

- The Washington State Apple Blossom Festival in Wenatchee, Wash., April 26 to May 6, with activities from 8:30 a.m. to 5 p.m. This year's event theme is "How Do You Like Them Apples?" More information is available at: appleblossom.org.

- The Spokane Lilac Festival with events April 22 to May 20. This year's event theme is "Swing into Spokane," with a festival mission of "Honoring Our military, Empowering Our Youth and Showcasing our Region." More information is available at: spokanelilacfestival.org.

FROM PAGE 5C

EVENTS

will perform works from her albums. Also featured watercolor artist Cindy Baij. \$15 adults; \$5 students; free for UP for Art members. Tickets at door. upforarts.org.

Return to the Forbidden Planet 8 p.m. Thursdays to Saturdays, 2 p.m. Sundays through March 31. Centerstage Theater, 3200 SW Dash Point Road, Federal Way. \$12-\$29. 253-661-1444, centerstagetheatre.com.

GROUPS

Memory (Alzheimer's) Cafe 3 to 4:30 p.m. Saturday. Harvester Restaurant, 5601 Soundview Drive, Gig Harbor. A gathering of individuals with memory loss and their caregivers for a meal, conversation and entertainment. Another meeting 2:30 to 4 p.m. Wednesday at Mrs. Turners Hometown Cafe, 701 E. Main, Puyallup. Group will hold regular meeting March 28 (fourth Wednesday of the month) from 3 to 4:30 p.m. at

Elmer's Restaurant, 7427 S. Hosmer St., Tacoma. 253-722-5691, lcsnw.org/tacoma/pdf/MemoryCafes.pdf.

Square Pegs Adult Autism Support Group 6 to 8 p.m. First and third Wednesdays. Elmer's Restaurant, 7427 S. Hosmer St., Tacoma. Ongoing discussion group. Free. 206-696-5794, meetup.com/Squarepegs.

ONGOING

Black Hills Audubon Society Bird Walk 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

TALKS

Arthur Dolan History Talk 2.-3 p.m. **March 18.** Genealogist, Arthur Dolan, will speak on George Washington's Secret Navy. DuPont Community Presbyterian Church, 502 Barksdale Ave., DuPont. Free 253-964-2399 dupontmuseum.com

VOLKSSPORT/WALK

South Sound Walkers' Tacoma Snake Lake Walk 9:15 a.m. Saturday. Tacoma YMCA, Mor-

gan Branch, 1002 S. Pearl St., Tacoma. New trail from Snake Lake through two city parks, along the Scott Pierson Trail and back. 6K and 11K options. Sign up at the YMCA and then drive to Snake Lake to begin walk at 9:30 a.m. More information at tinyurl.com/y8qdtud.

Capitol Volkssport Club's Olympia Local Walk 2 p.m. Monday. Bayview Thriftway Deli, 516 4th Ave. W, Olympia. Pick up parking pass in walkbox to park in Bayview parking lot. 360-790-4600, capitolvolkssportsclub.org.

South Sound Walkers' Puyallup Riverwalk Trail 9 a.m. Mrs. Turner's Hometown Cafe, 701 E. Main St., Puyallup. Participants can walk along the Puyallup Riverwalk as far they want before returning. Parking in the back lot behind the cafe. More information at tinyurl.com/yaxo4jeg.

Capitol Volkssport Club's Lacey Southeast "States" Walk 10 a.m. Thursday. Thrive Fitness, 5401 Corporate Center Loop SE, Lacey. Register before 9:45 a.m. 10K walk with a 5K option. 360-943-8858, capitolvolkssportsclub.org.

WORKSHOPS

Beginner Square Dancing Lessons 7 to 9 p.m. Thursdays. Sumner VFW Hall, 1705 Willow St., Sumner. Weekly lessons take individuals of all ages step by step from simple moves to all you need to know to dance mainstream. No partner or previous knowledge necessary. Beginners are paired with more experienced dancers in a fun welcoming atmosphere. \$5. 360-463-8532, squaredance-rainier.org/classes.

Tacoma Women's Sailing Association's Spring Sailing Classes Tuesdays starting April 10. On the water training for six weeks. Sign up by calling Nini Tayet, 253-686-3307, or Rod, 253-686-3282.

NIGHTLIFE

FRIDAY

Magician Cary Durgin 6 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Theo Von 8 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$20-\$28. 253-282-7203, tacomacomedyclub.com.

medyclub.com.

Daymon and Kate's Birthday Bash 8 p.m. Louie G's, 5219 Pacific Highway E, Fife. \$10. 253-926-9700.

Art Gig III with I'm Not Me, Narrative, Poety by Nick Azalte and Artist Stacie Osborne 8 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacoma.com.

Jonathan Warren and The Billy Goats 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Sway 9 p.m. and Saturday. Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma. 253-594-7777.

Notorious 253 9 p.m. and Saturday. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

Appetite for Deception 9 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$10-\$15. 253-396-9169.

Squirrel of Shame 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

SATURDAY

Dusty Souls 8 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

St. PatRocks Day Party 8

p.m. Louie G's, 5219 Pacific Highway E, Fife. \$10. 253-926-9700.

St. Patty's Party 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

Live Musice featuring Blues, Brews and Barbecue 8 p.m. Uncle Thurm's Finger Lickin' Ribs and Chicken, 3709 S. G St., Tacoma. 253-475-1881.

Voidthrone, Dilapidation, Infernal Legion, Noceur and URDR 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Kryboys 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Mark Normand 8 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$22-\$30. 253-282-7203, tacomacomedyclub.com.

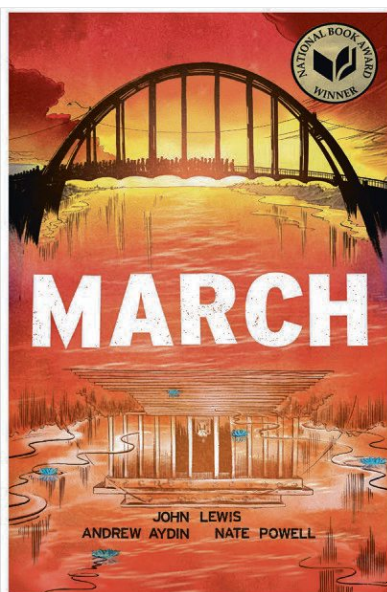
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SEE EVENTS, 12C



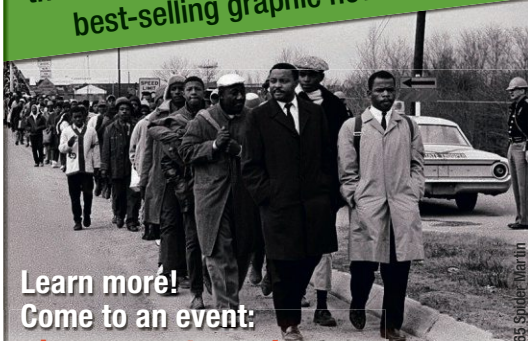
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SLIDERS FROM 6 SOUTH SOUND RESTAURANTS

BOOGIE ON DOWN!

TICKETS + DETAILS: museumofglass.org | 253.284.4708

Must be 21+ to attend. All proceeds benefit MOG programming.



FROM PAGE 8C

OUT

Center at Lewis North at 7 a.m. Snowmobiling, **\$185**; snowmobile passengers ages 15 and younger, **\$75**; backcountry skiing, **\$165**. Register at JBLMmwrRegistration.com.

RUBY BEACH
PHOTOGRAPHY TRIP

Ruby Beach is one of the most beautiful and accessible beaches in Olympic National Park. With tide pools and sea stacks, this is a photographer's paradise. Spend time photographing the beach and try to capture an amazing sunset. Even in rain, this area is great to capture interesting images. Depart from the Northwest Adventure Center at Lewis North at 2:30 p.m. Register at JBLMmwrRegistration.com. **\$65**.

MARCH 31

EXPEDITION PLANNING
AND LOGISTICS

This course is intended for our Denali expedition team members, but all who wish to learn about expedition planning are welcome. In this course, we cover basic logistics, route planning, weather routing, contingencies, travel options, permits requirements and many other considerations.

Register at JBLMmwrRegistration.com. **\$95**.

APRIL 6

YOGA CLASS SPECIALLY
DESIGNED FOR HIKERS

Hikers can commonly spend the entire day outdoors. They've been on Washington's sandy beaches, winding trails and beautiful views. They've also been hiking up, down, across and zigzagging along paths.

This inevitably leads to tight calves, hamstrings, hips and quads. Join other outdoor recreators in a 60-minute yoga class away from the studio designed specifically for preparing the muscles to endure the adventures ahead this winter.

Classes will be held at McChord Field's Adventures Unlimited at 6 p.m., surrounded

by inspiring outdoor equipment. Minimum age: 12. Register at JBLMmwrRegistration.com. **\$17**.

APRIL 7

FREE TRAVEL
PHOTOGRAPHY SEMINAR

Join us for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use the camera gear in a few hours with experienced instructors. This introduction class will go over the basics of being a photographer who travels around the world. Work with an avid traveler and international photographer on what it means to photograph outside of the local environment. Learn how experienced photographers respectfully capture the faces of people they interact with, perfectly shoot the scenic moments that make the experience special and even learn how to care for the camera equipment while traveling. No equipment necessary. Class is at 11 a.m. at McChord Field's Adventures Unlimited. Register at JBLMmwrRegistration.com. **Free**.

AN INTRODUCTION TO
MOUNTAIN BIKING

Experience the thrill of mountain biking. The class will start by addressing proper bike fit and making any necessary adjustments to each participant's bike. Next, guides will demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending and navigating minor obstacles on the trail. They'll also go over important communication skills and mountain biking etiquette with the aim of keeping multi-use trails open and safe for everyone. And finally, they'll practice all these new skills on a great trail ride. Minimum age: 14; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at JBLMmwrRegistration.com. **\$35**.

APRIL 7-8

JBLM BASIC ALPINE
CLIMBING FIELD COURSE

Receive hands-on climbing and climber's safety training in

Washington's glorious Cascade Range. It serves as a prerequisite for many of the Northwest Adventure Center's basic-level climbs and is a stepping stone to more technically difficult mountains, including Denali. This is the second half of the Basic Alpine Course classroom portion. This course is an overnight in deep snow conditions to practice all the skills learned in the classroom. Register at JBLMmwrRegistration.com. **\$125**.

APRIL 8

AN INTRODUCTION TO
PHOTOGRAPHY

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone is a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography including:

- Camera settings: Learn the settings and get the camera set up right.
- Depth of field: What it is and how to use it to make better photos.
- Exposure: Get it right in the field without any fuss.
- Focus: Learn how focus is affected and how to take control of it.
- Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45**.

APRIL 14

CHANCE TO WATCH
WHALES IN PNW

The early spring provides one of the best whale watching opportunities in Washington. The Pacific Northwest is home to a vast array of wildlife. The diverse ecosystems range from the mountain ranges to the numerous island and waterways to the open ocean. The Pacific Northwest is home to bears, elk, mountain lions, eagles, salmon,

giant Pacific octopus, whales and more. The highlight for most visitors is the resident and transient orcas, humpback whales, minke whales and gray whales. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. and McChord Field's Adventures Unlimited at 7:15 a.m. Preregistration is required by April 11 at noon. Register at JBLMmwrRegistration.com. **\$80; \$60** for ages 3 to 17; **\$25** for ages 2 and younger.

BACKCOUNTRY SKI IN
CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. This trip provides all the gear someone would need to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110**.

MAY 7-31

PLAN YOUR
DENALI EXPEDITION

Formerly known as Mount McKinley in Alaska, the highest mountain in North America has been the goal of aspiring high-altitude climbers since it was first climbed in 1913. Its reputation as a highly-coveted summit derives from its location near the Arctic Circle and the Pacific Ocean (Gulf of Alaska), giving it some of the most ferocious weather in the world. Because of its notorious weather and ease of access, some climbers use Denali as a training ground for climbing the 8,000 meter peaks of the Himalaya and for extended expeditions in the Arctic or Antarctic.

For the peak baggers, Denali is the highpoint of the Denali Borough, the state of Alaska, the United States, the Alaska Range and all of North America. Denali

offers one of the world's greatest expedition challenges. Although it is exceeded in elevation by peaks in South America and Asia, its great height above the Alaskan plain make it a severe test of personal strength, team work and logistics. No peak in the world has greater relief. Denali rises 17,000 feet above its surrounding plain; Kilimanjaro is 14,000 feet and Everest is 13,000 feet. Vertical elevation gain on Everest from the normal base camp for the South Col route is 11,000 feet; from the landing spot on the Kahiltna Glacier Denali's summit rises another 13,000 feet.

Further, the mountain (and all mountains this far north or south) behaves like it's taller than it really is — the reason

being that the barometric pressure in the northern/southern latitudes is less than at the equator which makes climbers feel higher than they really are. West Buttress and the climb is undoubtedly considered as an exceptional mountaineering challenge. Nowhere in the world does one travel with so much gear over so much vertical in such a hostile environment.

Although there are no technically difficult sections on the route, many stretches of "The Butt" leave very little margin for error. Furthermore, the West Buttress is just as exposed as any other route to Denali's legendary weather. Register at JBLMmwrRegistration.com. **\$5,000**.

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FROM PAGE 10C

EVENTS

SUNDAY

Puget Sound Music for Youth Association 3:30 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Little Bill and the Blue Notes 7 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

Mark Normand 8 p.m. Sunday. Tacoma Comedy Club, 933 Market St., Tacoma. \$22-\$30.

253-282-7203, tacomacomedyclub.com.

Tim Hall Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

Geeks Who Drink 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. No cover. 253-396-9169.

Country Roadhouse Jam with Dave Nichols 8:30 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

MONDAY

Open Mic with Chuck Gay 7 p.m. The Swiss, 1904 S. Jef-

erson, Tacoma. 253-572-2821.

Rockaroake with a Live Band 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

TUESDAY

New Talent Tuesdays 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Geeks Who Drink Pub Quiz 8 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Blues Jam with Roger Williamson 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Karaoke with Virginia 9 p.m., Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

WEDNESDAY

History Happy Hour: Trivia Night 6 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Live It Out Loud 6:30 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. Presented by Ted Brown Music Outreach. 253-396-9169.

Caliente Salsa Dancing with DJ Arturo Rodriguez 7 p.m. La Fondita Mexican Restaurant, 2620 N. Proctor St., Tacoma. Salsa dance lessons from 7 to 8

p.m. Music and dancing from 8 p.m. to close. \$15 for salsa lessons and cover, \$10 for cover only. 253-752-2878, facebook.com/pg/LaFonditaProctorDistrict/events.

The Blu Tonz 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Open Mic (Comedy) 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Mike's Movie Riff Off 8 p.m. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. A movie night where you berate, mock and interject on the classiest trash

cinema has to offer. No cover. 253-503-6712.

THURSDAY

Billy Shew Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

Power Rock Jam with Howard Comfort 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma.

Open Mic with Dustin 8 p.m. Rock The Dock, 535 Dock St., Tacoma. 253-272-5004.

Jim Kellner 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. tacomacomedyclub.com.



MARCH 9 - APRIL 1 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre

JESUS
CHRIST
SUPERSTAR

210 N I Street Tacoma, WA 98403

Andrew Lloyd Webber's rock opera, Jesus Christ Superstar, is a timeless work set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot.

Ticket Info: \$24 (Adult) \$22 (SR/ST/MI) \$20 (Children 12 and under) Pay what you can March 22 at 7:30pm. www.tacomalittletheatre.com 253-272-2281

MARCH 10-18 • SATURDAY 11AM & 2PM • SUNDAY 2PM

TMP Family Theater

KNUFFLE
BUNNY: A
CAUTIONARY
MUSICAL

Tacoma Musical Playhouse

7116 Sixth Avenue Tacoma, WA 98406

A trip to the Laundromat takes a turn when "somebunny" is left behind in the musical that is full of adventure and gigantic dancing laundry.

Ticket Info: \$15 Adults | \$13 Senior, Military, Students | \$12 Children (12 and under) \$10 Groups of 10 or more. Reserved Seating 253-565-6867 | tmp.org

MARCH 18

Vivace! Choral Program

VIVACE!
FRIENDSHIP
CONCERT

SUNDAY

St. Charles Borromeo Parish, 7112 S. 12th St., Tacoma, WA 98465

Come and enjoy choral pop and sacred choral with the Vivace! Choirs and friends! Music for all ages to enjoy. Celebrate spring time with us!

Ticket Info: \$10 per person, all ages.

4-6PM

SUN, MARCH 18 • 5PM

Immanuel Presbyterian Church

BLUES
VESPER
BENEFIT
CONCERT

901 N J Street Tacoma WA 98403

We welcome from NYC, Grammy nominated *Chaney Sims and friends*. This is a benefit concert for Tacoma Community House. THC is a nationally-respected, community based service center for immigrants, refugees, and long-time South Sound residents seeking enrichment and pathways to self-sufficiency.

Reception to follow downstairs.

Ticket Info: Free. 253.627.8371
iptacoma.org



FRI, MARCH 23 • 7PM-8:30PM

UP for Arts

SPRING
ARTS &
CONCERT
SERIES

UP Civic/Library Atrium
3609 Market Place W
(36th & Bridgeport)
University Place

Seattle Opera Singer and Tacoma native *Baritone Ryan Christopher Bede* will perform Songs of the British Isles composed by Vaughn Williams, Gurney, Quilter, Finzi and more accompanied by Pianist Elisabeth Ellis. Featured Visual Artist is award-winning Wildlife and Nature Photographer Dan Suckow.

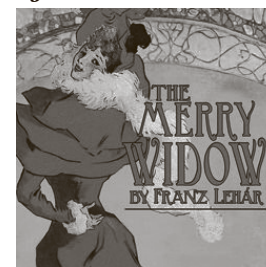
Ticket Info: Tickets available at the door: \$15 for adults, \$5 for students and free for UP for Arts members. Free parking available underneath the library.

APRIL 14 & 20, 7:30PM • APRIL 22, 2PM

Tacoma Opera presents

THE
MERRY
WIDOW

By Franz Lehár



Rialto Theater

Don't miss the intrigue and romance of Tacoma Opera's last production of the 50th anniversary season, *The Merry Widow*.

Ticket Info: \$25 - \$90. Box Office: 253-591-5894 For tickets & info visit tacomaopera.com.

TACOMA
OPERA