

# 189th Airlift Wing WARRIOR



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Arkansas Air National Guard

Little Rock Air Force Base, Ark.



**High Timers hit  
milestone, pgs. 6-7**



# Commander's Commentary

By Col. Thomas D. Crimmins  
189th Airlift Wing Commander

Greetings 189th Airlift Wing family! Wow, it's been a busy month since our last drill. After last month's amazing Senior NCO Induction ceremony, we also had the pleasure of recognizing our two newest Chief Master Sergeant's at the base recognition ceremony las week. Congratulations to Chief Glodowski and Chief Cooley on achieving the pinnacle rank for the enlisted force. It was humbling to be in the presence of the last surviving Marine Medal of Honor recipient from World War II, who displayed such courage and bravery during the pivotal battle of Iwo Jima.

Our celebrations continue. We also got word that TSgt Brandon Lee was recognized as NCO of the Year for the Aviation Resource Management career field at the Headquarters Air Force Level (ARC). You'll recall from December's Warrior Newsletter that Brandon had already won at the ANG level. Great job Brandon, we're proud of you! Additionally, the 189th Operations Support Squadron was named the BEST Technical Training Support Squadron in 19th AF and Air Education and Training Command!

But the family that rejoices together must also mourn together. As we take care of our Guard family, please be supportive of our Team Little Rock partners. It's been a really tough stretch for the 19 AW and 314 AW over the last couple of months. Please keep them in your prayers as they remain focused on their missions during the grieving process. And although we've been spared similar pain, the same cannot be said of the larger National Guard Family across the nation. Just this week, in only 96 hours, the National Guard lost eight of our precious fellow members.

Since 1 Oct, the National Guard has lost 93 citizen soldiers and airmen, including 21 to suicide. Commanders and Supervisors, embrace your Airmen this weekend and ensure that every member of our team understands how important they are to our



mission success, and that we offer every available resource at our disposal if they need our help.

I'd like to thank everyone for the amazing turnout for our inaugural Town Hall last month. Chief Boston and I appreciated your questions and feedback both during and after the event. We promise to stay engaged and ask that you continue to feed us your concerns or ideas to keep improving.

Lastly, we'll have some guests with us this weekend. Command Sergeant Major Veazey, the TAG's Senior Enlisted Leader, will accompany AR ANG Command Chief Eddie McElyea around the wing to visit with our amazing Airmen and learn about your mission. We also have a wonderful guest speaker, Chief Master Sgt. (Ret.) Denise Jelinski-Hall, who will speak on Sunday to highlight Women's History Month. I know you will make them all feel at home while they're here with us.

Have a great Drill! **Ducimus—We Lead.**



# Combine Strands for Increased Strength

By Maj. (Chaplain) Ron Pierce  
189th Airlift Wing Chaplain

I am no expert when it comes to rope strength, but I think we can all see the logic of increasing the strength of a rope by adding strands. The ancient wisdom book of Ecclesiastes states, "By yourself you're unprotected. With a friend you can face the worst. Can you round up a third? A three-stranded rope isn't easily snapped" (Ecc. 4:12 - The Message). I have always appreciated that concept – strength in numbers. I have never bungee jumped and don't intend to, so don't try to talk me into it! It is not on my bucket list! However, it seems to me it would be much safer to jump with 2 or even 3 bungees in case one breaks!

Interestingly, some research on the web seems to indicate that the total strength of a rope can be higher than the sum of each strand. One reason this can be true is that the weakest spot of each strand is supported by the other strands – awesome! The application for us is that as we support each other, we help each other overcome our weaknesses! This is so important when it comes to resilience and readiness. We need each other! We cannot be as strong if we all serve in isolation from each other. It should be a team effort, on the job and in our personal lives. We need each other to be all that we can be!

One example of this in action is the 189th Airlift Wing Special Needs Support Group. I am continually impressed and amazed at how our people are so willing to reach out to each other when there is a need. This group originated from the heart of Master Sgt. Rosemarie Sauvage to help support families in our wing that have families with special needs. The response of support for this group has been inspiring (Airman and Family Readiness, Chiefs, Commanders, and others who have been willing to provide information and speak at our group meetings).

The support group has been beneficial for our Exceptional Family Member Program families in

two primary ways.

First, information from experts and organizations has been distributed to our participating families. We have a broad spectrum of special needs represented (physical and educational), and the goal has been to provide as much information as possible so families can explore and utilize resources applicable to their own situations.

Second, and more importantly, there has been support between families as they share experiences and pass along helpful information to each other – community resources, best practices, empathy, etc. Families supporting each other is definitely a rope of many strands in action!

Readiness includes our families, and helping meet the special needs of our families is an important part of our support to each other in all communities across the military. As a parent of a special needs daughter for the past 28 years, I have firsthand knowledge and experience of the increased load and challenges in managing day to day life. My wife Kristen and I are so thankful for all those along the way who have reached out with support and love to us and our family. I am also thankful for this community and the consistent demonstration of support within the 189th AW.

Spread the word! We want all families with special needs to benefit from our support group. We have quarterly support meetings and information on community/base resources. You can also stay updated by joining our 189th AW Airman & Family Readiness Facebook group at [www.facebook.com/groups/189thAFR](http://www.facebook.com/groups/189thAFR). If you are interested in participating or want information for someone else, please contact Ashley Morgan with Airmen and Family Readiness, the Chaplain, or Master Sgt. Rosemarie Sauvage. Let's "strand" together and increase our strength!



## Arkansas Run for the Fallen

The 7th Annual Arkansas Run for the Fallen will be held March 16-18, 2018.

In a reflection of remembrance, a team of runners will embark on a 146 mile run to honor Arkansas service members who have died while serving since September 11, 2001. The run will begin in Ozark, Ark., and will end 146 miles later on the steps of the state Capitol. Each mile of the run is dedicated to an Arkansas hero. A run team stops at each marker where they present an American Flag and a biographical card in honor of a fallen service member.

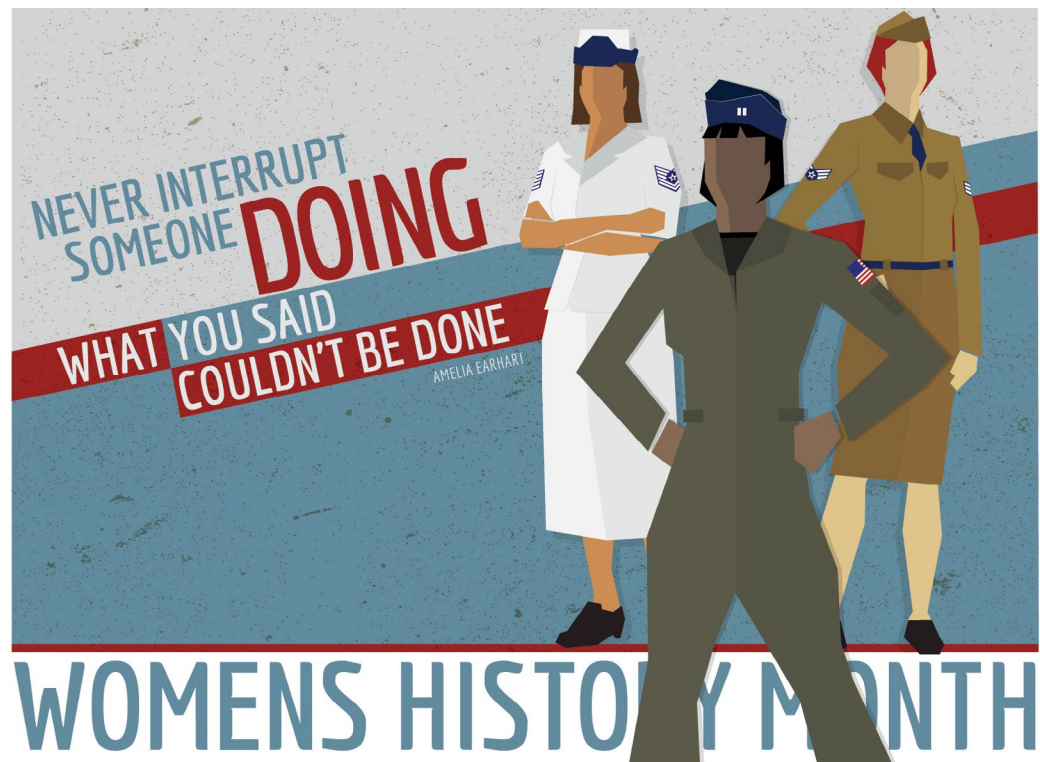
**Teams:** Four to six military member teams to run six mile legs. If a full team cannot be created, volunteers will fill in where needed.

**Requirements:** Each team member must be able to maintain a 9:45 mile pace for six miles. All runners will complete a six mile time trial on base and will be required to finish in 58:30. This ensures the event stays on track. Time trial days are Tuesdays and Thursdays.

**5K:** There will be a 5K on the last day that will finish on the steps of the State Capitol. This portion of the run will be open to the public.

This event honors fallen heroes and their families. Run teams will stay together and finish together. Families will be in attendance at some locations. We must continue to honor those who have given their lives for our freedom, as well as to honor the families who are left behind. For more information, contact Senior Master Sgt. Geoff Meyer at (501) 987-2190 or visit <http://arkansasrunforthefallen.org>.

### Celebrating Women's History Month



[www.facebook.com/189AW](http://www.facebook.com/189AW)

[www.instagram.com/189AW](http://www.instagram.com/189AW)

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## Arkansas Air National Guard's newest Chiefs honored at Chief Master Sgt. Recognition Ceremony

Congratulations to our newest Chief Master Sgt.'s Chad Cooley and DeeDee Glodowski! Your wisdom and experience are a great asset to the 189th Airlift Wing and the Air National Guard!



# High Timers hit milestone flight hours

By Senior Airman Kayla K. Edwards  
189th Airlift Wing Public Affairs

Sitting in a room with a seasoned group of flyers, it's no surprise that at some point, all of their eyes wandered up toward the ceiling as they counted the number of years they've been doing the job. Each of them has a different story about what led them to join the Arkansas Air National Guard and how their career started but they all share one thing in common: an undeniable love of flying.

Lt. Col. John Judy, Lt. Col. Phillip Moorehouse, Lt. Col. Donald Hullett, Senior Master Sgt. Greg Armstrong, Master Sgt. Bobby Duggar, and Master Sgt. Hugh Welch, who have been dubbed the "High Timers", have collectively accumulated more than 38,000 flight hours as of the beginning of February. But that isn't an arbitrary number. For these six members of the 189th Operations Group, their years of experience in the C-130H legacy aircraft have served them well in their respective jobs, but has also made a significant impact on the high-quality training that the wing provides.

The 189th Airlift Wing's primary mission is training future C-130 crew members, ensuring that the next generation of flyers is prepared to carry out the unique mission sets of their respective units. For the High Timers, training their students to fly the aircraft is not the most difficult part of their jobs. It's all of the things that don't have much to do with the technical aspect of the job that provides a challenge.

Master Sgt. Bobby Duggar, 189th OG loadmaster, explained that sometimes it can be difficult to keep students motivated. As a loadmaster instructor, Duggar often teaches the youngest members of the flight crew. Some of the loadmasters who come through the schoolhouse are as young as 18.

"Sometimes we have to build them up, keep them engaged, and encourage them to put forth their best effort," Duggar stated.

Part of the challenge is also helping students

understand the bigger picture. Senior Master Sgt. Greg Armstrong, 189th OG flight engineer, stated that he focuses on helping the new generation of students realize that instant gratification isn't possible in flying.

"Instant gratification becomes selfishness, and you can't think selfishly in flying because there's a much bigger picture than just what you're doing. And that can be hard to help someone understand, especially in the training environment," he said.

Another lesson that these veteran flyers try to impart upon their students is the importance of crew resource management and developing a rapport with their fellow crew members. Teaching them how to become comfortable with the crew and speaking up when they have something to say, regardless of the rank of the other crew members onboard, is an important part of training, says Lt. Col. Phillip Moorehouse, 189th OG instructor pilot. Moorehouse recounted a story of a routine navigator training flight in which he was the co-pilot, where a younger, less experienced crew member hesitated to engage in a conversation in which he had vital information to share with the crew.

"As we're flying along, we have a benign maintenance issue with an engine. We're all talking about the possible implications of the issue and we're having this very involved discussion for about 30 minutes about how to handle things, during which our loadmaster who at that time was fairly young and inexperienced, didn't speak at all. At the end of our long conversation, the youngest person in our crew, this loadmaster, finally says, 'Hey, I know you guys were having that big discussion about something up front and I didn't want to interrupt that but a little while ago, I saw a whole bunch of oil come off one of the engines.' Now this was the engine we'd been talking about the whole time but because of his level of inexperience, he didn't feel like he could be a part of that conversation."



"High Timers", as the group of seasoned aircrew members have been affectionately named, pose after their flight on February 2, 2018. Collectively, all six members of the crew have amassed more than 38,000 flying hours. (U.S. Air National Guard photo by Senior Airman Kayla K. Edwards)

Lt. Col. John Judy, 154th TRS instructor pilot, also acknowledged the challenge of getting students, as well as less experienced crew members, to stay engaged in the conversations and to not confuse his grey hair with omniscience. He stated that he has to remind the younger crew members that they are valuable members of the team and that their voices need to be heard.

"When I do an aircraft commander briefing, I tell my crew members not to look at me and think I know everything. I tell them to speak up because as the young person on the crew, they may realize something is wrong that we are looking past or may

not consider," Judy said.

All of the High Flyers admitted that some of the lessons they teach their students and fellow instructors are just a by-product of getting older and wiser.

"As the old heads, we know that learning comes from experiences and being able to ask questions. I can go up to someone who has more experience than me and ask 'why'. It's funny that now we're those guys that the younger generation is coming up to, asking the same questions we did," Judy said.

Master Sgt. Bobby Duggar, 189th Operations Group loadmaster instructor, looks out the window of a troop door prior to takeoff. Sergeant Duggar has more than 7,000 flight hours in the C-130H. (U.S. Air National Guard photo by Senior Airman Kayla K. Edwards)



# Air Force to institute new method to protect PII

Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- Air Force officials announced Feb. 6, 2018, emails containing personally identifiable information, and similar numeric constructs, will be blocked from transmission unless the email is encrypted. For members unable to send or receive encrypted emails, members will be directed to utilize the AMRDEC SAFE application.

This is not a change in policy, but a new method to halt PII breaches via email. PII is information about an individual that identifies, links, relates, or is unique to, or describes a member. For example – social security numbers (full or partial), age, marital status, race, salary, home/personal cell phone numbers, other demographic biometric, personnel, medical and financial information.

email response and provided with the option to either remove PII content, encrypt or send via AMRDEC SAFE. There are no user accounts for AMRDEC SAFE and authentication is handled via email and password. Everyone has access to AMRDEC SAFE. The application is convenient and intuitive to utilize.

If users send an email that contains a series of numbers that resemble PII information, the system will also block the email transmittal. In order for the email to transmit, the user will need to treat the email as if it does contain PII by encrypting the email or using AMRDEC SAFE. Feedback to the Help Desk in these instances will aid in changing the blocking tool “sniffers” to differentiate non-PII data in the future.

“Ideally, email would be the last medium used to transmit PII information,” said Col. Patrick Ryan, reserve advisor to the chief, information dominance and chief information officer. “However, if you have to send PII via email for mission accomplishment, then either encrypt or use AMRDEC SAFE.”

AMRDEC SAFE can be accessed through the following website: <https://safe.amrdec.army.mil/safe/Guide.aspx>

[army.mil/safe/Guide.aspx](https://safe.amrdec.army.mil/safe/Guide.aspx)

Additional Air Force CISO PII resources can be found under “Data Privacy Day 2018” <http://www.safcioa6.af.mil/Organizations/CISO-Homepage/Resources/>

For more information, please contact the PII Program Lead at (571) 256-2515 or DSN: 260-2515.

**How to send personally identifiable information (PII)**

**OPTION 1**  
**ENCRYPT**  
 and you're good to go!

**OPTION 2**  
**AMRDEC SAFE!**  
 it's convenient and everyone has access!

**OPTION 3**  
**OR... BE BLOCKED!**  
 make sure your message gets there... It's all about PII Security!

“The Air Force depends on reliable, secure communications to operate,” said Under Secretary of the Air Force Matthew Donovan. “Ensuring confidentiality of every Airman’s personal information is part and parcel for maintaining operational security, as well as an inherent command responsibility”.

Users will be notified via a dialogue pop-up box or

# First Arkansas National Guard Senior Enlisted Leaders Conference held at Camp Robinson



Maj. Gen. Mark Berry, Arkansas Adjutant General, addresses airmen and soldiers attending the first Arkansas National Guard Senior Leaders Conference at Camp Joseph T. Robinson on February 2, 2018. Arkansas’ top enlisted leaders from both the ANG and ARNG met for the first time at a joint service conference to discuss the top priorities of the enlisted leaders of the Arkansas National Guard, as well as exchange information and ideas about engaging with airmen and soldiers at every level. (U.S. Air National Guard photo by Senior Airman Kayla K. Edwards)

**Windows 10 IS HERE!**

All users will be migrated by **31 March 2018** or users risk being quarantined from the Air Force Network

**What to Expect**

- Coordination with Professional Schedulers
- Migration efforts handled by Expert Deployment Techs
- Helpful After Action Techs to resolve any of your issues

**What to Do**

- Manually Backup/Save Your Data to an Approved Share Drive
- Inform Surveyors and Deployment Techs of any Special Software or Hardware
- Provide Physical Access & Full Cooperation to our Team Technical Windows 10 Staff

If you currently have a Windows 7 computer, you are on the list for a replacement or Windows upgrade. Please ensure you save all important information in your “L” drive or another safe location. For questions or more information, please contact the 189th Airlift Wing Comm Focal Point or SMSgt Walt McCloud.

# Check out these March events!



**ST. PADDY'S DAY 5K**  
LITTLE ROCK AFB

**3-4 PM**  
**16 MARCH**

FIRST 50 PEOPLE TO REGISTER BY 15 MARCH WILL RECEIVE A FREE T-SHIRT!

PRIZES AWARDED TO TOP MALE & FEMALE FINISHERS

SPONSORED BY  
5 STAR NUTRITION FLEET FEET Sports EASY RUNNER

\*Part of the Wingman Weight Loss Challenge  
race starts & ends at HANGAR 1080 | 987-7716  
\*no federal endorsement intended



**Swing Forward**  
GLOW BALL TOURNAMENT  
9 HOLE, 2 PERSON SCRAMBLE

10 MARCH • SHOTGUN START AT APPROX. 6 PM  
FOOD SERVED AT 5 PM • PRIZES AWARDED TO WINNERS

REGISTER BY 8 MARCH • \$15 PER PERSON  
\*includes greens/cart fee, food & 2 glow balls

**R4R**  
RECHARGE FOR RESILIENCY

\*Maximum of 18 people can participate. Weather permitting  
at DEER RUN GOLF COURSE | 987-6825



**SKYDIVE WITH ODR**

**SAT, 7 APRIL**  
REGISTER BY 23 MARCH

\$45 FOR R4R QUALIFYING PARTICIPANTS  
\$200 FOR ALL OTHERS

GO ON THIS ONCE IN A LIFETIME ADVENTURE WITH WEST TENNESSEE SKYDIVING IN MEMPHIS, TN!  
ACTIVE DUTY PRIORITY REGISTRATION OPEN NOW - 2 MARCH.  
REGISTRATION OPEN TO ALL ON 5 MARCH.

**R4R**  
RECHARGE FOR RESILIENCY

\*For more information on Recharge for Resiliency (R4R) qualifications, please visit [www.rockinatherock.com/R4R](http://www.rockinatherock.com/R4R).  
\*Must be under 225 lbs if less than 6' tall or 230 lbs if 6' tall & over. Minimum of 10 people must register.  
with **OUTDOOR RECREATION** | 987-3365



16-18 MARCH

SAVE SOME GREEN GOLF SALE

AT LEAST 30% OFF

SELECT TITLEST WEDGES, COBRA DRIVERS, UTILITY CLUBS & PUTTERS, FOOTJOY & PUMA SHOES, & GOLF SHIRTS FROM CUTTER & BUCK!

at the DEER RUN GOLF COURSE PRO SHOP | 987-6825

# CMSAF discusses the innovation of Airmen

By Staff Sgt. Megan Friedl  
Defense Media Activity



Chief Master Sgt. of the Air Force Kaleth O. Wright speaks about harnessing the innovative spirit of Airmen during the Air Force Association Air Warfare Symposium in Orlando, Fla., Feb. 22, 2018. (U.S. Air Force photo by Wayne A. Clark)

ORLANDO, Fla. (AFNS) -- Chief Master Sgt. of the Air Force Kaleth O. Wright discussed how to harness the innovative spirit of Airmen during the Air Force Association Air Warfare Symposium in Orlando, Florida, Feb. 22, 2018.

Wright stated that many Airmen ask him how can they continue to do more with less. Rather than answering that question, he has a few questions of his own.

“How can we do less, do it better, do it faster, be more efficient, and ultimately create a more ready and lethal joint fighting force,” asked Wright. “The answer is innovation.”

Since its inception, the Air Force has been in the business of innovating and adapting its culture and technology.

The National Defense Strategy states that to maintain the advantage, the service must out-think, out-maneuver, out-innovate and out-partner rogue regimes and anybody that tries to harm America.

Ten to 20 years from now, the Airmen of today will

be fighting wars with what the Air Force is building now. It will be innovative technology that takes the Air Force to the next level in that fight.

“We have to allow Airmen to fail forward,” said Wright. “We must listen and provide opportunities. Do you have a culture in your organization that allows Airmen to provide ideas?”

He highlighted an Airman who was encouraged to share his idea. Tech. Sgt. Jeffrey Curtin, a broadcast journalist stationed at Hurlburt Field, Florida, came up with the idea to use 360-degree video cameras for the flight training program at NASA. This video can provide so much more than a simulator can, said Wright. It can be used in the classroom, it saves money, and multiple people can use it at once. It will help those in the training pipeline become comfortable with takeoffs and landings at almost any airport in the world.

“We all have to figure out how to be comfortable with taking risks and allowing Airmen to generate ideas,” said Wright. “Being innovative is about trust and empowerment. I trust our Airmen will help us get to where we need to be ... leaders must help them get to yes.”





Join Us: CMSgt (Ret.) Denise M. Jelinski-Hall, Guest Speaker, Women's History Month

# WOMEN'S HISTORY MONTH

**DENISE M. JELINSKI-HALL**  
CMSGT (Retired)

**4 MARCH 2018**

**9:30 AM**

**OPS AUDITORIUM  
BLDG 118**

**CONTACT  
CMSGT DEEDEE GLODOWSKI  
(501) 987-7651**



CMSgt (Retired) Denise M. Jelinski-Hall holds the distinction of having achieved the highest position ever held by an enlisted female in the history of the United States Armed Forces, all branches and components. In her duties as the Senior Enlisted Leader, she advised the Chief of the National Guard Bureau (a member of the Joint Chiefs of Staff) on all matters affecting training and utilization, health of the force and enlisted professional development of over 415,000 National Guard Enlisted Soldiers and Airmen.

Editor's note: The publishing date for the Warrior newsletter has been adjusted to reflect the coming month rather than the previous month. This will allow the wing to address special observances and awareness months ahead of time. Please send submissions and ideas to: [kayla.k.edwards2.mil@mail.mil](mailto:kayla.k.edwards2.mil@mail.mil)



## Warrior of the Month: Senior Airman Jimmie Duvall



**Rank and Name:** SrA Jimmie DuVall  
**Unit:** 189th Civil Engineer Squadron  
**Hometown:** Hattiesville, Arkansas  
**Job Title/Position:** Pavements and Construction Equipment Journeyman  
**Guard Status:** Traditional  
**Civilian Employment:** Methodist Family Health, Therapeutic Recreation Department  
**Time in Service:** 3 Years

**Goal:** To be able to serve in a meaningful way and know that I did my part.  
**Core Value:** Service before self has been an ongoing lesson for me. Seeing fellow Airmen who are so giving of their time and talents to put others and the mission before themselves has challenged me to be better each day.



# PROMOTIONS



To Colonel  
Wes Nichols, AR ANG HQ



To Technical Sergeant  
Toby Tucker, 189th CF



To Staff Sergeant  
William Thornton, 189th OG



To Senior Airman  
Ashlyn Hendrickson, 189th OG

# PME GRADUATES

*Senior Noncommissioned Officer Academy*  
Master Sgt. Shawn Engelstad

*Airman Leadership School*  
Senior Airman Austin Appleby  
Senior Airman Sarah Sims  
Senior Airman Bradley Johnson  
Senior Airman Brandon Lewis

*Congratulations promotees and PME graduates on reaching the next level in the Air National Guard. Your dedication and service to the Arkansas Air National Guard did not go unnoticed! Keep up the good work!*

# YOU ARE A TARGET!

Recently, there has been an **INCREASE** in **FOREIGN** nationals attempting to add **USAF** members on **SOCIAL MEDIA** in an attempt to elicit information!

- Have you received a Facebook friend request from someone you don't know, who appears to be from a foreign country?
- Have you received social media messages from foreign nationals requesting your assistance?



If this has happened to you, contact  
**SA MEGHAN HILTON**  
**IMMEDIATELY**  
at 501-987-6116 or  
meghan.hilton@us.af.mil or  
call the duty agent at 501-779-0043