



GUARDIAN WEEKEND
Fun things to do at Point Defiance Park, 3c

ALSO INSIDE
Going to school on personal finances, 3A

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AFRICAN-AMERICAN HISTORY MONTH

JBLM celebrates African-American heritage

Annual event includes live music and Living Voices performances

BY SGT. MARICRIS MCLANE
16th Combat Aviation Brigade

African-Americans in the United States have played a big role in almost every war the country fought. In recognition of their contributions to the country's history and wars the country fought, the month of February is the official African-American History Month. Joint Base

Lewis-McChord celebrated African-American History Month during an observance ceremony held at Carey Theater Tuesday.

The 16th Combat Aviation Brigade hosted the JBLM event and invited artists to perform.

"Throughout history, we had to fight for our freedom," said Mark Peterson of Lakewood, an

African-American actor with the theater company Living Voices.

For example, during the Revolutionary War, the government recognized the need for more men.

"To win that war, they knew they needed everybody, everybody from the colonies," Peterson said. "They won the war because everyone contributed — including the African-Americans."

The country's history is filled



Blues artist Jules Jones performs a song called "Survive" during the JBLM African-American History Month ceremony at the Carey Theater Tuesday.

SEE JBLM, 8A

17TH FIELD ARTILLERY BRIGADE

OVERCOMING HURDLES



1st Lt. Austen McCleary, left, and Spc. Krystina Joseph, 256th Signal Company, 308th Brigade Support Battalion, 17th Field Artillery Brigade, use a chemical agent detector kit as part of their training on Joint Base Lewis-McChord Feb. 11.

Thunderbolt Brigade leaders use exercise to assess unit readiness

BY SGT. JACOB KOHRS
17th Field Artillery Brigade Public Affairs

Maintenance Soldiers are performing a routine gray water pickup when yellow smoke starts to fill the air. A horn blows, everyone hurriedly dons their gas masks and starts giving the arm signals for a chemical attack.

They quickly finish securing the water onto the truck, jump in the vehicles and move away from the contaminated area.

This is one of the scenarios that Soldiers from the 17th Field Artillery Brigade's 1st Battalion, 94th Field Artillery Regiment and 308th Brigade Support Battalion had to work through during the brigade's batteries and companies evaluations Feb 8 to 14.

"This exercise gives our (batteries and companies) commanders an outside set of eyes, looking in to give an honest assessment of their unit," said

SEE EXERCISE, 8A



Soldiers from the 17th Field Artillery Brigade, transfer rocket pods from one truck to another on Joint Base Lewis-McChord Feb. 11.

FAMILY READINESS

Senator gets look at JBLM facilities

School, CARES facility on tour

BY RUTH KINGSLAND
Northwest Guardian

Senator Patty Murray got a look at a few new educational facilities on Joint Base Lewis-McChord Feb. 16 as she toured Evergreen Elementary School and the JBLM Center for Autism Resources, Education and Services.

"I've been hearing about this center and how wonderful it is, and I've been following the school forever," Murray said, as she concluded a tour of the facilities.

Evergreen Elementary School opened in April 2017 and was built through a \$40.3 million Department of Defense grant. It was the sixth and final elementary school to be built on JBLM funded by, initially, the Defense Appropriations Act of 2011 and subsequent 2015 Act.

Murray, along with other local lawmakers — including U.S. Rep. Denny Heck and former U.S. Rep. Norm Dicks — helped push for passage of those acts to secure funding for schools on military bases. She spoke of the value of taking care of military children.

"This is the most important thing, and we know it's the right thing to do — to care for our service member's families so they can do their jobs," Murray said.

Evergreen not only offers a

SEE TOUR, 8A

DEPARTMENT OF DEFENSE OFFICE OF PERSONNEL AND READINESS

New policy to crack down on force deployability

BY TERRI MOON CRONK
Department of Defense News Service

WASHINGTON, D.C. — The Defense Department has a "higher expectation" of deployability by its forces James Mattis, secretary of defense, said Saturday.

Speaking with reporters on a return flight from Germany to Washington, D.C., Mattis said the undersecretary of defense for personnel and readiness last week defined a problem that

initially was brought to his attention by the Army, where "many nondeployables were on their rolls."

Aside from combat-injured service members who are in a separate category, Mattis said, the issue concerns service members "who are, just for one reason or another, not able to deploy with their units. It was a significant number, and the Army brought their concerns

SEE POLICY, 8A



AIRMAN 1ST CLASS MYA CROSBY 355th Fighter Wing Public Affairs / 2017

Airmen from Davis-Monthan Air Force Base, Ariz., board a C-17 from Joint Base Lewis-McChord before deploying to Turkey Jan. 10, 2017.



555th Engineer Brigade Public Affairs

Soldiers process a simulated casualty at an exercise at Satsop that ran Feb. 11 to Saturday.

SPECIALIZED TRAINING

Soldiers train at a former nuclear facility to train for the Defense Chemical, Biological, Radiological and Nuclear Response Force mission. **See story, 3A**

MUSEUM OF GLASS HOT SHOP HEROES



JAY RINEHART

Service members and veterans are helping to create an exhibit of glass poppies to commemorate the 100th anniversary of Armistice Day at the Tacoma Glass Museum.

Service members create commemorative exhibit

BY RUTH KINGSLAND
Northwest Guardian

If you know much about World War I and the Battle of Ypres in Belgium, chances are you’ve heard of Flanders Fields and the many red poppies that grow at and around the cemetery where, among other service members, 411 Americans are buried.

Poppy-related artwork was commissioned last year in several countries, including England and America to make sure the “war to end all wars” was not forgotten.

One such exhibit is at the Tacoma Glass Museum’s, “Poppies of Remembrance: Commemorating the 100 year anniversary of Armistice Day,” where 100 glass poppies were commissioned by Michael Mitchel, commander of the United States’ oldest Veterans of Foreign Wars, Post No. 1, in Denver.

The exhibit — which is open now to March 4 — includes 60 of the 100 glass poppies created

through the Hot Shop Heroes program, a partnership begun in 2013 between the Glass Museum and Joint Base Lewis-McChord for service members and veterans, many dealing with traumatic events and injuries experienced in combat.

The program is focused on safety and team building, according to Jana Marcella, marketing and communications director at the Museum of Glass.

“Participants have to learn to trust and forget their troubles — they have to give 100 percent — while creating the glass artwork together,” Marcella said.

Michael Daley, an Army veteran and former JBLM Soldier, is an instructor at the Glass Museum and volunteer with Tacoma’s Hilltop Artists, a program for youth. At the Glass Museum, he teaches beginning glass work and works with the Hot Shop Heroes program.

Daley said that he and other veterans and service members benefit from the program.

“It’s dangerous and you have to stay focused,” he said. “You’re working as a team with other military.”

Daley has been working in glass for nearly three years and was involved previously in helping create a solar system glass project with Hot Shot Heroes that’s now displayed at Madigan Army Medical Center.

He said being part of the “Poppies of Remembrance” project has been interesting for him and other service members because the project is a symbol of the lives and deaths of other military men and women.

“It’s kind of difficult to think of what those vets went through,” he said. “People think we go through a lot, but back then, it was crazy. It’s fun to be part of something this meaningful.”

After the “Remembrance” exhibit closes, the poppies will be transported to Denver where they will be displayed for four or five months and eventually sold through the VFW Post No. 1.

MILITARY SAVES WEEK

On the path to financial readiness

BY DEAN SIEMON
Northwest Guardian

Saving money can be quite a daunting task for anyone, especially service members and their families. There are ways to start with small changes and work your way up — like starting to save \$10 a month and eventually saving \$100 or more.

Those topics and more will be covered in various workshops and classes during Joint Base Lewis-McChord’s Military Saves Week, which kicks off Monday at 1 p.m. inside Waller Hall.

The kickoff event will include a cake cutting ceremony and representatives from Armed Forces Bank, America’s Credit Union and Harborstone Credit Union as an introduction to saving practices that can be done year-round.

“When a (service member) or a family member walks up and they ask about their (Thrift Savings Plan) or how they can cut back on their spending, that’s what we can do (to help),” said Donna Gotel, Financial Readiness Program manager for JBLM’s Directorate of Personnel and Family Readiness.

Stone Education Center will also be hosting TSP workshops at Stone Education Center Monday from 9 to 11 a.m. and 1 to 3 p.m. and on Tuesday from 1 to 3:30 p.m.

The week continues Tuesday with Hawk Education Center on Lewis North hosting a class on buying cars from 9:30 to 11 a.m., while Stone Education Center will host a Financially Fit class from 9 to 11:30 a.m. focusing on the strategies of reducing debt, paying bills and putting money away in savings accounts or investments.

The Child and Youth Services’ Youth Center on Lewis Main will host the Game of Life workshop Wednesday from 5 to 6 p.m., which aims to prepare teenagers for the challenges of adulthood. Each youth will spin the wheel for a career and then



KRISTEN WONG U.S. Army Garrison-Hawaii

Staff Sgt. Fabian DeJesus Jr. of Directorate of Emergency Services helps illustrate Military Saves Week for the Hawaii Army Weekly. Military Saves Week runs from Tuesday to March 3.

If you go

What: JBLM Military Saves Week Kickoff

When: Monday at 1 p.m.

Where: Waller Hall, 2140 Liggett Ave., Lewis Main

More online: tinyurl.com/ycllxanw

manage expenses like car payments and a mortgage.

“They spin the wheel and let’s say they land on ‘doctor;’ they make \$100,000,” Gotel said. “If you were to make this amount of money for the year, how are you going to use it wisely?”

The same type of questions will be asked during the “If I Had \$1,000,000” workshops hosted at the JBLM Armed Forces Community Services center on McChord Field Thursday from 9 to 11 a.m. and 1 to 3 p.m.

JBLM Military Saves Week concludes with plenty to do

March 2, starting with estate planning at the DPFR conference room in Building 2013 on Lewis Main from 9 to 11:30 a.m.

Waller Hall will be the site of several events throughout the day, highlighted by guest speaker Jeff Dade about “Reframing \$hame” from 9 to 11:30 a.m. and “Five Love Languages and Money Personalities” from 1 to 3:30 p.m. Dade is an accredited financial counselor with Military OneSource who has grown up in a military family himself.

“Actually being a prior military (family member), he understands (permanent change of station orders) and he understands what it was like growing up,” Gotel said.

Waller Hall will also host a consumer protection resource table March 2 from 1 to 3:30 p.m., along with classes on how to avoid charity scams from 1 to 2 p.m. and avoiding identity theft from 2:15 to 3:15 p.m.

For more information, call 253-967-1453 or visit tinyurl.com/ycllxanw

Dean Siemon: 253-477-0235, @deansiemon

NEWS IN BRIEF

627th ABG, 17th FA Bde. win the 2017 Commander’s Cup honors

Winners in two divisions were named for the 2017 Joint Base Lewis-McChord Commander’s Cup sports season — the 627th Air Base Group (Silver Star Division) and the 17th Field Artillery Brigade (Purple Heart Division).

Units earned points throughout the year based on overall participation, regular season record and final league playoff results. Both units made a late push near the end of the year to secure their Commander’s Cup victories.

Two squadrons from the 627th ABG had key championship performances that helped the group win the Silver Star Division. At the end of the year, the 627th Logistics Readiness Squadron was able to defeat the 308th Brigade Support Battalion in the 2017 JBLM Commander’s Cup Indoor Soccer Championship, 6-2, Nov. 9.

The 308th BSB team, under 17th FA Bde., was the defending champions in the league’s inaugural championship in 2016. Fredy Cordova led the 627th LRS with four goals in the third, 10th, 32nd and 39th minutes of the 40-minute match — he was named the championship’s MVP.

The 627th Communications Squadron also earned points for advancing to the JBLM Commander’s Cup Flag Football championship game Oct. 5. The team lost to the 502nd Military Intelligence Battalion, 42nd Military Police Brigade, 39-27.

The 17th FA Bde. had teams in several JBLM intramural leagues, but also had a large turnout at cross-country running events. The brigade scored 34 team points, edging out the 42nd MP Bde. and the 555th Engineer Brigade to win the team title at the JBLM Commander’s Cup 5K Championship.

Bentley Bonnell, 1st Battalion, 94th Field Artillery Regiment, won the overall individual title in a field of more than 100 runners with a time of 16 minutes and 26 seconds.

— DEAN SIEMON, NORTHWEST GUARDIAN

Nominations accepted for JBLM’s 5 Volunteer of the Year awards

Nominations are being accepted for the Joint Base Lewis-McChord Volunteer of the Year award now to March 19.

Category descriptions are:

- **Adult Volunteer of the Year:** JBLM volunteers who are spouses of active duty members and civilian volunteers.
- **Active-Duty Volunteer of the Year:** JBLM volunteers who are active-duty service members stationed at JBLM.
- **Retiree Volunteer of the Year:** JBLM volunteer must be a retired service member, spouse of a retired service member or retired from a civilian job.
- **Family Volunteer of the Year:** Nomination must include the impact and contributions of each family member as a JBLM volunteer.
- **Community Volunteer of the Year:** Nominations are for volunteers who volunteer on JBLM, but contribute the majority of their volunteer service to communities/organizations outside of JBLM.

Nomination forms and category information flier are available at the Installation Volunteer Office at the Family Resource Center, by an email request to lori.j.parker2.civ@mail.mil or by visiting jblmafcs.com.

To nominate an individual or family, describe in no more than 750 words the volunteer’s or family’s accomplishments, the impact of their accomplishments to the organization or community and why the nominated individual or family should be recognized as the particular Volunteer of the Year.

Nominations must be accompanied with a completed nomination form and may be hand-carried to the Family Resource Center 4724 Idaho Ave., or emailed to lori.j.parker2.civ@mail.mil by March 19 at 4:30 p.m.

Winners will be announced at the annual at the annual JBLM Volunteer Recognition Ceremony May 10.

For more information, call 253-967-2324.

— INSTALLATION VOLUNTEER OFFICE

JBLM Exchange help shoppers kick their fitness into high gear

Joint Base Lewis-McChord Soldiers, Airmen and families can get expert help at the Exchange’s 5 Star Nutrition center located on Lewis North, to help keep in shape all year long.

JBLM’s 5 Star Nutrition offers a free consultation, which includes using InBody machines that provide medical-grade body composition analysis to track body fat and lean muscle mass to monitor results. The analysis is combined with customized meal planning and free samples of almost all products for a comprehensive fitness and nutrition plan.

“The Exchange partners with vendors like 5 Star Nutrition to help service members and their families take their fitness to the next level,” said Mike Einer, JBLM Exchange general manager. “A BE FIT lifestyle is a priority to both military service and an active family life.”

The Army and Air Force Exchange Service is focused on bringing BE FIT products, meals and snacks to Soldiers and Airmen as well as offering national brands to military shoppers at competitive prices.

JBLM’s 5 Star Nutrition store, one of 12 locations on military bases, is located at Bldg. 11566 next to the Lewis North Express. Its hours of operation are:

- weekdays from 10 a.m. to 7 p.m.
- weekends from 11 a.m. to 6 p.m.

The Exchange’s 5 Star Nutrition center offers a 25 percent discount for active and retired military.

— JBLM EXCHANGE

Army Emergency Relief holds its kickoff event Friday on JBLM

The Joint Base Lewis-McChord Army Emergency Relief program will have its campaign kickoff at Carey Theater Friday at 9 a.m.

The campaign runs from Thursday to May 15 and is about Soldiers in need and being a part of the Army tradition of “Soldiers helping Soldiers” and “Helping the Army take care of its own.” Donations to AER are tax deductible and can be made with a personal check, allotment, cash, credit or debit card.

This is the 76th year of the AER campaign, which provides service members and their families emergency financial assistance in the form of interest-free loans, grants or a combination of both, during valid emergencies requiring immediate assistance. The program also provides scholarships for military spouses and children.

It also gives undergraduate-level education scholarships, based primarily on financial need, to children of Soldiers, spouses of active-duty Soldiers and Gold Star spouses.

In 2017, JBLM’s AER provided Soldiers and their families more than \$2.3 million in assistance.

For more information, visit jblmmwr.com/acs/acs_aer.html.

— RUTH KINGSLAND, NORTHWEST GUARDIAN

QUOTE OF THE WEEK

“As witnessed over the past decade, the security environment can change quickly. Technology is constantly evolving. Adversaries are seeking to use these (nuclear weapon) technologies to advance their own capabilities and put ours at risk. Hedging against an uncertain future means ensuring we’re always ready, always confident, no matter what the future holds.”

Air Force Gen. John Hyten
Commander, U.S. Strategic Command

ALSO INSIDE



DEAN SIEMON Northwest Guardian

JBLM HOCKEY: Members of the JBLM hockey team workout in preparation for the upcoming rivalry game against Navy. **See story, 1B**

NWGUARDIAN.COM

● **Blood donors honored:** The Armed Services Blood Bank Center-Pacific Northwest at Joint Base Lewis-McChord recently conducted its annual donor recognition ceremony to honor apheresis donors, whole blood donors and military commands for making a difference with their donations and support. Because of their unwavering support, the blood center was able to continually provide lifesaving blood and blood products to ill or injured service members and their families in 2017.

● **Spreading the message:** Chaplain (Lt. Col.) Khallid Shabazz, the 7th Infantry Division chaplain at Joint Base Lewis-McChord, was the guest speaker at the Fort Hunter Liggett’s Four Chaplains Memorial Prayer



Luncheon Feb. 14. Shabazz and the others speakers used the event to share the story of four chaplains during World War II. Among the 900 men on the Army Transport Dorchester, that was torpedoed in 1943, were four chaplains from different walks of faith, who, despite their differences, calmly united to assist others in boarding lifeboats in the midst of the chaos and panic.

864TH ENGINEER BATTALION

Training for a nuclear disaster

Unit simulates a nuclear scenario on American soil

BY 1ST LT. ERIC GINGUE
555th Engineer Brigade
Public Affairs

ELMA, Wash. — Soldiers from the 864th Engineer Battalion, 555th Engineer Brigade, executed Operation Pacemaker Response at Satsop Business Park, in Elma, Wash., from Feb. 11 to Saturday to train for the Defense Chemical, Biological, Radiological and Nuclear Response Force mission.

The exercise simulated a 10-kiloton nuclear device detonation on American soil, a doomsday scenario that the Pacemakers hope to avoid, but are ready to respond to. Hundreds of simulated civilians, both role-players and manikins, were in need of rescue due to the incident.

The exercise simulated a complex variety of situations, with some panicked civilians able to move under their own power and some needing rescue from collapsed areas and tunnels. The 864th Engr. Bn. was evaluated on its ability to perform mission command to the 547th Area Support Medical Company, 10th Chemical Company and 66th Military Police Company, none of which are organic to the battalion.

The Soldiers, known as the Pacemakers, directed the companies as they performed their separate, specific tasks — mass decontamination, reconnaissance and site security.

The challenges were many, specifically the problem of



SGT. JESS NELSON 555th Engineer Brigade Public Affairs

10th Chemical Company Soldiers man the Mass Decontamination Line as a part of Operation Pacemaker Response. The exercise ran Feb. 11 to Saturday.

quickly integrating units who have never worked together before. Lieutenant Colonel Jonathan Johnston, 864th Engr. Bn. commander, said he was

proud of what the combined force achieved.

“It is remarkable how much we can accomplish when we combine the professionalism

and motivation of our junior leaders with the extensive expertise of our Department of the Army civilians,” Johnston said. “In only four days, we

“It is remarkable how much we can accomplish when we combine the professionalism and motivation of our junior leaders with the extensive expertise of our Department of the Army civilians.”

Lt. Col. Jonathan Johnston
Commander, 864th Engineer Battalion, 555th Engineer Brigade

brought together four units and nearly 300 service members for the first time and exceeded our proficiency standards.”

The 864th Engr. Bn. will assume Defense Chemical, Biological, Radiological and Nuclear Response Force responsibilities in June.

The battalion will be a part of the response force for one year, and during that time the Pacemakers will remain ready at all times to respond to a chemical, biological or nuclear incident.

The location is a unique training facility available to Joint Base Lewis-McChord Soldiers. Satsop construction was well along in the 1970s and the plant about 75 percent complete, with the reactor installed, when the project was halted. The cooling towers, which had never produced a breath of steam, were left in place while all hardware related to power generation was removed.

The inactive nuclear facility provides Soldiers with a realistic training environment to perform urban search and rescue and mass decontamination in response to simulated industrial accidents, nuclear incidents, and nuclear attacks.

FINANCIAL PEACE UNIVERSITY

Soldiers step toward financial peace

Chaplains host a six-week course helping Soldiers

BY SGT. 1ST CLASS MIRIAM ESPINOZA
593rd Expeditionary Sustainment Command

Financial debt has the power to bring stress into your personal and professional life. From marital problems to obtaining a security clearance, your finances can keep you from doing the things you want to accomplish.

To help Soldiers and their families avoid any of these issues, the 593rd Expeditionary Sustainment Command chaplain’s office hosted a six-week Financial Peace University course from Jan. 10 to Feb. 14 on Lewis-North.

The specialized course provided Soldiers with the skills to be successful at managing their finances.

“Whether you are single or married, Soldiers need to be good stewards of (their) finances and all of us can improve in our financial management skills,” said Chaplain (Maj.) Shannon Philio, 593rd Expeditionary Sustainment Command deputy command chaplain. “So many problems arise out of mismanagement of finances, and getting into debt can affect



SGT. 1ST CLASS MIRIAM ESPINOZA 593rd Expeditionary Sustainment

relationships as well as mission readiness.”

The course focused on saving money toward an emergency fund, getting rid of debt, budgeting, investing, understanding the credit score and making smart purchasing decisions.

“I wanted to learn how to manage my money better, but one of the biggest things I learned in the course was how to manage my credit and how important that is,” said Spc. Alexia Marrow, Headquarters and Headquarters Company,

593rd Expeditionary Sustainment Command.

Ten Soldiers and family members attended the course, which was held every Wednesday for two hours. Each week, the course focused on a separate subject and had discussions on how to apply the fundamentals they were learning throughout the course to their day-to-day lives.

“Since attending this class, I have paid my credit card debt and have started my emergency fund,” said Pfc. Errin Arnold,

HHC, 593rd ESC. “Coming here weekly helped me refocus and keeps me motivated to follow my budget.”

The military partnered with FPU in 2001 to help Soldiers and family members learn how to handle money. Financial Peace University was founded in 1994 by Dave Ramsey to teach people how to take control of their money.

“FPU is a great opportunity for Soldiers and family members to learn how to create a budget, pay off debt, make wise

Sgt. First Class Arthur Woods, Financial Peace University instructor, gives a block of instruction on smart purchasing decisions during a Financial Peace University course at the 593rd Expeditionary Command Chaplain’s office Feb. 14.

“Since attending this class, I have paid my credit card debt and have started my emergency fund. Coming here weekly helped me refocus and keeps me motivated to follow my budget.”

Pfc. Errin Arnold
Headquarters and Headquarters Company, 593rd Expeditionary Sustainment Command

spending decisions and save for the future,” said Sgt. First Class Arthur Woods, FPU instructor and 593rd ESC master religious noncommissioned officer.

I Corps has scheduled a free nine-week Financial Peace University course from March 7 to May 2. The course will be held every Wednesday from 5:30 to 8 p.m. at the Lewis North Chapel. Dinner, day care and financial training for teens will also be provided.

Soldiers and family members can register for the course at tinyurl.com/ycfg6gca.

“It is a great program to help Soldiers to stay clear of some of the traps out there and get into a plan to financial independence and financial success to achieve peace of mind,” Philio said.



**Commander, I Corps and
Army Senior Commander, JBLM**
Lt. Gen. Gary Volesky

**Commander, 62nd Airlift Wing and
Air Force Senior Commander, JBLM**
Col. Rebecca Sonkiss

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STRAIGHT TALK

To join the “Straight Talk” conversation, visit facebook.com/JBLewisMcChord



What made your Valentine’s Day special this year?

- “It lasted an extra day!”
— ANN WOO
- “Got a burrito bowl MRE.”
— ELEAZAR ANDRES
- “Husband and I spent it in Hawaii.”
— MEGAN BRAHOLLI
- “Time with family, a heart-shaped pizza, home-made cards from my kids. And surprise gifts from coworkers.”
— KENNETH HART
- “Finding a valentine balloon in my front yard, two days later. I don’t know how it got there, there was no wind that day. It wasn’t thrown in the yard, it was placed by a fence. I love a mystery.”
— SANDRA VANORMAN
- “Fiancé is at training so he sent me flowers.”
— DANA ROSE
- “Getting a lovely card from my daughter and family made my day.”
— JERI RANDOLPH
- “When I went to the Valentine’s Zumba.”
— GRODI ALICE

Next week’s question

What’s your favorite Meal, Ready-to-Eat?

VIEW FROM THE TOP

Learning the values of life makes us stronger

BY SGT. MAJ. EL SAR
*I Corps Command Chaplain
Sergeant Major*

Over the past month, Unit Ministry Teams across Joint Base Lewis-McChord have organized and conducted many events focusing on resiliency and values of life. These are terms we hear often in the Army, either through training, or doctrine, but I think it is very important to understand exactly what it means and why it is important.

Resiliency is defined as the mental, physical, emotional and behavioral ability to face and cope with adversity, adapt to change, recover, learn and grow from setbacks. We all know how important these skills are to Soldiers and their families.

The nature of a Soldier’s job involves constantly adapting to an ever-changing environment. However, understanding resiliency means understanding the different aspects that go into strengthening it for each individual.

The spiritual, emotional, social, physical and family health of each individual builds resiliency and form together to provide a comprehensive fitness.

These aspects fit together like different pieces of a puzzle, and very often, as one piece starts to slip, the others can crumble as well. As leaders, peers, friends and family members, it is on us to make sure that we are maintaining these areas of our lives to not only build resiliency and fitness within ourselves but for those that depend on us.

In turn, we have to be aware of how others are doing in these areas and be willing to help out when we see someone struggling. In the Army, this is crucial for readiness, leadership, team and unit success and a myriad of other facets within the Army life. However, the holistic nature of comprehensive fitness and resiliency is also important in developing skills for happiness and success after the Army.

Developing resiliency and comprehensive fitness enables each individual to not only obtain those skills and traits but to share and teach them as well, creating values of life

These past months, I Corps Command Chaplain and JBLM Unit Ministry teams executed Values of Life Physical Readiness Training, the National Prayer Breakfast and many other chaplain programs at unit level promoting Soldiers’ care, building a



PETTY OFFICER 2ND CLASS JOSHUA FULTON U.S. Navy Photo / 2016

A U.S. service member snaps a selfie with at Don Bosco Technical School in Cambodia in 2016. Schools have changed drastically in Cambodia since Sgt. Maj. El Sar escaped with his life as a child.

strong team, increasing resiliency and improving Soldiers and families’ quality of life.

Every day on and off-duty hours, weekends and holidays, we need to slow down and enjoy the meaning of life. In the morning say hello to each other and share a cup of coffee. This way, as we start our daily operations, we start with a good attitude and as a team, building trust, which is a key ingredient in the values of life.

I grew up in the jungles of Cambodia and lived through the Vietnam War, Cambodian civil war, The Khmer Rouges’ Killing Fields, the Vietnamese invasion of Cambodia, Thai refugee camps and housing projects (Section 8). I was slapped, thrown in prison, hands tied behind my back, shot at, nearly drowned in a river, walked three days and three nights through the thick jungles of Cambodia and evaded Vietnamese troops, the Khmer Rouge, pirates, criminals, Thai security forces and avoiding more than 11 million landmines.

When my family and I arrived outside of a Cambodia-Thai refugee camp, we were robbed by Thai security forces, who took everything we had. I lost my grandparents, father, brother, uncles, aunts and hundreds of my relatives who were killed during the first 12 years of my life.

I never attended school my first 12 years of life. I had zero knowledge, skills, abilities or understanding of life. Nor did I understand the significance of pains or losses, or how to process them, since I was so used to

these experiences.

These horrible experiences in my life allowed me to understand the values of life. I apply what I learned from these horrible experiences to my style of leadership, my day-to-day attitude, my day-to-day behavior and my day-to-day activities, because how I behave represents how I value my life.

As a leader, the meaning of my Soldiers’ lives, resiliency and the well-being of their families are more important than my rank and position. I believe that we all should strive to be a selfless and a servant leader.

In doing so, it means genuinely treating Soldiers with kindness, honor, respect, and most importantly, to love them like your own brother and sister 24-7. After all, we are all in the same Army and in the same uniform. We serve America’s people and we need to honor America’s sons and daughters, because America entrusts us to care for their loved ones.

I encourage Soldiers and leaders to take time to greet each other in the morning and share a cup of hot coffee, food, fun and activities within the workplace and food court in order to build a strong team, cohesion, trust, respect, dignity and esprit de corps. Because this is how we truly measure the true meaning and values of life.

We must care and love one another in all we do. This is because we all depend on each other to serve our nation. Everyone contributes to the team and mission.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel
Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)
Sunday, 9 a.m. — Lewis Main Chapel
Sunday, 9 a.m. — Madigan Chapel
Sunday, 10 a.m. — McChord Chapel No. 2
Sunday, noon — Lewis Main Chapel
Sunday, 5 p.m. — Lewis Main Chapel
Weekdays, noon — Lewis North Chapel
Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125
1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers’ Chapel
8:30 a.m. — Traditional — McChord Chapel No. 1
10 a.m. — Contemporary — Four Chaplains Memorial Chapel
10:30 a.m. — Collective — Lewis Main Chapel
10:30 a.m. — Collective — Madigan Chapel
10:30 a.m. — Contemporary — Evergreen Chapel
11 a.m. — Contemporary — McChord Chapel Support Center
11 a.m. — Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish
Friday, 7 p.m. — Lewis Main Chapel
Islamic
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125
Buddhist
Friday, 6 p.m. — Soldiers’ Chapel, 253-966-5959
Pagan/Wiccan
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

JBLM SNAPSHOT

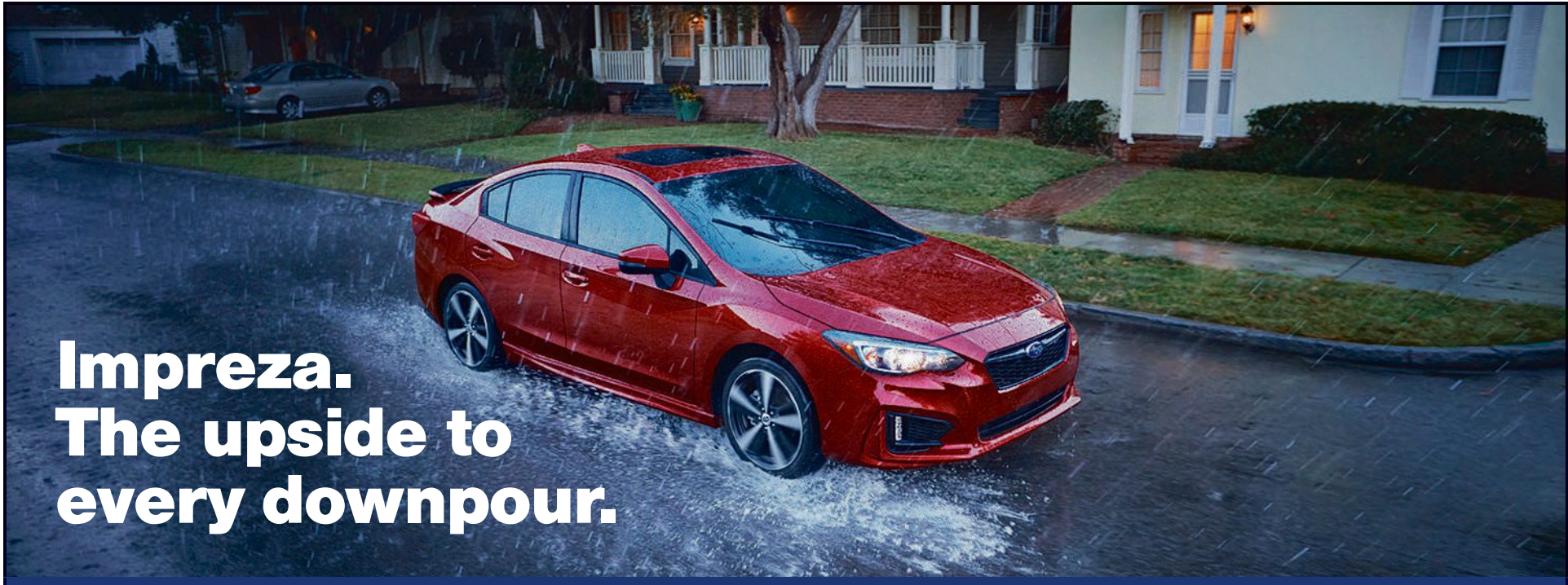


U.S. Army Photo

Soldiers from the 2nd Brigade, 2nd Infantry Division from JBLM are providing opposition forces for its sister brigade, the 1st Brigade, 2nd Infantry Division, at Bayonet Focus at Hunter Liggett, Calif. The 1st Bde., 2nd Inf. Div. needed an enemy to train with to have its readiness and proficiencies validated.

THIS WEEK IN HISTORY

- Feb. 23, 1954: Children receive first polio vaccine.
- Feb. 24, 1991: Gulf War ground offensive begins.
- Feb. 25, 1986: Philippines President Ferdinand Marcos flees the Philippines.
- Feb. 26, 1993: World Trade Center is bombed.
- Feb. 27, 1922: Supreme Court defends women’s voting rights.
- Feb. 28, 1861: Congress creates Colorado Territory.
- Feb. 29, 1972: Hank Aaron signs record-breaking deal with Atlanta Braves.



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GRANDSTAFF LIBRARY

STEAM teaches, inspires youth

BY RUTH KINGSLAND
Northwest Guardian
It used to be just STEM, but now it's STEAM — Science Technology Engineering Arts and Math.

Young people at the Grandstaff Library's STEAM Makerspace enjoyed a brief sprint into technology Feb. 2 as the kids learned some coding and robotics at the Dash and Dot session. The Grandstaff Library has a different STEAM Makerspace activity the first Friday of each month from 6 to 7:30 p.m.

About two dozen children and parents filled the children's area at Grandstaff, as the kids held tablets and programmed their robots to skim across the carpeted floor. Some of the small blue automated devices turned in circles and others sped across the space to collide with other similar robots.

"Basically, it's free play for an hour-and-a-half," said Isabel Mora-Shafer, library technician at Grandstaff, as the children alternately coded and laughed at their robot's antics. "Some of the children already understand coding, but it's an app so anybody can use it; it's trial and error."

The next planned STEAM event at Grandstaff is March 2, titled, "Makey Makey." That activity involves a tool called Makey Makey that is as small as a key chain and turns everyday objects into an internet touch pad, Mora-Shafer said.

What exactly that means is still a bit of a mystery, since Mora-Shafer and other staff at Grandstaff are currently in training mode and learn a step ahead of the children in order to facilitate the learning process, she said. The Dash and Dot activity involved basic sequencing, so it was more game than programming, Mora-Shafer said.



RUTH KINGSLAND Northwest Guardian

Hailey Hasting, 8, a second grader at Evergreen Elementary School, played with her Dot robot during Grandstaff Library's STEAM Makerspace as kids learned some coding and robotics at the Dash and Dot session Feb. 2. The library has a different activity the first Friday of each month, from 6 to 7:30 p.m.

"Everybody turn on the white power button; you will find it on their tummy," she told the children at the beginning of the Feb. 2 activity.

"Mine's changing colors; here, look," said 6-year-old, Jada Carnay to her mother, Joyce Carnay, as Jada and her 4-year-

old brother, Jo, took turns charting a course for the Dot they programmed.

"If I do it like this, his head will move," Jada said, demonstrating the new command she'd given the robot.

"I'm going to call him Zobo — Zobo the robot," the little girl said, as she "petted" the head of her new automated friend.

Carnay said she was glad the library offered such a fun and educational event for children.

"This is Jada's first introduction to coding," she said. "It's

creative play and this is a wonderful opportunity for her."

Carnay is an Army wife, and she and her husband are originally from the Philippines. The family has been at JBLM for two years.

They heard about the STEAM events through a Mothers Of Preschoolers group Carnay is involved in.

"We mark (the library events) on our calendar so we have something to look forward to," Carnay said. "The best thing is it's free."

The Grandstaff Library event is designed for children ages 6 and older, but several smaller kids came that night, which was OK as long as their parents accompanied them, Mora-Shafer said.

Six-year-old Christopher Van enjoyed programming his Dot to speed across the floor, looking a bit like a Star Wars BB-8 astromech as it accomplished the child's bidding. His dad, Kraig Van, of Lakewood, a retired Army veteran, watched as his son played with the robot.

"He doesn't want any help," Van said, a bit surprised that the child had mastered the technology so quickly.

Eight-year-old Hailey Hasting, a second grader at Evergreen Elementary School, also didn't require any assistance from her mom, Susana Hasting, but that came as no surprise to Hasting.

"Hailey loves science," Hasting said.

Hailey said she was having fun making her robot dance and move around.

"I'm going to be a chemistry teacher someday," she said. "But, I also want to sing and be on TV."

McChord Field Library has a similar program for children ages 8 and older, Dream STEAM, hosted the third Friday of every other month from 4 to 6 p.m.

The next McChord Field Library event is April 20. Registration is required by calling 253-982-3454.

No registration is required for the Grandstaff Library's STEAM activities.

CPSD CLASSIFIED JOB FAIR

Get a job with Clover Park School District

BY RUTH KINGSLAND
Northwest Guardian

Whether you see yourself working on the grounds crew, food service, janitorial, as a para educator, bus driver, or a substitute teacher, Clover Park School District is offering a foot in the door through its first Joint Base Lewis-McChord Classified Job Fair at Rainier Elementary School March 17 from 10 a.m. to noon.

A crew of administrators and other Clover Park staff will be on hand for the event, as a way to introduce the JBLM community to the district and the opportunities offered there.

"We've got six elementary schools on JBLM, and our hope is to reach out to the military community and have them see how they can better be part of our schools," said Lori Lienes, recruitment and retention coordinator in CPSD's human resources.

"We have military kids in all of our schools, not just those elementary schools, so it's nice



Courtesy Photo

Youngsook Cheon shown working at the Clover Park High School cafeteria. Food service workers will be among the job opportunities during a job fair at Rainier Elementary School on Lewis Main March 17.

to have staff that relate well to that military (group of students)," she said. "It's a win for the military and for our schools."

Applicants are sought for both

full- and part-time positions.

Robyn Anderson, also with the HR department, has attended JBLM for Hiring our Heroes job fairs at American Lake Conference Center in order to pro-

If you go

What: Clover Park School District's JBLM Classified Job Fair

Where: Rainier Elementary School, 2410 Stryker Ave., Lewis Main

When: March 17 from 10 a.m. to noon

mote Clover Park jobs; however, she said the district-only upcoming job fair will offer more in-depth information and conversation specific to school district jobs.

Anderson is a military spouse and has worked with Clover Park for about 18 months, since she married and moved here from Texas with her husband, Sgt. Wesley Slauson, of the 56th Multifunctional Medical Battalion, 62nd Medical Brigade.

Anderson found out about her current job through a military job fair and quickly worked her

way up from a payroll clerk to her current recruitment specialist position. She said there are several reasons a service member would feel comfortable transitioning into a school district job.

"It's still a government job, and there are good benefits," she said.

Although the district has been part of other job fairs on base and previously held its own job fairs at the district office in Lakewood, bringing a Classified Job Fair to a school on base is a way to bring information to service member families, so they don't have to go to the district office for information, Anderson said.

Lienes agreed, adding she's glad to be able to meet military families on base.

"We feel like there is this pool of qualified applicants on JBLM, and we want to make sure they know about us," she said. "And, there are a lot more opportunities than just for teachers."

MCCHORD FIELD SCHOOL AGE SERVICES

'Be a Buddy, Not a Bully' program born at McChord SAS

BY PATTI JEFFREY
JBLM Family and Morale, Welfare and Recreation

Many children tease others as part of sibling or schoolyard rivalries. Children being teased often tease back as part of normal play, and it ends when they grow tired of it or one of them says to stop.

For some, however, teasing someone may turn into picking on them and the intimidation begins to define the relationship. If this happens, the child being intimidated or bullied begins to show signs of distress and needs help. The problem needs addressing.

What can kids do when they encounter others who try to intimidate or bully them? According to McChord Field School Age Services, that issue is being tackled head on.

"We were having a lot of issues with certain fourth- and fifth-graders feeling bullied by a classmate," said Cassie Baker, McChord Field SAS Child and Youth program assistant. "It began at school and was being carried here after school."

Sometimes it's just kids trying to fit in with others.

"We've seen the bullying aspect," said Andre Parker, also a program assistant at McChord Field SAS. "It's a typical time in these kids' lives when they're trying to choose friends."

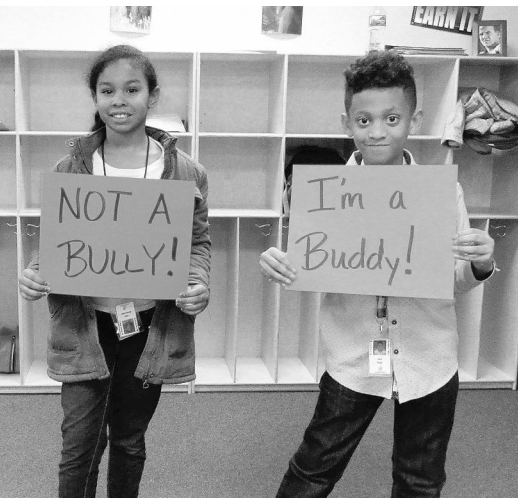
FINDING A SOLUTION

Baker and Parker sat down and started a dialogue with several of their fourth- and fifth-graders. They also met with other staff members to inform them of what they saw going on and what several children in their care told them.

The discussions quickly led to a collaborative campaign between the older youth and staff at McChord Field SAS called "Be a Buddy, Not a Bully." Baker and Parker asked several older children to help spread the word around the building by drawing posters and talking to the younger children in their classrooms about the campaign.

Ten-year-old Heidi and 11-year-old Skylar are helping spread the campaign.

"I didn't like how people were



PATTI JEFFREY JBLM Family and Morale, Welfare and Recreation

being rude to me," Heidi said. "I walked away and ignored them. This started at school and was brought here. I told them to please stop, so they ignore me now, and I just ignore them."

Skylar said although he hasn't been bullied, some kids have been rude to him.

"Sometimes I would walk away and other times I talked to the teacher," he said. "They weren't treating us as normal

kids. Afterward, they said they were sorry, and we forgave them. I now know that they weren't angry at us. They were just angry."

Schoolwork and other factors can cause stress that leads to anger, Baker said.

"Our fourth- and fifth-graders are going through changes," she said. "It's hard for them to deal with their emotions, so we're working on communication. Part

Students Jania Daniels-McGee, left, and Jalen Hodge show posters they made to help support the new "Be a Buddy, Not a Bully" campaign at McChord Field School Age Services.

of getting resolution to feeling hurt is sitting down, taking a deep breath and talking about it."

RESULTS MATTER

Parker said part of the solution is to place reserved kids in positions of leadership to teach them how to be more assertive.

"We let them talk to the other kids and they report what they see back to us," he said.

The older children have eagerly helped the younger groups, Baker said.

"I now tell others to ignore bullies who think they're in charge," Heidi said.

Parker said the McChord Field SAS is finding different ways to help avoid bullying. One way is to integrate children into a new group and do team-building exercises where they have to come together and work with someone new on the team.

"We try to find solutions so they can gradually work their way back to other kids," he said. "That's where we see positive changes and we let the parent be aware of those changes."

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Bayonet Focus

A Javelin gunner from Blackhawk Company, 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division refines his sector sketch in the daylight hours as the frost begins to melt off his Javelin Feb. 12. Soldiers have been honing their individual and collective weapons skills during Exercise Bayonet Focus at Fort Hunter Liggett, Calif.

SGT. RYAN COEN
1st Battalion, 23rd Infantry Regiment

LET’S HEAR IT

What do you want to know in 2018? The Northwest Guardian, Joint Base Lewis-McChord’s command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you’d like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army’s Day of No Scheduled Activity and Air Force’s Family Days and federal holidays on Joint Base Lewis-McChord.

- March 30 - Army DONSA
- April 2 - Army DONSA
- May 25 - Army DONSA
- May 28 - Memorial Day
- June 14 - Army DONSA
- June 15 - Army DONSA
- July 4 - Independence Day
- July 5 - Army DONSA
- Aug. 3 - Army DONSA
- Aug. 6 - Army DONSA
- Aug. 31 - Army DONSA
- Sept. 3 - Labor Day
- Oct. 5 - Army DONSA
- Oct. 8 - Columbus Day
- Nov. 9 - Army DONSA
- Nov. 12 - Veterans Day
- Nov. 22 - Thanksgiving Day
- Nov. 23 - Army DONSA
- Dec. 24 - Army DONSA
- Dec. 25 - Christmas Day
- Dec. 31 - Army DONSA

PAINT CANVAS IN ART AND WINE EVENT

You don’t need to be an artist to join in the fun at the Arts and Crafts Center’s Wine and Canvas Night Friday from 6 to 8:30 p.m. at Nelson Recreation Center. Art supplies, light appetizers and first glass of wine are included in the cost. Seating is limited, prepayment is required and you must be age 21 or older to attend. For reservations and payment, call 253-982-6726 or sign up at JBLMmwrRegistration.com. The cost is \$30 per person. Nelson Recreation Center is located at 3168 2nd Division Drive on Lewis Main.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord’s Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

JBLM NEWCOMERS’ ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you’re new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers’ Orientation Tuesday at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

New base housing residents are required to take a Family Housing Fire Safety class when they sign up for quarters at the Lewis-McChord Communities housing office. New residents will view a DVD at the housing office and digitally

sign acknowledging viewing the presentation to ensure one-stop acceptance of quarters. For more information, call 253-966-7164.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Two copies of commander-signed memorandums are required for admittance to the class. Next class is scheduled for March 7. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the second Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is scheduled to take place March 8.

24-7 DAD CLASS FOR FATHERS

Join a class for dads, “24-7 Dad,” where fathers support fathers. Learn how to become a better father, and receive support from other dads who understand the day-to-day struggle of raising children. Classes take place on the second and third Tuesdays, every other month from 10 a.m. to noon at the 16th Combat Aviation Brigade’s Raptor Resilience Center, 3204 Second Division Drive on

Lewis Main. Next classes are March 13 and 20. Online registration is available by visiting jblmafcs.checkappointments.com, or call 253-967-5901 to register via phone. 253-967-6416.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

The McChord Library’s Novel Navigators is an adult discussion group for book lovers that meets the second Wednesday of each month at the McChord Field Library at 4:30 p.m. The next meeting is March 14 to discuss “The Walk” by Richard Paul Evans. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

ATTEND MONTHLY KIDS’ BOOK CLUB

Kids in grades three to five are invited to join McChord Field Library’s monthly Kids’ Book Club meeting the third Wednesday of the month at 4 p.m. Read fun books, meet fun people. Parents, bring your children by the McChord Field Library now to register and get a copy of this month’s book. Check out “Gregor the Overlander” by Suzanne Collins for the March 21 book club meeting. The library is located at 851 Lincoln Blvd. on McChord Field. For more information, call 253-982-3454.

JBLM VOLUNTEER FAIR SET FOR APRIL 4

Attend the JBLM Volunteer Fair April 4 from 9 a.m. to noon at the Club at McChord Field, 700 Barnes Blvd., and meet organizations who have volunteer opportunities available on JBLM. For more information visit jblm-volunteer-fair-2018.eventbrite.com or call 253-967-2324. Registration is not required.

fair-2018.eventbrite.com or call 253-967-2324. Registration is not required.

SCORE THE BEST DEALS ON TEXTBOOKS

The next college quarter starts soon. You don’t have to break the bank on books; let Family and Morale, Welfare and Recreation’s Bookstore inside Stone Education Center help you get your books for less. For more information, call the bookstore at 253-964-8185.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to appointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewisMcChord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays

from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMcChord.com.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department’s focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel.dod.mil. Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit move.mil.

GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more. For current class descriptions and schedules, Visit jblmmwr.com/arts_crafts. For more information, call 253-982-6723.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the “JBLMUnlimited” website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs!
Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business brief.

Earn money at home as a Family Child Care provider
Looking for a fun and rewarding home business? If you live on base, become a Family Child Care provider and make a difference in the lives of military children and families. FCC providers earn up to \$2,000 a month, may qualify for subsidies and receive free resources for their business. Learn about FCC at the Tuesday orientation from 6 to 8 p.m. at the FCC office. No children are allowed at the orientation due to space/discussion topics. Full-day training classes will meet weekdays from 8 a.m. to 4:30 p.m. following the orientation; all classes are required for FCC certification. The FCC Office is located at 2013B Third St. at Pendleton Avenue. For more information, call 253-967-3039.

Work of Honor Corporate Networking Workshop
Wednesday from 2 to 3:30 p.m. at the Hawk Transition Center, 11577 41st Division Drive. Learn how to network. Connecting companies with veterans, military spouses and business professionals. For more information, call Jason Matheney at 253-477-4751.

Brown Bag Mini Job Fair
Wednesdays from 11:30 a.m. to 1:30 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchell.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. For more information, call 253-593-7300 or email backtowork@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes.
WorkSource Veterans

Service Orientation Briefings
First and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is March 7. For more information, call 206-205-3500.

What’s My Next Move?
Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for March 12. Email kmyers@esd.wa.gov, or call 253-552-2547.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

Boots to Business Three-day workshop covers topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three is a field trip. Classes are at Hawk Transition Center. For more information, call 253-967-3258.

Military to Manufacturing Career Pathways Program is a manufacturing industry-driven program sponsored by the Center for Advanced Manufacturing Puget Sound. M2M is a two-day workshop focusing on entry-level, semi-skilled, skilled and leadership positions. Emphasis is placed on helping military personnel understand advanced manufacturing and the skills translation from military to manufacturing positions. CAMPS works through the process that

results in job placement. For more information, email Stacie Buchanan at stacie.buchanan@campus-us.com or Marcus Warren at marcus.warren@campus-us.com.

SERVICE TECHNICIAN I IN CEDAR RAPIDS

Getinge — Salary: DOQ. As a Service Technician I for Getinge, based out of the eastern Iowa area service territory your primary mission will be to provide preventative maintenance and repair service at customer establishments, following manufacturer instructions and utilizing knowledge of mechanical, hydraulic and electronic equipment. Along with diverse daily challenges, we will also provide you with excellent pay, benefits, extensive training, participation in a company vehicle program, credit card and phone. Make a difference with a company that cares about what you have to contribute and clients that rely heavily on your expertise. For more information, visit getinge.com/us/careers.

DIRECTOR OF PORT’S ECONOMIC DEVELOPMENT

Port of Vancouver USA — Salary: DOQ. The Port of Vancouver USA is a multi-purpose port authority located in Vancouver, Wash. along the banks of the Columbia River. The port has handled a variety of bulk and break bulk cargos since 1912. We seek a professional, knowledgeable, Director of Economic Development for a full-time regular position. For more information, visit tinyurl.com/yalxkek2.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the Joint Base Lewis-McChord base Energy Program has launched the Energy Waste Hotline. The primary objective is to collect information about day-burners, incandescent bulbs, damaged fixtures, steam leaks and nonfunctional thermostats, etc. If you notice any opportunity to reduce energy waste, call or text 253-219-2394. The goal is to improve energy efficiency, eliminate waste and save money.

THE USE OF SPACE HEATERS ON JBLM

The Joint Base Lewis-McChord Fire Department is not the authority for the use of space heaters on the base in your work area; the Directorate of Public Works’ Energy Conservation is the OPR for the use of all space heaters on the base. Call Eric Waehling at 253-966-1772, or Amin Sakhawat at 253-966-9011. If DPW authorizes the use, JBLM Fire Prevention will ensure space heaters are used in a fire-safe manner.

LEARN THE BASICS OF SOCIAL MEDIA

Do you or someone you know struggle to understand setting up an email or social media account? Do your kids, grandkids or friends wish you could join them online? Would you like to keep in touch with receive photos and messages more often? The Arts and Crafts Center offers a new social media class for beginners, on-demand. The course teaches you how to establish, use and maintain an email account and introduce you to use Facebook. You’ll also be given an overview of other social media sites to see where your newfound skills can be applied. . The cost for the class is \$5. For more information, call 253-982-6726/6718.

SKIESUNLIMITED INSTRUCTORS NEEDED

SKIESUnlimited is looking for talented people to join the team as instructors. Areas of need include gymnastics, karate, dance, art, music, boxing, and theater. For more information, call 253-966-3539 or email cindy.j.arnold.naf@mail.mil.

NAC SKI SHOP NOW OPEN FOR BUSINESS

Gear up for skiing, snowboarding and all your mountain snow adventures with JBLM’s Outdoor Recreation Program. The Northwest Adventure Center has opened its ski shop for equipment rentals and clothing and outfitting purchases. The NAC is open seven days a week from 9 a.m. to 5:30 p.m., located at 8050 NCO Beach Road on Lewis North. Call 253-967-7744 for more information.

FROM PAGE 1A

JBLM

with contributions from the African-Americans of this country. During the JBLM African-American History Month celebration, the volunteer performers remembered their ancestors' contributions and sacrifices.

"This commemorative event pays homage to those predecessor before us who paved the way for us to have the opportunities we have now," said Jules Jones, an African-American rhythm and blues singer from

Oakland, Calif. "Like in the military, they (ancestors) sacrificed their lives for my freedom."

In addition to recognizing their ancestors, the artists also want to create an impact to the society's future.

"My goal is to tell a story that we have to stand up and contribute to make things better for the rest of the country like our ancestors did," Peterson said.

During the event, Peterson played a role of an 11-year-old fighting in the Revolutionary War which showed the struggles of the past.

"It shows that back then,

there was no time to be a kid, it's that serious," Peterson said. "Today's generation needs to stand up and see what happened in the past, so they can contribute for a better future."

Along with the impact to the community, the performers also wanted to create a positive environment. Jones sang a song called "Survive," which entails how people had to overcome adversities, whether it be the military or people dealing with the street life, Jones said.

"I'm trying to give them a positive outlook on life, and that you have to have the willpower in order to achieve greatness," Jones said.



SGT. MARICRIS MCLANE 16th Combat Aviation Brigade

Living Voices actor Mark Peterson performs at the JBLM African-American History Month event at the Carey Theater Tuesday.

FROM PAGE 1A

EXERCISE

Sgt. Maj. David Cecil, the brigade's operations sergeant major.

In November, the brigade underwent its own evaluation during the I Corps Warfighter Exercise. Now that the brigade headquarters has certified its readiness, the brigade leadership is ensuring the lessons learned are shared at the lowest echelons of command.

The brigade commander helped observers to facilitate the evaluation of the key tasks that a field artillery unit must accomplish, Cecil said. This was to identify what the units were doing well and where they need more training.

"Another thing that we will get out of this, is that the commanders will be able to get their training objectives for the next quarter," Cecil said. "There were some struggles to begin with but that is what we want to identify now before possibly doing this for real."

Some of the basic tasks that the batteries and companies need to accomplish are fire missions, resupply, medical evacuations and basic security. Yet to meet some of these objectives they have to rely on the other batteries and companies.

"The battalions absolutely have to work together to meet their training objectives," Cecil said. "One of the things that I have noticed is how well the cross-talk between (308th) BSB commander and the 1-94 (FA) commander. They are always talking about how they can help each other out and accomplish their own training objectives at the same time."



SGT. JACOB KOHRS 17th Field Artillery Brigade

Sgt. Skyler Smith, 308th Brigade Support Battalion, 17th Field Artillery Brigade, hooks a broken down vehicle to a M984A4 Recovery Truck during training on Joint Base Lewis-McChord Feb. 11.

The batteries and companies are finding the training very effective, too.

"This training has been great for my Soldiers," said 1st Lt. Joshua Dunn, a platoon leader with 1-94 FA. "Doing this training here on JBLM is more real-

istic to the environment that we would find ourselves in around the Pacific area, and the terrain is very diverse. It's easy to get stuck so we have to be cautious of the terrain and it is a lot harder to move around with all of the obstacles."

Overall, the training gave the brigade and battalions commanders a good understanding of their readiness to conduct whatever mission the Army and I Corps requires of them.

"We had some challenges

when we first got out here," Cecil said. "Yet despite those challenges, overall, I think that we are doing very well. It is not necessarily how you start but it is how you finish, and I think that we are on the right track."

FROM PAGE 1A

TOUR

variety of offices and cutting-edge technology in the classroom for the 480 children enrolled at the school; it also offers many rooms for special needs classes, including for children with severe physical disabilities. Evergreen has a capacity for 750 children.

"The parents must feel such a sense of relief when they see this," Murray said as she walked with Clover Park School District staff and JBLM officials through the special education classrooms.

The school's close proximity to Madigan Army Medical Center also is a plus, said Col. William Percival, JBLM deputy garrison commander and commander of the 627th Air Base Group.

"This is unique; it's fantastic," Percival said.

Murray also was impressed,

she said, with the school's security systems, which includes the ability to lock down the facility and each class, with coded key fobs for teachers.

"With so many school shootings (recently), this is great," she said. "It's so bad we have to think this way, but I'm so glad you are."

Deborah LeBeau, Clover Park Schools superintendent, and Rick Ring, school district administrator for business services and capital projects, led the Evergreen tour and also took the opportunity to ask Murray her thoughts on current federal budget talks and how that will impact local schools.

Murray and her staff also stopped at JBLM CARES for a tour of that facility, where Col. Michael Place, Madigan Army Medical Center commander, was on hand with JBLM CARES staff.

Place talked about the opening of the CARES facility in 2017 and JBLM's sense of community in making the center a success.



SCOTT HANSEN Northwest Guardian

Sen. Patty Murray, left, stops to look over some of the student projects on display in the hallway while touring the Evergreen Elementary School on Lewis Main Feb. 16.

Lieutenant Colonel (Dr.) Eric Flake, program director of Developmental Behavioral Pediatrics at Madigan, said typically, 10 new diagnoses of autism are made at JBLM every month.

There are currently more than

1,000 children with autism on the installation, according to information previously released by Madigan.

Although there were no classes at schools on the installation Feb. 16, a few children and their

parents drifted into JBLM CARES for appointments and therapy while Murray was visiting the center.

Murray waved and smiled at 3-year-old Michael Sullivan, as the child snuggled against his mother, Amanda Sullivan, an Army spouse.

The family recently moved to JBLM from Fort Stewart, Ga. Sullivan said Michael has made significant improvement in his communication skills in the three months he has been working with staff at CARES.

"He went from high pitched, repeated yells to signing and speaking a little, which is much easier to understand," she said.

"It's incredible; I really, really am impressed," Murray said, after watching Michael with his speech and occupational therapists and touring other rooms in the facility. "I am just so impressed with the collaboration and everyone working together." Everyone is working together for the good of the kids and the families."

FROM PAGE 1A

POLICY

forward. The other services also highlighted (their) concerns."

NEW POLICY

DOD's office of personnel and readiness has "come out with a policy that if you're not deployable for a year or more, you're going to have to go somewhere else," Mattis said.

As an example, Mattis said, if 10,000 troops out of 100,000 are not deployable, that means 90,000 deploy more often to meet the same deployment standard.

"That's unfair," he said.

The secretary talked about a service member who is on his sixth deployment in 11 years.

"When that sort of thing happens, that brings sharply into focus that some people are car-



SGT. ALMON BATE 16th Combat Aviation Brigade Public Affairs

A Soldier with 16th Combat Aviation Brigade talks to his son before deploying for Operation Freedom's Sentinel in Afghanistan March 19.

rying more than the share of the load that I want them to carry," he said. "They need time at home. They need time with their families. We may enlist Soldiers,

(but) we re-enlist families.

That's the way it is.

"If you can't keep the family together, then you're either going to lose the family or

you're going to lose the Soldiers, and that's a net loss for our society and for our military. (We) put a lot of training into people nowadays. So that policy is now out."

MUST BE DEPLOYABLE

The secretary said as he reviewed the services' policies, they were already strong enough, "so some of this may simply be more adherence to the current policy that we have; some of it may require an effort within the DOD, the Office of Secretary of Defense policy, that we put out for the department now," he said.

"But the bottom line is, we expect everyone to carry their share of the load," the secretary said, "and sometimes things happen. People bust their legs in training or they're in a car accident. We understand that."

But DOD comprises a deployable military, which is a

lethal military that aligns with its allies and partners, he said.

"If you can't go overseas (and) carry a combat load, then obviously someone else has got to go. I want this spread fairly and equitably across the force."

The only exemption is for those who have been injured in combat, he said.

"If they were wounded in combat, and they want to stay in and they've lost their leg or something like this, and they can't be a paratrooper anymore, then we'll find a place to use them," Mattis said. "That's a special category. They've earned that special status."

"Otherwise, you're either deployable, or you need to find something else to do. I'm not going to have some people deploying constantly, and then other people who seem to not pay that price to be in the U.S. military."

Sports

2018 WARRIOR GAMES

Service members prepare for Army Trials

WTB adaptive sports participants get ready to compete at Fort Bliss

BY DEAN SIEMON Northwest Guardian With the 2018 Warrior Games just around the corner this summer at the Air Force Academy in Colorado Springs, Colo., nearly a dozen service members from Joint Base Lewis-McChord will make their case to qualify at the Army Trials Tuesday to March 8 at Fort Bliss, Texas. Some of the athletes have already been to the grandest stage of U.S. military adaptive sports. Some are just starting

out, like Spc. Angela Euson with the JBLM Warrior Transition Battalion, Madigan Army Medical Center, previously assigned to 2nd Brigade Support Battalion, 2nd Brigade, 2nd Infantry Division. Euson began treatment at the JBLM WTB in August for an eating disorder. One positive that came from the ordeal was being introduced to adaptive sports and other WTB activities. "It was one of the first things that my squad leaders talked to

me about as soon as I physically arrived," Euson said. "We talked about all of the (activities available through) the WTB; there's snowboarding, shark diving and all kinds of cool stuff." Euson was active in sports growing up in Jacksonville, Fla. She spent 10 years as a competitive gymnast, six years playing softball and four years in high school swimming and diving before graduating in 2010. Euson said competing at the Army Trials in air rifle shooting, swimming and shot put is a great opportunity. "I love competing, and I love

SEE TRIALS, 2B



STAFF SGT. DANIEL LUKSAN 55th Combat Camera U.S. Army Sgt. Steven Worth warms up for the cycling event for the Pacific Regional Trials at Pearl Harbor, Honolulu, Hawaii, Nov. 10.

ARMY VS. NAVY HOCKEY



DEAN SIEMON Northwest Guardian Steven Wardynski, right, talks with Joint Base Lewis-McChord teammates during a practice at Tacoma Twin Rinks in Tacoma Sunday.

HOCKEY TEAM READY FOR ANNUAL RIVALRY

JBLM players prepare for rematch in Everett

BY DEAN SIEMON Northwest Guardian Although Joint Base Lewis-McChord has dominated the last two meetings against Navy Region Northwest during an annual Army vs Navy hockey game, nothing is certain heading into the next chapter March 3 at the Angel of the Winds Arena in Everett. About a dozen or so active duty and former service members took the ice for a scrimmage Sunday at the Tacoma Twin Rinks. Many are new faces going up against an experienced Navy squad looking for its first win in this rivalry. Before the practice, team coach and captain James Schuyler knew of at least three players with junior-level professional hockey experience or higher — including

SEE HOCKEY, 2B



DEAN SIEMON Northwest Guardian Evan Fowler, right, attempts to steal the puck from Tyler LaBatt during a Hockey Saves Washington scrimmage at Tacoma Twin Rinks in Tacoma Sunday.

ON THE SCHEDULE

WADS CANADA VS. USA HOCKEY CHALLENGE Sports: The Western Air Defense Sector and the Joint Base Lewis-McChord Canadian Detachment will host the 24th annual Canada/USA Hockey Challenge at Sprinker Recreation Center in Spanaway Friday at 1:30 p.m.

YOUTH SPRING SPORTS CAMPS OPEN APRIL 2 Youth: A variety of camps and clinics are available for spring break through Joint Base Lewis-McChord's Child and Youth Services. Start Smart, CYS Soccer and Flag Football enrollments are Tuesday-March 27; camps run April 2-4. Cost is \$35 per youth in football and soccer, \$25 for Start Smart. First Tee Gold Camps 1 and 2, as well as the Lil' Drivers enrollments are Thursday-April 25. Register online at jblmcysregistration.com. For more information, call 253-967-2405.

SHAMROCKIN' RUN 5K TO OPEN JBLM RACE SEASON Races: The first race of 2018 for Joint Base Lewis-McChord is the ShamROCKin' Run 5K and Kids' Rainbow Rush 1K outside Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main March 10. Packet pick-up and day-of registration opens at 8:30 a.m. with a costume contest at 9:30 a.m. The 1K begins at 10 a.m., followed by the 5K at 10:30. The 5K fee is currently \$20 for military ID cardholders and \$30 for others. The fee for the kids' 1K is \$15. Register by 11:59 p.m. Wednesday to guarantee a T-shirt. Finisher's medal for first 500. For more information and to register online, visit tinyurl.com/yaucutv9.

DEMONSTRATION PLANNED FOR YOUTH BOXING EVENT Youth: SKIESUnlimited invites families with children ages 5 to 17 to a free Boxing Open House at 6398 Garcia Blvd., Lewis Main Thursday from 3:30 to 5 p.m. Kids will learn skills like effective listening, following directions, developing discipline, self-control and more. There will be boxing demonstrations and also a prize giveaway.

ARMED FORCES KIDS' RUN SIGN-UP OPENS MARCH 1 Youth: The 2018 Armed Forces Kids' Run sign-up period is open Thursday-March 31. Registration forms and drop-off boxes are available at CYS Sports and at both JBLM commissary locations. The run is scheduled for April 14 at 9 a.m. at Cowan Stadium on Lewis Main. Day-of-registration opens at 8 a.m.

2018 DEPARTMENT OF DEFENSE WARRIOR GAMES

Countdown to Warrior Games underway in Colorado Springs

Air Force News Service COLORADO SPRINGS, Colo. — Community and business leaders joined representatives of the military at the Air Force Academy Feb. 15 to mark the 100-day countdown until athletes arrive in Colorado for the 2018 Department of Defense Warrior Games. Now in its ninth year, the Warrior Games is returning to Colorado Springs, the city that hosted the inaugural Games in 2010. The Warrior Games will

be free and open to the public throughout the competitions from June 2 to 9. The Warrior Games are a Paralympic-style competition between the Army, Marine Corps, Navy, Air Force and Special Operations Command. The United Kingdom Armed Forces, Australian Defence Force and, for the first time in Warrior Games history, the Canadian Armed Forces recently confirmed it will compete in the Warrior Games.

This will be the sixth year the U.K. Armed Forces will compete in the Warrior Games and the second time for Australian Defence Force athletes. Lieutenant General Gina Grosso, deputy chief of staff for manpower, personnel and services and senior Air Force officer hosting the evening's event announced the addition of three new adaptive sports to this year's line-up:

SEE GAMES, 2B



EJ HERSOM Department of Defense Photo

Veteran David Iuli, middle, and Team Army perform a Haka dance during the 2017 Warrior Games at the United Center in Chicago.



STAFF SGT. MELISSA PARRISH U.S. Army Pacific Public Affairs

Spc. Angela Euson competes at the Pacific Regional Warrior Game Trials 2017 at Schofield Barracks in November.

FROM PAGE 1B TRIALS

sports, so being able to be competitive with sports again is up there as one of the best things to happen to me in a long time,” Euson said.

She competed in the Pacific Regional Trials at Joint Base Pearl Harbor-Hickam, Hawaii, in November. She’s also developed a training routine to prepare for all three sports. While she said there’s a little bit of fear of struggling in the back of her mind, Euson is confident she can earn a medal in each sport. Additionally, Euson said she is

happy to be competing against others again.
“I’ve been athletic my entire life, and I want to keep being athletic,” Euson said. “Being able to compete just made that desire even stronger.”
Another newcomer to adaptive sports competition is Sgt. Steven Wurth, formerly of JBLM’s 5th Battalion, 3rd Field Artillery Regiment, 17th Field Artillery Brigade. The 53-year-old is actually in his second stint with the Army; he first served from 1983 and 1986.
After the recession hit in 2007 and affected his family’s construction business, Wurth re-joined the Army. However, his military career is essentially

over after having reconstructive surgery on his right ankle in May 2017. He had no ligaments or tendons between the bones.
Wurth is slated to compete in air rifle, wheelchair basketball, handcycling, seated shot put and seated discus. His ultimate goal is to qualify for a spot in the 2018 Warrior Games this summer. He said he is thankful to his chain of command and the WTB staff for the support and the competitive opportunities.
“It brings back who I was before I was informed that my military career was basically done,” Wurth said.
Dean Siemon: 253-477-0235, @deansiemon



DEAN SIEMON Northwest Guardian

JBLM goalie Matthew Parker attempts to stop an opposing offensive rush during a scrimmage with other Joint Base Lewis-McChord skaters at Tacoma Twin Rinks Sunday.

FROM PAGE 1B HOCKEY

himself. The rest have high school experience or none at all, some never having played hockey before coming to JBLM.

In what was considered the first official game in 2016, the JBLM team defeated the Navy 9-4. In 2017, JBLM showed offensive dominion in an 11-4 victory. Looking at the players who are available, Schuyler said he’ll gladly take any goal possible — no matter how ugly it looks.

“I’ll take ugly bounces, ugly goals, anything that will bounce in our favor,” Schuyler said.

Some key players are likely to be available for March 3, including forwards Eric Syich, Brett Kroll and Carson Omi-luisk, who played for Team U.S.A. in the International Military Sports Council’s Baltic Winter Games last month in Lithuania.

Although he knows those players are capable of scoring goals, he knows he can’t rely on only a few names against a quality lineup of 15 Navy skaters. The main aspect he judged Sunday was cohesion on the ice.

“Look for who plays well together,” Schuyler said. “Maybe we can at least pass and



Jake Riihimaa, right, skates past a defender toward the goal during a scrimmage at Tacoma Twin Rinks Sunday. He and the JBLM team are preparing for the annual Army vs. Navy hockey game.

keep the puck away from (Navy).”

Another key player is Jake Riihimaa, who has played the last two years for the JBLM team. Riihimaa is an experienced player who grew up in Grand Rapids, Mich., as a goal-keeper through high school in 2011.

He did have an offer to play NCAA Division II hockey at Davenport University in Grand Rapids, but hip flexor surgery ended his hockey days before he joined the Army in 2014.

Riihimaa enjoys playing in this Army vs. Navy rivalry that attracted approximately 600 fans last year to the home of the

Western Hockey League’s Everett Silvertips. Expectations are that this year’s game could have about 1,000 fans watching.

“It’s like actually playing a proper hockey game,” Riihimaa said. “It definitely brings back memories.”

A good portion of the team will consist of service members.

If you go

What: Army vs. Navy Hockey Game
When: March 3. Gates open at 1 p.m.
Where: Angel of the Winds Arena, 2000 Hewitt Ave., Everett
Cost: Free

Steven Wardynski left in 2017, but he’s looking forward to playing hockey — a sport he played at age 3 in Malden, Mass.

“The opportunity to play against the Navy is cool; representing the Army is fun,” Wardynski said.

Schuyler said he doesn’t have any formal plans to host practices or tryouts before the big game, but he is interested in prospective players who are part of the JBLM community. He’s even willing to give them some time with one of the adult recreation league teams in Tacoma to see them in action.

For more information about the JBLM team, email Schuyler at nacho13_com@hotmail.com.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B GAMES

- indoor rowing,
- powerlifting,
- time trial cycling.

“In my 30-plus years of service, nothing has moved me more than seeing the determination, resiliency and pure strength of our wounded, ill and injured service members,” Grosso said. “In nearly 100 days, more than 200 warriors will arrive at Colorado Springs, Olympic City USA, to compete amongst each other for Gold, but more importantly, the camaraderie, healing and recovery that comes with

competitive sports.
“This is by far and away one of the most exciting sporting events I’ve ever witnessed.”
The 2018 Warrior Games, free and open to the public, is an opportunity to celebrate the accomplishments of wounded, injured and ill service members and veterans in overcoming adversity and thriving against the odds.
The Department of Defense Warrior Games was established in 2010 as a way to enhance the recovery and rehabilitation of wounded, ill and injured service members and to expose them to adaptive sports. Approximately 250 wounded, ill and injured service members and veterans

representing teams from the Army, Marine Corps, Navy, Air Force, and U.S. Special Operations Command will participate in the competition.
They will go head-to-head in 11 sports including archery, cycling and time trial cycling, indoor rowing, sitting volleyball, shooting, swimming, powerlifting, wheelchair basketball, track and field, engaging in friendly competition and experiencing the healing power of sports.
Visit dodwarriorgames.com to learn more about the Warrior Games, its athletes, volunteer opportunities and the schedule of events and follow the Warrior Games on Facebook at [facebook.com/WarriorGames/](https://www.facebook.com/WarriorGames/).



PFC. SEARA MARCSIS 55th Combat Camera

Col. Daniel Dudek (6), of I Corps, and veteran Johnnar Barrera compete in wheelchair racing at the 2017 Warrior Games in Chicago.



Saturday, March 10 MWR FEST TENT

2200 Liggett Ave. at Lewis Main

Early registration for the 5K by Feb. 28 includes T-shirt in your size, custom pint glass, finisher medal, drink ticket & banger!

Enjoy live music, costume contests and a beer garden.

Also join us for the after-party at Samuel Adams Brewhouse JBLM!

Registration link at JBLMmwr.com/races



NOT YOUR NANA'S BINGO!

Samuel Adams Brewhouse

Saturday, March 10, 6 pm-Close
ShamROCKin' play your way to Saint Paddy's Day!

You asked for it! So here it is! We are bringing back Not your Nana's Bingo with Bingo Jockey, DJ Rae!

Food/Drink Specials = Green Beer

Bring your ShamROCKin' Run Race Bib and receive 50% off any appetizer!

2400 Bitar Ave • 253-964-2012

BOOK PATCH LIBRARY

FRIDAY, FEB. 23
6 PM | AGES 11-17

Teens, come to our horror movie night. Slurp, pop and crunch while watching a horrifying, spine-tingling, eye-cringing, hair-raising movie!

No registration required!

For more details, call 253-967-5533.

f /JBLMlibrary

2109 N. 10th & Pendleton
Lewis Main
JBLMmwr.com/libraries

HALF PRICE BOOKS

HAPPY BIRTHDAY Dr. Seuss

McChord Library

MARCH 2
4-5 P.M.

Ages 3 and older are invited to attend, so come to party and bring a friend!

Storytime, snacks & games.

JBLMmwr.com/libraries

f /JBLMlibrary

951 Lincoln Blvd.
McChord Field
253-982-3454

ARTS & CRAFTS CENTER PRESENTS

WINE & CANVAS

Friday, February 23
6 - 8:30 P.M. • \$30

Nelson Recreation Center
Includes materials, snacks & a glass of wine

3168 2nd Division Dr.
JBLM Lewis Main
JBLMmwr.com

Registration is required.
Registration can be made on JBLMmwrRegistration.com or by calling 253.982.6726/6721

This Event is for 21 & older

McCHORD LIBRARY

TEEN BOOK CLUB

Wednesday, Mar. 7
4:30-5:30 p.m.

This month we will be discussing "The Fault in Our Stars" by John Green.

Copies of the book are available for check out at the McChord Library.

Transportation will be available from Hillside Teen Zone as long as you are registered with CYS and Teen Zone.

JBLMmwr.com/libraries

851 Lincoln Blvd.
McChord Field
253-982-3454

TACOMA MUSICAL PLAYHOUSE FAMILY THEATER PRESENTS

KNUFFLE BUNNY
A CAUTIONARY TALE

Saturday, March 3
Book Patch Library
1p.m. | Ages 3-8

You're invited to a special meet-and-greet plus a super-duper craft-tastic storytime. Our special guest is Knuffle Bunny, presented by the Tacoma Musical Playhouse.

No registration required.

For more details, call 253-967-5533.

f /JBLMlibrary

2109 N. 10th & Pendleton | Lewis Main | JBLMmwr.com/libraries

HALF PRICE BOOKS

SPORTS • FITNESS • AQUATICS

Joint Base Lewis-McChord Open Spring Softball

Season begins April 7 at the Lewis North Athletic Complex

Sign-up Meeting
March 15 @ noon
Nelson Recreation Center

Registration Cost
\$250 per team

League Tournament May 5

Players without teams encouraged to attend coaches meeting for team placement.

Open to JBLM Community ID cardholder ages 18+

For more information, visit JBLMmwr.com/intramural or contact the Intramural Sports Office at 253-967-1195.

American Red Cross

Join the American Red Cross for a brief introduction to natural disaster preparedness and home fire safety!

Participants will learn through a fun and engaging storytime with the instructor reading "No Dragons for Tea" as well as through other short activities.

at Book Patch Library

Thursday, March 8
3-4 p.m.
Ages 4-8

No registration required.
For more details, call 253-967-5533.

2109 N. 10th & Pendleton
Lewis Main
JBLMmwr.com/libraries

f /JBLMlibrary

HALF PRICE BOOKS

GRANDSTAFF LIBRARY

STEAM MAKERSPACE

Science Technology Engineering Arts Math

First Friday of the month | 6-7:30 p.m.

January 5
Littlebits Coding
Ages 8 & older

February 2
Dash & Dot
Ages 6 & older

March 2
Makey Makey
Ages 6 & older

April 6
Ozobot
Ages 6 & older

May 4
Drones
Ages 14 & older

Our library's Makerspace will inspire all participants to uncover their talents and interests by making, producing, solving, creating, collaborating and thinking.

For more details, call 253-967-5533.

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2018 JOINT BASE LEWIS-MCCHORD SPORTS CALENDAR



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7th ID / Independent / 593rd ESC / McChord

All leagues will have a mandatory coaches meeting prior to the start date
For more information on the sports program:
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JBLMmwr.com/intramural
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January	CC Volleyball	Jan 15
February	CC Bowling Open Women's Volleyball	Feb 8 Feb 17
March	ShamROCKin' Run 5K/1K CC Soccer	Mar 10 Mar 12
April	Open Women's Basketball Open Softball CC Golf Open Flag Football CC Basketball CC 10 Miler Qualifier Awareness Run 5K	Apr 7 Apr 7 Apr 9 Apr 14 Apr 17 Apr 20 Apr 28
May	Down n' Dirty Mud Run	May 12
June	CC Softball Sound to Narrows 12K Military Run Open Basketball Open Volleyball	Jun 11 Jun 9 Jun 16 Jun 16
July	Freedom Run 10 Miles/5K/1K	Jul 4
August	Pacific Pathways Sprint Triathlon CC Paintball Open Softball II CC Flag Football Salmon Run 12K/5K/1K	Aug 4 Aug 11 Aug 18 Aug 20 Aug 25
October	CC Indoor Soccer Zombie Apocalypse Run 5K/1K CC 5K Championship	Oct 1 Oct 13 Oct 19
November	CC Swim Meet Turkey Trot 5K/1K	Nov 6-8 Nov 17
December	Jingle Bell Jog 5K/1K	Dec 8

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guardian weekend

SECTION C

ALSO INSIDE:

For more fun things to do,
see the JBLM calendar. 2C

COVER STORY

A DAY AT THE PARK

Spend a day exploring
the beaches, trails and
old-growth forest at
Point Defiance Park, 3C



FOR THE WEEK OF FEB. 23 TO MARCH 1

23

McCHORD PUB
4 to 8:30 p.m. Drop in to relax after work. Enjoy programs on four overhead televisions and challenge your friends to a game of darts or poker. Order appetizers from the pub menu to go along with your favorite drinks.

McCHORD GRILL
11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, soup of the day, pasta made to order, burgers and sandwiches with fries.

STRIKE ZONE AT SOUNDERS LANES
11 a.m. to 10 p.m. Shrimp basket for \$8.25.

24

SOUNDERS LANES
11 a.m. to midnight Cosmic Blacklight Bowling from 7 to 11 p.m. Two hours plus shoe rental for \$12 per person, plus the Laser Maze and PAC-Man.

SAMUEL ADAMS BREWHOUSE JBLM
4 to 11 p.m. Watch your favorite sports with appetizers and brew.

25

SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE Open to the public. Come in for great meals, good brew and your favorite sports.

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. Come in for a traditional breakfast and dine in with a view.

26

STRIKE ZONE AT SOUNDERS LANES
11 a.m. to 8 p.m. Chicken cordon bleu for \$8.25.

HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Buy one lunch burrito and get the second half off.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your coffee.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

27

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Cheese quesadilla, soup and fountain drink for \$7.50.

STRIKE ZONE AT SOUNDERS LANES
11 a.m. to 8 p.m. Swedish meatballs over rice for \$8.25.

WARRIOR ZONE Try the Zone's turkey, Thai chicken, chicken chiptotle and turkey Caesar wraps, tuna salad, veggie, roast beef, turkey and chicken sandwiches. Ages 18 and older.

28

THE CLUB AT McCHORD FIELD
11 a.m. to 1 p.m. Member Appreciation Luncheon. Free for cardholders, \$5 for guests. Sign up for your new Club membership while you're there.

STRIKE ZONE AT SOUNDERS LANES
11 a.m. to 8 p.m. Three pulled pork sliders for \$8.25.

STRIKE ZONE AT BOWL ARENA LANES
4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

1

WARRIOR ZONE DINING 10 a.m. to 11 p.m. Try our hot-from-the-oven flatbread pizzas, fresh-grilled sandwiches and more. Also order Battle Bean coffee drinks for an instant boost.

STRIKE ZONE AT SOUNDERS LANES
11 a.m. to 8 p.m. Chicken club combo for \$8.25.

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Try our new appetizers: Hand-held flautas with chicken, hardwood-smoked chicken wings, Buffalo mini tacos and jalapeno poppers.

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Whispering Firs Habanero Mexican Grill

253-982-3271

To see menus, visit JBLMmwr.com.

AT THE MOVIES

Carey Theater on Lewis Main

Maze Runner: The Death Cure (PG-13)

Friday at 7 p.m.

Black Panther (PG-13)

Saturday at 1 p.m.

The Post (PG-13)

Saturday at 7 p.m.

Maze Runner: The Death Cure (PG-13)

Sunday at 1 p.m.

The Post (PG-13)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

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Ki Hong Lee, Dylan O'Brien, Thomas Brodie-Sangster and Dexter Darden star in 20th Century Fox's, "Maze Runner: The Death Cure."



SCOTT HANSEN Northwest Guardian

A Douglas fir tree stands tall in the old growth forest along Five Mile Drive at Point Defiance Park.



Point Defiance Park in Tacoma includes a Zoo and Aquarium, rose and rhododendron gardens beaches, trails and a marina.

SHORT TRIPS: POINT DEFIANCE PARK

Four fun ways to experience Point Defiance

Nature walks provide introduction

BY RUTH KINGSLAND
Northwest Guardian

For nature lovers hoping to get out and enjoy a sun-break or feast the eyes on massive trees, exotic plants or several species of animals, a day at Point Defiance Park and its Port Defiance Marina, Point Defiance Zoo and Aquarium or Fort Nisqually is sure to be a pleasurable experience.

From slugs to sea animals and shrubs to 200-year-old fir trees, activities at Point Defiance Park are filled with opportunities to learn and stand in awe.

For example, Tacoma Giants: Part 1 Trees of Point Defiance

Park is a low-key nature walk — about 500 feet — that's designed for children, older visitors and those with mobility issues. The walk begins at the Fort Nisqually Picnic Shelter. Cost to participate is \$4. That begins Saturday from 9 a.m. to 10 a.m.

For those who want the experience to continue, the Tacoma Giants: Part 2 Immersion Tree Walk is a two-hour excursion — about 1-mile long — beginning Saturday at 11 a.m. That activity also begins at the Fort Nisqually Picnic Shelter. Participants are advised to dress for the weather

SEE PARK, 11C



SCOTT HANSEN Northwest Guardian / 2016

Enjoy a night of classic cars, live music and tastings from local craft distilleries at America's Car Museum in Tacoma. Cost is \$35-\$65.

EVENTS

COMMUNITY

Art, Theater and Music of the Human Journey 5:30 to 8:30 p.m. Friday. Karshner Museum and Center for Culture and Arts, 309 Fourth St N.E., Puyallup. An evening exploring the human journey; migration and the movement of human groups. Immigration and refugees will be explored, stories told and perspectives talked about. Free. 253-841-8748, facebook.com/events/1876823362359337.

Bass Pro Shop's Spring Fishing Classic 1 to 3:30 p.m. Friday. Bass Pro Shops, 7905 S. Hosmer St., Tacoma. Free. 253-671-5700, facebook.com/events/176645446397906.

Destiny City Film Festival Friday through Sunday. Blue Mouse Theatre, 2611 N. Proctor St., Tacoma. Showcase the best independent films from the Pacific Northwest and beyond, including high-quality film programming for all ages and demographics, a free screenwriting panel, filmmaker question and answer sessions, free family films and more. \$6-\$60. 253-752-9500, DestinyCityFilmFestival.com.

Tacoma Lutheran Church of Christ the King's Bazaar and

Craft Show 10 a.m. to 4 p.m. Saturday. Lutheran Church of Christ, 1710 85th St. E., Tacoma. Local crafters and vendors; proceeds help support the LCCC Ladies Church Guild. Free to public. 253-370-0974.

Pierce County Dental Society's Annual Children's Dental Health Day 10:30 a.m. to 2:30 p.m. Saturday. South Hill Mall, 3500 South Meridian, Puyallup. Children age infant to 18 years old and their families are welcome and will receive free dental screenings, free fluoride varnish applications, free mouth guards, free dental supplies, face painting and more. Free. 253-274-9722, southhillmall.com.

Northwest Aviation Conference and Trade Show 9 a.m. to 5:30 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. Washington State Fair Events Center, 110 Ninth Ave. SW, Puyallup. Washington Aviation Association annually hosts the Aviation Conference with free seminars, career forums and more than 350 exhibitors and airplane displays. thefair.com.

Drive the Blues Away 8 to 11 p.m. Saturday. LeMay — America's Car Museum, 2702 East D St., Tacoma. Join us at America's Car Museum for a night of live music, gourmet light bites and tastings from local craft distill-

eries, breweries and wineries, in addition to full museum access. \$35-\$65. 253-779-8490, americascarmuseum.org/event/drive-blues-away.

So Northwest Womens Show 9 a.m. to 6 p.m. Saturday and 10 a.m. to 5 p.m. Sunday. Tacoma Dome, 2727 E D St., Tacoma. Celebrating 30 years with fashion, fun, freebies and more. \$15. nwwomensshow.com.

Nifty 50 Community Networking Group 11:30 a.m. Saturday. Joeseppi's Italian Ristorante, 2207 N. Pearl St., Tacoma. Entertaining and informative guest speakers. \$10 for lunch and program. 253-891-0221.

Pierce County Conversations: The Hunting Ground 6:30 p.m. Tuesday. University Place Library, 3609 Market Place W., University Place. "The Hunting Ground" film is a startling expose of sexual assaults on college campuses in the U.S., institutional cover-ups and the toll on victims and their families. A community discussion will follow the 45-minute film screening. Movie rating: PG-13. Free. 253-548-3307, piercecountylibrary.org/calendar.

Fly Fishing Film Tour 6 p.m. Thursday. Blue Mouse Theater, 2611 N. Proctor St., Tacoma.

SEE EVENTS, 7C

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EVENTS

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8 Shows!

Feb. 23 - Mar. 3

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SYMPHONY TACOMA
SARAH IOANNIDES
MUSIC DIRECTOR

Elgar and Sibelius

Conducted by Sarah Ioannides
Featuring Efe Baltacigil, cello

Feb. 24 • 7:30 p.m. • Chapel Hill, Gig Harbor

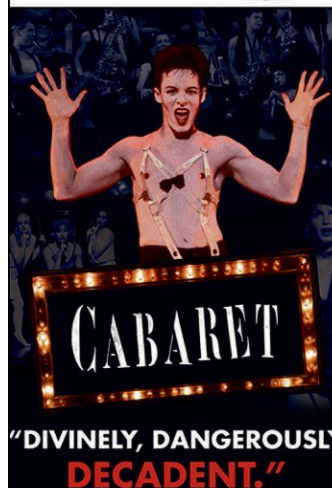
Feb. 25 • 7:30 p.m. • Rialto Theater, Tacoma

Tickets: \$30 / \$48

Samuelsson: "The Eros Effect & Solidarity"
from The Love Trilogy (US Premiere)

Elgar: Cello Concerto

Sibelius: Symphony No. 2



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BROADWAY CENTER PRESENTS

CABARET

Apr. 10 • 7:30 p.m.

Pantages Theater

Tickets start at \$55

Welcome to the infamous Kit Kat Klub, where the allure of Berlin nightlife can get you through the dangerous times of pre-WWII. Leave your troubles outside and come enjoy Broadway's definitive Tony-winning musical masterpiece.

FEBRUARY 23

YOGA CLASS DESIGNED FOR SNOWSHOERS

After spending the day exploring a winter wonderland, trudging up, down, across and zig-zagging through waist deep snow, it's inevitable to get tight calves, hamstrings, hip flexors and quads.

Join other outdoor recreators in a 60-minute class away from the studio designed specifically for preparing the muscles to endure the snow-filled adventures ahead of you this winter. Class takes place at 6 p.m. at McChord Field's Adventures Unlimited surrounded by inspiring outdoor gear.

Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$17.**

FEBRUARY 24

WINTER SUMMIT AT MT. ST. HELENS

On this steep snowshoe trip/ mountain climb, snowshoers can walk strait up this snow-piled volcano to the rim of a massive crater from the 1980 eruption. Once at the summit, you can cautiously view over the edge to view the lava dome, as well as the miles of destruction.

Difficulty: most difficult; hiking time: nine hours; distance: 8 miles; elevation gain: 5,700 feet. Minimum age: 18. Meet at McChord Field's Adventures Unlimited at 1 a.m. Register at JBLMmwrRegistration.com. **\$110.**

LEARNING THE BASICS OF PHOTOGRAPHY

It's often difficult for beginners to know where to start, but this Photoshop 101 seminar covers nearly every tool and menu available in detail.

This is the starting point for getting introduced to the editing possibilities in Photoshop. Learn how to edit quickly, build confidence in your skills and ensure your images come out looking great.

Topics include layers, masking, groups, typography, quick masks, introduction to filters and more. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45.**



JBLM Outdoor Recreation

The Joint Base Lewis-McChord Northwest Adventure Center has numerous backcountry skiing opportunities, including a trip to the Cascade Mountains this weekend.

BACKCOUNTRY SKI TRIP TO CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. This trip provides all the gear you need to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult. Participants must be intermediate skiers. Due to weather, location is subject to

change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

FEBRUARY 25

ADVANCED PHOTOSHOP SKILLS WORKSHOP

Build on the basic experiences working with Photoshop and learn some of the program's most powerful tools. Learn Adobe Camera RAW, learn actions, adjustment layers, create custom brushes, advanced brush options, dodge and burn, blending modes and more. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45.**

INTRODUCTORY MOUNTAIN BIKING TRIP

Experience the thrill of mountain biking. The trip will start by addressing proper bike fit and making any necessary adjustments to your bike. Next, the experts will demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending and navigating minor obstacles on the trail.

The course will also go over important communication skills and mountain biking trail etiquette with the aim of keeping multi-use trails open and safe for everyone. Practice all these new skills on a great trail ride. Minimum age: 14; children younger

than 18 must be accompanied by an adult.

Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at JBLMmwrRegistration.com. **\$35.**

MARCH 2

MOONLIGHT SNOWSHOE TRIP AT SNOQUALMIE

Head to the Snoqualmie Pass area to snowshoe in the moonlight. Dress warm because you won't see the sun on this trip. Difficulty: beginner; distance: 1.5 miles; elevation gain: 50 feet; time: two hours.

Depart from the Northwest Adventure Center at Lewis North at 5:30 p.m. or McChord Field's

Adventures Unlimited at 6 p.m. Register at JBLMmwrRegistration.com. **\$50.**

MARCH 3

SNOWSHOE ADVENTURE AT SNOW LAKE

The Pacific Northwest is a unique location with mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Snow Lake is no exception. Nestled in the central Cascades, this lake is accessed up 2,000 feet of elevation gain to an overlook of the snow covered valley. Due to winter conditions, location is

SEE OUT, 8C

BLUE MOUSE THEATRE
Fri 2/23-Sun 2/25
www.destinycityfilmfestival.com
Sun 2/25-Wed 2/28
COCO Nightly at 7:00pm
ROCKY HORROR PICTURE SHOW SATURDAY AT 11:30 PM
253-752-9500 www.bluemousetheatre.com

THE GRAND CINEMA
606 S Fawcett Ave
GRANDCINEMA.COM
253-593-4474

Call Me By Your Name (R)

Fri-Mon: 12:15, 3:10, 6:00, 8:55
Tue: 12:15, 3:10
Wed-Thu: 12:15, 3:10, 6:00, 8:55

Phantom Thread (R)

Fri-Mon: 12:00, 2:45, 5:35, 8:25
Tue: 5:35, 8:25
Wed-Thu: 12:00, 2:45, 5:35, 8:25

The Post (PG-13)

Fri-Sun: 11:15 AM, 1:40, 4:05, 6:40, 9:15
Mon: 4:05, 6:40, 9:15
Tue: 1:40, 4:05, 6:40, 9:15
Wed: 1:40, 4:05
Thu: 1:40, 4:05, 6:40, 9:15

The Shape of Water (R)

Fri: 6:10, 8:45; Sat: 6:10, 8:40
Sun: 6:10, 8:45; Mon: 1:30, 8:45
Tue-Wed: 6:10, 8:45; Thu: 1:30, 8:45

Lady Bird (R)

Fri-Sun: 11:20 AM, 1:30, 3:45; Mon: 4:15
Tue-Wed: 1:30, 3:45; Thu: 4:15

Get Out (R)

WEIRD ELEPHANT SERIES:
Sat: 11:00; Wed: 6:30, 9:00

Concert for George (NR)

SPECIAL SCREENING: Mon: 1:15, 6:30

2018 Oscar Nominated

Shorts: Documentary (NR)

TUESDAY FILM SERIES: Tue: 1:50, 6:50

Now serving local beer & wine!
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ON SALE THIS WEEK

SMASHING PUMPKINS SHINY AND OH SO BRIGHT NORTH AMERICAN TOUR Aug. 24. KeyArena, Seattle. Tickets go on sale Friday.

KOOL AND THE GANG May 19. Emerald Queen Casino, Tacoma. Tickets go on sale Friday.

JIMMY BUFFETT AND THE CORAL REEFER BAND June 23. KeyArena, Seattle. Tickets go on sale March 2.

ALREADY ON SALE

RYAN CARAVEO 9 p.m. Friday, Neptune Theatre, Seattle.

JOEL MCHALE 7 p.m. March 3. Moore Theater, Seattle.

JAY PHAROAH 7 p.m. March 8. Neptune Theatre, Seattle.

LORDE'S MELODRAMA WORLD TOUR 7 p.m. March 9. KeyArena, Seattle.

RICHARD MARX 8 p.m. March 9. Tulalip Resort Casino.

JEFF DUNHAM: PASSIVELY AGGRESSIVE 5 p.m. March 10. Tacoma Dome.

BLUE OYSTER CULT 8 p.m. March 10. Emerald Queen Casino, Tacoma.

CHIPPENDALES 6 p.m. March 17. Tulalip Resort Casino, Tulalip.

TREVOR NOAH 7:30 p.m. March 23. Paramount Theatre, Seattle.

TIME MACHINE/MASHINA VREMENI 8 p.m. March 28. Moore Theatre, Seattle.

SOMO: THE RESERVATIONS TOUR 8 p.m. March 30. Neptune Theatre, Seattle.

PAW PATROL LIVE: RAVE TO THE RESCUE April 3. McCaw Hall, Seattle.

KEITH SWEAT 8:30 p.m. April 7. Emerald Queen Casino, Tacoma.

MONSTER ENERGY AMA SUPERCROSS April 7. CenturyLink Field, Seattle.

BILL MAHER 8 p.m. April 14. Paramount Theatre, Seattle.

PBR TOUR April 14-15. Tacoma Dome, Tacoma.

JUDAS PRIEST: FIREPOWER 2018 NORTH AMERICAN TOUR April 15. ShoWare Center, Kent.

ALVIN AILEY AMERICAN DANCE THEATER 8 p.m. April 27 and 28; 2 p.m. April 29. Paramount Theatre, Seattle.

CASPAR BABYPANTS 10:30 a.m. April 28. Neptune Theatre, Seattle.

KHALID: THE ROXY TOUR May 3. WaMu Theater, Seattle.



GREGORY PAYAN The Associated Press

Justin Timberlake is scheduled to perform at the Tacoma Dome Nov. 12. Tickets are currently on sale.

KENDRICK LAMAR 7:30 p.m. May 5. White River Amphitheatre, Auburn.

LITTLE BIG SHOW NO. 21: NADA SURF, CELEBRATING THE 15TH ANNIVERSARY OF LET GO 8 p.m. May 9. Neptune Theatre, Seattle.

SEVEN LIONS: CHRONICLES 6 p.m. May 12. WaMu Theater, Seattle.

PINK: BEAUTIFUL TRAUMA WORLD TOUR 7:30 p.m. May 13. KeyArena, Seattle.

PAUL SIMON HOMEWARD BOUND FAREWELL TOUR 8 p.m. May 18. KeyArena, Seattle.

CHRIS YOUNG: LOSING SLEEP WORLD TOUR 2018 7:30 p.m. May 19. Tacoma Dome.

STARS ON ICE 7:30 p.m. May 20. KeyArena, Seattle.

WEIRD AL YANKOVIC: ILL ADVISED TOUR 8 p.m. May 20. The Moore Theater, Seattle.

SASQUATCH MUSIC FESTIVAL 3 p.m. May 25-27. The Gorge Amphitheatre, George.

MAROON 5 7:30 p.m. May 30. Tacoma Dome.

CELTIC WOMAN: HOME-COMING TOUR 7:30 p.m. June 2. Paramount Theatre, Seattle.

NATALIA LAFOURCADE 8 p.m. June 2. Neptune Theatre, Seattle.

JAMES TAYLOR AND BONNIE RAITT 7:30 p.m. June 6. KeyArena, Seattle.

KEVIN HART IRRESPONSIBLE TOUR 7 p.m. June 14. KeyArena, Seattle.

ANDREA BOCELLI IN CONCERT WITH THE SEATTLE SYMPHONY 7:30 p.m. June 24. KeyArena, Seattle.

DEAD AND COMPANY SUM-

MER TOUR 7 p.m. June 29. Gorge Amphitheatre, George.

KENNY CHESNEY: TRIP AROUND THE SUN TOUR 4 p.m. July 7. CenturyLink Field, Seattle.

TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13. KeyArena, Seattle.

PHISH 7:30 p.m. July 20-22. The Gorge Amphitheatre, George.

CHRIS STAPLETON "ALL AMERICAN ROAD SHOW" 7 p.m. July 21. White River Amphitheatre, Auburn.

FOREIGNER - JUKE BOX HEROES TOUR 7 p.m. July 27. White River Amphitheatre, Auburn.

NIAL HANAN: FLICKER WORLD TOUR 7 p.m. Aug. 2. White River Amphitheatre, Auburn.

WEEZER AND PIXIES 7:30 p.m. Aug. 4. White River Amphitheatre, Auburn.

PEARL JAM 7:30 p.m. Aug. 8 and 10. Safeco Field, Seattle.

DARYL HALL AND JOHN OATES WITH TRAIN 6 p.m. Aug. 11. KeyArena, Seattle.

JACK WHITE 8 p.m. Aug. 13. WaMu Theater, Seattle.

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25. CenturyLink Field, Seattle.

ZAC BROWN BAND: DOWN THE RABBIT HOLE LIVE 7 p.m. Aug. 31. Safeco Field, Seattle.

DAVE MATTHEWS BAND Aug. 31-Sept. 2. Gorge Amphitheatre, George.

ROD STEWART, WITH SPECIAL GUEST CYNDI LAUPER 7:30 p.m. Sept. 1. White River Amphitheatre, Auburn.



FROM PAGE 4C EVENTS

Sponsored by Gig Harbor Fly Shop, live music, silent auction and refreshments. \$15 in advance at Gig Harbor Fly Show or \$18 online. tinyurl.com/y7f3aosx.

Dino Days at Burke Museum 10 a.m. to 5 p.m. March 3-4. Burke Museum, Northeast 45th St. and 17th Avenue Northeast, Seattle. Join us for prehistoric fun. Become a Junior Paleontologist by completing fossil challenges, talk to paleontologists about their research and careers and see hundreds of prehistoric plants and animals. \$7.50-\$10. 206-543-5590, burkemuseum.org.

Seattle Kennel Club Dog Show 8 a.m. to 5 p.m. March 10-11. CenturyLink Field and Event Center, 800 Occidental Ave. S., Seattle. With demonstrations, competition. Learn about breeds, agility, obedience and rally action. \$8-\$12. seattledogshow.org.

Free Family Flick: The Last Starfighter 10 a.m. March 17.

Grand Cinema, 606 S. Fawcett Ave., Tacoma. 1984 sci-fi movie, seating is free for all, first come basis. Free. grandcinema.com.

T-Town: Play, Explore, Learn 10 a.m. to 3 p.m. March 24. Tacoma Dome, 2727 E D St., Tacoma. City services expo, learn services available, how city government works, share ideas and feedback. Free.

ONGOING

Black Hills Audubon Society Bird Walk 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road., Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

TALKS

Oh My Gosh, Now What? Noon. Friday. Pierce County Annex, 2401 S. 35th Street, Tacoma. Part 4: What are the typical moods and behaviors of Alzheimer's or another dementia? How do I manage them? Free; No RSVP Required. 253-798-4600, PierceADRC.org.

Discover Pierce County's Heritage 11 a.m. to 3 p.m. Saturday. Orting Library, 202 Washington Ave., Orting. Ten historical societies and museums

gather at one event to illustrate different snapshots of East Pierce County history. Free. 253-548-3312, piercecounity-library.org/calendar.

Tantalizing Thailand 10:30 a.m. to 12:30 p.m. Monday. Pacific Lutheran University, 12180 Park Ave. S., Tacoma. Architect turned professional tour guide, Sarah Murdoch, will give a talk on her newest area of expertise, that of the fascinating land of Thailand. Walk-in registration begins at 10 a.m., \$15 cash or check. 253-241-4166, plu.edu/liferoadscholar.

Words In Action 7:30 p.m. Tuesday. Rialto Theatre, 310 S. Ninth St., Tacoma. Join Ijeoma Oluo, Sonya Renee Taylor, Jaclyn Friedman and Leah Lakshmi Piepzna-Samarsinha for a conversation around race, sex, accessibility, gender identity and what it means to take action to create an equitable world. 253-591-5894, broadwaycenter.org.

The Black Origins of Western Religion 7 to 8:30 p.m. Feb. 27. First United Methodist Church of Tacoma, 621 Tacoma Ave. S., Tacoma. Dr. Donald H. Matthews, will present a three-lecture series

in honor of Black History Month on the Black origins of Judaism, Christianity and Islam. Donation. 253-627-0129, fumcot.com.

On Stage: Cuba and the Caribbean 10:30 to 11:30 a.m. Wednesday. Tacoma AAA Cruise and Travel Store, 1801 S. Union Ave., Tacoma. Join Katie Dow, a partner with Holland America who has been to Cuba more than 20 times, for a fun and informative presentation on the colorful highlights of travel to the Caribbean, Cuba and Half Moon Cay. Reserve your seat on our RSVP line at 253-756-3034. Free.

Travel Talk: Traveling China Through Wine 7 to 8:30 p.m. Wednesday. Annie Wright School, 827 N. Tacoma Ave., Tacoma. Since 2013, Professor Pierre Ly and his wife Cynthia Howson have spent their summers traveling Chinese wine country to meet the farmers, entrepreneurs and winemakers. Pierre Ly will share his experience. Free. 253-251-2750, wacta.com/event-2818377.

Pierce County Conversations: Student Loans and Debt 3:30 p.m. March 2. Lakewood Library, 6300 Wildaire Road SW, Lake-

wood. Learn how student debt accumulation affects your financial future and other life goals. Free. 253-548-3302, piercecounitylibrary.org/calendar.

VOLKSSPORT/WALK

Daffodil Valley Volkssport Wednesday. Tukwila's Christian-sen Trail. Meet at 9:45 a.m. at Hampton Inn 7200 S 156th St, Tukwila. Everyone must register before the walk. For more info go to meetup.com/south-sound-walkers. Free. 253-845-6592, daffodilvalleyvolkssport.com.

Capitol Volkssport Club Thursday: Ft. Steilacoom Walk. Meet at 9:15 a.m. at the Martin Way Park 'n Ride to carpool or at 9:45 a.m. at the Chevron Station, 3025 Steilacoom Blvd, Steilacoom. Free. capitolvolkssportclub.org.

WORKSHOPS

Advanced Birding 9 a.m. to 11 a.m. Saturday to March 24. Billy Frank Jr. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. With Scott Mills; five consecutive Saturdays. There is a limit of 24 people. Registration is required and payment made in advance to

secure your seat. Contact Ken Brown at kenbrownpls@comcast.net to register. \$75. 360-352-7299, blackhills-audubon.org.

Blood Sugar Balance 12:30 to 1:30 p.m. Monday. Puyallup Activity Center, 210 W. Pioneer, Puyallup. In this workshop, you will learn how high blood sugar and chronic stress can damage your body and pack on unwanted pounds. \$5. 253-841-5548.

Life After High School: It's a Money Thing 6 p.m. Wednesday. Graham Library, 9202 224th St. E., Graham. Financial Literacy Certification Get ready to move out and live on your own. Learn about the power of compound interest and the financial benefits of investing early. Free. 253-548-3322, piercecounity-library.org/calendar.

Tacoma Women's Sailing Association Spring Sailing Classes Tuesdays starting April 10. On the water training for six weeks. Sign up by calling Nini Tayet, 253-686-3307, Rod, 253-686-3282.

SEE EVENTS, 9C

SPRING BREAK 6

A BEACH PARTY IN THE SAND

Contenders | A Tribute To The Contenders
Friday, February 23rd

House Of Floyd | The Music of Pink Floyd
Saturday, February 24th

Doors 7:00 PM | Shows 8:00 PM • Tickets \$10 Advance & \$15 Day of Show

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FROM PAGE 5C

OUT

subject to change for safety reasons. Difficulty: moderate; distance: 8 miles; time: three to four hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at Lewis North at 8:30 a.m. Register at JBLMmwrRegistration.com. **\$65.**

MARCH 3-4

BASIC ALPINE CLIMB CLASSROOM COURSE

During this course, you'll receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. Unlike Rainier, the Cascades are part of a huge mountain range with scores of peaks topping 8,000 feet, upwards of 400 glaciers and countless permanent snowfields. This program is designed for the beginner or intermediate climber who wishes to develop strong fundamental skills in all aspects of snow and glacier climbing. It serves as a prerequisite for many basic-level climbs and is a stepping stone to more technically difficult mountains, including Denali. This course has served as a springboard to many climbing careers, including numerous Rainier summiteers, and has developed a foundation of skills for hundreds of independent climbers. Taught over two weekends, the first half is classroom based skill sessions. The following weekend is an overnight field skills practice on the slopes. Register at JBLMmwrRegistration.com. **\$125.**

MARCH 4
SNOW TUBING
FOR ALL AGES

Travel to one of Washington's best tubing hills for a day in the snow. Dress warmly and get ready to go for a wild ride. Tubing is a blast for all ages. Snow tubes and transportation provided. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. or McChord Field's Adventures Unlimited at 9 a.m. **\$45;** ages 6 to 12, **\$25;** ages 5 and younger, **\$5.** Register at JBLMmwrRegistration.com.

CROSS-COUNTRY SKIING
AT LAKE EASTON

A great day of cross-country skiing at Lake Easton is made up of a combination of short trails, rolling hills, groomed trails and beautiful views. Gear, transportation and instruction are provided. Skiers must go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Meet at McChord Field's Adventures Unlimited at 8 a.m. Difficulty: moderate; distance: 5 miles; elevation gain: 50 feet; time: three hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$65.**

MARCH 8-11

WINTER EXPEDITION
MOUNTAINEERING

During this course, participants will receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. Unlike Rainier, the Cascades are part of a huge mountain range with scores of peaks topping 8,000 feet, upwards of 400 glaciers and countless permanent snowfields. This program is designed for intermediate climbers who wish to develop strong fundamental skills in all aspects of snow and glacier climbing. It serves as a prerequisite for and is a stepping stone to more technically difficult mountains, including Denali. Taught over four days as overnight field skills practice on the slopes. Register at JBLMmwrRegistration.com. **\$350.**

MARCH 9

YOGA CLASS
DESIGNED FOR SKIERS

Skiing and snowboarding go together with yoga like peas and carrots. Like yoga, skiing is an activity where focus and strength is essential. Both require complete concentration of mind and attention to the body and what will make it perform with every swerve, bump and steepening of the slope. Join other outdoor recreators in a 60-minute class away from the studio designed specifically for preparing the muscles to endure long runs down a powdery hill this winter.



JBLM Outdoor Recreation

The Northwest Adventure Center on Joint Base Lewis-McChord is offering a chance to go snow tubing March 4.

Class takes place at 6 p.m. at McChord Field's Adventures Unlimited building surrounded by inspiring outdoor gear. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$17.**

MARCH 10

LEARN THE BASICS
IN PHOTOGRAPHY 101

This is the perfect training session for anyone looking to learn the fundamentals of photography.

Whether someone is a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of

photography including:

- Camera settings: Learn the settings and get your camera set up right.
- Depth of field: What it is and how to use it to make better photos.
- Exposure: Get it right in the field without any fuss.
- Focus: Learn how focus is affected and how to take control of it.
- Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45.**

BACKCOUNTRY SKIING
AT CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. JBLM Outdoor Recreation's trip provides all the gear you need to go safely into the

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FROM PAGE 7C

EVENTS

NIGHTLIFE

FRIDAY

Magic with Cary Durgin 6 p.m. Stonegate Restaurant Bar and Grill 5421 South Tacoma Way, Tacoma. 253-473-2255.

Open Mic Night 6 to 10 p.m. Urban Timber Coffee, 6621 166th Ave. E., Sumner. All ages, family friendly. 253-826-3936.

Among Authors, Dirty Dirty, J. Martin and Dweller on the Hill 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$7-\$10. realarttacoma.com.

Luenell 8 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Noise, The Drowns, C.F.A. and Old Foals 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$8-\$12. 253-396-9169.

Groove City 9 p.m. and Saturday. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

Nite Crew 9 p.m. and Saturday. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

The Hipsters 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

SATURDAY

Marrowstone, Lo' There, Newbrihton, Nacion De Humo, Save Bandit and Wanting 6 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$7-\$10. realarttacoma.com.

Tupelo 8-11 pm. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

Live Music featuring Blues, Brews and Barbecue 8 p.m. Uncle Thurm's Finger Lickin' Ribs and Chicken 3709 S. G St., Tacoma. 253-475-1881.

Luenell 8 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Groove City 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

Nite Crew 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

Red Elvises and the Fun Police 9 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$12-\$15. 253-396-9169.

80s Invasion 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

SUNDAY

Billy Barner and King Kom Beaux 7 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

Tacoma's Best Comics 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Tim Hall Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma, 253-476-1421.

Country Roadhouse Ham with Dave Nichols 8:30 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

MONDAY

Rockaraoke with Live Music 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

TUESDAY

Counter/Balance, Sorrytown and More 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$8-\$10. realarttacoma.com.

New Talent Tuesdays 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Blues Jam with Roger Williamson 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Karaoke with Virginia 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood, 253-396-0500.

WEDNESDAY

Caliente Salsa Dancing 7 p.m. La Fondita Mexican Restaurant, 2620 N. Proctor St., Tacoma. With DJ Arturo Rodriguez. Salsa dance lessons from 7 to 8 p.m. Music and dancing from 8 p.m. to close. \$15 for salsa lessons and cover, \$10 for cover only. 253-752-2878, facebook.com/pg/LaFonditaProctorDistrict/events.

Comedy Open Mic 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

The Blu Tonz 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Open Mic with Verginia 8 p.m. Rock The Dock, 535 Dock St., Tacoma. 253-272-5004.

Mike's Movie Riff Off 8 p.m. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. A movie night where you rate, mock and interject on the classiest trash cinema has to offer. No cover. 253-503-6712.

THURSDAY

Billy Shew Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.



FEB 2-25 • FRI & SAT 7:30PM • SUN 2PM • SAT FEB 17 & 24 2PM

Tacoma Musical Playhouse

MY WAY: A MUSICAL TRIBUTE TO FRANK SINATRA

7116 Sixth Avenue, Tacoma, WA 98406
Musical revue set in the 1940s of Sinatra favorites performed as eight actors share more than 50 of his iconic hit songs.
Ticket Info: \$31 Adults; \$29 Senior, Military, Students; \$22 Children (12 and under); \$27 Groups of 10 or more; Reserved Seating

FEB. 16 - MAR. 11, 2018 • FRI. & SAT. 8PM • SUN. 2PM

Lakewood Playhouse

TENNESSEE WILLIAMS' THE GLASS MENAGERIE

5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496
Amanda Wingfield strives to give meaning to her life and those of her children, Tom and Laura. An American Classic.
LAKEWOOD: Shop, Eat, Play, Stay!
Ticket Info: Full Price \$26 Seniors/Military \$23 Students/Educators \$20 (253) 588-0042 or online www.lakewoodplayhouse.org

SATURDAY • FEBRUARY 24, 2018 • 7:30

Tacoma Concert Band

TACOMA CONCERT BAND PRESENTS "WINTER CELEBRATION"



Pantage Theater downtown Tacoma
Tacoma Concert Band, conducted by Robert Musser in his final season, will present "Winter Celebration" featuring George Gershwin's "Rhapsody in Blue" with Grammy nominated pianist Duane Hulbert. Also featured will be Jennifer Rhee, the winner of the TCB's 2018 Student Soloist Competition.
Ticket Info: Broadway Center Box Office, 901 Broadway, 253-591-5894 HYPERLINK "http://www.broadwaycenter.org" www.broadwaycenter.org \$18 - \$36 with discounts for seniors and military personnel. Under 18 admitted free

Power Rock Jam with Howard Comfort 8 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Way. Tacoma. 253-473-2255.

Rodney Sherwood 8 p.m.

Tacoma Comedy Club, 933 Market St., Tacoma. tacomacomedyclub.com.

Open Mic with Dustin 8 p.m. Rock The Dock, 535 Dock St., Tacoma. 253-272-5004.

February 24 Saturday 7:00 P.M

Tacoma Young Artists Orchestra

DANCES ANCIENT AND FANTASTIC

Urban Grace Church
Featuring student soloists Bernadette Phillips in Saint-Saens Cello Concerto #1 and Emma Lenderink in Nielsen's Flute Concerto. Sponsored by The Florence B. Kilworth Family Foundation.
Ticket Info: Tickets are \$14 for main level and \$24 for balcony. Call (253) 627-2792 to purchase tickets.

MARCH 9 - APRIL 1 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre

JESUS CHRIST SUPERSTAR

210 N I Street Tacoma, WA 98403
Andrew Lloyd Webber's rock opera, Jesus Christ Superstar, is a timeless work set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot.
Ticket Info: \$24 (Adult) \$22 (SR/ST/MI) \$20 (Children 12 and under) Pay what you can March 22 at 7:30pm. www.tacomalittletheatre.com 253-272-2281

MARCH 2-4, 2018 • FRI/SAT 7:30PM • SUN 2:00PM

Camp TMP's Young at Heart Players

YOU'RE A GOOD MAN CHARLIE BROWN

7116 Sixth Avenue Tacoma, WA 98406
Good grief! TMP's Young at Heart Players - a program for actors over the age of 50- brings to you Charlie Brown and the whole Peanuts gang!
Ticket Info: \$15 Adults | \$13 Senior, Military, Students | \$12 Children (12 and under) \$10 Groups of 10 or more. 253-565-6867

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Laurie Herbert 253.597.8539 or
Melissa Meissner 253.552.7061
Fax 253.552.7057



FROM PAGE 8C

OUT

backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult. Anyone who participates must be an intermediate skier. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

MARCH 11

SNOWSHOE TRIP AT COMMONWEALTH BASIN

The Cascades in the winter is a snowshoeing paradise and none more so than Commonwealth Basin at the Snoqualmie Pass. The proliferation of snow keeps the trail ever changing. Soft blankets smooth the landscape forming snow bridges over creeks and making stumps look like soft bumps in the landscape. Distance: 8 miles, roundtrip; elevation gain: 2,300 feet. Depart from McChord Field's Adventures Unlimited at

8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

PHOTOGRAPHING THE SITES OF SEATTLE

Seattle is full of beautiful and interesting sites, and on this excursion, photographers will travel to a few of the locations, learning various techniques for landscape and cityscape photography. From Kerry Park to Ballard Locks, from the Seattle waterfront to the Seattle Center, Seattle is a photographer's paradise to hone your skills. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. or McChord Field's Adventures Unlimited at 9:30 a.m. Register at JBLMmwrRegistration.com. **\$65.**

SNOWMOBILING, BACKCOUNTRY SKIING

Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. Anyone who is looking for the most fun-filled winter experience should check out this snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snow-suit are provided. Dress in layers. Minimum age to drive: 16. Back-

country skiing/snowboarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledding (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others (almost all of the best snowboard vids are filmed in the backcountry). Participants can enjoy a megafueled snowmobiling adventure where they can get dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again. Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Register at JBLMmwrRegistration.com. **\$185** for snowmobiling; **\$75** for passengers ages 14 and younger; **\$165** for backcountry skiing.

MARCH 17

PACIFIC NORTHWEST WATERFALL TOUR

Explore the great concentration of waterfalls in the continental United States. The tour will be traveling along the historic Columbia River Highway, which

has an abundance of small waterfalls viewable from the road. The group will stop and see at least five major waterfalls to include the world-famous Multnomah Falls, which plunges more than 620 feet from its origins. There will be a stop in Hood River, Ore., for lunch. Trip fee includes round-trip transportation. A great trip for the entire family. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. **\$70; \$45** for ages 5 to 12; **\$20** for ages 4 and younger.

CROSS-COUNTRY SKI AT KEECHELUS LAKE

This will be a great day in the snow-filled Cascades spent skiing along Keechelus Lake near Snoqualmie Pass. Gear, transportation and basic instruction are provided. Please go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Difficulty: easy; distance: 5 miles; time: three hours. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

'WOMEN IN THE WOODS' SEMINAR

Join McChord Field's Adventures Unlimited for monthly

free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use necessary gear in a few hours with the expert instructors. This introduction class will go over being a woman in the woods. Work with a female adventure instructor to learn tips on being a powerful woman while back-packing, rock climbing or even skiing in the backcountry. What gear to use, what feminine hygiene products and what it means to be all that is woman away from civilization? The seminar is designed give women some tested tips to make it even more enjoyable. Exploring the wilderness is an incredibly empowering and life changing experience. No equipment necessary. This class takes place at 11 a.m. Register at JBLMmwrRegistration.com. **Free.**

MAY 7-31

PLAN YOUR DENALI EXPEDITION

Formerly known as Mount McKinley in Alaska, the highest mountain in North America has been the goal of aspiring high-altitude climbers since it was first climbed in 1913. Its reputation as a highly coveted summit derives from its location near the Arctic

Circle and the Pacific Ocean (Gulf of Alaska) giving it some of the most ferocious weather in the world. Because of its notorious weather and ease of access, some climbers use Denali as a training ground for climbing the 8,000 meter peaks of the Himalaya and for extended expeditions in the Arctic or Antarctic. For the peak baggers, Denali is the highpoint of the Denali Borough, the state of Alaska, the United States, the Alaska Range and all of North America. Denali offers one of the world's greatest expedition challenges. While it is exceeded in elevation by peaks in South America and Asia, its great height above the Alaskan plain make it a severe test of personal strength, team work and logistics. No peak in the world has greater relief. Denali rises 17,000 feet above its surrounding plain; Kilimanjaro is 14,000 feet and Everest is 13,000 feet. Vertical elevation gain on Everest from the normal base camp for the South Col route is 11,000 feet; from the landing spot on the Kahlitna Glacier Denali's summit rises another 13,000 feet. Prospective climbers should be highly competent in travel on moderately steep snow/ice slopes and exposed traverses. Register at JBLMmwrRegistration.com. **\$5,000.**



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JESUS CHRIST Superstar

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SINCE 1918

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Call 253.272.2281 or purchase online at tacomalittletheatre.com

PAY WHAT YOU CAN PERFORMANCE • THUR MAR. 22 •

If you go

Here are four fun ways to experience Tacoma's Point Defiance Park:

Tacoma Giants: Part 1 Trees of Point Defiance Park begins at the Fort Nisqually Picnic Shelter, Saturday from 9 to 10 a.m. Cost: \$4.

Tacoma Giants: Part 2 Immersion Tree Walk begins at the Fort Nisqually Picnic Shelter, Saturday from 11 a.m. to 1 p.m. Cost \$8.

Slug Celebration Walk, Point Defiance Park, March 17 from 11:30 a.m. to 12:30 p.m. Free.

BioBlitz at Point Defiance Park, 24 hours from April 27-28. Volunteers must sign up for a four-hour block. Free.

To learn more: call 253-305-1022 or sign up online at: metroparkstacoma.org/calendar.

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PARK

and wear comfortable walking shoes. The cost is \$8.

Both activities are led by Jessica Cimpoes, an experienced tree climber who has studied old-growth trees and is passionate about sharing the wonders of the forest with others.

If your interest is more in the creatures of nature — or if you've ever dreamt of having your own pet slug — a Slug Celebration Walk is planned at Point Defiance Park March 17 from 11:30 a.m. to 12:30 p.m.

The hike is bound to provide some interesting, albeit slimy, creatures for observation.

According to the park's Facebook page: "From local heroes to invading enemies, get to know the gastropods — also known as slugs and snails — who call Point Defiance Park home,



SCOTT HANSEN Northwest Guardian

The network of roads and hiking trails around Point Defiance Park include several viewpoints that feature the Tacoma Narrows Bridge.

including Washington's largest species of land snail."

And, lest one think slugs won't get a lot of celebration, nearly 750 people already have clicked "interested" in attending the Slug Celebration.

Another opportunity — in addition to wandering over to the Point Defiance Zoo and Aquarium while in the neighborhood — is to sign up as a volunteer for one of several cleanup or conservation events at or around the park. Coming up April 27 and 28 is a 24-hour BioBlitz at Point Defiance Park.

"This is a great way to explore and celebrate the park's role as a natural wonder that belongs to all of us and deserves our continued conservation commitment," said Erik Hanberg, one of five members of the Metro Parks Board of Commissioners.

No experience is necessary to take part in the free event, which allows guests to join a small group of investigators, guided by expert scientists and naturalists, to count and identify specific plants, trees, shrubs, insects and birds on the 760-acres of parkland.

The park's last BioBlitz was in May 2011, when 164 volunteers came together and surveyed nine groups of plants and animals. Among them were fungi, fish, invasive species and both marine and terrestrial invertebrates.

Coordinators are hoping for at least 200 people to volunteer for the event this year.

Volunteers must make a four-hour commitment. Register in advance by contacting event coordinator Craig Standridge at 253-404-3690 or craig.standridge@pdza.org. Children as

young as age 8 are welcome. Children younger than age 18 must be accompanied by an adult.

The rendezvous point for the event is Science Central, located in the new Environmental Learning Center just outside Point Defiance Zoo and Aquarium.

Volunteers should dress for the weather, preferably in layers, wear sturdy, comfortable shoes and bring water bottles for use outdoors. Food and beverages will be provided at the Environmental Learning Center.

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