GUARDIAN WEEKEND Get ready for Operation Baby Shower, 3c

ALSO INSIDE Ghost Brigade Soldiers complete EIB, 3A

JBLM NORTHWEST NWGUARDIAN.COM III Authorized newspaper of Joint Base Lewis-McChord, Washington • January 12, 2018

446TH AIRLIFT WING

Rainier Wing welcomes new leadership

New wing commander takes reins at change of command ceremony

BY STAFF SGT. DANIEL LIDDOCOET 446th Airlift Wing

Colonel Sean Pierce assumed his role as the 446th Airlift Wing's newest commander following a change of command ceremony at Joint Base Lewis-McChord Saturday.

Pierce brings with him a breadth of experience specific to the 446th AW's mission, having previously served as the 446th Operations Group commander for two years.

Relieving command is Col. Scott McLaughlin, who served honorably as the 446th AW's commander for more than three years and will be assuming a new role as the 4th Air Force chief of staff at March Air

Reserve Base, Calif. Major General Randall Ogden, 4th Air Force commander, officiated the ceremony and is one of Pierce's earliest Air Force mentors dating back 15 years.

"When you have a leader like Col. Sean Pierce coming, you can all be confident that you have a leader (who) is more concerned about his Airmen than any accolades he might receive," Ogden said. Pierce's speech at the

SEE 446TH AW, 10A



Col. Sean Pierce, 446th Airlift Wing commander, middle, is applauded by Col. Scott McLaughlin, right, and Maj. General Randall Ogden on McChord Field Saturday.

STAFF SGT. DANIEL LIDDICOET U.S. Air Force photo

U.S. ARMY FORCES COMMAND

Abrams honors **JBLM Soldiers**

Ceremony part of briefing visit

BY STAFF SGT. SINTHIA ROSARIO 5th Mobile Public Affairs Detachment Soldiers from the 504th Military Police Battalion, 42nd Military Police Brigade, received awards Tuesday for their outstanding achievements after competing and winning in not one, but two competitions against other units within U.S. Army Forces Command. During a visit to Abrams Joint Base Lewis-McChord for a Mission Readiness Brief, Gen. Robert Abrams, U.S. Army Forces Command commander, took a moment to personally recognize the Soldiers. The first award presented was to Sgt. 1st Class Jason Pickett, named Career Counselor of the Year in the command. Abrams said being a retention noncommissioned officer is not an easy job. "Being a Retention NCO is really hard work and requires commitment and dedication, complete selflessness, Abrams said. "The fact that he (Pickett) was the best retention NCO on JBLM is a big deal." During brief remarks at the awards ceremony, Abrams





TECH. SGT. SHANE CUOMO U.S. Air Force Photo

Exhaust vapors form around a McChord Field C-17 Globemaster III at Pegasus White Ice Runway, Antarctica, during a recent Operation Deep Freeze mission. The winter fly-in is the opening of the first flights to McMurdo Station, which closes for the austral winter in February.

JBLM Airmen begin their annual support missions to Antarctica

BY STAFF SGT. WHITNEY TAYLOR 62nd Airlift Wing Public Affairs n conjunction with the 446th Airlift Wing, the 62nd Operations Group kicked off the 2017-2018 season of Operation Deep Freeze a mission offering unparalleled Department of Defense support to the National Science Foundation-managed U.S. Antarctic Program, with operations that began in late September.

ONLINE

For more information about Operation Deep Freeze, visit mcchord.af.mil

website, Americans have studied the Antarctic and its interactions with the rest of the planet since 1956. The aim of the Antarctic program is to carry forward the nation's goals of meeting obligations under the Antarctic Treaty, fostering cooperative research with other

SEE FREEZE, 10A



Airmen from 62nd Airlift Wing and 446th Airlift Wing unload cargo at McMurdo Station during a recent Operation Deep Freeze mission.

7TH INFANTRY DIVISION

According to the NSF

7th ID troops greet new command sergeant major

BY RUTH KINGSLAND Northwest Guardian

Command Sergeant Major Stephen Helton filled the vacancy of command sergeant major of Joint Base Lewis-McChord's 7th Infantry Division at a change of responsibility ceremony in front of the division's headquarters at Harrison Hall on Lewis Main Jan. 5.

The position had been vacant since August, when previous Command Sgt. Maj. Jack Love took a position in Afghanistan.

Helton comes to JBLM from the Special Operations Aviation Command at Fort Bragg, N.C., where he also served as command sergeant major.

"When you look at (Helton's) bio, you'll see he's had all the tough assignments," said Maj. Gen. Willard Burleson III, commanding general of the 7th Infantry Division, as he introduced Helton at the ceremony.

Burleson spoke about Helton's

SEE 7TH ID, 10A



RUTH KINGSLAND Northwest Guardiar

Command Sgt. Maj. Stephen Helton, left, takes the colors from Maj. Gen. Willard Burleson at a ceremony Jan. 5.



SEE ABRAMS, 10A

IN THE NEWS



SCOTT HANSEN North

Service members receive a recruitment briefing at French Theater on Lewis Main Tuesday.

SFAB RECRUITMENT

The 2nd Security Force Assistance Brigade hosted briefings at French Theater on Lewis Main Tuesday in an effort to recruit some of the Army's best. See story, 2A

SECURITY FORCES ASSISTANCE BRIGADE

Wanted: Best of the best

BY RUTH KINGSLAND Northwest Guardian

For those looking for a way to deploy and serve the country within a small operations unit, and possibly move up the ranks quickly while learning advanced medical, weapons and technical skills, applying to be a member of the 2nd Security Force Assistance Brigade might be an option.

SFAB leaders from Fort Bragg, N.C., came to French Theater at Lewis Main Tuesday for an information and recruitment briefing about the relatively-new brigades.

The 1st SFAB was created in 2017 and was the first permanent unit of its kind in the Army dedicated to advising and assisting partner nations in developing security force capabilities. That unit trains at Fort Benning, Ga.

The 2nd SFAB will be composed of more than 800 service members training at Fort Bragg, N.C.

"This is a big deal; you're going to be part of something great," said Command Sgt. Maj. Michael Grinston, command sergeant major for the U.S. Army Forces Command, at Fort Bragg.

Grinston, former I Corps command sergeant major, returned to JBLM along with the other SFAB leadership for the recruiting event and for a mission readiness brief at I Corps.

Grinston provided some of the criteria for becoming part of the SFAB at the French Theater SFAB briefing and also mentioned one reason an applicant wouldn't be accepted.

"If you're not deployable, you can't be part of this organization," he said.

Command Sergeant Major Ken Killingsworth, who is in the process of moving from Hawaii to a command sergeant major position at Fort Bragg, also shared information at the briefing, including the purpose of the SFAB, which he said is to train, advise and assist a company and enable partner and allied security forces.

Being part of the SFAB is an



SCOTT HANSEN Northwest Guardian

Command Sgt. Maj. Ken Killingsworth, command sergeant major for 2nd Security Forces Assistance Brigade, Fort Bragg, N.C., answers questions for service members during a recruitment briefing at French Theater on Lewis Main Tuesday.

important service, and the organization is a top priority for the Chief of Staff of the Army, according to Killingsworth.

"We're looking for the best of the best," he said.

In addition to other skills expected for applicants, "there's a certain level of fitness expected," Killingsworth said.

Applicants must be a volunteer, have a PULHES — physical capacity/stamina, upper extremities, lower extremities, hearing/ ear, eyes, psychiatric, military physical profile — of 111,221 or greater; score at least 240 points on Army Physical Fitness Test; obtain and maintain a secret security clearance; and successfully pass a background screening with no derogatory information within the last three years.

Because the organization has a goal of preparing exceptional leaders, those who volunteer are accepted and are already at a certain rank can enter training to progress to higher ranks somewhat faster than those outside the organization.

Although those who volunteered last year for the 1st SFAB received a \$5,000 incentive bonus, Killingsworth said he can't yet confirm that bonus will be offered to 2nd SFAB volunteers.

"Bonuses have to be ap-

proved, but there will be incentive bonuses," he said.

The 2nd SFAB will be made up of smaller teams, about 12 persons per team plus nine security members, Killingsworth said.

"(The SFAB is) an enduring mission. You guys are making history and breaking ground for the Army," Gen. Robert Abrams, commander of the U.S. Army Forces Command, said in a video shown at the briefing.

About 150 Soldiers attended the French Theater event, including Spc. Xavier Lopez, 46th Aviation Support Battalion, 16th Combat Aviation Brigade. He said after listening to the briefing, he plans to apply for the 2nd SFAB.

"I joined the military to defend my country, and this looks like a great opportunity to do that," Lopez said, who joined the Army in his hometown of San Antonio, three years ago and has been at JBLM for about 18 months.

"I'd like to be part of the Special Forces Assistance Brigade," he said.

To begin the application process, Soldiers must contact their branch manager. It's a threeyear commitment, and teams within the SFAB are expected to deploy often.

NEWS IN BRIEF

Joint Base Lewis-McChord has late-night firing over 3 weeks

Four infantry units and two Special Operations units on Joint Base Lewis-McChord will conduct day, evening and nighttime artillery and mortar training over the next three weeks.

• A unit will have 155 mm howitzer training Tuesday from 6:30 a.m. to 8 p.m.

• There will be late-night howitzer and mortar firing starting Wednesday at 6 a.m. to Jan. 19 at 4:30 p.m. Training will occur throughout daytime and nighttime hours.

Three units will take part in 120 mm mortar and 155 mm howitzer training on JBLM.

• Mortar training will also take place Jan. 23 at 6:40 a.m. to Jan. 26 at 9 p.m. Training will occur throughout daytime and nighttime hours.

Three different units will take part in 60 mm, 81 mm and 120 mm mortar training on JBLM.

• Mortar training will also take place Jan. 30 at 12:01 a.m. to Jan. 31 at 11:59 p.m. Training will occur throughout daytime and nighttime hours.

A unit will take part in 60 mm, 81 mm and 120 mm mortar training on JBLM.

Increased levels of activity will be noticed throughout the training.

This is required training, which allows military members to practice and improve skills necessary during combat. As often as possible, JBLM conducts larger scale artillery firing and demolition training at the Yakima Training Center in an effort to minimize inconvenience for the surrounding communities. However, some training must take place on base.

- JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

Air Force is no longer requiring Airmen's first-year evaluations

Air Force officials announced Jan. 4 Enlisted Performance Reports are no longer required for regular Air Force Airmen in the grade of airman first class and below with less than 36 months time-in-service or Air Reserve component Airmen below the grade of senior airman.

This policy change supports Air Force senior leaders' focus on revitalizing the squadron and saving Airmen time. It is intended to eliminate an unnecessary administrative requirement and empower frontline supervisors, raters and commanders to frequently engage with their Airmen face-to-face, said Lt. Gen. Gina Grosso, deputy chief of staff for Manpower, Personnel and Services.

Instead, the Air Force has additional means available to document an Airman's performance and to ensure he or she is meeting the training, developmental and experiential skills required to perform as professional Airmen."

Performance feedback and Airmen Comprehensive Assessments will still be required. Initial feedback sessions will occur within 60 days of raters taking over as supervisors and then every 180 days until an EPR occurs.

The removal of EPRs prior to promotion to senior airman will allow Airmen more time to learn their primary skills and missions before their performance is documented on an EPR, Grosso said.

All active-duty enlisted Airmen will receive their initial evaluation upon reaching their first March 31 static close-out date after either promotion to senior airman, or after completion of a minimum of 36 months time-in-service, regardless of grade, whichever occurs first.

All Air Force Reserve component enlisted Airmen will receive initial evaluations upon the first March 31 static closeout date as a senior airman.

Commanders still retain the option to complete a Directed By Commander evaluation to document substandard performance for those airmen first class and below any time after an Airman reaches 20 months time-in-service.

Still brewing after all these years

BY DEAN SIEMON Northwest Guardian

BATTLE BEAN COFFEE

Coffee and the Pacific Northwest go hand-in-hand. It's hard to go anywhere in Washington state and not find a coffee stand or shop.

Coffee has been produced on Joint Base Lewis-McChord for nearly 20 years. Battle Bean Coffee is the first and only coffee roasting operation on a U.S. military installation, producing between 20,000 and 22,000 pounds of coffee per year.

It is a small operation with two employees in a warehouse inside Building 4041 on Lewis Main — next door to the Auto Skills Development Center.

Curtis Black, Battle Bean Coffee's manager and a retired Army sergeant first class, was familiar with the coffee operation in the years leading up to his 1997 retirement. Before rebranding in 2006, it was called Especially Espresso. He began his career with the business while in college in 1999.

"It started with a job as a barista," Black said.

Over the years, he has developed different roasts and flavors with the variety of coffee beans that come into the warehouse. Black said he has a broker in Auburn with InterAmerican Coffee out of Houston.

Battle Bean's bean coffee collection includes Thai, Nicaraguan, Colombian, Brazilian and more.

"We do get a lot of different things that you can't get at Starbucks," Black said. "That way people can experience something different from around the world."

The coffee is roasted and prepared for two shops on JBLM: one inside Stone Education Center on Lewis Main and the other inside the Customer Service Mall on McChord Field. Battle Bean also receives orders from veterans who once served at JBLM and now live across the U.S. — including one gentleman who has ordered four bags a month for the past 10 years.

Battle Bean also takes custom



DEAN SIEMON Northwest Guardian

Curtis Black, Battle Bean manager, inspects beans from a bag of Brazilian coffee inside a warehouse on Joint Base Lewis-McChord Tuesday.

orders. A few years ago, an Air Force lieutenant colonel requested a special roast flavored with chocolate and raspberry for a wedding on base.

Roger Disbrow, chief of business operations for JBLM's Family and Morale, Welfare and Recreation, said he had worked on a deal with the Nisqually Indian Tribe, who wanted custom medium and dark roasts by Battle Bean.

"I can produce pretty much anything," Black said. "It's all based on the time, the heat and what it looks like. A lot of it is artwork instead of science."

For the majority of the past two decades, all of the roasting operations have been handled by Black. About two years ago, the team grew to include Eileen Mello.

Black has also been part of Battle Bean's numerous moves over the years from its start on Lewis North with a building that stood where the Warrior Zone is now. Battle Bean was at the warehouse for a few years until the Warrior Zone was opened in 2012, where the roasting machine was on display for patrons to see it in action.

Mello does the majority of the roasting nowadays, and Black does most of the deliveries for Battle Bean to the two shops and all of the places that serve the coffee. He's also a maintenance worker for Family and MWR.

Black said he enjoys the work he has done with Battle Bean to a military community that enjoys their morning brew.

"It's great; we give the troops something back," Black said.

Dean Siemon: 253-477-0235, @deansiemon - Secretary of the Air force public Affairs

Flight Academy program takes off to address aircrew shortage

Headquarters Air Force Junior ROTC has launched a program aimed at potentially putting more pilots in the cockpits of military aircraft to help address the Air Force's ongoing aircrew shortage.

Beginning in the summer of 2018, select Air Force JROTC cadets, who applied for a new Fight Academy scholarship ,will attend an accredited aviation program at one of six partnering universities to get a private pilot license.

The competitive application process started in fall 2017. The names of the initial 120 scholarship recipients from the more than 800 who applied will be released in early 2018.

The Flight Academy supports the Air Force Aircrew Crisis Task Force. The task force was tasked by the Air Force chief of staff to come up with new and innovative ways to address the service's shortage of experienced aircrews. The task force is tackling the problem along seven lines of effort: requirements, accessions, production, absorption, retention, sortie production and industry collaboration.

Air Force JROTC leaders plan on collaborating with civilian aviation organizations, industry and others to provide partial funding for future Flight Academy scholarships. The scholarships pay for transportation, room and board, academics and flight hours required to potentially earn a private pilot license. The in-residence training typically lasts about seven to nine weeks.

The Air Force Junior ROTC cadets selected for the summer's Flight Academy and the 250 planned for 2019 are but a drop in the large commercial and military pilot shortage bucket. Civilian airline industry experts project a demand for 117,000 new commercial pilots over the next 20 years. The Air Force is currently short of at least 1,500 pilots to fulfill its requirements.

- MAXWELL AIR FORCE BASE, ALA., PUBLIC AFFAIRS

Clover Park School District set to celebrate 90-year anniversary

Clover Park School District will hold a 90th anniversary celebration Jan. 23 at 6 p.m. Festivities will take place at Harrison Preparatory School, 9103 Lakewood Drive SW, in Lakewood.

The event will feature a program from the Lakewood Historical Society highlighting the beginnings of the school district, the district's early leaders and the expansion and development of the district's schools. The free event will also feature a variety of historical displays, a photo booth and refreshments.

Clover Park School District serves Joint Base Lewis-McChord. All alumni, current and former employees and Lakewood and JBLM community members are invited to attend.

For more information or to RSVP, contact Ben Miller at 253-583-5040 or bmiller@cloverpark.k12.wa.us.

- CLOVER PARK SCHOOL DISTRICT

Page Three

QUOTE OF THE WEEK

"They (Defense Secretary James Mattis and Japanese Defense Minister Itsunori Onodera) discussed the importance of maximizing pressure on North Korea so it changes its path, refrains from provocative and threatening actions and makes a strategic decision to abandon its nuclear and missile programs."

Dana White, Pentagon's chief spokesperson



HOOPS: Youth basketball players participated in the Knights of Columbus Free Throw Competition on JBLM Saturday. **See story, 1B**

NWGUARDIAN.COM

• More power coming: In a continuing mission to restore critical electrical power to the people of Puerto Rico, Task Force Power Restoration, U.S. Army Corps of Engineers, is using microgrid technology to temporarily power areas that were hit hardest by Hurricane Maria. To date, the task force team has set up microgrids, using 1,850 kilowatt generators, in five locations, starting with Culebra Island. The next four, Patillas, Maunabo, Naguabo and Yabucoa, were placed in the southeast part of the island, which sustained tremendous damage when Hurricane Maria made landfall.

• Online battle field: In support of on-going efforts to make command posts more resilient, mobile and survivable, the Army



is pushing to get Secure Wi-Fi to the field to help gain an operational edge against potential peer and near-peer adversaries. Following the relocation of a command post on the battlefield, Secure Wi-Fi enables critical network and mission command systems to come up online in minutes, versus waiting hours for Soldiers to wire a command post for network connectivity.

1ST BRIGADE, 2ND INFANTRY DIVISION

Ghost Brigade Soldiers earn EIB

BY STAFF SGT. SAMUEL NORTHRUP 1st Brigade, 2nd Infantry Division Public Affairs

Through the darkness, the Soldiers pushed forward toward their objective. Sweat was dripping off the chins of some, hitting the ground, as each mile passed.

Their rucksacks seemed heavier with each passing step, their helmets weighing down like lead covers on their heads. They had to complete a full 12 miles before their trek was done.

Once they reached their destination, there was one more task at hand — each Soldier had to treat a simulated casualty and carry him out on a litter. This was the final event for the Expert Infantryman Badge testing that took place Dec. 11 to 15 at Joint Base Lewis-McChord.

Out of the 324 Soldiers from the 1st Brigade, 2nd Infantry Division who started the Expert Infantryman Badge testing, only 73 successfully completed all the required tasks and earned their Badge — making the attrition rate 77 percent.

'The test has evolved over the years," said Command Sgt. Maj. Walter Tagalicud, I Corps command sergeant major. "It certain-ly differs from the one I participated in to earn my EIB in 1989. But, the spirit and intent remain. There is no greater individual training mechanism to building the fundamental warrior skills required in our profession than the EIB. There is a lot of train up to the EIB, said Spc. Tyler Conner, an infantryman with Alpha Company, 2nd Battalion, 3rd Infantry Regiment. Even if a Soldier is not trying out for the EIB, the train-up for the testing is valuable to see



STAFF SGT. SAMUEL NORTHRUP 1st Brigade, 2nd Infantry Division Public Affairs



ABOVE: A Soldier with 1st Brigade, 2nd Infantry Division gets pinned his Expert Infantryman Badge after successfully completing the testing Dec. 15, 2017, at Joint Base Lewis-McChord.

LEFT: A Soldier with 1st Brigade, 2nd Infantry Division drags a "These crucial skills are the building blocks to our battle drills and collective gates," Tagalicud said. "The Expert Infantryman Badge is as much about the training, leading up to and through the testing, as it is about proving your mettle."

"Earning the EIB was one of the best experiences I had in the Army," said Sgt. Wilmar Belilla Lopez, a Soldier with 2-3 Inf. "Being tactically and technically proficient is the core of being a Soldier. When a Soldier earns their EIB, it signifies they have achieved a level of proficiency all Soldiers should strive for."

The EIB was developed in 1944 to represent the infantry's tough, hard-hitting role in combat and symbolize proficiency in infantry craft.

For the first EIB evaluation, 100 noncommissioned officers were selected to undergo three days of testing. When the testing was over, 10 NCOs remained and were interviewed to determine the first Expert Infantryman.

On March 29, 1944, Tech. Sgt. Walter Bull was the first Soldier to be awarded the EIB.

"The Greek Philosopher Heraclitus said, 'Out of every 100 men, 10 shouldn't even be there, 80 are just targets, 9 are the real fighters and we are lucky to have them — for they make the battle. But the one, one is a warrior, and he will bring the others back,' Tagalicud said while addressing the new EIB holders. "You are that warrior," he said. "You Infantrymen, you Soldiers, you leaders and candidates are the one in a hundred. Many stepped forward to answer the question am I good enough. For you the answer in a resounding yes."

the right way of doing infantry tasks.

When a Soldier finally earns the EIB, it shows that they have honed their skills enough to be called an expert infantryman.

The EIB evaluation included an Army Physical Fitness Test, with a minimum score of 80 points in each event; day and simulated casualty to the finish line of Objective Bull Dec. 15, 2017, at Joint Base Lewis-McChord. Objective Bull was the final event of the Expert Infantry Badge testing.

night land navigation; medical, patrol and weapons lanes; a 12mile forced march, and Objective Bull (evaluate, apply a tourniquet to and transport a casualty).

AZND MILITARY POLICE BRIGADE MP Soldier first to respond to derailment

SGT 1ST CLASS BRANDON AIRD 42nd Military Police Brigade

A single 911 call came into the Joint Base Lewis-McChord Police Station about a possible train derailment near Mounts Gate Dec. 18. No one at the police station could recall a train derailing anywhere near JBLM before, and they weren't exactly sure what to make of the call. JBLM Police dispatch routed the closest military police officer to go investigate the scene.

Spc. Lornisa Stamper, a military police officer in 51st Military Police Detachment, 42nd Military Police Brigade, was at a vehicle collision near DuPont Road Dec. 18 when a call came over her vehicle radio asking her to respond to a possible train derailment near Mounts Road. Stamper was the closest military police Soldier to the scene.

"Stamper left her vehicle collision to find out what was going on," said Lt. Clarence Oleson, a Department of Defense police officer, and traffic management and collision supervisor for JBLM.

Stamper drove down the freeway looking for the train derailment, and found the train derailed at a bridge that spanned across Interstate 5.

At the same time, multiple 911 calls were coming into JBLM dispatch about a train falling onto the freeway. JBLM Traffic Management was able to pull up local traffic cameras on the internet that showed a train had, in fact, derailed.

"There was a collapsed train car laying on its side in the middle of the freeway," said Stamper. "Another train was hanging off a bridge with its front end resting on the train car below it."

The 23-year-old Soldier from Beaumont, Calif., was the first on scene to Amtrak Cascades Passenger Train 501 that derailed near DuPont. The high-speed train was on the first run on a new route called the Point Defiance Bypass. Within minutes multiple JBLM and civilian first responders converged on the chaotic scene helping the injured.

"I grabbed my (medical) gloves and raced toward the injured," Stamper said. "There were people covered in blood everywhere."

Stamper climbed into the passenger train on I-5 that laid crushed on its side. Oleson had arrived and was helping her assist causalities.

"There was a casualty in the train that couldn't feel anything from the belly button down," Stamper said. "Lieutenant Oleson helped put a neck brace on the casualty while I held his head. He had a severe head wound — my hands were covered in blood."

The train above Oleson and Stamper was creaking as it slight-



SGT. 1ST CLASS BRANDON AIRD 42nd Military Police Brigade

A Joint Base Lewis-McChord firetruck is parked at the scene of the Amtrak train that derailed onto Interstate 5 near JBLM Dec. 18.

ly moved. The train was hanging from the bridge and resting on the crushed train car below.

"It was a bit nerve-racking because we didn't know if it was going to fall down on top of us," Oleson said.

In order to get the casualty (strapped to a backboard) out of the train, Stamper had to kick out a train window and assist lifting the casualty through it. After getting the causality out of the train, Stamper and Oleson started helping emergency medical staff with other casualties.

"Things happened so quickly,

it's hard to remember the order of things," Oleson said.

Stamper recalled next helping a causality in a car that had been driving down I-5 when one of the train cars had fallen off the bridge and landed on it.

"The rail car that had fallen off the bridge and shattered his femur," Stamper said. "We couldn't get him out of the car."

Firefighters had to use the Jaws of Life to cut the car from around the casualty piece-by-piece.

"I just sat with him holding his hand for 45 minutes," Stamper said. "He was in a lot of pain, and I didn't want him to be alone."

After getting the casualty out of the car, Stamper and Oleson started helping the walking wounded to collection points in order to assist them being moved to local hospitals.

"It was amazing how well everyone worked together (firefighters, police, EMS)," Stamper said.

JBLM fire chiefs and leaders from the Vancouver Police Department (Canada), have been conducting training on managing multiagency assets on JBLM to be able to respond effectively to an active shooter or mass casualty.

Stamper and Oleson had never responded to a mass casualty incident of this nature before.

"When the call came over the radio, I had no clue what I was getting into," Stamper said.

Three people were killed and more than 100 people were injured when the train derailed. Medical personal, firefighters and police officers from across Puget Sound came together to help. Stamper was relieved by other first responders around noon after four hours of helping casualties.

"I'm very proud of her," Oleson said. "She disregarded her own safety and jumped into every train she could, like a little squirrel, trying to help anyone that needed it." NORTHWEST GUARDIAN

4A



Commander, I Corps and Army Senior Commander, JBLM Lt. Gen. Gary Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM Col. Nicole Lucas

Public Affairs Officer Joseph Piek

Editor Bud McKay

Dean Siemon Ruth Kingsland

Assistant Editor Pamela Kulokas

Photojournalist, Page Designer Scott Hansen

Journalists

To contact the **Northwest Guardian**, call 253-477-0182. The newspaper office is in Building 1010, Joint Base Lewis-McChord, WA 98433-9500; email NWGEditor@nwguardian.com. Provide feedback online at https://ice.disa.mil.

Contents of the **Northwest Guardian** are not necessarily the official views of or endorsed by the U.S. government, the Department of Defense, the Department of the Army or Joint Base Lewis-McChord. The **Northwest Guardian** is an authorized, unofficial newspaper published every Friday by the JBLM Public Affairs Office, Building 1010, ATTN: IMWELEW- PA, Joint Base Lewis-McChord, WA 98433-9500, under exclusive contract with The News Tribune, a private firm incorporated in the State of Washington and in no other way connected with the Department of Defense or the U.S. Army. Circulation is 20,700.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

All editorial content of the **Northwest Guardian** is prepared, edited and provided by the Joint Base Lewis-McChord Public Affairs Office. The civilian printer is responsible for all commercial advertising.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or The News Tribune, of the firm, products or services advertised. Call the advertising staff at 253-428-8000 for classified or Bernie Fernandez at 253-597-8504 for display ads.

For mail subscriptions call 253-597-8711. Base information can also be found on the Joint Base Lewis-McChord home page at www.lewis-mcchord.army.mil, or the online edition of the paper at nwguardian.com. **VIEW FROM THE TOP**

When disaster struck, JBLM was ready to help

BY COL. NICOLE LUCAS IBLM Garrison Commander

F or months leading up to the anticipated runs of highspeed trains on tracks along Interstate 5 and Joint Base Lewis-McChord, we stressed safety at nearby railroad crossings.

At the same time, agencies on and off-base got together to conduct joint emergency training, collaborating on many what-if



Lucas

scenarios. After all, JBLM and the surrounding communities were used to slow-moving freight trains on these tracks, not fast-moving passenger trains.

Come Dec. 18, we showed we were ready.

No one could have predicted the tragic accident that occurred at 7:34 a.m. that Monday morning, one week before Christmas, when Amtrak No. 501, on its way from Seattle to Portland, derailed south of I-5's Mounts Road exit, killing three, injuring more than a hundred people and blocking I-5's southbound lanes for three days.

When the first call came into JBLM from the Pierce County 911 Center, JBLM Fire and Emergency Services spearheaded a multijurisdictional response to the accident.

Tragic though it was, it's not been lost on region officials how fortunate it was the accident occurred adjacent to JBLM, its first responders and other base resources. The fast response by JBLM Fire and Emergency Services' firefighting and law enforcement professionals, as well as West Pierce Fire and Rescue and the Washington State Patrol — who arrived within minutes saved lives.

Once on scene, JBLM Fire and Emergency Services provided initial command and control over a complicated and precarious crash site that blocked a major interstate during rush hour.

JBLM Fire and Emergency Services helped secure the crash site and organized rescue operations by military and civilian first responders. This force included all six JBLM engine crews, plus crews from Du-Pont, Lakewood and Lacey and support personnel from state and county agencies. Combined, these agencies ensured all fire hazards were eliminated. They also ensured on-scene medical care was provided and dozens of moderately to seriously injured passengers were transported to local hospitals, including Madigan Army Medical Center.



JOHN WAYNE LISTON Madigan Public Affairs

Col. (Dr.) Matthew Martin, a physician at Madigan Army Medical Center, oversees a team helping one of the 19 patients that arrived from the scene of the Amtrak No. 501 derailment on Interstate 5 Dec. 18.

Madigan, a Level II trauma center, the most of any of the local hospitals that cared for the people injured in the derailment.

ANSWERING THE CALL

There were many heroes that morning. Individual JBLM service members and civilian employees literally hopped out of their cars and trucks to help injured passengers who were either trapped in the wreckage or had been thrown from the train when it derailed. The professionalism and skill of these people was noticed both by local and national media outlets.

News coverage showcased how JBLM military and civilian employees were able to immediately and effectively respond to the derailment as it unfolded literally before their eyes. The quick-thinking action of these JBLM individuals was commendable. JBLM's ability to rapidly field such an initial response, then help lead a unified team of federal, state, county and city partners highlights another point. This capability doesn't just happen. It takes hard work made possible by individual and agency readiness maintained through frequent,

realistic training. Whether you're a Soldier, Airman or civilian employee, your individual training regimen helps ensure JBLM has the highlyskilled people it needs to participate in large-scale disaster preparedness exercises, and likewise, to ensure we're ready when tragedy strikes.

That point was never more apparent than on Dec. 18.

We take part in multijurisdictional training so we — and our state, county and city partners — can better understand one another's strengths, capabilities and responsibilities before a crisis. This ensures we can effectively work together when — not if — a major accident or disaster occurs in this region.

JBLM responded remarkably well to this incident, but we can't rest on our laurels. We could be called upon to respond again at any time. We must be ready. The Dec. 18 reaction to Amtrak No. 501 is a testament to the skill and professionalism displayed by everyone who responded to this tragic accident. While we wish this accident never happened, the collaborative response could not have been better. Well done!

STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



What was the best part of your holiday season?

"Surprising my husband and the family with the news that we were pregnant after him being home from deployment for two months."

- JADE RHODES

"Eating and having time off."

- MICHELLE MUNDAY

"Having my Soldier/daughter home for two weeks. The only present I needed."

- SARA KNAPP OBERTHALER

"Cooking with my mom, spending time with friends and my son going back to school."

- KOURTNEY JOHNSON

- ANGELA BRUUN

- ANA GREEN

"Being in sunny San Diego."

"It being over."

"Spending time with family."

- ITALIA FLORES

"Being with my husband again, seeing his mom and best friend. But I miss my family back in Texas more than anything."

> – AMY ELIZABETH HANSEN Islamic Friday, 12:30 p.m. — Evergreen

Next week's question

You just got leave and were told to decide right now; what vacation destination would you choose and why?

Nineteen people were treated at

CHAPEL SERVICES

Saturday, 4:30 p.m. — Madigan

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)

Sunday, 9 a.m. — Lewis Main Chapel Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel

Sunday, noon — Lewis Main Chapel Sunday, 5 p.m. — Lewis Main Chapel

Weekdays, noon — Lewis North

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125

PROTESTANT SUNDAY 9 a.m. — Liturgical — Soldiers'

1st Friday, noon — McChord Chapel

8:30 a.m. — Traditional — McChord

10 a.m. — Contemporary — Four

10:30 a.m. — Collective — Lewis

10:30 a.m. — Collective — Madigan

10:30 a.m. — Contemporary — Ever-

Chaplains Memorial Chapel

11 a.m. — Contemporary — McChord Chapel Support Center

DIVERSE WORSHIP

Chapel, 253-968-1125

Lewis Main, 907-952-4156

11 a.m. —Gospel — Lewis North

Friday, 7 p.m. — Lewis Main Chapel

Friday, 6 p.m. — Soldiers' Chapel,

Wednesday, 7 p.m. — Building 6230,

CATHOLIC MASSES

Chapel

No. 2

Chapel

No. 2

Chapel

Chapel No. 1

Main Chapel

green Chapel

Chapel

Chapel

Jewish

Buddhist

253-966-5959

Pagan/Wiccan

JBLM SNAPSHOT



STAFF SGT. KEITH ANDERSON 25th Infantry Division Public Affairs

Maj. Gen. Christopher Cavoli, left, Lt. Gen. Gary Volesky, center, and Maj. Gen. Ronald Clark, right, march off of Weyand Field during the 25th Infantry Division change of command Jan. 4. Volesky, I Corps commanding general, hosted the ceremony. Clark previously served in the division when he was a captain.

THIS WEEK IN HISTORY

Jan. 12, 1932: Ophelia Caraway of Arkansas is first elected female senator.

Jan. 13, 1128: Pope recognizes the Knights Templar.

Jan. 14, 1784: Continental Congress ratifies the Treaty of Paris.

Jan. 15, 1865: Fort Fisher falls to Union forces.

Jan. 16, 1919: Prohibition takes effect.

Jan. 17, 1893: Americans overthrow Hawaiian monarchy.

Jan. 18, 1803: Jefferson requests funds for Lewis and Clark.

FRIDAY JANUARY 12 2018

NORTHWEST GUARDIAN





2017 SUBARU IMPREZA



Model # HJA-01 Plus Get

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.

> Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and

Lowest 5-Year Cost to Own.



2018 SUBARU **CROSSTREK**



Model # JRA-01 Plus Get Subaru models with EyeSight receive the highest possible

^{\$}21607 2.9% Up To 63 Months OAC***

Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.

Model # JAB-01

Plus Get

Model # JFA-01





Subaru is Kellev Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.



Starting At

0% Up To

Starting At

63 Months OAC ***

Starting At



2018 SUBARU FORESTER





Plus Get Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.







Model # JDB-01 Plus Get

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.

Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.



2018 SUBARU **WRX** Model # JUN-01



Safety drives Subaru design.

Plus Get Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.

> Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.





2300 CARRIAGE LOOP SW IN THE OLYMPIA AUTO MALL SALES (888) 490-9863

www.**hansonsubaru**.com

All prices plus tax & license & \$150 negotiable documentary service fee. Financing through Subaru Motors Credit & subject to prior approval. All installed accessories will be priced separately. Ad expires one week after publication. *ALG: ALG is the industry benchmark for residual values and depreciation data, www.alg.com. **KBB: Vehicle's projected resale value is specific to the 2017 model year. For more information, visit www.kbb.com. Kelley Blue Book is a registered trademark of Kelley Blue Book Co., Inc. ***OAC Financing on select models.

^{\$}77462 .9% Up To 63 Months OAC ***

Starting At

0% Up To

63 Months OAC ***

^{\$}25275











ALLA FOR ALL ROADS. TAKE HOME A NEW 2018 MINI COOPER COUNTRYMAN STARTING AT \$30,315. Always ready for adventure, the MINI ALLA All-Mbeel Drive system was designed to help keep you on track. Along with Dynamic Stability Control, the system calculates the ideal traction distribution to optimize control and enhance agility on the road. Whether you choose the rugged MINI Cooper S Countryman AlLA Sports Activity Vehicle, or the refined MINI Cooper S Clubman AlLA, amazing adventures await just beyond your driveway. To experience the ALLA All-MiNeed Drive system that makes the journey as great as the destination, stop by Northwest MINI today. MORTHWEST MINIE 2010 20TH ST E TACOMA, WA 98424 MorthwestMINICom

NORTHWEST ADVENTURE CENTER

8050 NCO Beach Rd., Lewis North

Come check us out for all of your ski and snowboarding needs. We've got BRAND NEW SKIS for your shredding pleasure! Why spend the time and energy renting from the mountain?

CALL 253-967-7744 FOR RENTALS.





YOU'RE INVITED TO OUR ONE-YEAR ANNIVERSARY CELEBRATION!

Please join us for our one-year anniversary event! Enjoy brunch. Plus, we'll have activities for kids—including a reading from local children's author Wendy Wahman. You will also have a chance to meet our providers and our south-end US Family Health Plan representative.

SATURDAY, FEBRUARY 3 10:00AM-12:00PM

Please RSVP to RSVP@PacMed.org or call 1.833.386.1125 to request more information

PacMed[™] Lacey 4800 College St SE, Suite A Lacey, WA 98503 www.PacMed.org/Lacey

PacMed is a trademark of Pacific Medical Centers. TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.







FRIDAY JANUARY 12 2018

Ending 'sexual assault entirely'

Reports down across JBLM, data indicates

BY PAMELA KULOKAS Northwest Guardian

In 2017, Sexual Assault Response Coordinators at Joint Base Lewis-McChord handled 153 nondomestic abuse-related adult sexual assault reports from Oct. 1, 2015, to Sept. 30, 2016.

Not all of those JBLM alleged incidents occurred on base, but all were reported on JBLM reflecting a flexibility in reporting by the Department of Defense meant to meet goals for increased reporting and decreased crime through prevention, while allowing victims to report a sexual assault at a time and place of their choosing.

The national report on local installation data, released in November, shows JBLM's reports decreased ever-so slightly from fiscal 2015 — from 159 to 153 cases.

According to Julie Lindahl, Ph.D., forensic psychologist and I Corps SHARP program manager, sexual assault prevalence is lower on JBLM, she said.

"Our report numbers are increased, and our prevalence is down," Lindahl said. "What we're trying to do across the (DOD) is get those two numbers to match — to get to zero, essentially. We want to eliminate sexual assault entirely."

The narrowing gap between prevalence and reporting is a trend across the DOD, as reported in fiscal 2016 Annual Report on Sexual Assault in the Military provided to Congress May 1.

Since 2005, DOD policies have encouraged service members to report sexual assaults, resulting in more victims coming forward, Lindahl said — 32 percent of those who were sexually assaulted in 2016, up from 15 percent in 2014.

VICTIM RESOURCES

The I Corps SHARP Resource Center is open weekdays from 7:30 a.m. to 6:30 p.m. in Lt. Col. Donald Lagrange, deputy commanding officer of the 42nd Military Police Brigade, addresses service members during their graduation from a SHARP Foundation Course Oct. 20, 2017.

Building 2027 C. On McChord Field, the Sexual Assault Prevention and Response program, located in Building 100, is open weekdays 7:30 a.m. to 4:30 p.m.

JBLM military, civilian victims and eligible adult family members of service members can report an incident that may have occurred elsewhere — including the civilian sector — and perhaps before the service member entered the military.

The I Corps SHARP program assists victims with filing two types of reports — restricted and unrestricted. Restricted remains confidential and is not reported to the command or investigated, while the victim still receives support.

"The value is the individual is able to disclose the information; they're able to be believed, and they're able to get the help and resources they're looking for," Lindahl said. "Maybe that's all they want — to be heard and receive support. And that's OK; they don't have to do anything else."

With unrestricted reports, the victim receives the additional support of the command, which must report the offender and the incident to the Criminal Investigation Division.

"We can't confirm that somebody will be held accountable, but we can assure them that there will be a full-fledged investigation," Lindahl said.

Courtesy photo

Because there is no statute of limitations for reporting or converting a report from restricted to unrestricted, the SHARP program could receive a report today about an incident from the 1980s, complicating the investigation.

"Is that going to stop CID? Based on my conversations with our agents here, no," Lindahl said. "They are still going to move forward with their duty to investigate. They will work them to the end."

The national report on local installation data about JBLM includes delayed reports.

"The value is the individual is able to disclose the information; they're able to be believed, and they're able to get the help and resources they're looking for."

Julie Lindahl, Ph.D.

I Corps SHARP program manager, forensic psychologist

CAUSE FOR CONCERN

Despite sexual harassment and sexual assault recently making headlines in the media and seemingly leaving no industry untouched, Lindahl said the SHARP program is not influenced by this. Nevertheless, any number of incidents or reports is still cause for concern. The way forward, Lindahl said, is all about prevention.

"What has been lacking across the enterprise is the focus on the prevention piece in the SHARP and SAPR programs, and that is known across DOD and the Army," she said. "I think that we are making huge improvements in that area, and that is what is going to drive us to zero."

The culture needs to change, Lindahl said, noting communication is key.

"It takes time to change minds, change behaviors and change a culture," she said. "You don't create change overnight."

Having difficult conversations about what sexual assault looks like, what offender behavior looks like and what trends and patterns to look for is all part of encouraging people to be part of the solution. Lindahl said the SHARP program trains people to stop sexual assault before it happens.

"They've got to take their blinders off and say, 'That doesn't look right, and I'm encouraged to go stop that because that's not OK,'" she said.

For confidential victim assistance, call or visit the DOD Safe Helpline at 877-995-5247 or safehelpline.org.

7A

NORTHWEST GUARDIAN

STEAM SUPPLY

Heroic cop joins Rainier Wing on JBLM

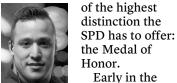
BY STAFF SGT. DANIEL LIDDICOET

446th Airlift Wing Public Affairs The desire to serve is strong for many Reserve Citizen Airmen, and one heroic police officer returned to service after being recognized for his valor during an intense standoff with

an armed robber. Before he signed up to be-

come a member of the 446th Security Forces Squadron in April, Staff Sgt. Daniel Aguirre, 446th SFS fire team leader, was serving as an officer in the Seattle Police Department where he still serves today.

During the course of his duty as a police officer in January 2017, Aguirre and his partner became involved in the pursuit of an armed robber that ultimately resulted in their award



Aguirre afternoon, police received a report

of an armed robbery in the 3300 block of Rainier Avenue South, where the suspect had reportedly brandished a handgun and taken another man's cellphone. The suspect, later identified as notorious robber "Top Notch," pistol-whipped the victim and also

fired a shot. The suspect fled the scene in a stolen Volkswagen Jetta before police could arrive. Aguirre and his partner, Officer Christina Bradley, located the car a short time later in the Central District, having already been present to address nearby community concerns.

While leading police on a brief chase through a residential neighborhood, the suspect collided with an unoccupied parked car. He then exited his own vehicle where he fired one shot at Aguirre and Bradley who quickly proceeded to pursue the suspect on foot.

Aguirre and Bradley called in for support and quickly set up a perimeter to contain the area where the suspect had been hiding. With nowhere to go, the suspect was eventually overwhelmed and apprehended by police.

For their heroic actions during the pursuit and their instrumental roles in apprehending a violent criminal, Aguirre and Bradley were both awarded with
the Seattle Police Department'shis selfless sacrifice."Medal of Honor — a rarely-
awarded distinction.Aguirre, who was ir
ed States Marine Corp
years prior to becoming

"I think the award really represents the entire unit," Aguirre said. "A lot of people played important roles in this incident. My role in it was small, but I am honored on behalf of everybody who was involved."

In joining the 446th SFS a few months after the incident, Aguirre brings with him a breadth of experience that he can share with his new unit.

"Having known him prior to his joining, it was no surprise at all to see the way in which he conducted himself," said Maj. Ryan Bradley, 446th SFS commander and former SPD Officer. "He really adds to the strength of our unit through Aguirre, who was in the United States Marine Corps for five years prior to becoming a police officer, chose to become a Reserve Citizen Airman as way of

getting back into the military

"It's the camaraderie that draws me — the opportunity to participate in something bigger than myself," Aguirre said.

For Aguirre, the accolades and esteem have never been part of the appeal to service.

"Our people are silent professionals," Bradley said. "I want people like him in my unit. It takes a special kind of person to run toward a threat when rounds are flying around, and I know that while he's in this unit he's going to be an asset. He's going to be a leader."

386TH AIR EXPEDITIONARY WING

Logistics Airmen deliver MRAPs safely downrange

BY TECH. SGT.

LOUIS VEGA JR. 386th Air Expeditionary Wing Public Affairs

Delivering mine-resistant, ambush-protected vehicles downrange to U.S. troops is vital to their safety and overall mission success. Logistics Airmen at the 386th Air Expeditionary Wing show their commitment to making this happen safely every day.

The 386th Expeditionary Logistics Readiness Squadron's process to send MRAP vehicles throughout the area of responsibility is designed to ensure the vehicle makes its destination and operates properly when it gets there.

"If we don't do a good job, it can cause the airplane to crash," said Senior Master Sgt. Jeremy Burlingame, 386th ELRS aerial port operations superintendent. "The vehicle may not be air worthy and fail inspection in some way. It may also have

explosives or hazardous material that, if not identified, can cause big trouble."

Master Sergeant Michael Beswick, 386th ELRS special handling noncommissioned officer in charge, is one of eight inspectors responsible for ensuring the MRAP vehicles meet the necessary specifications to be transported downrange for use.

"My focus is getting the cargo to people that need it," Beswick said. "I'm not here to 'wow' people. I have friends downrange, and I think of it like that. I'm just here to get my friends whatever they need."

U.S. contractors present the vehicles to inspectors who use a checklist to determine whether it passes or fails. If for some reason it fails, the inspector identifies the reason, and what needs to be corrected, before it can be accepted by the inspector and flown downrange.

After it passes inspection, the load planning team determines



TECH. SGT. LOUIS VEGA JR. U.S. Air Force photo

Ramp crew specialists from the 386th Expeditionary Logistics Readiness Squadron secure a vehicle onto a C-17 in Asia Dec. 28.

how many MRAP vehicles will be flown in a C-17 Globemaster III and how they will be balanced inside the aircraft. Finally, once it gets onto the aircraft, it is

secured by the ramp crew.

Understanding the process of properly restraining cargo and the consequences of a sudden weight change in the cabin is critical in making sure the aircraft makes it to its destination.

"I like having a hands-on of what's happening in the military and equipment being used downrange," said Senior Airman Brian Dobbs, 386th ELRS ramp specialist. "It takes about four or five of us to load one MRAP safely."

The frequency in which the vehicles sent downrange fluctuates, but they reach all parts of the AOR.

"Our team moves a lot of tonnage, and it all goes into the fight to win the war or protect our troops," Burlingame said. "Our mission supports the warfighter, and when we send MRAP vehicles into theater, it saves lives."

MRAPs have proven to be lifesavers against improvised explosive device attacks, small arms fire, mines and ambushes. Furthermore, they are constructed with V-shaped hulls and a raised chassis design to deflect underbelly blasts.

as will be assured by the same area

NORTHWEST GUARDIAN **Sustainability**

EARTHWORKS

8A

Recycling meets mission goals

Facility turns organic, inorganic waste into crushed asphalt, more

BY CATHY

HAMILTON-WISSMER Directorate of Public Works Earthworks, the compost

facility at closed Landfill 5 on Joint Base Lewis-McChord, takes recycling seriously. It captures organic and inorganic waste generated on the installation and generates products for troop projects, such as compost, mulch, crushed asphalt and crushed concrete.

"Material generated at Earthworks is free for unit use," said Jaimie Wharton, environmental scientist. "All we ask in exchange is that units bring their vard waste to us for recycling.'

JBLM diverts waste from landfills and produces recycled products for use in troop projects. There is no cost to units for Earthworks products.

In fiscal year 2017, 24,112 tons of organic waste was diverted to a cost benefit - including procurement costs – of \$512,000, and 273 tons of inorganic waste was diverted at a cost savings of \$219,000.

The mission at Earthworks is to preserve and enhance the environment by providing costeffective composting of organic waste generated at JBLM and recycling of inorganic construction and demolition waste debris such as asphalt and concrete.

Compost on JBLM is composed of tree limbs, branches, leaves, brush, food waste and some grass and horse stable waste. LeMay, JBLM Waste Connections partner, collects all pre-consumer food waste from dining facilities five days a week, from the commissaries three days a week and brings it to Earthworks, where this 'green' is mixed with 'brown' ingredients in a recipe to balance the carbon to nitrogen

"Material generated at Earthworks is free for unit use. All we ask in exchange is that units bring their yard waste to us for recycling."

Jaimie Wharton

Earthworks, environmental scientist

levels.

It makes an earthy, sweetsmelling product that builds good soil structure, enables soil to retain nutrients, water and protects against drought. Projects that use compost include troop beautification, trenching, running trail maintenance and enhancing pride areas.

The recycling of inorganic construction and demolition materials produce recycled aggregate products such as crushed asphalt and crushed concrete.

These products are used for new construction projects such as Stryker tank trails, parking lots, backfill and road construction projects like road shouldering. The Lewis Army Museum parking lot utilized recycled asphalt product for paving in April of 2017.

Earthworks products are not available to the public. To obtain products, units must provide their own military or GSA vehicles for hauling the materials.

All material or disposal requests must be made at least one day in advance for approval and scheduling. For a material request form and to get scheduled, call Earthworks at 253-967-3803

Keep up with the latest news from the Environmental Division on the SustainableJBLM/ Facebook page.





1ST LT. CONNOR MACLEOD U.S. Army photo / 2017

CATHY HAMILTON-WISSMER Environmental Division / 201

ABOVE: Jaimie Wharton, environmental scientist for Earthworks, right, speaks with Jose Arellano, operator for Elder Demolition, as asphalt is crushed Dec. 11, 2017.

LEFT: Sgt. Miguel Jaquez, left, and Pvt. Tyler Failing, right, both of the 864th Engineer Battalion, 555th Engineer Brigade, spread recycled asphalt at the Lewis Army Museum parking lot April 18, 2017.

ENVIRONMENTAL RESTORATION WARRIOR PROGRAM

Restoration helps fight for bottom

BY CATHY HAMILTON-WISSMER Directorate of Public Works

The Environmental Restoration Warrior program and the Department of Public Works **Environmental Division Fish** and Wildlife team who initiated it have made unique efforts to accomplish environmental objectives, conserve rare species and comply with the law, while also saving the Army hundreds of thousands of dollars annually serving the active-duty community and preserving the military mission.

The efforts of this program meet the goals of the Sustainability triple bottom line plus: mission, environment and community - plus economic benefit.

This internship program is for injured and retiring active-duty service members. JBLM's Fish and Wildlife team is involving the ERW in ecological restoration, conservation, and science.

"I love this stuff man. Wind and sleet don't matter; I just love being out here. Putting up these boxes, helping out some ducks, this is awesome to me," said Sgt. Ron Rudolph, who served in Afghanistan as a mortarman before interning with



CATHY HAMILTON-WISSMER Environmental Division / 2017

JBLM's ERW program. ERW is now in its fourth year and continues to build on its successes. Participants in the program help conduct varied, critically-important recovery activities such as restoration forestry, rare species surveys, habitat enhancement, invasive species control, native seed collection, salmon passage, riparian restoration, wetland searches for rare amphibians and timber sale raptor surveys. During the summer, interns

fied as wildland firefighters and assist in prescribed burns to maintain sensitive prairies and oak woodlands. These activities help JBLM meet environmental management objectives, ensuring compliance with state and federal regulations. Among other things, this helps prevent critical habitat designation and other similar hindrances to military use of JBLM's training lands.

are trained and nationally certi-

ERW interns work side-by-

Serenity Ainsworth, Evergreen student intern at JBLM, touches a bluebird nest and discusses nesting habits in the cantonment with a group of volunteers in the Environmental **Restoration Warrior** program Dec. 11, 2017. Pictured with Ainsworth left to right: Nichole Criss, Christina Darnell, Spc. Adam Luttrell and Spc. Chris Carriveau.

side with professional biologists and students from nine local colleges, gaining job-skills training, building practical experience and learning about academic opportunities - all while immersed in a civilian professional environment. Most of the program's 78 graduates are now gainfully employed and building civilian careers, and many are enrolled in college or working in environmentalrelated career fields.

In fiscal year 17, the ERW

supplied the equivalent of more than \$500,000 in volunteer labor to Fish and Wildlife. In a time of budgetary uncertainty and increased requirements of additional species listings, this inflow of labor has been critical to the accomplishment of a wide range of biological objectives.

Interns are typically activeduty personnel in their last year of service, and it provides them with job-skills training and resume building to prepare them for careers in a wide array of environmental fields. It also pairs them with student volunteers from nine local colleges, who are able to provide insight into academic opportunities and involve interns in ecological research.

A high proportion of the program's 79 graduates over its four-year history have successfully transitioned into postservice careers and college enrollment.

Those interested in interning with Fish and Wildlife should email: dennis.buckingham@colostate.edu.

Keep up with the latest news in the JBLM DPW Environmental Division by following SustainableJBLM/Facebook.



Keep warm and save energ

- Cover drafty windows using insulating dra plastic sheeting
- Keep doors and windows closed
- Clean heating ducts and registers
- Replace furnace filter
- Use a programmable thermostat to turn (when the house is unoccupied
- Wear warm clothing
- In government buildings at JBLM, personal heaters are prohibited per AR 420-1

FRIDAY JANUARY 12 2018

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT Inspection time

Sailors assigned to USS John C. Stennis (CVN 74) stow equipment after completing an inspection on the flight deck Jan. 3. John C. Stennis is in port conducting routine training as it continues preparing for its next scheduled deployment.

MASS COMMUNICATION SPECIALIST 3RD CLASS GRANT GRADY U.S. Navy photo

LET'S HEAR IT

What do you want to know in 2018? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Friday - Army DONSA Monday - Martin Luther King, Jr.'s birthday

Feb. 16 - Army DONSA Feb. 19 - George Wash-

ington's birthday March 30 - Army DONSA April 2 - Army DONSA May 25 - Army DONSA May 28 - Memorial Day June 14 - Army DONSA June 15 - Army DONSA

LEARN TO BE A RED CROSS LIFEGUARD

JBLM Aquatics is offering an American Red Cross Blended Learning Lifeguard Course Friday-Sunday for \$150 at Keeler Pool. Call Kimbro Pool at 253-967-5026 to schedule the pretest at Kimbro for the course or for more information. Kimbro is at 9993 Garfield St. at Lewis Main. Keeler Pool is at 9993 Garfield St. at Lewis Main.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

children by the McChord Library now to register and get a copy of this month's book. Check out "Hatchet" by Gary Paulsen for the Wednesday book club meeting. McChord Library is located at 851 Lincoln Blvd. at McChord Field. For more information, call 253-982-3454.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a **Building Managers Fire** Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Next class is scheduled for Wednesday. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Thursday.

FREE OPERATION BABY SHOWER

New or expecting moms

JBLM NEWCOMERS' ORIENTATION BRIEF Joint Base Lewis-

McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Jan. 23 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

HARRISON PREP TO HOST INFO BRIEFING

Military families with youth going into sixth through 10th grades in the fall 2018 school year are invited to attend a parent information briefing with the principal from Harrison Prep Academy Jan. 24 from 6 to 8 p.m. at Parent Central Services' gymnasium at 2295 S. 12th St. at Lewis Main. For more information, call 253-967-7195. The event is hosted by JBLM School Support.

ARMY DIGITAL PHOTO CONTEST

Enter your best photos now-Jan. 31 into the Army's annual Digital Photography Contest. You could see your photo online in the contest's gallery as a winner. Enter as an active-duty military member, family member, retiree or Department of Defense civilian. Seven categories are available: animals, design elements, digital darkroom, military life, nature and landscape, people and still life. Categories include both color and monochrome photos. Enter up to three photos per category. Cash prizes will be awarded for each division and category. First place is \$300, second place is \$200 and third place is \$100. To enter and for rules, visit armymwr.com/digital-photo.aspx.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Feb. 14 to discuss "A Reliable Wife" by Robert Goolrick. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to apGPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMc-Chord.com.

SCORE THE BEST DEALS ON TEXTBOOKS

The next college quarter starts soon. You don't have to break the bank on books; let Family and Morale, Welfare and Recreation's Bookstore inside Stone Education Center help you get your books for less. For more information, call the bookstore at 253-964-8185.

MOVING RESOURCES

manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel-.dod.mil. Defense Personal Property System is a centralized, integrated onestop source for managing personal property moves. For more information, visit move.mil.

GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more. Visit jblmmwr.com/ arts_crafts. For more information, call 253-982-6723.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

SKIESUNLIMITED INSTRUCTORS NEEDED

24/7 DAD CLASS FOR FATHERS

Join a class for dads, "24/7 Dad," where fathers support fathers. Learn how to become a better father and have a place to do activities with your children. Receive support from other dads who understand the day-to-day struggle of raising children. Classes take place on the second and third Tuesdays, every other month from 10 a.m. to noon at the 16th Combat Aviation Brigade's Raptor Resilience Center, 3204 Second Division Drive on Lewis Main. Next class is Tuesday. Online registration is available by visiting jblmafcs.checkappointments.com, or call 253-967-5901 to register via phone. 253-967-6416.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in to Lewis-McChord Communities. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main. Doors open at 12:30 p.m.; class starts at 1 p.m. Parking is limited, so arrive early.

ATTEND MONTHLY KIDS' BOOK CLUB

Kids in grades three to five are invited to join McChord Library's monthly Kids' Book Club meeting the third Wednesday of the month at 4 p.m. Read fun books, meet fun people. Parents, bring your and dads are invited to JBLM's Operation Baby Shower at American Lake Conference Center Jan. 20 from 11 a.m. to 4 p.m. The free event includes door prizes, baby shower games, refreshments, educational and pampering products, presentations and more. For more information, call 253-982-6726/967-6772. pointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewisMC-Chord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via

AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally SKIESUNIMITED IS looking for talented people to join the team. Share your talent or hobby with youth as a SKIES contractor or subcontractor. Areas of need include gymnastics, karate, dance, art, music, boxing, and theater. For more information, call 253-966-3539 or email cindy.j.arnold.naf@mail.mil.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the base Energy Program has launched the Energy Waste Hotline to collect information about day-burners, incandescent bulbs, damaged fixtures, steam leaks and nonfunctional thermostats, etc. If you notice any opportunity, call or text 253-219-2394.

THE USE OF SPACE HEATERS ON JBLM

The Joint Base Lewis-McChord Fire Department is not the authority for the use of space heaters in your work area; the Directorate of Public Works' Energy Conservation is the OPR for the use of all space heaters on the base. Contact Eric Waehling at 253-966-1772.

LEARN THE BASICS OF SOCIAL MEDIA

Do you struggle to understand setting up an email or social media account? Do your kids, grandkids or friends wish you could join them online? Would you like to keep in touch with receive photos and messages more often? The Arts and Crafts Center offers a new social media class for beginners, ondemand. Learn how to establish, use and maintain an email account and use Facebook. You'll also be given an overview of other social media sites. The cost for the class is \$5. For more information, call 253-982-6726/6718.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSAs and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Apply to work for CYS at JBLM NAF Human Resources Office is hosting Child and Youth Services Recruitment Fairs Tuesday at Eagles Pride Golf Course to recruit for the position of Child and Youth program assistant for child development centers, schoolage care and before-and-afterschool care and camps. Fulltime, part-time and flex positions are available. From 8 to 10 a.m., CPAC receives applications and resumes. From 9:45 a.m. to 3 p.m., CYS facility managers conduct initial interviews. NAF HR may extend tentative job offers. Interested applicants should bring their Social Security card, birth certificate and/or passport and phone numbers for four references and submit two copies of paper applications at the event. Download DA Form 3433 from

JBLMmwr.com on the community update page. Additional fairs are scheduled for Jan. 23 and 30.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair Wednesdays from 11:30 a.m. to 1:30 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Recruit Military Job Fair Thursday from 11 a.m. to 3 p.m. at American Lake Conference Center. This event targets transitioning service members, spouses, family members and veterans seeking to meet face to face with companies looking to hire for a multitude of different markets including: law enforcement, healthcare, finance, educational institutions, federal/contract positions, transportation, logistics and more. To preregister visit: RecruitMilitary.com/JBLM or https://events.recruitmilitary.com/exhibitors/schedule.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email back

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

towork@workforce-central.org.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

Onward to Opportunity The NW Edge is a six-week program facilitated by different partnering agencies providing specialized transition workshops covering: speaking civilian, social media-LinkedIn, WA state economic demographics, resume tailoring, interviews, WA state opportunities, and a NW Edge social with employers. For more information, email bjdufay@syr.edu.

L&I SELF-INSURED OMBUDS ASSISTANT

WA State Dept of Labor & Industries — Salary: \$4,292 to \$5,632 monthly. The Office of the Ombuds for Self-Insured Injured Workers is looking for a highly skilled adjudicator with experience managing selfinsured workers' compensation claims. Ideal candidate will have expert knowledge of industrial insurance law, mediation skills and problem solving abilities to resolve confidential claims issues. Cases are often complex and require an individual with just the right combination of communication skills and technical ability to achieve a successful outcome. This is an opportunity to make a positive difference in the lives of injured workers by ensuring they receive the appropriate benefits under the law. For more information, visit tinyurl.com/yc5cd8ab.

NURSE PRACTITIONER OR PHYSICIAN ASSISTANT

Frontline National, LLC -Salary: DOQ. Frontline Nationa is currently seeking a nurse practitioner or physician assistant to provide primary care services in Tacoma. Frontline National, LLC, founded in 2004, is a nationally-renowned staffing firm dedicated to identifying and placing superior candidates who possess the qualification, energy and talent to match the high standards of client's expectations. Frontline National is proud to announce its participation in the Department of Defense Military Spouse Employment Part nership. By joining the MSEP, Frontline National is becoming part of an even larger collective effort to support military spouse employment. For more information, visit frontlinenational.com/careers or call 513-528-7823 to learn more about this opportunity.

NORTHWEST GUARDIAN

FROM PAGE 1A 446TH AW

ceremony echoed this ethos as he shared his vision for the 446th AW.

"One of the key things I've learned from mentors like General Ogden is that an effective leader is often a servant leader," Pierce said. "The concept of servant leadership inspires others to lead and strengthens an organization by building up the people around us. As leaders, we don't seek the power that our positions provide us, but rather we seek to empower those around us."

Pierce also brings a vast diversity of experience with him to his new role as wing commander.

"He's been a pilot in so many different weapon systems," Ogden said of Pierce, "from helicopters to tankers, to tactical airlift and hurricane hunters. He also has experience serving in the Pentagon on the air staff, which has given him a broad perspective and makes him an even better leader with that understanding of strategic level decisions and resource allocation issues that we face."

As the 446th AW transitions to new leadership, its Airmen will also remember McLaughlin fondly as a leader who always demonstrated and emphasized the importance of mutual respect. "Colonel McLaughlin has a reputation for being an extremely talented leader, but (he is) also one who cares for people and has great respect for others no matter what their background may be," Ogden said. "I think he does that because he thinks it's the right thing to do, but it also makes our Air Force stronger."

McLaughlin left the 446th AW with a great deal of gratitude for the hard work his Airmen dedicated to the wing during his

time as commander.

"When I assumed command in 2014, I shared the thought that the first responsibility of a leader is to define reality, and the last is to say thank you," McLaughlin said.

"I'll leave you to judge how well I defined reality for 446th Airlift Wing; however, I will say that I enjoyed tremendous support from our Airmen in taking a hard look on how we did our business during my time in command."

FROM PAGE 1A

FREEZE

nations and protecting the Antarctic environment.

"Since September we have flown 17 (ODF) missions, transported nearly 950,000 pounds of cargo and more than 1,300 passengers including the U.S. ambassador to New Zealand," said Maj. Lucas Berreckman, 62nd Operations Group executive officer and instructor pilot.

Ensuring the success of the U.S. Antarctic Program is no small feat. The program's success is accomplished through a network of intricately-connected parts known as Joint Task Force-Support Forces Antarctica.

JTF-SFA is managed by Pacific Air Forces at Joint Base Pearl Harbor-Hickam, Hawaii, but it relies on support from active duty and National Guard and reserve personnel working together as part of JTF-SFA to execute the ODF mission.

"The Air Force provides strategic inter-theater airlift, tactical intra-theater airlift and airdrop, aeromedical evacuation support and search and rescue response capabilities," said Lt. Col. Trace Dotson, C-17 Antarctic Mission commander. "Operation Deep Freeze, the military's support for the Antarctic Program, is supported by the triad of active duty, Air National Guard, and Air Reserve component personnel. Our Airmen provide a reliable airlift capability to one of the more challenging U.S. military peacetime missions due to the harsh environment in which we operate. Those Airmen get to put their skills to test in the coldest, windiest, most inhospitable continent on the globe which truly tests AMC's (Air Mobility Command's) global mobility capability."

Having traveled to the continent twice — once as a student pilot and again as an instructor — Berreckman said he recalls his impression of Antarctica as dreamlike. "It was surreal," he said. "Not knowing what the continent would actually be like beforehand, I found it surprisingly mountainous, truly beautiful and colder than you would imagine — despite our arriving during the Antarctic summer."



A McChord Field C-17 Globemaster lands at McMurdo Station in Antarctica in support of the National Science Foundation in February.



Aircrews from McChord Field routinely transport a variety of cargo in support Operation Deep Freeze, including this 68,000-pound vehicle.

Antarctica's austere environment creates unique challenges for those who seek to land and performed in Antarctica only when it cannot be performed at more convenient locations elsewhere on the globe and that research has three distinct goals: to understand the region and its ecosystems; to understand its effects on, and responses to global processes such as climate; and to use the region as a platform to study the upper atmosphere and space. Airmen operating in the remote and extreme Antarctic environment. In addition to the advancement of technical skillsets, the ODF mission has resulted in strengthened bonds between the United States and partner nations such as New Zealand.

"The value comes from getting to execute a subset of the C-17 (Globemaster III) mission that I hadn't done before," Berreckman said. "Learning more about the aircraft's capabilities, further developing pilots, loadmasters and maintainers who go on the missions, and also cultivating relationships with our international communities firsthand makes ODF priceless.

"At the beginning of this season, we arranged a (C-17) static display for local residents in New Zealand," Berreckman said. "More than 3,000 civilians and five ambassadors came through that day, allowing us to communicate our mission and the capabilities of our platform, which is an invaluable opportunity.' There's a reason not every aircraft in the U.S. Air Force arsenal plays a role in ODF. The C-17 is uniquely suited to the task, and so are the Airmen who crew it.

"The C-17 is the perfect size aircraft to provide intra-theater airlift between Christchurch, New Zealand and Antarctica," Dotson said. "The C-17 can carry up to 100,000 pounds of cargo and people safely to Antarctica while still having enough fuel to return to New Zealand if the weather degrades suddenly. A larger aircraft may not be able to land on the ice runway at McMurdo Station, and smaller aircraft can't afford the large cargo payload that the USAP (U.S. Antarctic Program) requires."

With 13 missions still to accomplish, the current ODF season will conclude in February. The 2018-2019 season will resume in late September or early October 2018.

"It's been a successful season so far, and we're looking forward to returning to Christchurch in February to complete our remaining missions," Dotson said. Despite all these contributions, the 62nd AW remains heavily tasked supporting overseas contingency operations, presidential support missions and various other high-priority airlift and airdrop operations around the world.

Though striking to behold,

operate there.

In addition to fast-changing weather which makes approach difficult for pilots, cold and inhospitable surroundings present challenges unlike those loadmasters and maintainers operating outside the aircraft have typically encountered before, Berreckman said.

NSF notes that research is

Likewise, there are distinct goals and benefits for McChord



SPC. ADELINE WITHERSPOON 20th Public Affairs Detachment

Gen. Robert Abrams, left, presents Sgt. 1st Class Jason Pickett with the Forces Command Career Counselor Award Tuesday.

FROM PAGE 1A ABRAMS

congratulated Pickett and thanked him for his dedication and contributions as a career counselor.

"Across all the stars of retention posts that we have in U.S. Army Forces Command, for you to be recognized as the top retention NCO is actually an incredible accomplishment," Abrams said.

The second award, known as the Eagle Award, was presented to the 95th Military Working Dog Detachment, 504th MP Bn. The Eagle Award is given annually to the command's best small MP company working dog detachment.

"We submit our packets and books showing our accomplishments throughout the year our training proficiency rates, our number of deployments, volunteer hours and our AKIA (Annual Kennel Inspection and Assessment)," said 1st Lt. Carmon Johnson, detachment platoon leader.

The 95th Military Working Dog Detachment was reactivated at JBLM in 2012.

"This is the first time we have won it, and we are excited and proud of winning this award," Johnson said.

Abrams spoke about the importance of military working dogs and the time and dedication it takes to train them.

"Military working dogs, especially explosion detection dogs, have saved countless lives," Abrams said. "To train them and sustain them and maintain them for worldwide deployment is an unbelievable amount of work inside our kennels. We recognize annually the best kennel, the best military working dog detachment within FORSCOM.

"The standards are very, very high, and it requires incredible discipline, sustained discipline, enforcement of our policies with regard to military working dogs and performance matters. This is a huge accomplishment for all of you, and my hat's off to you; job well done."

FROM PAGE 1A 7TH ID

prior positions and dedication to his service and his family.

"He's ready, and he has my complete confidence," Burleson said.

Helton expressed his appreciation for the Bayonet Division and his opportunity to fill the 7th Infantry Division vacancy.

"It's difficult to properly express how honored I am to have been selected as the command sergeant major of this storied division," he said. "As I reflect on the rich history, lineage, and extraordinary record of combat, I'm struck with the gravity of this position and truly humbled to represent the Bayonet Division as its senior noncommissioned officer. "I will represent you with pride and advocate for your training, readiness and resources."

Helton also took a few moments to thank his wife, U.S. Army veteran, Leslie Helton, and the couple's 13-year-old son, Kai, an eighth-grader at Mann Middle School in Lakewood, for their love, support and sacrifice.

Helton began his military career as a Scout Helicopter Crew Chief in Fort Leonard Wood, Mo., Oct. 3, 1990. He went through advanced individual training at Fort Rucker, Ala.

He served in various positions in Fort Campbell, Ky.; Fort Riley, Kan.; and Camp Humphreys, South Korea.

Helton participated in numerous deployments, including Operation Uphold Democracy, Haiti 1994; Operation Iraqi Freedom 2003, 2004, 2005, 2010, 2011; and Operation Enduring Freedom 2013.

He is a graduate of the United States Army Sergeants Major Academy at Fort Bliss, Texas.

Helton earned an associate's degree in general studies from Central Texas College, Killeen, Texas.

He also has earned numerous certificates from various military training and leadership courses.

Helton's awards and decorations include: the Legion of Merit; Bronze Star Medal; Meritorious Service Medal; Army Commendation Medal; Army Achievement Medal; Master Aviation Badge; Parachutist Badge and the Assault Badge. He's also the recipient of the Honorable Order of Saint Michael (Bronze Award) and the German Armed Forces Proficiency Badge (Gold).



RUTH KINGSLAND Northwest Guardian

Command Sgt. Maj. Kenny Clayborn, JBLM garrison command sergeant major, left, greets Command Sgt. Maj. Stephen Helton Jan. 5.

Sports

JBLM FITNESS RESOLUTION FAIR

Kick-start that New Year's fitness resolution

Participants can sample a variety of fitness classes offered on JBLM

BY DEAN SIEMON Northwest Guardian

With the start of every new year, some Americans make a resolution to lose weight, be more fit or a combination of both. For members of the Joint Base Lewis-McChord community, keeping that resolution in 2018 begins Saturday at the annual JBLM Fitness Resolution Fair.

The JBLM Fitness Resolution Fair is hosted by the Wilson Sports and Fitness Center on

Lewis North from 9 to 11:30 a.m.

The fair, which is free to attend, will feature fitness classes offered across JBLM - including Zumba, Strong by Zumba, MixxedFit and indoor cycling.

Event coordinator Mallory Loy said the event has been popular because participants enjoy taking the classes and seeing what is new.

"It's just nice to be able to get the word out with this event that (the JBLM community is) able to take these classes free at most of

the facilities," Loy said. One new fitness class is Strong by Zumba. Zumba, a dance-fitness course incorporating hip-hop, samba, salsa and other Latin American genres of music, has grown in the past decade. With Strong by Zumba, the class is generally shorter and has a faster pace — similar to high-intensity interval training.

"It's kind of like circuit training more than a CrossFit or functional fitness class," Loy said.

Loy said participants will also have a chance to try out a func-

SEE FITNESS, 2B



Instructor Fernanda Green leads a Zumba workout during the 2017 JBLM Fitness Resolution Fair at the Wilson Sports and Fitness Center.



ON THE SCHEDULE

SOUNDERS LANES HOSTS **BLACKLIGHT BOWLING**

Recreation: Sounders Lanes on McChord Field has Blacklight Bowling Saturdays from 7 to 11 p.m. Bowling for two hours, plus shoe rental is \$12 per person. For more information, call 253-982-5954.

FREE FITNESS RESOLUTION FAIR SET FOR SATURDAY

Fitness: Joint Base Lewis-McChord fitness center staff and trainers are hosting a free Fitness Resolution Fair at Wilson Sports and Fitness Center Saturday from 9 to 11:30 a.m. Trainers will lead 30-minute classes, including Zumba, MixxedFit and indoor cycling. Enjoy functional fitness demonstrations. The first 150 participants will receive a T-shirt. For more information, call 253-967-7471.

JBLM COMMANDER'S CUP **BOWLING MEETING SET**

Intramural: The Joint Base Lewis-McChord Commander's Cup bowling season starts Feb. 8. An informational meeting for unit representatives is Wednesday at noon at Bowl Arena Lanes on Lewis Main. Activeduty service members at JBLM can apply; unit entry deadline is Jan. 31. Top four teams will compete in the championship is April 5. For more information visit jblmmwr.com/intramural or call 253-967-4661.

Katrell Walker, 14, made 11 of 15 shots to win the boys' age 14 division in the Knights of Columbus Council 10652 Free Throw Competition on Joint Base Lewis-McChord Saturday.

FREE THROW CONTEST BRINGS OUT THE BEST

Top eight shooters from JBLM earn berth in district-level competition

BY DEAN SIEMON Northwest Guardian

radley Audette, 10, came prepared to the Knights of Columbus Council 10652 basketball free throw competition inside Child and Youth Services' Parent Central Services gymnasium on Joint Base Lewis-McChord Saturday night.

While wearing a replica jersey of his favorite professional basketball player - Stephen Curry of the Golden State Warriors – Bradley made 11 of 15

free throws to clinch the title in the boys' age 10 division.

The win advances him to a future Knights of Columbus district-level competition, along with seven other JBLM youths who won their age divisions by scoring high in their 15 free throw attempts.

Bradley was also tied for the most points, perhaps fitting for someone wearing the jersey of one of the most consistent scoring threats currently in the

SEE CONTEST, 2B



Taleah Richardson, 12, was the highest scoring female participant with seven of 15 free throws made during the competition Saturday.

CYS BUMBLEBEE SOCCER ENROLLMENT NOW OPEN

Youth: Enrollment for Joint Base Lewis-McChord's soccer season runs through Thursday. Bumblebee Soccer for ages 3 and 4 is \$25 per child. Soccer enrollment for ages 5 to 15 is \$55 per child. Parents meet for both seasons Feb. 10; both seasons kick off Feb. 12. The Bumblebee soccer season will end March 24, with youth soccer ending March 31. Youth must be registered with CYS and have a valid sports physical on file to participate. Register at jblmcysregistration.com. For more information, call 253-967-2405.

NEW SPORTING CLAYS SCHEDULE BEGINS JAN. 20

Recreation: The Joint Base Lewis-McChord's Skeet and Trap Range just outside Scouts Out Gate on Lewis Main will begin the new Sporting Clays' 2018 schedule Jan. 20. The 100-target event will open registration at 9 a.m., with shooting scheduled to begin at 10 a.m. Participants have until 12:15 p.m. to sign up. Entry fee is \$35 for nonregistered shooters and \$42 for registered shooters. For more information, call 253-967-7056.

> The annual JBLM Down

and Dirty Mud Run will

take place

May 12 at

House on

Lewis Main.

Soldiers Field

JBLM SPORTS, FITNESS AND AQUATICS

Changes coming to JBLM sports, race calendars in 2018

BY DEAN SIEMON Northwest Guardian

Joint Base Lewis-McChord's Sports, Fitness and Aquatics has released its full schedule for the 2018 JBLM Commander's Cup leagues as well as open leagues and JBLM races.

The Commander's Cup leagues are designed for units to compete against each other in an intramural setting – building points for participation and where units finished in each league. The first Commander's

Cup league, volleyball, is scheduled to begin Jan. 15, followed by bowling Feb. 8, soccer March 12 and golf April 9.

The start of the Commander's Cup basketball season was moved from January to April 17 due to the difficulty to schedule referees to officiate games during a peak time for basketball.

"They're covering all of the local high school games and at community colleges; it can be hard to get officials on a constant basis," said Bruce Antonowicz, director of JBLM Sports, Fitness and Aquatics.

There will be a qualifying event April 20 for JBLM's teams competing in the annual Army Ten-Miler. Other Commander's Cup leagues include softball June 11, paintball Aug. 11, flag football Aug. 2, indoor soccer Oct. 1, the 5K Championship Oct. 19 and the JBLM Swim Meet Nov. 6 to 8.

Commander's Cup leagues

SEE SPORTS, 2B



SCOTT HANSEN Northwest Guardian / 2017

NORTHWEST GUARDIAN

FRIDAY JANUARY 12 2018

FROM PAGE 1B FITNESS

tional fitness workshop to train muscles by simulating common movements done at home, work or sports with an emphasis on core stability.

"We're hoping to reach out to more patrons with that (workshop)," Lov said.

Similar to last year, participants can try out a fitness class during a 30-minute trial. There will be 15-minute transition periods between classes, which provides participants a chance to cool down before tackling another class.

Loy said she encourages JBLM newcomers to attend the Fitness Resolution Fair, in case the highlighted classes weren't offered at their previous installation

"You want to change it up," Loy said. "It'll introduce them to If you go

What: 2018 JBLM Fitness Resolution Fair

When: Saturday from 9 to 11:30 a.m.

Where: Wilson Sports and Fitness Center, 11596 D. St. and 41st Division, Lewis North

something they might not have done before.'

The first 150 participants will receive a commemorative T-shirt. Fitness-related prizes

also will be given away during the fair. Some of the prizes are voga mats, towels, jump ropes and workout gloves.

For more information, call 253-967-7471.

Dean Siemon: 253-477-0235, @deansiemon



Amber and Bryan Coats workout together during a 20-minute sample Spin Class during the 2017 JBLM Fitness Resolution Fair at Wilson Sports and Fitness Center on Lewis North Jan. 7, 2017.

Top shooters Boys age 9 – Brandon Vargas Boys age 10 - Bradley Audette Girls age 10 - Nayali Hernandez-Rodriguez Boys age 11 – Darius Samuelu Tuia Boys age 12 – Gabe Lucas Girls age 12 - Taleah Richardson Boys age 13 - Hayden Liller Boys age 14 - Katrell Walker FROM PAGE 1B CONTEST National Basketball Association. And just like the professional, Audette was able to make an NARRIORS adjustment after a few early misses. "I did a little bit better aiming to get the ball right into the basket," Bradley said. Similar to Curry's form, Bradley usually practices shooting from the three-point range. His parents are happy to see his improvements show in competition. His mother, Tiffany Audette, said he's shown growth

2B

It's amazing the things he's done and how's he's advanced so far," Audette said.

hoops.

since he began shooting at age 2 with a Little Tikes basketball

The other youth to score a high of 11 points was Katrell Walker, who won the boys' age 14 division. Walker said he didn't feel any pressure when there was a large crowd of peers and coaches surrounding him from the three-point arc.

"Whenever I'm in a game, I have eyes on me, too," Walker said. "To me, (this is) like basically playing a game."

The free throw competition was hosted after a full day of CYS basketball leagues held their Saturday games. As the competition grew closer, CYS staff and coaches spread the word to parents about the opportunity to test one of the fundamental skills in basketball.

CYS coach Damian DeCastro saw five of his kids from different age group teams earn a berth into the district round. In addition to Audette and Walker, Brandon Vargas, 9; Darius Samuelu Tuia, 11; and Taleah Richardson, 12, all won their respective divisions.



DEAN SIEMON Northwest Guardian

Navali Hernandez-Rodriguez, 10, lets the ball go during one of her attempts in the Knights of Columbus Council 10652 Free Throw Competition on Joint Base Lewis-McChord Saturday.

"It's impressive," DeCastro said. "All the effort they put into it (all season) shows.'

The JBLM youth contest attracted 20 shooters aiming for a berth into the district-level of competition, to be announced

later. The Knights of Columbus will advance the best of each district into a regional competition, which looks for the best to compete in a state championship.

This is the second year Coun-

cil 10652 held a council championship on JBLM. Before last year, athletes had to look for a council championship outside of the installation.

"They're already here playing basketball; why not (have them)

stick around and shoot some free throws," said Greg Kaufman, youth director for Council 10652.

Dean Siemon: 253-477-0235, @deansiemon



SCOTT HANSEN Northwest Guardian / 2017

The Commander's Cup Intramural Basketball League will begin playing April 17 in order to schedule referees for the season.

FROM PAGE 1B SPORTS

are open to active-duty service members attached to a unit on JBLM, with mandatory representative meetings planned before the start of each season. There are also open leagues designed for service members, spouses, family members and anyone else with a valid JBLM ID.

The JBLM open league schedule starts with women's volleyball Feb. 17 and women's basketball April 7. This year will see the addition of open basketball and volleyball, both starting June 16.

Along with an open flag football season, there will be spring and fall seasons for open league softball — one starting April $\overline{7}$ and the second starting Aug. 18. Depending on participation,

each season could have separate divisions for recreational, competitive and women's softball.

"It seems that (softball) is one of our big three sports, like football and basketball," Antonowicz said.

Entry fees for each sport will vary. Players without a team are encouraged to attend coach meetings.

Running enthusiasts will also find the normal schedule for races in 2018, starting with the annual Shamrock 'n Run 1K and 5K March 10, followed by the popular Down and Dirty Mud Run May 12.

There will be a Military Formation Run competition as part of the annual Sound to Narrows 12K event in Tacoma June 9. A second-chance qualifier for Ten-Miler teams as one of three options for the JBLM Freedom Run is set for July 4.

The rest of the 2018 Joint Base Lewis-McChord race calendar features the Salmon Run Aug. 25, Zombie Apocalypse Run Oct. 13, the Turkey Trot Nov. 17 and the Jingle Bell Jog Dec. 8. There is an Awareness Run planned for some time in 2018, to be announced at a later date.

Antonowicz said it is important for JBLM Sports, Fitness and Aquatics to provide a wide variety of themed runs and different distances.

"It encourages people to get out there and be active," Antonowicz said. "I know a lot of people like our themed runs. The participation has been fairly consistent – around 500.'

For more information about any of the Commander's Cup or open sports leagues, as well as the upcoming races, call 253-967-9210 or email sports@jblmmwr.com.

Dean Siemon: 253-477-0235, @deansiemon

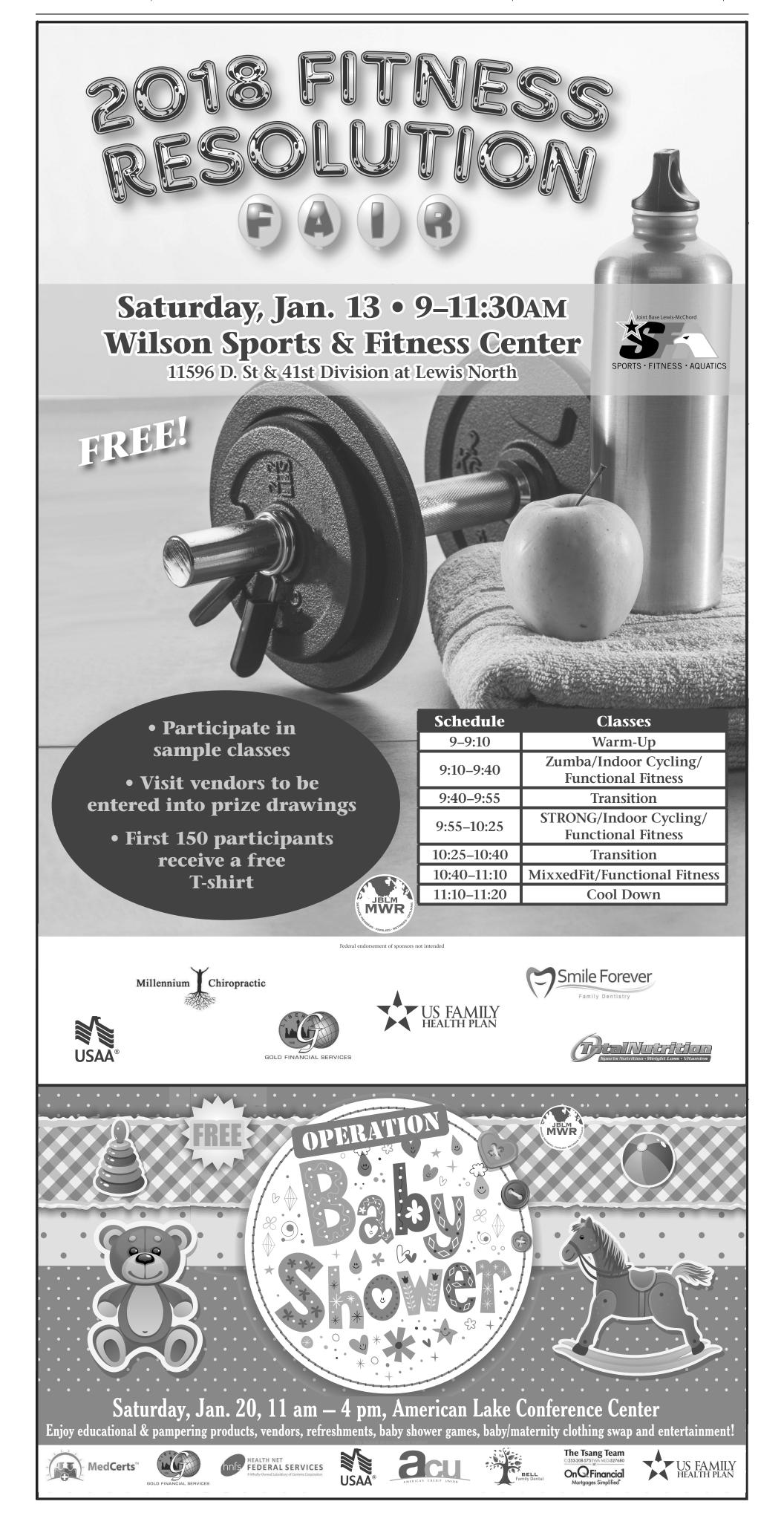


3B



Classified |

5B







Who Does It Find the right business for your home, garden, pet, personal service needs and more right here!

Business and Services	Home/Business Improvement		Home/Business Improvement	Lawn/Lndscpng/Trees	
	ALL YOUR CONCRETE NEEDS Driveways, Foundations, Patios, Walls, Etc. FREE ESTIMATE! Lic# TEAGAC*887NH 253-224-7466 DAVE OWENS PAINTING Interior/Exterior	ROOF & GUTTER CLEAN/REPAIR Pressure Washing. Ashes To Beauty Lic/Bond/Ins 253-381-3057 Senior Citizen Plumbing \$20 OFF ANY ONE SERVICE!	Strong Tower Painting & Siding Interior & Exterior Keep the value of your home & enjoy! Lic#STRONTP83RL & Bond. New cust & senior disc. FREE Est!	Alpha y la Omega Time for Trimming! Hardscaping all landscape construction & Maintenance, Resid/comm., Clean ups, Patios, Decks, Fences, Hauling,	Latinos Landscaping & Trees Clean-Up, Painting Houses, Retaining Walls, Sod, Bark, Emergency Tree. Comm/Residential Maintenance. Reasonable Rates! Free Estimate! Lic# LATINL*874K9 253-330-7094
Home/Business Improvement	FREE EST! 20 yrs exp! Military and Sr Disc. #dave00p895qb 253-202-8196 DON'S ROOFING & CONSTRUCTION Repair & Replacement Free estimate	"We Do All Ages!" www.seniorcitizenplumbing.com 253/858-7599, 848-5221, 475-6115 Lic/Bond/Ins. Lic# seniop882d3	360-880-3347 360-740-9754	Removal Tree Pruning. 10% disc for new customers & seniors. Lic#ALPHAYL944LI 360-880-3347 360-740-7954 ALPHAYLAOMEGA.COM	LAWN & TREES Winter Clean-Up's, All Lawn Work, 29 Years Exp. Pruning & Tree Work, Ornimential, Fruit Trees Etc., Retaining Walls, Fences, Drainage Control,
ACE CONSTRUCTION "ROOF PROS" Complete Roofing Service BEST PRICES and IMPECCABLE REFS. Leak Repair Special. BBB "A" rated Free Est. Senior Disc. #acecoc932de CALL BRUCE 253-389-4758	253-984-0743 donsrci973kb www.donsroofingandconst.com FRIENDSHIP BUILDERS BATHROOMS: Tubs, Tile, Floors, Dry Rot,	THE WINDOW GUYS Energy Efficient Windows & Doors Lic/Bond/Ins lic# windog*933bq FREE EST! SR. DISC. 253-380-4496 MR. FIX IT HANDYMAN SERVICES Your home repair professional	FREE On Site Consultation & Estimate, Design / Build Room Additions & Homes, Garages, All types of Remodeling, Kitchens, Bathrooms, Structural Repairs, Decks / Foundation to Finish greatnorthwestbuilding.com	I'M IN! Tree Services NO JOB TOO BIG or TOO SMALL 24HR Emergency Removal, Clearing, Pruning, Falling, Topping. FREE EST!	Pressure Wash, Gutters, Roof Moss Control, Sr. Disc. All Work Guaranteed! Call Anthony 253–289-2606 MILLER'S TREE SERVICE 30 Years Experience, serving Pierce &
UNLE DIVUE 20000-100	Etc. LIC#frienb*946p3 Nate 253-405-0463	30 year exp 253-442-4128	Lic#greatnb022n4 253-847-4710	Lic/Bond/Insured 253-888-2670	S. King Co. Lic/bond/ins lic# millets872bw Call for FREE estimate! 253-223-0189

VISIT US ONLINE



Pick up a copy of this month's Focus Magazine

Joint Base Lewis-McChord MWR's fun, food, travel & well-being guide

Available at MWR facilities and select JBLM locations. Prefer a digital copy? Visit JBLMmwr.com/focus

code for easy

access!



ow in the App Store



Android and iPhone

Search for JBLM MWR



2C **Leisure Calendar**

WEEKEND

FOR THE WEEK OF JAN. 12-18



STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 10 p.m.

Shrimp basket for \$8.25.

McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, fresh, never frozen, grilled burgers and sandwiches with fries.

McCHORD PUB 4 to

8:30 p.m. Drop in to relax after work. Enjoy programs on four overhead televisions and challenge your friends to a game of darts or poker. Order appetizers from the pub menu to go along with your favorite drinks.

SAMUEL ADAMS **BREWHOUSE JBLM**

playoff sports with appetizers and brew.

SOUNDERS LANES

11 a.m. to midnight. Cosmic Blacklight Bowling from 7 to 9 p.m. Two hours plus shoe rental for \$12 per person, plus the Laser Maze and PAC-Man.



BREWHOUSE AT EAGLES PRIDE Open to the public. Come in for great meals, good brew and your favorite sports.

AND EAGLES PRIDE After 2 p.m., enjoy family golf. \$30 includes nine holes, cart, rental clubs, range

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena	253-964-8837
Bowl Arena Strike Zone	253-967-4661
Caddy Shack Bar & Grill	253-964-2792
Cascade Community Center/	
Heroes Lounge	253-964-0331
Globemaster Grill at McChord	
Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero	
Mexican Grill	253-982-3271
To see menus, visit JBLMmwr.com.	

WHISPERING FIRS

balls and hot dog.

WARRIOR ZONE Margarita specials. Open to all ID cardholders ages 18 and older; 21 and older for -8837 alcohol sales. -4661

McCHORD GRILL

the grill with a huge

salad bar, pasta made

to order, fresh, never

and sandwiches with

STRIKE ZONE AT

SOUNDERS LANES

11 a.m. to 8 p.m. Chick-

en club sandwich for

fries.

\$8.25.

frozen, grilled burgers

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 1 p.m. Dine at

11 a.m. to 8 p.m. Swedish meatballs over rice for \$8.25.

BATTLE BEAN AT STONE EDUCATION **CENTER** 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

WARRIOR ZONE Trv the Zone's turkey, Thai chicken, chicken chipotle and turkey Caesar wraps stuffed with great flavor and seasonings. Also indulge in tuna salad, veggie, roast beef. turkey and chicken sandwiches. Ages 18 and older.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Barbecue pulled pork sandwich for \$8.25.

STRIKE ZONE AT **BOWL ARENA LANES** 4:30 to 7 p.m. All-youcan-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your made-toorder coffee.

SAMUEL ADAMS **BREWHOUSE JBLM**

Watching your waistline? Order a tasty house salad, wedge salad and red pepper hummus dish with veggies and flatbread.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Chicken bulgogi for \$8.25.

McCHORD PUB

Did you know that you can use the McChord Pub for Right Arm events, Commander's Calls. Hails and Farewells and more? Call 253-982-5582

AT THE MOVIES

Carey Theater on Lewis Main

Star Wars: The Last Jedi (PG-13) Friday at 7 p.m.

- Ferdinand (PG)
- Saturday at 1 p.m. 12 Strong (PG-13)

Saturday at 7 p.m.

Ferdinand (PG)

Sunday at 1 p.m. Star Wars: The Last Jedi (PG-13) Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

TACOMA AREA

BLUE MOUSE THEATRE: 253-752-9500 **GRAND CINEMA: 253-593-4474**

LAKEWOOD TOWNE CENTER **CINEMAS: Not available by phone,** online fandango.com **REGAL LAKEWOOD STADIUM 15:** 844-462-7342 411# **CENTURY POINT RUSTON AND XD:** Not available by phone, online cinemark.com

PUYALLUP

LONGSTON PLACE: 253-770-9901 SOUTH HILL MALL SIX: 253-445-8801

BONNEY LAKE

REGAL TALL FIRS 10: 253-891-5445

GIG HARBOR

GALAXY UPTOWN THEATRE: 253-857-7469

PORT ORCHARD

REGAL SOUTH SOUND 10: 360-871-2294

SOUTH KING COUNTY

CENTURY FEDERAL WAY 16: 253-946-0942

FEDERAL WAY GATEWAY 8: Not available by phone, online fandango-.com

YELM

YELM CINEMAS: 360-400-3456

OLYMPIA/LACEY

MARTIN VILLAGE STADIUM 16: 360-455-5003 **CENTURY OLYMPIA: 360-943-0769**



Walt Disney Studios Motion Pictures

Daisy Ridley, Mark Hamill and Adam Driver star in the new Walt Disney Studios Motion Pictures release, "Star Wars: The Last Jedi."

4 to 11 p.m. Watch

Cover Story

3C



Tenzin McClung, 1 month, smiles for the camera with his mother Marisela McClung, left, and Gabrielle Peterman, right, during the 2017 Operation Baby Shower on Lewis North.

Lynn Miranda, of the Lewis Main Exchange, right, visits with Shonda Elkins and her son Brandon, 6, at the 2017 Operation Baby Shower.



JBLM OPERATION BABY SHOWER

SWEET BUNDLE OF JOY

BY RUTH KINGSLAND Northwest Guardian hether you just had a baby or you're waiting on the arrival of that special bundle of joy, Joint Base Lewis-

McChord's Family and Morale, Welfare and Recreation has a baby shower planned just for you.

Operation Baby Shower – a free event for new and expectant moms and dads and their children — will be at American Lake Conference Center, 8085 NCO Beach Road, Lewis North, Jan. 20 from 11 a.m. to 4 p.m. This is the seventh year JBLM

4C **Out & About**

WEEKEND

JANUARY 13 SNOWSHOE TRIP AT THE COMMONWEALTH BASIN The Cascades in the winter is a

snowshoeing paradise and none more so than Commonwealth Basin. The proliferation of snow keeps the trail ever-changing. Soft blankets smooth the landscape forming snow bridges over creeks, making stumps look like soft bumps in the landscape. Distance: 8 miles, roundtrip; elevation gain: 2,300 feet. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. \$65.

CROSS-COUNTRY SKIING AT LAKE EASTON

Short trails, rolling hills, groomed trails and beautiful views make a great day of crosscountry skiing at Lake Easton. Gear, transportation and instruction are provided. Participants must go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Meet at McChord Field's Adventures Unlimited at 8 a.m. Difficulty: moderate; distance: 5 miles; elevation gain: 50 feet; time: three hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. \$65.

JANUARY 14 SNOWMOBILING TOUR ADVENTURE IN CLE ELUM

Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. For those seeking the most fun-filled winter experience, check out this snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16. Depart from Northwest Adventure Center at Lewis North at 7 a.m. Register at JBLMmwrRegistration.com. \$185; **\$75** for ages 14 and younger.

INTRODUCTION TO BACKCOUNTRY SKIING

This class if for anyone who wants to take the plunge into the backcountry with their skills. An educational day will teach participants everything from how to set up a ski kit, how to engage the avalanche float bags and perfecting turns in deep powder. Get away from the lift lines and learn how to earn those turns anywhere the snow falls. Our expert guides will lead the outdoor adventure. Ground transportation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Come get fitted for gear the week before the trip. Due to weather, location is subject to change for safety. Minimum age: 16; children younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. \$110.

SEATTLE NIGHT PHOTOGRAPHY TRIP

Just because the sun's gone down, it doesn't mean the day of photography has to end. Night photography is fast becoming one of the most popular forms of digital photography. Take a journey of Seattle after dark. Minimum age: 12; children vounger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 3:30 p.m. or McChord Field's Adventures Unlimited at 3:45 p.m. Register at JBLMmwrRegistration.com. \$65.

JANUARY 16

SEA KAYAK SKILLS CLASS

The Northwest Adventure Center offers five levels of the two-hour kayak skills class. Start at any time and master as many of the five levels as you would like.

Level 1: Proper paddling techniques and how to buddy rescue.

Level 2: Edging maneuvers and self-rescue.

Level 3: Recovery techniques and muscle memory exercises for the roll.

Level 4: Multi-day kayak trip prep and T-rescue.

Level 5: Learning the kayak roll.

After the fifth level, continue to perfect your roll. Minimum age: 12; children anyone younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at

JBLMmwrRegistration.com. \$35.

JANUARY 20 BACKCOUNTRY SKI THE CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. The Northwest Adventure Center's trip provides all the gear you need to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

LEARN THE BASICS IN PHOTOSHOP 101

It's often difficult for beginners to know where to start. but this Photoshop 101 seminar covers nearly every tool and menu available in detail. This is

the starting point for getting introduced to the editing possibilities in Photoshop. Learn how to edit guickly, build confidence in skills and ensure images come out looking great. Topics include layers, masking, groups, typography, quick masks, introduction to filters and more. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. \$45.

JANUARY 21 CROSS-COUNTRY SKI TRIP TO LAKE EASTON

Combine short trails, rolling hills, groomed trails and beautiful views and you have a great day of cross-country skiing at Lake Easton. Gear, transportation and instruction are provided. Participants must go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Meet at McChord Field's Adventures Unlimited at 8 a.m. Difficulty: moderate; distance: 5 miles; elevation gain: 50 feet; time: three hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. \$65.

SIGN UP FOR ADVANCED PHOTOSHOP CLASS

Build onto basic experience

working with Photoshop and learn some of the program's most powerful tools. Learn Adobe Camera RAW, learn actions, adjustment layers, create custom brushes, advanced brush options, dodge and burn, blending modes and more. Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. \$45.

SNOWMOBILING, BACKCOUNTRY SKI

Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. People who are looking for a fun-filled winter experience should heck out this snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16. Backcountry skiing/snowboarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledding (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others. Many of the best snowboard videos are filmed in the backcountry. Join the Northwest Adventure Center for a mega-

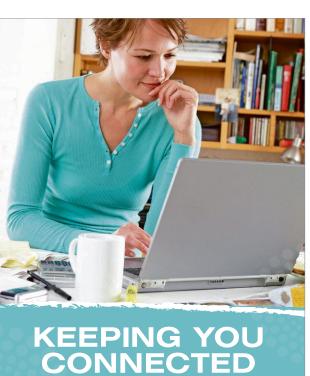
fueled snowmobiling adventure where you can get dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again. Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Register at JBLMmwrRegistration.com. Snowmobiling: \$185; \$75 for ages 14 and younger. Skiing: \$165.

JANUARY 26

YOGA CLASS DESIGNED FOR SNOWSHOERS

The class is designed for those who spent the day exploring a winter wonderland, trudging up, down, across and zigzagging through waist-deep snow, inevitably leading to tight calves, hamstrings, hip flexors and quads. Join other outdoor recreators in a 60-minute class away from the studio designed specifically for preparing the muscles to endure the snow-filled adventures ahead of you this winter. Class is held at 6 p.m. at McChord Field's Adventures Unlimited, surrounded by

SEE OUT, 7C





Guardian Events

EVENTS

Battle at the Boat (Boxing) 8 p.m. Friday. Emerald Queen Casino, 2024 E. 29th St., Tacoma. \$30-\$100 Ticketmaster.

Flannel Formal 8 p.m. Friday. WaMu Theater, 800 Occidental Ave. S., Seattle. Seattle's lumberjack prom. Flannel or plaid outfits required for entry. Starting at \$20. 206-381-7555, bit.ly/2C81twj.

Elvis Birthday Bash 7:30 to 10:30 p.m. Saturday. Capitol Theater, 206 Fifth Ave. SE, Olympia. See the award-winning movie "Almost Elvis," then rock out with World Champion Elvis Impersonator, Robert Washington and the Kentucky Rain band. There's also an Elvis art show and costume contest. 360-754-6670, olympiafilmsociety.org.

Seattle Wedding Show 10 a.m. to 5 p.m. Saturday and 10:30 a.m. to 5 p.m. Sunday. Washington State Convention Center, 705 Pike St., Seattle. \$18 advance; \$20 day of. 800-505-5900, weddingshow.com.

Great Hall of Washington History Public Opening and Reception 5 p.m. Thursday. Washington State History Museum, 1911 Pacific Ave., Tacoma. Celebrating recently renovated galleries in the Great Hall of Washington History with a

performance of Northwest Passages by the award-winning Living Voices program. Hear from special quest Governor Jay Inslee at the ribbon cutting ceremony with community partners and exhibit contributors. Free. 253-272-3500, washingtonhistory.org.

Tacoma RV Show 11 a.m. to 8 p.m. Thursday through Jan. 20; 11 a.m. to 5 p.m. Jan. 21. Tacoma Dome, 2727 E. D St., Tacoma. \$12. otshows.com/trv.

MUSIC

FRIDAY

Magician Cary Durgin 6 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

Independent Fusion featuring Josiah French and the Americans, Something Witchy, **Astrol Waters, Explosions Everywhere and Greater Space** 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacoma.com.

Hollywood Babble On with **Ralph Garman and Kevin Smith** 7:30 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$35. 253-282-7203, tacomacomedyclub.com.

An Evening of the Acoustic: Dane Creek, Andrew Landers and Leify Green 8 p.m. Louie

G's, 5219 Pacific Highway E., Fife. \$10. 253-926-9700.

Mud On My Bra, Stop Don't Stop, Needs and Raptor Tractor 8 p.m. The Valley Pub, 1206 Puvallup Ave., Tacoma, 253-248-4265.

Oncore 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777

Sonic Funk 9 p.m. Great American Casino. 10117 South Tacoma Way, Lakewood. 253-396-0500.

John Walker and the Hitchhikers with Axi-Ohm and Stephanie Anne Johnson 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821. Afrodisiacs 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

SATURDAY

Art Gathering featuring Yardsss, Clyde and the Villains, J. Martin and Sam Bogle Music 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacoma.com.

Mugly, Neutralboy!, 13 Scars and Psycho78 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Massacre at the Opera's **Record Release Party with** Salem Knights, Chamber 6, Kill Closet and Unahiloed 8 p.m. Louie G's, 5219 Pacific Highway E,



Fife. \$10. 253-926-9700.

Live Music featuring Blues,

Uncle Thurm's Finger Lickin' Ribs

Oncore 9 p.m. Emerald Queen

I-5 Nightclub, 2024 E. 29th St.,

Sonic Funk 9 p.m. Great

American Casino, 10117 South

Tacoma Way, Lakewood. 253-

The Spazmatics 9 p.m. The

Swiss, 1904 S. Jefferson, Tacoma.

Resolution Ruiner Party 9

p.m. Jazzbones, 2803 Sixth Ave.,

Werthless, Shake the Baby Til

Tacoma. 253-396-9169.

Love Comes Out, Medium

Weekend and Dead Obvious 7

Brews and Barbecue 8 p.m.

and Chicken, 3709 S. G St.,

Tacoma. 253-475-1881.

Tacoma. 253-594-7777.

396-0500.

253-572-2821.

SUNDAY

MEL EVANS The Associated Press

p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacoma com

The Seattle

Show takes

place at the

Washington

Convention

Saturday and

Center in

Seattle

Sunday.

State

Wedding

Country Roadhouse Jam with Dave Nichols 8:30 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Tim Hall Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

MONDAY

Open Mic hosted by Chuck Gay 7 p.m. The Swiss, 1904 S. Jefferson, Tacoma, 253-572-2821

Rockaroake with Live Band 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma, 253-396-9169.

TUESDAY

Blues Jam with Roger Williamson 8 p.m. Stonegate

Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

5C

Billy Stoops Acoustic Jam 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma, 253-476-1421.

The Comedy Voice 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

Geeks Who Drink Pub Quiz 8 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Karaoke with Virginia 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

WEDNESDAY

Caliente Salsa Dancing with DJ Arturo Rodriguez 7 p.m. La Fondita Mexican Restaurant, 2620 N. Proctor St., Tacoma. Salsa lessons from 7 to 8 p.m. Dancing from 8 p.m. to close. \$15 for salsa lessons and cover, \$10 for cover only. 253-752-2878.

Live It Outloud 6:30 p.m. Jazzbones, 2803 Sixth Ave., Tacoma, 253-396-9169.

The Schizophonics, the **Woolly Bushmen and Tremor** Cats 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265

Open Mic with Verginia 8 p.m. Rock The Dock, 535 Dock St., Tacoma. 253-272-5004.

^{\$}16.99

Over double the

253.474.2435



Cover Story 6C

WEEKEND



SCOTT HANSEN Northwest Guardian / 2017

Eric Lazerow, right, of "My First Diapers" goes over the inventory of products with Kayla Cofer, of Kitsap, during the 2017 Operation Baby Shower at the American Lake Conference Center on Lewis North.

FROM PAGE 3C BABY

has offered the event, which involves baby shower games, educational and pampering products and informational booths, door prizes, refreshments and more.

In addition to the many activities of previous years, this year there will be a lactation consultant in attendance and 4-D ultrasound booth.

"There's a lot of really cool stuff this year," said Megan Braholli, recreation specialist in the Family and MWR special events office.

One booth alone will be giving out more than 100 gift bags, she said.

Guests will receive a passport page to get stamped at various booths at the event. When completed, the stamped passport is returned to the entrance booth for a chance to spin the wheel for one of several prizes.

JBLM's Child, Youth and School Services has joined with Family and MWR to host the

If you go

What: Operation Baby Shower

.....

Where: American Lake Conference Center, 8085 NCO Beach Road, Lewis North

When: Jan. 20 from 11 a.m. to 4 p.m.

event and will have craft tables for small children at the event.

The event is primarily geared to new and expectant moms and their young children. All are welcome, but most child games and crafts will be geared to ages 4 and younger, Braholli said.

In addition to fun games and freebies, expect to learn some new tips for moms.

"It's a free event with no RSVP and lots of fun stuff," Braholli said. "If you're a new mom, expect to reap the benefits of new information and the many booths of stuff you may not already know."



The "Diaper Toss" will be among the activities available during the seventh annual Operation Baby Shower at the American Lake Conference Center on JBLM Lewis North Jan. 20 from 11 a.m. to 4 p.m.

WEEKEND

Out & About

FROM PAGE 4C

inspiring outdoor gear. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$17.**

JANUARY 27 BACKCOUNTRY SKI THE CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. The Northwest Adventure Center's trip provides all the gear one needs to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children those younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Due to weather. location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

JANUARY 27-28 BE PREPARED WITH WILDERNESS FIRST AID

The Wilderness First Aid course helps prepare outdoor enthusiasts for the unexpected. This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations. It will introduce students to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge to integrate your learning. At the end of the course, students will have the knowledge, skills and ability to make sound decisions in emergency situations. All students are required to have current First Aid, CPR and AED training before WFA course date. This is available to every student the Friday night from 6 to 8 p.m. before your



JBLM Outdoor Recreation

The JBLM Northwest Adventure Center has several backcountry ski trips planned for the winter months, including Jan. 20 and 27 trips to the Cascade Mountains.

course for an extra \$25.

Students should provide a bag or backpack packed with everything one would bring on a normal hiking trip for one, grungy clothing that will likely get ruined (stained, cut or torn) and appropriate food for the day. The Northwest Adventure Center will provide learning materials, instruction and certification card in the mail. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Minimum age: 16: children vounger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. \$225.

JANUARY 28 MOUNTAIN BIKING INTRODUCTION TRIP

Experience the thrill of mountain biking. The guides will start by addressing proper bike fit and making any necessary adjustments to the bikes. Next, they'll demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending and navigating minor obstacles on the trail. They'll also go over important communication skills and mountain biking trail etiquette with the aim of

keeping multi-use trails open and safe for everyone. And finally, the guides will practice all these new skills on a great trail ride. Minimum age: 14; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at JBLMmwrRegistration.com. **\$35.**

SNOWSHOE TRIP IN THE COMMONWEALTH BASIN

The Cascades in the winter is a snowshoeing paradise and none more so than Commonwealth Basin. The proliferation of snow keeps the trail ever changing. Soft blankets smooth the landscape forming snow bridges over creeks, making stumps look like soft bumps in the landscape. Distance: 8 miles, roundtrip; elevation gain: 2,300 feet. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65**.

FEBRUARY 3 SNOWSHOE TRIP AT HURRICANE RIDGE

Hurricane Ridge in Olympic National Park is one of the most spectacular places to snowshoe

in Washington. Enjoy stunning alpine views while trekking across ridge lines decorated with snow sculptures, constantly being reshaped by the legendary winds for which the area has earned its name. Distance: 6 miles, roundtrip; elevation gain: 800 feet. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:30 a.m. Due to winter conditions, location is subject to change for safety reasons. Register at JBLMmwrRegistration.com. **\$90.**

SEMINAR FOR INTERNATIONAL TRIPS Attend one of the monthly

Attend one of the monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use your gear in a few hours with our instructors. This class will go over the basics of planning your dream trip abroad. Work with a travel enthusiast and international guide to learn how to plan an incredible experience anywhere in the world, from choosing housing locations, finding volunteer opportunities, interacting with local people, getting the most from your trip and how to be the best traveler instead of tourist you can be. No equipment necessary. This class is held at McChord Field's Adventures Unlimited at 11 a.m. Register at JBLMmwrRegistration.com. Free.

FEBRUARY 3-4 CLASS ABOUT BASIC ALPINE CLIMBING

During this course, you'll receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. Unlike Rainier, the Cascades are part of a huge mountain range with scores of peaks topping 8,000 feet and upwards of 400 glaciers and countless permanent snowfields. This program is designed for the beginner or intermediate climber who wishes to develop strong fundamental skills in all aspects of snow and glacier climbing. It serves as a prerequisite for many of our basic-level climbs and is a stepping stone to more technically difficult mountains, including Denali.

This course has served as a springboard to many climbing careers, including numerous Rainier summiteers, and has developed a foundation of skills for hundreds of independent climbers. Taught over two weekends the first half is classroom based skill sessions. The following weekend is an overnight field skills practice on the slopes. Register at JBLMmwrRegistration.com. **\$125.**

FEBRUARY 4 PHOTOGRAPHY EXCURSION IN SEATTLE

Seattle is full of beautiful and interesting sites, and on this excursion, the group will travel to a few of the locations, learning various techniques for landscape and cityscape photography.

From Kerry Park to Ballard Locks, from the Seattle waterfront to the Seattle Center, Seattle is a photographer's paradise to hone those skills.

Depart from the Northwest Adventure Center at Lewis North at 9 a.m. or McChord Field's Adventures Unlimited at 9:30 a.m. Register at JBLMmwrRegistration.com. **\$65.**

AN INTRODUCTION TO BACKCOUNTRY SKIING

7C

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. Trip includes all the gear to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult.You must be an intermediate skier. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. \$110.



Fri-Mon: 1:00, 3:30, 6:15 Tue: 1:00, 3:30 Wed-Thu: 1:00, 3:30, 6:15

Lady Bird (R)

Fri-Mon: 11:20 AM, 1:30, 4:45, 7:00, 9:10 Tue: 11:20 AM, 4:45, 7:00, 9:10 Wed: 11:20 AM, 1:30, 4:45, 9:10 Thu: 11:20 AM, 1:30, 4:45, 7:00, 9:10

The Princess Bride (pg) WEIRD ELEPHANT SERIES Sat: 11:00 CLASSIC FILM SERIES Wed: 1:45, 6:45

Bomshell:

The Hedy Lamarr Story (NR) TUESDAY FILM SERIES Tue: 1:30, 6:15

Now serving local beer & wine Friday-Sunday evenings! Tacoma's only nonprofit movie theater.

Tickets

WEEKEND

ON SALE THIS WEEK

8C

RYAN CARAVEO 9 p.m. Feb. 23, Neptune Theatre, Seattle. Tickets on sale now. RICHARD MARX 8 p.m. March 9, Tulalip Resort Casino. Tickets go on sale Friday.

CASPAR BABYPANTS 10:30 a.m. April 28. Neptune Theatre, Seattle. Tickets go on sale Friday.

LITTLE BIG SHOW NO. 21: NADA SURF. CELEBRATING THE 15TH ANNIVERSARY OF LET GO 8 p.m. May 9. Neptune Theatre, Seattle. Tickets go on sale Friday.

ROD STEWART, WITH SPE-CIAL GUEST CYNDI LAUPER 7:30 p.m. Sept. 1. White River Amphitheatre, Auburn. Tickets go on sale Friday.

ALREADY ON SALE MONSTER JAM TRIPLE

THREAT SERIES Various times. Friday-Sunday. Tacoma Dome. Tacoma.

OMG HEART AND SOUL SERIES WITH THE WHISPERS. THE STYLISTICS, BLOOD-STONE AND MILES JAYE 7 p.m. Saturday. ShoWare Center, Kent

THE COMEDY GET DOWN 7 p.m. Jan. 20. KeyArena, Seattle.

SMOKEY ROBINSON 8 p.m. Jan. 20. Emerald Queen Casino, Tacoma.

LEWIS BLACK: THE JOKE'S ON US TOUR 8 p.m. Jan. 20-21. Moore Theater, Seattle.

QUEENS OF THE STONE AGE: VILLIANS TOUR 2018 7 p.m. Jan. 25. KeyArena, Seattle

RICKY GERVAIS: HUMANITY 7:30 p.m. Jan. 27. Moore Theater, Seattle.

MIRANDA LAMBERT 7 p.m. Feb. 1. Tacoma Dome, Tacoma

KATY PERRY 7:30 p.m. Feb. 3. Tacoma Dome, Tacoma.

ANN WILSON 8:30 p.m. Feb. 9. Emerald Queen Casino. Tacoma

AIR SUPPLY 8 p.m. Feb. 14. Emerald Queen Casino, Tac-

oma. **TOBYMAC** 7 p.m. Feb. 16. KevArena. Seattle.

JO KOY: BREAK THE MOLD TOUR 7 p.m. Feb. 17. ShoWare Center, Kent.

MARK MORRIS DANCE GROUP 8 p.m. Feb. 17. The Moore Theater, Seattle. GOGOL BORDELLO 8 p.m. Feb. 20. Neptune Theatre, Seattle.

SOUTHERN SOUL FEATUR-**ING LOMAX SPAULDING 7:30** p.m. Feb. 20. Temple Theater, Tacoma

LORDE'S MELODRAMA WORLD TOUR 7 p.m. March 9. KeyArena, Seattle.

JEFF DUNHAM: PASSIVELY AGRESSIVE 5 p.m. March 10. Tacoma Dome.

BLUE OYSTER CULT 8 p.m. March 10. Emerald Queen Casino, Tacoma.

TREVOR NOAH 7:30 p.m. March 23. Paramount Theatre, Seattle.

TIME MACHINE/MASHINA VREMENI 8 p.m. March 28. Moore Theatre, Seattle. SOMO: THE RESERVATIONS

TOUR 8 p.m. March 30. Neptune Theatre, Seattle. **PAW PATROL LIVE: RAVE TO**

THE RESCUE April 3. McCaw Hall. Seattle. MONSTER ENERGY AMA

SUPERCROSS April 7. Century-Link Field, Seattle.

BILL MAHER 8 p.m. April 14. Paramount Theatre, Seattle. PBR TOUR April 14-15. Tac-

oma Dome, Tacoma. JUDAS PRIEST: FIREPOWER **2018 NORTH AMERICAN**

TOUR April 15. ShoWare Center, Kent.

KHALID: THE ROXY TOUR May 3. WaMu Theater, Seattle. **PINK: BEAUTIFUL TRAUMA** WORLD TOUR 7:30 p.m. May 13. KeyArena, Seattle. **CHRIS YOUNG: LOSING** SLEEP WORLD TOUR 2018 7:30

p.m. May 19. Tacoma Dome. STARS ON ICE 7:30 p.m. May 20. KeyArena, Seattle.

WEIRD AL YANKOVIC: ILL ADVISED TOUR 8 p.m. May 20. The Moore Theater, Seattle. MAROON 5 7:30 p.m. May 30.

Tacoma Dome. **CELTIC WOMAN: HOME-**

COMING TOUR 7:30 p.m. June 2. Paramount Theatre, Seattle. NATALIA LAFOURCADE 8

p.m. June 2. Neptune Theatre, Seattle

ANDREA BOCELLI IN CON-**CERT WITH THE SEATTLE** SYMPHONY 7:30 p.m. June 24. KevArena. Seattle.

KENNY CHESNEY: TRIP AROUND THE SUN TOUR 4 p.m. July 7. CenturyLink Field, Seattle.

TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13. KeyArena, Seattle

FOREIGNER - JUKE BOX

HEROES TOUR 7 p.m. July 27. White River Amphitheatre, Auburn.

NIALL HORAN: FLICKER WORLD TOUR 7 p.m. Aug. 2. White River Amphitheater. Auburn

WEEZER AND PIXIES 7:30 p.m. Aug. 4. White River Amphitheatre, Auburn.

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25. CenturyLink Field, Seattle.

GAME OF THRONES LIVE CONCERT EXPERIENCE Sept. 6. Key Arena, Seattle.

FOO FIGHTERS: CONCRETE AND GOLD TOUR Sept. 1. Safeco Field, Seattle.

SAM SMITH: THE THRILL OF IT ALL TOUR 8 p.m. Sept. 8. KeyArena, Seattle.

Brass Unlimited

"SOUNDS

CONCERT

JANUARY 19

SERIES:

OF BRASS"

20TH ANNUAL

"JUST US FOLKS"



Rod Stewart, left, and Cyndi Lauper are scheduled to perform together at the White River Amphitheatre in Auburn Sept. 1. Tickets are available now.

OWEN SWEENEY Invision/AP



JAN 19 - FEB 4 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre **CHILDREN OF** A LESSER GOD

Tacoma Little Theatre 210 N I Street, Tacoma, WA 98403 A love story about a speech teacher who falls for a beautiful yet distant deaf girl in a school for the deaf, and the obstacles that they face due to their differences. Pay What You Can February 1 at 7:30pm **Ticket Info:** \$24 Adult | \$22 Sr/St/Mi \$20 Children 12 and under

www.tacomalittletheatre.com 253-272-2281

FEBRUARY 3 & 9 • 7:30P.M. FEBRUARY 11 • 2:00P.M.

Second City Camber Series Great Hall of Annie Wright School, 827 N. Tacoma Ave MASTERPIECE

FRIDAY

Granados, etc.

The Carpe Diem String Quartet brings us string quartets inspired by folk music from every corner of the world, including Hungary, Iran, Israel, and Montana!

Tac. Comm. College, Bldg. #2.

20th annual "Sounds of Brass" concert

with guests Zach Lyman trumpet and

ensemble. Music Puss and Boots with

narrator, Shostakovich, Bernstein,

Mary McCann KNKX/NPR. John Falskow

conducting a 14 member brass/percussion

Ticket Info: \$25 Regular Admission, \$23 Seniors or Military, Under 18 free (253) 572-TUNE (8863) / www.scchamberseries.org

JANUARY 5 - 28 • FRI & SAT 8PM • SUN 2PM Lakewood Playhouse

Lakewood Playhouse GREEN DAY'S AMERICAN **IDIOT**

5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496 Johnny, Tunny and Will struggle to find meaning in a post-9/11 world in this energy-fueled rock opera from Green Day. LAKEWOOD: Shop, Eat, Play, Stay! Ticket Info: Full Price \$30; Seniors/Military \$28; Students/Educators \$25

(253) 588-0042 or online www.lakewoodplayhouse.org





Pantages Theater The story of the beautiful gypsy who gave her love, but could not be possessed never fails to excite! Sung in French with

supertitles. Ticket Info: \$35 - \$90. Box Office: 253-591-5894 For tickets & info visit tacomaopera.com.



Sponsored by The News Tribune and participating Art Groups For advertising information, contact Melissa Meissner 253.552.7061 • Fax 253.552.7057



THE NEW FRIBUN

Ticket Info: Free/donations accepted. 7:30 P.M.

