



TINKER

TAKE OFF

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Tinker Air Force Base, Okla.

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AFSC hosts annual Senior Leader Course



Air Force photo by Kelly White

Air Force Sustainment Center hosted the Senior Leader Course Aug. 14-16, welcoming 48 civilian and military personnel from AFSC organizations around the command. The annual course is geared toward wing and group commanders and senior-level directors coming into the AFSC. The course focuses on expectations for AFSC leaders as well as understanding "Art of the Possible" principles.

New NG911 center opening this fall

John Parker
Staff Writer

Tinker Air Force Base is geared up to begin Next Generation 911 service this fall in a new Emergency Communications Center that will bring state-of-the-art dispatch and incident management capabilities to emergency and security personnel.

The approximately \$3 million center will combine the dispatch operations of the 72nd Security Forces Squadron and Tinker AFB Fire and Emergency Services for the first time and comes with a host of new capabilities.

"It's going to drastically improve our capabilities as far as emergency response and incident management, as well as cohesion across the base with all emergency services," said Master Sgt. Joe Puga, project coordinator for the 72nd SFS. "With working that closely together, all of the emergency services on Tinker AFB will be more knowledgeable of each agency's capabilities and procedures. I think it will elevate us all to a whole new level as incident responders."

Dispatching operations for Tinker Emergency and Fire Services and the 72nd SFS are currently separated. The ECC is scheduled to open this fall, but no firm date has been set.

Next Generation 911 is the successor



Air Force photos by Kelly White

Training specialist Maj. Kevin Smith with the 72nd Air Base Wing/Civil Engineering Fire and Emergency Services stands in Tinker's new Emergency Communications Center in Bldg. 7017, which will be fully functional this fall. The ECC will begin the Next Generation 911 service, combining dispatch operations for the 72nd Security Forces Squadron and Tinker Fire and Emergency Services.

technology to Enhanced 911 systems widely used today. Internet-based NG911 standards, which are continuously evolving and improving, are aimed at catching up with communications technologies such as texts, emails, social media, videos and

other data that are incompatible with E911 capabilities.

Training specialist Maj. Kevin Smith with the 72nd Air Base Wing/Civil Engineering

See 911 page 5.

A page in HISTORY



Commentary:

Operation Carpetbagger and the beginning of USAF Special Operations

Howard E. Halvorsen

Air Force Sustainment Center
Historian

On January 4, 1944, American and Royal Air Force planes dropped arms and supplies to French, Belgian and Italian partisans for the first time under the official codename Operation Carpetbagger.

This operation had started before, in August 1943, and lasted until the end of the war in Europe, mostly using specially modified B-24Ds in classified missions. In a joint venture between the Army Air Force and the Office of Strategic Services, pilots and crews flew planes with glossy black anti-searchlight paint to supply friendly underground forces throughout German occupied Europe.

As directed by the Combined Chiefs of Staff in September 1943, the 8th Air Force formed the 801st Bombardment Group (Heavy) (Provisional) at Harrington Field, England, from elements of the inactivated AAF Antisubmarine Command.

Redesignated the 492nd Bombardment Group in August 1944, this special unit became best known as the Carpetbaggers. In addition to the B-24Ds, they also



Photo courtesy Tinker Air Force Base History Office

Operation Carpetbagger navigators plot their courses.

flew C-47s, A-26 Invaders, and British de Havilland Mosquitoes.

The Carpetbaggers flew into Europe spies called "Joes" and commando groups prior to the Allied invasion of Europe on D-Day and afterward, and retrieved more than 5,000 officers and enlisted men who had escaped capture after being shot down. The low-altitude, night-time operation was extremely dangerous and took its toll on these airmen. The first aircrews chosen for this operation came from the anti-submarine bomb groups

because of their special training in low altitude flying and pinpoint navigation skills.

It was the alterations to the airplane, along with the bravery and skill of the pilots and crews, which made this all work. Most Carpetbagger flights were made by glossy black B-24 bombers flying on moonlit nights at low level to avoid enemy gunfire and to improve visual navigation. The nose guns were removed to

See *Carpetbagger* page 10.

Tinker Air Force Base

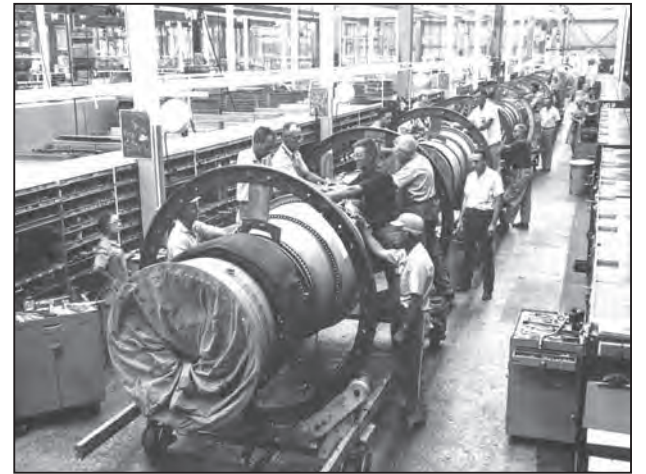


Photo courtesy Tinker Air Force Base History Office

A line of J57 engines receive attention on the overhaul line in Bldg. 3001 at what was then called the Oklahoma City Air Materiel Area in 1969.

Pratt & Whitney J57 turbojet engine profile

Greg L. Davis

72nd Air Base Wing Public Affairs

Pratt & Whitney's J57 engine is a twin-spool, axial flow turbojet engine with standard and afterburning configuration. The J57 was the first turbojet design for the company and represented a technological leap in the field of jet engine design which was well received and truly revolutionized air travel when introduced in the early 1950s. In fact, it was so well received it won the prestigious Collier Trophy for the greatest achievement in American aviation in 1952.

Tinker has a long history with the J57 engine since it has powered or continues to power major aircraft systems maintained here, including the KC-135 Stratotanker and B-52 Stratofortress. This long association was formalized when on July 1, 1963, the Oklahoma City Air Materiel Area became the single overhaul site for J57 engines within the Air Force, according to official Tinker history documents. In 1967 KC-135s and B-52s are put on contract at Tinker's OC-AMA which resulted in an entirely new production line in Bldg. 3001, and more overhaul work of J57s.

On June 30, 1969, OC-AMA began to manage the entire item line for J57. Work on J57 powered KC-135s came to an end on Sept. 29, 1995, when the last J57-59W engine was pulled from a KC-135Q. The majority of the C/KC-135 fleet were upgraded to CFM56 high-bypass engines. However, the story for the J57 engine continues at Tinker with ongoing work for the B-52 Stratofortress and special mission aircraft such as the OC-135 "Open Skies" jet.

According to a Pratt & Whitney fact sheet on the J57, the engine was the preferred powerplant for almost every aircraft manufacturer building high-performance aircraft in the 1950s. This included not just jet fighters like the Century Series jets for the Air

See *J57* page 10.

Manufacturer: Pratt & Whitney

Engine type: J57 turbojet

Maximum thrust: 19,600 pounds of thrust (with afterburner)

In-service dates: 1951-present

Number produced: 21,186

Tinker connection: Program management, maintenance, repair and overhaul



This week in Tinker history

Aug. 25, 1941 - State and federal government officials agree to pave four miles of Midwest Boulevard and reconstruct SE 29th as a four-lane thoroughfare.

Aug. 21, 1942 - The Chamber of Commerce suggests the War Department name the depot installation Tinker Field in memory of Oklahoma native, Maj Gen Clarence L. Tinker, whose aircraft was lost in the Pacific theater in June.

Aug. 24, 1960 - Maj. Gen. Lewis L. Mundell succeeds Gen. Thomas P. Gerrity as Oklahoma City Air Materiel Area commander.

Aug. 20, 1961 - The Ground Attack Missile/GAM-77 "Hound Dog" missile modification and maintenance program begins.

Aug. 25, 1961 - An F-100 jet fighter crashes in the Glenwood Addition, 300 block of Ferguson Street, Midwest City. The crash kills two children and destroys several homes.

Aug. 25, 1967 - A major change to the Oklahoma City Air Materiel Area's maintenance workload takes place: KC-135s are put on contract; more complex KC-135 aircraft and B-52s are modified at the depot; plans are made to overhaul more J57 engines in Building 3001. As a result, the old aircraft maintenance line in Building 3001 disappears.

2017 Key events: Sept. 16: Air Force Ball Oct. 13: Capstone Event



Air Force photo by Kelly White

Tim Henke, center left, with the Air Force Association's Gerrity Chapter, speaks with Todd Prouty, Brian Rinehart and Abbie Obermiller, representatives for Crystal Group Inc., during the 13th Annual Technology Day at the Tinker Club Aug. 17. The event, sponsored by the Armed Forces Communications and Electronics Association's Oklahoma City chapter, featured guest speakers and industrial vendor exhibits geared toward military applications.

No technical edge in cyberspace, director says

John Parker
Staff Writer

Unlike the competition for the world's best fighter jets and other weapon systems, the United States has no technical edge when it comes to defending the nation in cyberspace, the Air Force Sustainment Center's director of engineering said recently.

"This is an area where the United States does not have a technical advantage over our near peers," Senior Executive Service member Kevin Stamey

said. "Our way of life is really being threatened by things that are happening in the cyber world, and if we don't either stop that technology or make a leap, literally our way of life can be affected."

Stamey was the keynote speaker Aug. 18 at the 13th annual Technology Day sponsored by the Armed Forces Communications and Electronics Association's Oklahoma City chapter. He spoke at the Tinker Club about trends in the cyber domain, where the Air Force defends against

See **Cyber** page 5.

72nd Medical Group extends office hours

The 72nd Medical Group will begin offering extended hours next month to better accommodate the needs of patients who desire appointments later in the afternoon.

Starting Tuesday, Sept. 5, the Family Health, Pediatrics, and Flight Medicine clinics will have appointments available until 4:30 p.m., Monday through Friday. The clinic will open at 7 a.m. and will now close at 4:45 p.m.

Pharmacy and other support services will also be available to support patients during these extended hours. If you have any questions, please contact the 72nd MDG practice managers, Capt. Timothy Miller and 1st Lt. John Mitchell at 582-6271 or send an email to 72MDG.Patient.Advocate@us.af.mil.

Tinker spotlight on OETA

OETA host Will Schwab takes us behind the scenes of some of Oklahoma's favorite, as well as hidden, treasures. We will meet the people who make it possible for the rest of us to enjoy these wonderful additions to our cultural landscape. We will see a side of these locations that many of us have never experienced.

Follow Schwab as he explores a B-1B "Lancer" bomber, inside and out, at Tinker AFB and meets some of the people who keep this aircraft up-to-date and in the air.

- Friday, Aug. 25, 4 p.m. on OETA OKLA
- Saturday, Aug. 26, 4:30 a.m. on OETA OKLA
- Saturday, Aug. 26, 9:30 p.m. on OETA OKLA
- Wednesday, Aug. 30, 5:30 p.m. on OETA OKLA

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get going.

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for 90 days*
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Around Tinker



Mesaeh earns 72nd Air Base Wing Wildcatter Award

Chaplain (Capt.) William “Bill” Mesaeh recently received the Wildcatter award from 72nd Air Base Wing Commander Col. Kenyon K. Bell.

Chaplain Mesaeh has performed his duties as an Air Base Wing staff chaplain since June 2014. During this time, Mesaeh has advised the 72 ABW

commander and base leadership as the Chapel committee member for the Sexual Assault Prevention & Response Case Management Group, member of the Disaster Mental Health team, and the chaplain in charge of the Chapel Media Information and Communication Technologies checklist.

Mesaeh conducted multiple baptisms, weddings, and funerals/memorial services honoring those members in everything he does.

He is an advocate of airmen and shares his expertise in spiritual resiliency by conducting a two-day site visit to one geographically separated unit speaking with recruiters, their families, and squadron leadership. Additionally, he organized the feeding of 1,800 airmen on all three shifts in the 552nd maintenance Squadron, led numerous adult



Chaplain
(Capt.) William
“Bill” Mesaeh

Sunday school classes, and provided instruction to the First Sergeants’ council on Suicide Awareness.

During the reporting period he engaged the leadership teams in his assigned squadrons for hundreds of hours and provided counseling to airmen and their families for untold hours across three major commands.

Mesaeh’s leadership skills have enhanced the relationship between the base and local area. As a YMCA-certified swim official, he has officiated three local swim meets and a state championship meet. Mesaeh also led the Faith Community Leader’s tour, having more than 30 local clergy come to the base and emphasize the importance of care for Tinker Air Force Base’s 24,000 civilian employees.

STILL IN THE FIGHT

Tinker 9/11 Memorial Ruck & Run Luncheon

When: Friday, September 8th @ 11:30am

Where: Tinker Base Theater

What: FREE Lunch and story of resilience

How: Register at www.tinker911.eventbrite.com

Sponsored by your Tinker Center of Religious Excellence // For more information call 405-734-2111

What would resilience look like if it was a person?

Come and hear the powerful true story of the 552 Command Chief Master Sergeant Mark Hurst. This combat-proven leader has a message about grit, perseverance and getting back up when we’ve been knocked down that you don’t want to miss. Sign up now!



Tinker Take Off

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Editorial content is edited, prepared and provided by the Public Affairs Office of the 72nd Air Base Wing.

Tinker Take Off Office
(405) 739-5780

How to find us:

Enter Tinker Gate off of Interstate-40, keep straight at the stoplight down Air Depot. The Public Affairs office, Bldg. 7005, will be on the right. Enter the north door. Once inside the building, go straight down the hallway. The Tinker Take Off office is in Room 509 at the end of the hall, on the right.

Deadlines:

The deadline for newspaper submissions is Wednesdays at 4:30 p.m. for the next week’s issue. Stories can be e-mailed to tinker.takeoff@us.af.mil.

Advertising:

Call 278-2830 for display ad information.

Advertising deadlines:

Display ads: Fridays at noon.

Classified ads: Classified ads must be turned in to the Journal Record by noon Wednesdays.

Classified ads:

Free classified ads can be placed online at www.tinkertakeoff.com.

Free ad forms can also be turned in at the Tinker Take Off office in Bldg. 7005, Room 509. Call the Journal Record at 278-2866 to place a paid ad. Paid ads cannot be accepted in the Tinker Take Off office on base. Free ads are for current or retired Tinker employees (restrictions apply).

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Tinker Air Force Base

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911

continued from page 1

Fire and Emergency Services said the new hardware and software in the ECC is designed to handle NG911 systems and their future upgrades.

“One capability is that it will allow us to have better information on where 911 cell phone calls are coming from and let us route our calls better,” Smith said. “It’s a night and day difference.”

Money-saving measures in the project, planned and executed over three years, included reservists from the 507th Air Refueling Wing constructing the interior of the 1,500-square-foot space.

“In the end, we’ve built a new center, upgraded our capabilities to Next Generation 911 and provided redundant capabilities for about half of what the new center would have cost for contractors to build the center and relocate existing equipment,” Smith said.

The Emergency Communications Center features living amenities for dispatchers, including a kitchen, bunk room, supervisor office, lockers and a shower. Fire and Emergency Services dispatchers work 24-hour shifts.

The ECC has dispatcher stations surrounded by multiple wall-mounted monitors. The new system will allow both fire and Security Forces to use the monitors to see the locations of personnel who will be carrying GPS-enabled radios. That feature is awaiting funding.

Seeing unit and personnel locations on the screens will be a great improvement for better response de-

cisions, said 911 dispatcher supervisor Maj. Lori Shannon with the 72nd Air Base Wing/Civil Engineering Fire and Emergency Services.

“It will let you see that Engine 3, let’s say, is at the BX and somebody’s down there,” she said. “That’s not Engine 3’s normal district, but they can go take care of it because they’re right there on the scene. It will give the dispatcher a better picture of where the units are and if there is a way to possibly save lives faster.”

Puga said joining together all the base’s emergency services will speed up the ability to get the right personnel to emergencies.

“Thirty seconds can mean a life,” he said. “That’s where the biggest impact will come from.”

Smith said the base will maintain the current dispatch operations to act as backup emergency communications centers if the new ECC is knocked out of service, such as in a natural disaster.

Other new enhancements and capabilities include:

- The base acquired about 40 new GPS-enabled vehicle-console and hand-held radios from Hill AFB.
- Joint ECC dispatchers will be able to monitor all emergency systems on base.
- Security Forces will be able to answer 911 calls directly. Currently, Fire and Emergency Services answers all 911 calls and must transfer the appropriate calls to Security Forces.
- A geographical information system will allow base leadership a full-site picture of an incident with a video map.

Cyber

continued from page 3

threats that include hackers hunting for classified information or planting malicious code to damage or destroy communications and weapon systems.

Stamey said the United States and its allies rely heavily on interconnected communication systems for capabilities ranging from command and control to operating an MQ-9 Reaper unmanned aerial vehicle anywhere across the globe from the United States. The technology is a great advantage in war-fighting, but also vulnerable.

If an adversary can do things such as block communication to UAVs, prevent the updating of maps or interfere with mission planning data, “we can’t conduct a modern battle today,” the AFSC’s senior engineering manager said. “If our adversaries can take that away from us, it gives them an advantage.”

Besides network attacks, potential opponents can exploit cyber weaknesses in other ways, such as altering commercial software before it’s installed by Department of Defense organizations or planting back-door weaknesses in hardware, such as processors, used to build a weapon system.

“They have the money and the patience to embed themselves in our supply chain, so you can’t assume that the compilers and the drivers that you use haven’t been compromised by adversaries,” Stamey told about 60 Tinker scientists and engineers. “They can create a vulnerability that they may not exploit until they need to, and that’s dangerous for us because those things are hard to find without some of the special tools that some of our industry folks are de-



Air Force photo by Kelly White

Air Force Sustainment Center Director of Engineering Kevin Stamey was the keynote speaker at the 13th annual Technology Day Aug. 17 at the Tinker Club.

veloping for us. Without those kinds of tools, it’s very difficult to find a vulnerability that’s been introduced to your system that’s not been activated yet.”

He told Tinker professionals that our nation depends on their work for its defense. The United States will need thousands more like them in the coming years.

Stamey noted that the publicly available “Cyber Vision 2025” Air Force planning document estimates China will be graduating 8,500 Ph.D. students in computer fields by 2025. The United States is projected to certify 3,800 that year, which potentially illustrates the lagging capacity of cyber professionals compared to near-peer nations.

“Our standing as a world leader, our standing as a superpower, is at threat because of the nonexistent technology gap in the world of cyber,” he said. “I think we all know that cyber is now part of our battle space. It’s not just air and space for the United States Air Force now, it’s air, space and cyber and we have to be conscious of that.”

Stamey provides leadership to more than 4,500 science and engineering professionals at Robins AFB, Georgia, Hill AFB, Utah, and Tinker AFB.

The Commander’s Action Line



Col. Kenyon K. Bell
72nd Air Base Wing Commander

The Commander’s Action Line serves as a direct link for Tinker personnel to bring questions or concerns to the 72nd Air Base Wing commander’s attention, in the case that a timely resolution of issues through facility management or unit chain of command doesn’t occur.

Items of interest to the installation overall will be published in the Tinker Take Off to effect positive change across Tinker and lead to improvements in safety, working conditions, quality of life and a better understanding of base programs and processes. Below are some helpful telephone numbers to assist you in trying to resolve an issue.

To submit an Action Line, visit the Commander’s Action Line tab on Tinker’s internal home page. Those who don’t have access to the home page can send an email directly to CommandersActionLine@us.af.mil and a response should be received in a timely manner.

Q: Why do the grounds on the base look so bad lately? Grass is unusually high and desperately needs cutting, it is sad to drive on base and see our base in this kind of condition..

A: Traditionally during August our weather presents dry conditions and barren grounds. This year we are experiencing the wettest August since 2008. That being said, we are already sitting at between 7-9 inches of rain for the month depending which area of the metro you look at and therefore vegetation and grass growth is thriving. We plan for decreased mowing, cutting and trimming to utilize scarce funds most efficiently. We plan for decreased mowing, cutting and trimming to utilize scarce funds most efficiently. We were slow to respond to the unusual growth and have slowly reengaged our contracts to add back in grounds maintenance. It is our intent to maintain the grounds that exemplify Tinker pride. Additionally, we all should remember that we are authorized to do small things up to approximately 50 feet outside our front doors to ensure facilities maintain pristine conditions that exemplify the Excellence we hold dear. Thank you for your question and concern for your pride in our base!





Oklahoma City Air Material Area headquarters in late 1940s.

August 1945: Bldg. 3001 briefly on the brink

John Parker
Staff Writer

For a brief window of time in August 1945, Tinker Air Force Base's cavernous Bldg. 3001 faced the prospect of having no future.

Two days after Japan announced its surrender in World War II, the Douglas Aircraft Co. ceased all production in its 1.7 million-square-foot, red-brick behemoth built to manufacture aircraft to help vanquish the Axis powers. The company let go more than 12,000 employees.

With six years of world war over, even E.A. Johnson, Douglas's plant superintendent, didn't know at that time what would happen next to the factory that delivered thousands of planes for the Allied victory.

Albert S. Low specifically designed what was then a Douglas Aircraft Co. plant for wartime. The windowless exterior would let the workforce churn out production even in blackout conditions if air war reached the homeland. Massive air conditioning and heating systems kept their work climate even. Twenty miles of fluorescent lamps on the 50-foot ceilings shined down on toiling workers and planes 24 hours a day.

More than 6,000 workers started plant construction on March 23, 1942, less than four months after the Japanese surprise attack

on Pearl Harbor. Skilled laborers stacked 17 million bricks along the building's three-quarters-of-a-mile length and its maximum width of 850 feet.

Construction delays included unexpected site preparation work due to a lack of construction steel and the discovery of wet soil that needed more dirt preparation. Despite the obstacles, half of the building was completed by January 1943 and Douglas began moving in. The rest was finished in two months and the building was officially accepted on March 26. The project, including tools and machinery, cost \$37.8 million, or about \$550 million in today's dollars.

Although Douglas workers in Bldg. 3001 had been assembling C-47 cargo planes with shipped-in parts since early in 1943, the first C-47 built entirely at the Oklahoma plant emerged from the building on July 22, 1943.

When Douglas shut down operations, workers had produced 5,354 C-47s in two and a half years — 13 a day at peak production. They also made or assembled 400 C-54 cargo planes and 900 A-26 attack bombers. At Douglas's highest employment numbers in 1943, a little more than half of the 22,592 employees were women.

When planes stopped rolling off the assembly line on Aug. 17, 1945, local families and civic leaders worried about the

plant's future and the nearby Army Midwest Air Depot. Fortunately, the answer arrived quickly. During a plant inspection, plant Superintendent Johnson, the commander of the Oklahoma City Air Technical Service Command and other leaders were told the Air Corps Site Board wanted the plant for post-war aircraft work.

On Aug. 24, 1945, seven days after production stopped, *The Daily Oklahoman* spread the news: "Air Depot Stays, Will Absorb Idle City Plane Factory."

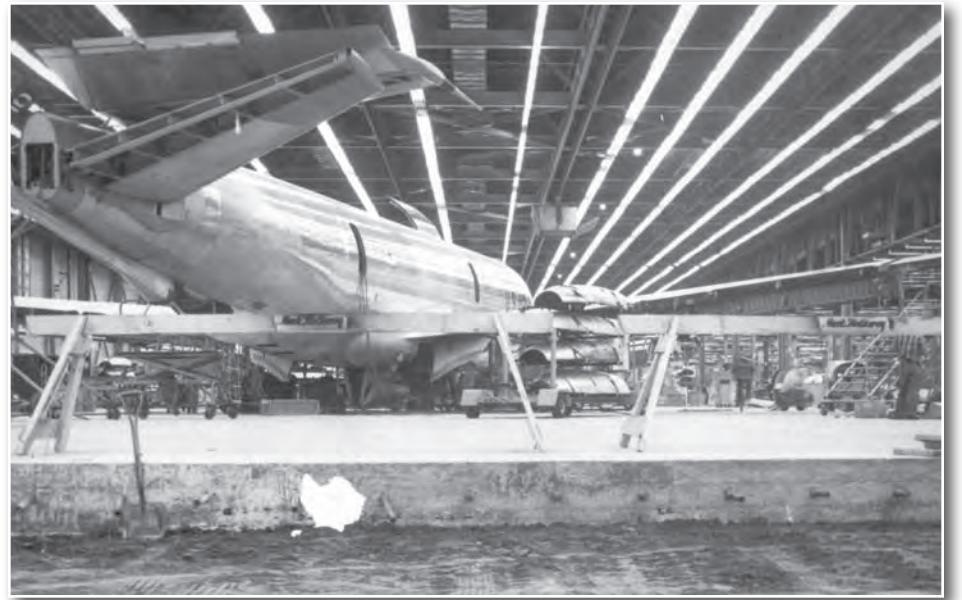
As a military maintenance center for aircraft and engines, Bldg. 3001's first workloads included J33, J35 and J47 engines in the 1940s. In 1959, Bldg. 3001 gained two workloads that remain today: the B-52 bomber and the KC-135 aerial refueling tanker.

More than seven decades after its construction, Bldg. 3001 still stands strong in service to the nation as the keystone production site of the Oklahoma City Air Logistics Complex, which employs more than 9,400 military and civilian personnel.

Sources: "The Early Years of Building 3001," Dan Schill, Tinker History Office, May 10, 2000; "Bldg. 3001 — a 'tough old building,'" Tom Brewer, Tinker History Office, Nov. 30, 1984, Tinker Take Off; smartasset.com inflation calculator.



1945 aerial shot



In 1959, the 6-inch concrete floor of Bldg. 3001 was replaced with one 17 inches deep.



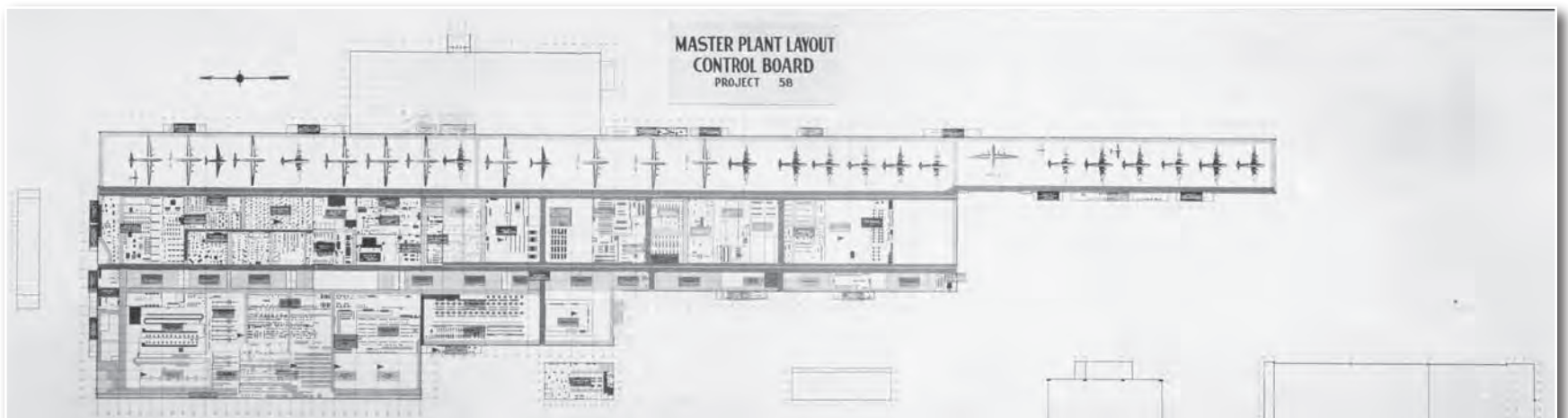
Douglas office workers in 1943



1966 shot of inside Bldg. 3001



Bldg. 3001 work area in the early 1960s.



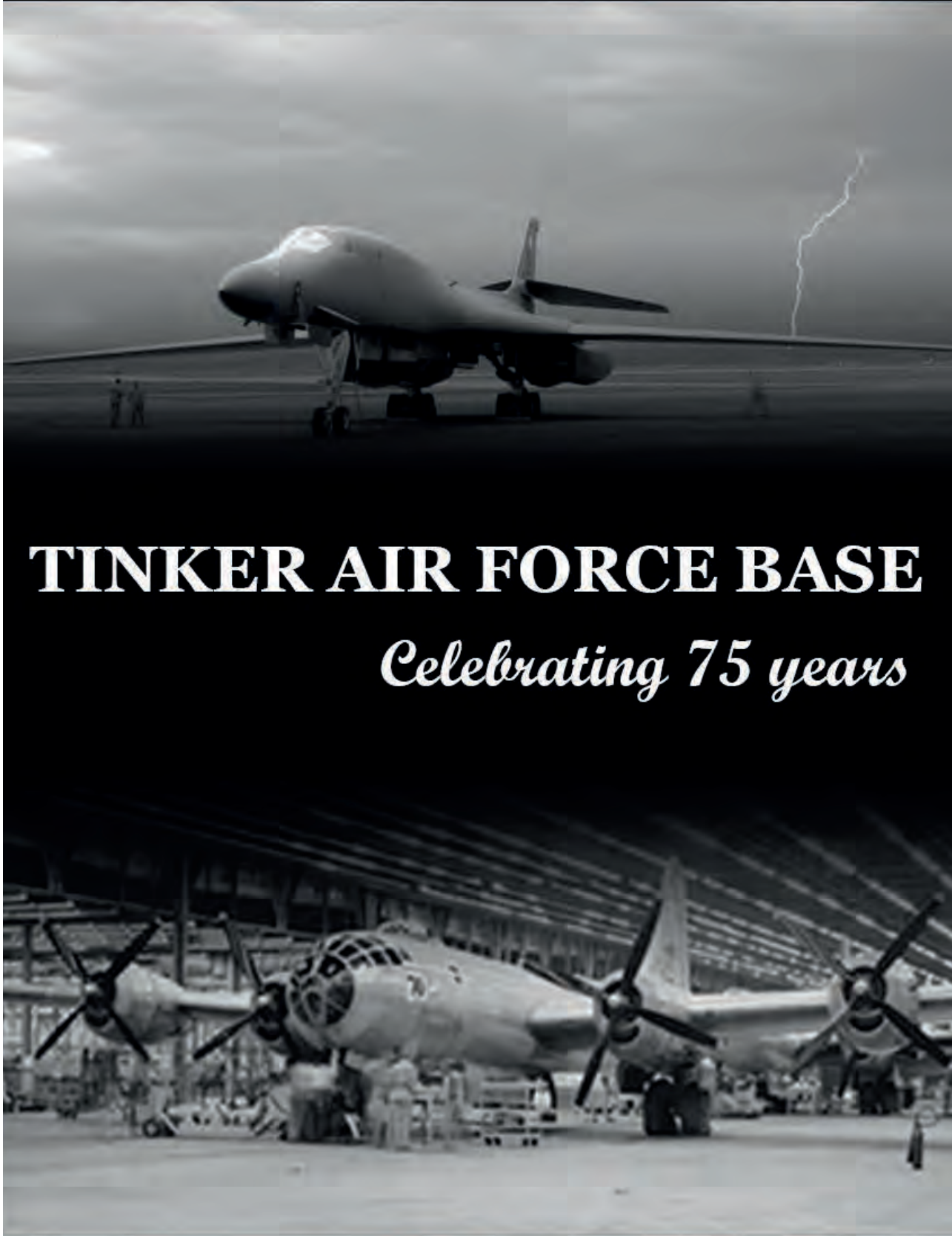
Bldg. 3001 floor plan in 1940s.





Air Force Ball

September 16, 2017



TINKER AIR FORCE BASE

Celebrating 75 years



EMBASSY SUITES

2501 Conference Drive
Norman, OK

Social Hour: 6 p.m.

Dinner : 7 p.m.

~TICKET PRICES~

\$35: E-1 to E-4/GS-1 to GS-4
\$40: E-5 to E-6/GS-5 to GS-6
\$45: E-7+/CGO/GS-7 to GS-11
\$60: O4+/GS-12 and Above

~GUEST SPEAKER~



Mr. Garry B. Richey

~ATTIRE~

Military: Mess Dress or
Semi-Formal Uniform

Civilian: Formal Attire
Evening Gown/Cocktail Dress
Tuxedo/Business Suit

~CONTACT~

MSgt Rachael Long
734-4122
MSgt Gary Smith
734-6741

Joining forces: Cooperation is key in mutual aid agreement

John Parker
Staff Writer

Several separate small patches of knee-high grass burning beside Interstate 40 traffic south of Tinker Gate earlier this month weren't necessarily a big threat when they flared up. They were burning between two stretches of pavement — I-40 and its service road.

But plenty of drivers were calling 911 to report the highway-licking flames and the substantial smoke near Tinker Air Force Base.

It was an incident in which four departments allied in a mutual aid agreement responded to take care of the emergency: Tinker Fire and Emergency Services, Del City, Midwest City and Oklahoma City. Choctaw is also member.

Del City Fire Chief Jim Hock said the alliance is a key factor to meeting the current standards of the 121-year-old National Fire Protection Association.

Budget limitations in his department means there are not enough firefighters to cover active emergencies while at the same time having others on standby for other calls that may come in, he said.

"With mutual aid, a lot of times you have two options: You can either go to the incident, or you're covering another station so that you can pick up that call volume that they're not able to take at that time," Chief Hock said. "That way the city's not uncovered. A



Courtesy photo

Firefighters from Tinker Fire and Emergency Services, Del City and Midwest City train together July 20 at Bldg. 460, the former Tinker Air Force Base headquarters. The departments are part of a mutual aid agreement, along with Oklahoma City and Choctaw, to respond together when needed. Courtesy photo

large fire takes everybody you've got. Well, what happens when a first aid call comes out next?"

Cooperation among the fire departments, which includes sessions of training together, is driven by a joint standard operating guide that applies to each member. The city departments are generally aimed at helping Tinker Air Force Base by manning its base stations when its specialized forces are fighting crash scenes or potentially toxic industrial accidents.

Chief Hock said city departments would generally cover locations such as Station 4, the west side location

closest to residential areas. They could also back up Station 1, which is beside Tinker's main runway, and be available to protect industrial operations in Bldg. 3001 and other work locations.

Mutual aid goes both ways. Tinker Fire and Emergency Services Major David Langford said the base has responded to 16 mutual aid calls as of Aug. 24. With Tinker's billions of dollars' worth of national defense assets, though, fire and emergency officials have to prioritize.

"We always take into account what our flying status is and inbound aircraft," he said. "We don't want to take away

from the base, where we have so many assets, and we don't want firefighters away from the base in case we have an incident. Our No. 1 priority is aircraft."

The separate fire departments often send reinforcements early on, even though the actual emergency may not need them. A house fire, for example, could be huge and need many firefighters to be rotated for safety during hot summer weather, Chief Hock said, or it may be a small blaze for the first trucks and no other help is needed.

"It works out great for everybody because nobody really has enough people with cutbacks in the budget and everything else to have enough manning to put on the ground that they'd like to," Chief Hock said.

Midwest City Chief Bert Norton echoed Hock on the problem with lack of resources.

"We have our guys training together so that we can provide the best service to meet the needs of our citizens in all of our communities," he said.

As for the fires that erupted on I-40 on a Saturday on Aug. 5, fire officials speculate that the isolated and separate blazes along the service road may have started with an all-too-common cause.

"I never did hear the actual nature of what caused the fire, but it sounds to me somebody was probably dragging a chain on their vehicle, which creates sparks and that can cause a fire for miles," Langford said.

309th AMARG delivers 23 F/A-18C Hornets ahead of schedule

Teresa Pittman and Rob Raine
309th Aerospace Maintenance and Regeneration Group

DAVIS-MONTHAN AFB, Ariz. — Tucson's 309th Aerospace Maintenance and Regeneration Group, commonly referred to as AMARG, recently completed a project to withdraw 23 F/A-18C "Hornet" jet fighters from war-reserve storage and deliver them to the U.S. Marine Corps for return to flying service.

The 309th AMARG is part of the Ogden Air Logistics Complex and Air Force Sustainment Center within Air Force Materiel Command.

Using continuous process improvement, termed "Art of the Possible," the AMARG team dramatically reduced the time to deliver each aircraft, completing the project for the Marine Corps one year ahead of schedule.

In order to address Marine Corps aircraft readiness constraints, the U.S. Navy developed a requirement for withdrawing the Hornets from AMARG, America's National-Level Air Power Reservoir.

AMARG accomplishes requirements of this kind regularly on behalf of the Department of Defense, several U.S. government organizations (including the U.S. Coast Guard and the U.S. Forest Service among others) as well as U.S. allies worldwide.

Employing a multi-skilled, six-member team of aviation mechanics, AMARG personnel began dismantling the F/A-18Cs by removing engines and wings, retracting landing gear, and ultimately placing the aircraft on shipping fixtures.

The Navy/Marine Corps requirement called for nine aircraft to be delivered in 2016; another seven in 2017; and the final seven in 2018.

Showcasing AMARG's resolve to reduce customer costs and increase throughput while maintaining high quality, the aircraft withdrawal team, working within the "Art of the Possible" framework, reduced the number of production hours spent on each aircraft by half.

"With an acceleration of the Hornet production line and a schedule to deliver only seven aircraft in 2017, we had the momentum and opportunity to introduce additional jets originally scheduled for completion in 2018," said Timothy Gray, AMARG's acting director at the time of completion. "Doing that required additional Navy funding for this year."

AMARG presented the opportunity for early project completion during a visit by the Deputy Secretary of Defense. The Navy took advantage of the opportunity, provided the required funding, and "we pressed forward with an accelerated schedule," said Gray.

By combining Hornet requirements spanning 2017 and 2018 into a single



U.S. Air Force photo by Alex R. Lloyd

309th Aerospace Maintenance and Regeneration Group mechanics work to remove a stabilator from an F/A-18C Hornet at Davis-Monthan AFB, Ariz., on June 6, 2016, in preparation for the aircraft to be transported to a Boeing maintenance facility at Cecil Airport in Jacksonville, Fla.

year, the AMARG team doubled their efforts on behalf of Marine Corps warfighters and finished dismantling and preparing the remaining 14 aircraft for shipment by late July, a year ahead of schedule.

John Meske, AMARG's medium aircraft flyaway section flight chief, praised the team effort by the 578th Storage and Disposal Squadron, the 577th Commodities and Reclamation Squadron, 309th Support Squadron and the 576th Aerospace Maintenance and Regeneration Squadron.

A total of 16 Hornets were shipped

to the maintenance facility at Cecil Airport in Jacksonville, Fla., where Boeing, under a U.S. Marine Corps contract, is installing the F/A-18C-plus upgrade.

Another seven air frames are staged and on stand-by for transport to the Florida-based modernization facility.

This monumental effort is yet another example of how the 309th AMARG helps AFSC provide combat airpower to the warfighter as America's Airpower Reservoir.

Commander's Call



Air Force photo by Greg L. Davis

Col. Kenyon Bell held his first Commander's Call for the 72nd Air Base Wing Aug. 16 in the Tinker Auditorium. Presented as a "meet and greet," Col. Bell applauded the wing's successes, especially with the hard work put into Tinker's largest attended air show in May, and encouraged all to remain resilient.

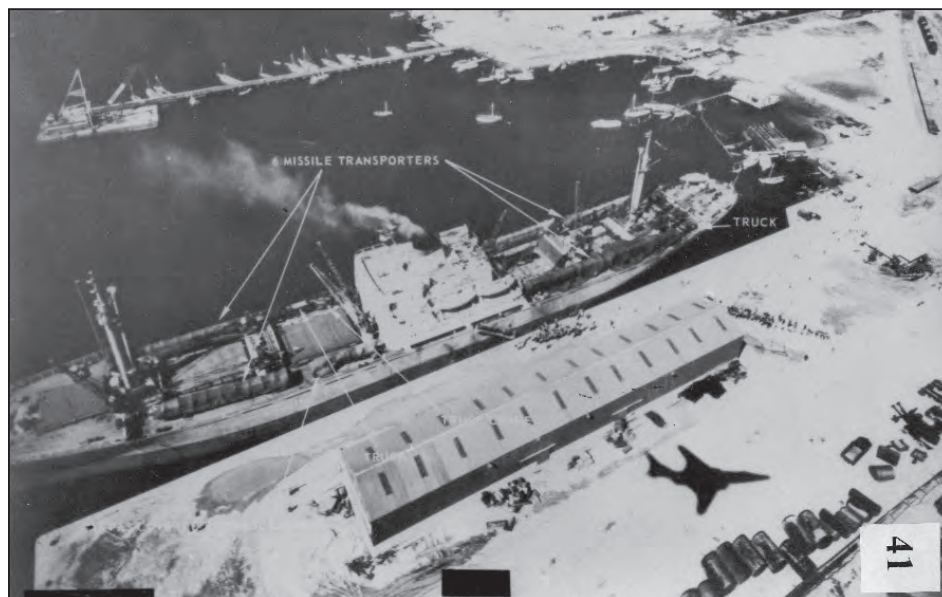
J57

continued from page 2

Force in the form of the F-100, F-101, F-102, and prototype F-105, but also carrier based jets for the Navy such as the F-8, A3D, F4D, and F5D. Larger military aircraft such as the B-57D, B-52, KC-135, C-137, were also powered by the J57. The commercial version, the JT3, powered highly successful designs by Boeing on the 707-120 and 720 and McDonnell Douglas DC-8-10 airliners.

In commercial aviation the JT3 is beloved since it truly opened up air travel to the masses in the jet age by dramatically increasing the speed of, in particular, trans-Atlantic flights. Four JT3s powered the popular Pan American World Airways Boeing 707s from New York to Paris at a cruising speed of 575 mph. This is 225 mph faster than the newest propeller-driven airliner of the time, according to P&W.

For the U.S. military, the J57 engine played a particularly important role during the Cuban Missile Crisis of 1962. The Air Force's high-altitude U-2 reconnaissance aircraft which first discovered the presence of Soviet missile sites 90 miles from the continental United States in Cuba were powered in to the stratosphere by the J57. As the crisis intensified many units were put in to a higher alert status as they played major or supporting roles in military



Public domain photo/National Security Archive at George Washington University

Soviet personnel and six missile transporters loading onto ship transport at Casilda port in Cuba, in this Nov. 6, 1962, photo taken by an Air Force RF-101 Voodoo. Note the aircraft silhouette in the lower right corner.

operations teetering on the brink of war. KC-135 Stratotankers refueled B-52 Stratofortress bombers along with the premier fighters of the day as they conducted Cold War training missions. Navy F-8 Crusaders using J57s launched from carriers and shore-based airfields. Initial proof of the missiles' presence was obtained by the U-2s. Additional photographic proof, many of which were released to the public to make the case of Soviet aggression were taken by RF-101 'Voodoo' tactical reconnaissance jets powered by twin J57s. One particular photo is fa-

mous for showing the Soviet transport ship docked with missiles clearly visible on the deck accompanied by the silhouette of the RF-101 which took the photo in the right corner. After the shoot down of a U-2 and subsequent top-secret negotiations to end the crisis, proof of the missiles withdrawal was obtained by J57 powered RF-101s.

The Cold War era engine has taken pilots through the speed of sound, to the edges of space and the brink of nuclear war, and continues to power the B-52 to this day in combat. Now in its 66th year of service, the J57 is the longest serving jet engine family ever.

Carpetbagger

continued from page 2

further enhance visual navigation in which the crew used rivers, lakes, railroad tracks, and towns as check points. Drops were also made using radio-navigation equipment.

The B-24s had their waist guns replaced with blackout curtains and the belly turret removed to create a drop opening, or "Joe Holes," for "Joes" and supplies. Supplies were also released in containers designed to be dropped from the existing equipment in the bomb-bay. Pilots often flew several miles farther into enemy territory after completing their drops to disguise the actual drop location in case enemy observers were tracking the plane's movements.

Often operating in weather considered impossible for flying, the Carpetbaggers flew most of their missions to supply French partisan groups north of the Loire River in support of the upcoming D-Day invasion, but also flew to other partisan groups – even as far north as Norway.

In addition to the dangers from German night fighters and flak, the Carpetbaggers always ran the risk of crashing into hillsides as they made low-level parachute deliveries to the resistance forces waiting below. From January 1944 to May 1945, they completed 1,860 sorties and delivered 20,495 containers and 11,174 packages of vital supplies to the resistance forces in western and northwestern Europe. More than 1,000 parachutists dropped through the B-24 "Joe Holes" into enemy territory.

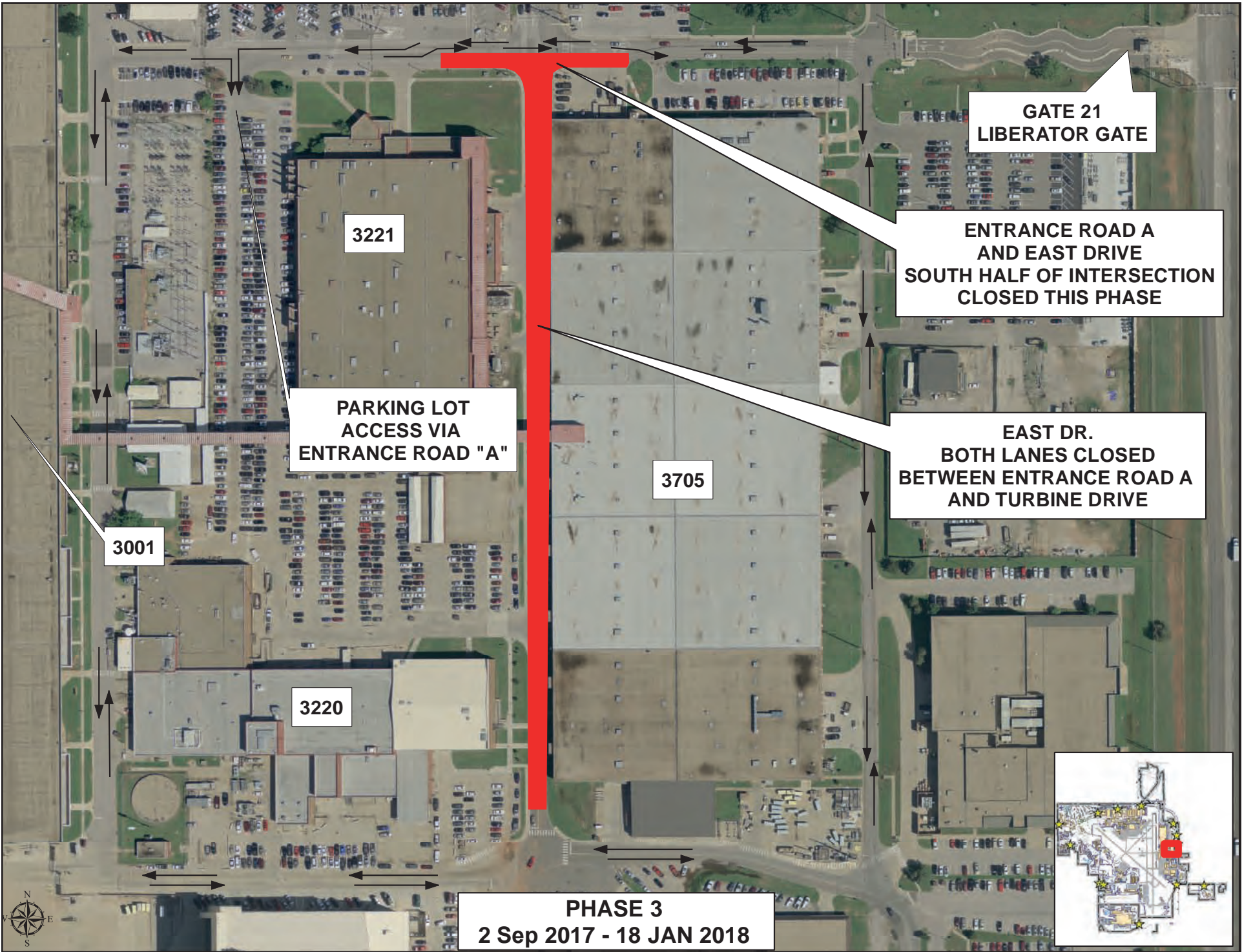
Also, because of their special skills, they were called upon to fly fuel to Gen. George Patton's army when it outran its fuel supply. When this mission was completed, it was recorded that 822,791 gallons of 80 octane gasoline had been delivered to three different airfields in France and Belgium.

Overall, 25 B-24s were lost and eight more were so badly damaged by enemy action and other causes that they were no longer fit for combat. Personnel losses initially totaled 208 missing and killed and one slightly wounded.

Fortunately, many of those listed as missing had parachuted to safety and returned to their home base at Harrington, England, with the help of the same resistance forces they had been sent to resupply. The Carpetbaggers have been generally recognized as the ancestors of today's Air Force Special Operations.

Sources include the National Museum of the Air Force and The Harrington Museum.

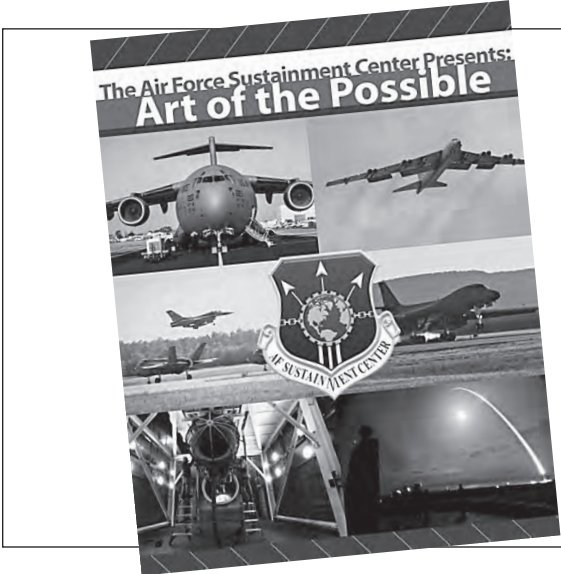
CONSTRUCTION ZONE



LANE/ROAD CLOSURE NOTIFICATION

East Drive from Bradley to Turbine to be done in three phases: Phase 2 continues until Sept. 2 at 6 a.m. (Lane Closure Phase 2: East half of East Dr. between Bradley and Entrance Road “A” and northeast corner of intersection. Two-way traffic will be maintained through Phase 2); Phase 3 from 6 a.m. on Sept. 2 to 6 a.m. on Jan. 18 (Road Closure Phase 3: East Drive between

Entrance Road “A” and Turbine and south half of intersection. Detour around Bldg. 3705 during Phase 3 - Parking Lot Entry on Entrance Road “A”)
Arnold Avenue from “A” to “F” in seven phases: Phase 3 through 4 p.m. on Sept. 10, Phase 4 from 6 a.m. on Oct. 1 to 4 p.m. on Dec. 2, Phase 5 from 6 a.m. on Dec. 3 to 4 p.m. on Feb. 3, Phase 6 from 6 a.m. on Feb. 4 to 4 p.m. on March 10, Phase 7 from 6 a.m. on March 11 until 4 p.m. on March 31. Detours will be posted during each phase.



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Can You Spare Some Leave?

To donate, call the point of contact. Those needing to make changes to this list must call Kathy Michaelis, VLTP manager, at 736-7365.

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Air Force photo by Kelly White

Harold Isenhower, an aircraft painter with the 566th Aircraft Maintenance Squadron, credits his required CPR training for his job as the reason why he was able to save his grandson from potentially drowning earlier this summer.

Aircraft painter saves life thanks to CPR training

Jillian Coleman
Staff Writer

Resuscitating an individual can be a pressure-filled situation – no pun intended. Like most people who earn CPR certification, Tinker veteran Harold Isenhower hoped a situation would never present itself where the training and skills he learned were necessary.

An aircraft painter with the 566th Aircraft Maintenance Squadron, Isenhower received proper CPR training a couple of years ago as a requirement for his current job.

At an event last month, Isenhower, his wife, daughter and her young children were in the backyard of his family home. Isenhower had arrived home from work, while his family was wrapping up the pool activities, when

he noticed his 2½-year-old grandson was floating face down in the water.

As toddlers have a tendency to do, the young boy likely was not keen on changing out of his swim trunks and tried to sneak back into the pool, just 10 feet away from where three adults stood.

It happened so fast.

“Not five seconds had passed,” said Isenhower, who turned around to see his grandson in the pool.

Without hesitation, Isenhower jumped in for the rescue, pulling the toddler – unresponsive and purple – onto the pavement and began performing chest compressions. After a couple rounds of compressions and mouth-to-mouth, his grandson began coughing up water.

Paramedics were already on the way and the boy was transported from

their home in Pink to The Children’s Hospital at OU Medical Center in Oklahoma City to ensure no edema or brain damage occurred as a result of the lack of oxygen. Today, the young boy, strong as ever, still plays happily with his toys and enjoys time in the pool – though Isenhower said they’re more cautious to jump right back in.

“We’ve since put gates with a sounding alarm around the pool,” he explained. His grandson may have no recollection of the incident, but it’s something his family won’t ever forget. For Isenhower, he’s just thankful he was equipped to handle the situation.

“A test is easy, if you know the answers,” Isenhower said. “It’s different when you’re applying that in a real-life situation. I could just hear the instructor’s voice in my head and everything was in slow motion.”

Isenhower’s first-line supervisor, Richard Lambert, along with the rest of his leadership, expressed tremendous pride over their employee.

“I wasn’t surprised at all that he jumped into action and took care of business. It wouldn’t have mattered if it was his grandson or someone he’d never seen before, he would’ve done it no matter what,” Lambert said. “I have been his supervisor and known him for quite a while and he’s just a really great guy – trustworthy, dependable and everything you ask for in an employee.”

For Isenhower, it’s not about him or what he did. Thankfully there was a positive outcome, but he hopes such an incident will motivate more people to get CPR certified.

“You never dream to use it, but you sure are glad you have it.”

Vietnam vet remains young at heart

Jillian Coleman
Staff Writer

He's 80 years old this year, but retired Lt. Col. William Melton has an ambience about him that would have an innocent bystander believing he was in his twenties. The 37-year veteran of the United States Marine Corps originally hails from Marysville, California, but has called Oklahoma – and Tinker Air Force Base – his home since the 1970s.

He wanted to quit high school at age 17 and join the Navy. At the urging of his mother, he abstained until 1955, when we went off and joined the United States Marine Corps. Ten years later the American involvement in the Vietnam War had escalated and regular U.S. combat units were deployed.

A notoriously ugly, wildly unpopular, divisive war, Vietnam was hell to Colonel Melton – and to his fellow corpsmen, airmen, soldiers and sailors. The decorated combat colonel served in Vietnam, as an infantry squad leader in 1965 and a platoon leader three years later.

"I was wounded Oct. 10, 1965, and I was medically evacuated to Okinawa," the colonel recalled. "The Air Force put me on a C-130 and flew me to an Army hospital. I'll never forget the joint effort in that entire situation. It was the Marines that took me to a place where I'd get shot, but the Navy

and Air Force's efforts to take me to an Army hospital and provide excellent care; I'll never forget it."

His service earned him two distinguished honors, the Bronze Star Medal, Combat "V" in 1965 and the Silver Star Medal in 1968.

Following the U.S. involvement in the war, Melton returned stateside where he was assigned to be the executive officer for recruiting in the Marine Corps for all of Oklahoma. He moved to southwest Oklahoma City in 1975, choosing to be close to Tinker for its accessibility to the hospital and commissary. Though he had a brief stint in Washington, D.C., Melton kept residence in Oklahoma and returned home.

Melton retired in 1992, having spent 12 years enlisted before serving the rest of his time as an officer. He was one of only 19 corpsmen who kept their combat commission from the conflict in Vietnam. He was inducted into the Oklahoma Military Hall of Fame in 2007.

It wasn't until his retirement that the decorated combat colonel started utilizing other base resources such as the Gerrity Fitness Center, somewhere he visits three times a week. One full of stories and experiences, the retired colonel is not shy for conversation. You're likely to catch him exercising Mondays, Wednesdays and Fridays or having lunch with a friend at Van Wey Dining Facility every Friday.



Air Force photo by Kelly White

Retired Lt. Col. William Melton, a Vietnam veteran, is a Bronze and Silver Star Medal recipient. The 37-year veteran of the United States Marine Corps considers Tinker Air Force Base his home and utilizes its amenities, such as the Gerrity Gym and Vanwey Dining Facility, as much as possible.

Back to school splash

Brayden Atkins makes a huge splash during the Back to School Pool Party at the Iszard Pool Aug. 11. The 72nd Force Support Squadron hosted the free family event that included music, food and drinks and plenty of fun water activities. Starting Aug. 16, pool hours are from noon to 8 p.m. Wednesday through Sunday. The final day for swimming will be Sept. 22.



Air Force photo by Kelly White

Swingers sink Davy Jones for championship

John Parker
Staff Writer

The perennially powerful Swingers bowed out of intramural softball for good Aug. 17 with a perfect “10” performance — their 10th base championship.

The Swingers fought back out of the losers bracket, beating Davy Jones twice, to emerge as the 2017 Intramural Softball League champions.

Longtime coach Robert Mahan said the team won’t take the field next season and players will split off to other teams or retire.

“My wife said I’m done,” Mahan quipped. “No more Swingers. That’s it.”

The Swingers exit with a 235-16 record over 13 years, he said.

The team’s final tournament challenge was a worthy one vying against Davy Jones. They’re also reliable winners, but traditionally change their team’s name each season. Last year, they were Center Mass and snared the base championship against the Swingers.

A third-inning scoring rally was the key to victory in the seven-inning contest. Behind 3-5, a drumbeat of small Swingers hits led to a run of RBIs and set up loaded bases. A Glen Kierstead single fueled the last two RBIs for an inning lead of 9-5.

Scoring imploded for both teams in the next four innings. They added only one run each until the final inning. Swingers prevailed 10-6.

Mahan said the relatively close game was tough.

“Man, we were sweating,” he said. “We were running out of players. They were all hurt.”

The Swingers struggled with Davy Jones all season, he said. “These guys



Air Force photo by John Parker

The Swingers gather at home plate Aug. 17 after winning two finals games, 20-15 and 10-6, against Davy Jones for the 2017 Intramural Softball League base championship. Standing in the back row, left to right, are James Robinson, Doak Wishon, Mitch McDonald, Bama Phillips, Glen Kierstead, Mike Bryant, Bud Cox, Andy Whisenhunt, Chad Cox and Brandon Pearson. On the front row, left to right, are Brad Jackson, John Kinnamon, coach Robert Mahan, Ryan Hurst, Jimmy Bland and Robby Foreman.

just kept fighting every night.”

Davy Jones coach Joe Sanchez said the tournament finals featured two great teams.

“We ran out of energy as far as runs, so I guess we scored all of our runs yesterday,” he joked. “We didn’t have enough pop. In order to beat these guys,

sometimes you’ve got to score 20 runs or so, but we held them in check for a while. Good defense and offense by both teams.”

Revised sepsis definition allows for more aggressive treatment

Harold M. Ginzburg, M.D., J.D., M.P.H.
72nd Medical Operations Squadron

Infection may lead to sepsis, or septicemia also known as an infection in the blood stream and body organs. A complication of sepsis which may become deadly is known as septic shock. Clinical recognition or diagnosis and laboratory tests are used to determine the treatment required.

Sepsis means a total body response to infection. A systemic inflammatory response syndrome means the internal organs are so injured by the infection that the organs, such as the liver and kidneys, can stop working, also known as organ failure, according to an article published in “The New England Journal of Medicine.” When the body is unable to successfully

respond to the infection and its complication, low blood pressure or hypotension occurs; that means the heart cannot produce enough pressure to circulate oxygen to keep the body organs, required for survival, working.

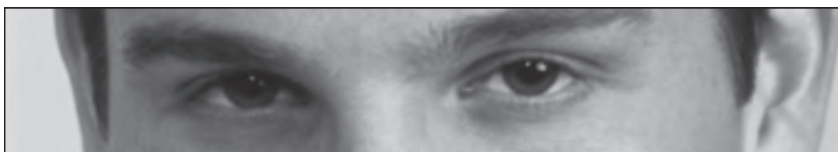
The Third International Consensus Definitions for Sepsis and Septic Shock, as published in 2016, provided updated definitions of the severity of infection that allow physicians and other health care providers to more aggressively treat severe infections. The goal of treatment is to decrease permanent organ damage and death.

Sepsis is now defined as a life-threatening condition caused by the body being unable to fight the infection, even with antibiotics. When this occurs, the following symptoms may occur and

include fever, difficulty in breathing, hypotension (low blood pressure), tachycardia (rapid heart rate) and altered mental state (confusion including delirium — not being able to cooperate with health care providers and not recognizing family members). Septic shock, the extreme result of an uncontrolled infection, is defined as the body’s organs, including the heart, blood vessels and cells in all organs, including the liver and kidneys, not being able to clear body waste from the body. When this occurs, on average, four out of 10 people with this condition will die. The milder form of the illness, a major infection or sepsis, usually resulting in a patient also being placed in the intensive care unit has a death rate of more than one in 10.

Be aware of your surroundings

Report any suspicious activity to 72nd Security Forces Squadron at 734-3737.



5K run honors Shapiro, TACAMO



Air Force photos by Kelly White

1. Chiefs and chief selects run in formation around the TACAMO complex during the Howie Shapiro 5K run Aug. 18 at Herc Park. Howie Shapiro was one of the most influential people in TACAMO ("Take Charge and Move Out") history.

2. Top three men's and women's finalists in the annual Howie Shapiro 5K were YN2 Brianna Bays, VQ-3, third place women's; Anhthu Vo, 557th Software Maintenance Squadron, second place women's; AWW1 Nancy Nichols, VQ-7, first place women's; AE3 Keagan Adams, VQ-4, first place men's; IT2 Dustin Schmidt, SCW-1, second place men's; and Capt. Mike Black, deputy wing commander for SCW-1, third place men's.

3. AE3 Keagan Adams, with VQ-4, was the first place finisher in the annual Howie Shapiro 5K at Herc Park.

Exchange News

Tinker Exchange helps military families save this back-to-school season with special event

Airmen and military families at Tinker Air Force Base can save on educational essentials during a special back-to-school event at the Tinker Exchange Sept. 1-3.

The event, which coincides with the Defense Commissary Agency's Back-to-School Sidewalk Sale, will feature a host of offers, attractions and activities, including:

- 25 percent off all clearance shoes and apparel
- 10 percent off all stationary items
- 10 percent off all ready to assemble furniture
- 25 percent off all backpacks

"The Tinker Exchange wants military children and parents alike to be excited for the start of the school year, not stressed out," said Brenda Hyland, Exchange general manager. "That's why we're making stocking up on back-to-school necessities easy, affordable and fun with this special event."

The Tinker Exchange is at 3360 N. Ave., Bldg. 685. For more info, call 405-733-4561, ext. 112

Exchange's You Made the Grade Program rewards military students' achievements

For 17 years, the Army & Air Force Exchange Service's You Made the Grade program has been a cornerstone of military life. Now, students who participated in the program as children are passing it on to another generation of military students – and the Exchange is ready to honor their achievements.

In recognition of military students who excel, the Exchange is rewarding high-achieving scholars in first through 12th grades who maintain a B average or better with a coupon book filled with free offers and discounts.

The "You Made the Grade" booklet includes coupons for free food such as a classic 6-inch sub at Subway; bacon double cheeseburger and small fry from Burger King; a small chicken Philly sandwich at Charleys; Burrito Supreme or Taco Supreme from Taco Bell; and a Chicken Po'Boy at Popeyes.

Students who made the grade will also score

Snack Avenue coupons for a free fountain drink, including the Yeti frozen carbonated beverage; a complimentary hot dog, Tornado or Rollerbite; and a free 14-ounce Crystal Cool Cow milk or chocolate milk. Other offers include 10 percent off any pair of footwear and \$5 off any one piece of Under Armour apparel. Offers are valid through July 31.

The booklet also includes an entry form for the You Made the Grade semiannual sweepstakes. Students can enter to win Exchange gift cards worth \$2,000, \$1,500 or \$500. Entries can be submitted twice per year, with drawings typically held in June and December. The most recent sweepstakes winners were from Fort Gordon, Ga.; Fort Lee, Va.; and Fort Belvoir, Va.

Students, including those who are home schooled, can receive a You Made the Grade coupon booklet by presenting a valid military I.D. and proof of an overall B average at their local Exchange's customer service area. Eligible participants can pick up one booklet for each qualifying report card.

Students and guardians can contact their local Exchange for more information about the Exchange's You Made the Grade program. Contact information for your nearest store can be found at shopmyexchange.com/exchange-stores/. Students can send You Made the Grade sweepstakes entry forms, which are included in the coupon booklets, to: You Made the Grade, P.O. Box 227398, Dallas, TX 75222-7398.

Community involvement could net students a \$5,000 scholarship

DALLAS – Students who go above and beyond in making a difference in their community could reap a handsome reward for their service in the Army & Air Force Exchange Service's Rewards of Caring Scholarship contest.

To enter, authorized students in grades 6-12 with a 2.5 or higher GPA can submit an essay in English of 500 words or less explaining why their community and involvement in community service projects is important to them. Four winners worldwide will each be awarded a \$5,000 scholarship, courtesy of Unilever.

"Giving back and serving the community is important at any age," said Air Force Chief Master Sgt. Luis Reyes, Exchange senior enlisted advisor.

"This contest gives the Exchange the opportunity to recognize and reward those students that are truly making a difference."

Entry forms can be obtained at the Exchange or at ShopMyExchange.com/sweepstakes. The essay and entry form must be postmarked by Sept. 14 and mailed to: AAFES Rewards of Caring Scholarship Contest, P.O. Box 7873, Melville, NY 11775-7837.

Nerf Fest is here

Come back to your Tinker Exchange on Aug. 26 for the first Nerf Fest Event where you'll be able to try out the latest and greatest Nerf Blaster innovation. The event will be held from 10 a.m. to 2 p.m.

Military Star card promotions

Major Appliance zero percent promotion through Aug. 24; receive 12 months no interest or payments on major appliance purchases of \$499 or more.

First-day discounts of 15 percent on new Military Star Card accounts through Aug. 24. Subject to account approval. Discount applied as a credit to customer's first monthly billing statement

Through Aug. 31: 12 months no interest or payments on fine jewelry and/or watch purchases of \$799 or more

Through Sept. 7: 24 months no interest or payments on Ashley and/or Serta Furniture purchases of \$1,199 or more with Military Star.

Samsung 0% Promotion

Through Sept. 7: 12 months no interest or payments on Samsung purchases of \$699 or more

Sporting Goods Zero Promotion

Through Sept. 7: 6 months no interest or payments on sporting goods purchases of \$499 or more. Limited to firearms, bikes and/or equipment for golf, marine and water sports, fitness, hunting, camping and fishing.

Fall Beauty Bar \$20 Coupon

Through Sept. 14: Save \$20 on beauty products purchases of \$100 or more. Limited to cosmetics, fragrances, bath and body, hair care, skin care and nail products.



TINKER PATRIOT OPEN



Golf Tournament

WHERE: Tinker Golf Course

6441 Arnold St. Oklahoma City, OK 73145

WHEN: 31 Aug 2017

TIME: 11:00 AM Registration Opens

12:30 PM Opening Ceremony

1:00 PM Shotgun Start

5:45 PM Awards Ceremony

and Adjourn

FEES: Four-person Team \$500

Individual Player \$125

(Includes 18 holes, golf cart, driving range, lunch, swag bag)



Prizes:

- 4 Hole In-One Prizes (PAR 3 Holes)
 - Hudiburg Car
 - Rolex Watch
 - Golf Clubs from Golf Galaxy
 - One night stay at the Patriot Golf Course in Owasso, Ok and a round of golf for four
- Contest Items totaling over \$2000
- Longest Drive & Longest putt sponsored by TFCU
- Trophy's and Prizes for 1st, 2nd and 3rd place teams
- Silent Auction Items

Scheduled Events:

- Colors Presentation will be orchestrated by Choctaw High School AF JROTC
 - Opening speaker, 15th CMSAF (R) Rod McKinley
 - Folds of Honor Recipient
 - 5 DOD Military Branch Tee Off
 - Closing speaker, US Army, Maj (R) Ed Pulido, SR. VP
- Public Relations and Military Affairs for the Folds of Honor

Fold of Honor Our Mission

Providing a secure future for the families of Oklahoma's fallen and injured heroes is the goal of the Tinker Patriot Open. Those who participate in the Tinker Patriot Open will assist these families by providing financial assistance in the form of a Folds of Honor educational scholarship. With dozens of Oklahoma soldiers, Marines, Sailors and Airmen sustaining life-changing or fatal injuries during America's war on terror, the need to provide a positive impact on military families in our state is significant.

The Tinker Patriot Open has partnered with the Folds of Honor Foundation to ensure Oklahoma's military families receive the financial support they deserve. Based in Owasso, OK, the Folds of Honor Foundation has provided millions of dollars in scholarships and other support to thousands of families across the country and we are proud to join them in their efforts, right here in Oklahoma.

CONTACT INFORMATION: DOMINC GONZALES at (405)802-2753 or dominic.gonzales@cox.net

SIGN UP BY: 28 August 2017

Tinker Calendar Recurring Events

Above the Belt Class: Every Monday, 11:30 a.m. to 12 p.m. This free class works on tone, sculpt, and building strong lean muscles. A variety of equipment will be used including your own body resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

AB-Tastic: Every Monday, 3:30 to 4 p.m. This free class is the perfect core strengthening solution. Use your body weight and a variety of equipment to build a strong core. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Active Parenting of Teens Class: Learn how to establish mutual respect and cooperation, decrease power struggles and mold values. Parents will also find out how to help their children make positive choices in life to prevent risky behavior, as well as how to guide them to develop skills and character they need as they gain independence. For details, call 582-6604.

Baby Basics Class: This four-session class is for new and expectant parents. Topics include infant health care, labor and delivery, coping with crying, “How to Budget for a Baby,” baby/child safety, breastfeeding, infant nutrition, bathing and swaddling your baby, post-partum depression and a special break-out session for dads. For more details, call 582-6604.

Basic Auto Maintenance: Thursdays, 3:45 p.m. The Basic Auto Maintenance Course is required to be certified at Tinker Auto Hobby. Individual times can be arranged as necessary. Information: Auto Hobby, Bldg. 6002, 734-5616.

Beginning Crochet: Every Tuesday, 11:30 a.m. to 12:30 p.m. and Every Thursday, 4 p.m. to 5 p.m. Come learn

the basics of crochet. Each student will be given one on one instruction. Cost of the class is \$20 per person. Information: Tinker Arts & Crafts, Bldg. 478, 734-5615.

Better Body. Better Life. This eight-week healthy eating/weight management program meets once per week for one hour. BBBL is designed to help individuals seeking to lose and maintain their weight and enjoy an overall healthy lifestyle. Participants will identify personal goals, understand behavior change, and gain knowledge on nutrition while working to achieve their personal goals. Minimum of six classes must be completed to receive a Form 108 certificate.

Bootcamp Fitness: Every Monday, 6:15 to 7:15 a.m. This adrenaline-pumping cardio and strength session couples plyometrics with high volume resistance training for an aerobic workout to challenge any fitness level. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

BodPod Assessment Appointments: The BodPod is the premier system for measuring body fat and lean mass using air displacement technology. Testing will not be permitted without the appropriate attire. Appointments are 30 minutes. Visit <https://org2.eis.af.mil/sites/21108/BodPod/default.aspx> to schedule an appointment.

Cardio Sculpt: Every Tuesday, 4:15 to 5 p.m. This free class is an infusion of cardio intervals, strength and core training designed to maintain optimal heart rate levels, burn maximum calories, and firm your entire body. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Cholesterol and Glucose Screenings: Free cholesterol and glucose screenings open to all Department of Defense

civilians available. Bring an up-to-date Health Risk Assessment from AFMCwellness.com. For details, call CHPS at 582-6817.

Color Pin Day at Tinker Lanes: Every Tuesday, 10 a.m. to 3 p.m. Join Tinker Lanes for Color Pin Day! Make a strike with a color pin in the head position and win one free game coupon. Limit three per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Communications Basics: Learn how your personality impacts your communication style. For more information, call 582-6604.


Dollar Mondays at Tinker Lanes: Every Monday, All day Monday’s are dollar days at Tinker Lanes. That means dollar games and shoes. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Family Day Bowling: Every Saturday, 1 to 5 p.m. The cost is \$30 per lane and includes two hours of bowling. Up to six people are allowed per lane with shoe rentals. Information: Tinker Lanes, Bldg. 5703, 734-3484.

FIT Basic: This eight-week progressive program meets three days a week for one hour. This program is designed for military members on a profile and/or recovering from an injury. The program will focus on functional movement and mobility improvement through strength, cardio, core and flexibility conditioning that will be adjusted and based on each individuals profile limitations or area of injury/weaknesses. One day each week will be dedicated to nutrition/behavior modification. Workout attire is required. Example Schedule: Tuesday - Strength Conditioning;

See more recurring events on page 7a.

AT YOUR SERVICE



TAX TIP:

A taxpayer, filing single, owes no tax on the first \$250,000 of profit for the sale of a home owned and lived in for 2 of the last 5 years. A married couple owes no taxes on the first \$500,000 of profit for the same time period.

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Recurring Events continued from page 6a

Wednesday - Nutrition Education; Thursday - Core/Yoga Stretching.

FIT — Health & Human Performance: This eight-week progressive program that meets 5 days a week Mon-Fri for one hour. This program will enhance Active Duty member's human performance through fitness, nutrition and behavior change. Classes include run, strength, core, flexibility, cardio and functional movement conditioning; in addition, one day each week will be dedicated to nutrition/behavior modification. Pre/Post health and fitness assessments conducted. All participants must sign program memorandum prior to the program start date. Members cannot be on a profile. Example Schedule: Monday - Run Conditioning; Tuesday - Nutrition Education; Wednesday - Strength Training; Thursday - Run Conditioning; Friday - Bootcamp.

Goal Setting: This workshop is designed to help participants establish goal setting habits, remove mental roadblocks and get on the road to achieving goals. For more information, call the Airman and Family Readiness Center at 739-2747.

Health and Happiness: Is being happy something that we can practice and get better at? Can being happy help us be healthier? Come explore the relationship between emotions and health. For more information, call 582-6817.

Healthy Thinking, Anger, Stress (H.A.S.) Class: This four-session class teaches better ways of expressing and reducing feelings of anger. Practice techniques to help deal with stress, and learn how unproductive thinking patterns may have been causing problems in your life. Remind yourself how to create more balance in your life and practice better self-care. For more information, call 582-6604.

Importance of Sleep: Come learn about the health benefits of sleep, tips for getting enough sleep, and when to see a doctor about your sleep concerns. For more information, call CHPS at 582-6817.

Lunch Break Bowling: Every Tuesday through Friday, 10:30 a.m. to 1 p.m. Come in during your lunch break for \$1.50 games. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Lunch Specials at the Tinker Club: 11 a.m. to 1 p.m. Tuesdays through Fridays at the Tinker Club. The club serves up a buffet and a soup and salad bar. Themed lunches are offered on Wednesdays. Themes include Mongolian, Mexican and 'A Taste of Italy' pasta lunch.

Memory Loss: We all misplace our keys, but how can we tell normal forgetfulness from something more serious? We will discuss what affects memory loss, how to reduce the risk of developing memory loss, and tips to remember everyday things like new names or where we left those keys. For information, call CHPS at 582-6817.

Muscle Make-Over Class: Every Thursday, 4:15 to 5 p.m. This free class is a head to toe muscle condition workout to tone, sculpt, and build strong lean muscles. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Open Revolving Senior League Bowling: Every Wednesday, 12 p.m. Seniors can bowl three games 9 pin no tap for \$6 per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Overcoming Gym Intimidation: See the benefits of being active, the components of an exercise program and how often to exercise, plus learn ways to overcome gym intimidation and overcoming barriers to being physically active. For more information, call 582-6817.

Panini Thursdays at the Tinker Club: Every Thursday, 11 a.m. to 1 p.m. If you're in the mood for a delicious sandwich made panini style, you're in luck. Stop by every Thursday for some delicious panini favorites. Information: Tinker Club, Bldg. 5603, 405-734-3418.

Performance Run Class: This interactive eight-week program meets two days a week for one hour. This class is designed to improve running technique and performance. The course will review running fundamentals and will implement a progressive running program. Workout attire and running shoes required.

Personal Goal Setting for a Healthy Lifestyle: In this class we'll discuss health-related goals that people commonly make, how good and bad habits can make or break our success of reaching our goal, and learn several tips and tactics for keeping our goal. For information, call Civilian Health Promotions Services at 582-6817.

Pilates at 3705: Every Wednesday, 11:30 a.m. to 12 p.m. The class is free to all participants. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Pilates at the Gerrity: Every Thursday, 6 to 7 p.m. The Pilates class will be every Tuesday and Thursday starting at 6 p.m. The class is free to all participants. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Portion Distortion: In this Civilian Health Promotions Class, participants will discuss how the amount of food people eat has changed over time, and how eating bigger

portion sizes affects their health. For more information, call 582-6817.

Power Pump: Every Monday, Wednesday, & Friday, 9:15 to 10:15 a.m. The Power Pump class is free to all participants and starts at 9:15 a.m. each Mon., Wed., and Fri. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Power to Change Class: Power to Change is a 5-week educational class facilitated by the Tinker Family Advocacy Domestic Abuse Victim Advocate. It is designed to provide domestic violence education in a group setting. Topics include an overview of domestic violence, effects of the violence on self and other family members, coping with the effects, why it is difficult for victims to leave abusive situations, self-esteem, recovery, healthy relationships, healthy boundaries, assertiveness, safety, red flags and more. The class is currently open to females with base access. A men's class will be offered upon request. Classes are held Wednesday afternoons from 2 to 3:30 p.m. in the Chapel's Religious Education Bldg. Library. (Alternate class days/times could be available by request.) Call Family Advocacy at 582-6604 to sign up or to request a men's class.

Pre-Deployment: Every Tuesday, 8 to 10 a.m. and Every Friday, 1 to 3 p.m. The A&FRC provides individual and group briefings to ensure military members and their families have completed necessary preparations for deployment. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Pregnancy Resource Briefing: The information presented in this briefing includes prenatal fitness and nutrition, dental care while pregnant, the New Parent Support Program, TRICARE and community resources. Spouses or partners are encouraged to attend with the expectant mother. For more information or to sign up, call 582-6604.

PREP Class: The Prevention and Relationship Enhancement Program class is for any couple wanting to improve communication, learn problem solving as a team and start having fun together again.

Pre-Separation: Every Wednesday, 1:30 to 4 p.m. This mandatory counseling is to ensure all active duty separating service members have the opportunity to be made aware of the transition services and benefits available to them. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Reintegration Briefing: Every Thursday, 8 to 10 a.m. The A&FRC provides group briefings ensuring military

See more recurring events on page 8a.

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Recurring Events continued from page 7a

members and their families have necessary information for a smooth reunion. Tapes and handouts available for all on tips for a successful reunion. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Résumé Writing Workshop participants will learn valuable information on private industry résumé writing techniques, formats and guidelines, cover letters and more. The second half of the workshop goes into more detail on federal résumés. For more information, call the Airman and Family Readiness Center at 739-2747.

Rhythm Kids/Playgroup: Rhythm Kids offers singing, dancing and parachute play to parents and children under 5 years old. Bring your children for an exuberant experience for both of you. After the active fun of Rhythm Kids, relax and watch the kids play while you make new friends at Playgroup. No sign-ups needed. For more information, call 582-6604.

Senior Day Bowling: Every Wednesday, 10 a.m. to 3 p.m. Wednesday is Senior Day at Tinker Lanes. Seniors 55+ can bowl for \$1.25 a game. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Simple Strategies to Manage Stress: This class will review three stress management techniques (focusing, calming, balanced living practices) so participants leave feeling more empowered to manage their stress. For more information, call CHPS at 582-6817.

Smooth Move: PCSing soon? This is one class you can't miss. You will learn how to make your move as smooth as possible whether you are going to the next state or overseas. For more information, call the A&FRC at 739-

2747.

Social Hour at the Tinker Club: Every Friday, 4:30 – 5:30 p.m. Social hour is free for all club members and only \$5 for non-members. Includes food and rotating drink specials every Friday. Information: Tinker Club, Bldg. 5603, 734-3418.

Spin Class: Every Tues. & Thurs., 11:30 a.m. and Wed. at 12 p.m. This free class is a fun way to get a great workout in. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Spin-Cycle: Every Monday, 4:10 to 4:50 p.m. This free high energy non-impact workout is guaranteed to raise your heart rate. Follow your instructor on a simulated ride through terrains, hills, and jumps while controlling your own resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Story Time at the Tinker Library: Every Tuesday, 10:30 a.m. Join the fun at the Tinker Library as Mr. Peter reads exciting stories. Information: Tinker Library, Bldg. 5702, 734-2626.

Story Time/Playgroup: Join the group for stories, then relax at Playgroup. For parents and kids under 5 years old. Held at the Balfour Beatty Community Center on the first and third Thursdays. For information, call Family Advocacy at 582-6604.

Strength and Conditioning Class: 11 a.m. to noon Tuesdays and Thursdays at Bldg. 216 Fitness Annex. Come to these free strength and conditioning classes and make a 180 change. For more information and to sign up for the class, call 734-2163.

Taco Tuesdays at the Tinker Club: Every Tuesday, 11 a.m. to 1 p.m. This is a lunch to 'taco' bout with your friends because it's delicious. Information: Tinker Club, Bldg. 5603, 734-3418.

Taekwondo: Every Tuesday & Thursday, 6 to 7 p.m. Taekwondo provides athletic training with the combination of combat, self-defense, and balance. Classes are available for ages 6 to adult. Family rates are available. Information: Tinker Youth Center, Bldg. 5520, 734-7866.

Tinker Family Orientation: Base in-processing briefings (A&FRC, Commander, Chief, Housing, Education, Legal, IG, EFMP, SLO, EO, Readiness, Safety, Marketing, MFLC, Chapel, etc.) for active duty personnel and families newly assigned to Tinker AFB. For more information, call 739-2747. For Navy members, this is coordinated by the administrative section.

Tobacco Treatment Individual Consults: Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Call 734-5506 to schedule.

Transition GPS: Mandatory course for all separating members of the Armed Forces. Topics include VA Benefits, GI Bill, TRICARE, employment, résumé writing, interview skills, budget and TMO. Spouses encouraged, but must pre-register. For details, call 739-2747.

VA Career Track 2-Day Class: The Career Technical Training Track is designed to assist you in:

- Defining technical career goals
- Identifying required credentials
- Finding career technical training opportunities
- Identifying local Veteran resources
- Utilizing your VA education benefits

Participants must complete the Core GPS program in order

See more recurring events on page 9a.



Promote your business in



Call

405-278-2830

to advertise your restaurant to the Tinker audience today!

Recurring Events continued from page 8a

to attend this class. For more information, call 739-2747.

Walking for Your Health: The Basics: Come learn the reasons why you should start walking for exercise and some tips for sticking with it. For more information, call CHPS at 582-6817.

Wings & Things Fridays at the Tinker Club: Every Friday, 11 a.m. to 1 p.m. This delicious lunch features a variety of wings along with other things. Information: Tinker Club, Bldg. 5603, 734-3418.

Yoga: Every Tuesday & Thursday, 3 to 4 p.m. The free yoga classes use gentle movements to improve flexibility, balance, strength, and posture. This class may incorporate basic poses for various yoga styles. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Yoga Flow: Every Tuesday (Intermediate to Advanced Level) and every Thursday (Beginner to Intermediate Level) 3:30 to 4:10 p.m. This free class will get you into the flow with this invigorating style of Vinyasa flow yoga. This class ties postures together with breath and movement, into a flowing combination of strength, flexibility, and balance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Zumba: Every Monday, Wednesday, & Friday, 4 to 5 p.m. With free Zumba fitness classes, you can lose yourself in the music and find yourself in shape. Zumba dance workout classes feature exotic rhythms and high-energy Latin and international beats. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Tinker Chapel Recurring Events

CATHOLIC

For more information, call Jim Black at 734-8158 or the chapel at 734-2111.

Weekend Mass: Saturday at 5 p.m. and Sunday at 9 a.m.

Sunday School: 10:30 a.m. to noon Sundays.

Daily Mass starts at 11:30 a.m. Mondays, Wednesdays and Fridays at the chapel.

Holy Days of Obligation: Mass at 11:30 a.m. and 7 p.m.

Fellowship is held the second weekend of the month after Saturday and Sunday Mass.

Confession is from 3:30 to 4:30 p.m. Saturdays at the chapel or by appointment.

Catholic Women of the Chapel meet at 9 a.m. for fellowship and 9:30 a.m. for business the first Friday of the month.

Religious Education: 10:30 a.m. Sunday in the R.E. Bldg. For more information, call Julie Bierne at 734-2111.

Rite of Christian Initiation for Adults (RCIA): Classes for those interested in coming into communion with the Catholic church are held at 9 a.m. Sundays. For more details, call the chapel at 734-2111.

Rosary Prayer Group: Before Mass at 11 a.m. Mondays, Wednesdays and Fridays.

Ladies Rosary Guild starts at 1 p.m. Thursdays in chapel rooms 1 and 2.

Pre-Baptism Class starts at 12:15 p.m. the last Sunday of the month.

Choir Rehearsals Wednesdays at 6:30 p.m. and 8:30 a.m. Sundays for the 9 a.m. Mass.

Catholic Pastoral Council starts at 12:15 p.m. the first Sunday of every other month.

PROTESTANT

For more information on Protestant events, call Janina Peter at 734-8986.

General Protestant Service: 11 a.m. to noon, with Children's Church for kids ages 4 years old to fourth graders.

Communion: First Sunday of the month.

Sunday school: 9:30 to 10:30 a.m. Sundays in the R.E. Bldg. Sunday school is available for adults and children of all ages at the chapel. Call Brandi Briscoe at 734-2111 for details.

Wee Church is offered for children 6 months to 3 years during Protestant Bible studies from 6 to 8 p.m. Wednesdays and during Sunday service.

Fellowship Sunday: Third Sunday of the month after the service.

Weekly Fellowship Dinner: Groups meet for fellowship at 6 p.m. Wednesdays. Dinner is provided. All groups, including children's programs, follow.

Protestant Retirees of the Chapel meet at 5 p.m. every second Sunday at various restaurants. Call 734-2111 for details.

Protestant Women of the Chapel meet for Bible study at 7 p.m. Wednesdays in room 4 and rooms 1 and 2. A children's program is provided. Call 734-2111 for details.

Tinker Youth of the Chapel is for sixth to 12th graders. Meet for Bible Study Wednesdays in the R.E. Bldg. For details on youth events, call 734-2111.

Protestant Men of the Chapel meet at 7 p.m. Wednesdays



in the fellowship hall. For information, call 734-2111.

Protestant Children of the Chapel: Elementary age children meet at 7 p.m. Wednesdays in the R.E. Bldg. For more details, call Brandi Briscoe at 734-2111.

Choir rehearsals are held every Tuesday in the sanctuary. The praise team rehearses at 6 p.m. and the vocal choir rehearses at 7 p.m. Call David Briscoe at 734-2111 for more information.

Protestant Parish Council starts at noon the second Sunday of each month in classrooms 1 and 2.

Baptism - Call the chapel at 734-2111.

ECUMENICAL

Chapel Weddings – Couples wanting to be married at the base chapel must call 734-2111 four months before the wedding. The prospective bride and groom must go through four to six weeks of counseling to be married by a chaplain.

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WORSHIP DIRECTORY

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Independent Baptist



Southwest Baptist Church
1300 SW 54th Street, OKC, OK 73119
Pastor Jason Gaddis
(405) 682-1491
southwestbaptistchurch.com

Sunday School 9:45 am • Morning Worship 10:45 am
Evening Service 6:00 pm
Wednesday Evening Service 7:00 pm

Southern Baptist



First Southern Baptist Church Del City

6400 S. Sooner Road, OKC, OK 73135
405/732.1300 • Firstsouthern.tv
Pastor, Shane Hall

Sunday Worship Times:

Traditional Worship @ 8:30 AM, Modern Worship @ 11:00 AM,
Connection Groups @ 9:45 AM

Southern Baptist



Meadowood Baptist Church

2816 Woodcrest at Reno
Midwest City, OK • 405-737-7684
Bob Rutherford, Pastor
www.meadowoodfellowship.org

Sunday Morning Worship Service: 10:30am
Sun. School: 9:15am; Sun. Evening Focus Groups: 5:45pm
Wednesday Evening Prayer Service and AWANA at 6:00 p.m.

Southern Baptist



First Baptist Church of Midwest City

705 E. Rickenbaker Dr., MWC 73110
(405) 732.0308
Pastor - Dr. Mike Tignor

Worship Times:

Bible Study @ 9:00 AM, Sunday Worship @ 10:15 AM
& 6:00 PM, Wednesday Bible Study @ 6:00 PM

To advertise in the Worship Directory, call Wendy Duncan at

405-278-2831.

CLASSIFIED MARKETPLACE

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Featuring: *Antiques *Collectibles *Art *Crafts
*Children's Activities *Wine Tasting *Music *Food & Fun!
Just a short drive down I-35 takes you to Purcell, America where the Loose Caboose Festival spills onto the sidewalks of Main Street.

Come join us! Have questions? Call (405) 527-5214



Teresa & Misty

Teresa was diagnosed with Polycystic Kidney Disease at the age of 25, and ate a healthy diet to prevent dialysis. She was eventually listed on the transplant waiting list and posted on her Facebook page that she was in need of a kidney. A new friend of hers, Misty, found her that next week and told her she would donate one of her kidneys so that Teresa could live a long and healthy life. Teresa now has energy and a spirit of gratefulness because of her living donor.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. You may also call 800-826-LIFE (5433) and request a donor registration card.

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TINKER Events

2017

Monday, Aug. 28

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Tuesday, Aug. 29

Community

Active Parenting of Teens (5 of 6)

72d Medical Group, Family Advocacy Office, 1-3 p.m.

See description on page 6a-9a.

PREP class for couples (3 of 4)

72d Medical Group, Lakesha Levy Conference Room, 5 p.m. See description on page 6a-9a.

Thursday, Aug. 31

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Active Parenting of Teens (6 of 6)

72d Medical Group, Family Advocacy Office, 1-3 p.m.

See description on page 6a-9a.

PREP class for couples (#4 of 4)

72d Medical Group, Lakesha Levy Conference Room, 5 p.m. See description on page 6a-9a.

Thursday, Sept. 7

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Friday, Sept. 8

Community

Diabetes Support Group Meeting

Tinker Wellness Center, Bldg. 5922, 1:30-2:30 p.m.

Monthly support group involving many aspects of living with diabetes. Topics include nutrition, activity, stress management, dental health, foot care, and much more! For more information, call 736-2169.

Monday, Sept. 11

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 1-3 p.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Sept. 14

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Sept. 18

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg.

5922, 1-3:30 p.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Sept. 21

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.

Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Sept. 25

Community

Tobacco Cessation Individual Consults

Tinker Wellness Center,

See more events page 2b.



2017 Upcoming Events

SEPT 1: LN1 Kimberly Clark USNR Memorial Golf Tournament, John Conrad Golf Course

SEPT 4: Labor Day, Chamber Office Closed

SEPT 6: Ribbon Cutting - DMC School of Dance, 4 p.m., 9110 Harmony Dr.

SEPT 7: Rose State College Learning Resource Center Grand Re-Opening, more info to come.

SEPT 8: Midwest Summer Fest, 6 p.m. - 11:30 p.m., Charles J. Johnson Central Park in Town Center Plaza, SE 29th and Mid-America Blvd. Free and open to the public.

SEPT 11: Tinker 9/11 Memorial Walk & Run, free registration

SEPT 14: Picnic with Protectors, 5 p.m. - 7 p.m., Joe B. Barnes Regional Park, sponsorship and involvement opportunities available

SEPT 18-20: 2017 Emergency Management Summit, Rose State College

SEPT 29: Rose State College Foundation Golf Tournament, John Conrad Golf Course

SEPT 30: Mid-America Street Fest, 11 a.m. - 6 p.m., Charles J. Johnson Central Park in Town Center Plaza

OCT 7: Rose State College Heritage Day, Atkinson Heritage Center, more info to come

OCT 26: Youth Excel Leadership Program Orientation, more info to come

OCT 30 - NOV 3: Youth Excel Mentor Shadowing Week, more info to come

NOV 10: Midwest City's 6th Annual Veterans Day Parade, 10 a.m., S. Douglas Boulevard between E. Reno Ave. and SE 15th St.



Midwest City Office
2008 S. Post Road
Midwest City, OK 73130
(405) 732-2277

Del City Office
4650 SE 15th
Del City, OK 73115
(405) 677-8831

HOURS:

Monday - Thursday
8 a.m. - 5 p.m.
Friday 7 a.m. - 3 p.m.

Vision Source
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**To Advertise on the
Midwest City Chamber
Upcoming Events page, contact**

405.278.2831

Continued from page 1b.
Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Sept. 28
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Oct. 2
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Oct. 5
Community

Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Oct. 9
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Oct. 12
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Friday, Oct. 13
Community
Diabetes Support Group Meeting
Tinker Wellness Center, Bldg. 5922, 1:30-2:30 p.m.
Monthly support group involving many aspects of living with diabetes. Topics include nutrition, activity, stress management, dental health, foot care, and much more! For more information, call 736-2169.

Monday, Oct. 16
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Oct. 19
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping

strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Oct. 23
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Oct. 26
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Oct. 30
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg.

5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.

Thursday, Nov. 2
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 7:30-9:30 a.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5506.

Monday, Nov. 6
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center, Bldg. 5922, 1-3:30 p.m.
Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Please call to schedule. For more information, call 734-5505.



2017 Air Force Community Feedback Tool

IS THE AIR FORCE
MEETING THE NEEDS OF

YOUR
COMMUNITY?



The 2017 Air Force Community Feedback Tool isn't just any survey. It's your survey. How well is the Air Force doing supporting you? Active, guard and reserve Airmen, spouses of Airmen, and Air Force civilian employees can take this short survey and help influence change. You have the opportunity to shape what's available to help the Air Force community. Learn more about it at www.rand.org/af-feedback

BE VIGILANT:

- Watch for unfamiliar vehicles cruising or parked frequently in the area, particularly if one or more occupants remain in the vehicle for extended periods.
- Write down license plate numbers, make, model and colors of suspicious vehicles. Note descriptions of occupants and take photographs if it can be done discreetly.
- Report any suspicious videotaping/photography or unattended bags or objects.
- Treat with suspicion any inquiries from strangers.
- Report all suspicions to SFS, OSI or local police.



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- Disable Geotagging, also known as Location or GPS, services on your smart devices. Geotagging adds geographical identification data to photos, videos, websites and text messages.
- Disable your smart phone camera or you may be unintentionally broadcasting where you, your friends and your loved ones like to hang out.

BE ON THE LOOKOUT:

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BE SMART:

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- Always lock your car.
- Be alert while driving or riding in a vehicle.
- Stay as low-key as possible.

BE SAFE:

- Travel in small groups as much as possible and vary movements so as not to be predictable.
- Try to be inconspicuous when using public transportation and facilities.
- Dress, conduct and mannerisms should not attract attention.
- Stay away from known trouble, disreputable places or other high-risk areas.
- Recommend personnel consider avoiding large off-installation events and high density public transportation.

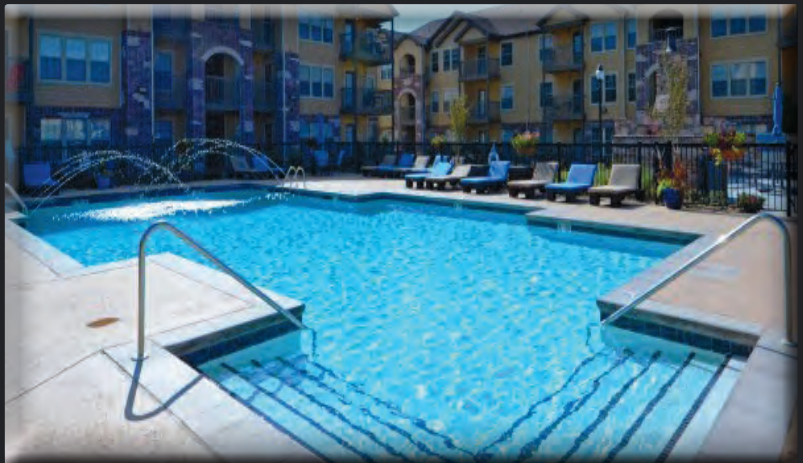
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[405] 310-4767

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[405] 471-5600

Villas at
Stonebridge I & II
157 Stonebridge Blvd.
14025 N. Eastern
[405] 359-3081

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[405] 765-1073

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301 Pointe Parkway
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Park at Tuscany
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[405] 749-4535

Persimmon Square
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[405] 751-9390

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9777 N. Council Rd.
[405] 722-2727

Summerfield Place
11777 N. Meridian
[405] 755-5510

Tammarron Village
11100 Roxboro
[405] 721-9127

The Warrington
12700 N. MacArthur
[405] 721-1221

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