



TINKER

TAKE OFF

Vol. 75, No. 21

Tinker Air Force Base, Okla.

Thursday, May 25, 2017

INSIDE



Hometown Hero takes flight with Thunderbirds

Page 3



Air Show photos

Page 5-7

Johnson honors EMXG for saving broken KC-135

Page 8

Tinker Events Calendar

Page 1b

72nd Comptroller Squadron closing early today

72nd Comptroller Squadron will close at 10:30 a.m. today in support of an AFSC/FM Official Function. As a reminder, normal customer walk-in hours are 7:30 a.m. to 3 p.m. Mon-Fri, or anytime by appointment.



Air Force photo by Mark Hybers

A record setting crowd of over 100,000 gathered to watch the U.S. Air Force Thunderbirds May 20 during the Star Spangled Salute Air Show at Tinker Air Force Base, Okla. There were more than 60,000 in attendance May 21. For the first time in Tinker air show history, officials closed the incoming gates to visitors after reaching parking capacity. The year 2017 marks the 75th anniversary of Tinker AFB, the 45th anniversary of the 507th Air Refueling Wing and the 40th anniversary of the E-3 Sentry at Tinker AFB.

A Memorial Day Message to Airmen

Lt. Gen. Lee K. Levy II
Air Force Sustainment Center Commander

AFSC Airmen,

On Armed Forces Day we thank those who are serving.

On Veterans Day we say thank you to those who served.

On Memorial Day we honor and remember those who served in the Armed Forces and gave all of their tomorrows for our todays.

We only have to look around us to see what we have, but Memorial Day is when we remember why. Amazing men and women from the beginning of our history as a nation to present day have laid down their own futures for us to have a better one. They have purchased and maintained so much of our

freedom and preserved so many of our choices that we even have the freedom to not remember their sacrifice. Let's choose to remember. Remember that we are at war, and enemies want to take our freedoms away.

The history of Memorial Day began three years after the Civil War ended; on 5 May 1868, the head of an organization of Union veterans - the Grand Army of the Republic (GAR) - established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. By the end of the 19th century, Memorial Day ceremonies were being held on 30 May throughout the nation. Memorial Day was first observed as a national holiday in 1971 by an act of Congress that

made the official federal observance the last Monday of May.

This year some will place flowers, a wreath, or an American flag at a gravestone, and some will visit memorials and monuments. However you choose to personally observe the day, take a moment, pause, and reflect on the high cost of our freedoms, and remember those who served and gave their lives for us.

While it may be a heavy day for many of us mourning the absence of friends, parents, children, and comrades, it is also a day of gratitude; it is a day to be thankful for the freedoms we have, and the reasons why we have them.

Thank you for serving in your critical role in the Air Force Sustainment Center. Your effort in delivering combat power for



Lt. Gen. Lee K. Levy II

America protects our country, saves lives, serves our warfighter, and guarantees our freedoms.

To the spouses, mothers, fathers, sisters, brothers, friends, and comrades of those who made the ultimate sacrifice, thank you. We remember...and we always will.

A page in HISTORY



Commentary:

The Berlin Airlift: Faith in the future

Howard E. Halvorsen

Air Force Sustainment Center Historian

Editor's note: This is part three of a four-part story on the history of the Berlin Airlift.

Tinker Air Force Base played an absolutely essential role in the success of the Berlin Airlift. Tinker and the former Douglas Aircraft plant provided the support and the weaponry for our warfighters all over the world during World War II, so supporting an airlift mission in Europe is comparatively easy.

As you'll recall from the last two weeks' *Tinker Take Off* stories about the Berlin Airlift, it started on June 26, 1948. Although the Soviet land blockade of West Berlin was lifted on April 12, 1949, the airlift continued until Sept. 30, 1949 to build up supplies just in case there was another betrayal by the communists. In just 15 months, 309 C-54s, 105 C-47s, and 101 aircraft of the Royal Air Force made 277,569 flights to transport over 227,000 passengers and deliver 2.3 million tons of food, supplies, and fuel to the decimated former

See Airlift page 4.

In October 1948, OCAMA commander Maj. Gen. Fred S. "Fritz" Borum, along with key military and civilian managers, go to Burtonwood, England, to aid the Berlin Airlift.

Photo courtesy Tinker History Office



This week in Tinker history

May 21, 1941 - The depot is designated "Midwest Air Depot, Oklahoma City."

May 24, 1945 - Oklahoma City Air Technical Service Command is declared the world's largest air depot.

May 19, 1947 - Maintenance receives its first J35 engine for overhaul.

May 20, 1952 - The 6th Weather Squadron, which includes the Severe Weather Warning Center, is activated. (The squadron is a continuation of the 2021st Mobile Weather Squadron.)

May 20, 1953 - Prime maintenance changes

take place at Oklahoma City Air Materiel Area. Tinker loses Pratt & Whitney jet engines to San Antonio Air Materiel Area and Wright jet engines to Middletown Air Materiel Area. Oklahoma City Air Materiel Area gains other new jet engine responsibilities.

May 20, 2013 - A massive tornado struck the area just south of Tinker AFB, with the loss of 23 lives and thousands of homes destroyed or severely damaged. Tinker AFB personnel assist in rescue, recovery, and cleanup in the town of Moore, Okla.



Key events scheduled in 2017:

June 23: Tinker 75th Anniversary Golf Tournament

Sept. 16: Air Force Ball

Oct. 13: Capstone Event

Tinker Air Force Base



Air Force photo by Greg L. Davis

A Pratt & Whitney TF33 engine sits on a transport cart at the Oklahoma City Air Logistics Complex at Tinker Air Force Base. The TF33 shown is the type which powers the E-3 Airborne Warning and Control System and is one of the oldest engine families in the U.S. Air Force inventory.

Pratt & Whitney TF33 engine

Greg L. Davis

72 Air Base Wing Public Affairs Office

The Pratt & Whitney TF33 engine is an axial-flow, two-spool turbofan low-bypass ratio engine built around the proven design used in Pratt & Whitney's earlier J57 engine. Designated the JT3D in commercial use, the engine is synonymous with the advance of the jet-age as it powered the Boeing 707 and McDonnell Douglas DC-8 beginning in 1960. As the engine quickly proved itself commercially it was soon configured for military use as the TF33 and powered the first flight of the Air Force's B-52H Stratofortress bomber. It continues to power the B-52H to this day.

According to official Tinker history documents, the Oklahoma City Air Depot began performing maintenance, repair and overhaul of TF33 engines in Feb. 1962 and this work continues in earnest today. TF33 program officials latest numbers of engines repaired/overhauled stands at 14,448 to date.

The 1,100 TF33 engines currently in the inventory power the E-3 Sentry/AWACS, B-52H Stratofortress, E-8 Joint Surveillance and Target Attack Radar System, J-STARS, and the WC-135 and OC-135 special mission aircraft. The TF33 is one of the oldest engine families in the Air Force inventory.

Manufacturer: Pratt & Whitney

Engine type: Turbofan

Max-thrust: 17,000-23,000 pounds

In-service dates: 1962-present

Number produced: 8,600

Tinker connection: maintenance, repair and overhaul



Air Force file photo

E-3 Airborne Warning and Control System.

Hometown Hero takes flight with Thunderbirds

Jillian Coleman
Staff Writer

The United States Air Force Air Demonstration Squadron, more commonly known as the Thunderbirds, headlined the Star Spangled Salute Air Show May 20-21. Part of their tour at Tinker included two media flights with Sarah Klein, Miss Oklahoma 2016, and Midwest City Police Maj. David Huff.

Hometown Hero Huff, who in 2014 received the Oklahoma Association of Chiefs of Police Officer of the Year award, has 23 years of service in the force.

The major received the honor in recognition of his actions during an incident in June 2013, at a Wal-Mart store in Midwest City. After a man had taken a 2-year-old girl hostage at knife point, threatening violent action, the major shot and killed the man. The child was unharmed. Huff was later awarded the Medal of Valor from then-President Barack Obama. Twelve other law enforcement officers were recipients of the award, the highest national award that can be presented to a public safety officer.

Having the opportunity to fly with America's Ambassadors in Blue, Huff was awestruck as he descended from the F-16 Falcon, the Air Force's premier multi-role fighter jet. Wide-eyed, the hometown hero described the experience to be "completely unbelievable – a once in a lifetime experience."

"The Thunderbirds display professionalism unlike anything I've ever seen," he added. "I feel truly honored to be here, and I very much appreciate the opportunity to fly today and for the wonderful hospitality they have given me and my family."

The Thunderbirds perform air shows all over the world, showcasing the pride, precision and professionalism of all of America's Airmen. Through each hour-long demonstration, the Thunderbirds display the capabilities that all fighter pilots must possess, wowing crowds across the globe.

Piloting the No. 8 jet is advance pilot and narrator Capt. Erik Gonsalves, who is in his first season with the esteemed demo squadron.

"I've flown with various celebrities, but never had the chance to fly with someone as heroic as Maj. Huff," Gonsalves said. "I was honored to fly with him and inspired by his character, which is not only a reflection of him but his family as well."



Air Force photos by Greg L. Davis

Maj. David Huff, Midwest City Police chief, waves from the backseat of a Thunderbirds F-16D prior to a flight with Capt. Erik Gonsalves, Thunderbird No. 8, team advance pilot/narrator May 19, 2017, Tinker Air Force Base, Okla. Maj. Huff was honored as a Hometown Hero for his work with the Midwest City Police Department.



Air Force photos by Greg L. Davis

Miss Oklahoma 2016, Sarah Klein, rides in the backseat of a Thunderbirds F-16D in full afterburner with LtC. Kevin Walsh, Thunderbirds operations officer, at the controls during an orientation flight prior to Tinker Air Force Base's Star Spangled Salute air show May 18. Klein pulled 9.2 Gs in her flight which lasted just over one hour.



Save your money now.

You'll thank you later.

Savings | Certificates | Money Markets

See us today at Tinker Federal Credit Union



TFCU
Tinker Federal Credit Union



Federally insured by NCUA

TinkerFCU.org

Airlift

continued from page 2

capital of Germany. Not only were millions of lives saved, but the will of the Western democracies to stop the spread of Soviet hegemony was shown. Indeed, this was the first gambit of worldwide communist expansion during the Cold War and it was stopped – cold.

The first direct act that had an enormous benefit to the airlift was our sustainment mission. Yes, even as early as the 1940s Tinker Air Force Base was fixing, maintaining, and upgrading our Air Force’s aircraft to give our warfighters what they need to win. The most important project that aided the airlift was the Stoner Mudge process. As good a plane as the C-54 was, it was prone to terrible fuel tank leaks. Stoner Mudge was a fuel tank reliner process pioneered at Middleton ATSC. A liquid is poured into the tanks, treated, and later removed, leaving a rubber coating and the fuel tanks leak proof. This project was started at Tinker in 1945 in the closing months of WWII. It was continued after the war, at some point only at Tinker Air Force base, to upgrade the entire C-54 fleet – to include President Truman’s plane, the “Sacred Cow.” Thus, when the Berlin Airlift began, the entire C-54 fleet was war ready.

Once it became obvious “Operation Vittles” would be more than a short-term venture and with the initial air depot at Oberpfaffenhofen, Germany (called “Obie” or “Oberhuffinpuffin” by the GIs) taxed way beyond its ability, Air Force leaders opted to reopen the WWII depot at Burtonwood, in northern England, and concentrate all 200-hour maintenance inspections and repairs for C-54s there. The fleet of Sky-masters was already experiencing wear and tear, and the quicker Burtonwood became operational, the better the chance of saving West Berlin. The nature of the airlift mission was putting unexpected stresses on the C-54s. For example, while the threat of fuel leaks (and fire) was gone, the planes were taking off and landing far more frequently than normal, with very heavy loads on landing strips that were coming apart. This was causing incredible wear on the landing gear. Also, some of the cargo, especially coal, had an adverse effect on the interior parts of the plane clogging the flight instruments. When combined with flour it was highly combustible and corroded control cables, electrical circuits, switches, and connectors.

On Nov. 1, the first exhausted C-54 landed at the refurbished British airfield for urgently needed mechanical overhaul and surface repair. Turn-around time was reduced to less than 72 hours and in six months production jumped from a low of 18 aircraft in November to a high of 261. To create these efficiencies, experts like Borum needed to teach airlift experts like Berlin Airlift

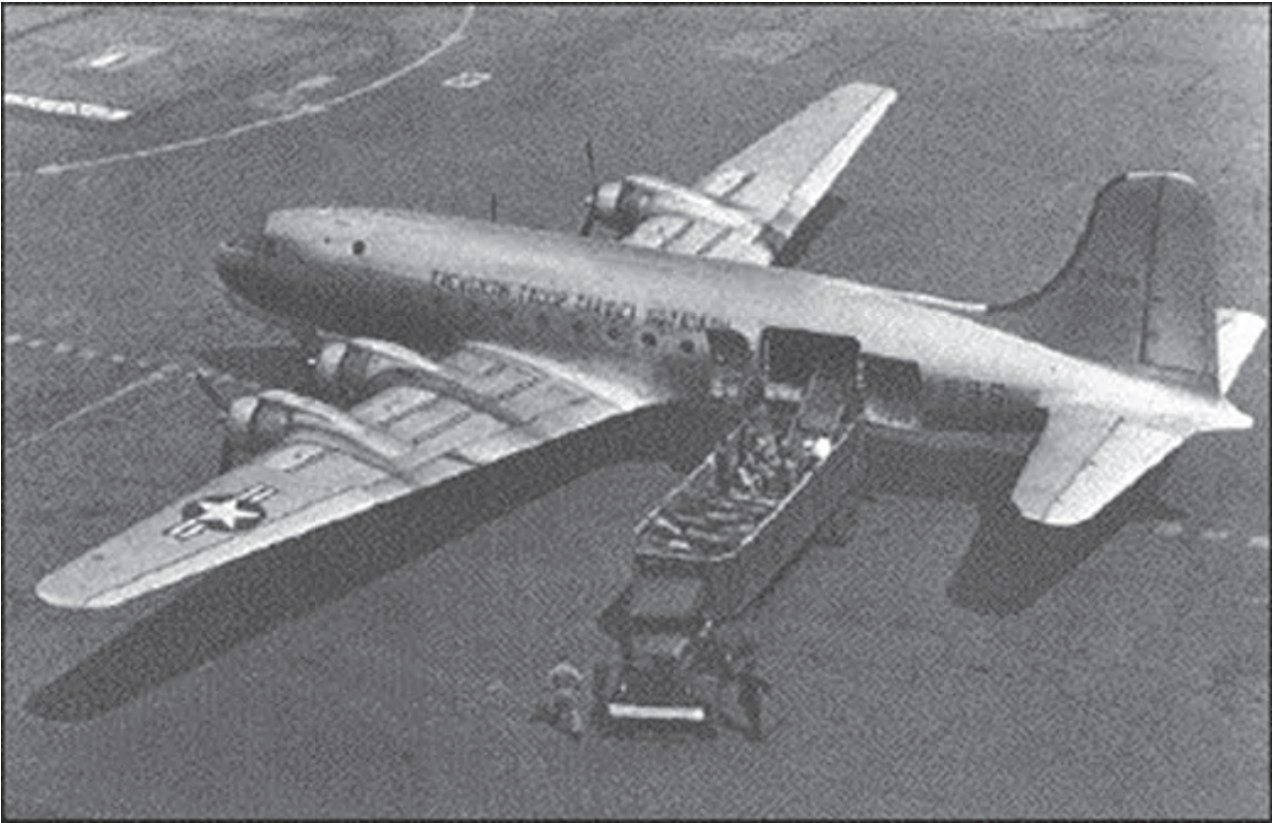


Photo courtesy Tinker History Office

A C-54 is unloaded during the Berlin Airlift.



Maj. Gen. Fred S. “Fritz” Borum

commander Lt. Gen. William H. Tunner about the sustainment mission. In order to properly assist the airlift mission, the sustainers and maintainers needed to educate their mission partners. It was Borum and his team that taught airlift experts like Tunner that a constant flow of planes

for overhaul to Burtonwood would speed up the process of return to Germany.

Tinker people provided not just part of the expertise but a good portion of the thousands of equipment items needed for the operation at Burtonwood and the maintenance of aircraft. By mid-December 1948, shipments from Tinker already totaled more than 100,000 pounds of aircraft parts, accessories, and equipment necessary for C-54 overhaul. Maintenance personnel also modified a number of quick-change engine mounts and aircraft repair stands. Supply shipped such items as ailerons, elevators, and flaps.

Soon a steady pipeline of aircraft, engines, and subsystems flowed to a fro between Burtonwood and the AMC depots back in the United States. With the assignment completed, General Borum and his OCAMA cadre returned to Tinker three days after Christmas in 1948. What does this teach us? First, it reminds us that everything we do in peacetime may suddenly be called upon to win the next war or prevent one. Second, that our sustainment mission reminds us that our work displays our faith in the future; that there will always be a future worth whatever fight awaits us.

Sources include: “Berlin, Burtonwood, and Borum” by Dr. James Crowder; “The Air Force Can Deliver Anything” by Daniel Harrington, the Air Force History Support Office, and the May 26, 1945 and November 14, 1947 editions of the Tinker Take Off.

Tinker Take Off

Published by The Journal Record Publishing Company, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 72nd Air Base Wing commander. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Tinker Take Off are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or The Journal Record Publishing Company of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the Public Affairs Office of the 72nd Air Base Wing.

Tinker Take Off Office
(405) 739-5780

How to find us:

Enter Tinker Gate off of Interstate-40, turn left at the stoplight on Arnold Street. The 72nd Air Base Wing Headquarters, Bldg. 460, will be on the right. Enter the southwest wing. Once inside the building, turn right and then right down the first hallway. The Tinker Take Off office is in the Public Affairs Office, Room 127, at the end of the hall.

Deadlines:

The deadline for newspaper submissions is Wednesdays at 4:30 p.m. for the next week’s issue. Stories can be e-mailed to tinker.takeoff@us.af.mil.

Advertising:

Call 278-2820 for display ad information.

Advertising deadlines:

Display ads: Fridays at noon.

Classified ads: Classified ads must be turned in to the Journal Record by noon Wednesdays.

Classified ads:

Free classified ads can be placed online at www.tinkertakeoff.com.

Free ad forms can also be turned in at the Tinker Take Off office in Bldg. 460, Room 127. Call the Journal Record at 278-2866 to place a paid ad. Paid ads cannot be accepted in the Tinker Take Off office on base. Free ads are for current or retired Tinker employees (restrictions apply).

Published by the Journal Record Publishing Company,
Oklahoma City, OK 73102

Tinker Air Force Base

Col. Kenyon Bell

Tinker Installation Commander

Mark Hybers

Acting Chief, 72nd Air Base Wing Public Affairs

Public Affairs Editorial Staff

Kimberly Woodruff.....Managing Editor
Tiffany English.....Production Editor/Designer
John Parker.....Staff Writer
Jillian Coleman.....Staff Writer
Kelly White.....Staff Photographer

www.tinkertakeoff.com • www.tinker.af.mil



Air Force photo by Kelly White



Air Force photo by Greg L. Davis

Welcome, Air Show visitors

Top photo, Air Force Sustainment Center Commander Lt. Gen. Lee K. Levy II welcomes the first-ever capacity crowd to the Star Spangled Salute Air Show May 20 at Tinker Air Force Base, Okla.

Left photo, Col. Kenyon Bell, 72nd Air Base commander, emphasizes the importance of community support to the base while giving opening remarks during the Air Show May 21. Col. Bell addressed the record-breaking crowd from the raised announcers booth at air show center.

The Commander's Action Line



Col. Kenyon K. Bell
72nd Air Base Wing
Commander

The Commander's Action Line serves as a direct link for Tinker personnel to bring questions or concerns to the 72nd Air Base Wing commander's attention, in the case that a timely resolution of issues through facility management or unit chain of command doesn't occur.

Items of interest to the installation overall will be published in the Tinker Take Off to effect positive change across Tinker and lead to improvements in safety, working conditions, quality of life and a better understanding of base programs and processes. Below are some helpful telephone numbers to assist you in trying to resolve an issue.

To submit an Action Line, visit the Commander's Action Line tab on Tinker's internal home page. Those who don't have access to the home page can send an email directly to **CommandersActionLine@us.af.mil** and a response should be received in a timely manner.

Suicide Prevention Assistance

Base Chapel734-2111
Suicide Prevention - Lifeline1-800-273-8255
Military Mental Health 582-6603
Civilian Health Promotion Services..... 582-6817

Sexual Assault Response

Sexual Assault 24-hr line 734-7272
Military Family Life Counselors 432-6311
Domestic Abuse Hotline & Services..... 256-2825

Key Numbers

Base Legal Office.....	739-5811	IG Complaints (for appt.).....	739-2051
Base Safety Office.....	739-3511	Military Equal Opportunity.....	739-2104
Base Restaurants	734-3161	Military Pay	739-5768
Civil Engineering	734-3451	Public Affairs	739-2026
Civilian Personnel.....	739-3334	Retirement (civilian)	1-800-525-0102
DOD Fraud, Waste and Abuse Hotline	800-424-9098	Security Forces.....	734-2878
Equal Employment Office.....	739-7889	Force Support.....	734-3566
Fraud, Waste and Abuse.....	739-3922	Alternate Dispute Resolution.....	736-2151

Star Spangled Salute Air Show

The Jelly Belly Interstate Cadet flown by Kent Pietsch lands on the roof of an RV barreling down the runway while the Oklahoma City skyline can be seen in the background during Tinker Air Force Base's Star Spangled Salute air show May 21 at Tinker Air Force Base, Okla. ►

Photos by Air Force staff as indicated.



Greg L. Davis



Mark Hybers



April McDonald

▲ Thunderbird F-16s accelerate down the runway with the Tinker Air Force Base signage on building 3001 visible above them.



Greg L. Davis



April McDonald



Kelly White



Kelly White

A long line forms to tour the E-3 Sentry, along with other large aircraft static displays. ►

◀ Spectators were treated to a Vietnam War-era reenactment featuring several historically accurate Vietnam aircraft, a combat air rescue and a ground pyrotechnics show.

Air Force Sustainment Center Commander Lt. Gen. Lee K. Levy II enlisted brand-new Airmen alongside members of the USAF Thunderbirds. ►





Greg L. Davis



◀ F-35A Lightning II of the 61st Fighter Squadron, 56th Fighter Wing, Luke Air Force Base, Ariz., taxis with the iconic skyline of downtown Oklahoma City in the background to begin the jets performance.



Greg L. Davis



◀ Staff Sgt. Aaron Langley, Thunderbird No. 1 F-16 crew chief, leads a row of crew chiefs during the highly-choreographed start-up procedures.



Kelly White



◀ The Wings of Blue, a USAF Academy parachute team, captivated the audience with three members of the team demonstrating their precision parachute piloting skills before a fourth member gracefully glided down carrying the American Flag.



Kelly White

**View more Air Show photos
online at www.tinker.af.mil**

Johnson honors EMXG for saving broken KC-135

John Parker
Staff Writer

Brig. Gen. Mark Johnson recently honored a special 12-member team of civilian and military maintenance and repair experts that deployed to a Middle East air base to rescue a stranded and critically unsafe aerial refueling tanker.

The Oklahoma City Air Logistics Center commander visited the shop floor of the 564th Aircraft Maintenance Squadron recently to personally thank the team. The members stabilized a dangerous long crack as wide as up to half an inch that made the KC-135R unsafe for takeoff or landing.

"This was a big project that our Air Force really needed us to get our arms around," the general said to about 40 squadron members and others gathered in front of a line of KC-135s undergoing major overhauls in Bldg. 3001.

"Just like the world-class professionals that you are, you stood up and delivered," Johnson continued. "We ask an awful lot of you guys and every single time you deliver it. I just thought we'd just take a few moments to publicly say thank you for delivering big time for Air Mobility Command and the United States Air Force."

Air Force maintainers at Al Udeid Air Base, Qatar, discovered the crack late last year that weakened a metal trunnion support rib, said Jordan Johnston, team member and the lead structural engineer who designed the repair.

"It had a massive crack in it," he said. "It's where the main landing gear mounts to the wing, so it was pretty important piece of structure. The danger was that we could crack it all the way through and collapse the gear on takeoff or landing."

The temporary repair involved forcing the crack back together and then fastening on two half-inch-thick steel plates, or doublers, on either side of it. The sandwiching of the crack added the strength needed to get the plane back in the air safely, Johnston said.

Deployed maintainers can repair many aircraft problems in the field, but don't have the resources and expertise for depot-level repairs such as major structural damage. The 76th Aircraft Maintenance Group's Expeditionary Depot Maintenance Flight at Tinker AFB routinely travels the globe to repair heavily damaged aircraft.

Project planners anticipated that the temporary repairs could involve the relatively "easy" repair using the doublers or more complex work involving replacing the support rib. The rare step of adding civilian maintainers to the EDMX team was taken



Air Force photo by Kelly White

Oklahoma City Air Logistics Complex Commander Brig. Gen. Mark Johnson thanks members of the 564th Aircraft Maintenance Squadron, Air Force Life Cycle Management Center and the 76th AMXG's Expeditionary Depot Maintenance Flight for working together to repair and recover a damaged KC-135 from Al Udeid Air Base, Qatar.

to support any possible outcome. All the equipment, tools and access fixtures for the repairs also were flown to Al Udeid.

Master Sgt. Benjamin Sklenar, the deployment lead, said civilian maintainers rarely accompany EDMX's missions to Area of Responsibility deployment zones. Al Udeid is a major support base for Middle East combat operations.

"This one's unique because it's going to the AOR and having all the requirements of getting the civilians qualified on firing rifles, chemical warfare protection — all the things that civilians don't have to get qualified on. They had a learning curve."

Johnston said his run-up included a "full barrage" of shots, including an anthrax vaccine. The three-day repair was the simplest of the possible outcomes, which could have involved up to six weeks of work, Johnston said.

"The experience was good for us because we were prepared for the damages they'd shown us previously

and we had so much extra equipment and parts," he said. "We had the expertise handy to handle everything else that could have come up. We had the cleanest, smoothest, simplest repair we could have asked for."

The repairs allowed the plane, tail number 58-0099, to be flown back to Tinker and placed in the Programmed Depot Maintenance line for a major overhaul. The plane was already scheduled to arrive at Tinker this summer for its scheduled depot maintenance.

The team members received a certificate of appreciation from Brig. Gen. Darren James, commander of the 379th Air Expeditionary Wing, Al Udeid Air Base. Members also included:

Tech. Sgt. George Ketchum; Staff Sgt. Lance Synova; Staff Sgt. Jeremy Garrett; Tech. Sgt. Sascha Newberry; and maintainers Rex Abbott, Michael Smith, Kevin Becker, Derek Baptiste, Steve Guinn and Eric Allison.

Del City Armed Forces Day & Shriners parade



Col. David Gaedecke, Commander, 552nd Air Control Wing, addresses the crowd after receiving a plaque from Del City Mayor Brian Linley. Gaedecke served as the parade marshal for the 32nd Annual Del City Armed Forces Day & Shriners Parade, May 13.



Air Force photos by Ron Mullan

Col. Kenyon Bell, commander, 72nd Air Base Wing, waves to the parade crowd.

SMXG hiring event spurs 47 job offers

John Parker
Staff Writer

The Engineering Directorate's recent one-day hiring event resulted in 47 job offers for engineers to join the approximately 1,000 employees of the 76th Software Maintenance Group.

Justin Thomas, supervisor of the 76th SMXG organizational development section, said that as of last week, 21 candidates ranging from recent college graduates to working professionals had accepted positions. Five of the job offers were made through the Palace Acquire program, a formal training program for new college graduates.

"Once again our hiring event has proven to be an efficient and successful way to bring on board the many engineers that SMXG continues to need," Thomas said. "We're still hiring, so I encourage electrical, computer and software engineers, computer scientists and others to apply."

Fifty-three engineering and computer scientist candidates attended the invitation-only hiring event April 28 at Rose State College. Interviews took place in a large room with folding tables that were color-coded by specialization, such as software programming, systems engineering, hardware engineering, just to name a few. The pre-screened applicants were advised on which colors to visit based on their educational qualifications and work experience.



Air Force photo by Kelly White

Chinh Nguyen, left, with the 558th Software Maintenance Squadron, and David Walton, with the 557th SMXS, discuss the resume and skills of a prospective hire during the 76th Software Maintenance Group's recent hiring event. The 76th SMXG is still hiring for engineering positions as well as computer science degree holders and entry-level and experienced professionals.

The roughly 20-minute talks with one or more interviewers were conducted speed-dating style. The blend of voices and candidates walking about gave the room an atmosphere of a crowded, high-energy restaurant.

Due to pre-screening, the candidates were all well-qualified.

"We made 14 tentative job offers on the spot," said Gabby Madkins, SMXG recruiting coordinator. "This was our

fifth hiring event since 2014, and they're always exciting and busy days for the candidates and for the members of the Software Maintenance Group."

Josue Perez, a University of Texas-El Paso graduate in electrical engineering, drove 11 hours to attend the event.

"I like it," he said. "I didn't imagine it was going to be like this. It's very easy to go around to the tables and get an interview."

Hiring continues

The 76th SMXG is particularly interested in electrical, computer, and software engineers from ABET-accredited programs. Computer science degree holders with at least 15 hours of calculus-based math/statistics credits are also encouraged to apply. The group is looking for entry-level or experienced professionals who are available to start full-time work between now and May 2018. Prospective candidates may apply by emailing their latest transcripts and resume to SECareers@us.af.mil.

A working professional engineer who asked that her name be withheld called it a "well thought-out day." She has a biomedical engineering degree with an emphasis in instrumentation, and she has expertise in electrical engineering, too.

"Where I work now I use more of my biology side of my brain, and I want to get back to the engineering side," she said. "This opportunity came up and it sounded interesting."

Huy Le, the engineering branch chief for 76th SMXG, said the hiring events have become widely known in engineering circles.

"It's really good to give people a central event to look forward to, and we've gotten momentum over the last two years," he said. "More people have come to know that we have this large hiring event twice a year."

Around Tinker



Courtesy photo

Left to right, Chief Vincen Ramos, Sr. Master Sgt. Lisa Powers, Chief Master Sgt. Roger Turnipseed, Chief David McGillick, Chief Petra Sheppard, Sr. Airman Jessica Krist, Chief Master Sgt. Dwayne Ward, Chief Master Sgt. Traylor Wenesday

Chief's Choice Award

May's Chief's Choice Award presentation by the Tinker Chief's Group recognizes one of Tinker's finest, **Sr. Airman Jessica Krist** of the 752nd Operations Support Squadron.

Airman Krist became the wing's first Jr enlisted 1N0 to complete the newest CRC Intel Mission Qualification Training course and evaluation. She created a detailed intelligence scenario for the upcoming Air Battle Manager Initial Qualification Training course, providing injects that will be integrated throughout the four-week course and offer an unprecedented level of real-

ism for air control mission planners to consider during the course. Krist also briefed five current threat assessments to both the squadron and 552nd Air Control Wing Staff, focusing on threat stream content exclusively on wing assets and providing the 552nd ACW commander with in-depth analysis of operational risks to deploying personnel. She was elected as the squadron's Booster Club secretary and personally spearheaded a recognition event for a retiring captain. Krist completed her capstone college course which culminated in her earning a bachelor of arts degree in psychology.



CURRENT TRAFFIC ADVISORIES:

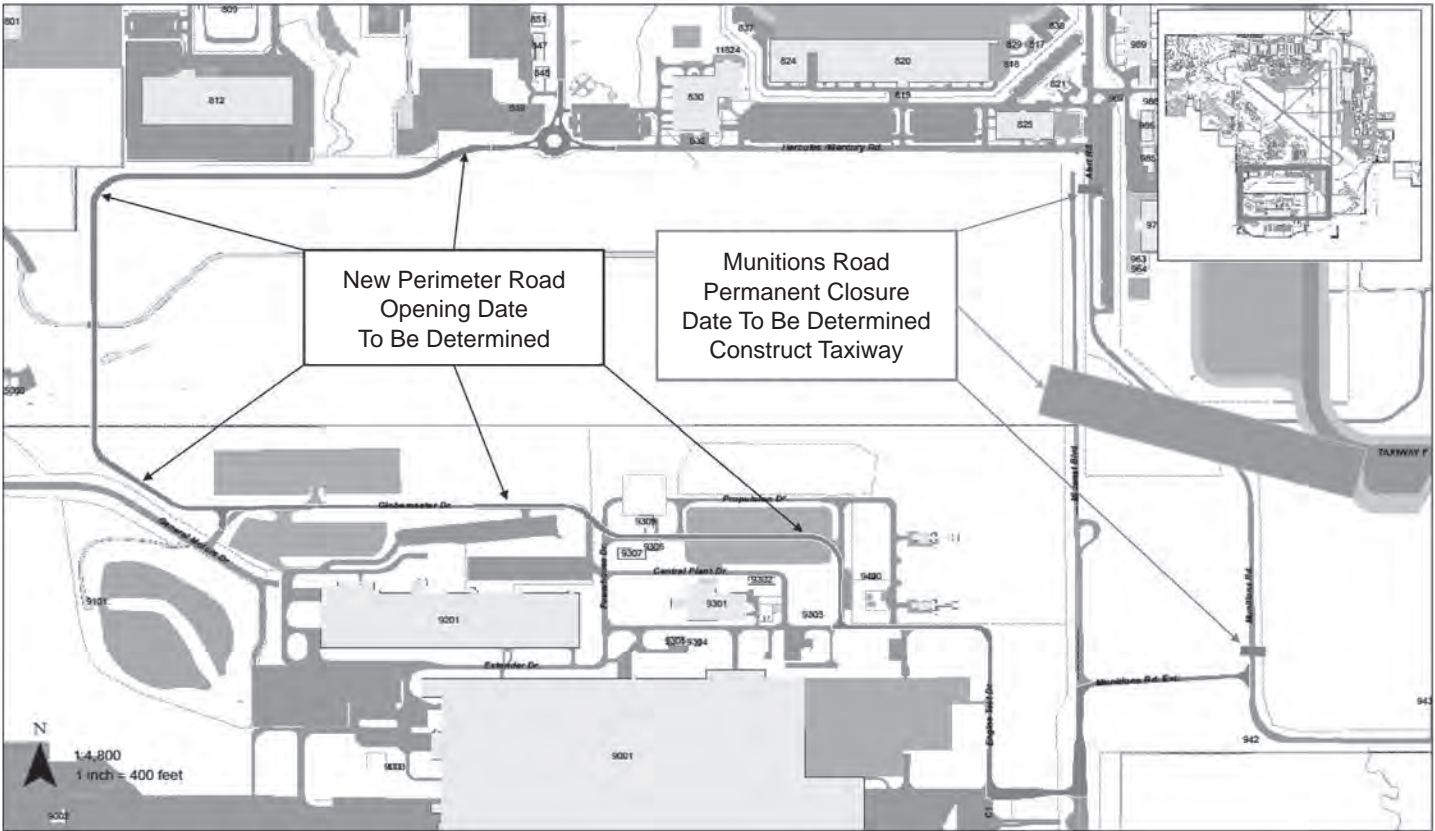
Permanent Road Closure: Munitions Rd. between Mercury Rd. and Munitions Rd. Ext (TAC Entrance) on a date to be determined for contractor to construct new taxiway from the flightline to the KC46A area. New

Perimeter Rd. from the roundabout going west then south and around through TAC and back to Munitions Rd. will open for traffic on a date to be determined. **Lane/Road Closure:** East Dr. from Bradley to Turbine Dr. to be done in 3 Phases. **Phase 1** until Sept. 4 at 6 a.m. (Phase 1 will include a

lane closure for the west half of East Dr. between Bradley & Entrance Rd. “A” and northwest corner of intersection.) **Phase 2** on Sept. 4 from 6 a.m. to Jan. 18, 2018 at 6 a.m. (Phase 2 will include a lane closure for east half of East Dr. between Bradley & Entrance Rd. “A” and northeast corner of intersection. Two-way traffic will be maintained through Phases 1 & 2.) **Phase 3** on Jan. 18 from 6 a.m. to March 18 at 6 a.m. (Phase 3 will include a road closure of East Dr. between Entrance Rd. “A” and Turbine & south half of intersection - There will be a detour around Bldg. 3705 during Phase 3 to allow the contractor to per-

form a full depth repair and replacement of roadway in 3 phases. **Revised Road/Lane Closure:** Arnold Ave from “A” to “F” in 7 Phases - Phase 1 until June 7 at 4 p.m., Phase 2 on June 7 from 6 a.m. until July 22 at 4 p.m., Phase 3 on July 22 from 6 a.m. until Sept. 2 at 4 p.m., Phase 4 on Sept. 2 from 6 a.m. until Nov. 2 at 4 p.m., Phase 5 on Nov. 2 from 6 a.m. until Jan. 2 at 4 p.m., Phase 6 on Jan. 2 from 6 a.m. until Jan. 23 at 4 p.m., Phase 7 on Jan. 23 2018 from 6 a.m. until Feb. 7 at 4 p.m. for contractor to perform a full depth repair and replacement of roadway in 7 Phases. Detours will be posted during each phase. **Road Closure:** “H” Ave. between south parking entrance to Bldg. 477 & Sentry Rd. until tomorrow at 5 p.m. for contractor to trench across “H” Ave to install new sanitary line. **Revised Bridge Closure:** Bridge on Cook Ave. between Rawlings Ave. and Mitchell Ave. was revised to be closed until Sept. 15 at 5 p.m. to allow repair of the concrete spillway at the bridge.

Permanent road closure, Munitions Rd.



CONFIRMED UTILITY OUTAGES

Electrical Outage: Bldg. 825 postponed again to June 10 from 8 a.m. to 5 p.m. for contractor to tie-in E4 duct bank to existing manhole. **Electrical Outage:** Bldg. 989 (entire facility) postponed to June 3 from 8 a.m. to 11 a.m. for contractor to demo existing feeders to panels L8 & L9 from panel LDP **Local A/C Outage:** Bldg. 3001 (AD-AJ 81 - AD-AJ 86) today from 7 a.m. to tomorrow at 6 a.m. for contractor to connect temporary air supply for 6L AHU.

Death announcement

It is with deep regret that we announce the untimely demise of Senior Airman Kamau L. Fort, 552nd Maintenance Group, 552nd Air Control Group, Tinker Air Force Base, Okla. Second Lt. Andrew McMahan, 405-737-2447, has been appointed Summary Court Officer. All claims for or against the decedent’s estate must be submitted to the Summary Court Officer for resolution.



Tinker Air Force Base is a NO DRONE ZONE

Got Innovation?

Then sign up for the AFRL Commander’s Challenge to solve an urgent warfighter need. Work in a rapid prototyping environment to develop a system for precision supply delivery to remote/austere locations. Reward for the most innovative solution. Open to all Junior Workforce (less than 10 years experience). Travel expenses for final competition paid for by AFRL.

- **Sign up before 31 May** by sending an email and short resume to:
AFSC.EN.TAFBAFRLCCCHALLENGE@us.af.mil
- Candidates will be selected and notified by 16 June and report to duty by 26 June
- Execution period: July 2017 – Jan 2018
- You may send requests for more info to:
christoper.blackwell@us.af.mil



We Need You

Can You Spare Some Leave?

To donate, call the point of contact. Those needing to make changes to this list must call Kathy Michaelis, VLTP manager, at 736-7365.

Recipient	Point of contact	Recipient	Point of contact	Recipient	Point of contact
Lyndon D. Armour	Frank Lopez, 734-4025 Floyd Lenox, 736-5820	Rickey Harris	David Deal, 582-4158	Whitney Mitchell	Chris Kern-Garcia, 739-7408
Michael Blazer	Benjamin Gunter, 736-3109	Timothy Huff	Aaron Martinez, 736-3678	Julianne McCornack	Rachel Hinson, 582-9849
Sharon Blethen	DonnaMarie Stitham, 734-7940	Michael Imotichey	Charles Nachbor, 582-4069	Truc Nguyen	Alan Winston, 455-3619
Sandy Boyle	Kevin Miller, 734-8804	Khary Irvan	David Hansen, 734-4886	My Vo Oden	Lonniell Bolton, 734-3218
Delma Braddy	Brenda Bluhm, 409-6507	Shawmarie James	Johanna Humphrey, 734-9071	Blessing Plump	Angel Penman, 734-4530
Mendel Brewer	Gary Klemann, 582-4578	Zachary Janway	Hershel, Green, 739-4464	Crystal Potter	Lisa Baker, 739-2932
Ford Buchanan	John Neely, 736-5467	David Jones	Wesley Durant, 736-4445	Rickey Prince	Chris Ward, 582-4676
Richard Burnham	Lorenza Smith, 582-4070	Rhonda Jones	Linda Gardner, 736-7576	Tim Replogle	David Morris, 582-4158
Cynthia Carpenter	Casey Burwell, 736-2545	Nisha Justus	Jane Deviney, 736-4237	Hallie Schroder	Craig Smith, 361-8591
Jimmy Clymer	Travis Roye	Randall Kenyon	Jonathan Brown, 582-4679	Amanda Sieler	Crystal Johnson, 622-7772
David Delsigne	Clark Nail, 582-4712	Chancy Lambert	John Huntsman, 736-5345	Jerry Sloan	Linda Woods-Miller, 736-2546
Dorothy Dobbs	Dale Michaelis, 736-2979	Robin Lantz	Lisa Baker, 739-2932	Kaleena Sneed	Mark Van der Veer, 736-7083
Chassity Folsom	Brett LaRoche, 622-7847	James Thien Le	James Robinson, 734-6344	Michael Stephens	Phillip Wilkins, 739-9909
Terlyn Harkey-Murphy	Capt. Acosta, 582-6023	Louie Le	Georgia Wooten, 582-4472	Jimmy Stiger	DonnaMarie Burr, 739-7435
Angela Harris	Jean-Claude Clicquot, 831-0603	Byron Lisenbee	MSgt Hudson, 739-4385	Sarah Streets	Shelly Young, 734-2493
		Shelby Mancello	Ronald Hobbs, 739-5329	Kristi Strickland	1st Lt. Raelyn Bates, 582-6338

Outside Agency Listing
(POC for all: Kathy Michaelis, 736-7365)

Tiffany Mauldin, Vance AFB, OK

Pamela Barber, AFLCMC/WWMF

"We Will Build On Your Land Or Ours"

SWM & Sons, Inc.
Building Quality Custom Homes Since 1982

FURNISHED MODEL
OPEN SAT. & SUN. 1 P.M.-5:30 P.M.
½ MILE EAST OF HIWASSEE ON E. RENO

Re-roofing

Some Remodeling!

52 Castle Gate Dr. 2452 sq. ft. mol

We have great home for sale

2420 FOREST GLEN DRIVE
3424 sq.ft. mol.
In the Forest Glen Addition. Located ½ bk. North of S.E. 29th on Hiwassee. 3 beds, 2 full & 2 half baths, 2 dining, 1 living, media room, study, walk-in pantry, 4 car garage & Choctaw Schools. \$453,000.

3912 ELLA CLAIRE COURT
2714 sq. ft. mol.
4 beds, 3 baths, 2 dining, 1 living, game/media room, walk-in-pantry, granite kitchen counter tops, His & hers master closets & 3 car garage. Carl Albert Schools. \$379,900.

58 QUAIL HOLLOW
3340 sq. ft. mol.
In the Quail Hollow Addition located ¼ mile East of Anderson Rd. on Reno. 3 beds, 3 baths, 2 dining, 1 living, game room, study, huge pantry, 4 car garage, Choctaw Schools.

14025 S.E. 37TH
3118 sq. ft. mol.
In the Les Chateaux Addition located ½ mile South of S.E. 29th on Henney Rd. 3 beds, 2 full & 2 ½ baths, 2 dining, 1 living, media room, walk-in-pantry & 4 car garage. Choctaw Schools. \$445,900.

(405) 733-1169 – OFFICE • 14400 S.E. 29th, Choctaw • (405) 919-5248 – CELL
www.swmbuilders.com

"We've got your Back!"

- Therapeutic massage on each visit
- Automobile & Work Injuries Paid 100% by insurance
- Headaches
- Same Day Treatment
- Back/Neck Pain
- Carpal Tunnel
- Full Spine Adjustments
- Friendly female therapists
- Decompression Traction for Disc Bulges
- Myofascial Release
- Exercise Rehabilitation
- No cost to you consultation

Abel Chiropractic Care
8827 E. Reno Avenue, Suite 201, Midwest City 405.732.7700
www.abelchiropractic.com

THE JOB IS THE BOSS.

If you're not building something you believe in, you're just punching the clock. And that doesn't cut it. Not here - where the job is the boss.

Building smart in Oklahoma City since 2004.

128 E. Main Street
Suite 101
Norman, OK 73069
Phone: 405-470-4959

KORTE
build smart.™

korteco.com/okc



Summer Fun in Midwest City

MOMMY AND SON LUAU
RENO SWIM AND SLIDE
JUNE 9 | 7:30 - 9:30 P.M.

This private pool party is for mommies and sons
ages 3-14 years old. Enjoy swimming, limbo
and big splash contests!
\$5 ticket price includes food and drink!

MADE IN OKLAHOMA FEST
SHERATON MIDWEST CITY HOTEL AT THE
REED CONFERENCE CENTER
JUNE 17 | 10 A.M. - 6 P.M.

Enjoy a variety of Made in Oklahoma artists and
retailers, live music from Oklahoma bands,
Mother Road Car Show, food trucks and more!
Free and open to the public.

SPLASH N' DASH
RENO SWIM AND SLIDE
AUGUST 25 | 5:30 P.M.

Fun run and swim to provide an opportunity
for kids to explore the world of multisport.
Free and open to boys and girls ages 7-12.

MIDWEST SUMMER FEST
CHARLES J. JOHNSON CENTRAL PARK
JUNE 2, JULY 7, AUGUST 4 AND SEPTEMBER 8
6:30 - 11:30 P.M.

Enjoy live entertainment, exciting yard games,
movies in the park, food trucks and more!
Free and open to the public.

TINKER INTER-TRIBAL COUNCIL POW WOW
JOE B. BARNES REGIONAL PARK
JUNE 10 | 1 P.M.

Experience this vibrant and fascinating culture
through Native American traditional dance,
singing, art, jewelry, food and a children's tent.
Free and open to the public.

TRIBUTE TO LIBERTY
JOE B. BARNES REGIONAL PARK
JULY 4 | 6 - 10 P.M.

Celebrate our nation's independence with Dr. Irv
Wagner's Concert Band, food trucks and
breathtaking fireworks choreographed to
popular patriotic music.
Free and open to the public.

RENO SWIM AND SLIDE
OPEN MAY 27 - SEPTEMBER 4
MONDAY - SATURDAY 11 A.M. - 7 P.M., SUNDAY 1 - 7 P.M.
HOLIDAYS 1 - 6 P.M.

Admission prices: 5 years and younger \$3
6 - 54 years \$6 | 55 years and over \$3
Season Splash Pass \$45
Birthday party and private pool rentals available.

MIDWESTCITYOK.ORG | (405) 739-1293

City of Midwest City Parks and Recreation Department | 100 N. Midwest Blvd. | Midwest City, Oklahoma



COMPREHENSIVE AIRMAN FITNESS



Monthly

Section A

Thursday, May 25, 2017

Jessica Cox: 'Thinking outside the shoe'



Air Force photo by Kelly White

Above, 72nd Air Base Wing Commander Col. Kenyon Bell gives Jessica Cox, a motivational speaker born with no arms, a "foot five," her version of a handshake. Cox, the first person to fly an unmodified aircraft with her feet, presented an inspirational speech on how to "think outside the shoe" during two sessions at the Tinker Club May 11.

Jillian Coleman
Staff Writer

Combing your hair, washing your face, getting dressed or even keeping your balance. Surfing, obtaining a black belt in tae kwon do and scuba diving. All are things we utilize, even "require," two arms and two hands for. To an ordinary individual, that's the norm, that's what we know.

For Jessica Cox, her normal has never been the same as everyone else's. Born without arms, Cox has never known life with the same limbs as her classmates, friends or colleagues. But, with a hunger and passion for life, she overcame substantive fears and challenges, determined to live out all of her biggest dreams. She learned how to drink from a glass, unwrap birthday presents and color with crayons just like everyone else – achieving the same goal in a different way.

"When I was on the playground as a little girl, I felt held back from what I wanted to do," she explained. "I wanted to climb up the 12-foot slide or swing across the monkey bars like all the other kids, but I was prevented from doing those things for fear of hurting myself. So, instead I found myself sitting on the swings. I would

close my eyes and envisioned flying high above everyone else."

Unknowingly, that planted a seed to become the first person to pilot an unmodified airplane with just her feet, subsequently earning a medal from the Guinness World Records.

The journey of obtaining her pilot's license was, of course, not easy, as she learned to accomplish the most basic things most pilots don't have to think about. "How do I put on the headset? How do I figure out this four-point harness?" The challenge took her, again, back to that time in grade school when all of the other kids were learning and doing things with their hands that Cox would learn to do with her feet.

Recalling the lesson of tying her shoelaces, Cox learned to perform the same "bunny ears" method demonstrated by her kindergarten teacher. However, rather than learning with her fingers, Cox learned the same exact method with her toes. After a couple thousand tries, the pilot applies the same kind of strategy of "thinking outside the shoe" to every obstacle she meets. Learning the importance of thinking outside the shoe has been a key approach to almost everything she's accomplished, including her flight training.

"Creativity requires the courage to let go of the certainty," Cox said. "I learned early on that I wasn't going to do things the same way, so I had to channel creativity, ingenuity, and know the importance of having the desire to do it."

In pursuit of her pilot's license, Ms. Cox – who flies privately – needed to obtain her driver's license first. Considering the experience to be one of physical and emotional exhaustion, Cox drove a modified vehicle before her instructor saw that she drove better with an unmodified vehicle. After going through hoops, the pilot finally earned her license, garnering an unparalleled resilience in the process.

Speaking to an audience at the Tinker Club, Ms. Cox then told the story of her 11 years wearing prosthetic arms. Though "easier to blend in," the prosthetics seemed to serve

See Cox page 2a.

Security Forces slides by Supply Chain in playoffs

Jillian Coleman
Staff Writer

The 72nd Security Forces Squadron narrowly took out the 423rd Supply Chain Management Squadron, 6-3, in their quarterfinals faceoff May 16.

With the first possession of the game, SCMS managed to make it 10 yards downfield before being forced to punt. SFS quarterback Eric Huston had back-to-back gains, running 5 and 3 yards, respectively. Earning another first down, Five-O's Joshua Washington caught back-to-back passes, showing off a successful series of plays to its opponent.

An offside on the defense resulted in another first down for Five-O, churning down the field somewhat effortlessly. A yard or two each play put them in scoring position entering the second quarter. Huston snuck a few yards in on first down and goal, but SFS would not see points on the board

just yet, as the Suppliers intercepted Huston's end-zone pass.

With a little rhythm, SCMS had a successful 10-yard gain, resulting in another first down. Short-lived, their possession was squandered after a quarterback sack, forcing a turnover. After a flick of a lateral pass, Huston launched the football down the field, into the arms of Washington. A couple more yards by Huston put the Defenders yet again in scoring position. Washington caught a one-handed pass stretching out just inside the back side of the end zone, which would be featured in a "Tinker Top 10," should those exist. With no extra point, SFS took the only lead, 6-0.

There wasn't much excitement after halftime, as high winds kept most passes from connecting. In a game with quite a few sacks and interceptions, SFS squeaked by to make it to the next week of play. SCMS managed a field goal, keeping it from a shutout.

Cox continued from page 1a

as more of a hindrance. "I wanted to be the person I was created to be, no one else."

Describing the situation initially as fearful, the pilot explained her personal acronym for the word "fear" – False Evidence Appearing Real.

"We create our own fear. Completely. If we create it, we can destroy it," she said. "To quote Eleanor Roosevelt, 'Identify your greatest fear and walk directly at it.'"

Her incredible story of resilience has inspired and encouraged many, including 8-year-old Kate-lynn Parker, who was in attendance. Parker, who was born without one of her hands, came with her grandmother Regina Houze, a program manager for the F-100 engine program.

"Creativity requires the courage to let go of the certainty."

— Jessica Cox

"Everyone always asks me why I only have one hand, but I just tell them I was born that way, nothing happened to me," the Cox protégé said. Parker can draw well and jump rope, but she's still working on tying her shoes.

"Her encounter with [Cox] showed her that she can really do anything she sets her mind to," Houze said.

Cox professed that our greatest fears are not that we're inadequate, but rather that we are powerful beyond measure.

"I wish for you to have that burning desire, endless persistence and unconquerable fearlessness," she said. "And remember to think outside the shoe when things get tough."

TINKER GOLF CLUB PRESENTS:

Memorial Day TOURNAMENT

May 27-29

DAY 1 & 2 WILL FEATURE 9 HOLES SCRAMBLED AND 9 HOLES MODIFIED ALTERNATE SHOT. DAY 3 WILL FINISH WITH 18 HOLES OF TEAM BEST BALL. COST IS \$40 PER PLAYER.

REGISTRATION ENDS AT NOON ON MAY 26.

405.734.2909
tinkerliving.com/golf

FSS

Military Retiree News

Retired Chief Master Sgt. Lorraine Caddy
Retiree Activities Office Director

Spring has sprung, with the usual exciting weather. We hope all of you and your homes have endured.

The Tinker AFB Star Spangled Salute Air Show has been wonderfully completed and now we turn our attention to planning the next Retiree Day activities at Tinker. Our planning committee will be starting work in early June to establish a date for the early part of November. Please plan on attending and meeting with other veterans. As soon as a date is determined, we will notify our retirees. If you would like to be added to our retiree notification list, send an email to lorraine.caddy@us.af.mil. We do not share that list with anyone – I personally closely manage it.

Our next monthly meeting for the retired volunteers will be at the Tinker Club, June 1 at 11:30 a.m. You are welcome to attend and meet our group. As retirees, we must remember to support the Base Exchange, Commissary, Tinker Club and other resources on the base so as not to lose these services.

You can access the most recent retiree newsletter "The Afterburner" online at www.retirees.af.mil. If you have any questions contact our office at 739-2795, Monday through Friday, 9 a.m. to 3 p.m., we will do our best to assist you.

Money really matters at Tinker Youth Center

John Parker
Staff Writer

Lots of parents wish schools would teach their kids money basics: how to spend it wisely, budgeting, the difference between a want and a need.

While not technically a school, the Tinker Youth Center got an award for doing just that.

The Oklahoma Boys & Girls Club Area Council gave the center a 2017 program honor award for its “Money Matters: Make it Count” classes and activities.

Brendan Facey has been teaching the 12-week program since March. He is a youth programs intern with the 72nd Force Support Squadron under the Palace Acquire hiring initiative.

Facey began working with the youth center in September. He has a degree in exercise science that included multiple hours of coursework in childhood education and a minor in sports leadership.

Money Matters involves informal classes, a stock buying-and-picking simulation and ways to earn “money” for it by participating in events ranging from running laps to games. The ultimate incentive to play and learn is that children aged 10 to 18 can spend their money on chances to win donated gift cards in various amounts.

Facey said the competitive nature of the program excites the youth and increases their participation in all of the center’s varied activities.

“A lot of these kids get pretty competitive and it has helped with our numbers in general,” he said. “They want to get their money up, and at the end, whoever who has the most money, they’ll pay for a share, but it’s like a raffle ticket.

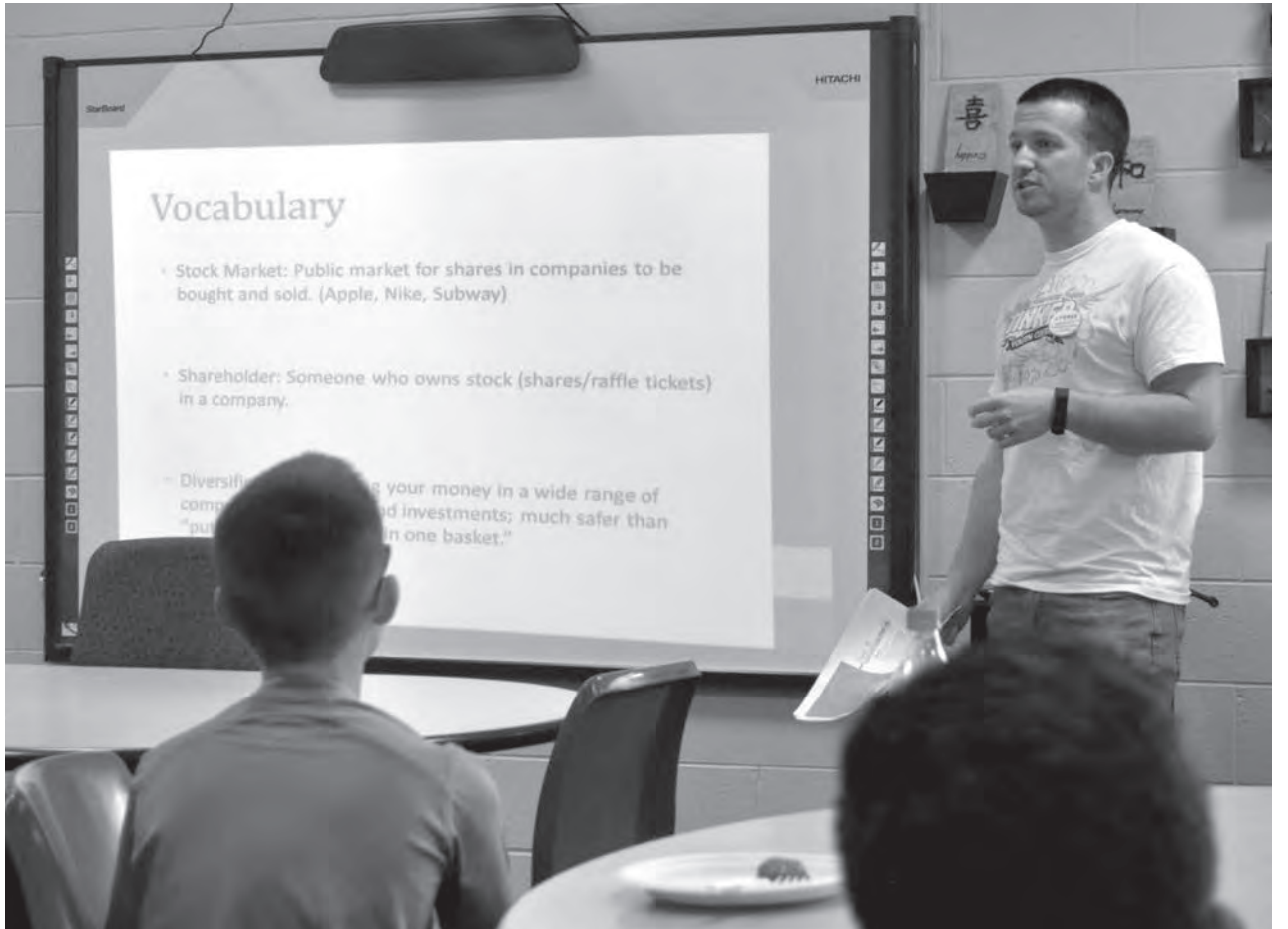
“We have different share prices for each prize, so if they have \$60 they can go for one share of a \$60 prize, or three shares of a \$20 prize,” he said. “This helps in decision making. In real life you have to learn the best ways to spend or save your money.”

The program covers financial topics that include saving and investing, credit and debt, planning for college and entrepreneurship.

A recent afternoon class lured in about 15 kids with the incentive of a tray of warm orange chicken bites and earning “money” for joining in. The students filled three large round tables for the lesson from “Mister B.”

The lesson was called “Investing 101.” Each table had to decide whether one of six questions was a myth or a fact. The first one asked whether people can only purchase a minimum of 100 shares of a NASDAQ stock.

“So here comes the answer,” Facey said. “Myth. So you do not have to get 100 shares. You can pur-



Air Force photo by John Parker

Brendan Facey teaches a room of Tinker Youth Center participants recently on “Investing 101,” part of the “Money Matters: Making it Count” education program. “We have something for everybody here, which is what’s so special about our programs,” Facey said. “And we have a very innovative staff that is always trying to see what these kids like. We want to make sure they get the most out of our programs.”

“The 18-year-olds have a better understanding of how finances work, compared to the 11- and 10-year-olds. We have to try to keep it in between so that everyone can get a good idea of how it works.”

— Brendan Facey

chase a single share as long as you’ve saved up enough money to meet your budget for necessary expenses and have a good long-term plan in place. You can invest in just one share, but be aware that there may be transaction fees that make it more effective to buy more than one share at one time.”

Facey said the center’s youths love the program and he enjoys teaching it.

“The 18-year-olds have a better understanding of how finances work, compared to the 11- and 10-year-

olds. We have to try to keep it in between so that everyone can get a good idea of how it works.”

Program Coordinator Melissa Benson said Facey has done a great job inspiring the kids.

“Basically, it’s getting the knowledge out to the youth about what it’s like in the real world and how to save money versus spending it. So much nowadays, rather than keeping it in their pocket, they’re more apt to spend it. We want to get them thinking about the long term.”



Tinker’s Oklahoma Department of Veterans Affairs Schedule

The Oklahoma Department of Veterans Affairs has expanded service locations at Tinker to better serve veterans.

Tinker’s ODVA location schedules:

Mondays: 8:30 a.m. to 3:30 p.m. at Bldg. 1, Door 7, Room 147

Tuesdays: 8:30 a.m. to 3 p.m. at Bldg. 3001, Post 1AG & 71A/Strategic Planning Division

Wednesdays: 8:30 a.m. to 3:30 p.m. at Bldg. 9001, Post M 45

Thursdays: 8:30 a.m. to 3:30 p.m. at Bldg. 1, Door 7, Room 147

Military payday Fridays: 8:30 a.m. to 3:30 p.m. at BX Mall

Non-military payday Fridays: 8:30 a.m. to 12 p.m. at Bldg. 3001, Post 1AG & 71A/Strategic Planning Division; and 12:30 p.m. to 3:30 p.m. at Bldg. 1, Door 7, Room 147

For more information about the documents needed to support claims and to schedule an appointment, contact Tinker’s ODVA Veteran Service Representative Patrick Martin (retired Air Force) at 918-351-9428 weekdays.

Exchange News

• **Exchange Patriot Pet contest puts \$3,000 in gift cards up for grabs**

Army & Air Force Exchange Service shoppers have the chance to get their paws on \$3,000 in Exchange gift cards during the Patriot Pet photo contest.

Through June 1, Exchange shoppers worldwide can submit a cute, creative photo of their pet at shopmyexchange.com/sweepstakes. One grand prize winner will receive a \$1,000 Exchange gift card. Two second place winners will receive a \$500 gift card, and four third place winners will receive a \$250 Exchange gift card.

Authorized shoppers 18 and up may enter the Patriot Pet Photo contest at shopmyexchange.com/sweepstakes. No purchase is necessary to enter or win. Winners will be drawn on or about June 9.

• **Exchange offers shoppers chance to win a Yeti cooler, tumbler combo**

The Army & Air Force Exchange Service will give Exchange shoppers the chance to party like a Yeti and win \$7,500 in prizes during the Memorial Day Pepsi & Tostitos Sweepstakes.

Through June 2, Exchange shoppers in the continental United States will have the chance to win one of 25 Yeti Roadie cooler and 20-ounce tumbler combos. Shoppers outside of the continental United States can enter to win a \$300 gift card.

Authorized shoppers 18 and up may enter the Memorial Day Pepsi & Tostitos Sweepstakes at shopmyexchange.com/sweepstakes. No purchase is necessary to enter or win. Winners will be drawn on or about June 9.

• **Shop my Exchange sweepstakes**

Effective June 1-30, Exchange customers have the opportunity to enter the M&M's World sweepstakes for a chance to win a trip for two to one of the M&M's Worlds. Enter via ShopMyExchange.com/sweepstakes

Effective through June 30, Exchange customers have the opportunity to enter the Foster Grant Ironman 2017 sweepstakes for a chance to win a trip for 2 to Hawaii for the Iron Man competition. Enter via ShopMyExchange.com/sweepstakes

• **Military Star card promotions**

– Memorial Day furniture 0 percent promotion, through June 1. Receive 18 months no interest or payments on Ashley and/or Serta purchases of \$1,299 or more with Military Star card. Customers can also save up to 20 percent on all Ashley purchases. Ashley brands include Benchcraft, Sierra Sleep and Signature Design by Ashley.

– Samsung Appliances 0 percent promotion, through June 1. Receive 12 months no interest or payments on Samsung major appliance purchases of \$599 or more with Military Star card. Excludes electronics and smartphones.

– Memorial Day Outdoor Living 0 percent promotion, through June 1. Receive 6 months no interest or payments on outdoor living purchases of \$299 or more with Military Star Card. Limited to grills, patio furniture, outdoor storage, lawn, garden and pool products.

– Whirlpool/Maytag/Amana 0 percent promotion, May 26-June 1. Receive 12 months no interest or payments on Whirlpool, Maytag and/or Amana appliance purchases of \$599 or more with Military Star card.

Tinker Helping Agencies For Civilians

Suicide Prevention - Lifeline	1-800-273-8255
Airman and Family Readiness.....	739-2747
Base Chapel	734-2111
Employee Assistance Program.....	1-800-222-0364
Equal Opportunity Office	739-7889
Family Advocacy.....	582-6604
Health and Wellness Center	734-6575
Community Support Coordinator	736-3215
Command Post.....	739-2171
Security Forces.....	734-3737
Sexual Assault 24-hour line	734-7272
211 Directory (Non-Profit Agencies)	211
YWCA (Abuse Services).....	917-9922
Civilian Health Promotion Services	582-6817
AFMC Wellness Support Center	www.afmcwellness.com

For Military

ADAPT.....	582-6605
Airman and Family Readiness.....	739-2747
Base Chapel	734-2111
Equal Opportunity Office	739-7889
Family Advocacy.....	582-6604
Mental Health	582-6603
Military Family Life Counselors.....	432-6311
Command Post.....	739-2171
Security Forces.....	734-3737
Sexual Assault 24-hour line	734-7272
Domestic Abuse Hotline and Services.....	256-2825

Civilians - Simplify Your Life

Call Toll-Free for Expert Guidance

No matter what life brings, our experts can help you understand your options.

Get Personalized Matches

Specialists will help you find child care, senior care, fitness centers, schools, adoption resources, home improvement, pet care and much more – **all with confirmed availability.**

Request Free Educational Materials

Read up-to-date info on child care, parenting, pregnancy, adoption, elder care, fitness, weight loss, budgeting, relocation, college, pet care, balancing home/work life, and much more.

Online Tools and Info

Access online tips and tools including articles, webinars, moderated discussion groups, educational guides and more.

1-800-222-0364

<https://Worklife4You.com/index.html>

Click on “Start Now” and enter the Registration Code: AFMC

“I was anxious to find a new nursing home for my father. WorkLife4You allowed me to focus on the nursing homes that met his needs. The program helped alleviate my anxiety, plus it saved me a lot of time.” – Federal Employee



Join the Movement

Tinker Health and Wellness Center

Most people don't use tobacco. This is true when you look at the world, then the U.S. and even drill down to the military. Even though sometimes it might seem as if most of your peers are smoking, in reality less than a quarter of the military smokes cigarettes. There is a common fear among tobacco users that when you quit, you may lose a few of your friends or social activities. But according to research, you'll gain new, tobacco-free friends. So, what are you waiting for?

It's time to quit tobacco and grow your network. You have nothing to lose and everything to gain, including: new friends, more money in your bank account, and better health (immediately and long term). Quit Tobacco — UcanQuit2.org has tools to get you started. On May 31 – World No Tobacco Day — start living your tobacco-free life and use

the text message support program to help you quit for good.

SmokefreeMIL is specifically for service members trying to quit tobacco. No matter where you are, as long as you have a cell phone, SmokefreeMIL is there with encouraging words and tips to help you beat that nicotine addiction for good.

On World No Tobacco Day, quit tobacco and know you are quitting with people all around the world. You'll have even more support with the help of SmokefreeMIL.

For local resources including tobacco treatment individual and group consults, contact Health Promotion at 734-5506 or Laura.Crowder.1@us.af.mil.

It's time to get the help you need and live the life you want! Join the tobacco-free movement. Set your quit date on May 31, World No Tobacco Day by texting MIL to 47848.

JOIN THE MOVEMENT

World No Tobacco Day • May 31, 2017

I THREW AWAY MY
**ASHTRAYS,
LIGHTERS AND
CIGARETTES**
AND NEVER LOOKED BACK.

TODAY'S
THE DAY. THIRD
TIME'S THE CHARM.

More than six billion people around the world are living tobacco-free lives. Get support, advice and tips on how to quit and stay quit by texting **MIL** to **47848**.



QUIT TOBACCO
UcanQuit2.org



Wingman Intervention Promotion

The Air Force Materiel Command Wingman Intervention Promotion is designed to capture, acknowledge and highlight real-life instances of Airmen taking action to keep themselves and their Wingmen safe. Each month, the Tinker Take Off highlights Airmen on base who have been "That Airman."

Tinker's Wingman Intervention Program wants to hear about everyone who is being "That Airman," not just at-risk behaviors. Send stories to Karen Blackwell at karen.blackwell@us.af.mil in the above format. Also, a Wingman Coin is available for commanders to give to "That Airman."

Be That Airman!

- Don't leave your Wingman alone
- Make a positive hand-off to commander, helping agency, director or supervisor

My Wingman is: _____

Phone Number: _____

Supervisor: _____

WHO'S YOUR WINGMAN?

"Promote An
Environment
of Respect
and
Resilience"

Don't drink and drive



If you need a ride, call Airmen Against Drunk Driving at 820-4444

Tinker Calendar Recurring Events

Above the Belt Class: Every Monday, 11:30 a.m. to 12 p.m. This free class works on tone, sculpt, and building strong lean muscles. A variety of equipment will be used including your own body resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

AB-Tastic: Every Monday, 3:30 to 4 p.m. This free class is the perfect core strengthening solution. Use your bodyweight and a variety of equipment to build a strong core. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Active Parenting of Teens Class: Learn how to establish mutual respect and cooperation, decrease power struggles and mold values. Parents will also find out how to help their children make positive choices in life to prevent risky behavior, as well as how to guide them to develop skills and character they need as they gain independence. For details, call 582-6604.

Baby Basics Class: This four-session class is for new and expectant parents. Topics include infant health care, labor and delivery, coping with crying, "How to Budget for a Baby," baby/child safety, breastfeeding, infant nutrition, bathing and swaddling your baby, post-partum depression and a special break-out session for dads. For more details, call 582-6604.

Basic Auto Maintenance: Thursdays, 3:45 p.m. The Basic Auto Maintenance Course is required to be certified at Tinker Auto Hobby. Individual times can be arranged as necessary. Information: Auto Hobby, Bldg. 6002, 734-5616.

Beginning Crochet: Every Tuesday, 11:30 a.m. to 12:30 p.m. and Every Thursday, 4 p.m. to 5 p.m. Come learn the basics of crochet. Each student will be given one on one instruction. Cost of the class is \$20 per person. Information: Tinker Arts & Crafts, Bldg. 478, 734-5615.

Better Body. Better Life. This eight-week healthy eating/weight management program meets once per week for 1 hour. BBBL is designed to help individuals seeking to lose and maintain their weight and enjoy an overall healthy lifestyle. Participants will identify personal goals, understand behavior change, and gain knowledge on nutrition while working to achieve their personal goals. Minimum of 6 classes must be completed to receive a Form 108 certificate.

Bootcamp Fitness: Every Monday, 6:15 to 7:15 a.m. This adrenaline-pumping cardio and strength session couples plyometrics with high volume resistance training for an aerobic workout to challenge any fitness level. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

BodPod Assessment Appointments: The BodPod is the premier system for measuring body fat and lean mass using air displacement technology. Testing will not be permitted without the appropriate attire. Appointments are 30 minutes. Visit <https://org.eis.afmc.af.mil/sites/72MDG/BodPod/default.aspx> to schedule an appointment.

Cardio Sculpt: Every Tuesday, 4:15 to 5 p.m. This free

See more recurring events on page 7a.

AT YOUR SERVICE

Progressive
DENTAL CARE



Family Dentistry, Implants,
Crowns/Bridges,
Invisalign, Nightguards,
Emergency Dentistry

Dr. Matthew McReynolds, DDS

New Patients Welcome!
CALL TODAY FOR AN APPOINTMENT

Mon to Fri / 8am - 5pm
Walk-ins are also welcome
405-632-5561
8283 S Walker Ave # A,
Oklahoma City, OK 73139
www.progressivedentalokc.com




John L. Stark Dentistry
We create your smile with style

General Dentistry
Preventative Care
Most Insurances Accepted


**Healthy Teeth,
Healthy Smile,
Healthy You!**

2816 Parklawn Drive. Midwest City OK, 73110
www.DrJohnStark.com



TAX TIP:

A taxpayer, filing single, owes no tax on the first \$250,000 of profit for the sale of a home owned and lived in for 2 of the last 5 years. A married couple owes no taxes on the first \$500,000 of profit for the same time period.



**LIBERTY
TAX
SERVICE**

Del City 4833 SE 29th St. (405) 595.2478
Norman 2274 W. Main St. (405) 321.0829
Norman 115 12 Ave SE Suite 100 (405) 329.5800
Moore 1412 N. Eastern (405) 395-4838
WWW.LIBERTYTAX.COM

Place your ad in

AT YOUR SERVICE

Promote what your business offers for military personnel, civilian employees and their families. Your service can be marketed to Tinker Take Off readers who are looking for great services to try each week!

Call 278-2830 to learn how.

Recurring Events continued from page 6a

class is an infusion of cardio intervals, strength and core training designed to maintain optimal heart rate levels, burn maximum calories, and firm your entire body. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Cholesterol and Glucose Screenings: Free cholesterol and glucose screenings open to all Department of Defense civilians available. Bring an up-to-date Health Risk Assessment from AFMCwellness.com. For details, call CHPS at 582-6817.

Color Pin Day at Tinker Lanes: Every Tuesday, 10 a.m. to 3 p.m. Join Tinker Lanes for Color Pin Day! Make a strike with a color pin in the head position and win 1 free game coupon. Limit 3 per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Communications Basics: Learn how your personality impacts your communication style. For more information, call 582-6604.

Dollar Mondays at Tinker Lanes: Every Monday, All day Monday's are dollar days at Tinker Lanes. That means dollar games and shoes. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Family Day Bowling: Every Saturday, 1 to 5 p.m. The cost is \$30 per lane and includes two hours of bowling. Up to six people are allowed per lane with shoe rentals. Information: Tinker Lanes, Bldg. 5703, 734-3484.

FIT Basic: This eight-week progressive program meets three days a week for 1 hour. This program is designed for military members on a profile and/or recovering from an injury. The program will focus on functional movement and mobility improvement through strength, cardio, core and flexibility conditioning that will be adjusted and based on each individuals profile limitations or area of injury/weaknesses. One day each week will be dedicated to nutrition/behavior modification. Workout attire is required. Example Schedule: Tuesday - Strength Conditioning; Wednesday - Nutrition Education; Thursday - Core/Yoga Stretching.

FIT — Health & Human Performance: This eight-week progressive program that meets 5 days a week Mon-Fri for 1 hour. This program will enhance Active Duty member's human performance through fitness, nutrition and behavior change. Classes include run, strength, core, flexibility, cardio and functional movement conditioning; in addition, one day each week will be dedicated to nutrition/behavior modification. Pre/Post health and fitness assessments conducted. All participants must sign program memorandum prior to the program start date. Members cannot be on a profile. Example Schedule: Monday - Run

Conditioning; Tuesday - Nutrition Education; Wednesday - Strength Training; Thursday - Run Conditioning; Friday - Bootcamp.

Goal Setting: This workshop is designed to help participants establish goal setting habits, remove mental roadblocks and get on the road to achieving goals. For more information, call the Airman and Family Readiness Center at 739-2747.

Group Lifestyle Balance: This lunch class is a 12-week group weight loss program that provides education, coaching, and encouragement to help you create behaviors for a healthier, active life. Classes are free, supportive, interactive, and fun! For more information, call 582-6541.

Health and Happiness: Is being happy something that we can practice and get better at? Can being happy help us be healthier? Come explore the relationship between emotions and health. For more information, call 582-6817.

Healthy Thinking, Anger, Stress (H.A.S.) Class: This four-session class teaches better ways of expressing and reducing feelings of anger. Practice techniques to help deal with stress, and learn how unproductive thinking patterns may have been causing problems in your life. Remind yourself how to create more balance in your life and practice better self-care. For more information, call 582-6604.

Importance of Sleep: Come learn about the health benefits of sleep, tips for getting enough sleep, and when to see a doctor about your sleep concerns. For more information, call CHPS at 582-6817.

Lunch Break Bowling: Every Tuesday through Friday, 10:30 a.m. to 1 p.m. Come in during your lunch break for \$1.50 games. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Lunch Specials at the Tinker Club: 11 a.m. to 1 p.m. Tuesdays through Fridays at the Tinker Club. The club serves up a buffet and a soup and salad bar. Themed lunches are offered on Wednesdays. Themes include Mongolian, Mexican and 'A Taste of Italy' pasta lunch.

Memory Loss: We all misplace our keys, but how can we tell normal forgetfulness from something more serious? We will discuss what affects memory loss, how to reduce the risk of developing memory loss, and tips to remember everyday things like new names or where we left those keys. For information, call CHPS at 582-6817.

Muscle Make-Over Class: Every Thursday, 4:15 to 5 p.m. This free class is a head to toe muscle condition workout to tone, sculpt, and build strong lean muscles.

Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Open Revolving Senior League Bowling: Every Wednesday, 12 p.m. Seniors can bowl three games 9 pin no tap for \$6 per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Overcoming Gym Intimidation: See the benefits of being active, the components of an exercise program and how often to exercise, plus learn ways to overcome gym intimidation and overcoming barriers to being physically active. For more information, call 582-6817.

Panini Thursdays at the Tinker Club: Every Thursday, 11 a.m. to 1 p.m. If you're in the mood for a delicious sandwich made panini style, you're in luck. Stop by every Thursday for some delicious panini favorites. Information: Tinker Club, Bldg. 5603, 405-734-3418.

Performance Run Class: This interactive eight-week program meets 2 days a week for 1 hour. This class is designed to improve running technique and performance. The course will review running fundamentals and will implement a progressive running program. Workout attire and running shoes required.

Personal Goal Setting for a Healthy Lifestyle: In this class we'll discuss health-related goals that people commonly make, how good and bad habits can make or break our success of reaching our goal, and learn several tips and tactics for keeping our goal. For information, call Civilian Health Promotions Services at 582-6817.

Pilates at 3705: Every Wednesday, 11:30 a.m. to 12 p.m. The class is free to all participants. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Pilates at the Gerrity: Every Thursday, 6 to 7 p.m. The Pilates class will be every Tuesday and Thursday starting at 6 p.m. The class is free to all participants. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Portion Distortion: In this Civilian Health Promotions Class, participants will discuss how the amount of food people eat has changed over time, and how eating bigger portion sizes affects their health. For more information, call 582-6817.

Power Pump: Every Monday, Wednesday, & Friday, 9:15 to 10:15 a.m. The Power Pump class is free to all participants and starts at 9:15 a.m. each Mon., Wed., and Fri. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Power to Change Class: Power to Change is a 5-week educational class facilitated by the Tinker Family Advocacy Domestic Abuse Victim Advocate. It is designed to provide domestic violence education in a group setting. Topics include an overview of domestic

See more recurring events on page 8a.

OUT FOR FUN

Place your ad in
OUT FOR FUN
to promote entertainment
options for military personnel,
civilian employees and their
families. Your service or product
can be marketed to the Tinker Take
Off readership for less than a
penny per reader!
Call 278-2830 to learn how.



**NEW WORLD
GAMES & COMICS**

RPG's • CCG's • Paints • Miniatures

4435 S.E. 29th St. • 405.677.2559 • Tom Curtis, Owner

Store Hours: T-Th Noon-6pm • F-Sa Noon-Midnight • Sun 1pm-4pm

Recurring Events continued from page 7a

violence, effects of the violence on self and other family members, coping with the effects, why it is difficult for victims to leave abusive situations, self-esteem, recovery, healthy relationships, healthy boundaries, assertiveness, safety, red flags and more. The class is currently open to females with base access. A men’s class will be offered upon request. Classes are held Wednesday afternoons from 2 to 3:30 p.m. in the Chapel’s Religious Education Bldg. Library. (Alternate class days/times could be available by request.) Call Family Advocacy at 582-6604 to sign up or to request a men’s class.

Pre-Deployment: Every Tuesday, 8 to 10 a.m. and Every Friday, 1 to 3 p.m. The A&FRC provides individual and group briefings to ensure military members and their families have completed necessary preparations for deployment. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Pregnancy Resource Briefing: The information presented in this briefing includes prenatal fitness and nutrition, dental care while pregnant, the New Parent Support Program, TRICARE and community resources. Spouses or partners are encouraged to attend with the expectant mother. For more information or to sign up, call 582-6604.

PREP Class: The Prevention and Relationship Enhancement Program class is for any couple wanting to improve communication, learn problem solving as a team and start having fun together again.

Pre-Separation: Every Wednesday, 1:30 to 4 p.m. This mandatory counseling is to ensure all active duty separating service members have the opportunity to be made aware of the transition services and benefits available to them.

Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Reintegration Briefing: Every Thursday, 8 to 10 a.m. The A&FRC provides group briefings ensuring military members and their families have necessary information for a smooth reunion. Tapes and handouts available for all on tips for a successful reunion. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Résumé Writing Workshop participants will learn valuable information on private industry résumé writing techniques, formats and guidelines, cover letters and more. The second half of the workshop goes into more detail on federal résumés. For more information, call the Airman and Family Readiness Center at 739-2747.

Rhythm Kids/Playgroup: Rhythm Kids offers singing, dancing and parachute play to parents and children under 5 years old. Bring your children for an exuberant experience for both of you. After the active fun of Rhythm Kids, relax and watch the kids play while you make new friends at Playgroup. No sign-ups needed. For more information, call 582-6604.

Senior Day Bowling: Every Wednesday, 10 a.m. to 3 p.m. Wednesday is Senior Day at Tinker Lanes. Seniors 55+ can bowl for \$1.25 a game. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Simple Strategies to Manage Stress: This class will review three stress management techniques (focusing, calming, balanced living practices) so participants leave feeling more empowered to manage their stress. For more information, call CHPS at 582-6817.

Smooth Move: PCSing soon? This is one class you can’t

miss. You will learn how to make your move as smooth as possible whether you are going to the next state or overseas. For more information, call the A&FRC at 739-2747.

Social Hour at the Tinker Club: Every Friday, 4:30 – 5:30 p.m. Social hour is free for all club members and only \$5 for non-members. Includes food and rotating drink specials every Friday. Information: Tinker Club, Bldg. 5603, 734-3418.

Spin Class: Every Tues. & Thurs., 11:30 a.m. and Wed. at 12 p.m. This free class is a fun way to get a great workout in. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Spin–Cycle: Every Monday, 4:10 to 4:50 p.m. This free high energy non-impact workout is guaranteed to raise your heart rate. Follow your instructor on a simulated ride through terrains, hills, and jumps while controlling your own resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Story Time at the Tinker Library: Every Tuesday, 10:30 a.m. Join the fun at the Tinker Library as Mr. Peter reads exciting stories. Information: Tinker Library, Bldg. 5702, 734-2626.

Story Time/Playgroup: Join the group for stories, then relax at Playgroup. For parents and kids under 5 years old. Held at the Balfour Beatty Community Center on the first and third Thursdays. For information, call Family Advocacy at 582-6604.

Strength and Conditioning Class: 11 a.m. to noon Tuesdays and Thursdays at Bldg. 216 Fitness Annex. Come to these free strength and conditioning classes and make a 180 change. For more information and to sign up for the class, call 734-2163.

See more recurring events on page 9a.



1/2 PRICE BURGERS EVERY MONDAY!
* FOR A LIMITED TIME ONLY! GET IT BEFORE ITS GONE!
7525 SE 15th
MIDWEST CITY, OK 73110
(405) 455-6772
www.boomarangdiner.com

EVERY FRIDAY IS FATTY FRIDAY

OUR FULL SIZE FATTY with American cheese, grilled onions and pickles **6.00**

***10% MILITARY DISCOUNT EVERYDAY**

Chibugan
(405)595-2426 *Filipino Cuisine*

• 4728 SE 29TH ST, DEL CITY, OK 73115 •

Promote your business in

Show readers what your culinary business offers for military personnel, civilian employees and their families. Your restaurant can be marketed to Tinker Take Off readers who are looking for great restaurants to try each week!

Call 405-278-2830 to learn how!

Recurring Events

continued from page 8a

Taco Tuesdays at the Tinker Club: Every Tuesday, 11 a.m. to 1 p.m. This is a lunch to ‘taco’ bout with your friends because it’s delicious. Information: Tinker Club, Bldg. 5603, 734-3418.

Taekwondo: Every Tuesday & Thursday, 6 to 7 p.m. Taekwondo provides athletic training with the combination of combat, self-defense, and balance. Classes are available for ages 6 to adult. Family rates are available. Information: Tinker Youth Center, Bldg. 5520, 734-7866.

Tinker Family Orientation: Base in-processing briefings (A&FRC, Commander, Chief, Housing, Education, Legal, IG, EFMP, SLO, EO, Readiness, Safety, Marketing, MFLC, Chapel, etc.) for active duty personnel and families newly assigned to Tinker AFB. For more information, call 739-2747. For Navy members, this is coordinated by the administrative section.

Tobacco Treatment Individual Consults: Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Call 734-5506 to schedule.

Transition GPS: Mandatory course for all separating members of the Armed Forces. Topics include VA Benefits, GI Bill, TRICARE, employment, résumé writing, interview skills, budget and TMO. Spouses encouraged, but must pre-register. For details, call 739-2747.

VA Career Track 2-Day Class: The Career Technical Training Track is designed to assist you in:

- Defining technical career goals
- Identifying required credentials
- Finding career technical training opportunities
- Identifying local Veteran resources
- Utilizing your VA education benefits

Participants must complete the Core GPS program in order to attend this class. For more information, call 739-2747.

Walking for Your Health: The Basics: Come learn the reasons why you should start walking for exercise and some tips for sticking with it. For more information, call CHPS at 582-6817.

Wings & Things Fridays at the Tinker Club: Every Friday, 11 a.m. to 1 p.m. This delicious lunch features a variety of wings along with other things. Information: Tinker Club, Bldg. 5603, 734-3418.

Yoga: Every Tuesday & Thursday, 3 to 4 p.m. The free yoga classes use gentle movements to improve flexibility, balance, strength, and posture. This class may incorporate

basic poses for various yoga styles. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Yoga Flow: Every Tuesday (Intermediate to Advanced Level) and every Thursday (Beginner to Intermediate Level) 3:30 to 4:10 p.m. This free class will get you into the flow with this invigorating style of Vinyasa flow yoga. This class ties postures together with breath and movement, into a flowing combination of strength, flexibility, and balance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Zumba: Every Monday, Wednesday, & Friday, 4 to 5 p.m. With free Zumba fitness classes, you can lose yourself in the music and find yourself in shape. Zumba dance workout classes feature exotic rhythms and high-energy Latin and international beats. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Tinker Chapel Recurring Events

CATHOLIC

For more information, call Jim Black at 734-8158 or the chapel at 734-2111.

Weekend Mass: Saturday at 5 p.m. and Sunday at 9 a.m.

Sunday School: 10:30 a.m. to noon Sundays.

Daily Mass starts at 11:30 a.m. Mondays, Wednesdays and Fridays at the chapel.

Holy Days of Obligation: Mass at 11:30 a.m. and 7 p.m.

Fellowship is held the second weekend of the month after Saturday and Sunday Mass.

Confession is from 3:30 to 4:30 p.m. Saturdays at the chapel or by appointment.

Catholic Women of the Chapel meet at

9 a.m. for fellowship and 9:30 a.m. for business the first Friday of the month.

Religious Education: 10:30 a.m. Sunday in the R.E. Bldg. For more information, call Julie Bierne at 734-2111.

Rite of Christian Initiation for Adults (RCIA): Classes for those interested in coming into communion with the Catholic church are held at 9 a.m. Sundays. For more details, call the chapel at 734-2111.

Rosary Prayer Group: Before Mass at 11 a.m. Mondays, Wednesdays and Fridays.

Ladies Rosary Guild starts at 1 p.m. Thursdays in chapel rooms 1 and 2.

Pre-Baptism Class starts at 12:15 p.m. the last Sunday of the month.

Choir Rehearsals Wednesdays at 6:30 p.m. and 8:30 a.m. Sundays for the 9 a.m. Mass.

Catholic Pastoral Council starts at 12:15 p.m. the first Sunday of every other month.

PROTESTANT

For more information on Protestant events, call Janina Peter at 734-8986.

General Protestant Service: 11 a.m. to noon, with Children’s Church for kids ages 4 years old to fourth graders.

Communion: First Sunday of the month.

Sunday school: 9:30 to 10:30 a.m. Sundays in the R.E. Bldg. Sunday school is available for adults and children of all ages at the chapel. Call Brandi Briscoe at 734-2111 for details.

Wee Church is offered for children 6 months to 3 years during Protestant Bible studies from 6 to 8 p.m. Wednesdays and during Sunday service.

Fellowship Sunday: Third Sunday of the month after the service.

Weekly Fellowship Dinner: Groups meet for fellowship at 6 p.m. Wednesdays. Dinner is provided. All groups, including children’s programs, follow.

Protestant Retirees of the Chapel meet at 5 p.m. every second Sunday at various restaurants. Call 734-2111 for details.

Protestant Women of the Chapel meet for Bible study at 7 p.m. Wednesdays in room 4 and rooms 1 and 2. A children’s program is provided. Call 734-2111 for details.

Tinker Youth of the Chapel is for sixth to 12th graders. Meet for Bible Study Wednesdays in the R.E. Bldg. For details on youth events, call 734-2111.

Protestant Men of the Chapel meet at 7 p.m. Wednesdays in the fellowship hall. For information, call 734-2111.

Protestant Children of the Chapel: Elementary age children meet at 7 p.m. Wednesdays in the R.E. Bldg. For more details, call Brandi Briscoe at 734-2111.

Choir rehearsals are held every Tuesday in the sanctuary. The praise team rehearses at 6 p.m. and the vocal choir rehearses at 7 p.m. Call David Briscoe at 734-2111 for more information.

Protestant Parish Council starts at noon the second Sunday of each month in classrooms 1 and 2.

Baptism - Call the chapel at 734-2111.

ECUMENICAL

Chapel Weddings – Couples wanting to be married at the base chapel must call 734-2111 four months before the wedding. The prospective bride and groom must go through four to six weeks of counseling to be married by a chaplain.

ADVERTISEMENT

WORSHIP DIRECTORY

Featured Church

SOUTHWEST BAPTIST CHURCH

The mission of Southwest Baptist Church is to honor God and help people by going across the street and around the world with the Gospel. Everything we do flows out of that mission. We seek to honor God by participating in meaningful, biblical worship services and engaging Bible classes. We seek to help people through our outreach ministries to our local community and mission efforts around the world.

Independent Baptist



Southwest Baptist Church
1300 SW 54th Street, OKC, OK 73119
Pastor Jason Gaddis
(405) 682-1491
southwestbaptistchurch.com

Sunday School 9:45 am • Morning Worship 10:45 am
Evening Service 6:00 pm
Wednesday Evening Service 7:00 pm

Southern Baptist



First Southern Baptist Church Del City

6400 S. Sooner Road, OKC, OK 73135
405/732.1300 • Firstsouthern.tv
Pastor, Shane Hall

Sunday Worship Times:

Traditional Worship @ 8:30 AM, Modern Worship @ 11:00 AM,
Connection Groups @ 9:45 AM

Southern Baptist



Meadowood Baptist Church

2816 Woodcrest at Reno
Midwest City, OK • 405-737-7684
Bob Rutherford, Pastor
www.meadowoodfellowship.org

Sunday Morning Worship Service: 10:30am
Sun. School: 9:15am; Sun. Evening Focus Groups: 5:45pm
Wednesday Evening Prayer Service and AWANA at 6:00 p.m.

To advertise in the Worship Directory,
call Wendy Duncan at **405-278-2831**.

Lutheran



GOOD SHEPHERD

Lutheran Church • Missouri Synod
700 North Air Depot, Midwest City, OK
405-732-2585

Rev. Ron Simpson

Sunday Worship: 8:00 a.m. & 10:30 a.m.
Bible Study & Sunday School: 9:15 a.m.
www.gslok.org

CLASSIFIED MARKETPLACE

Email to: classifieds@journalrecord.com Fax to: 405.278.6907

Or submit in person at: 101 N. Robinson, OKC OFFICE HOURS: MONDAY - FRIDAY 8:30AM TO 5PM

Display Ad Deadline: Noon, Tuesdays Line Ad Deadline: Noon, Wednesdays

Call 405.278.2835 to place your ad.



PUBLISHER'S NOTICE:

All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preference, limitation or discrimination."

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



www.tinkertakeoff.com

Advertise in the
Tinker Take Off -
call 405.278.2835
today.

SELL YOUR HOUSE

HERE!

CALL 405.278.2835 TODAY

To place an ad
in the Classified
Marketplace,
email

[classifieds@
journalrecord
.com](mailto:classifieds@journalrecord.com)



ONLY YOU CAN PREVENT FOREST FIRES.
www.smokefree.com



Vic loved the great outdoors and was a great dad to both of his children. He had a big heart and dedicated his life to helping others, including becoming a volunteer fire fighter. After his death, his family knew he would still try to help someone to this day if he was able – and he did just that by becoming a tissue donor.

Organ, eye and tissue donation saves lives. Please make your decision to donate life and tell your family. Register to be an organ, eye and tissue donor on your Oklahoma driver's license or state ID card or register online at www.LifeShareRegistry.org. You may also call **800-826-LIFE (5433)** and request a donor registration card.

LifeShare

Advertise your real estate in the Tinker Take Off - call 405.278.2835 today.



Wright
Brothers

The right idea
will fly.

INNOVATION

Pass It On.

VALUES.COM THE FOUNDATION
FOR A BETTER LIFE



MILITARY CELEBRATION NIGHT

JOIN THE OKC DODGERS FOR PRE-GAME CEREMONIES,
IN-GAME RECOGNITION AND POSTGAME FIREWORKS!

**CALL 405-218-2121
TO CELEBRATE WITH US**

**FRIDAY, JUNE 2
AT 7:05PM**

BRAUM'S FRIENDS & FAMILY 4-PACK



4-PACKS STARTING AT \$39.⁹⁹

- ★ 4 OKC Dodgers tickets
- ★ 4 limited edition OKC Dodgers hats
- ★ 4 Braum's combo vouchers
- ★ 4 PlayBall! game programs


Chickasaw Bricktown Ballpark | 2 S. Mickey Mantle Dr. | Oklahoma City, OK 73104 | (405) 218-2121















**It Takes Some Courage,
But Saving Money
Is Worth The Leap.**



**Put Away A Few Bucks.
Feel Like A Million Bucks.**



Feed The Pig.org



Sarah Planer
CRS REALTOR
Cell: 405-818-7377



Theresa Canup
REALTOR
Cell: 405-245-1070



Susan Planer Phillips
CRS REALTOR
Cell: 405-202-7928

***Same No. 1 Team!
We've moved on up to the east
side of Douglas Boulevard."***

THE PLANER TEAM

SARAH PLANER, CRS, REALTOR BROKER AGENT, 38 plus years in the Real Estate business, always at the top of the market, a real hard worker and has no plans for retirement.

SUSAN PLANER PHILLIPS, CRS, REALTOR, graduate of Choctaw High School, graduate of the University of Oklahoma, member of THE PLANER TEAM for 18 years, a real go getter and hard worker, savvy in all areas of the technology world.

THERESA CANUP, REALTOR, has been in the business world almost all of her life and can handle all the challenges that come her way. She is savvy in all technology and another hard worker on THE PLANER TEAM.

Check us out on the following websites:

REALTOR.COM • ZILLOW • OPEN HOUSE OK.COM
HOMES AND LAND MAGAZINE/WEBSITE
TINKER TAKEOFF • HOMES 4 U OK.COM

WE LOVE WORKING FOR YOU, ANYTIME, ANYWHERE, ANY PLACE!
WE ARE WHERE YOU WANT US TO BE!



RE/MAX[®]

Cobblestone

1152 S. Douglas Blvd. • Midwest City OK 73130

405-582-2040 ext 306





MIDWEST CITY, OK



2017 Upcoming Events

JUNE 14: Rose State College Honors Our Heroes, 3 p.m. & 7 p.m., RSC Hudiburg Chevrolet Center, 6000 Prosper Blvd, Open to the Public.

JUNE 15: Sunrise Social: Blue Haven Firearms, 7:45 a.m. - 8:45 a.m., 1104 S. Air Depot Blvd.

JUNE 17: Made in Oklahoma Fest, 10 a.m. - 6 p.m., Sheraton MWC Hotel at the Reed Conference Center, 5800 Will Rogers

JUNE 22 - 25: Navy TACAMO's 25th Anniversary of Commissioning Reunion

JUNE 23: Ribbon Cutting & Grand Re-Opening: Advantage Bank MWC, 11 a.m., 10100 SE 15th Street

JULY 4: Tribute to Liberty 4th of July Celebration, Joe B. Barnes Regional Park, more info to come

AUG 21-23: Tinker and the Primes, Sheraton Midwest City Hotel at the Reed Conference Center, more info to come.

You will not want to miss being a part of this year of celebrations!



Midwest City Office
2008 S. Post Road
Midwest City, OK 73130
(405) 732-2277

Del City Office
4650 SE 15th
Del City, OK 73115
(405) 677-8831

HOURS:

Monday - Thursday
8 a.m. - 5 p.m.
Friday 7 a.m. - 3 p.m.

Vision Source
Family Optometry

**To Advertise on the
Midwest City Chamber
Upcoming Events page, contact**

405.278.2831



TALK OF THE TOWN

17-PIECE PATRIOTIC BIG BAND ON TRACK NORTH

\$10 FREE PLAY

MILITARY & GOVERNMENT EMPLOYEE I.D.
HOLDERS ON MONDAY

FOOD AND BEVERAGE SPECIALS
ON THE TRACK LEVEL

CASH GIVEAWAYS
IN THE CASINO STARTING AT NOON

RETURNING TUMBLER GUESTS
RECEIVE FREE HOT DOG, DRINK & RACING VOUCHER



REMINGTON PARK
RACING • CASINO

MONDAY, MAY 29 • FESTIVITIES BEGIN AT NOON • POST TIME 3 PM



Located where I-35 and I-44 meet in the heart of the Oklahoma City Adventure District • 405.424.1000 • REMINGTONPARK.COM

Simulcasting 7 days a week. Open 10:30 AM. Free admission. Free general and valet parking. Must be 18 to wager and enter casino.
21 or older to enter Old No. 7 Bar. Stay on track. Bet responsibly. Call 1-800-Gambler. See Club Remington for details.



TINKER Events

2017

Thursday, May 25

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73), 7:30 to 10:30 a.m.

See description on page 6a-9a.

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30 to 9:30 a.m.

See description on page 6a-9a.

Rhythm Kids/Play Group

Tinker AFB Homes Balfour Beatty Community Center, 10 a.m.

See description on page 6a-9a.

Group Lifestyle Balance Evening Class

Tinker Wellness Center Bldg. 5922, 5 to 6 p.m.

See description on page 6a-9a.

Tuesday, May 30

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73), 7:30 to 10:30 a.m.

See description on page 6a-9a.

Group Lifestyle Balance Lunch Class

Tinker Wellness Center Bldg. 5922, 11 a.m. to 12 p.m.

See description on page 6a-9a.

Wednesday, May 31

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73), 7 a.m. to 5:30 p.m.

See description on page 6a-9a.

Thursday, June 1

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30 to 9:30 a.m.

See description on page 6a-9a.

Group Lifestyle Balance Evening Class

Tinker Wellness Center Bldg. 5922, 5 to 6 p.m.

See description on page 6a-9a.

Monday, June 5

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 1 to 3:30 p.m.

See description on page 6a-9a.

Tuesday, June 6

Community

Group Lifestyle Balance Lunch Class

Tinker Wellness Center

Bldg. 5922, 11 a.m. to 12 p.m.

See description on page 6a-9a.

Thursday, June 8

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30 to 9:30 a.m.

See description on page 6a-9a.

Group Lifestyle Balance Evening Class

Tinker Wellness Center Bldg. 5922, 5 to 6 p.m.

See description on page 6a-9a.

Friday, June 9

Community

Diabetes Support Group Meeting

Tinker Wellness Center, Bldg. 5922, 1:30 to 2:30 p.m.

See description on page 6a-9a.

Monday, June 12

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 1 to 3:30 p.m.

See description on page 6a-9a.

Tuesday, June 13

Community

Group Lifestyle Balance Lunch Class

Tinker Wellness Center Bldg. 5922, 11 a.m. to 12 p.m.

See description on page 6a-9a.

Thursday, June 15

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30 a.m. to 9:30 a.m.

See description on page 6a-9a.

Group Lifestyle Balance Evening Class

Tinker Wellness Center Bldg. 5922, 5 to 6 p.m.

See description on page 6a-9a.

Monday, June 19

Community

Tobacco Treatment Individual Consults

Tinker Wellness Center, Bldg. 5922, 1 to 3:30 p.m.

See description on page 6a-9a.

Tuesday, June 20

Community

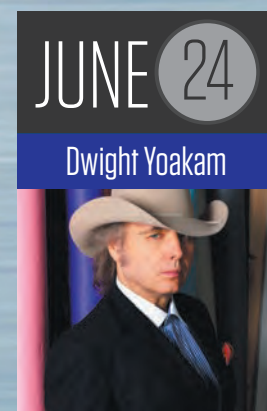
Group Lifestyle Balance Lunch Class

Tinker Wellness Center Bldg. 5922, 11 a.m. to 12 p.m.

See description on page 6a-9a.

See more events page 2b.

BASK IN THE REWARDS



COMING SOON:

BEATS & BITES FEAT. WADE BOWEN - JULY 8
TRAVIS TRITT - JULY 14

JEFFREY OSBORNE & THE WHISPERS - JULY 15
DIAMOND RIO - JULY 28

\$50,000 MAY DAZE

EVERY FRIDAY FROM 7 PM TO 11:30 PM, TWO PATRONS CAN WIN UP TO \$1,000 EACH HALF-HOUR — OR GET DAZED WITH THE \$5,000 MIDNIGHT GRAND PRIZE! TRIPLE ENTRIES MONDAYS.

DATE NIGHT THURSDAYS

MAKE A NIGHT OF IT EVERY THURSDAY FROM 5-9 PM WITH DRAWINGS EVERY HALF-HOUR, \$25 THREE-COURSE DINNER FOR TWO IN CHIPS 'N ALES, AND \$10 REWARDS PLAY FOR EARNING 10 POINTS.

SPRING IN TOURNAMENT

WIN A SHARE OF \$1,000 EACH SATURDAY BY EARNING FIVE POINTS ON YOUR WILD CARD OR PAY \$20 TO REGISTER BETWEEN 11 AM AND 1 PM. PLUS, YOU COULD WIN ONE OF FIVE HOT SEAT DRAWINGS FOR \$500 BONUS PLAY STARTING AT 10 AM!



OKC'S MOST REWARDING CASINO

405.322.6000 • WWW.RIVERWIND.COM • I-35 AT HIGHWAY 9 WEST, NORMAN, OK


GAMBLE RESPONSIBLY 1.800.522.4700





Memorial Day

HOLIDAY HOURS

 TINKERLIVING.COM 72D FORCE SUPPORT SQUADRON	FRIDAY 05/26/17 AFMC FAMILY DAY	SATURDAY 05/27/17	SUNDAY 05/28/17	MONDAY 05/29/17
	**			**
AIRMAN & FAMILY READINESS CENTER	CLOSED	CLOSED	CLOSED	CLOSED
ARTS & CRAFTS	CLOSED	CLOSED	CLOSED	CLOSED
AUTO HOBBY SHOP	0730-1730	0730-1730	CLOSED	CLOSED
CDC EAST	0600-1800	CLOSED	CLOSED	** CLOSED
CDC SOUTH	0600-1800	CLOSED	CLOSED	** CLOSED
CDC WEST	0600-1800	CLOSED	CLOSED	** CLOSED
FAM CAMP	OPEN 24/7	OPEN 24/7	OPEN 24/7	OPEN 24/7
216 FITNESS CENTER	24/7 CAC	24/7 CAC	24/7 CAC	24/7 CAC
3705 FITNESS CENTER	24/7 CAC	24/7 CAC	24/7 CAC	24/7 CAC
GERRITY FITNESS CENTER	0500-2030	0900-1700	1100-1700	** 0900-1700
GIFT CORNER, BLDG 3001	** CLOSED	CLOSED	CLOSED	** CLOSED
INDIAN HILLS LODGING	OPEN 24/7	OPEN 24/7	OPEN 24/7	OPEN 24/7
INFORMATION, TICKETS, & TRAVEL	** CLOSED	CLOSED	CLOSED	CLOSED
OUTDOOR RECREATION	** CLOSED	CLOSED	CLOSED	CLOSED
TINKER CLUB	** CLOSED	CLOSED	CLOSED	CLOSED
TINKER GOLF CLUB	0700-1800	0700-1800	0700-1800	0700-1800
SNACK BAR - MULLIGAN'S GRILL ↵	0730-1400	CLOSED	CLOSED	** CLOSED
TINKER LANES	1000-2030	** CLOSED	CLOSED	** CLOSED
TINKER LIBRARY	1000-1700	** CLOSED	CLOSED	CLOSED
VANWEY - BREAKFAST	** 0600-1030	0700-1030	0700-1030	** 0700-1030
VANWEY - BRUNCH/LUNCH	** 1030-1300	1030-1300	1030-1300	** 1030-1300
VANWEY - DINNER	1630-1830	1630-2030	1630-2030	** 1630-2030
YOUTH CENTER	0600-2100	1000-1600	CLOSED	** CLOSED

ALL HOURS SUBJECT TO CHANGE

Such sacrifice
through valor made,
A debt too deep
to be repaid,
From their courage
freedom born,
To remember them
the poppy worn.



Memorial Day 2017

#PoppyInMemory