





GUARDIAN WEEKEND The wrestling mystique, 30

ALSO INSIDE Lancers tackle NTC, 3A

JBLM NORTHWEST NWGUARDIAN.COM ||| Authorized newspaper of Joint Base Lewis-McChord, Washington • October 6, 2017

LAS VEGAS SHOOTING AFTERMATH

Former Madigan doctor ran toward danger

Surgeon, wife attended Las Vegas concert, the site of mass shooting

BY PAMELA KULOKAS Northwest Guardian

Doctor James "Jim" Sebesta has saved countless lives during his 25-year career as an Army trauma surgeon. But Sunday night he found himself without supplies, surrounded by a sea of people mowed down by gunman Stephen Paddock at the Route 91 Harvest Festival in Las Vegas.

"I've been in a lot of bad places in my career and seen lots of (mass casualties), but in the Army we were ready for them," Sebesta said. "And the other thing is there was a reason for it - it was war. This was the most devastating thing I've ever seen. I could not believe it. It took me a long time when we started hearing the shots because I just

could not believe that somebody would do this."

Sebesta said he and his wife saw the muzzle flashes coming from the 32nd floor of the Mandalay Bay Resort and Casino, where the sniper used 23 guns to terrorize innocent concert-goers in the deadliest mass shooting in modern U.S. history.

When the onslaught finally stopped, more than 500 people were wounded, and scores were dying in front of the concert

SEE DOCTOR, 10A



PAMELA KULOKAS Northwest Guardian

Retired Army colonel and MultiCare Health System surgeon, Dr. James "Jim" Sebesta, right, and friend, Stephen Williams, speak with the media Wednesday.

JOINT BASE LEWIS-MCCHORD

'THANK YOU, AMERICA'



Günter Gräwe, 91, tours the site of his former World War II POW barracks on Lewis Main with Col. William Percival during a visit Tuesday.

Former German POW recalls his luck during nostalgic visit to JBLM

BY RUTH KINGSLAND Northwest Guardian

ormer German prisoner of war Günter Gräwe was 18 years old in August of 1944 during what he calls the luckiest time of his life. That was shortly after he, as a new

recruit in the German Army, was injured in the foot by a grenade in Normandy, France, and captured in a field hospital.

Gräwe was transported on the Queen Mary to Dover, Maine. He was then transported by train to a prisoner of war camp

SEE POW, 10A



Günter Gräwe, 91, left, a former German prisoner of war at Fort Lewis during World War II, rides his bicycle to the site of his former POW barracks on Lewis Main Tuesday.

TOWN HALL MEETINGS

Army Surgeon General makes house call to JBLM

BY RUTH KINGSLAND

Northwest Guardian Two years into her four-year term as the Army Surgeon General, Lt. Gen. Nadja West, who also serves as commanding general of the U.S. Army Medical Command, made a visit to Joint Base Lewis-McChord Tuesday and Wednesday for a series of town hall meetings at French Theater, on Lewis Main, and at Letterman Theater, at

Madigan Army Medical Center. The town hall meetings rang-

ed from brigade and battalion command teams, Madigan medical staff and service members and families under care at Madigan. In the town hall meetings, the topics included readiness, military medicine and objectives and goals required to remain ready, relevant and reliable; and, for medical beneficiaries to learn about the future of Army Medicine.

After each town hall, there

SEE HOUSE, 10A



meeting at Madigan Army Medical

Center

Oct. 4.

Lt. General Nadja West,

front left,

selfie with

staff mem-

bers at a

town hall

makes a

PUERTO RICO

Airmen join in relief efforts

62nd APS loads critical supplies

BY MASTER SGT. SHANDA DE ANDA 62nd Airlift Wing Public Affairs

In response to the continuing need for hurricane relief support, 62nd Aerial Port Squadron Airmen contributed to the Joint Base Lewis-McChord response Monday by prepping more than 350,000 pounds of cargo and equipment bound for Puerto Rico.

This is the first cargo load at McChord Field in response to relief efforts in the aftermath of hurricanes Irma and Maria, but aerial porters are always ready.

"We advance and receive cargo and passengers all over the world via military airlift," said Tech. Sgt. Talitha Banks, 62nd APS cargo operations noncommissioned officer in charge. "From exercises, humanitarian relief, Army movements, deployment requirements — whatever task we're given, we dominate it."

The initial load of relief cargo arrived at the joint inspection area in an Army convoy of vehicles and equipment from the 62nd Medical Brigade's 218th Medical Detachment Veterinary Service Support and the 575th Medical Company, 56th Multifunctional Medical Battalion. The inspection process would

SEE AIRMEN, 10A

IN THE NEWS



Indian and U.S. infantry soldiers participate in Yudh Abhyas.

GLOBAL PARTNERSHIP

During the month of September, two battalions from the 1st Brigade, 2nd Infantry Division trained with the Indian and Japanese armed forces to enhance interoperability and to increase the brigade's readiness.

2A FRIDAY **OCTOBER 6** 2017 NORTHWEST GUARDIAN

GOLD STAR MOTHER'S AND FAMILY'S DAY



Gold Star family members (from left) Jim Hamre and Linda Eldred, of Littlerock, Wash., and Kristine Fallstone, of DuPont, listen as tour guide Alan Archambault speaks at the Lewis Army Museum Saturday.

Survivors share their tears

BY RUTH KINGSLAND Northwest Guardian

It was a time of learning, healing and fellowship, as about 25 Gold Star mothers and family members gathered at the Lewis Army Museum Saturday for Joint Base Lewis-McChord's annual Gold Star Mother's and Family's Day.

The JBLM event included a tour of the museum led by Alan Archambault, Army veteran and former museum director, followed by lunch at Farrelli's Pizza in DuPont. Both activities were free and coordinated by JBLM's Survivor Outreach Services for Gold Star family mem-

"For us, to be able to bring (families) together and have an event like this is really special; it brings tears to my eyes," said Tina Mann, financial counselor for Survivor Outreach Services.

Tears were in many attendees eyes as they spoke of loved ones who died while in military service - some years ago and others in the past few months.

Jim Hamre and Linda Eldred of Littlerock, Wash., enjoyed walking through the museum. The couple's son, Spc. Marcus Eldred would have been 25 years old Oct. 25, 2015. He served as a cook in the Army and died Oct. 11, 2015, when he and friends were diving in Neah Bay, wasn.

The grieving mom said she only got bits and pieces of information on her son's death, and she's still processing the details.

"It was too painful," she said.

Marcus was an adventurous youth: an Eagle Scout who loved music, played drums, guitar, banjo and flute, and was active in the family's church, his mom

Marcus graduated from Tumwater High School in 2009 before joining the military to be like his older brother, Benjamin Eldred, who was then active duty Army and now serves in the National Guard in Billings,

Eldred said attending the Gold Star event was beneficial for her and other moms.

"Talking with other people and in groups helps," she said.

Deonna Phillips' 20-year-old son, Pfc. James Jackson, served with the 864th Engineer Battalion, 555th Engineer Brigade at JBLM. Jackson grew up in Montesano, Wash., and was a member of the Quinault Indian Nation. He was on leave with friends on the reservation when he died nine years ago.

Jackson had come home from a tour in Iraq and spent the day before he died touring the Lewis Army Museum with his mom. Phillips said she got goose bumps thinking of that as she walked through the museum with Jackson's step-dad, Mike Phillips, during the Gold Star

Jackson was drinking alcohol with his Quinault friends, went to sleep and didn't wake up, his mom said.

"His death was ruled accidental, but he was still a hero," his mom said, tears in her eyes and a look of pride on her face.

Arisa Alvarez, 21, attended the Gold Star event in honor of her uncle, 28-year-old Staff Sgt. James Perez, who died Aug. 5, 2017, in a training accident in Texas. Perez previously served six tours in Afghanistan. Alvarez said touring the museum helped her and her family understand why her uncle chose to serve in the military.

"It's important because our loved one passed away, and we know them as they were with family and may not understand the military aspect," she said.

Her dad, Perez' older brother Master Sgt. Jole Alvarez, 2nd Battalion, 1st Special Forces Group, attended the event with his wife, Denise, and other children, Kairi, 13, and Julian, 11, both students at Pioneer Middle School in DuPont.

The Perez and Alvarez brothers proudly served their country because of the family's long military heritage, Jole Alvarez said. Grandparents on both sides of the family served in World War II and other family members served in Vietnam.

"It means everything for my children to see the lineage of our family, through exhibits here at the museum," Alvarez said.

The men's mother, Debbie Garcia, said she was told by **Survivor Outreach Services** about the Gold Star event and telt it important her family attend in honor of Perez.

"I'm numb still, and I can't believe it happened," Garcia said of her younger son's death. "I just know I was very lucky to be his mother."

JBLM DIRECTORATE OF EMERGENCY SERVICES

Flying drones permitted in HUAA only

BY DEAN SIEMON Northwest Guardian

The popularity of flying radiocontrolled drones and other unmanned recreational aircraft has grown in popularity in recent years, leading to security concerns on military installations like Joint Base Lewis-McChord.

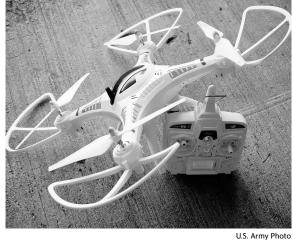
Although there has not been a major problem with people flying recreational drones on JBLM, the Directorate of Plans, Training, Mobilization and Security's Aviation Division helped develop the Hobbyist Unmanned Aircraft Area along Main Street on Lewis North, across from the Lewis Army Museum.

'We wanted to promote an area where JBLM residents could go to fly their drones," said John Graf, air traffic control chief at Gray Army Airfield, located on Lewis Main.

The Hobbyist Unmanned Aircraft Area location was selected as a central point for anyone who enjoys flying drones and other unmanned aircraft while not interfering with the Class D airspace for Gray Army Airfield's runway and the runway on McChord Field.

Graf said the Hobbyist Unmanned Aircraft Area location was chosen because it keeps airborne drones away from all other activities on the installation and is easily accessible. It also has a natural boundary for fliers to follow between the tree line of McKay Marsh and Main

The plan for the Hobbyist Unmanned Aircraft Area was implemented in December 2015



Recreational

unmanned

aircraft can only be flown

in the des-

ignated

Hobbyist

Unmanned

Aircraft Area

across from

Lewis Army

Museum on

Lewis North

after the JBLM Directorate of **Emergency Services received** numerous calls from JBLM residents wondering where they could fly recreational drones.

"As far as I know, we are the first installation to come up with a recreational area," said Robert Rodriguez, chief of DPTMS' Aviation Division.

For those who want to fly drones in the HUAA, there are rules to be followed. Unmanned aircraft must fly at or below the level of the trees and must also stay within the controller's line of sight.

They must also remain well clear of, nor interfere with, manned aircraft operations on the base. Unmanned aircraft are also required to keep at least 50 feet of distance from other people, vehicles and buildings.

Finally, recreational drones must weigh no more than 55 pounds.

The Hobbyist Unmanned Aircraft Area is available seven days a week, but recreational

drones and similar aircraft can only be flown during daylight hours.

On Sept. 18, Naval Base Kitsap officials in Bremerton approached the Kitsap County **Board of Commissioners about** prohibiting the launching and landing of all unmanned aircraft near the base's five installations.

The officials spoke about concerns regarding the violation of Federal Aviation Administration regulations, in addition to the issue of national security. Although there have not been any issues regarding civilians flying their recreational drones on or around JBLM, it is still a matter of security.

Flying an unmanned aircraft from outside of the installation and over the fence is not allowed. Military police will likely give a warning and a fine to guilty pilots.

Dean Siemon: 253-477-0235, @deansiemon

NEWS IN BRIEF

U.S. service members killed in Niger, Africom officials announce

Three U.S. service members and a service member from a partner nation were killed in southwestern Niger Wednesday, U.S. Africa Command officials said.

Two other U.S. service members were injured and were evacuated in stable condition to Landstuhl Regional Medical Center in Germany, Africom officials said in a statement Thursday. The U.S. service members were providing advice and assistance to Nigerien security force counterterror operations about 125 miles north of Niamey, officials said, adding that their names are being withheld during the next-of-kin notification process.

"Our thoughts and prayers are with the families and friends of the fallen service members," the Africom statement said. "U.S. forces are in Niger to provide training and security assistance to the Nigerian armed forces in their efforts to counter violent extremist organizations in the region."

- DEPARTMENT OF DEFENSE NEWS SERVICE

More than 11,000 DOD members in Puerto Rico for relief efforts

More than 11,000 Defense Department members are in Puerto Rico, helping the U.S. territory recover from the wrath of Hurricane Maria in the areas of logistics, medical support and aviation, Puerto Rico Gov. Ricardo Rossello said during a news conference in San Juan Thursday.

The DOD continues to expand a comprehensive island-wide commodities distribution and medical support network in support of the Federal Emergency Management Agency and the U.S. Department of Health and Human Services, according to Friday's DOD update of activities in Puerto Rico.

The department's response efforts focus on supporting FEMA priorities for distributing food and supplies, producing and distributing clean water, delivering generator fuel to hospitals, clearing roads and working on the Guajataca Dam spillway, the governor said.

DOD is also supporting the restoration of access to other essential city services, including sewage and wastewater treatment, he said.

'We have already signed a mission agreement with the U.S. Army Corps of Engineers to start reestablishing electrical transmission and distribution effectively in Puerto Rico," Rossello said.

The Navy hospital ship USNS Comfort arrived in Puerto Rico Tuesday and docked in San Juan, the governor said, noting that the ship has 250 beds and capacity for 1,000 patients. More than 500 medical members are on board and can serve more than 200 patients a day.

"Right now it has about 64 patients," he said, and has received an assignment based on an assessment completed yesterday by the PR Department of Health, DOD, HHS and FEMA "to make sure that we know what the needs are in each region in Puerto Rico so we can deploy the USNS Comfort appropriately, in a route that makes sense" for all patients.

— DEPARTMENT OF DEFENSE NEWS SERVICE

Joint Base Lewis-McChord to have late-night firing next week

Joint Base Lewis-McChord will conduct late-night firing on the following dates, times and locations:

• The 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division; and the 2nd Battalion, 1st Special Forces Group will conduct 60 mm, 81 mm and 120 mm mortar training starting Tuesday from 6:30 a.m. to Thursday at 7 p.m.

The 2nd Battalion, 75th Ranger Regiment will conduct training with demolitions starting Oct. 17 at 6:30 a.m. to Oct. 19 at 11:59 p.m.

Training will occur throughout daytime and nighttime hours. Increased levels of activity will be noticed throughout

This is required training, which allows military members to practice and improve skills necessary during combat. As often as possible, JBLM conducts larger scale artillery firing and demolition training at the Yakima Training Center in an effort to minimize inconvenience for the surrounding communities. However, some training must take place on base.

– JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

Family and MWR has recruiting fair at Eagles Pride GC on Friday

Joint Base Lewis-McChord will have a Business Operations Division Recruiting Fair Friday at the Eagles Pride Golf Course off Exit 116 from Interstate 5 on JBLM.

Applications and resumes will be accepted from 8 to 10 a.m. JBLM Family and Morale Welfare and Recreation facility managers will conduct initial interviews between 9:45 a.m. to 3 p.m. Nonappropriated Funds human resources staff may extend tentative job offers as well.

Current positions open for Family and MWR facilities are:

- All flex, food service workers (\$11.82 to \$13.79);
- Food and beverage attendant (\$12.38 to \$14.45);

• Cook (\$12.95 to \$15.11);

• Custodial worker (\$11.82 to \$13.79);

• Bartender (\$13.52 to \$15.77).

Applicants must be at least 18 years old, be able to lift 40 pounds, possess a high school diploma, be able to communicate in English and have favorable pre-employment and background checks.

For more information, visit the Community Update page on JBLMmwr.com.

– JBLM FAMILY AND MORALE, WELFARE AND RECREATION

JBLM Ammunition Amnesty Day, fall clean-up scheduled for Nov. 2

The annual fall clean- up JBLM Ammunition Amnesty Day is scheduled for Nov. 2 from 8 a.m. to 3 p.m. at the C-5A mock-up on East Gate Road. No questions asked, no penalty and no paperwork required.

Amnesty items can be turned in weekdays during normal duty hours at the JBLM Ammunition Supply Point or any of the six amnesty locations on base. Prior coordination is recommended for .50-caliber ammunition or above.

Last year, JBLM service members cleared more than 60 tons of trash collected around the base. The coordinated cleanup effort, which occurs twice a year, allows units on JBLM to scour the base and collect illegally-dumped garbage

JBLM Environmental Division of the Directorate of Public Works is committed to finding and punishing people who are improperly dumping trash around JBLM. Cameras are set up around some of the more popular illegal dumping sites. If caught, fines can start around \$1,000.

- JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

Page Three

QUOTE OF THE WEEK

"If you can't treat someone with dignity and respect, then you need to get out. If you can't treat someone from another gender, whether that's a man or a woman, with dignity and respect, then you need to get out. If you demean someone in any way, then you need to get out. And if you can't treat someone from another race, or different color skin, with dignity and respect, then you need to get out."

Lt. Gen. Jay Silveria Superintendent, U.S. Air Force Academy Preparatory School



idek of I Corps won a bronze

COMPETE: U.S. Army Col. Daniel Dudek, of I Corps, won a bronze medal during the 2017 Invictus Games in Toronto. **See story, 1B**

NWGUARDIAN.COM

Celebration of camaraderie: The 2017 Invictus Games closed with a musical celebration of camaraderie among competitors from 17 nations at the Air Canada Center in Toronto Saturday. Throughout the week, more than 550 wounded, ill and injured service members from 17 nations competed in 12 sporting events including archery, track and field, cycling, golf, sitting volleyball, swimming, wheelchair rugby and wheelchair basketball Sept. 23 to Saturday as they were cheered on by thousands of family members, friends and spectators in the Distillery District in Toronto.

• Newest badge awarded: The Military Horseman Identification Badge, the Army's newest badge since 2014's Instructor Badge, was awarded for the first time to 10



members of the 3rd U.S. Infantry Regiment, Caisson Platoon, on Joint Base Meyer-Henderson Hall, Va., Sept 29. Approved by the acting secretary of the Army in July, the Military Horseman Identification Badge recognizes Soldiers who complete the nineweek Basic Horsemanship course and who demonstrate the skills necessary to become a lead rider in the Caisson platoon.

NATIONAL TRAINING CENTER

Lancers ready to answer the call

BY STAFF SGT. MICHAEL ARMSTRONG 2nd Brigade, 2nd Infantry Division

FORT IRWIN, Calif. — More than 6,000 service members participated in Decisive Action Rotation 17-09 from Sept. 4 to 22, a scenario-based combined-joint exercise that pitted a brigade against an opposition force that was capable of simulating a wide variety of threats that units may encounter.

Joint Base Lewis-McChord's 2nd Brigade, 2nd Infantry Division, completed its rotation at Fort Irwin, Calif., and are now more prepared to answer the nation's call. The Lancer Brigade was faced with combating conventional and nonconventional forces in both rural and urban environments at the National Training Center located in the Mojave Desert.

From medical and logistical procedures, combat and maneuver tactics, to electronic and information warfare, all facets of the brigade were tried and tested during the validation phase of the rotation.

"The training the Lancers took part in has tested all of our warfighting functions — from tactics,

SPC. J.D. SACHAROK Operations Group, National Training Center

Soldiers assigned to 2nd Brigade, 2nd Infantry Division, provide security inside their vehicle while waiting for a smoke screen to fully engulf a breach at the National Training Center in Fort Irwin, Calif., Sept. 12.

techniques and procedures of our combat arms and support Soldiers, to the decision making processes of our brigade, battalion and squadron command teams, staff and noncommissioned officers," said Col. Jay

Miseli, 2nd Bde., 2nd Inf. Div. commander.

To fight the enemy, the Lancers required a robust force capable of handling the opposition forces throughout the battlefield.

Not unlike operations in the

past, in addition to the organic units in the brigade multiple other units were on hand during the exercise. From aviation and combat support battalions, Air Force and Marine elements, to foreign military assets, all worked together toward the common goal of defeating the enemy.

To ensure an unbiased assessment of the brigade, a large number of observer controller trainers were distributed throughout the brigade providing critiques and feedback to the unit as it battles against the simulated enemy.

"The brigade, as a whole, has been using their experience and training during the entire exercise," said Command Sgt. Maj. Ronald Graves, 2nd Bde., 2nd Inf. Div. command sergeant major. "The feedback we received from the (observer controller trainers) has been encouraging. The whole purpose of NTC is to validate our units, win or lose, during these scenarios, but it's an added boost in morale when we do get a few wins."

Now that the rotation is complete and the brigade was validated, the Lancer Brigade leaders can take the lessons learned from the NTC rotation and use them to continue refining operating procedures. The Lancer Brigade now stands ready and is fully capable of fighting and winning anytime, anywhere, against any opponent.

593RD EXPEDITIONARY SUSTAINMENT COMMAND

Care for 22 event promotes 'Value of Life'

BY CAPT. CAIN CLAXTON 593rd Expeditionary Sustainment Command

Soldiers of the 593rd Expeditionary Sustainment Command attended an annual Suicide Awareness and Prevention Training Expo Sept. 21 to 22 at the Lewis North Chapel on Joint Base Lewis-McChord.

The event, named Care for 22 because studies show there are as many as 22 veteran suicides a day, focused on suicide prevention measures and resources to build unit readiness.

"The Care for 22 program will encourage holistic wellness readiness and resiliency," said Col. James Moore, 593rd ESC commander, in his opening remarks. "This will strengthen our military readiness. And it's readiness for your families, too. So many



CAPT. CAIN CLAXTON 593rd Expeditionary Sustainment Comman

Soldiers from the 98th Medical Detachment Combat Stress Control, 62nd Medical Brigade, talk during the Care for 22 event Sept. 22.

forces exist in the world today to cause Soldiers and family members to lose hope, to feel helpless and sometimes to feel alone."

To help Soldiers and their families fight those desperate

feelings, Care for 22 brought in about a dozen program representatives from across JBLM, including Staff Sgt. Vanessa Vinson, from the 98th Medical Detachment Combat Stress Control, 56th Multifunctional Medical Battalion, 62nd Medical Brigade.

"We're here to tell you that you are not alone," Vinson told a group of Soldiers from the 62nd Medical Brigade.

Vinson and other speakers had just 20 minutes each to talk about their programs' resources before another group of Soldiers came through.

"It really opens up our eyes to all the agencies out there," said Spc. Marquez Grimes, from Headquarters and Headquarters Company, 593rd ESC. "I know firsthand the benefits of it. Whether a specialist or a sergeant major, you are not going to have all the answers."

In August, Soldiers of 593rd ESC were issued "Value of Life" cards, business card-sized reminders with life-saving behaviors and principles printed on front and back. One side of the card reads in part, "Your life matters, you are here to proudly serve and make a difference in the world ... Choose life today: Stay connected with your friends, family and Army team. Proactively and boldly seek help when you need it."

The cards are part of I Corps' effort to help leaders and Soldiers talk more openly about suicide, especially about "the value of life."

"In the 593rd we are going to promote 'Value of Life' across the organization," Moore said. "The 'Value of Life' is a team effort. It is going to involve all of us pulling together, the various resources and team members to support our Soldiers and our family members."

GREEN FLAG-WEST

Increased readiness is the mission at joint exercise

BY STAFF SGT. RANA FRANKLIN

122nd Fighter Wing
NELLIS AIR FORCE BASE,
Nev. — The Air National
Guard's 163rd Fighter Squadron,
122nd Fighter Wing, along with
the 122nd Operations and Maintenance groups out of Fort
Wayne, Ind., took part in a
Green Flag-West air-land integration joint combat training
exercise Sept. 7-23 at Nellis Air
Force Base, Nev., as a part of
their major predeployment spin-

Service members from Joint Base Lewis-McChord participated in the exercise to help prepare the unit for its deploy-

ment.
"The opportunity to integrate with the Army in a realistic, large-scale force-on-force exercise is crucial to our readiness,

ensuring we are prepared for every potential tasking," said Capt Daniel Parker, 163rd FS Green Flag 17-09 project officer. "The ability to train in the joint environment for close air support, airborne strike control and combat search and rescue has enhanced our lethal efficiency and proven the warfighting ca-

pability of the 122nd FW."
Green Flag is a realistic close air support exercise intended to increase readiness in regards to the employment of air, space and cyber power in conjunction with ground force operations. The exercise provides a unique environment that allows fighter squadrons and their support units to obtain critical joint training as well as test the most

sophisticated technology available prior to deployment. "Green Flag West 17-09 was



STAFF SGT. RANA FRANKLIN 122nd Fighter Wing

an incredible opportunity for our total force Airmen in the 163rd FS to amplify their readiness by training in a realistic joint environment with the Army," said Maj Dustin Sanders, 549th Combat Training Squadron's director of operations at Green Flag. "Additionally, they were able to participate in the operational testing of digitally aided

fire observer team with members from the National Training Center, Fort Irwin, Calif., to perform operational tests at the NTC Sept. 18.

A Tactical Air Control

Party from Joint Base

integrated into a joint

Lewis-McChord

(close air support), an innovation which will modernize both our airborne and ground platforms as well as increase lethality."

The training exercise included live-fire exercises as well as a

The training exercise included live-fire exercises as well as a full-scale combat search and rescue simulation that took place at the National Training Center, Fort Irwin, Calif. A task force of helicopters, aerial re-

fueling tankers, ground attack aircraft and an airborne command post were required to successfully execute the missions. The 122nd FW provided the 163rd FS with support mirroring a full Air and Space Expeditionary Force package, complete with participation from more than 12 units from the 122nd MXG.

"Participating in Green Flag West 17-09 allowed the 122nd Maintenance Group to exercise our warfighter capability and continue to develop our officers, enlisted, and civilian force to meet the national security challenges our nation faces today," said 1st Lt Cole Hoopingarner, 122nd Maintenance Operations officer. "We are very proud of all the hard work and effort our Airmen displayed during this exercise period."

Viewpoint



Commander, I Corps and Army Senior Commander, JBLM Lt. Gen. Gary Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM Col. Nicole Lucas

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STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord







COMMENTARY

Hispanics continue legacy, inspire future generations

BY STAFF SGT. SCOTT PANGELINAN U.S. Army Operational Test Command

National Hispanic Heritage Month runs from Sept. 15 to Oct. 15 and celebrates the long-standing and remarkable contributions that Hispanics have made in building and defending the nation. The valuable roles of American Soldiers with ancestry from Spain, Mexico, the Caribbean, Central and South America are treasured and respected. Hispanic-Americans have decisively defended and shown allegiance to our nation through exceptional military service.

With more than 40 Medal of Honor recipients dating back to the Civil War, Hispanic-Americans represent the military with deep, abiding patriotism and heroism. Continuing this tradition, more than 133,000 Hispanics currently serve in the total force.

One Hispanic American Soldier is Master Sgt. Roy Benavidez, who served in Vietnam. In May 2, 1968, Benavidez received a distress call from another team. Upon reaching the scene, Benavidez, who had already been seriously wounded on a previous tour, leaped off the helicopter and ran 75 meters through unrelenting fire, getting shot in his right leg, face and head.

He carried wounded men aboard the helicopter, then attempted to recover a fallen Soldier and classified documents, sustaining even more severe wounds. After the helicopter pilot was killed, Benavidez organized a perimeter, returned fire, called in air strikes and distributed ammunition, medicine and water. When another aircraft finally landed, Benavidez ferried the wounded to the helicopter through devastating fire.

By the time he reached safety, Benavidez was unable to move or speak with more than 30 wounds. Just as he was about to be placed into a body bag, he spit into a doctor's face.

He remained in the Army and retired in 1976. He was awarded the Medal of Honor in 1981.

The legacy of Hispanic Soldier courage and selfless service is certainly an inspiration for future generations of Americans.

VIEW FROM THE TOP



Madigan Army Medical Center will join Fairchild Air Force Base, Naval Hospital Oak Harbor and Naval Hospital Bremerton as the pilot sites for MHS **GENESIS** Oct. 21.

Department of

Madigan begins new health record system

BY COL. MICHAEL PLACE Madigan Commander

tarting Oct. 21, Madigan
Army Medical Center will
begin one of our most significant endeavors in our entire
history — our transition to the new
electronic health record, MHS GENESIS.

I'm proud that Madigan is the first, large military hospital to transi-



Place

tion to the Department of Defense's unified electronic health record. In fact, we're a part of the first wave of military treatment facilities to begin using this new system.

On Oct. 21, Madi-

gan joins Fairchild Air Force Base, Naval Hospital Oak Harbor and Naval Hospital Bremerton as the pilot sites for MHS GENE-SIS. We are looking forward to all of the benefits that this new health record system will bring to our pa-

With MHS GENESIS, our patient records will be more easily shared between providers, making your care even safer. Your records will be electronically safe, too, since the Department of Defense is working closely with our contractor to ensure that MHS GENESIS meets the high standards of DOD cybersecurity.

With MHS GENESIS, for the first time, all military branches will use a single electronic health record system. As MHS GENESIS is fully implemented throughout all of the DOD, patients will be able to receive care from any military treatment facility knowing that your health records will be there for you and your family.

While you'll benefit from the overall innovativeness of this electronic system, most of the changes will be entirely seamless to you, and that's how we want it to be. The primary difference that most patients will notice is the Patient Portal, which replaces the secure messaging found in RelayHealth and many of the functions found on TRICARE Online such as accessing test results and setting up medical appointments.

Additionally, you will now be able to view provider notes and request prescription renewals online.

You'll also be able to see and verify your patient contact information in the Patient Portal. It's important to know that the contact information found there, and used throughout MHS GENESIS, is automatically pulled from DEERS. You may need to update your patient contact information so we can reach you. Just visit the DEERS website at tricare.mil/deers to do so.

Once Madigan transitions to MHS GENESIS, our patients will be able to start using the Patient Portal, found at patientportal.mhsgenesis.health.mil. You can sign in with your CAC, your MyPay password or your DS Logon password.

If you don't have a CAC or MyPay password, you'll need to create a DS

Logon account to use the portal.

As we prepare to use MHS GENE-SIS, we expect that our transition will take some extra effort as our staff becomes experts at using this remarkable new system. During the first few weeks after our transition on Oct. 21, our pace at Madigan may slow down some as we adopt MHS GENESIS. We'd like to ask for the help of our patients to make this transition a bit smoother.

Our outpatient appointments will be temporarily reduced at first, so we ask that patients schedule preventive exams and regular checkups before Oct. 21, if possible. If that doesn't work for you, give us a few weeks to get back up to speed.

In addition, the wait times at the lab and pharmacy may increase during this time, so we recommend you complete any lab tests before then and ask your pharmacist about how to make the transition easier, such as getting your routine prescriptions refilled before then.

Finally, if you get referrals that are valid past Oct. 21, we ask that you keep hard copies of your paperwork just to ensure we can identify your referral during the transition.

Right now, our staff is working extremely hard behind the scenes to get ready for MHS GENESIS, and we can't wait to once again lead the DOD as we begin using it this fall.

Thank for your patience as we transition to this next generation system to provide you and your families with even better health care at Madigan Army Medical Center.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.) Sunday, 9 a.m. — Lewis Main Chapel Sunday, 9 a.m. — Madigan Chapel

Sunday, 9 a.m. — McChord Chapel No. 2 Sunday, noon — Lewis Main Chapel

Sunday, 19011 — Lewis Main Chapel Sunday, 5 p.m. — Lewis Main Chapel Weekdays, noon — Lewis North Chapel

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125 1st Friday, noon — McChord Chapel

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel

8:30 a.m. — Traditional — McChord Chapel No. 1

10 a.m. — Contemporary — Four Chaplains Memorial Chapel 10:30 a.m. — Collective — Lewis

10:30 a.m. — Collective — Madigan Chapel

10:30 a.m. — Contemporary — Evergreen Chapel

11 a.m. — Contemporary — McChord Chapel Support Center 11 a.m. —Gospel — Lewis North Chapel

DIVERSE WORSHIP Jewish

Friday, 7 p.m. — Lewis Main Chapel **Islamic**

Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125

Chapel, 25 Buddhist

Main Chapel

Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959

Pagan/Wiccan

Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

IDI M CNADCIIOT



SGT. URIAH WALKER 5th Mobile Public Affairs Detachmen

1st Lt. Sarah Schwei, right, a staff nurse assigned to the Madigan Army Community Hospital, immobilizes her notional patient during practice for her expert field medic badge test in Joint Base Lewis-McChord Sept. 22. The test ran from Sept. 17-28 on JBLM.

THIS WEEK IN HISTORY

Oct. 6, 1777: British capture Forts Montgomery and Clinton.

Oct. 7, 2001: U.S.-led attack on Afghanistan begins.

Oct. 8, 1871: The Great Fire destroys much of Chicago.

Oct. 9, 1992: Meteorite crashes into Chevy Malibu.

Oct. 10, 1935: "Porgy and Bess" opens on Broadway.

Oct. 11, 1962: Pope opens Vatican II.

Oct. 12, 1945: Conscientious objector wins Medal of Honor.

FAMILY READINESS GROUP CONFERENCE

Conference supported JBLM volunteers

BY SPC. ERICA EARL 5th Mobile Public Affairs Detachment

Directors and leaders with the Family Readiness Group and other community service organizations on Joint Base Lewis-McChord coached new and returning volunteers at the third annual Family Readiness Group Conference Sept. 26 at the American Lake Community Center.

The Family Readiness Group is a command-sponsored organization made up of civilians, volunteers and Soldiers that provides activities and support to increase the resiliency of unit Soldiers and their families. Members of the FRG also host social events for service members and their families and charitable events such as food drives.

Conference leaders aimed to help volunteers better understand fundraising and the roles of different on-base resources such as the Armed Forces Community Service and Family and Morale, Wellness and Recreation.

This was the first FRG conference to feature a round-robin style of briefings from community service and family advocacy

organizations on base. The audience was seated at large round tables where the representatives from the organizations were able to inform people in a more informal setting.

A representative from the staff judge advocate reviewed the Department of Defense regulations for fundraising with volunteers so they could understand the best practices in raising money and allocating funds.

LeAnn Volesky, an avid volunteer on JBLM, the opening speaker for the conference and the wife of Gen. Gary Volesky, I Corps commanding general, said it is important for volunteers to know what resources are available and how to use them to provide the best support to their unit organizations.

She said every individual volunteering through the FRG can make a difference.

"Take your superpower, whether that is to organize for thousands or for one person, and make a difference," Volesky said. Positions within a unit FRG are filled by volunteers.

Darlene Pacheco, a mobilization and deployment specialist



LeAnn Volesky, second from right, talks with JBLM community directors at the American Lake Conference Center Sept. 26.

with AFCS, said it is common for spouses or family members of Soldiers to step up to the position of FRG leader. Pacheco said the conference, along with monthly training, helps volunteers better understand their roles as their units' FRG leaders.

Kerri Kastanias, the FRG leader for the National Guard's 81st Brigade, 7th Infantry Division, said there is a learning curve in taking on the position of FRG leader. Kastanias, who has served as an FRG leader for about a year, said she did not know

where to turn for funding or resources and was paying for events for the unit with her own money

Kastanias said she would rather pay for the events than not have them happen at all, but added it's important for volunteers to stay informed. Coming to conferences, she said, helped her gain a great deal of information on where and how to get funding and resources.

Pamela Allen, the mobilization and deployment program manager for the AFCS said FRG conferences help volunteers like Kastanias learn how to support their units using available channels without having to reach into their own pockets.

The FRG depends on internal fundraising within Joint Base Lewis-McChord, USO grants and unsolicited donations from the surrounding community. Allen said the FRG has an important role, but the position can come with high pressure to organize and support activates for their Soldier's unit.

"We need to remember our roots and why this organization exists," Allen said. "The focus isn't about being a unit's cruise director.'

Allen said that doesn't mean the social aspects of FRG are not important, and she wants to see volunteers, service members and family members feel at home and supported.

"Many Soldiers and family members are coming to us from outside of the area," Allen said. "It's important they know where to go if they need resources."

For more information about FRG call 253-967-8430/3397 or visit jblmmwr.com.

JBLM VOLUNTEER OF THE MONTH

Retiree gives time to Armed Forces Family Team Building

BY RUTH KINGSLAND Northwest Guardian

It's a bit of a mixed blessing, being a longtime volunteer instructor with Armed Forces Family Team Building, according to Lloyd Kendoll, Joint Base Lewis-McChord's September Volunteer of the Month.

Kendoll, a retired aviation warrant officer with the Army, said he loves sharing his knowledge and options available for military families through Armed Forces Family Team Building.

He also said he's a bit frustrated that more people don't take advantage of the short, informative courses, so he can spend more time volunteering in that capacity.



Kendoll

deal of knowledge available to the military community, and people are not taking advantage of it," he said, pointing to the master

resiliency training, which, "would solve or help eliminate a lot of problems."

Kendoll said he can teach the classes whenever there's a need during the day, evenings or on weekends.

"I love teaching and the satisfaction of watching people realize they understand and learned something," he said. "There's that 'ah-ha' moment

"There's a great when their eyes light up."

Kendoll's concern for others and volunteer spirit are why he was selected as the JBLM September Volunteer of the Month. Each month, JBLM honors one of the hundreds of people who help make the community better through volunteering at the installation's more than 300 nonprofit organizations.

Kendoll, a Tacoma resident, began volunteering with Armed Forces Family Team Building in November, 2013. His wife, Lenora, also is a volunteer and previously earned a volunteer of the month designation.

Steven Wegley, program manager with Armed Forces Community Service's AFFTB, said

Lyle Kendoll is an exceptional volunteer, worthy of recognition and "can be counted on to volunteer to teach at any time we need instructors."

Kendoll was born and grew up in Troutdale, Ore., and graduated from Oregon Technical Institute before he was drafted into the Army and served two tours in Vietnam.

He and his wife have two adult sons, Lt. Col. Lyle Raymond Kendoll, who is serving in the Marine Corps in Okinawa, Japan; and Joshua, who works for the Boeing Company. The couple also has two grandchildren, Hannah, 16, and Asher,

In addition to his military

service, Kendoll is an instructor pilot and graduated from Western Conservative Seminary with a master of divinity. He has been the pastor of churches in Alaska, Maryland, Washington and Oregon.

Kendoll enjoys teaching Sunday school and Bible studies with the church he and his wife attend in Tacoma.

In addition, he likes to run and has participated in numerous 10K runs, marathons and half-marathons in several states, including Oregon, Idaho and Washington. Kendoll said he will continue volunteering, as long as people need him.

"I love helping people," he

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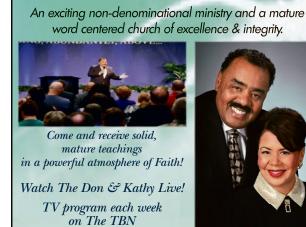
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Brigade learns from global partners at home

BY STAFF SGT. SAMUEL NORTHRUP 1st Brigade,

2nd Infantry Division During the month of September, two battalions from the 1st Brigade, 2nd Infantry Division trained with the Indian and Japanese armed forces to enhance interoperability and to increase the brigade's read-

The two separate training missions consisted of Rising Thunder with the Japan Ground Self-Defense Force and Yudh Abhyas with the Indian Army. Both training scenarios focused on sharing tactics and ideas to become better, more effective warfighters. From long-range sniper and anti-tank training to urban combat and command post exercises, every service member learned how the other nation's armed service operated and provided input to become more effective partners.

Rising Thunder was conducted between the Japanese forces and Joint Base Lewis-McChord's 2nd Battalion, 3rd Infantry Regiment, 1st Bde., 2nd Inf. Div. at the Yakima Training Center Sept. 5 to 20.

Yudh Abhyas was held Sept. 15 to 27 on JBLM and included soldiers from JBLM's 5th Battalion, 20th Infantry Regiment, 1st Bde., 2nd Inf. Div. and the Indian Army's 2nd Battalion, 11th Regiment Gorkha Rifles.

There are numerous benefits these exercises bring," said Col. Jasper Jeffers, 1st Bde., 2nd Inf. Div. commander. "I think the interoperability, relationships and experience we gain from working with our partners and understanding how they approach problems drives readiness and allows us to be able to execute our mission in the Pacific theater."

Building these kinds of relationships is just as important to members of the Japanese forces, said Capt. David Darnell, assistant operations officer with 2-3 Inf. In the future, the U.S. and Japan may end up on the same battlefield. They have now established those important relationships and won't be starting from zero during wartime.

Achieving a degree of in-



U.S. Army Soldiers with 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division and Japan Ground Self-Defense Force train together during Rising Thunder 2017 at Yakima Training Center Sept. 12.

Rifles and a

U.S. Soldier

with 2nd

Battalion,

3rd Infantry

Regiment,

1st Brigade,

Division,

search a

a training

scenario at

the Leschi

Town

Sept. 25.

2nd Infantry

room during



teroperability with the United States Army is also the purpose of Yudh Abhyas, said Col. B.K. Attri, an Indian Army officer with 2/11 Gorkha Rifles. If the

time should arise, both armies can operate with much ease and understanding of each other's ground battle drills.

"I don't think you can put a

price on the intangibles of long-Soldiers term relationships, especially in from the the military community," Jeffers Indian Army's 2nd said. "Our most interoperable partners are the ones that we Battalion, had the longest relationships Regiment Gorkha

During Yudh Abhyas, U.S. Soldiers learned how tactically patient Indian Army soldiers were, said Staff Sgt. Brent Brabant, who was a platoon sergeant during the exercise. They will wait until they receive orders before they act in certain circumstances, while U.S. Soldiers are more initiative-based, he said.

If the conditions are already set, and the Soldiers don't receive a radio call, there are primary and alternate contingencies that allow U.S. Soldiers to conduct their part of the mission.

'We would practice their tactics and techniques and we would practice ours," Brabant said. "It was good seeing both

The Indians and Japanese also

"I think the interoperability, relationships and experience we gain from working with our partners and understanding how they approach problems drives readiness and allows us to be able to execute our mission in the Pacific theater."

Col. Jasper Jeffers Commander, 1st Brigade, 2nd Infantry Division

bring their unique expertise in environments that U.S. Soldiers don't often get to train in, Jeffers added. The Indians have a lot of mountainous regions with the Himalayas on one side and also being near Kashmir. This particular Indian unit has been fighting in the Siachen glacier for years.

The Ghost Brigade brought a tremendous amount of mounted and dismounted infantry during the exercise paired with the mobility that the Stryker vehicle gives you," Jeffers said. "That also includes all the fire power and communications capabilities that the platform provides."

The Japanese bring a focus on homeland defense, Jeffers said. Their training and experiences are some things that we don't often get with our Soldiers unless we deploy for training somewhere else.

"This is the first time my Soldiers got to work with somebody outside the U.S. Army,' Brabant said. "The Soldiers had the ability to see what it is like in another army. They saw the pride that the 2/11 Gorkha Rifles took in just their name and motto.'

The most important gain is building readiness for the future fight, Jeffers said. It really ends there.

"This interoperability will allow us to function with our partners when needed in support of the military objectives of the United States," Jeffers said. "We will need to be able to work with them. This is about the readiness of our force."



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JBLM FIRE PREVENTION WEEK

Get educated about fire prevention

BY RUTH KINGSLAND Northwest Guardian

Expect to see fire engines and other emergency service vehicles in prominent locations on Joint Base Lewis-McChord this week as the base takes part in National Fire Prevention Week, a designation that's been around since 1925, when proclaimed by then-President Calvin Coolidge.

JBLM has designated Tuesday through Saturday for activities to educate the public on fire safety. There will be displays and items for kids and adults at the McChord Field Exchange, Building 504 on McChord Field; the Lewis Main Exchange, Building 5280; and at various schools and other buildings on the installation.

The Joint Base Lewis-McChord Directorate of Emergency Services' smoke trailer, which allows children to see what it's like and how best to exit a burning building, will be available during the week.

Fire safety education is key to saving lives and mitigating fire damage, according to Ed Chavez, JBLM fire inspector.

In his proclamation, Coolidge talked of the millions of dollars lost each year to fire, as well as the loss of human life.

"Thousands of lives are sacrificed each year through fires, a large majority of which are preventable," he said. "The conservation of manpower and material wealth from such destruction is a challenge to the progress of our civilization. It demands the attention of every citizen."

That's still true today, Chavez said.

"It's important that people know what to do and how to prevent fires," he said.

A few ways to be prepared include: changing smoke detector batteries annually — recommended on the biannual time change dates — as well as checking their usefulness monthly, properly storing lithi-

um batteries and always having a family home evacuation plan that is practiced regularly.

In depth information on battery storage and evacuation plans can be found on Lewis-McChord Fire and Emergency Services' Facebook page: facebook.com/lmfes.

Fire prevention should be a family activity, Chavez said, since it is vital families know how to escape their home in the event of an emergency.

"The way houses are built now provides even less time to escape a fire," Chavez said. "Houses built now are built with different materials than those built a half-century ago. We used to think people had five- to- 20 minutes to get out of the house, but now, the materials in furniture and in the walls mean there's less than two minutes to get out."

Anyone with questions should attend one of the Fire Prevention Week activities or call Chavez at 253-966-7164.



U.S. Air Force Photo

During Fire Prevention Week, the **JBLM** Directorate of Emergency Services' smoke trailer will rotate between the Lewis Main and McChord Field exchanges during the week.









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Sustainability

DIRECTORATE OF PUBLIC WORKS

The forests grow strong on JBLM

BY CATHY HAMILTON-WISSMER

Directorate of Public Works
Joint Base Lewis-McChord is
an island of green among a sea
of homes, businesses, strip
malls and traffic. In particular,
there are 61,000 acres of forest, woodland, and savanna,
unusual in the Puget Sound
lowlands, where most forests
are fragmented into relatively

small patches.

Good stewardship of the forested training lands by an onsite forestry department ensures the continued existence of a healthy forest that supports military training, sustains native plants and animals and benefits local communities.

JBLM practices partial harvesting techniques rather than the common practice in western Washington of removing all trees in clear-cuts. Instead, active forest management utilizes mostly variable density thinnings.

In thinnings, 10 to 20 percent of the trees are removed, across all sizes of the dominant tree species, Douglas fir. Minor species are left in the forest. Variable density thinnings creates more structurally diverse forests over time.

The timber sales program designates areas for commercial wood harvest, determines how much wood is available and the harvest method to be used, and marks the trees to be cut. The trees are harvested by local logging companies or mills, providing an economic benefit.

Annual harvest in recent years has been about one-third of estimated annual forest growth. Due to judicious management, current forest inventory is nearly 2 billion board feet.

Forty percent of net revenues are sent to Pierce and Thurston counties to support schools and roads, while the balance supports Army forestry programs at other installations.

Aaron Fox, Directorate of



BLAKE STANTON Directorate of Public Wo

Ryan Mansfield, a DPW Army forester from Joint Base Lewis-McChord, cuts on a tree to clear roads in Training Area 11 on Lewis Main March 15.

Ryan

a DPW

forester

from Joint

McChord,

records

data and

marks a

stand for

March 10.

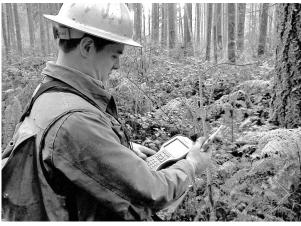
timber sale

Army

Base

Lewis-

Mansfield,



Public Works environmental's forestry program manager, stresses Army foresters practice active management that considers current training mission and future training needs in a realistic training landscape. They maintain and improve forest roads and maneuver areas and reduce risk of lost raining days due to wildfire.

Using modern forestry methods enhance forest biodiversity to reduce disease and pest outbreaks contribute to carbon sequestration and water puri-

In 2002, Joint Base Lewis-McChord became the first federal ownership in the U.S. to be certified as a sustainable forestry operation by Forest Stewardship Council. It has been recertified multiple times since.

Being certified, JBLM's forestry program must meet specific criteria that cover a broad spectrum of biological, economic, and social considerations. All of this while maintaining forests that benefit military training.

"I think you can safely say that the forests on JBLM are a carbon sink", Foster said, referring to the fact that the trees take in more carbon than they emit.

Wildfires can destroy forest habitat and shut down training.

"As a result of fire exclusion since the mid-19th century, Douglas fir has been invading the grasslands of the southern Puget Lowland," Jeff Foster said, a DPW ecologist. "Higher tree densities in (these) colonization forests compared to the presettlement forests of (JBLM) mean an increased risk of crown fires during droughts."

Two-day permits are required for cutting firewood for personal use only, and the firewood cannot be resold. Only one cord per day can be cut. For more information, call 253-964-2100 or 253-964-2101. Or, to keep up to date, visit Sustainable JBLM/Facebook.

Variable density thinnings, brush control and controlled burning help reduce wildfire risk.

JBLM forests are important habitat for a variety of plants and animals. For example, JBLM is legally required to develop mature and old-growth forests as northern spotted owl habitat on part of the installation, even though no owls (federally listed as threatened under the Endangered Species Act) live on the base.

This will occur quickest in areas that have always had forest cover. This is a long-term process.

"Even with active management, colonization forests will require many decades to provide ... habitat because they lack shade-tolerant conifers and large live trees, snags and logs," Foster said.

The western gray squirrel is listed as threatened by the state of Washington. Habitat loss and forest fragmentation caused the disappearance of the squirrel from all of the western Washington except JBLM. Here, its habitat needs affect the design of many timber sales and ecological restoration projects.

Protection of water and soil resources is also an important part of JBLM's forest practices. The forestry program maintains buffer zones around lakes, streams and wetlands within which little or no timber harvest occurs.

Timber harvest does not occur on excessively steep slopes and is prohibited during the rainy winter months in areas where logging equipment could cause erosion.

ENERGY ACTION MONTH

Energy monitors encourage resilience

Samantha Phelps,

left, management

support assistant

discusses energy

Sakhawat Amin,

DPW energy

program.

conservation with

at Waller Hall,

BY CATHY HAMILTON-WISSMER

Directorate of Public Works

Days are getting shorter, nights longer, and it's time to be energy aware. October is "Energy Action Month." Joint Base Lewis-McChord's Directorate of Public Works is spreading the word this month that it takes all of us to reduce the installation's energy usage — "Turn it down and turn it off."

"Energy resilience enables our military forces to anticipate, prepare for and adapt to changing conditions and withstand respond to and recover rapidly from disruptions in the availability of energy, land and water resources," according to Army Directive 2017-07.

Building energy monitors are a vital part of the installation energy and sustainability ef-

"Being on forefront of energy management is a good thing to get into," said Scott Vivian, a DPW boiler plant supervisor, who went to the energy management class offered quarterly



CATHY HAMILTON-WISSMER Directorate of Public Works

at the environmental division's Building 1210.

Vivian does a daily check to power down and turn off lights and communicates regularly with Sakhawat Amin, DPW energy program coordinator.

Vivian receives support from Carl Thompson, mechanical section chief, and together enforce energy savings throughout their shops and through their daily work on the boilers around the installation.

"The more you know about it, the better you can enact

energy savings," Vivian said.
According to Army Regulation
420-1, each building requires a
designated building energy

monitor who serves as the point

of contact for the building and

Samantha Phelps, management support assistant and building energy monitors for Waller Hall, said having a repurposed building with no windows can cause extensive energy usage — too hot in the summer, too cold in the winter. Waller Hall has a fluctuating work force of between 200-250

During Energy Action Month, Joint Base Lewis-McChord students can submit original artwork on the theme, "Save Energy and Protect Our Environment" to their local JBLM elementary school for a chance to win prizes. Poster contest sponsored by the JBLM Energy Program.

employees.

"If anybody plugs in a space heater, we blow a circuit" Phelps said. "We can have up to 1,000 people in here for all the services."

While it can be challenging to keep temperatures steady,
Amin maintains good communication with DPW.

"Resources are tight but the communication is good," Amin said.

The daily check is supported by all sections in DHR to make sure the computer monitors are off, the last person out turns off the lights.

With heater season coming soon, DPW is encouraging

awareness of energy use in JBLM facilities to make sure heat is kept down and not wasted in vacant spaces. According to Army-420-1, indoor air temperature inside any occupied office/admin building should be at 68 degrees (55 degrees for unoccupied buildings).

Energy informed decision making is needed to build resilience across the installation by reducing consumption, providing alternative sources of energy and increasing reliability of systems and infrastructure. Wise use of energy extends mission reach and endurance, reduces sustainment demands and frees service members from support tasks to focus on the primary mission.

Does your building need to assign a building energy monitor? Call Amin at 253-966-9011 to register for Tuesday's class from 10 to 11 a.m. at the classroom in Building 1210.

Check out the latest news on the DPW Sustainable JBLM/Facebook.com.



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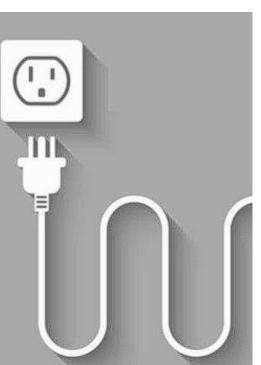
The less energy we use, the less we have to import — making us more energy-secure.

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Learn more about the JBLM Energy Program:

usarmy.jblm.imcom.list.dpw-energy@mail.mil or fb.com/SustainableJBLM

Report Energy Waste: Call or text 253-219-2394



Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Chainsaw assist

Puerto Rico National Guardsmen help clear roads in Cayey, Puerto Rico, Saturday following destruction from Hurricane Maria. Fallen trees, power lines and debris kept the community isolated for days until the Soldiers were able to remove the debris.

STAFF SGT. WILMA OROZCO FANFAN

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Friday - Army DONSA Monday - Columbus Day Nov. 10 - Veterans Day observed

Nov. 13 - Army DONSA Nov. 23 - Thanksgiving

Nov. 24 - Army DONSA and Air Force Family Day

ARMY, AIR FORCE PCS **MOVE WORKSHOPS**

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

24/7 DAD SUPPORT **GROUP FOR FATHERS**

Join a Dads' support group, "24/7 Dad," where fathers support fathers. Learn how to become a better father and have a place to do activities with your children. Receive support from other dads who understand the dayto-day struggle of raising children. Classes take place on the second and third Tuesdays, every other month starting in October 2017 from 10 a.m. to noon at the 16th Combat Aviation Brigade's Raptor Resilience Center, 3204 Second Division Drive on Lewis Main. Next classes are Tuesday and Oct. 17. Online registration is available by visiting jblmafcs.checkappointments.com, or call 253-967-5901 to register via phone.

JBLM FAMILY HOUSING **FIRE SAFETY CLASS**

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in to Lewis-McChord Communities. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main. Doors open at 12:30 p.m.; class starts at 1 p.m. Parking is limited, so arrive early.

JOIN MCCHORD FIELD **LIBRARY BOOK CLUB**

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Wednesday to discuss "Big Stone Gap" by Adriana Trigiani. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

ATTEND FUN KIDS' BOOK CLUB OCT. 18

Kids in grades three to five are invited to join McChord Library's monthly Kids' Book Club Oct. 18. Read fun books, meet fun people. Parents, bring your

children by the McChord Library now to register and get a copy of this month's book, "How to Eat Fried Worms," by Thomas Rockwell. The Kids' Book Club meets the third Wednesday of the month at 4 p.m. Check out "I Survived the Attacks of September 11, 2001" by Lauren Tarshis for the Nov. 15 book club meeting. McChord Library is located at 851 Lincoln Blvd. at McChord Field. For more information, call 253-982-3454.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a **Building Managers Fire** Safety Class. Classes take place on are the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. Next class is Oct. 18. Class limited to first 25 people; doors open at 8:30 a.m. For more information, call 253-966-7164.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Oct.

JOIN BIGGER THAN EVER HARVEST FEST

This year's Harvest Fest is set to be an exciting extravaganza for JBLM families. Come on over for games and prizes, get creative with crafts, pose for snapshots, get temporary tattoos and enjoy bounce house fun, treats and more.

Families are invited to the free event Oct. 21 from noon to 4 p.m. at Hillside Youth Center, located at 6397 Garcia Blvd. on Lewis Main. For more information, call 253-967-4441.

JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Oct. 24 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappoint ments.com.

HAUNTED HOUSES NEED FIRE PERMITS

Joint Base Lewis-McChord is counting on you to have a safe Halloween. If you're planning to have a unit Halloween haunted house, a JBLM Fire Prevention Office permit is required no later than 15 days before the start of the event. Save time and energy by getting all the details, to include specific life safety requirements, before you start your project. For more information about the permit process, call 253-966-7164.

JOIN THE CLUB FOR **DFMWR SAVINGS**

Membership in the Club at McChord Field includes money-saving discounts at

Family and Morale, Welfare and Recreation facilities; save on meals, activities, equipment and more. Join before Oct. 31 and you could win \$10,000, a free membership, free lunches and more. Go to myairforcelife.com and click on the big blue "for Club members" button to become a member and start saving today. Anyone can become a Club member, even if you're not Air-Force-affiliated. The Club is located at 700 Barnes Blvd. at McChord Field. For more information, call 253-982-

REMEMBERING WWI THROUGH BOOK CLUB

Remember the 100th anniversary of World War I with Joint Base Lewis-McChord libraries' new book club, part of an Army Library initiative commemorating the United States' entry into World War I. Book discussions take place quarterly at either the Grandstaff or McChord Field libraries. The next book discussion, "The Daughters of Mars" by Thomas Keneally, author of "Schindler's List" is set to take place at McChord Field Library Nov. 7 at noon. No registration required. A limited number of print copies are available at the libraries, or copies can be downloaded as E-books. For more information, call Grandstaff Library at 253-967-5889 or McChord Field

STRENGTHS/NEEDS 2017 ASSESSMENT

Library at 253-982-3454.

Joint Base Lewis-McChord wants to hear from you. Tell us how we can improve community health, wellness, readiness and resiliency by taking the Community Strengths and Themes Assessment online. What is important to our

installation? What is the quality of life at JBLM, and how we can improve health, wellness, readiness and resiliency? Service members, family members, Department of Defense employees and retirees alike, please take some time to complete this 36question survey: tinyurl.com/y928d27m.

NEW FALL HOURS AT SAMUEL ADAMS

Samuel Adams Brewhouse's new fall hours deliver the best sports viewing combined with bar games and specials.

- Sunday from 1 to 10
- Monday from 4 to 10
- Tuesday-Wednesday closed
- Thursday from 4 to 10 p.m.
- Friday from 4 p.m. to midnight Saturday from 4 to 11

Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call

FIRE EXTINGUISHER ANNUAL SERVICING

253-964-2012.

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays

from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMc-

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Chord.com.

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

LEARN THE BASICS OF SOCIAL MEDIA

Do you or someone you know struggle to understand setting up an email or social media account? Do your kids, grandkids or friends wish you could join them online? Would you like to keep in touch with receive photos and messages more often? The Arts and Crafts Center offers a new social media class for beginners, on-demand. The course teaches to teach you how to establish, use and maintain an email account and introduces you to Facebook. You'll also be given an overview of other social media sites to see where your newfound skills can be applied. Grab a friend or two and check out what you can do online. The cost for the class is \$5. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information about how to register, call

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

What's My Next Move? Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for Monday. Email kmyers@esd.wa.gov, or call 253-552-2547. **Hawk Job Fair** take place

Mondays (except DONSAs and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome. **Career Skills Program**

Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Brown Bag Mini Job Fair Wednesdays from 11 a.m. to 1 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call

253-593-7300 or email backtowork@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton, Wash. Next meeting is Oct. 18. For more information, call 206-205-3500.

Operation Good Jobs Veteran Networking and Hiring Event Oct. 18 from 11 a.m. to 2 p.m. at the American Lake Conference Center, sponsored by Goodwill's Military and Veteran Services and its Operation GoodJobs program. The event allows transitioning military, veterans and spouses the opportunity to meet with human resources and recruiters. Attendees are introduced to multi-state employers, ability to network with government and private sector employees and on-the-spot resume and LinkedIn reviews. For more information, visit tinyurl.com/yaoa7cuz.

Recruit Military Job Fair Oct. 25 from 11 a.m. to 3 p.m. at

American Lake Conference Center. This event targets transitioning service members, spouses, family members and veterans. This is an opportunity for job seekers to meet face to face with companies looking to hire for different markets including: law enforcement, healthcare, finance, educational institutions, federal/contract positions, transportation, logistics and more. This event is free. To preregister, visit: recruitmilitary.com/jblm or tinyurl.com/yctjnzoz.

Boots to Business This is a three-day workshop covering how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. To register or for more information, call 253-967-5599 or 253-967-

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599

CUSTODIAL SUPERVISOR FOR TCC IN TACOMA

Tacoma Community College HR — Salary: DOQ. Tacoma Community College is pleased to invite applications for custodial supervisor. The supervisor will supervise, train, mentor, assign, instruct and check the work of employees performing custodial and custodial maintenance duties. This position interviews and recommends

selection of applicants, conducts training, acts upon leave requests, conducts annual performance evaluations and recommends disciplinary action and performs custodial duties in support of campus operations. The custodial supervisor position requires knowledge of recycling, solid safety practices and equipment use and will report to the custodial manager. For more information, visit tinyurl.com/ ycthf6p7.

DIVER/TENDER POSITION IN SEATTLE WITH GLOBAL

Global Diving and Salvage — Salary: DOQ. Global Diving and Salvage, Inc. is the largest diving contractor on the west coast, a leading provider of marine construction and infrastructure support services in the U.S., and an internationally recognized casualty responder. Employees are an integral asset to ensuring our success and as such our staff is required to meet the highest expectations. We take pride in our renowned safety standards and require Global employees to utilize safe work practices at all times We count on our employees to perform in fast paced environments while still satisfying customer needs and maintaining effective working relationships. The ability to proactively identify issues and offer innovative solutions is also highly praised. Additionally, we expect our workers be able to effectively function under pressure in order to achieve required deadlines. For more information, visit gdiving.com/ employment.

253-982-6726/6718. **OCTOBER IS ENERGY**

ACTION MONTH

Joint Base Lewis-McChord is hosting an **Energy Month Poster Con**test, and you can enter to win prizes. Students in grades first through fifth can submit original artwork on "Save Energy and Protect Our Environment" to their elementary schools on JBLM. Deadline for submission is Oct. 13. This event is jointly coordinated by JBLM Energy Program, Army and Air Force Exchange Service and Family and Morale, Welfare and Recreation's Education Support Services. Clover Park School District does not sponsor this event and assumes no responsibility for it. Building Energy Monitors on base can register for the next energy conservation training set for Oct. 10 at 10 a.m. in Building 1210 in the classroom. For more information, call 253-966-9011.

HABANERO GRILL REVISES HOURS

During renovation of Whispering Firs' clubhouse, Habañero Mexican Grill is operating from a food truck 7 to 10 a.m., selling breakfast items, burritos, sandwiches and more. Other food items are available inside the pro shop. For more information, call 253-982-2124.

FROM PAGE 1A

stage. Sebesta, his wife and friends, who were hunkered down in the VIP tent, had somehow survived the violence, but they feared the gunfire would start again any moment, Sebesta

They made the decision to pick themselves up and get out of there.

"As I ran, I looked out over the field and saw multiple people out there — people doing CPR, people trying to carry people — and I just ... I couldn't not go help them," Sebesta

Knowing every second is crucial to a gunshot victim, Sebesta made the call to run toward danger instead of away from it. He asked his friends to take his wife to safety, then turned, jumped over the fence and headed back.

There were skilled medical providers all over the place, Sebesta said — nurses, emergen-



Dr. James "Jim" Sebesta and his wife, Janelle, survived the mass shooting at the Route 91 Harvest Festival in Las Vegas Sunday.

cy medical technicians and even a few doctors. Sebesta retired as a colonel from Madigan Army Medical Center in 2016 and now works for the MultiCare Health System as a bariatric and general surgeon.

Despite his training and experience, Sebesta had no medical equipment or supplies of any

kind. He saw a man, shot in the back — his son plugging the bullet hole with his fingers. Another, a girl, was shot through the neck and needed to establish an airway that Sebesta knew would not arrive soon enough.

Twenty-two thousand people had attended the concert, and all of them needed to get off the field and out of the line of fire.

"We knew that we had to get them somewhere where they had medical supplies," Sebesta

The mission became less about lifesaving measures and more about evacuating, he said. From person to person, Sebesta went to help, tearing down fencing for a makeshift gurney to carry people about 40 yards from the front of the stage to the nearby House of Blues, where they could be loaded into vehi-

"It's all a blur," he said. "You were just running as fast as you can, and grabbing somebody and going back and grabbing somebody else."

Sebesta's friend, Stephen

Williams of Edmonds, Wash., was right on his tail. Many others also helped evacuate victims.

"We did everything we possibly could just to comfort people," Williams said. "We were stepping in and around many bodies, wounded and otherwise, just trying to do whatever we could to help. Like Jim said, there are no heroes per se, there were just a lot of willing people that I saw trying to help others survive."

Sebesta doesn't like the word hero, he said, pointing out the others who also answered the call.

"Everybody that was on that field, whether they were skilled or not, helped carry somebody off that field who probably lived," Sebesta said.

Tragically, not everyone was as fortunate. Among the 59 people killed in the attack was a person with ties to JBLM. Denise Burditus, who helped launch the Association of the United States Army, Captain Meriwether Lewis subchapter in Lacey, was killed in the shooting Sunday.

According to the Lacey subchapter, Denise died in the arms of her husband, Tony Burditus, who retired from 1st Special Forces Group, at JBLM, just a year ago.

Hours later, Sebesta was able to reunite with his wife. The two traveled home to Olympia, and Sebesta recently resumed his work as a surgeon. In the days since, he said there have been a lot of emotions and a few tears when he sees his children.

Sebesta said he is taking time to heal by talking with his wife and friends who were there that night. Instead of focusing on his own actions or the horror of what he saw, he's choosing to remember everyone who put their lives on the line for others, he said.

"The way everybody came together and helped each other it wasn't about who was a doctor or who was a nurse; it was about what we had to do to get people out of there," he said. "That gives me hope that we'll move past this and keep on going."

FROM PAGE 1A

near what's now the Washington National Guard Readiness Center on Joint Base Lewis-Mc-

Now 91 years old, Gräwe returned to JBLM Tuesday to ride his bicycle from the Liberty Gate on Lewis Main to the site of that former prisoner of war camp. He was escorted by JBLM military police members.

For Gräwe, the visit to JBLM was an opportunity to say "thank you" for the treatment he received as a prisoner and see once again the place that holds positive memories, despite the troubling times of his youth. The buildings, now a handful of brown one- and- two-story structures, are all that remains of what was 60 barracks, a soccer field, fences and guard towers.

He toured the inside of one of the surviving structures with Col. William Percival, deputy garrison commander of Joint Base Lewis-McChord and commander of the 627th Air Base Group.

"My bed was over there," Gräwe said, as he pointed to a corner in the building similar to the one in which he'd lived. "It was (a bunk bed). The (building) must have been improved later;

it wasn't as nice as this." Grawe doesn't have any complaints about his treatment as a prisoner. In fact, he had only good things to say about his

"All we cared about was the food," he said of prison life.

Gräwe said he appreciated the meat and vegetables served but also loved that he could use his 80 cents a day — payment for



SCOTT HANSEN Northwest Guardian

Günter Gräwe, 91, right, a former German prisoner of war who was held at Fort Lewis during World War II, visits with Col. William Percival, JBLM garrison deputy commander, while touring the site of his former POW barracks on Lewis Main during a visit to JBLM Tuesday.

work performed picking apples or harvesting potatoes in eastern Washington or picking cotton in Arizona — to purchase items he would not have been able to buy in Germany.

In a 2016 letter to Marie McCaffrey, co-founder and executive director of History Link, who accompanied Gräwe on his visit to JBLM, he wrote: "It was in August or September 1944 when I stood in front of a shop in the POW Camp (at) Fort Lewis considering what to buy first: an ice cream or a bottle of Coca-Cola. The last ice cream I had been able to buy in Germany was years ago. But CocaCola? Never before. So I decided to take both. I suddenly realized how extremely lucky I had been to be captured by the American Army and not the Russian one.'

Food was rationed in Germany during World War II, and Gräwe's family wasn't able to buy such niceties. Grawe grew up the oldest of two children in Lüdensheid, a small west German town. He had a sister, Erika, who was three years younger than him. She died in 2015.

Gräwe joined Deutsches Jungvolk — a German group for young people — when he was 10 years old and transitioned into the Hitler Youth program at the

age of 14. At the time, Gräwe had no knowledge of the German leader's horrific plans for his country. Gräwe said he thought of the youth groups as similar to American Boy Scout programs.

"We had fun and went places, camping and games, things we wouldn't have been able to do otherwise," he said.

His father was drafted into the German Army and died a year later, when Gräwe was a just a youth. Before his 18th birthday, Gräwe was called into the German Army. He joined volun-

tarily, he said. According to Gräwe, the German Army and Hitler's Nazis were two completely different groups. Prison camps in America, including the one at JBLM, also differentiated between the two, giving 10 cents a day in pay for work to Nazi prisoners and 80 cents a day to German Soldiers, such as Gräwe, according to Duane Denfield, JBLM architectural historian.

Gräwe said he and other prisoners couldn't believe it when an American military officer told of atrocities performed by Nazis, such as Jews being murdered in concentration camps. A few years after the war, Gräwe returned to Germany. He married his wife, Chrestel, in 1950. She died two years ago, shortly before he decided to make the trip

'She'd have said I was crazy," he said, when asked if his wife would have approved his pilgrimage.

The couple has two sons, Ulrich and Mathias, who now run the family import business in Germany, along with his grandson, Holm, and his wife, Swetlana.

Gräwe said he was glad to have seen JBLM and met current military leaders, and he is grateful for the way Americans help other countries — such as the Marshall Plan, after World War II, which helped rebuild Germany. He said he decided to make this bike trip now because he wanted to thank America for treatment he'd not have received at the hands of other captors.

'With all the trouble in the Middle East, there are so many things happening," he said. "I think of the prisoners of ISIS; they won't get ice cream or Coca-Cola. My stay here was the best (treatment) I've had."

FROM PAGE 1A

time in America.

HOUSE

were question and answer periods to allow attendees to ask questions and express concerns for West to better understand and address and eventually pass on to her headquarters.

'Getting feedback like this is useful and it helps me fulfill my dual role as Army Surgeon General and commanding general," West said.

Questions from the town hall

meetings ranged from stress reduction opportunities to a request for help for a military family member who has attempted suicide and questions on transgender surgeries and if the military will continue to provide those services despite recent changes tweeted by President Donald Trump.

West referred some questions to Col. Michael Place, Madigan Army Medical Center commander, but assured the Soldier who asked about transgender surgeries that no changes have been made and

the Army will continue to provide services until changes are sent from the Department of Defense.

This is the first time West has been this far west. Her furthest venture previously being a residency at the University of Colorado Medical Center in Denver, she said. She's hoping to visit all Army installations during her term in this position.

After the Wednesday afternoon session at Madigan, a line of attendees waited to chat with West and take photographs with her. First Lieutenant Holly Carlson, a postoperative registered nurse at Madigan, asked West's advice: "I'm a purpose oriented person, so I wanted to know how (West) stayed focused in her career." Carlson said West was inspirational and a great source of knowledge.

West is a graduate of the United States Military Academy with a bachelor of science degree in engineering. She earned a doctorate of medicine degree from George Washington University School of Medicine in Washing-

She also completed the Army Medical Department Officer

courses; and, graduated from the Army Command and General Staff College and the National War College.

Colonel John "Chris" Becking, 555th Engineer Brigade, commander, attended the first Tuesday town hall at French Theater. He called that gathering a "great event."

"It is always helpful to hear from the Army's senior leaders to understand the larger context to our local challenges and successes," Becking said. "Lieutenant General West was able to clearly and honestly provide that context to us."

FROM PAGE 1A

AIRMEN

end up prepping five chalks (C-17 Globemaster III aircraft loads) totaling more than 350,000 pounds (175 short tons) and lasting well into the

Aerial porters are no stranger to providing timely, on-demand service to customers, but being able to directly support Federal **Emergency Management Agen**cy lead humanitarian relief was especially rewarding.

We had so many young people out there who have never (supported) a relief (mission) – and thank God it's rare — but they understood what they were doing and why they were doing it and it showed in their work, Banks said. "The sense of urgency, the sense of pride, the sense of quality just beamed from them."

Banks' sentiment was echoed

from others in the unit. Although thankful the devastation caused by one of the most powerful Atlantic storms in decades is a rare event, grateful for the opportunity to assist.

"It makes me feel really good to be able to help out with relief efforts," said Airman 1st Class Samantha Calter, an aerial port rigger stationed at Kirtland Air Force Base, N.M., who is training at JBLM as part of upgrade training. "I told my friend from (basic training) I would be helping with this today and she was very happy; her entire family is in Puerto Rico.'

The work that the 62nd Aerial Port Airmen accomplish on a 24-hour, 7-days-a-week, 365days-a-year basis is not without its challenges.

All cargo must go through the joint inspection process before being readied to load onto air-

"The user who has cargo to be moved with the 62nd APS team complete the joint inspection,"



MASTER SGT. SHANDA DE ANDA 62nd Airlift Wing Public Affairs

62nd Aerial Port Squadron Airmen loaded more than 350,000 pounds of equipment aboard C-17 Globemaster IIIs on JBLM in support of Hurricane Maria relief efforts in Puerto Rico Monday.

said Robert Izzett, 62nd APS hazardous material inspector. "Anytime there is air cargo that needs to be airlifted, it has to go through the joint inspection process; in that process we have

to make sure, if it's a vehicle or any type of hazardous material, that it meets airlift safety requirements."

Despite the long hours and demanding workload, the aerial porters seemed motivated until the very end.

"We're making history being a part of it," Izzett said. "This is the first mission here from the 62nd APS with several more scheduled over the next couple of days.'

Taking part in making history and in making significant contributions to the Air Force and the Department of Defense missions is just a byproduct of aerial porters' mission as enablers to global reach and global air mobil-

ity.
"Throughout my entire career I've put hands on — hands on the warfighter, hands on food, hands on relief cargo, hands on ammo going to the warfighter and then you see the (impact) and you can say 'I did that,' 'I put that guy or unit on the plane,' 'I had a part of that,'" Banks said. "For humanitarian relief, we're there to take care of the people in need; it's a huge part of the proud — the pride that you see in a Port Dawg.'



2017 ARMY TEN-MILER

JBLM Ten-Miler team fit, ready to run

Team looks to build on last year's results Sunday in Washington D.C.

BY DEAN SIEMON Northwest Guardian

The last time Leah Guerrero ran for Joint Base Lewis-McChord at the Army Ten-Miler was in 2014. Life kept her away from running in 2015 when she became a platoon leader for the 1st Battalion, 17th Infantry Regiment, 2nd Brigade, 2nd Infantry Division.

In 2017, Guerrero joined an active-duty women's team from JBLM that hopes to improve upon its third place team finish

last year at the 2017 Army Ten-Miler in Washington, D.C., set for Sunday. Since the team began training in May, Guerrero has shown signs that she hasn't lost a step since 2014.

"I started off the season faster than in 2014, so that's encouraging," Guerrero said. "I'm excited for (this year)."

The JBLM women finished with a combined time of 4 hours, 31 minutes and 56 seconds — led by Jessica Knoll's individual time of 1:05:23. Knoll

is the only returning runner from last year's team, which features new runners in Kristen Conley, Shoshannah Lane and Emily Sugimoto.

Although the five women haven't run together as a team, they all have previous experience running in the Army Ten-Miler while stationed at other installations. All five have the experience and knowledge to stay accountable for logging in the miles over the past four months.

"We have workout calendars, so we're on the same pace," Knoll said. "When we do get

SEE TEAM, 2B



DEAN SIEMON Northwest Guardian

JBLM Ten-Miler team member Casey Trias runs in the grass at Watkins Field during an early-morning practice on Lewis Main Sept. 29.

2017 INVICTUS GAMES



ROBERT WHETSTONE U.S. Army Warrior Care and Transition

U.S. Army Col. Daniel Dudek, of I Corps, and U.S. Marine Corps veteran Ivan Sears warm up prior to the wheelchair racing event at York Lion Stadium in Toronto during the Invictus Games Sept. 24.

JBLM LEADER BRINGS HOME BRONZE MEDAL

I Corps officer was one of 550 athletes

BY DEAN SIEMON Northwest Guardian

olonel Daniel Dudek of Headquarters Support Company, I Corps on Joint Base Lewis-McChord, was one of more than 550 competitors representing 17 nations at the 2017 Invictus Games Sept. 23 to Saturday in Toronto his second appearance in the adaptive sports competition started by Prince Henry of Wales in 2014 for the world's wounded service members and veterans.

Dudek left Toronto with a bronze medal after finishing third in the men's 1,500-meter wheelchair racing final Sept. 24 in his division with a time of 5 minutes and 4.11 seconds. It was Dudek's first medal at the Invictus Games; although, he participated in the games in 2014 in London.

pated in the games in 2014 in London.

Dudek said he struggled in some of the



PFC. SEARA MARCSIS 55th Combat Camera

U.S. Army Col. Daniel Dudek of I Corps competes in a swimming event during the Invictus Games at the Air Canada Centre in Toronto Sept. 28.

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2017 ARMED FORCES SOFTBALL CHAMPIONSHIP

JBLM hitter powers Army softball team to gold medal

BY DEAN SIEMON Northwest Guardian

Whether on a professional baseball field or a softball diamond on a military installation, Sgt. Jedon Matthews of 1st Squadron, 14th Cavalry Regiment, 1st Brigade, 2nd Infantry Division has maintained a strong swing of the bat and a love for the game of baseball and softball.

Matthews was one of the powerful bats in an All-Army men's line up that swept the nine-game

schedule to claim the gold medal during 2017 Armed Forces Softball Championship at Joint Base San Antonio, Texas, Sept. 19 to 23. The win gave Army a sixth, consecutive first-place finish in the annual softball tournament.

tournament.
The Army men's team totaled 278 runs in the nine-game stretch, scoring no less than 28 runs in two of the games. Matthews certainly had his fair share of runs driven in as he held a batting average of .689

and a slugging percentage of

1.489. In terms of production, Matthews led all Army batters with 10 home runs. He also tied for the Army lead with Eric Sessom and Leonardo Aviles with 27 runs batted in. His biggest individual contribution came during the Army's 38-31 win over the Air Force Sept. 23: five hits in six at-bats for two home runs and nine RBI.

SEE GOLD, 2B



team win the 2017 Armed Forces Softball Champion-ship at Joint Base San Antonio in Texas Sept. 19-23.

Matthews

helped the

All-Army

Armed Forces Sports

ON THE SCHEDULE

SPORTING CLAYS MONTHLY EVENT SET FOR SATURDAY

Recreational: The Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main will host the monthly Sporting Clays shooting competition Saturday at 10:30 a.m. Registration starts at 9 a.m., and cost is \$35 per person. Competition includes 10 stations with 100 clay targets that simulate unpredictability of live-quarry shooting. For more information, call the Skeet and Trap Range at 253-967-7056.

NEXT CG GOLF SCRAMBLE WILL TAKE PLACE OCT. 13

Golf: The next Commanding General Golf Scramble at Joint Base Lewis-McChord's Eagles Pride Golf Course is scheduled for Oct. 13 with a 1 p.m. shotgun start. Open to valid military ID cardholders, who can bring friends to form a four-person scramble team. Cost is \$35 per person and includes green fee, cart rental and a chance to win prizes. Participants must register for the competition by Wednesday. For more information, call 253-967-6522.

ANNUAL JBLM ZOMBIE RUN WILL TAKE PLACE OCT. 14

Races: Sign up now for the fourth annual Joint Base Lewis-McChord Zombie Apocalypse 5K Run set for Oct. 14 at the Wilson Sports and Fitness Center on Lewis North. The kids' 1K Monster Dash will start at 8 p.m., followed by 5K heats of 8:30 and 9:30 p.m. Pick-up starts at 5 p.m. Late registration ends Wednesday at 11:59 p.m. The cost is \$15 for the 1K and \$30 for the 5K with valid military ID. Cost will be \$20 for the 1K and \$35 for the 5K for those without a military ID. Paid registration comes with custom finisher medals and free tickets to the annual Walk in the Dark at Shoreline Park theatrical nightmare for Oct. 19 or Oct. 26 only. For more information about the Zombie Run, visit jblmmwr.com/races or call 253-967-4768.

JBLM COMMANDER'S CUP

5K RACE SET FOR OCT. 20 Intramural: The Joint Base Lewis-McChord Commander's Cup 5K Championship is scheduled to take place Oct. 20 at Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main. Registration is open the day of the event at 5:30 a.m. Race begins at 6 a.m. Open to JBLM active-duty service members only. For more information about the JBLM Commander's Cup 5K Championship, visit jblmmwr.com/intramural or call the JBLM Intramural Sports Office at 253-967-4768.

FROM PAGE 1B

TEAM

together, we should be at the same level (of readiness)."

JBLM will also send an activeduty men's team that hopes to do better than its ninth place finish last year. The group finished with an overall time of 3:53:41 with four runners finishing in under an hour, but only one of them, Richard Williams, is scheduled to return to this year's team.

Runners have attempted to get their miles in when they can. Shawn Jenkins even ran in the Race for a Soldier half-marathon Sept. 24 in Gig Harbor, finishing with a time of 1:26:04.

"That's a pretty decent time for how hilly of a course that is,

2017 JBLM Teams for Army Ten-Miler

Active-Duty Men – Kevin Kniery, Joe DeFilippo, Shawn Jenkins, Trevor Lafontaine, Casey Trias, Antoine West and Richard Williams

Active-Duty Women – Leah Guerrero, Jessica Knoll, Kristen Conley, Shoshannah Lane and Emily Sugimoto

so I think I'm pretty squared away for a good time (in D.C.)," Jenkins said.

Other runners have had to adapt to times when duty calls. Casey Trias was among the 245 members of the 23rd Brigade Engineer Battalion, 1st Brigade,

2nd Infantry Division to help fight wildfires as part of "Task Force Spearhead" at the Umpqua North Complex in Oregon.

Finding time to get his miles was difficult, but Trias was able to run in the evening. He said the area was a nice training environment, despite the wild-

"It was nice that the job required hiking with a fire pack, so I got a lot of hiking up and down hills," Trias said.

Both JBLM teams will travel to the nation's capital for the event that attracts more than 30,000 runners — representing several military installations in the United States and around the world. For more information, visit armytenmiler.com.

Dean Siemon: 253-477-0235, @deansiemon



DEAN SIEMON Northwest Guardian

Shawn Jenkins is optimistic about his conditioning leading up to the Army Ten-Miler race that will be held in Washington, D.C., Friday.

FROM PAGE 1B

DUDEK

shorter distances because he had spent his recent training time working towards doing triathlons and marathons.

"I was having trouble with the starts, and the other guys were just really fast off the starting blocks," Dudek said. "With four laps, I was able to do better because I had been working on that."

Dudek was certainly close in three other athletics events in his division. He finished fourth in both the men's 200-meter race (39.58 seconds) and the men's 400-meter final (1:22.15). Dudek also had a fifth-place finish in the men's 100-meter final with a time of 21.95 seconds.

His week continued Sept. 26 in his division with an eighth place finish in the men's hand-cycling time trial final (13:06). He had a better performance the next day with a fourth-place finish in the men's handcycling criterium final with a final time of 31:48; nearly two minutes behind U.S. teammate Brant Ireland (29:50) for the bronze medal.

Although he didn't finish at the medal podium in those events, Dudek said he reached speeds he hadn't hit before thanks to drafting and pulling with other handcyclists.

"When I train, I usually go 14 mph," Dudek said. "At Invictus, I averaged 16 mph. I actually got up to 30 mph at a couple of

The qualifying heats for swimming took place Sept. 28. It's a sport Dudek has done well with at previous Warrior Games; however, he was unable to advance to the final round in each of his four races.

Dudek's best swimming result in his division came in the men's 100-meter freestyle heat: an 11th place finish with a time of 1:20.93. Then there was a 12th place finish in the men's ISC 50-meter backstroke with a time of 46.94 seconds.

His stint in the 2017 Invictus
Games ended with a 15th place
finish in the men's 50-meter
breaststroke (53.79 seconds) and
a 16th place finish the men's
50-meter freestyle (36.16 sec-

While medals are always a nice reward for any athlete, Dudek said he felt the entire experience of going to the Invictus Games was rewarding enough. From the athletes offering advice and tips on techniques, to the city's sports bars showing their support and interest, Dudek said it was great to feel the sense of complete camaraderie.



PFC. SEARA MARCSIS 55th Combat Camera

U.S. Army Col. Daniel Dudek, of I Corps, celebrates after winning the bronze in the 1,500-meter wheelchair racing final during the 2017 Invictus Games at York Lions Stadium in Toronto Sept. 25.

"(Invictus) is about showcasing adaptive sports, and it's about celebrating some of the victories people have over their injuries," Dudek said. "It's celebrating resiliency as a community."

Dudek said he hopes anyone currently within the JBLM Warrior Transition Battalion will do what they can to qualify for the Warrior Games in 2018 for a chance to qualify for the 2018 Invictus Games in Sydney.

Two appearances at Invictus will be enough for Dudek, but the inspiration to improve remains. He's hoping to train for the Seattle to Portland bicycle rideand swimming across Lake Washington.

"It's being better, overcoming and getting faster," Dudek said. "(I'm) getting to be out in the Northwest — deeper than I've been in the past."

Dean Siemon: 253-477-0235, @deansiemon



U.S. Army Col. Daniel Dudek, of I Corps, prepares for an event in the Invictus Games at York Lions Stadium in Toronto Sept. 24.

FROM PAGE 1B

GOLD

"We had a real good group of strong guys, mentally and physically," Matthews said. "We had a lot of (experienced) vets and only three young guys."

Matthews was then one of nine Army players selected to play for the U.S. Armed Forces team that competed in the ASA Nationals in Oklahoma City Sept. 29 to Sunday.

The Armed Forces team was eliminated after two losses to the OC (26-25) and the FK/ Pauer Sports club (32-27). Even though the Armed Forces team went winless, there was pride in the fact that it played a lot tougher than in years past.

"It's truly an honor just to be selected to advance — to put

that USA across your chest and your hat," Matthews said.

Matthews is no stranger to playing on the diamond, both softball and baseball. Before entering the Army, Matthews was scouted out of Horizon Christian High School in San Diego to play professional baseball. In 2006, he was selected by the Chicago White Sox in the 28th round of Major League's Baseball June amateur draft.

Matthews played two seasons for the team's Appalachian League team, the Bristol White Sox, from 2007 to 2008. In 190 games, he hit for a .270 batting average with three home runs and 23 RBI.

He was released from the White Sox organization in 2009. Without an agent, he looked around for other baseball options before deciding to move

onto something bigger. He

joined the Army in 2012.

During his first year serving in South Korea in 2013, Matthews found opportunities to play softball on the installation and eventually with All-Army. He continued playing as he transitioned to Fort Benning, Ga. Now stationed at JBLM, Matthews has played for All-Army for four years during its dominant stretch — 2013, 2015 to 2017.

Softball has become his peace and serenity, he said, similar to what baseball has been for him since he first played on a diamond at age 5.

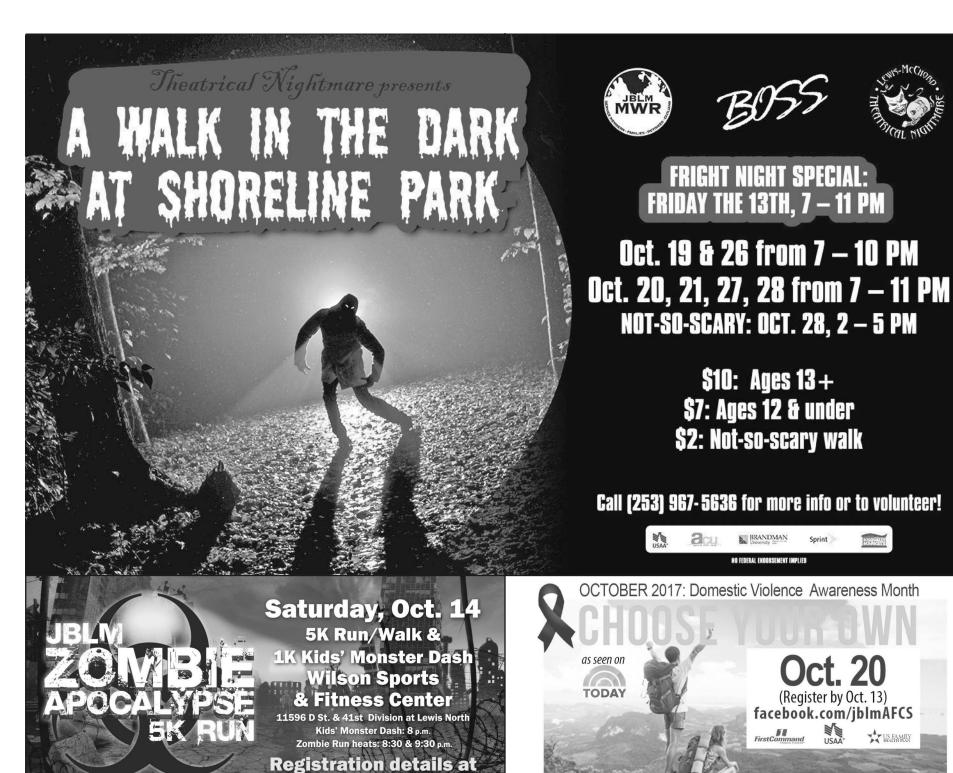
"It's all about fun," Matthews said. "I play the game the way it's meant to be played. I just carried that over from baseball to softball."

Dean Siemon: 253-477-0235, @deansiemon



Armed Forces Sports

Sgt. Jedon Matthews tosses his bat as he makes his way to first base during the 2017 Armed Forces Softball Championships Sept. 19-23.







CAN YOU SURVIVE THE OUTBREAK?

FRIDAY, OCT. 13 1300

JBLMmwr.com/races



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8–10 a.m.
Applicants submit applications and rèsumès

9:45 a.m.-3 p.m.

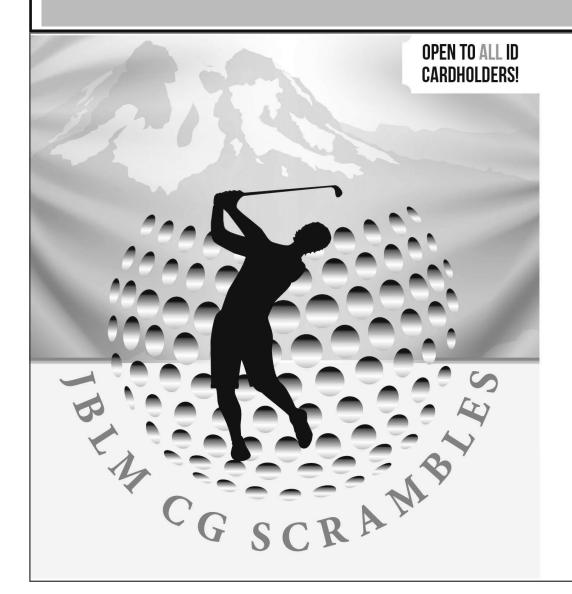
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FRIDAY, OCT. 13 1300



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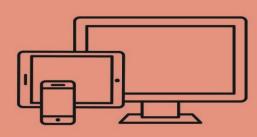
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NORTHWEST BLM Guardian SECTION C

ALSO INSIDE: For more fun things to do, see the JBLM calendar. **2C**



OCTOBER 6, 2017 » WEEKEND

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FOR THE WEEK OF OCT. 6-12



McCHORD PUB 4 to 9 p.m. Drop in to relax after work. Enjoy programs on four overhead televisions and challenge your friends to a game of darts or poker. Order appetizers from the pub menu to go along with your favorite drinks.

AMERICAN LAKE CONFERENCE CENTER Book your unit, office or group holiday party. Call the catering office weekdays at 253-966-4998.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 10 p.m. Chicken-fried steak for \$8.25.



SAMUEL ADAMS BREWHOUSE 4 pm. to midnight. Watch UFC 216 Ferguson vs. Lee. \$5 cover.

WARRIOR ZONE
Order UFC 216 patio
grilled specials. Ages
18 and older only.

8

SAMUEL ADAMS BREWHOUSE 1 to 10 p.m. Football on big screens. 12th fan special: burger with fries and a Sam Adams draft pint for \$12.

WARRIOR ZONE

10 a.m. to 11 p.m. Chicken and waffles combo for \$5.50 or grits and bacon or sausage for \$3.50 from 9:30 a.m. to noon.

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9

SAMUEL ADAMS BREWHOUSE 4 to 10 p.m. Happy hour is from 4 to 5:30 p.m. Get six wings \$5 for, half-off flatbread, \$2 off Sam Adams pitchers and \$1 off Sam Adams pints during the game.

McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, grilled burgers and sandwiches with fries.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken bacon ranch wrap

for \$8.25.

10

WARRIOR ZONE
DINING 10 a.m. to 11
p.m. Try chicken tenders and fries for \$6.50
or a large pretzel with cheese for \$3 to go
with your happy hour bottles, pints and pitchers. Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken cordon bleu for \$8.25.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries. 111

McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, grilled burgers and sandwiches with fries.

STRIKE ZONE AT BOWL ARENA LANES

4:30 to 7 p.m. All-youcan-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

WARRIOR ZONE

10 a.m. to 11 p.m. Warm up with beef stew and a roll for \$5 per cup. Teriyaki steak or chicken bowls for \$5.50 each. Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES11 a.m. to 8 p.m. Spaghetti and meatballs

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IKE ZONE A

STRIKE ZONE AT SOUNDERS LANES11 a.m. to 8 p.m. Beef stroganoff for \$8.25.

SAMUEL ADAMS BREWHOUSE 4 to 10 p.m. Each quarter during football, dice are rolled for a discounted drink special.

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WARRIOR ZONE
10 a.m. to 1 a.m. Catch
college and pro games,
plus UFC action. Ages

18 and older only.

AT THE MOVIES

Carey Theater on Lewis Main

It (R)

Friday at 7 p.m.

The Nut Job 2: Nutty By Nature (PG)
Saturday at 1 p.m.

The Foreigner (R)

Saturday at 7 p.m. Free. The Nut Job 2: Nutty By Nature (PG)

Sunday at 1 p.m. It (R)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

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STXfilm

Jackie Chan, Pierce Brosnan and Charlie Murphy star in the new STXfilms release, "The Foreigner."



DEAN SIEMON Northwest Guardian

The Streamer Club, left, welcomes Douglas James, the Pacific Coast Wrestling Light Heavyweight Champion, during Defy Wrestling's show at Washington Hall in Seattle Sept. 29.

INDEPENDENT PROFESSIONAL WRESTLING

THE DEFIANT ONES

BY DEAN SIEMON Northwest Guardian

Defy Wrestling promoters are welcoming members of the military community to come experience the atmosphere of a unique professional wrestling scene that has grown exponentially — one that Defy has been the highlight of this year.

"We want to get more involved with the local military bases," said Defy producer Matt Farmer. "Independent wrestling, as a whole, is on a resurgence. It's been around for-

ever, but it hasn't been seen like it is now with streaming (on services like) Defy On Demand."

Independent wrestling is a different culture than what fans

SEE WRESTLE, 11C



Former UFC fighter Matt Riddle, left, battles with Shane "Swerve" Strickland during a Defy Wrestling match at Washington Hall in Seattle Sept. 29.

ALREADY ON SALE

FLORIDA GEORGIA LINE 7 p.m. Friday. White River Amphitheatre, Auburn.

IMAGINE DRAGONS 7:30 p.m. Friday. KeyArena, Seattle. MOON TAXI 9 p.m. Friday. Neptune Theatre, Seattle.

LINKIN PARK AND SNOOP DOGG 7:30 p.m. Oct. 14. KeyArena, Seattle.

TOMMY JAMES AND THE SHONDELLS Oct. 14. Tulalip Casino. Tulalip.

WWE SMACKDOWN LIVE Oct. 17. KeyArena in Seattle. **JACK DEJOHNETTE** Oct. 19. The Moore Theatre, Seattle,

upcoming events »

MEEKER MANSION

For Reservations or info:

253.848.1770

www.meekermansion.org

WHOSE LIVE ANYWAY Oct. 20. The Moore Theatre. Seattle. stgpresents.org.

DEPECHE MODE 7:30 p.m. Oct. 21. KeyArena, Seattle.

ANDRE RIEU 8 p.m. Oct. 28. Tacoma Dome, Tacoma.

GREGORY PORTER Nov. 1. The Moore Theatre, 1932 Second Ave., Seattle.

GARTH BROOKS WORLD TOUR WITH TRISHA YEAR-WOOD Nov. 4. Tacoma Dome,

Tacoma.

QUEEN LATIFAH Nov. 4. Emerald Queen Casino, Tacoma.

BOB SEGER AND THE SIL-VER BULLET BAND Nov. 11. KevArena. Seattle.

CIDER SOUEEZE

Saturday, Oct. 14 • 10am to 4pm

Squeeze Apples into Fresh Cider,

Enjoy entertainment, plus purchase treats,

oumpkins and items from our many vendors. Vendor space, \$20.

'DOWNTON ABBEY'

THEMED

TEA & TOUR

Saturday, Oct. 21 • 1pm

\$18 per guest. Vintage Dress and/or Hats.

"THE BODYGUARD" TOUR

Nov. 14-19. Paramount Theatre, Seattle. stgpresents.org.

FALL OUT BOY 7 p.m. Nov. 12. KeyArena, Seattle.

TRANS-SIBERIAN ORCHES-TRA 2017 Nov. 25. KeyArena,

BILL MURRAY, JAN VOGLER AND FRIENDS Nov. 29. McCaw Hall, Seattle, Ticketmaster,

JAY Z - 4:44 TOUR Dec. 13. Key Arena, Seattle. Ticketmaster.

GARY ALLEN Dec. 15. Emerald Queen Casino, Tacoma.

CIRQUE DREAMS HOLIDAZE Dec. 22. Paramount Theatre. Seattle, stgpresents.org.

HARLEM GLOBETROTTERS Dec. 29. KeyArena, Seattle. Ticketmaster.

"BOOK OF MORMON" Jan. 2-14 at The Paramount Theatre, Seattle. stgpresents.org.

MONSTER JAM TRIPLE THREAT SERIES Jan. 12-14, Tacoma Dome. Tacoma.







LASA'S MURDER MYSTERY FUNDRAISER

THANK YOU TO OUR FRIDAY THE 13TH

MURDER MYSTERY DINNER SPONSORS! TWILIGHT LEVEL:

HomeStreet Bank*

MIDNIGHT LEVEL:

-MARY JANE DUBBS, CPA

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- -AA MEATS
- -HARBORSTONE CREDIT UNION

Friday, October 13th, 2017 Doors Open at 6:00pm CPTC Rotunda, Building #3

Purchase Tickets Online At: www.lasawa.org/fundraiser

STARLIGHT LEVEL:

- -MORRISON HOUSE
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OCTOBER 7

SEA KAYAK TRIP AT LAKE UNION WITH LUNCH

Paddle in the Seattle area in Lake Union past houseboat communities, yacht yards and the NOAA research-ship facility, as well as many trendy urban neighborhoods. The group will stop for lunch at the Aqua Verde Paddle Club where kayakers may eat their packed lunches or purchase a meal for \$4 to \$8. Difficulty: beginner to intermediate; distance: 5.5 miles; paddle time: three-and-a-half hours. Minimum age: 16. Depart from McChord Field's Adventures Unlimited at 8 a.m. or the Northwest Adventure Center at Lewis North at 8:30 a.m. Trip with NAC expert guides. \$60.

OCTOBER 7-8

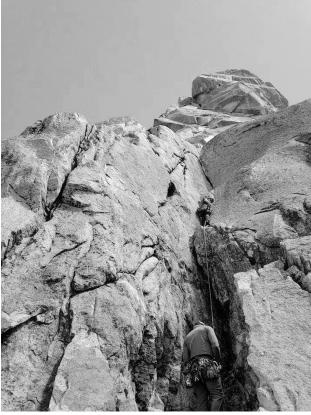
LEAVENWORTH TWO-DAY CLIMBING EXPEDITION

Join us for a trip to Leaven-worth's Icicle Canyon. The rock is dark granite with lots of slabs and cracks, and most routes along Icicle Road are within walking distance. There are routes for all ability levels as well as mellow top ropes. One favorite is Snow Creek Wall about 2 miles up Snow Creek Trail, offering longer climbs and a longer approach. After a day of climbing, the group will head to town to enjoy the opening day of Oktoberfest. \$195.

OCTOBER 8

MOUNTAIN BIKE ON DUTHIE HILL

Experience the thrill of mountain biking. The trip will start by addressing proper bike fit and making any necessary adjustments to your bike. Next,



JBLM Outdoor Recreation

The JBLM Northwest Adventure Center has several rock climbing trips being planned for the month of October.

trip guides will demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending and navigating minor obstacles on the trail. They'll also cover important communication skills and mountain biking trail etiquette with the aim of keeping multi-use trails open and safe for everyone. And finally, the group practice all these new skills on a great trail ride. Minimum age: 14. Depart from the Northwest Adventure Center at

Lewis North at 8 a.m. Trip with NAC expert guides. **\$45.**

OCTOBER 13-15 LEAVENWORTH THREE-DAY CLIMB

Join us for a trip to Leavenworth's Icicle Canyon for a three-day rock climbing trip. The rock is dark granite with lots of slabs and cracks, and most routes along Icicle Road are within walking distance. There are routes for all ability levels, as well as mellow top ropes. One favorite is Snow Creek Wall about 2 miles up Snow Creek Trail offering longer climbs and a longer approach. After climbing, the group will head to town for Oktoberfest, Leavenworth's famous fall celebration. Ground transportation, technical climbing gear and camping included. \$275.

OCTOBER 18

SEA KAYAK SKILLS CLASS

The course offers five levels of two-hour kayak skills classes. Participants can start at any time and master as many levels as they would like. First level: proper paddling techniques and how to buddy rescue. Second level: Edging maneuvers and self-rescue. Third level: Recovery techniques and muscle memory exercises for the roll. Fourth level: Multi-day kayak trip preparation and the Trescue. Fifth level: Learning the kayak roll. After the fifth level, students can continue to perfect the roll. Minimum age: 12. Meet at the Kimbro Pool at McVeigh Sports and Fitness Center at 7:30 p.m. \$35.

OCTOBER 19-25

DESERT CLIMBING TRIP IN MOAB, UTAH

The Fisher Towers are one of the most outstanding scenic features of Utah's Colorado Riverway. These rock pinnacles soar above a maze of red and purple hued canyons. Join Northwest Adventure Center guides for an amazing trip to climb some of these famous towers. With a wide selection of routes the program can tailor. Not only tower climbing is

available, but an amazing selection of short sport routes in the river canyons. **\$1,900.**

OCTOBER 21-22 ROCK CLIMBING INTRO IN TIETON VALLEY

The Tieton River crags are spread out along a 20 milestretch of the Tieton River drainage, on the east slope of the south Cascades. Most of the crags are andesite (similar to basalt), part of a 50-mile long flow from the ancient Goat Rocks volcano. By some accounts it's the world's longest andesite flow. There are more than 400 routes, pretty much evenly split between trad and sport. Generally, the crags in the lower canyon (Royal Columns, the Bend, and Moon Rocks) have more crack routes while the crags higher in the drainage (the Oasis, the Cave, Rainbow Rocks, Wildcat, Lava Point and South Fork) have more sport routes. Whether it's a reflection of the rock or the primary route developers, the Tieton shines at the 5.10 grade for trad routes and 5.11 grade for sport climbs. Register for an awesome fall weekend of climbing and campfires out in the Washington southwest. Ground transportation, technical climbing gear and camping included. \$190.

OCTOBER 22

FALL PHOTOGRAPHY CLINIC ADVENTURE

Washington's diversity of flora in the mountains makes for a spectacular fall color display. From the deep reds of vine maple on the western slopes to the golden yellow of alpine larches on the eastern slope. But that's not all that makes the hillsides light up in autumn. There are fiery reds and or-

anges in huckleberry shrubs, brilliant yellows of the aspens and a variety of different berries in many hues often against a backdrop of crisp blue sky. Minimum age: 12. Depart from the Northwest Adventure Center on Lewis North at 8 a.m. or McChord Field's Adventure Unlimited at 8:15 a.m. Trip with NAC expert guides. \$50.

OCTOBER 27-29

BASIC ROCK CLIMBING TRIP AT SMITH ROCK

This is where it all began with greats like Alan Watts and the late Todd Skinner. Smith Rock is the sport climbing Mecca for the Northwest: there are more than 1,000 routes, mostly bolted sport climbs, some aid and many good traditional climbs. This place is home to some of the hardest routes on Earth, yet still offers challenges to climbers of all abilities. Don't miss the Monkey's Face. Three days of amazing climbing tailored for any skill level. Whether you are just learning or want a guide to help you on those multi-pitch routes this is the place. Ground transportation, technical climbing gear and camping included. \$300.

OCTOBER 28

WATERFALL PHOTO WORKSHOP COURSE

Capturing waterfalls, a continuously flowing subject, requires a delicate balance of the available light through proper use of aperture and shutter-speed. This workshop will show how and when to use different shutter-speeds to convey the proper mood. The group will travel to some hidden

SEE OUT, 9C











FREE ADMISSION AUTHENTIC GREEK CUISINE CHURCH TOURS LIVE GREEK DANCE PERFORMANCES





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FRIDAY & SATURDAY: 11AM-9PM, SUNDAY: 11AM-6PM

FOLKLORIC DANCE PERFORMANCES FRIDAY: 5, 7 & 8:30PM

SATURDAY: 1, 3, 5, 7 & 8:30PM SUNDAY: 1, 3 & 5PM

30NDAI. 1, 3 & 31 W

DINING ROOM FRIDAY & SATURDAY: 11AM TO 8PM SUNDAY: 11AM TO 6PM

CHURCH TOURS

FRIDAY: 12, 2, 4 & 6PM SATURDAY: 12, 2, 4 & 6PM SUNDAY: 12, 2 & 4PM

We are proud to donate a portion of our festival proceeds to the Tacoma Rescue Mission.

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The Dynamic American West: Highlights from the Haub Family Collection On view through January 28, 2018

Bill Schenck, Snakes in the Grass, 1996.

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TacomaArtMuseum.org

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LEFSE, SCANDINAVIAN FOOD & MORE

NEW LOCATION

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\$2 ADMISSION / CHILDREN UNDER 12 FREE



EVENTS

ONGOING

Black Hills Audubon Society Bird Walk

Black Hills Audubon Society Bird Walk 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road., Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

COMMUNITY

Parents' Night Out — Harvest Night 6 to 9 p.m. Friday. Children's Museum of Tacoma, 1501 Pacific Ave., Tacoma. Kids can play games, explore the playscapes, create works of art and enjoy pizza and treats. \$40 per child, \$20 for additional child. 253-627-6031, playtacoma.org.

The Square at TFF Movie and Dinner Experience 7 p.m. Friday. Blue Mouse Theatre, 2611 N. Proctor St., Tacoma. Awardwinning foreign satire. Enjoy Italian food at a post-film dinner party at Europa Bistro. \$10 general admission; \$7.50 for Grand Cinema members. 253-593-4474, grandcinema.com/ events/friday-night-movie-dinner.

Puyallup 2017 Festival of Books, Brews and Bites Friday and Saturday. Puyallup Library, 324 S. Meridian, Puyallup. Kicks off Friday with a reception for Naveed Jamali, author of "How to Catch a Russian Spy." The Jim Taylor Memorial Lecture is Saturday and will feature Nathalia Holt, a science writer and the New York Times best-selling author of "Rise of the Rocket Girls: The Women Who Propelled Us from Missiles to the Moon to Mars," in conjunction with South Korean astronaut Soyeon Yi. Holt and Yi's presentation will be followed by a joint question and answer session. Keynote speaker Rick Steves will speak on "Perspectives on Adventure, Culture

and a Changing World." See bit.ly/2uB4y2Z for more information, including a detailed schedule of events. Free. 253-770-3370, cityofpuyallup.org/1395/Festival-of-Books-2017.

City of Fife Harvest Festival 10:30 a.m. to 7:30 p.m. Saturday. Dacca Park, 54th Ave. E., Fife. Family friendly fun with a full day of free entertainment to enjoy, activities, and vendor booths to visit. Free. 253-896-8657.

Salmon Homecoming Celebration 11 a.m. to 3 p.m. Saturday. Puyallup Historical Hatchery, 1416 14th St. SW. Puvallup. Join in celebrating the annual return of salmon with a fun and educational outdoor celebration. Free.

Annual Scarecrow Festival 10 a.m. to 4 p.m. Saturday. Sehmel Homestead Park, 10123 78th Ave. NW, Gig Harbor. Featuring farm animals, hay and pony rides, carnival games and more. \$2 donation. 253-530-0833.

SEASONAL

Picha's Pumpkin Patch and Corn Maze 10 a.m. to 6 p.m. weekends and 3 to 6 p.m. weekdays through Oct. 20. Picha Farms, 6502 52nd St. E., Puyallup. Featuring a five-acre corn maze, hayride, best pumpkin sling shot in the valley and open fields full of pumpkins ripe for the picking. No entrance fee. Corn maze \$6 per person; Hayride \$3 per person; Pumpkin Slingshot \$1 per shot. 253-841-4443, pichafarms.com.

TALKS

ABC's of DNA 1 to 3 p.m. Monday. Pacific Lutheran University, 12180 Park Ave. S., Tacoma. Janet O'Conor Camarata will give non-technical, genealogy-oriented approach to genetics. \$15. 253-241-4166, plu.edu/ liferoadscholar.

Grit City Think and Drink:

Revitalizing Lushootseed on Puyallup Land 6:30 to 8 p.m. Tuesday. The Swiss Pub, 1904 S. Jefferson Ave., Tacoma, Danica Miller, UW Tacoma, talk discusses the development and implementation of an indigenous language institute and practical applications of indigenous methodologies into language teaching and learning. Free. 253-572-2821, facebook.com/ events/1360186457432606.

Pierce County Conversations: Student Rights 6 to 7:30 p.m. Tuesday. Lakewood Library, 6300 Wildaire Road SW, Lakewood. Better understand your rights as a student to free speech and education with a presentation by Vanessa Torres Hernandez, youth policy director from the ACLU of Washington, Free, 253-548-3302.

Beyond Ancestry.com: Searching for Your Ancestors Online 7 p.m. Wednesday. Gig Harbor Library, 4424 Point Fosdick Drive NW, Gig Harbor. We will talk about census records, vital records, online newspapers, state archives, libraries and more. Free. piercecountylibrary.org.

piercecountylibrary.org.

Getting Real About Earthquakes: Will This Be Our Hurricane Harvey? 6:30 to 8 p.m. Wednesday. Evergreen State College — Tacoma, 1210 Sixth Ave., Tacoma. Find out what you can/should do today and in the coming months. Free. 253-798-4600, PierceADRC.org.

Steilacoom Library Speak Series: "They Passed Through Steilacoom" 2 to 3 p.m. Oct. 13. Steilacoom Historical Museum, 1801 Rainier St., Steilacoom. An intimate look at some Naches Pass Travelers. Historian, author and living history presenter Ray Egan brings to life some intriguing and wacky stories about people who passed through Steilacoom. Free. 253-584-4133, steilacoomhistorical.org.

Conversation Cafe — Puyallup 6:30 to 8:30 p.m. Oct. 16. Satisfy your hunger to talk about the issues of the day with a wide range of people with a variety of views. Just a conversation, nothing more. This month's topic: Can **Democrats and Republicans** Actually Talk to Each Other?

Mama Stortini's, 3207 E. Main

Ave., Puyallup. Free. 253-272-1495,

WORKSHOPS

tacomapiercelwv.org.

All Things Medicare 1:30 to 4 p.m. Saturday. Gig Harbor Library, 4424 Point Fosdick Drive NW. Gig Harbor. There will be a question and answer session after the presentation. Call Sound Outreach at 253-596-0918 to RSVP for this session; walk-ins are also welcome. Free. 253-548-3305, piercecountylibrary.org.

Oh My Gosh, Now What? 6:30 to 7:30 p.m. Tuesday. Sumner Library, 1116 Fryar Ave., Sumner. Part 3: "How do I start the conversation? How do I cope with the shock?" Free. 253-798-4600, pierceadrc.org.

MUSIC

CHORAL

Northwest Honor Choir Concert 4 p.m. Saturday. University of Puget Sound's Schneebeck Concert Hall, 1500 N. Warner St., Tacoma, Featuring Amanda Quist, guest conductor, with high school singers from Western Washington. Free.

Jet Cities Chorus 2 and 7 p.m. Oct. 28. Federal Way Performing Arts and Event Center, 31510 Peter von Reichbauer Way South, Federal Way. \$25-\$35. 253-835-7010, fwpaec.org.

CLASSICAL

Federal Way Symphony — Premier 7:30 p.m. Saturday and 2 p.m. Sunday. Federal Way Performing Arts and Event Center,

31510 Peter von Reichbauer Way South, Federal Way. \$38-\$49. 253-835-7010, fwpaec.org.

The American Brass Quintet 7 p.m. Saturday. University of Puget Sound's Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Free.

Northwest Sinfonietta: Notions of a Nation 7:30 p.m. Saturday. Rialto Theater, 310 S. Ninth St., Tacoma. \$20-\$50. broadwaycenter.org.

Seattle Baroque Orchestra: Forces of Nature 7:30 p.m.. Sunday. Benaroya Hall, 200 University St., Seattle. \$20-\$40. 206-325-7066, earlymusicseattle-

Symphony Orchestra and Wind Ensemble 7:30 p.m. Oct. 12. University of Puget Sound's Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Free. pugetsound.edu.

Organ at Noon with Joseph Adam 12:05 p.m. Oct. 13. University of Puget Sound's Kilworth Memorial Chapel, 1500 N. Warner St., Tacoma. Organist Joseph Adam plays an all-Bach program in honor of Bach's birthday. Free.

Second City Chamber Series' Masterpiece I: Maters and Winners 7:30 p.m. Oct. 13. Great Hall at Annie Wright School, 827 N. Tacoma Ave., Tacoma. 253-572-8863, scchamberseries.org.

COUNTRY

Florida Georgia Line 7 p.m. Friday. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. \$34-\$77.75. Ticketmaster.

Billy Ray Cyrus 8 p.m. Oct. 13. Snoqualmie Casino, 37500 SE North Bend Way, Snoqualmie. snocasino.com.

IA77

Jazz LIVE at Marine View featuring Duende Libre 5 to 7 p.m. Sunday. Marine View Presbyterian Church, 8469 Eastside

BLUE MOUSE

Drive NE, Tacoma. Admission free to all age. 253-229-9206, marineviewpc.org.

R&B

Lauryn Hill 6:30 p.m. Tuesdav. WaMu Theater, 800 Occidental Ave. S., Seattle. \$78.50-\$124. Ticketmaster.

ROCK

Imagine Dragons 7:30 p.m. Friday. KeyArena, 305 Harrison St., Seattle. \$25.50-\$95.50. Ticketmaster.

Art Garfunkel 7:30 p.m. Monday. Neptune Theatre, 1303 NE 45th St., Seattle. \$34. Ticket-

A Night With Janis Joplin 7:30 p.m. Oct. 13. Pantages Theater, 901 Broadway, Tacoma. \$55, \$75, \$99 and \$129. 253-591-5894, broadwaycenter.org.

Problem Child 7:30 p.m. Oct. 14. Rialto Theatre, 310 S. Ninth St., Tacoma. AC/DC tribute bands. \$25. 253-591-5890, broadwaycenter.org.

Arcade Fire 7:30 p.m. Oct. 15. KeyArena, 305 Harrison St., Seattle. Ticketmaster.



The Grand Cinema 606 S Fawcett Ave 253-593-4474

Victoria & Abdul (PG-13)

Fri: 1:15, 3:45, 6:15, 8:45 Sat: 12:30, 1:15, 3:45, 6:15, 8:45 Sun-Wed: 1:15, 3:45, 6:15, 8:45 Thu: 1:15, 3:45, 6:15

Battle of the Sexes (PG-13)

Fri-Wed: 1:30, 4:05, 6:40, 9:15 Thu: 1:30, 4:05, 6:40

The Shining (R) WEIRD ELEPHANT SERIES: Sat: 11:00

TACOMA FILM **FESTIVAL OCTOBER 5-12:**

8 DAYS OF FILMS. WORKSHOPS, PARTIES, A FREE VIRTUAL REALITY STUDIO, AND MORE

Full schedule: TACOMAFILMFESTIVAL.COM

> **Tickets** Available Now!

Now serving local beer & wine Friday-Sunday evenings! Tacoma's only nonprofit movie theater.









7:00 nm

FRIDAY 10/6

FROM PAGE 5C

OUT

gems in the Mount Adams area where they will see some spectacular scenery and marvel at the power and beauty of nature.

Participants should bring: camera and tripod, good, sturdy footwear, rain gear, food/snacks and water. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. Trip with NAC expert guides. **\$85**.

OCTOBER 28-29

HANDS-ON WILDERNESS FIRST AID COURSE

The Wilderness First Aid course will help prepare students for the unexpected. This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations. It will introduce students to caring for people who become ill or injured far from definitive medical care.

Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge to integrate what was taught.

At the end of the course, participants will have the know-ledge, skills and ability to make sound decisions in emergency situations. All students are required to have current First Aid, CPR and AED training before the WFA course date.

This is available to every student the Friday night from 6 to 8 p.m. before the course for an extra \$25. Minimum age: 16.

What participants must provide: bag or backpack packed with everything you would bring on a normal hiking trip, grungy clothing one doesn't mind getting ruined (stained, cut, torn) and appropriate food for the day. What the class provides: learning materials, instruction and certification card in the mail.

Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Trip with NAC expert guides. **\$225.**

OCTOBER 29

LEARNING THE BASICS OF PHOTOGRAPHY

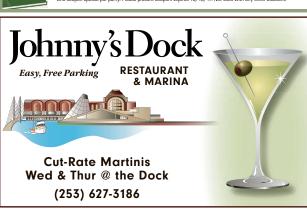
This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone is a new photographer needing

to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography:

- Camera Settings, learn the settings and get your camera set up right.
- Depth of Field, what it is and how to use it to make better photos.
- Exposure, get it right in the field without any fuss.
 - Focus, learn how focus is effected and how to take control of it.
 - Composition, explore the rules and learn when to break them.

Minimum age: 12. depart from the Northwest Adventure Center at Lewis North at 9 a.m. Trip with NAC expert guides. \$45.







It's Time for the Annual

Elks Holiday Bazaar!

Come One Come All!

November 11 & 12 9am - 5pm

BEST EVER!





Tacoma Elks Lodge #174 • 2013 S Cedar



Many New Vendors!

For more information or to register as a vendor, contact Tacoma Elks Lodge 253-272-1117

8-foot table: **\$50** • 8-foot table w/elec.: **\$55**

6-foot table: **\$40** • 6-foot table w/elec.: **\$45**Above prices total for both days

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9

FRIDAY OCTOBER 6 2017 • WEEKEND

SEP 22-OCT 15 • FRI & SAT 7:30PM • SUN 2PM; SAT OCT 7 & 14 2PM

Tacoma Musical Playhouse

FOOTLOOSE THE MUSICAL 7116 6th Ave, Tacoma WA 98406

Kick off your Sunday shoes and cut loose as the explosive rock'n'roll musical Footloose bursts onto the Tacoma Musical Playhouse stage.

Ticket Info: Adult: \$31: Senior/Military/Students: \$29, Children: \$22, Groups of 10 or more: \$27 ' All seating is reserved

OCTOBER 6-8

WAIT
UNTIL
DARK

FRI & SAT 8PM · SUN 2PM

Lakewood Playhouse 5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496

A blind woman targeted by con men must wait until dark to play out the chilling conclusion to this thriller. LAKEWOOD: Shop, Eat, Play, Stay! Ticket Info: Adults: \$26

Seniors/Military: \$23 Students/Educators: \$20 Groups of 10 or more: \$18 (253) 588-0042 or online www.lakewoodplayhouse.org OCTOBER 7

Embla #2 Daughters of Norway

NORDIC FESTIVAL SATURDAY 10AM-4PM

Mt. View Lutheran Church 3505 - 122nd Ave E, Edgewood

Only Nordic Festival in South Sound this fall. 30 vendors of crafts, arts, baked goods, music. Scandinavian Café to sell traditional foods.

Ticket Info: \$2 admission, children under 12 free. Free Parking. For questions call 253-370-0730.

MONDAY OCT 9 • 7:00PM

Tacoma Historical Society

JOE MARTINAC JR. Wheelock Student Center, Murray Board Room, University of Puget Sound, N 15th and Lawrence, Tacoma Tacoma's J.M. Martinac Shipbuilding Corp. - Its Heyday and Eventual Demise Ticket Info: Free Admission Info 253-472-3738 or

www.tacomahistory.org

TUESDAY

OCTOBER 10, 2017

Classical Tuesdays in Old Town
DUEL IN
DRESDEN

TOBER 10, 2017

Slavonian Hall, 2306 N 30th St., Tacoma Tekla Cunningham (baroque violin), Nathan Whittaker (baroque cello) and harpsichordist Henry Lebedinsky re-enact the rivalry between Veracini and Pisendel of the 18th C Dresden Court Orchestra

Ticket Info: FREE/all ages welcome: 253-752-2135 or http://classicaltuesdays.blogspot.com

Tacoma Opera presents

ages welcome:

7:00PM

FRIDAY

Second City Camber Series Great Hall of Annie Wright School,
MASTERPIECE 827 N. Tacoma Ave
The award-winning Volta Piano Trio retu

SERIES
"MASTERS &
WINNERS"

OCTOBER 13, 2017 730 P.M.

827 N. Tacoma Ave
The award-winning Volta Piano Trio returns, performing "Taured" by Ryan Woodhouse, winner of the SCCS composition competition. Also works by Beethoven & Tchaikovksy.
Ticket Info: \$25 Regular Admission,
\$23 Seniors or Military, Under 18 free

OCTOBER 14, 2017 • 7:30PM

TACOMA
TACOMA
CONCERT
BAND
PRESENTS
"STARS,
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STRIPES, AND SOUSA" TACOMA CONCERT BAND

Pantage Theater downtown Tacoma

TCB is proud to present on October 14, 2017 its salute to John Philip Sousa in the style of the authentic Sousa band. Maestro Musser will, for the last time, play the part of Mr. Sousa. Trombonist Bill Dyer, euphonium soloist Jason Gilliam and mezzo-soprano Heidi Vanderford will be featured.

Ticket Info: Broadway Center Box Office, 901 Broadway, 253-591-5894 www.broadwaycenter.org \$18 - \$36 with discounts for students, seniors, Military personnel free with ID

OCTOBER 28, & NOVEMBER 3 AT 7:30P.M. • NOVEMBER. 5 AT 2:00P.M.



By W.A. Mozart Rialto Theater

Figaro, the Barber of Seville, is about to marry the Countess' maid, Susanna. But the Count wants to revive the seigniorial right on a servant's wedding night. Figaro yows to outwit him and the fun begins! Sung in Italian with supertitles.

HE MARRIAGE

Ticket Info: \$35 - \$90. Box Office: 253.591.5894.

For information go to: tacomaopera.com

OCTOBER 13, 14, & 15, 2017 • FRI & SAT 8PM • SUN AT 2PM

Lakewood Playhouse

10TH ANNUAL RADIO GALA "THE VAULT OF

"THE VAULT OF RADIO HORROR"

Lakewood Playhouse 5729 Lakewood Towne Center Blvd SW

Featuring classic horror plays from radio's Golden Age shows like "Lights Out" and "Suspense," with wine and complimentary hors d'oeuvres. LAKEWOOD: Shop, Eat, Play, Stay!

Ticket Info: All Tickets: \$25 each, two for \$40 (includes one free beverage) (253) 588-0042 or online www.lakewoodplayhouse.org

FRI & SAT AT 7:30PM • SUN AT 2:00PM OCTOBER 20-NOVEMBER 5

Tacoma Little Theatre

BLITHE SPIRIT 210 N I Street, Tacoma, WA 98403

Noel Coward's hauntingly fun story of a man haunted by his dearly departed wife accidentally brought back from the other side by a kooky medium.

Ticket Info: (Adult) \$22 (Sr/St/Mi) \$20 (Children 12 and under) Pay What You Can Thursday, November 2, 2017 at 7:30pm. www.tacomalittletheatre.com 253-272-2281

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WEEKEND • FRIDAY OCTOBER 6 2017

If you go

3-2-1 Battle — Friday and Oct. 20, Nov. 3 and 17, Dec. 1, 15 and 29 at 9 p.m. Evolv Fitness, 1317 Republican St., Seattle. Ages 21 and older. Tickets start at \$15.

Defy Wrestling — Oct. 26 and Nov. 10 at 8 p.m. Washington Hall, 153 14th Ave., Seattle. Ages 21 and older. Tickets start at \$20.

Lucha Libre Volcanica — Oct. 28 at 8:30 p.m. Evolv Fitness, \$10 suggested donation. Doors open at 7:45 p.m.

Project 42 — Dec. 30 (time to be announced) at El Corazon, 109 Eastlake Ave. E., Seattle. Ages 21 and older. Free.

FROM PAGE 3C

WRESTLE

see with World Wrestling Entertainment. These wrestlers are not tied down to one promotion and are able to travel all over the world.

More than 500 loud and raucous fans gathered in Seattle's Washington Hall for "Defy 8: Kings Among Men" Sept. 29. The energy could be felt as fans, known best as "the defyance," were entertained by the likes of former WWE superstar John Hennigan along with Jeff Cobb and Matt Riddle.

It didn't take long to develop a cult fan base in Seattle and Tacoma, and Defy founder Jim Perry said he wasn't surprised.

"There was an untapped market," Perry said. "If you do it right, it will speak to them and they will come out."

Former Army Reservist Shane "Swerve" Strickland is the current Defy champion. He also proudly wears the Wrestle-Circus Ringmaster Championship and the Combat Zone Wrestling World Championship



DEAN SIEMON Northwest Guardian

Defy Champion Shane "Swerve" Strickland poses in the corner as fans throw streamers before the main event of "Defy 8: Kings Among Men" at Washington Hall in Seattle Sept. 29.

wherever he goes.

Strickland said he holds the Defy Championship in high regard, not only because Defy was the first promotion to put all their chips and their trust in him, but because he has roots in the area.

His father, a retired Army master sergeant, was stationed at Joint Base Lewis-McChord when Strickland was born. In his eyes, events like the ones organized by Defy are a good safety net for service members to enjoy themselves

outside of the installations.

"It's a good outlet outside of the military bubble that is a good, positive environment," Strickland said.

The environment is part of an overall independent scene that hasn't been seen since Northwest wrestling in the 1970s and 1980s. Steve Migliore, better known as Steve Migs on KISW radio in Seattle, said he is excited to see how local wrestling continues to grow as the host for Defy and also the commissioner for 3-2-1 Battle.

"I think what makes it special is that we've been deprived of having some of the biggest independent stars in this area for years now," Migliore said. "So the fact that they're now coming to town for different promotions like Defy and 3-2-1 Battle does not go unnoticed by a Seattle wrestling fan."

Defy offers military discounts for active duty service members — \$5 off at the door. The promotion also wants to offer group rates for groups of 10 or more people, such as units that want

to come to a shows.

Defy's next event "Defy 9: Yo! Defy Graps" is set for Nov. 10 from 8 to 11 p.m. at Washington Hall, which will feature indie star Sami Callihan. Tickets are \$20 to \$100. There will also be a special "Defy Now" show Oct. 26 at Washington Hall, with tickets starting at \$20.

Both shows are for ages 21 and older. For more information, visit defywrestling.com.

Dean Siemon: 253-477-0235, @deansiemon

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Take Me to the River LIMITED Memphis Soul and AVAILIBILTY Rhythm & Blues Revue

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Oct. 22 · 7:30 p.m. · Pantages Theater

Tickets start at \$19

All star Blues musicians take you on a concert journey through the soul of American music.

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Nov. 3 · 7:30 p.m. · Pantages Theater Tickets start at \$19

A laugh-out-loud literary classic where a full Shakespearean masterpiece is improvised (from the audience's suggestions) right before your eyes!

"... one of the country's elite improv companies." - THE NEW YORK TIMES



Nov. 12

3:00 & 7:30 p.m. Pantages Theater

Tickets start at \$19

'A truly one-of-a-kind experience, filled with high-powered choreography and a very modern storyline." - ELLE MAGAZINE

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7:30 p.m. **Pantages** Theater

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save a tree, and discover the true meaning of Christmas.

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BROADWAY CENTER PRESENTS Seattle Men's Chorus: Sassy Brassy Holiday

Dec. 9 3:00 & 7:30 p.m. Rialto Theater Tickets start at \$32

Enjoy a concert of hearfelt holiday magic sprinkled with festive humor in this annual tradition!

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BROADWAY CENTER PRESENTS

A EVENING OF CLASSIC

Lily Tomlin

3:00 & 7:30 p.m. Pantages Theater

Dec. 16

Tickets start at \$39

Your chance to see the celebrated comic legend bring all the favorite characters to the stage!

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BROADWAY CENTER PRESENTS LIVE IN CONCERT

MARC COHN

FEATURING THE BLIND BOYS OF ALABAMA

Jan. 27 · 7:30 p.m. Pantages Theater

Tickets start at \$19

See Grammy Award winner and legendary gospel group!

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Blues Vespers





Feb. 17 7:30 p.m.

Pantages Theater

Tickets start at \$39

"A sassy take on the Disney's princesses!" - NY1

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CONCRETE TECHNOLOGY

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Mar. 9 · 7:30 p.m. · Pantages Theater

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HURRY!

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AVAILIBILTY.

Deepak Chopra The Future of Wellbeing

Apr. 12 · 7:30 p.m. Pantages Theater

Tickets start at \$39

Join New York Times bestselling author as he shares new insights and explores some of the most important and baffling questions about our place in the world.



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Pink Martini WITH CHINA FORBES

Apr. 20 · 7:30 p.m. · Pantages Theater

Tickets start at \$34

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