#### "Where we're going is not where we've been."

♦ Lt. Gen. Charles D. Luckey Double Eagle-6

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LEADERSHIP >>> ENERGY >>> EXECUTION

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LEADERSHIP >>> ENERGY >>> EXECUTION

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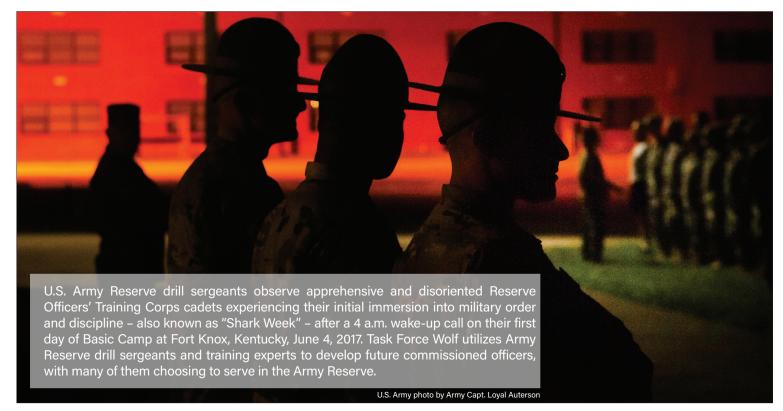
U.S. ARMY RESERVE COMMAND TEAM Lt. Gen. Charles D. Luckey Chief of U.S. Army Reserve, Commanding General USARC Mai, Gen. Megan P. Tatu Chief of Staff, U.S. Army Reserve Chief Warrant Officer 5 Russell P. Smith Command Chief Warrant Officer of the U.S. Army Reserve Command Sgt. Maj. Ted L. Copeland Command Sergeant Major of the U.S. Army Reserve DOUBLE EAGLE STAFF Col. Tad T. Fichtel Chief, Public Affairs <u>Master Sgt. Melissa Rolan</u> Acting U.S. Army Reserve Public Affairs Sergeant Major Mr. Marty Martin Chief, Internal Information <u>Staff Sgt. Scott Griffin</u> Editor, Double Eagle

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### RESERVE SOLDIERS TRAIN Story by Army Staff Sgt. Scott Griffin U.S. Army Reserve Command Public Affairs Office

Qualified and experienced U.S. Army Reserve Soldiers are in high demand as America's highly sophisticated, lethal, fullspectrum U.S. Army Reserve evolves to take on a greater role supporting the demands of the active duty Army.

Task Force Wolf at Fort Knox, Kentucky, is the headquarters for the Army Reserve units supporting Cadet Summer Training (CST). Comprised of Reserve Soldiers from the 104th Training Division based at Joint Base Fort Lewis McChord in Washington State, the task force works in coordination with U.S. Army Cadet Command to train and develop future Army, National Guard and Reserve leaders.

"The Soldiers of Task Force Wolf provide training for the Recruit

Officers' Training Corps (ROTC) cadets for both their basic camp and their advance camp," said Col. Malcolm Walker, commander of Task Force Wolf.

ROTC is a group of college-based officer training programs for developing commissioned officers of the United States Armed Forces. While in college, cadets participate in regular military training that is integrated into their normal school year. Their summer break is utilized for an immersive, month-long training event. Nearly 9,000 cadets participate in the training every year.

"The object of the course is to turn out second lieutenants," Walker said. Those newly-commissioned junior officers then choose whether to join the active duty or serve in the National Guard or Army Reserve. "A large number of those cadets that become second lieutenants will enter the Army Reserve force." Choosing the Army Reserve allows Soldiers to pursue civilian

careers and further their education while simultaneously serving their country and communities.

As the Army Reserve continues to evolve to confront new threats and unique challenges, a greater number of Soldiers providing training for those future leaders are themselves members of the Army Reserve. Task Force Wolf manages hundreds of Army Reserve drill sergeants, training experts, and other service support specialists to produce the best-trained future military leaders. Utilizing Army Reserve personnel has allowed Cadet Command to maintain its excellent training program while reducing its reliance on active duty forces.

"One of Cadet Command's goals is to increase the Army Reserve footprint," Col. Walker said. "This year we're more heavily engaged with drill sergeants than ever before. There is a demand signal from the active duty to increase drill sergeants across the force, whether it's to increase advanced individual training platoons or here at CST."

The prominent role of Task Force Wolf provides an opportunity to inform cadets about the U.S. Army Reserve as an organization. Cadets encounter Army Reserve Soldiers from the moment they begin quaking in their boots during the initial shock and awe of "shark week," as cadets are introduced to the discipline and order of military training. Every single

screaming, terrifying drill sergeant is an Army Reserve Soldier from the 104th Training Division.

"A lot of times, this is a cadet's first face-to-face contact with a Soldier, so they ask about our past – the 104th division patch – and they're surprised to find out we're Reservists," Col. Walker said. "They didn't realize that the Army Reserve had such a prominent role in their training."

Fort Knox is a buzz of constant activity during Cadet Summer Training as swarms of potential officers are constantly marching, running and rucking from one task to the next under the constant scrutiny of the ubiquitous "brown rounds"— the distinctive headgear worn exclusively by drill sergeants. These Reserve



Staff Sgt. Sterling Johnson and Sgt. 1st Class Felipe Trejo, U.S. Army Reserve drill sergeants assigned to Task Force Wolf, provide guidance to a Reserve Officers' Training Corps cadet at Fort Knox, Kentucky, June 7.

"That's our job," Trejo says. "To assist each individual in their efforts to become a highly-motivated, welldisciplined, physically and mentally-fit Soldier." U.S. Army photo by Staff Sgt. Scott Griffin

noncommissioned officers are responsible for providing constant

order and discipline for the cadets while cultivating their leadership skills.

Sgt. 1st Class Felipe Trejo with 2nd Brigade, 104th Training Division, is the senior drill sergeant for Task Force Wolf's 2nd Regiment. "I'm here to train and lead theses cadets," Trejo said. "To make them Soldiers, officers and leaders."

The increasing demand for Army Reserve drill sergeants opens up

numerous opportunities for Soldiers who have pondered the possibility of wearing the 'brown round' themselves, an undertaking that Trejo says should not be taken lightly.

"You've got to be ready for it, physically and mentally. It's up to you," Trejo said. "The training to become a drill sergeant can be rigorous. You've got a lot of doctrine, a lot of instruction – step by step, by step, by step." Every Reserve drill sergeant with Task Force Wolf has completed the same intense, unforgiving training and met the same unwavering standard required of all graduates of the Army's Drill Sergeant Academy. "Once you get on the ground at Fort Jackson, South Carolina ..." Trejo says. "Yes. Yes, they will get you and they will train you correctly."

## **DOUBLEEAGLE**

Trejo is currently a full-time student himself, studying landscape architecture at the University of Kentucky and working part-time, but his duties with Task Force Wolf provide a unique reward.

"It's seeing that civilian become a Soldier," Trejo said. "That's our job - to assist each individual in their efforts to become a highly-motivated, well-disciplined, physically and mentally-fit Soldier. You instill pride in all you train, so for me, that's the best."

chemical warfare can be.

"They're going to remove their protective masks," Brassard smiled, "and then they're going to race on out the door."

Cadet April Puerto, a senior at the University of North Georgia, was acting squad leader for 1st Platoon, Delta Company, during her afternoon at the CBRNE range.

"Prepping for the gas chamber was very extensive, but we were able to get it all handled in just a couple hours," Puerto said. "I passed

>>> All Soldiers train to the same standards, and the Soldiers of TF Wolf make no exceptions. Cadet Summer Training covers all the necessary basics of Soldiering, from pre-dawn physical training, to land navigation in the sweltering Kentucky heat, to countless hours of drill and ceremony practice, to the unique experience of being exposed to compound 2-chlorobenzalmalononitrile - better known as CS Gas.

Army Reserve NCOs provide training for cadets at the Chemical, Biological, Radiological, Nuclear, Explosive (CBRNE) Committee, sharing their expertise as they repeatedly emphasized the importance of the mission oriented protective posture that can shield Soldiers from various chemical hazards. Already exhausted from PT and hours of scrambling around obstacle courses, the cadets were split up by squads for blocks of instruction on recognizing and responding to CBRNE threats.

A training NCO yells, "Gas! Gas! Gas!" and cadets rush to correctly

don their protective masks within the allotted nine seconds. The threat of chemical weapons is untested theory until cadets are locked into the "gas chamber" - a small, single-room building that stinks like nothing else on Earth. Cadets are marched into the room wearing their protective masks as training NCOs waft plumes of CS gas through the air, to saturate the barren, claustrophobic space.

Training NCOs order the cadets to run in place to increase their breathing and heart rates. "Within the chamber, they're going to break the seal and then re-seal their protective mask," said Staff Sgt. John Bustard. Then it's time for the cadets to get a proper whiff of CS and experience how harsh even non-lethal

U.S. Army Reserve Staff Sgt. Jennifer Samargo, a drill sergeant assigned to Task Force Wolf, corrects the position of a cadet. Every drill sergeant assigned to Task Force Wolf is an Army Reserve Soldier.

U.S. Army photo by Staff Sgt. Scott Griffin



everything just fine, so if they can teach me when I'm already dead tired, then they're great."

As for her experience in the gas chamber ...

"I was dying - I was definitely dying in there. I took off my protective mask a little bit early, and I was at the end of the line," Puerto said. Used as a riot control agent, CS Gas creates sensations of burning and irritation that cause profuse coughing, difficulty breathing and mucous nasal discharge that partially incapacitates the subject. "If you haven't tried it, I'd definitely recommend it." >>> Behind the scenes of all the sweat and tears expelled on the training ranges are scores of Army Reserve Soldiers who keep the event running like a well-oiled machine. Cadets require training

#### AUGUST 2017, Vol. 6, No. 4 **DOUBLE EAGLE**



When not training or escorting cadets out of the 'gas chamber,' Staff Sgt. John Bustard works as a civilian air traffic controller.

– a lot of training – but that also means cooks are needed to feed them, medics are needed to fix them, and supplies are needed to equip them. From the assault rifles in their hands to the uniforms on their backs, those supplies need to be kept clean and in good working order. Again, the Army Reserve has stepped up to handle that mission.

The 254th Quartermaster Company out of York, Pennsylvania, handles the laundry duties for the thousands of cadets attending CST at Fort Knox every year. Thousands of bags of clothing are processed through their area of operation, and turnaround expectations are intense. The Reserve Soldiers operate mobile Laundry Advanced Systems (LADS) to clean and dry all of the

cadets' PT and duty uniforms, including those still reeking of CS gas.

"We're operating at just over half strength," said Sgt. Adam Wiestling, NCOIC of the detachment. Out of the six LADs on-site, the unit has been able to get four up and running. "The teams that have been here in years past [told me] that they haven't seen four operational LADS in a very, very long time."

Preventative maintenance, care and service – every piece of equipment in the Army requires it, but the arcane technical wizardry needed to keep the four massive washing machines running at peak output is one of the uncanny abilities of the quartermaster unit's newest Reserve Soldier, Pvt. Funzo Belk III.

"Private Belk is a fresh-out-basic Soldier who has come here with a world of knowledge that he got out of his schooling," Wiestling said. "He's an excellent Soldier – he listens, he understands everything. The level of knowledge and commitment from that Soldier is just outstanding."

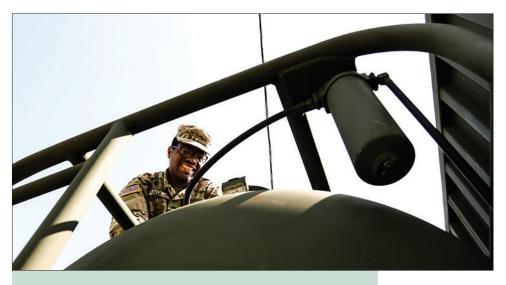
Wiestling said staying focused on the overall welfare of the cadets keeps the 254th motivated.

"The moment I came out of basic and AIT, I realized the boost in morale we gave to the Soldiers we supported," Wiestling said. "The excitement [Soldiers] got from a field shower every few days or the laundry return, after being out in the field and in the rough of it, getting that morale feedback ... We have far exceeded the standards of what anyone has set before. It's outstanding what these Soldiers have done and what they've accomplished."

Task Force Wolf draws on the accomplishments, experiences and expertise of Reserve Soldiers to craft future leaders who will contribute to the Army as whole – many of whom will choose to join a U.S. Army Reserve that is more capable, ready and lethal than ever before.

"It's our job to make them better leaders – we're making them better leaders before they go to their officer basic course. Then they're going to come back into the Army Reserve force – they're going to spread out across the country and go into our [operational and functional] or training units in support of the Army Reserve,"

Walker said. "From beginning to end, the U.S. Army Reserve is making them better leaders for the future." ☆



U.S. Army Reserve Pvt. Funzo Belk III with the 254th Quartermaster Company out of York, Pennsylvania, inspects and maintains a mobile Laundry Advanced System (LADS). Belk is known within his unit for his remarkable understanding of the LADS and his uncanny ability to keep the equipment running at top speed.

U.S. Army photo by Staff Sgt. Scott Griffin

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# **CONBOY RETIRES**

Story and photos by Army Staff Sgt. Felix Fimbres U.S. Army Reserve Command Public Affairs Office

Maj. Gen. David Conboy, U.S. Army Reserve Command (USARC) Deputy Commanding General, Operations, retired June 23 after more than three decades of service in the U.S. military.

The ceremony held at USARC Headquarters, Fort Bragg, N.C., honored Conboy for his impact on not only the Army Reserve, but the nation and its allies as well.

Conboy credits his success to family and mentors who have provided motivation, inspiration, and guidance when faced with unexpected adversities.

"Throughout my career there have been different jobs I didn't want to take, but what I found out was that the job I was in was the right job for me at the time," Conboy said of his military career. "As the Deputy Commanding General for 8th Army in Korea — I thought my career was over, this was something I had no knowledge or experience about."

Like many Soldiers, Conboy dug deep to conquer his personal fears and misgivings, then continued the mission to the best of his ability.

"In the end it was one of the most – if not the most – rewarding experiences because I was learning something new," Conboy said. "I was contributing in an area of the world that had a very important mission."

One of Conboy's greatest, constant sources of inspiration and motivation has been his wife, Karen, whom he met while working at an amusement park in Buffalo, NY. Karen still recalls the moment with great fondness.

"I was 16, he was 18, and I was gaga for him," Karen said. "I still have my diary from back then and I wrote: 'David Conboy is so cute, I wonder if he likes me as much as I like him." However, it wouldn't be until years later, when Conboy was a Captain with the Army Corps of Engineers, that the two finally made a connection thanks to a mutual friend. "I remember talking with a friend of mine who told me, 'I'm glad I saw him at church and



U.S. Army Reserve Maj. Gen. David Conboy, U.S. Army Reserve Command Deputy Commanding General, Operations, hugs his daughter after her performance during his retirement cermony at Fort Bragg, NC, June 23.

told him to call you!' ... A year later we were married."

The marriage, and the responsibilities it brought with it, have had a profound impact on Conboy and his military career.

"As a young officer, I certainly did my best, and I worked hard," Conboy said. "But I think when I got married, had a mortgage, had kids, there's a certain seriousness that you have to develop — having that responsibility, having that support, having someone right there that you never want to never let down, helped embolden me, helped encourage me, to basically become the best person, best officer, that I could be," Conboy said. "I never would have achieved that level of self-confidence, self-awareness and sense of responsibility if I didn't have someone I felt so connected to, wanted to provide for and be a partner with. I never would have gotten to this level. "

Looking back at his noteworthy career, Conboy said that one of his most challenging, but very rewarding, position's in the Army was his first — learning how to become a Soldier after an ROTC

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Maj. Gen. David Conboy and his family case the general's flag during his retirement ceremony at Fort Bragg, NC, June 23.

commission from Notre Dame.

"I was fortunate as a young officer to have great noncommissioned officers and great officers to help me through." Conboy said of his time as a Lieutenant. "I made more than my share of mistakes as a young officer, but I had great mentors along the way that helped guide me — they saw something in me then, that I was good soldier trying to do the right thing - and they helped me to advance and I've very grateful for that opportunity."

That opportunity led to another, and another, and eventually to a 33-year military career that allowed him to assist with standing up the Iraqi military forces and rebuilding the oil infrastructure in southern Iraq. For his final assignment, Conboy worked to improve unit and individual readiness across the entire Army Reserve.

Conboy remains passionate abut engineering, which he rediscovered while serving in Thule, Greenland, in a technical engineering assignment. Working with contractors in the brutal and unforgiving Arctic climate gave him a chance to apply the theoretical understanding of engineering that he learned while a student at Notre Dame. The unique challenges of the frozen wasteland served only to rekindle his passion for engineering, a spark that grew even more when he was next assigned to the

Army Corps of Engineers. Conboy earned an advanced degree in engineering, then launched into a civilian career with the Corps of Engineers.

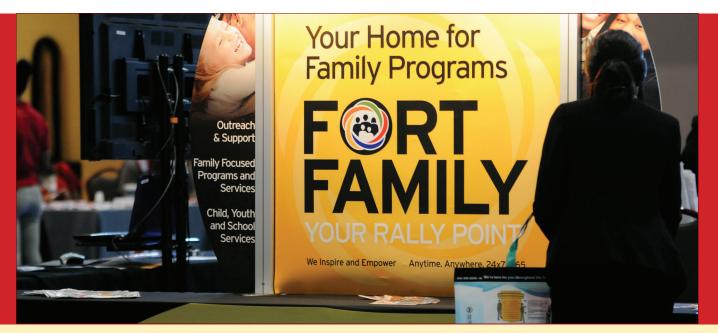
"I love working for the Corps of Engineers," Conboy said. While the Soldier in him may be retiring, the civilian engineer is still going strong. "I love staying connected with the military as a civilian and being able to help solve important problems in our nation's infrastructure and other engineering challenges."

Conboy is unsure what retirement will feel like. However, he is confident the Army Reserve has a bright future ahead thanks to its leadership.

"I will leave with a clear focus on the future and thankful for what we've been able to be a part of in the past but not in a longing way," Conboy said. "I'm ready for the next chapter and I'm confident that we've left our piece of the Army in a better place, that the people who come after us will take it to the next level," Conboy said. "I'm looking forward to being a citizen and observing all of that."

Moving forward, Conboy said of his job and his plans after retirement. "Our daughter, Claire, will go back to the school she was in before and we're looking forward to the next phase of our lives and we feel really blessed to have had the opportunity to serve for 33 years in our military." ☆

# **T DOUBLEEAGLE**



Cindy Sonnier, an Army Reserve Family Programs Licensed Clinical Social Worker (Associate), reviews Fort Family material before talking with volunteers about ARFP services during the Family Programs University (FPU) at the at the NCED Conference Center and Hotel in Norman, Oklahoma on May 20, 2017.

#### CLASS IS IN SESSION AT FAMIL' PR GRAMS UNIVERSITY Story and photos by Leticia Samuels Strategic Communication Specialist Army Reserve Family Readiness Program

Norman, Oklahoma, May 22, 2017 - Weather advisories flash across the screens warning residents of the possible tornadoes in the surrounding areas. The lights flickering and the winds picking up in Tornado alley didn't deter Volunteers, U.S. Army Reserve leaders and the Army Reserve Family Programs' staff from their mission of completing class during the Family Programs University (FPU) at the NCED Conference Center and Hotel from May 19-21, 2017.

FPU is a three-day event designed for Family Readiness Liaisons (FRLs), volunteers and command leadership from across the nation to gather and learn about protocol and regulations that serve as guidance on Family readiness and issues Soldiers and their family may face in the Soldier life cycle.

"We come up with the curriculum for Family Programs University as a culmination of training events," said Caleb Mitchell, an Army Reserve Family programs specialist. 'We took the chain of command training; designed for command teams. We took the Soldiers' life cycle training; primarily designed for Family Readiness Liaisons and

we took Family Readiness Groups (FRG) in the new era; designed for FRG volunteers, and we put them together. The consensus was that each audience type needed to get the same information so everyone trains together as they work together."

Buzzing and chatting filled the conference room as leaders from different commands, volunteers and liaisons mingled before day one started with welcoming comments from ARFP directors and staff introducing themselves and explaining the days' events.

"I think it is important that senior leadership show up and lead this effort. I also think it is important for their force to show their commitment to Family readiness," said Army Reserve Family Programs Director Pharisse Berry. "If the Families are not taken care of by the Army Reserve and the Army as a whole, than that is one more thing the Soldiers have to worry about. We don't want that. We want them to be ready at all times."

Students dove into the fundamentals and basic foundation of

#### AUGUST 2017, Vol. 6, No. 4 **DOUBLEEAGLE**

Family readiness. The staff goes over Army Reserve and Department of Defense regulations that are utilized across the Army acting as a guiding factor for understanding their roles and responsibilities.

"Information is power, and if we can arm

all of our Families with knowledge than we are going to make a stronger Army," said Julie Luckey, wife of Lt. Gen. Charles Luckey, chief of the Army Reserve and commanding general of the Army Reserve. "I believe FPU ties into the ARFP mission, because it is the cornerstone for being a source of information. This (FPU) makes sure that our commanders, FRLs and volunteers know how to access information that they can share with our Soldiers and their Families."

"Family programs is so important to the state of the Army Reserve," said Mitchell. "Family programs gives you an avenue, gives you someone to fight for you, and it gives you a voice." The morning of day two kicked off

with remarks for all attendees followed by the opportunity for attendees to have a question and answer session with Charles Luckey.

"You are a key part of our ability as a team to generate the capabilities that America needs us to generate," said Luckey. "I tell Soldiers all the time, we have two things that most people don't. We have a mission to support and defend the constitution of the United States of America against enemies; foreign and domestic and bare true faith and allegiance to the same, and

YOU REALLY INFLUENCE THE WAY PEOPLE FEEL ABOUT BEING IN A MILITARY FAMILY.

we have something really awesome...we have a team, we have a tribe."

Next, groups discussed different topics in breakout sessions ranging from innovative ways to sponsor new Soldiers arriving at the unit to newsletter-writing and social media procedures to follow by. Face-to-face interaction with vendors to include Tricare, Employer Support Guard and Reserve (ESGR) and U.S. Army Sexual Harassment/ Assault Response Prevention (SHARP) were also part of the event. The unit level leadership will work with these vendors in

> one way or another and this setting created the dialogue atmosphere for leaders while providing feedback.

"I think that this work with FPU is so critical because our FRG groups, volunteers and the units are the folks that are the frontline of helping people navigate through their military experience," said Debra Howell, a volunteer group leader and instructor. "It is so important because it sets the tone, it sets the flavor. You really influence the way people feel about being in a military family."

FPU is one of the many tools designed by ARFP to arm leadership with the ammunition to shoot down issues that Soldiers face in different chapters of their military career.

"At this level, where I go and where I show says more about what I care about than any words or video tape," said Luckey. "I'm telling you if you weren't an absolute critical member of this team; if I wasn't counting on you to play your heart out for this tribe; then I wouldn't be here!" \$\sigma\$

To learn more about how Army Reserve Family Programs remains committed to helping Soldiers and Families go to www.arfp.org.







Amanda Tallman, an Army Reserve Family programs volunteer, explains her teams strategic communications plan for social media outreach; Sandra Henry, Army Reserve Family programs staff, awards volunteers for their service to ARFP; Lugar, a service dog for an ARFP volunteer watches attendees fill the conference room.

# ARMY RESERVE SOLDIER EARNS TOP PARALEGAL AWARD



Photo by Lt. Col. Arthur L. Rabin, U.S. Army Reserve Legal Command

Lori Jenkins, President of JAG Legal Paraprofessionals Association presents a sword to Staff Sgt. Sarah Hawley. Hawley was presented with the Sgt. Eric L. Coggins Award for Excellence at a ceremony on May 16, 2017, at The Judge Advocate General's Legal Center and School, in Charlottesville, VA.

Story and photos by Lt. Col. Arthur L. Rabin U.S. Army Reserve Legal Command

**CHARLOTTESVILLE, Va.** – Ever since she joined the Army Reserve, Staff Sgt. Sarah Hawley strived to become a top-tier paralegal noncommissioned officer – she developed legal expertise, advanced her education, and honed her leadership skills.

Now, she has set the bar for all paralegals. For the first time, the Army's premier paralegal award has been conferred on an Army Reserve Soldier.

Hawley, a training NCO with the U.S. Army Reserve Legal Command, was honored as this year's winner of the Sgt. Eric L. Coggins Award for Excellence at a ceremony on May 16, 2017, at The Judge Advocate General's Legal Center and School, in Charlottesville, VA.

The presiding officer, Maj. Gen. Thomas E. Ayres, Deputy Judge Advocate General, presented the award saying that, like Sgt. Coggins, in every aspect of her life Staff Sgt. Hawley gave it her all – as Soldier, scholar, and athlete, and leader. "This is the kind of attitude she has brought to our Corps," he said.

#### >>> AWARD FOR EXCELLENCE

This prestigious award is bestowed annually on the top Army paralegal who best exemplifies the superb legal skills and outstanding leadership set by Sgt. Coggins.

Recognized early for his ability, Coggins was selected to be the Noncommissioned Officer in Charge (NCOIC) of an entire legal office in Korea while still a junior Soldier. He later deployed to Kuwait where he supervised the Camp Doha Legal Office.

His awards include the Meritorious Service Medal and the Legion of Merit. Following his death, the Army JAG Corps in 1997 established the award in his remembrance.

Past award winners have distinguished themselves as field grade officers, warrant officers, Sergeants Major, and Chief Paralegal NCOs. During the ceremony, the attendees viewed a biopic of Sgt. Coggins' life and career, highlighting his many accomplishments and indomitable spirit. His mother, Janice Waugh, was present at the ceremony.

Hawley expressed her appreciation and deep gratitude.

"I am very humbled and incredibly honored to receive this award," she said. "Knowing the high caliber paralegals in the Army JAG Corps who are equally deserving of this award, I am still shocked and amazed and feel a



Deputy Judge Advocate General Maj. Gen. Thomas E. Ayres awards the Army Commendation Media to Staff Sgt. Sarah Hawley for earning the Sgt. Eric L. Coggins Award for Excellence.

tremendous obligation to live up to all this award stands for."

In evocative and often stirring remarks, Hawley credited her success in the Army to her empowering religious faith and the solid support of her family. She also named several leaders who were key to her professional development.

"In fairness, this award belongs not only to me, but to all the leaders who placed their trust in me," she said. "Today, I proudly accept it on their behalf and hold it in trust for them."

Command Sgt. Maj. Marcus F. Montoya served on the committee that chose this year's Coggins Award winner. "Staff Sgt. Hawley has demonstrated that a great Soldier is a great Soldier regardless of which component he or she serves in," he said. "Her accomplishments as a Soldier are impressive."

"But it was her accomplishments in civilian life that ended up giving her the edge in the competition."

#### >>> SOLDIER-SCHOLAR, HUMANITARIAN

Besides being a first-rate NCO, Hawley is also a talented academic with a passion for higher education, who regularly volunteers her time in the service of others.

Since her first assignment, she has earned a baccalaureate degree with top honors from George Mason University, a 40-hour postbaccalaureate medical certificate from Georgetown University, and a Master's degree in Biotechnology from The Johns Hopkins University.

Averaging a 4.0 GPA, she has garnered numerous scholastic honors, including membership in Phi Beta Kappa. She has been

accepted to attend medical school at the Uniformed Services University in Bethesda, MD. Hawley is the co-author of "Wellbeing in the Military," a chapter in a psychology textbook to be published this year.

She also yearns to give back to the community by serving the needy. She volunteers as a tutor at inner city schools, and performs missionary work in Kenya and the Dominican Republic.

#### >>> SETTING THE BAR

Many senior leaders attended the ceremony to witness Staff Sgt. Hawley's historic achievement. Command Sgt. Maj. Joseph P. Lister, the JAG Corps Regimental CSM, noted that this years award is a game changer.

Before Staff Sgt. Hawley, the JAG Corps leadership was urged to develop a separate award for Reserve Component Soldiers based on the claim that "Reserve Soldiers could not compete on equal footing with the accomplishments of active duty Soldiers," he said.

"What Staff Sgt. Hawley demonstrates is that every Soldier regardless of component can compete," he said. "I would argue that she has raised the bar for any future Soldier, regardless of component, who may be considered for the Sergeant Eric L. Coggins Award for Excellence."

Hawley's family expressed great pride in her accomplishment.

"Sarah has always been a standout student athlete who worked very hard and never met a challenge she couldn't face," said Dianne Hawley of her daughter. "As a wrestler in middle school she had the grit and skill to beat boys in tournaments; in high school she

helped her team go to the state basketball championships; and in college she was a track-and-field star, who still holds a top-10 record."

"Sarah continues to amaze us in everything she does," said Randy Hawley. "We are so proud of her."

#### >>> EXCEPTIONAL MILITARY AND PARALEGAL SKILLS

For over ten years, Hawley has served as an Army Reserve paralegal and court reporter. She began her career with the 151st Legal Operations Detachment (LOD) in Alexandria, VA. From 2008 to 2012, she mobilized with the Office of Military Commissions in Guantanamo Bay, Cuba, and then with the 82nd Airborne Division at Fort Bragg, NC.

She is Airborne and Air Assault qualified. At Guantanamo Bay, she served on many high-profile trials, including those of the 9/11 co-conspirators.

An avid runner, Hawley regularly runs marathons, half-marathons, and tough-mudders. She has scored the maximum 300 points on every physical fitness test since 2008.



Staff Sgt. Sarah Hawley poses for a photo with Maj. Gen. Thomas E. Ayres Sgt. Eric L. Coggins' mother, Janice Waugh.

Hawley currently serves with the U.S. Army Reserve Legal Command, which is headquartered in Gaithersburg, Maryland, about 25 miles northwest of Washington, D.C. The Legal Command has 1,800 personnel stationed in 104 cities in 43 states in the continental U.S. and two overseas locations.

As the training NCO, Hawley has been integral to the planning and execution of many of the Legal Command's training events. Most recently, she served as the NCOIC of a week-long functional exercise at Fort Dix, NJ. She coordinated the training, housing, food, weapons, and ammunition for more than 300 individuals. The exercise included live fire, urban operations, land navigation, obstacle courses, and defense support of civil authorities training.

Hawley has always strived to emulate the many great officers, warrant officers, and noncommissioned officers she met during her career.

"While at the 151st LOD, OMC, the 82d Airborne Division, and the Legal Command, I had been privileged to serve with the best leaders the Army has – period," she said. "Being a strong, compassionate NCO whom junior Soldiers could respect has been one of my life's goals." and Acting Dep. Chief of Staff, G-1, presented Hawley a coin from the Office of the Chief, Army Reserve. He also read her a congratulatory letter from the OCAR, Lieut. Gen. Charles D. Luckey. >>> FAMILY OF VETERANS

Hawley hails from Roanoke, VA. Her family has long-valued military service and is intensely patriotic.

"Growing up, I heard the stories of heroism and was in awe of the stark sacrifices servicemembers have to make to protect our country," Hawley said. "By joining the Army after 9/11, I just wanted to make a positive contribution, some small difference to make our country safer."

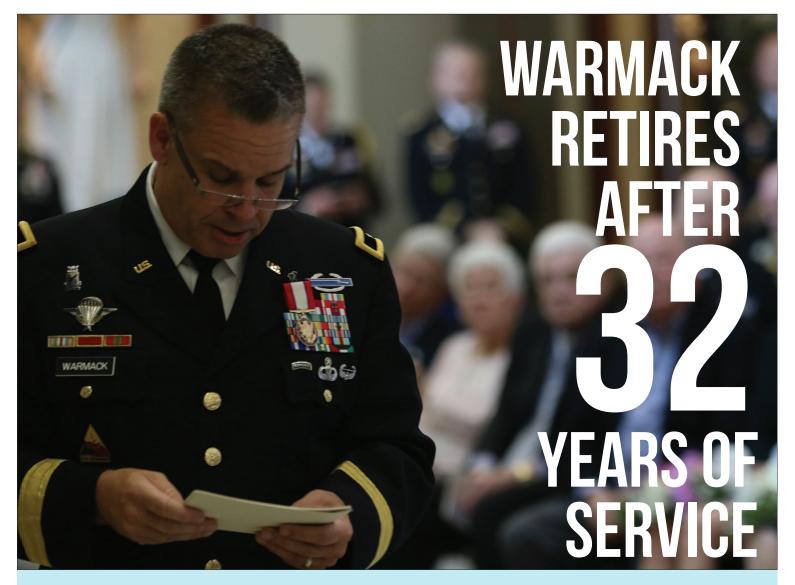
Her paternal grandfather, Warren Hawley, was a World War II veteran and a firefighter for 40 years. Her maternal grandfather, George Hutchinson, served in the United States Navy during the Cuban Missile Crisis. A cousin is an Infantry officer. They all inspired her to join the military, she said.

Hutchinson was very proud of his granddaughter's momentous achievement. "When Sarah said she joined the Army, I knew she would go on to do great things," he said. "She has the toughness, the drive, and the talent to be the best, and today she proved it."  $rac{1}{2}$ 

She was awarded the Army Commendation Medal for her achievement and received numerous challenge coins from commanders, command sergeants major, and sergeants major. The JAG Association of Legal Paraprofessionals presented Hawley an NCO Sword. Brig. Gen. William W. Way, Director, Govt. Relations

LEADERSHIP >>> ENERGY >>> EXECUTION





Brig. Gen. Michael Warmack, Chief of Army Reserve Command Operations, Plans and Training, checks his notes during his retirement ceremony at Fort Bragg, N.C., June 29.

Story and photos by Army Staff Sgt. Felix Fimbres U.S. Army Reserve Command Public Affairs Office

FORT BRAGG, N.C. June 29 — Fort Bragg molds many young warriors and leaders in the U.S. Army. Today it bids farewell to a Soldier who transformed alongside this base over more than two-decades of service.

Brig. Gen. Michael Warmack, Chief of U.S. Army Reserve Command

Operations, Plans and Training, retired in a ceremony at Marshall Hall after 32-years of service — 22 of those years spent at Fort Bragg.

"This was my first duty station, when I first got here, I thought, 'Hey this is the Army and we have crummy buildings; okay that's cool," Warmack said recalling the first time he came to Fort Bragg. "We all hung together at Willy's, the old officers club, it's gone now, and just the ghost of Willy's is there now.

"Over time I've seen that almost

every building has been demolished - there's only a few buildings left," Warmack said looking out at Fort Bragg from his office on the fifth floor. "They've built a new hospital, replaced all the clinics, and renovated all the homes - the facilities and quality of life that the Army is providing to our Soldiers, is just so much better."

Warmack said he knew he wanted to be a Soldier when he was 5-years old, it was in his blood. He didn't know it at the time because, as it

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Brig. Gen. Michael Warmack presents his mother, Toni, with a bouquet of flowers during his retirement ceremony June 29. Warmack honored his wife and parents during the ceremony, especially his mother, Toni, who he credits as being an instrumental part of his life.

turns out, he was adopted. Warmack wouldn't meet his parents, or learn their story until well into his military career.

After the passing of his father, and with his Mother's full support, Warmack decided it was time to look for his birth parents. He learned that his birth father was a Vietnam-era helicopter pilot and his mother, living in Germany, was the daughter of an Army officer. Before Warmack was born, the relationship dissolved and his mother traveled to Washington D.C. to give birth. Warmack said that at that at that time, in the 60's, keeping him and becoming a single mother just wasn't something you did.

Warmack's relationship with his adoptive parents, especially his mother, Toni, defined his life. During his retirement ceremony he gave a heartfelt tribute to them and outlined their importance to his life and his military career.

Warmack stated that growing up, it was evident to his parents, and everyone around him, that the military was not just a calling, but an eventuality.

"I always knew I wanted to go in the Army, I wanted to go into the infantry, I just wanted to be an Airborne Ranger." Warmack said. "I wanted to jump out of planes and be the best infantry officer I could possibly be."

The Army granted Warmack's wish and brought him to Fort Bragg where he cut his teeth leading roughly 40 paratroopers in the 505th Parachute Infantry Regiment.

"I loved being a platoon leader in the 82nd Airborne Division. What a great job to learn all of your basic leadership skills," Warmack said of his favorite duty assignment. "When I made mistakes they were mostly tolerant of me — I had a great platoon sergeant, who, although I had great ideas and was hard as woodpecker lips, as they used to say, he'd guide me and my ideas in the right direction."

He accomplished his childhood goals, and Warmack set his sights on becoming a battalion commander. When he reached that goal, he found himself unsure of what to do next.

He never thought a general officer's star was on his horizon.

Upon meeting his future spouse, Laura, Warmack recalls that he told her, "I'll never make it above lieutenant colonel, I want you to know that right up front."

"I married her and boom I was getting promoted," Warmack said. "She was my absolute lucky charm, motivation, and the one person, who, besides my adoptive parents,

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Brig. Gen. Michael Warmack laughs after being presented with a General Officer Parking sign, a gift from his wife, Laura, during his retirement ceremony June 29. Lt. Gen. Charles D. Luckey, Commanding General, U.S. Army Reserve Commandl, was in attendance and praised Warmack for his efforts in the ongoing transformation of the Army Reserve into a lethal and ready force.

really inspires me and is always there for me."

Laura, a full-time professional at IBM, said that being a military spouse had its challenging moments. The community they've become a part of at Fort Bragg has been an overwhelmingly positive experience. She said this community will be the hardest thing to leave behind it's a large part of what makes her marriage special.

"I have traveled all over the world for IBM, and this is the best community in the world — bar none," Laura said. "He has allowed me to be part of this community and I will be forever grateful."

Both Warmacks agreed that living on base has been an amazing experience that they've cherished and will be missed.

"We love hearing the 75mm Pack Howitzer go off in the morning. We're going to miss all the flags in the neighborhood, there's a flag on every single house, the oak trees, 'Taps' being played at night," Warmack said. "I'm going to miss all the great people who, when you say we have to get something done, they get fired up — and they move out, uniformed and civilian personnel alike.

Warmack and his family will have some time to relish the community at Fort Bragg — his last day won't be until October. This ceremony is just another way the military community differentiates itself from the private sector.

"I think the retirement ceremony is so special in and of itself. I know Mike is doing it for his family, but I have been with IBM for 27 years, and I will be lucky if I get an email when I leave," Laura said. "The people in the Army community congratulate you, people want to send him off with a pat on the back."

When asked about his plans Warmack jokes, "Well, after the ceremony I'm jumping in the car with my family and heading to beach," he says with a laugh before turning serious. "One of my goals is to give Laura choices — it's time for me to give back to her.

"I'm thankful to be here, to be a part of the U.S. Army Reserve. I think I've served in all the seams and gaps. I'm privileged to have served all over the Army in development and diplomacy," Warmack said of his career. "I have five tours down range, starting with Desert Storm — which is very much different than everything we've done recently. I'm very happy to have jumped out of a plane 150 times or so; even if my back is not quite as good as it used to be."  $\Delta$