

APRIL 2017

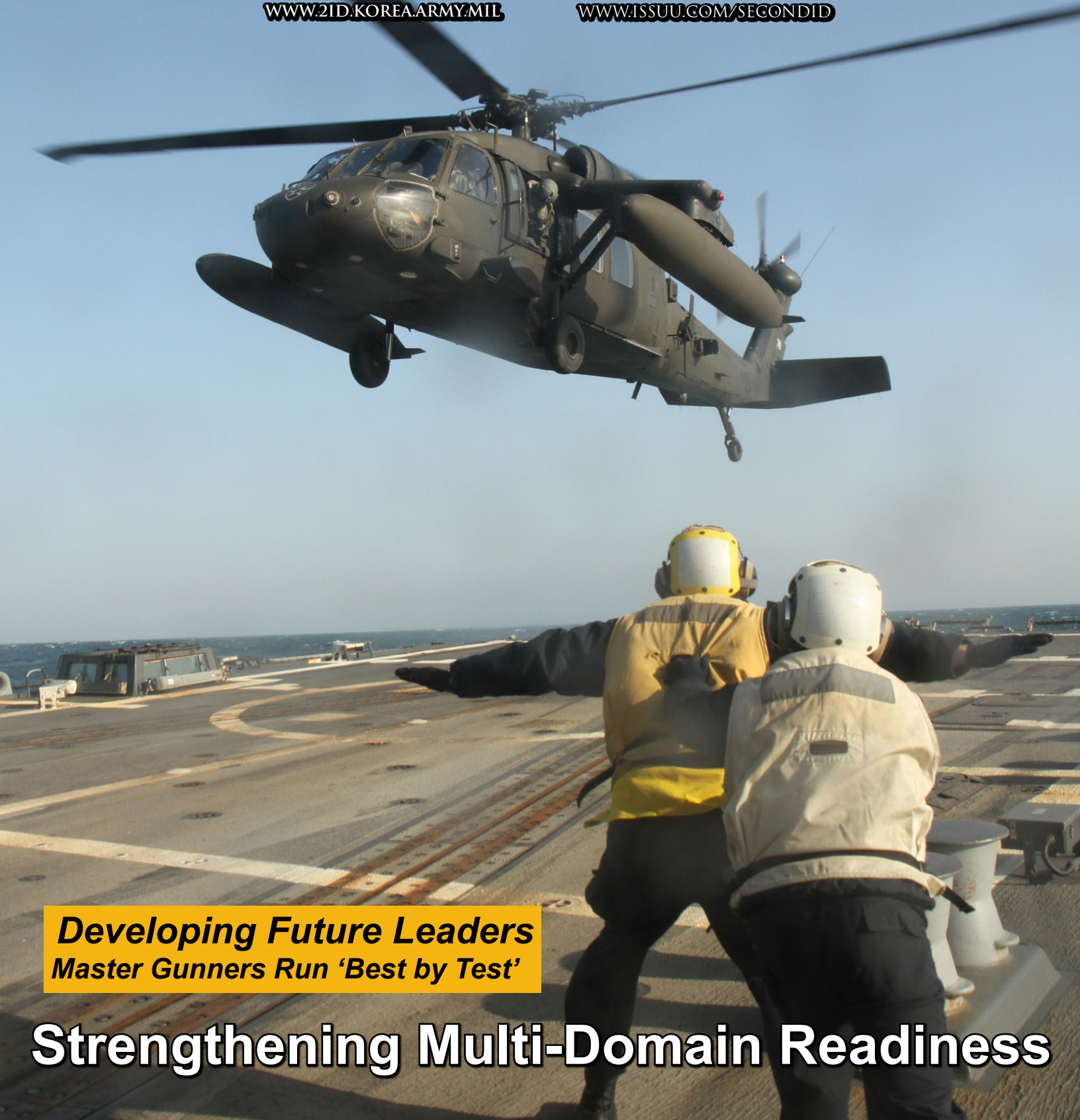
VOL. 54, ISSUE 4

HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA



# INDIANHEAD

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963  
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***Developing Future Leaders***  
***Master Gunners Run 'Best by Test'***

## Strengthening Multi-Domain Readiness





**(Top):** Beast Company, 1st Engineer Battalion Soldiers Air Assault into Rodriguez Live Fire Complex alongside 1st Battalion, 16th Infantry Regiment, Iron Rangers and ROK Army warriors during a division-level training event designed to increase combined Fight Tonight readiness. (Photo by Lt. Kathryn Simecek, 1st ABCT, 1st Inf. Div.)

**(Cover):** Navy crew members from the U.S.S. McCampbell guide 2nd Combat Aviation Brigade pilots as they prepare to land on the deck of the underway vessel during joint, multi-domain training in March. (Photo by Staff Sgt. Rachel Korzeniewski, 129th Mobile Public Affairs Detachment)

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# 6

Talon Soldiers execute CBRN-focused tasks during a team competition to ensure all team members understand and can meet the standard when reacting to a CBNR attack. (Photo by Cpl. Kihyun Kwon, 210th FAB Public Affairs)

# INDIANHEAD

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The *Indianhead* magazine is  
an authorized publication for  
members of the Department of  
Defense. Editorial content is  
the responsibility of the 2nd  
Infantry Division Public Affairs  
Office. Contents of the publica-  
tion are not necessarily the  
official views of, or endorsed  
by the U.S. Government, or the  
Department of the Army. This  
publication is printed monthly  
by the Il Sung Company, Ltd.,  
Seoul, Republic of Korea.

Individuals can submit  
articles by the following means:  
email usarmy.redcloud.2-id.list.  
pao-editorial-submissions@  
mail.mil; mail EAID-SPA, 2nd  
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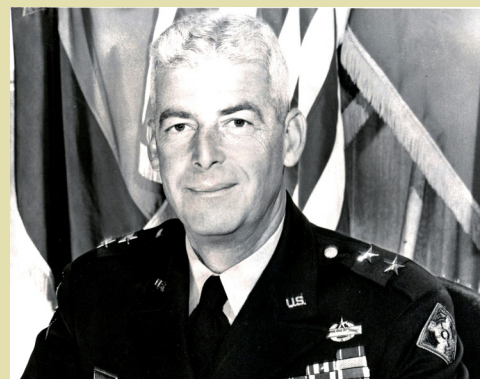


Warrior Division Family, April is Sexual Assault Awareness and Prevention Month (SAAPM), and we want you all to remember that our Division is unique in that every month about 8-10 percent of our Warriors rotate on and off the peninsula, so there are always Soldiers across our formations who are new to Korea and new to the Warrior Division. This makes it even more important for us to stop and focus this month on the sexual assault problem that still exists and degrades the readiness and culture of our Army. During the month of April, we're going to do just that. Pick up a copy of April's "In The Zone" magazine and check with your unit leadership and SHARP representatives to learn all the great awareness and prevention events going on across the peninsula this month. Get off the side lines! Get involved! Be a part of the solution, and help us build the trust we need to Fight Tonight!

## INTERVIEW WITH PAST LEADERS

As the 2nd Infantry Division/ROK-U.S. Combined Division prepares to celebrate a "Century of Second to None," our Leader's Corner column will recognize past Warrior Division Soldiers. Each month leading up to our 100th Birthday in October, the Indianhead will pay tribute to the great leaders who have helped make this Division "Second to None!"

Paul L. Freeman Jr. was an officer in the Warrior Division on three occasions during his career. His most memorable tour was in 1950, when he served as commander of the 23rd Infantry Regiment when the regiment, along with the attached French Battalion, faced five Chinese Divisions at Chipyeong-ni. After four days of desperate fighting, the 23rd survived the onslaught and turned the tide of battle. Freeman penned this letter to his Soldiers after being wounded at Chipyeong-ni:



*"It is with deep disappointment and sincere regret that during our recent crisis at Chipyeong-ni, I was ordered evacuated. While my wound was slight, and although I protested, I was finally ordered out. Officers and men, I want to say to you that there is no grander fighting regiment in all the world than the 23rd regiment. Your determination, courage and ability was demonstrated magnificently during the recent period at Chipyeong. I hated leaving without seeing the fight through to its successful conclusion."*

*I want you to know that any personal success that I might attain, as a result of our campaign in Korea, is only a minute reflection of your gallant actions and outstanding courage.*

*To each of you I wish continued success in battle, personal achievement, and good health and safety. I salute each of you and wish that I could shake every hand of the men who have so valiantly served."*





**General Rogers visits Division**

General Bernard W. Rogers, U.S. Army Chief of Staff, shown chatting at Rodriguez Range with MG David E. Grange, Jr., visited the Indianhead Division on March 24 and 25. At a press conference prior to his departure from Korea, Gen. Rogers said that it is clear to him from what he saw during his visit that American fighting forces here are performing their essential mission with pride and professionalism. He added that our readiness as individuals and as key members of a fighting team, is directly related to our nation's assurances that the U.S. commitment to the Republic of Korea is firm and undeviating.

**INSIDE SHOWS**  
page 5

**KATUSA Supplement**  
Sports  
pages 18-20

**SPRING!!**

Get out and see Korea this spring...  
tours, bicycles, fishing

Scenes of Kyung Bok Palace

(Photos by Gary Bloomfield)

**the INDIANHEAD**  
Vol. 25 No. 8  
April 12, 1978

## — APRIL 12, 1978

**Army Chief of Staff, Gen. Bernard W. Rogers visited the Warrior Division and said it was clear to him that the American forces in Korea were performing their mission with pride and professionalism. He also noted that our commitment to the Republic of Korea was firm and undeviating.**

## APRIL 23, 1993

**Division designated a commemorative community.**

**"What an incredible legacy the 2nd Infantry Division has inherited from the Soldiers who went before us. They established a reputation of professionalism, dedication and self-sacrifice that has made this Division legendary." — Maj. Gen James T. Scott, 2nd Infantry Division commander.**

**the Indianhead**  
Vol. 25 No. 8  
April 26, 1993  
For the Warriors of the 2nd Infantry Division

**News briefs**

**509th reduces services during annual ARTEP**

The 509th Personnel Service Company will reduce their annual ARTEP April 30 to May 3 and will maintain minimal staffing while the unit deploys to the field.

Soldiers are requested to hold routine actions until May 4 when the unit returns from the field. Emergency personnel actions will be processed by on-call personnel. The on-call duty person can be reached at 730-4771 during normal duty hours and 730-4704 after duty hours and on the weekend.

The 509th activity at Camp Red Cloud will be held May 1-3 so assigned soldiers can participate in the ARTEP. Normal duty hours will resume on May 4.

For more information, call Sgt. Maj. William Taylor, 509th PSC sergeant major, at 730-4751.

**NEO exercise slated May 19 for Area 1B**

Area 1B, which includes Camps Red Cloud, Ensign, Sears, LaGuardia, Jackson, Lee and Falling Water, will conduct a Noncombatant Evacuation Exercise (NEO) on May 19.

The Area 1B assembly point, which has been changed to the Camp Red Cloud Recreation Center, will be open to process noncombatants from 8 a.m. to 5 p.m.

Support will be available at Camp Stanley and Ensign to transport noncombatants to and from the assembly point.

The exercise helps improve noncombatant procedures and evacuation procedures, and ensures that NEO support personnel are properly trained.

For more information, call your unit NEO officer or Capt. Vance Nannini at 732-7284 or 730-4751.

**Safety precautions urged when running**

A Division soldier was recently assaulted while running alone off post just before daylight.

All personnel assigned to the 2nd Infantry Division are reminded that no one should run alone, particularly off post or during hours of darkness.

All commanders should ensure that all assigned personnel are aware of this policy.

Comments concerning this or any other safety issue should be addressed to the Division Safety Officer at 730-4704.

**Sighting in**

Pfc. Kevin Follis, HHC Scout Platoon, 5th Battalion, 20th Infantry sets the sights of an MK-19 Automatic Grenade Launcher under the watchful eye of Staff Sgt. Saul Resendez. For more on the 40mm qualification, see page 3.

**Division designated as commemorative community**

Story and photo by Maj. Mike Roddin

The Department of Defense has designated the 2nd Infantry Division as a World War II Commemorative Community.

A Certificate of Designation, signed by Secretary of Defense Les Aspin, was sent to Maj. Gen. James T. Scott, Warrior Division Commanding General, making the 2nd Infantry Division the first commemorative community in Korea.

The 50th Anniversary of World War II Commemorative Community Program honors and thanks World War II veterans, their families and those on the home front for their sacrifices and contributions.

It began as a grassroots initiative designed to encourage communities, cities, states, federal agencies, military installations and other organizations to thank and honor World War II veterans through commemorative events and activities. The commemorative period lasts through Veterans Day, 1995.

"I've asked the Division staff to help coordinate a series of commemorative events over the next three years that will educate our soldiers and civilians and honor the courageous men and women who preceded them," said Maj. Gen. James T. Scott, 2nd Infantry Division Commanding General.

"We have formed a Commemorative Committee in accordance with the guidelines provided by the Army World War II Commemorative Division and have urged all 2nd Infantry Division organizations to join in this commemoration," Scott continued.

"What an incredible legacy the 2nd Infantry Division has inherited from the soldiers who went before us. They established a reputation of professionalism, dedication and self-sacrifice that has made this Division legendary. It is this history and spirit we hope to preserve over the next three years as we honor all veterans of World War II, but especially those who proudly wore the 'Indianhead' patch."

"I am extremely proud of the soldiers of the 2nd Infantry Division — past and present — whose service to their country has always been 'Second to None!'" he concluded.

Maj. Gen. J. T. Scott and Command Sgt. Maj. Robert E. Hall display the Defense Department certificate designating the Warrior Division as a World War II Commemorative Community.



# CHAPLAIN'S CORNER

## NECESSARY FORGIVENESS



BY  
**Chaplain (Maj.) Bryan Casteel**  
2ND SUSTAINMENT BRIGADE CHAPLAIN

I grew up in Hawaii. Every weekend my friends and I would go snorkeling at Hanauma Bay. It was the safest way to experience marine life without feeling endangered because snorkeling does not require one to dive deep into the sea. I would typically stay in the shallow water so I could immediately come up for air if I became uncomfortable.

Snorkeling starkly contrasts with scuba diving, which requires technique. To scuba dive, one must understand the changes in air pressure that can cause injuries if not applied correctly. It also requires training, certification, time and energy. While the result of scuba diving is a life-changing experience under the great blue sea, potential scuba divers must consider the risks of deep sea diving. There is no shallow water to find refuge.

In life, biblical forgiveness is not like snorkeling in shallow waters at Hanauma Bay. Forgiveness is like scuba diving. It requires a deep dive into the heart—the deeper one descends, the more pressure one feels.

Forgiveness is also reflected in Maj. Gen. Ted Martin, the 2nd infantry Division/ROK-US Combined Division commander's second imperative: Live an Honorable Life. It says in that imperative that our nation expects us to be Soldiers and leaders of character, and we must do the right thing, on and off duty, and live honorably. Forgiveness is part of that honorable life.



Most people would agree that forgiveness is easy to talk about, but applying it is another matter entirely. Biblical forgiveness does run contrary to human nature: If we are offended, we expect the offender to be punished but not pardoned. The very mention of the word “forgiveness” can ignite a feeling of pain. The author C. S. Lewis comments, “Everyone says forgiveness is a lovely idea, until they have something to forgive...”

Remember that Jesus himself chose to forgive his persecutors while hanging on the cross. He said, “Father, forgive them, for they do not know what they do” (Luke 23:34). No matter how evil the act, we are called to forgive. Why? Because we have been forgiven.

## HEALTH OF OUR FORCE

## BRAIN INJURY AWARENESS



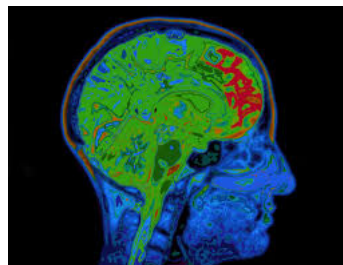
REVIEW BY  
**ARMY.MIL**

March was Brain Injury Awareness Month, but it's an awareness we all should have every month and in all surroundings. Although traumatic brain injuries (TBIs) are the signature wound of the wars in Iraq and Afghanistan, TBIs can be caused by motor vehicle accidents, assaults, falls, and sport injuries, as well as explosions.

It is important for someone who sustained a TBI to seek medical help to address any changes in their physical, emotional, and cognitive abilities.

“Someone doesn't have to lose consciousness when they suffer a mild TBI, there can be a feeling of being dazed or seeing stars but in some cases it can involve a very brief loss of consciousness which can last for a few seconds to a few minutes, but is typically less than 30 minutes,” said Dr. Aparna Vijayan, Speech-Language Pathologist at the Eisenhower Army Medical Center Traumatic Brain Injury Clinic.

After a mild TBI, patients can experience cognitive issues including difficulty with concentration, memory, perception, problem solving, comprehension, word selection, sequencing, and slower than normal responses. Cognitive problems can often cause patients to avoid social and recreational activities that they previously enjoyed.



“Fortunately, the brain is a resilient organ, and individuals who have sustained a mild TBI are likely to return to their normal abilities within two to 12 weeks after the injury,” said Vijayan. “For some, the issues may persist for longer causing headaches, pain issues, mood or sleep disturbances and a speech therapist or occupational therapist can provide strategies and resources to help improve the cognitive abilities after injury.”

Army Medicine has specialized clinics, neuroscience and rehabilitation centers, that treat Soldiers and family members who have sustained a mild concussion.

TBI Clinics utilize a multidisciplinary team including physiatrists, neurologists, psychiatrists, neuropsychologists, psychologists, physical therapists, occupational therapists, speech therapists, recreational therapists and social workers to provide a well-coordinated and individualized treatment plan to all TBI patients.

Three-week-long outpatient programs or Functional Recovery Programs are also available, which offer both an understanding of the symptoms and what can be done about them, while being administered in a group setting, enabling the participants to find support from other patients.

Pay attention to yourself and your battle buddies, and take action.





# Developing Future Leaders:

## Master Gunners' 'Best by Test' Trains NCOs



**STORY and PHOTOS BY**  
**Cpl. Kihyun Kwon**  
**210th FAB Public Affairs**

**CAMP CASEY, South Korea** - The Best by Test competition is an annual 210th Field Artillery Brigade event developed and run by the brigade's master gunners.

It is a series of tests conducted to distinguish the best crew based on its members' military occupational specialty and general Soldier knowledge.

A master gunner is the senior advisor to a commander on all multiple launch rocket system crew and ammunition tasks/information. In order to become master gunners, sergeants first class are selected by the commander as the most knowledgeable on all MLRS and MLRS capabilities. Then they must complete the master gunner course.

"Noncommissioned officers, including master gunners, have an abundance of responsibilities when training their Soldiers, not only the standard military tasks but other MOS proficiencies," said Sgt. 1st Class Christopher Starnes, a master gunner. "They should not stop at establishing a baseline on their basic skillsets but push the Soldiers and start going into more difficult and sustained training."

The Best by Test competition was a great opportunity for Starnes and his fellow master gunners to fulfill these responsibilities as NCOs.

"In order to run the competition successfully and achieve these goals, we planned the programs and events together," said Starnes. "We worked as a group to come up with essential factors such as which tasks we would evaluate, how the programs would be organized, how long the whole competition would take, and how to establish grading criterion."

The competition took place over three days. The first day consisted of the Army Physical Fitness Test and warrior tasks. For the warrior tasks, Soldiers had to complete six stations; a mystery event, assemble and dismantle a M240B, Single Channel

Ground and Airborne Radio System operation, react to a Chemical Biological Radioactive Nuclear event, first aid and map reading station.

The following day, Soldiers completed a six-mile ruck march with 35-pound ruck sacks and conducted regular, CBRN, and night fire weapons qualifications. They also took a written test on general Army knowledge and their specific MOS.

On the last day they were divided into three groups within their MOS and were given tasks regarding their specific MOS. The tasks included fire mission processing, reload operations and field artillery occupation.

"During the Warrior Tasks, many of the Soldiers couldn't clear, disassemble and assemble the weapon and conduct a function check within six minutes," said Sgt. 1st Class Richard Houser, a master gunner who facilitated the Best by Test. "However, even when they fail, it is important that we fix their deficiencies and now they know how to properly do it."

He said the Best by Test competition helped Soldiers understand where their crews may be excelling and also where their shortfalls might be. It ultimately helped the crews become better for each section.

"I think the Best by Test went overall extremely well," said Starnes. "It showed that 210th is a well-trained unit on this peninsula which is ready to conduct their war time mission at any time, and it was also an extreme privilege to see these Soldiers compete at a brigade level."

He said, "The goal of this program is to promote esprit de corps and a sense of competition. Also, it is a tool our brigade can use to lift morale and recognize the Soldiers who give 100% in everything they do."









## MULTI-DOMAIN: WARRIOR DIVISION AVIATORS PARTNER WITH NAVY FOR DLQ



STORY AND PHOTOS BY

Staff Sgt. **Rachel Korzenlewski**

129th MOBILE PUBLIC AFFAIRS DETACHMENT

CAMP HUMPHREYS, South Korea - 2nd Combat Aviation Brigade crews participated in a joint, multi-domain deck landing qualification with an underway U.S. Navy ship off the coast of the Republic of Korea in March.

"This has been a large train up for the last two months to prepare to exercise these capabilities through single and multi-spot deck landing qualifications," said Staff Sgt. Neil Roy, the 2nd CAB flight chief for the DLQ.

The unique training involved the U.S.S. McCampbell which is a DDG85 Arleigh Burke-class destroyer, and two UH60 Blackhawk helicopters.

Conducting the DLQ is a joint effort from both the aviators and Sailors. As the Blackhawk approached the ship, a landing signal Sailor used hand signals to direct the Blackhawk safely onto the ship's deck. From inside of the Blackhawk, the helicopter crew chiefs communicated with their respective pilots about the clearance of the back of the helicopter on the deck. Once the Blackhawk landed, the ship's chock and chain personnel secured the bird to the deck.

"As a MEDIVAC unit we would use this training if the Navy had an injury on their ship and the personnel needed more extensive medical treatment," said Roy. "They would be able to call us and we would be able to get that

Sailor to a higher treatment facility."

Prior to the DLQ, the combat aviators went through an extensive academic portion that included aircraft capabilities, ship capabilities, ship characteristics, tactics and procedures. Once the academic section was completed they moved on to field deck landing practice to gain experience shooting the approaches, and practice the crew coordination that is involved on a simulated deck landing.

"Biggest difference between the simulation and the real thing is a moving ship in the ocean. The U.S.S. McCampbell was pitching and rolling a lot more than we were anticipating since this was our first time doing single spot DLQ. We also had to take in consideration the oceanic winds," he said.

The DLQ is proficiency based. The minimum requirement is five take off and landings otherwise known as a bounce.

"We did as much practice as we could on the front side to make sure we were successful on the backside, which made us successful on the ship and will make us successful if we have to execute this mission in a real-world situation," he said.





(Far Left) 2nd CAB Blackhawk crews execute a single-spot deck landing on the U.S.S. McCampbell.  
 (Above) After intensive academic and simulated training, 2nd CAB pilots and crews conduct final prep before flying to the U.S.S. McCampbell to execute five deck landings.  
 (Above Left) Chock and chain personnel rush to secure the helicopters after they touch down on the deck.  
 (Above Right) 2nd CAB pilots assess their approach to the U.S.S. McCampbell, accounting for the winds and swells impact on their deck landing. (Left) 2nd CAB crews take in the sunset from the ship after completing their five deck landings for qualification.



# THE 'GUNFIGHTER'



COMMENTARY BY  
Sgt. 1st Class **Jason Stadel**  
2ID/RUCD PUBLIC AFFAIRS

**CAMP RED CLOUD, South Korea** – In the March “Indianhead” we featured a quick look into the leadership philosophy of Lt. Gen. (retired) Henry E. Emerson, the 2nd Infantry Division commander from May 1973 to May 1975, and in my research for that, I found myself wanted to learn more about this important Warrior Division leader. He fought in Vietnam, where he earned his “Gunfighter” nickname by carrying a revolver as a sidearm in lieu of the standard M1911 .45 automatic. I found that he was quite a polarizing figure who deeply cared for Soldiers and lived with the “Fight Tonight” mentality, and there is no doubt, he loved his time in the Warrior Division.

Gen. (ret.) Colin Powell was a lieutenant colonel when he commanded the 1st Battalion, 32nd Infantry Regiment “Bucs” at Camp Casey, and Emerson was the division’s commander at the time. The division headquarters was also at Camp Casey in those days. My interest in Emerson came from excerpts I read in Powell’s book, “A Soldier’s Way: An Autobiography.” Powell was close with Emerson, and dedicated an entire chapter to him that he called “Go Gunfighter, Go!” When Powell mentions him in the book, he simply calls him Gunfighter.

With the upmost respect, the best way to describe Gunfighter is as a character. His leadership style, at a time when the Army was slowly transitioning out of Vietnam and had a hard time keeping career Soldiers, was not something anyone was used to dealing with. Powell’s first experience with Gunfighter came at his change of command ceremony. In his book, Powell wrote that he was used to the common “overblown hoopla” that he was a part of in Germany and Vietnam. But, to his surprise the parade field for his change of command was quite the opposite. There was a four-man color guard with five company commanders and their respective guidon bearers, with few spectators. Powell was told, “Gunfighter doesn’t care to have the troops stand in the hot sun while a couple of colonels tell each other how wonderful they are.” Powell’s change of command ceremony lasted about 30 seconds.

It seems to me Gunfighter’s leadership style was probably legendary among the Warrior Division Soldiers. Although he put less emphasis on the ceremonial aspects when he commanded the Warrior Division, that didn’t mean he was against such things in the Army. At the time, Vietnam was winding down and skirmishes had happened with the North Korean military as close as five years prior. I think he simply wanted his Warriors to be ready to “fight tonight,” and that was his focus. He took training seriously, and he took readiness seriously. One of Gunfighter’s favorite quotes was “If we don’t do our jobs right, Soldiers won’t win!”

Powell said Gunfighter drove the point home that North Korea wouldn’t be fighting from “nine to five” so he started “reverse-cycle training.” They basically trained at night and slept during the day. This went on in 10-day segments. Breakfast was served at 8:00 p.m., then training in the hills and mountains around Camp Casey, and at 1:00 a.m. lunch was served followed by weapons training, weapons cleaning, etc., then dinner and then sleep at 9:00 a.m.

I can’t imagine how hard that would be to get used to, but Soldiers adapted as we do. The Warrior Division, as always, was a combat-focused force with Gunfighter at the helm.

His focus on leadership style was sometimes unpopular, especially among career officers. Powell wrote that Gunfighter’s policy was any field-grade officer and above would not get a PCS award. His mindset was that if they worked hard and excelled it would be reflected in their “efficiency reports” (OER).

“I don’t believe in medals for senior officers,” said Gunfighter. “A field grade officer’s job is to perform, and if you perform well, you’ll get and out-



standing efficiency report. And that’s all you need. So don’t waste your time writing up silly citations for each other.”

Although an unpopular policy at first, Powell said it worked. The division was at peak readiness and high morale with Gunfighter. His quirks and leadership hubris wore off on his subordinate commanders and staff and not getting PCS awards just became the accepted norm.

Powell called Gunfighter a “bachelor to whom the Army was his wife and his mistress.” But he knew that his Soldiers had lives and families outside the Army so he wanted to make sure all 2nd Infantry Division Soldiers were also high school graduates.

Remember, in the early 1970s, a high school diploma was not a requirement to join the Army, and it seems that many enlisted Soldiers were high school drop outs. Gunfighter wanted to set them up for success in life beyond their time in uniform.

The few Soldiers’ wives that were in Korea, Americans living in the area, and officers and qualified NCOs became high school teachers. When military training ended in early afternoon, his troops were going back to high school. Powell said, “As Gunfighter saw it, the U.S. Army had entered into a contract with these young people.” He wanted his troops trained ... as Soldiers and members of society.

Gunfighter went on to earn his third star and commanded the XVIII Airborne Corps at Fort Bragg, retiring in 1977. He often said that he loved Korea and Fort Bragg, and really didn’t want to serve anywhere else. Gunfighter provided an oral history of his career to the U.S. Military History Institute in 2004, “I got to stay two years commanding the 2nd [Infantry Division] ... I’d still be doing it if they let me.” He was almost 80 years old when he said that.

Powell remained close friends with Emerson until his death in 2015.

This year, the 2nd Infantry Division will turn 100 years old. And as we recognize this great division and its legendary history, it’s easy to see how our Warriors have been successful. Who doesn’t win with a Gunfighter leading their team?!

Author’s note: All quotes are from “A Soldier’s Way: An Autobiography” by Colin Powell. It was first published in 1996. It’s hard to find, but there are copies out there. If you can find the book, I suggest you read it. There is so much more about Camp Casey and Korea than mentioned above. It’s not only entertaining, but a great leadership tool. There is also an Oral History of Lt. Gen. Emerson published by the U.S. Military History Institute in 2004. Powell went on to be Army Chief of Staff and eventually Secretary of State.

# TAX SEASON PREP:

## TAX SEASON FILING DEADLINES AND EXTENSIONS IN KOREA



ARTICLE BY  
Capt. **CHRISTOPHER C. STECKBAUER**  
2ID/RUCD LEGAL ASSISTANCE ATTORNEY

The filing deadline for tax year 2016 falls on Tuesday, April 18, 2017. While the April deadline is fast-approaching, many eligible clients in Korea may qualify for an automatic extension until June 18, and an additional extension until October 16. All servicemembers, dependents, retirees, DOD civilians, and other eligible clients are encouraged to take advantage of the Army tax centers' free tax preparation services before these deadlines. Through mid-March, just in Area I alone, tax centers have assisted clients with receiving more than \$1,600,000 in refunds and saving more than \$200,000 in tax preparation fees.

Most DOD personnel living in Korea qualify for an automatic two-month extension to the filing deadline. Servicemembers on duty outside of the U.S. and Puerto Rico on April 18 may file up until June 18. This extension also applies to U.S. citizens and resident aliens who live outside of the U.S. and Puerto Rico and whose main place of business or assigned duty post is outside of the U.S. and Puerto Rico. For married taxpayers filing jointly, only one spouse needs to meet the automatic extension requirements. This extension does not apply, however, to those who are temporarily abroad or vacationing at the time of the regular filing deadline. In order to ensure that all Soldiers and other eligible clients have the opportunity to take advantage of this extension, some Tax Centers will remain open until the end of April and others will remain open until June 18.

Taxpayers who meet the requirements described above also qualify for an

additional extension to the filing deadline if needed. This additional extension moves the filing deadline to October 16. In order to take advantage of this extension, taxpayers will need to complete IRS Form 4868, which can be submitted through the various tax centers in Warrior Country.

Taxpayers should note that they will be charged interest on any amount not paid by the regular due date until the date the tax is paid. Most taxpayers will receive a refund this tax season and can file up until June 18, or longer if applying for an additional extension, without issue. If a taxpayer owes an amount due with their tax return, however, any tax paid after the regular, April 18 deadline will include interest.

Members of the Armed Forces who recently served in a combat zone may qualify for an additional extension. Tax preparers can help determine your individual filing deadline if you recently served in a designated combat zone.

We strongly encourage 2nd Infantry Division/ROK-US Combined Division Soldiers to know their training schedule and work with their leaders to make time to complete their 2016 taxes.

For questions about the extensions to the filing deadline, please contact your local tax preparation center.

## TAX FILING TIPS

**Bring with you:**

- **Photo ID**
- **DEERS printout with ssn**
- **SSN cards for you and your dependents claimed**
- **POA for taxes from spouse (if not present)**
- **All earning statements (W2, 1099, etc.)**
- **A copy of last year's Federal & State returns**
- **Bank Routing/Acct. Numbers for Direct Deposit**
- **All other IRS related financial documents**



### AREA I TAX CENTERS

Camp Casey  
Maude Hall, Room 233  
Camp Red Cloud  
BLDG S-267  
(Housing Office)  
DSN 730-4888

### AREA II TAX CENTERS

Moyer Community Activities Center  
BLDG. 2259, Room 102  
Next to the Smoothie King  
DSN: 723-5335 / COM: 02-7913-5335

### AREA III TAX CENTERS

Camp Humphreys  
BLDG. 578  
DSN: 753-5680

### AREA IV TAX CENTERS

Camp Henry  
BLDG. 1805, Room 2  
Next to Legal Assistance  
DSN: 315-768-9038





# SNAPSHOTS

## Warriors in Action

*"In every battle there comes a time when both sides consider themselves beaten; then he who continues the attack wins."*

*– General Ulysses S. Grant*









# "DEVIL" BRIGADE, ROKA WA



## 'DREADNAUGHT' TROOPS PARTNER WITH ROKA WARRIORS

STORY AND PHOTOS BY

**1** 1st Lt. **PATRINA LOWRIE**  
2nd Battalion, 34th Armored  
Regiment

**CAMP CASEY, South Korea** – Leaders from 2nd Battalion, 34th Armored Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, met with senior and junior leaders from the Republic of Korea Army's 32nd Tank Battalion, in Hwoi Cheon, South Korea, to emphasize their partnership in training and operations.

"As always, it was a great visit that underscores the strong bonds that the U.S. Army and (the ROKA) share," said Lt. Col. Bryan Harris, the battalion commander. "I truly enjoyed sharing 2-34 AR's rich history with them, where we came from, and where we are going. I am looking forward to seizing future training opportunities between the 32nd Tank Battalion and team Dreadnaught."

The visit, which was in support of the battalion's partnership agreement with the ROKA, "is integral in ensuring a lasting partnership between U.S. and South Korean

forces," said Maj. James Braudis, the Dreadnaught executive officer.

During their visit, the leaders of the 32nd Tank Battalion had the opportunity to interact with members of the Dreadnaught team and experience first-hand the camaraderie that is essential to the success of a combined arms battalion, Braudis added.

"We have received a variety of information from our visit to 2-34AR, to include (tactics, techniques and procedures) and (troop leading procedures) that we could integrate within our formation," said Sgt. Maj. Kim Ki Seok, the 32nd Tank Battalion's sergeant major. "I hope we could visit the 2-34 AR's training exercise soon so that we can learn some of the strengths of 2-34 AR and use some of those strengths to improve our battalion."

"I believe this relationship with 2-34 AR will strengthen our war power in an effective way," Seok said.

In addition to Seok, the 32nd Tank Battalion's team consist of Capt. Lee Jim Hoon, the battalion's intelligence officer, and Master Sgt. Hwang Cheong Guk, the operations senior

noncommissioned officer. The leaders offered the opportunity to share their unit's upcoming training events with the "Dreadnaught" team.

"I was deeply impressed how U.S. Soldiers treat each other equally regardless of rank," Hoon said. "I believe such attitude brings livelihood and effectiveness in work. Through this partnership, U.S. and (South Korea) can prepare for war by learning each other's traits and tendencies; we will be ready to 'Fight Tonight,' together."

The 32nd Tank Battalion leaders also had the opportunity to become familiar with one of the Dreadnaught battalion's M1A2 Abrams tanks at the battalion motor pool.

"I could see why U.S. Army is the best in the world and I have learned the importance of maintaining the 'Fight Tonight' attitude," Guk said.

Dreadnaught leaders agreed that the exclusive experience paves the way for future units deploying to South Korea, and team Dreadnaught looks forward to training and supporting the 32nd tank battalion while deployed on the Korean peninsula.



# WARRIORS GROW TOGETHER



## 'GUARDIAN' AND ROKA SOLDIERS TRAIN TO PREP FOR EFMB

STORY BY

Staff Sgt. **WARREN W. WRIGHT JR**

PHOTO BY

Capt. **JONATHAN CAMIRE**

1ST ABCT, 1ST INF. DIV.

PUBLIC AFFAIRS

CAMP CASEY, South Korea – Healthcare specialists from the 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, came together with their Republic of Korea Army partners in March to prepare for participation in the Expert Field Medical Badge competition during a training event on Camp Casey, South Korea.

The EFMB is a U.S. Army special skills badge that is awarded to Soldiers who successfully complete a set of qualifications including both written and performance portions.

The training focused on combat testing, which included weapons disassembly and assembly, low crawling and high crawling while under simulated weapons fire and assessing a casualty.

"We're testing them on their ability to complete

all of the medical tasks" associated with the EFMB testing, said Staff Sgt. Steven Dean Walker, a squad leader and training coordinator from 101st BSB. All medics from the battalion going to the EFMB competition in May will complete the testing lane.

Also present during the training were medical specialists from the Republic of Korea Army's 5th Infantry Division Medical Battalion.

"This is the first of three training events that we plan on conducting together," said Capt. Christopher Rodriguez, the commander of Company C, 101st BSB. "It's important to understand their capabilities and what (the ROK Army medical soldiers) do and bring to the fight so if we do have to fight together we know what our partners in the medical world do."

One of the unique aspects of the U.S. Army in South Korea is its partnership with its host nation. The U.S. Army regularly integrates ROK Army soldiers into training in order to maintain a strong alliance between the two nations.

"They don't get a chance to do this type of training

in the field," Rodriguez said. "Today is about us teaching them new skills and helping them work on their field craft."

The purpose of the training is to prepare the Soldiers for the rigors of the EFMB competition, which will push the medics to their limits, both physically and mentally.

"It was harder than it looks and it is definitely more than I expected," said Spc. Javier Conizo, a healthcare specialist with the 101st BSB. "It was really fun though. It's really good training and I got a lot out of it."

For healthcare specialists in the Army, the EFMB represents a culmination of hard work and expertise in their field.

"It's a point of pride for medics to wear the badge," Walker said. "It's such a difficult feat to earn your badge and it's indicative of how much a medic can adjust to a scenario, pay attention to critical details and complete a task."



# WARRIOR FITNESS

## Exercise Consistency is Key



REVIEW BY  
**ARMY.MIL**

After the long winter months here in Warrior country, many of you may see the warmer weather as a time to get in additional work on that beach body. But it's important to remember that fitness is a marathon not a sprint, and maintaining readiness requires more than a quick fix mentality.

Consistency in working out will bring more substantial results than periodic extreme fitness routines.

Working out three hours a day for one month can bring on health problems including stress fractures, tendon and muscle strains that often discourage people from continuing to work out. If you want to add more to your daily Warrior PRT session, try slowly increasing work out time weekly or biweekly starting with 30 extra minutes, three times a week and slowly making it to 60 minutes five times a week.

The following are additional tips to help achieve better fitness levels.

- Slow and steady not only wins the race but helps one get to the finish line later in life. A favorite choice of many people to get in shape is either walking or running for cardiovascular health. Studies show as little as 10 minutes of moderate intense physical activity can lead to a healthy heart. One study found that 60 to 90 minutes of weekly exercise reduced heart disease risk by up to 50 percent.

- An easy way to start is by running or walking and gradual increase in distance or time. One safe way to transition to full running is starting with 4 minutes of walking followed by 1 minute of running and slowly change the walking and running until you are able to run without walking. People should not get frustrated if they find they can only run for 30 seconds at a time. Exercise is the most important part of working out, not how much anyone accomplishes.

- Strength training is equally important for overall health. It increases testosterone naturally, promotes better sleeping and retains muscle mass. For some, free weights can be intimidating so it is recommended to start with bodyweight exercises or machines. Three basic exercises that can make a huge difference in fitness level for anyone just starting out are assisted pull ups, planks and sit squats.

- Assisted pull ups can be done on a machine, with bands or using a TRX strap system. Planks help to keep the core, our main connection between the upper and lower body, tight and ready for all movements. Sit squats are an exercise for patients who have knee pain and are performed by attempting to sit in a chair or bench. Once your gluteus maximus touches the padding, immediately stand back up. For squats, remember to lead with the hips back, heels down and look just over the horizon.

- The weather will still be hot for many months. Keep in mind a body also needs to adjust to the changes. Most, if not all live in air conditioned and climate-controlled space. It's best to pick a time in the day that is cooler to exercise -- early mornings or late night -- or take the workout inside. Dress appropriately for the activity, take more breaks when the temperature rises, and you may even have to cut back on the intensity level depending on the activity. In warmer weather, remember to increase fluid intake throughout the day, not just during exercise.

As the temperatures rise here in Warrior Country, keep some of these tips in mind to enjoy the outdoors for many weekends ahead, not just one. A smart start will help make the most of the years to come.





# Eats In KOREA



REVIEW BY  
Pfc. KIM, JINGO  
2ID/RUCD PUBLIC AFFAIRS

Have you ever tried an all-you-can-eat Korean BBQ spot? If not, I have just the place for you!

This month's Eats in Korea features a renowned all-you-can-eat Korean BBQ franchise found all over the peninsula, Ungteori, or Ungteori saengogi.

In Korean, Ungteori saengogi means nonsense meat. But don't be fooled by its name, the restaurant serves high quality Korean pork BBQ also known as Samgeupsal. Despite the low cost, just 10,000 Won per person, you can eat as much of the BBQ as you want!

Many people may think that all-you-can-eat restaurants give up quality over quantity. But this restaurant is not the case. The quality of the meat served is much higher than the average low quality meat served in other such restaurants.

Everything but the meat is self-served. You call the waiter only to ask for more meat or to order other meals and beverages other than water. Everything else is located at the self-service table.

In the middle of the grill is doenjang-jigae, a traditional Korean hot stew made with soybean paste. You can put in as much tofu as you want by going to the self-service bar. Refills of the stew are also possible.

I highly recommend this restaurant for its price and quality. Ungteori saengogi is a great place for Warriors who would like to try high quality Korean pork BBQ (Samgeupsal) while still getting the most for their money!w



## Ungteori Saengogi

Address:

Seoul Gangnamgu Nonh-yundong 181-8 2nd floor

Contact Info:

02-6228-1113

For restaurant review suggestions or submissions contact the 2ID Division PAO at [usarmy.redcloud.2id.list.pao-editorial-submissions@mail.mil](mailto:usarmy.redcloud.2id.list.pao-editorial-submissions@mail.mil) or DSN 732-9132





(Above) 2nd Sustainment Brigade 'Water Dogs' test their purification systems and skillsets during Exercise Key Resolve. (Below) Field training exercises allow the water purification specialists to get hands on practice with all the scientific and technical parts of their mission.

# FROM WASTE TO WATER



STORY AND PHOTO BY  
Sgt. **KIMBERLY E. JENKINS**  
2nd Sustainment Brigade

**Dagmar North, South Korea** — “Without water you can’t live. Water is essential to life,” said Pfc. Jesus Garspar, a 92W water treatment specialist assigned to 348th Quarter Master Composite Supply Company, 194th Combat Sustainment Support Battalion, 2nd Infantry Division Sustainment Brigade.

Water treatment specialists, also known as waterdogs, played an essential role in this year’s Key Resolve field training exercise, and in readiness operations across the peninsula every day. As a junior enlisted Soldier, Gaspar found out just how important and meticulous purifying water is during the exercise.

“My mission is to provide water and make sure it’s sanitized, purified, up to code and up to the Army standard,” said Garspar.

“Some people think that this [military occupational specialty] is easy but it’s not that simple,” he said. “It’s more than just purifying water. We ensure there are no harmful chemicals in the water.”

Purifying water in the field is meticulous work. In order to prevent illness or death from unsanitary water, waterdogs are consistently performing preventive maintenance checks and services on all their equipment.

“When you have a stationary water plant, you have all the resources you need. When you’re using a small portable kit, it makes detecting chemical agents in the water a lot more difficult,” said Gaspar. “You actually have to be good at this job or a potentially deadly chemical may slip by and once something dangerous gets through to drinking water it is almost impossible to detect.”

Staff Sgt. Ryan Archer, a water treatment specialist, is the



noncommissioned officer in charge of the 194th Combat Sustainment Support Battalion’s waterdogs. He recently came back from deployment where he supplied purified water, showers and laundry services to over 3,500 Soldiers on a forward operating base in Al Asad, Iraq. With 10 years of active duty experience as a 92W, he knows the importance of field training and exercises like Key Resolve.

“When we go to the field it gives us the opportunity to actually have water running through the system, and we can troubleshoot any issues as we go along to prepare us for a live mission,” Archer said. “In the field we also do hands on training. We pull the system out and troubleshoot so we can make sure there are no mechanical issues with the systems.”

The system the 92W’s use is the tactical water purification system. Two TWPS’s can sustain up to 4,000 Soldiers and support other units who may need water purification assistance.

“The TWPS works by removing arsenic cyanide, debris, salt, and nerve or chemical agents from a water source such as a river or spring,” Archer said. “The only thing we add to it is chlorine, sodium bisulfate.”

There is a lot of science and math involved in water purification and getting the correct calculations can mean the difference between life and death.

“I always want to make sure my numbers and calculations are spot on because your whole forward operating base can get sick or die from unclean water,” said Archer. “What is unique about being in a sustainment brigade is that we are producing water constantly and we actually get the opportunity to do this job more than we would in other brigades. Other brigades are geared toward fuel operations. Waterdogs in a sustainment brigade are purifying water and actually using the TWPS system, so we are ready to Fight Tonight!”





# TALON ENGINEERS IMPROVE RANGE, HONE SKILLS



**STORY AND PHOTO BY**  
**2nd Lt. TERYN RYNONE**  
**643rd Engineer Support Company**

**RODRIGUEZ LIVE FIRE COMPLEX, South Korea** – Engineers from the 643rd Engineer Support Company, 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade spent eight days laying 425 meters of combat road in support of the Rodriguez Live Fire Complex continuing range improvements.

Currently the only permanent Engineer unit on the peninsula, the 643rd employed two elevating motor scrapers and two bulldozers to level the land, a motor grader to shape the road, two ten ton dump trucks to haul material, a hydraulic excavator to dig and clear debris, and numerous support vehicles.

The diversity of equipment and wide scope of the mission provided the 643rd's Soldiers the opportunity and time to improve their operating skills.

"Every time you're behind the wheel, you're going to get a little bit better," said Pfc. Quintin Thomas, a horizontal construction engineer with the 643rd.

Soldiers like Thomas were constantly rotating in and out of vehicles executing different tasks.

Noncommissioned officers were always on the ground, guiding Soldiers while they worked and providing key teaching points along the way.

"Just being able to guide and teach them was some of the most enjoyable parts for me," said Sgt. Jerry Hooker, a horizontal construction engineer team leader.

Countless units will utilize this road throughout the years, so improving it is a source of pride for many of these Soldiers who have trained long hours to perform these missions, said Hooker.

"Everyone gave a little bit to the project, and I like to see the results of my work being used for something," said Spc. Tony Hernandez, a horizontal construction engineer.

The knowledge and experience gained will allow the engineers to provide unparalleled support to maneuver units when called upon to "Fight Tonight!"







# 1ST BATTALION 37TH FIELD ARTILLERY REGIMENT



## CONSTITUTION OF 37TH FIELD ARTILLERY REGIMENT

The 1st Battalion, 37th Field Artillery Regiment was originally constituted on July 5, 1918 in the National Army as Battery A, 37th Field Artillery, an element of the 13th Division. It was organized on August 17, 1918 at Camp Lewis, Washington, and demobilized there on February 11, 1919.

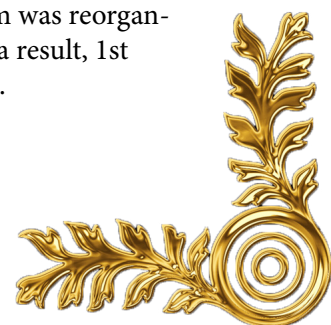
The unit was reconstituted on October 1, 1933 in the Regular Army as Battery A, 37th Field Artillery. It was redesignated on October 1, 1940 as Battery A, 37th Field Artillery Battalion, an element of the 2nd Division (later redesignated as the 2nd Infantry Division), and activated at Fort Sam Houston, Texas.

## HISTORY/2ID RELATIONSHIP

The unit was again reorganized and redesignated on February 20, 1956 as Battery A, 37th Armored Field Artillery Battalion. Battery A was redesignated on June 20, 1957 as Headquarters and Headquarters Battery, 1st Howitzer Battalion, 37th Artillery with its organic elements were concurrently constituted and activated. It was also concurrently relieved from assignment to the 2nd Infantry Division.

The unit was assigned on April 16, 1995 to the 2nd Infantry Division and reactivated at Fort Lewis, Washington. There it became the direct support battalion for the Division's 3rd Brigade, the only brigade to be station in the United States, with the 1st and 2nd Brigades being stationed in Korea.

In 2000, the 3rd Brigade became the initial brigade to transform to what became known as the U.S. Army's modular force structure. The resulting 3rd Brigade Combat Team was reorganized to include various elements that had previously existed at division level. As a result, 1st Battalion, 37th Field Artillery became organic to the new Brigade Combat Team.





April is Sexual Assault Awareness Prevention Month (SAAPM), and we encourage all Warrior Division teammates to take the time to remind yourself and your battle buddies that we're in this fight together to erase sexual assault from our formations. Know your support systems and understand "The Faces of SHARP" who are always willing and ready to provide help and support.

# Faces of SHARP



## MEDICAL

Medical Support  
Unrestricted Reporting



## SHARP REPRESENTATIVE

Reporting Options Expert  
Restricted or Unrestricted report  
Liaison to Other support



## CHAPLAIN

Total Confidentiality  
Emotional/Behavioral Support  
Not a reporting channel



## CHAIN OF COMMAND

Unrestricted Reporting  
Transfers  
Liaison to Other Support



2017년 4월

VOL. 53, ISSUE 12



# 인디언헤드

INDIANHEAD KOREAN EDITION

[HTTP://WWW.2ID.KOREA.ARMY.MIL/KOREAN-SITE](http://www.2id.korea.army.mil/korean-site)

[WWW.ISSUU.COM/SECONDID](http://www.issuu.com/secondid)





2017년 4월  
간추린 뉴스

매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



이번 달 Eats in Korea에서는 의정부에 있는 엉터리 삼겹살이라는 무한리필 돼지고기 집을 방문하였다.



2월 22일 캠프 케이시에서 제1기갑여단 장병들이 대한민국 육군 장병들과 함께 훈련을 하고 사진을 찍고 있다.



로드리게즈 실사격장에서 제2전투여단 장병들이 더 나은 교통을 위해 도로를 새로 공사하고 있다.

<사진\_일병 김진구/ 제2보병사단 공보처>

<사진\_중위 패트리나 로리 / 제1기갑여단 공보처>

<사진\_테린 라이넨 / 제2전투여단 공보처>



Think Twice! 한 번 더 생각하고 행동  
하십시오!



3월 6일, 로드리게즈 실사격장에서 제2보병사단 장병들이 부사관을 위한 훈련(Basic Leadership Course)을 받고 있다.

<사진\_병장 로버트 라슨 / 제2보병사단 공보처>

표지 사진: 민간인 구급을 한 210포병여단 의료팀의 강승제 상병이 포즈를 취하고 있다.

<사진 삼병 여유희 / 제2항공여단 공보처>

## 인디언헤드 한글판 스태프

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기자  
일병 정원희  
이병 김연요  
사진 전문가  
박진우  
글을 배포처

아리따체 : AMOREPACIFIC  
함초롱체 : 한글과컴퓨터

인디언헤드 한글판은 미 제2보병사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다.

인디언헤드지는 일성 인쇄소에서 월간지로 발행됩니다.

취재 요청은 732-9132으로 전화 바랍니다.



# 최우수 야전 의무 휘장 위해 한미 합동훈련 하다



제1보병사단 제1전투기갑여단 예하의 제101여단지원대대와 이에 공조하는 한국군 부대는 최우수 야전 의무 휘장에 참가하기 위해 3월 9일 캠프 케이시에서 훈련을 하고 있다.

최우수 야전 의무 휘장은 미육군 의무사령부가 주관하는 것으로 전문적인 기술과 능력을 가진 의무요원을 선발해 자격을 부여하는 제도이다.

이번 훈련은 주무기 해체와 조립, 적의 포격에서의 낮은 포복과 높은 포복 그리고 환자 처치를 집중하여 훈련한다.

제101여단지원대대의 스티븐 워커 하사는 “우리는 그들이 의무요원으로서의 자격을 가지고 있는지 평가한다”고 말했다. 5월 최우수 야전 의무 휘장 시험에 참가하는 대대의 모든 의무병들은 위와 같은 요소에 의하여 평가를 받는다.

또한, 이번 훈련에는 한국군 제5사단 의무대대가 함께 한다.

제101여단지원대대 찰리 중대의 중대장 크리스토퍼 로드리게즈 대위는 “이번 훈련은 우리가 준비하고 있는 세계의 훈련 중 하나이다”며 “이 훈련의 의의는 한국군의 의무 부대와 협력하여 전투에 대비할 수 있다는 것에 있다”고 말했다.

한반도에 있는 미군의 장점은 한국군과 함께 임무수행한다는 것이다. 미군은 정기적으로 부대의 특성에 맞는 한국군과 함께 훈련하여 한미연합 전투력을 상승하기 위해 노력한다.





# 한국의 먹거리 소개

## एं터리 생고기

한국에 와서 고기 굽는 식당을 가보지 않았다면 이 식당을 꼭 추천합니다. 이번 달 ‘한국의 먹거리’에서는 전국에서 쉽게 볼 수 있는 프랜차이즈 고기 식당 “एं터리 생고기”를 다녀왔습니다. 무제한 고기집이기 때문에, 1인당 만원의 저렴한 가격에도 불구하고 당신은 먹고 싶은만큼 고기를 먹을 수 있습니다.

많은 사람들은 무제한 식당에서 양이 많기 때문에 고기의 질을 포기한다고 생각합니다. 하지만 “एं터리 생고기”는 다릅니다. 식당에서 제공되는 고기의 품질은 다른 어떤 식당에서 나오는 고기에 뒤쳐지지 않습니다. 이 곳에서 고기의 질을 유지하면서 가격을 낮출 수 있도록 고기 이외의 반찬은 셀프 서비스입니

다. 따라서 고기를 주문할 때 이외에는 셀프 서비스 테이블에서 반찬을 가져오면 됩니다.

불판 가운데에는 된장찌개를 놓습니다. 이 된장찌개 또한 무제한이므로, 두부와 된장찌개 육수를 더 가져와 넣을 수 있습니다.

이 식당에 다녀온 저로써는 가격도 싸고 고기의 질도 좋은 “एं터리 생고기”를 모두에게 추천하고 싶습니다. 특히 한국 고기 굽는 문화를 처음 접해보는 미군들에게도 이 레스토랑은 그들이 원하는 양과 질의 고기를 줄 것이므로 꼭 한 번 방문하여 식사해보시기를 바랍니다.

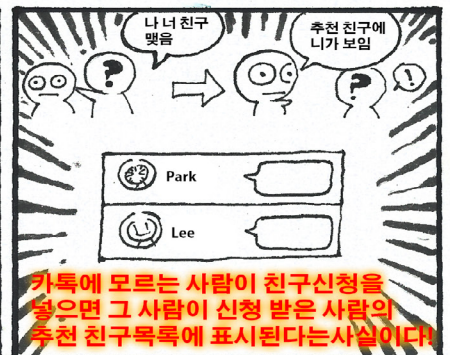
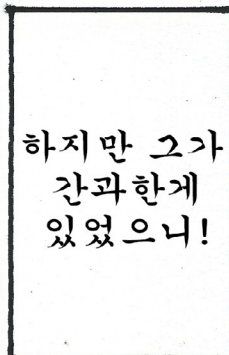
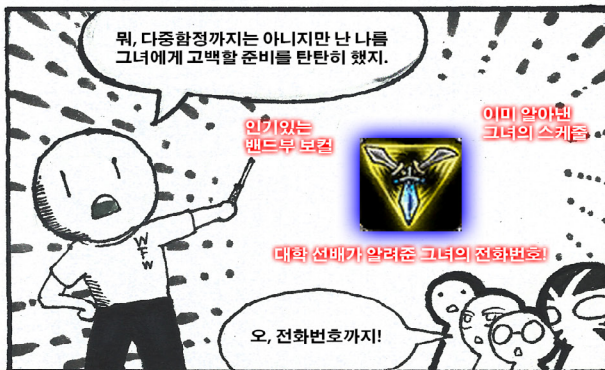




1-9 J중대 상병 박채운

# WELCOME TO AREA 1

썰전 리의 입대사연 후편





# 인디언헤드가 만난 사람들

“가장 기억에 남는 주말은?”



55헌병중대 인사과  
일반행정병 병장 임정애

저에게 가장 기억에 남는 주말은 친한 친구가 SNL 프리뷰에 당첨이 되어 주말 외박 간에 보러갔던 것입니다. 그 때 호스트가 트와이스였는데 프리뷰를 보고 온 이후로 트와이스 팬이 되었습니다. 프리뷰를 보고 돌아오는 길에 DMB로 생방송을 봤는데 달라진 점을 찾는 것도 또다른 재미였습니다. 물론 가장 좋았던 것은 트와이스를 실물로, 그것도 가까운 거리에서 보았던 것입니다. 이 때 이후로 트와이스가 제 군생활의 활력소가 되어 지금까지 잘 해왔고, 앞으로도 잘 할 수 있을 것이라는 생각이 듭니다.



55헌병중대 인사과  
일반행정병 일병 박종연

저에게 가장 기억에 남는 주말은 1차 정기휴가때 제 대학동기들과 같이 가평으로 여행을 갔을 때입니다. 전입온지 얼마안되 모르게 낯설고 힘들었던 때 1차 정기휴가는 저에게 한줄기의 빛이었습니다. 휴가간에 가평 여행은 외박으로 채워지지 않는 저의 자유를 누릴 수 있었던 기회였습니다. 호텔에서 숙박하며 봤던 웅장한 풍경, 꼬실 수 있을 것만 같은 아름다운 여인을 그리고 친구들과의 추억 모두 잊을 수 없는 주말이었습니다. 다음에는 여자와 함께할 수 있는 여행을 가서 더 뜻깊은 경험을 하고 싶은 바입니다. 남은 군생활 그날을 위해 열심히 할 예정입니다.



55헌병중대 인사과  
일반행정병 일병 정인권

저에게 가장 기억에 남는 주말은 교환학생으로 6개월간 떨어져있었던 여자친구를 다시 만난 주말입니다. 그렇게 바빴던 첫외박이었고 친구들을 만나면서 정말 행복했지만, 항상 마음 속에 여자친구를 만나게 되면 얼마나 더 행복할까 생각했었습니다. 그렇기 때문에 여자친구를 다시 만나게 되었을 때 정말 꿈만 같았고 그때 주말이 가장 기억에 남습니다. 그때가 마침 포데이였어서 그동안 못했던 여러 일들을 모두 하기로 약속했는데 4박5일의 시간 동안 기대했던 것보다 훨씬 행복하게 알차게 보냈습니다.



55헌병중대 3소대  
근무헌병 일병 김병재

논산 육군훈련소에서 수료식을 갓 앞두고 있던 주말이 군 생활 주말 중 가장 기억에 남습니다. 사회에서 각자 살아오던 삶의 방식을 버리고 군인이라는 이름 하에 살아오던 긴 5주 끝에 잠시 주어지는 '나만의 시간'. 논산에 있는 내내 가족들을 만나고 친구들과 연락하며 입대 전의 순간을 잠시 느낄 수 있는 그 날을 손 끝아 기다렸던 기억이 납니다. 지금 돌아보면 참 별 것 아닌데, 그 때 당시에는 그런 사소한 것조차에도 감사함을 느꼈던 것을 생각하면 시간이 빠르게 흘러가는구나 하는 생각이 들기도 합니다.



## 병장 윤민구

55헌병중대 선임병장

안- 자기 소개를 부탁드립니다

윤- 안녕하세요. 선임병장으로 임명되기 전에는 헌병으로 근무하였습니다. 근무헌병이 상대적으로 활동적인 업무라한다면 선임병장은 행정, 관리직에 해당해서 짧다면 짧은 시간 속에 다양한 경험을 하며 인생에 한 번 뿐인 군대에서의 시간을 보내고 있습니다.

안- 부대소개를 부탁드립니다

윤- 55헌병중대는 평택에 있는 94 헌병대대를 본부로 하여 미 2사단 지역대에 파견을 나와있는 파견중대입니다. 중대의 80% 이상이 근무헌병의 보직을 가지고 있습니다. 주로 미2사단 지역대의 치안을 유지하는 일을 업무로 하고 있습니다.

안- 지금까지 군대에서 가장 기억에 남는 에피소드는?

윤- 2016년 여름 훈련을 나갔을 때의 일이 기억에 가장 납니다. 윤이 안 좋게도 제가 속해있던 1소대가 한 여름의 중간에 훈련을 떠나게 되었습니다. 저는 평소 한 여름에도 땀을 많이 흘리지 않는 편인데 그 훈련 기간 중 평생 흘릴 땀을 모두 흘린 느낌이었습니다. 하루 동안 2리터에 해당하는 캔틴의 물을 5번 받아 마셨는데 화장실에 소변을 보러 한 번도 가



지 않아서 경악했던 경험이 가장 기억에 남습니다.

안- 전역 후의 계획은?

윤- 제 성격상 미래의 일까지 계획하기에는 능력이 부족한 것 같습니다. 지금 당장 주어진 일에 집중을 하고 모든 에너지를 투입하는 성격이라 일단은 현재의 일에 집중하고 있습니다. 하지만 제가 곧 전역을 하기 때문에 조만간 전역 후의 일들을 생각해보는 시간을 가지려 합니다.

안- 중대원들에게 한마디 부탁드립니다.

윤- 55헌병중대원분들 안녕하십니까. 중대선임병장 윤민구입니다. 선임병장이 되고 나서 나름대로 여러분들이 어려움 없이 군 생활을 할 수 있도록 노력했던 것 같은데 그게 얼마만큼 여러분들에게 도움이 되고 또 체감이 됐는지 모르겠습니다. 다만 제 작은 바람으로는 여러분들에게 누를 끼치지 않았던 선임병장으로 기억에 남았으면 합니다. 부족한 선임병장 밑에서 고생해주셔서 항상 감사하고 제 남은 기간도 여러분들을 위해 노력하겠습니다. 사랑합니다.



# 인디언헤드는 사랑을 심고♥♥♥



이번 호의 주인공은 55헌병중대 안희태군과 여자친구 혜은양입니다. 게재를 바라시는 분은 미 2사단 공보처 카투사 메일 2idkoc@gmail.com 또는 732-9132로 연락주시기 바랍니다.

To. 여자친구 혜은

울애기 나 남치니야! 옛그제 우리가 사귀기 시작한거 같은데 벌써 내가 상병 반 이상을 했네. 내가 처음 고백하고 차이고, 두 번째때 9시간 넘게 통화한다음에 고백해서 너가 받아준날은 나보다 행복했던 사람이 없을거야. 사귀고 두달만에 입대해서 많이 힘들었을텐데 훈련병때도 그렇고 지금까지도 항상 나한테 큰 힘이 되줘서 너무너무 고마워. 정말 논산 수료식날 강원도에서 가스렌지랑 후라이팬 들고 왔을때 내 여자친구가 이정도구나 싶어서 디따 좋았다! 생각해 보면 난 지각도 많이 하고 데이트할때도 눈치없이 행동할때가 많았는데 이렇게 이쁘고 착하고 멋진 여자 만나는거 보면 전생에 나 라정도는 구했나봐! 너무 사랑스런 우리 혜은아 항상 날 행복하게 해주고 웃게 만들어줘서 정말 고마워. 나랑 만나면서 정말 고생도 많이 했는데 앞으로 내가 꽃길만 걷게 해 줄게! 사랑해 여보야 평생 이쁜사랑하장!!

From. 희태

To. 사랑하는 희태

희태야 너가 카투사에 입대한지 벌써 얼마나 됐지? 생각해보니 벌써 1년도 훌쩍 지나버렸어. 완전 병아리 같은 모습으로 훈련 마치고, KTA에서 걸려오는 전화 받으려고 했었는데.. 이제 어느 새 병장이 코앞이라는 게 내가 다 뿌듯해. 시간 정말은 어쩔 이렇게 잘도 흘러가는지 신기하다. 진짜 너랑 있으면 무척 편안해서 좋아. 마음이 편하고 무슨 얘기든 할 수 있어서 좋아. 음.. 솔직히 너가 다 이해하지 못할 거 같아서 안 하는 얘기는 많지만, 아무튼 편안한 건 사실이야. 항상 나랑 가장 친한 사람이 되어줘서 고마워 희태야. 내 편인 사람이 있다는 게 얼마나 고마운지 몰라. 나두 너 편인 거 알지? 모르면 바보야. 속 썩여서 힘들 때도 있지만, 점점 나아지고 있는 거 같아서 고맙고. 너랑 추억이 참 많다. 좋은 기억들이 많아. 나 힘들고 외로울 수도 있을 때에 네가 있어줬어. 든든한 남자친구가 되어줘서 고마워. 항상 나 걱정시키지 않게 몸좀 잘 챙기고, 주어진 일 열심히 하다 보면 좋은 일도 이제 많이 생길 거야. 파이팅 해!

언제나 너 편 혜은이가

## 한미 문화 교류

### 부활절 Easter

부활절은 예수 그리스도의 부활을 기념하는 축제로, 매년 3월 22일부터 4월 25일 사이 기간 중 하루(춘분 이후 첫 보름 다음의 일요일)에 행사가 진행된다.

부활절은 예수가 십자가에 못박혀 죽은 지 3일 째 되는 날, 그가 다시 살아났다는 것을 기념하는 날이다. 기독교의 부활절은 기존 유럽과 중동의 다신교 전통과 상징물이 합쳐진 것이다. 기독교 전파가 한창이었던 시점에 교회 지도자들은 다신교 문화의 사람들에게 복음 전파와 예수의 부활을 믿게끔 하는데 덜 거부감이 드는 방법을 찾는 과정에서 다신교 의식의 많은 부분을 유대교 의식에 접목시키게 되었다. 즉, 다신교의 의식들에 기독교의 의미를 부여하게 되면서 기독교의 부활절을 완성시켰다.

부활절 행사는 기독교를 믿는 모든 지역에서 진행되며 부활절

의 상징물은 부활절 토끼와 부활절 달걀이 있다. 부활절 토끼가 아이들에게 초콜릿, 캔디, 달걀 등을 나눠준다는 풍습이 있다. 사람들은 부활절 달걀과 초콜릿을 나눠주고 계란 굴리기, 계란 찾기, 퍼레이드 등을 진행한다.

