



310TH ESC/3RD TBX BEST WARRIOR COMPETITION



FEBRUARY 23-27 2017



310TH ESC CSM

The 310th Sustainment Command (Expeditionary) Best Warrior Competition was held at Ft. A.P. Hill, Va., from March 23-28 to select the best Noncommissioned Officer (NCO) and Junior Soldier in the Command. The Best Warrior in both the NCO and Soldier categories will go on to compete at the next level competition at the 377th Theater Sustainment Command (TSC). In the tradition of professional excellence of the Profession of Arms, the Best Warrior Competition is considered the “Super Bowl” of competitions for Soldiers of the Army Reserve.

It is a privilege for me to be continue the tradition that is the Best Warrior Competition, and to serve the Warriors who competed in this year’s competition. Our competitors represent a broad spectrum of Soldiers across the command. The competition gives recognition to Soldiers who demonstrate commitment to the Army Values, embody the Warrior Ethos, and represent the Force of the Future. The 310th ESC has over 7000 Soldiers assigned to the Command, and 23 of our finest Warriors accepted the challenge to compete for this prestigious title this year.

The competitors were tested on their Army aptitude in the Army Physical Fitness Test, written exams, M9 and M16 weapons qualification, combatives, 10K ruck march, Land Navigation and Warrior Tasks and battle drills relevant to today’s operating environment. These Warriors were also tasked with a written essay on a subject NCO duties and responsibilities and boarded by senior CSM and 1SGs from the Command. We could not have asked for better weather, training, or a better location for the title of Best Warrior NCO and Best Warrior Soldier of the 310th ESC. It is a special privilege to see Soldiers from across our entire footprint band together while competing in this competition.

Each competitor digs deep on a personal and professional level, and I can see, during competition events, when a Soldier questions themselves, and each time I see absolute personal courage as they take on each task. You can see and feel the comradery develop as they march through each step of this crucible together.

Victory Through Support!

CSM Scott Hinton

3RD TBX CSM

Command Sergeant Major Susie Sewell was honored to represent the 3rd Transportation Brigade (Expeditionary) in the 2017 Best Warrior competition, continuing the great partnership with the 310th Sustainment Command (Expeditionary).

From a Senior Leader point of view, this is the culminating event for future NCO's and Junior Soldiers. The Best Warrior Competition brings out the best in the Soldiers that compete.



The competition is designed to mentally and physical challenge our Soldiers. Each competitor must reach the standard of excellence demanded by current Army doctrine and training for Warrior Tasks and non-standard tasks that they will be tested on.

It gave leaders time to communicate with each other to provide a lifelong lasting memory to all the Soldiers that competed, sponsored, and supported this event. The competition raised the level of ability and competency for competitors, and elevated the representatives of the units who brought their Soldiers together for this event. The Soldiers and NCO's underwent the mentally challenging and physically grueling test of Warrior skills to reach the end point-identifying one junior Soldier and one NCO to stand above the rest.

Having the Elite group of Drill Instructors from B C0 2/317th Regiment, 3rd Brigade, 104th Training Division makes the event more challenging for the overall competition. If Senior Leaders increase support for this program by additional training of their Soldiers all year round we will greatly improve the results of this competition of the future Best Warrior events. The competitors pushed themselves hard throughout the Best Warrior Competition to show their knowledge of Warrior skills and overcome the challenges they faced.

The Best Warrior Competition is an integral part of our Army culture, and will continue to be a focus for our Soldiers as they progress professionally and personally.



Every Move A Success!

CSM Susie Sewell

2017 310TH ESC BEST WARRIOR LEADERSHIP AND MENTORING

FORT A.P. HILL, Va – Army Reserve Soldiers from around the 310th Sustainment Command (Expeditionary) and the 3rd Transportation Brigade (Expeditionary) came to show their Warrior skills and contend in the 310th ESC 2017 Best Warrior Competition, held here from Feb. 23 - 27, 2017. The Soldiers and non-commissioned officers came to compete in events beginning with an equipment layout, a written essay and a written exam on day one of the Best Warrior.

The second day of the competition consisted of the Army Physical Fitness Test (APFT), and then weapons training with the 9mm pistol range and the M16 range, followed with an Army Warrior task assessment.

The third day included a combined day and night land navigation as well as testing on the MARK 19 grenade launcher and the .50 caliber heavy machine gun.

On day four, the competitors went through a combatatives training and competition, and an 8-mile ruck march.

The competition culminated with the final events on day five, with participating Soldiers appearing before the command sergeants major board.

There's now some history with this jointly held best warrior competition. The competition is continuing what has become a strong partnership between the 310th ESC and the 3rd TBX as the two units have come together for two years now in planning and conducting the competition.

"Despite a delay in start that resulted in a short time for planning and execution," Command Sgt. Maj. Susie Sewell, senior enlisted advisor for the 3rd TBX said, "the 3rd TBX and the 310th ESC were able to come together for a great competition this year."

The 310th ESC and the 3rd TBX sent their top Soldiers and noncommissioned officers to compete at the BWC, but only two will go on to represent the units in the 377th Theater Sustainment Command Best Warrior Competition in May, 2016, where they will compete with Soldiers from every major Army Reserve command.

The joint partnership for the 2017 Best Warrior wasn't the only exceptional bridge built for this year's competition. The drill instructors from B C0 2/317th Regiment, 3rd Brigade, 104th Training Division were on hand to assess and train competitors throughout the competition.

"Drill instructors carry the torch as a symbol of the subject matter expert, bringing expertise in the tasks the Soldiers competing in the Best Warrior will be tested on," said Army Reserve Sgt. 1st Class Shaun C. Vandyke, a drill instructor from B C0 2/317th Regiment, headquartered in Salem, Va. "Whatever the task, we expect them to do it right," continued Vandyke, "and the partnership between the 310th ESC, 3rd TBX and the 2/317th Regiment upped the ante on the expected level of proficiency for the Soldiers competing this year."

Preparation for a best warrior competition begins months in advance, with most Soldiers sacrificing countless hours of personal time to physical fitness, Warrior Task proficiency training, and weapons training.

"The Best Warrior, much like the Audie Murphy Board and other measures of professional excellence carries on the tradition of the NCO and the Soldier," said Command Sgt. Maj. Scott A. Hinton, the senior enlisted advisor for the 310th ESC.

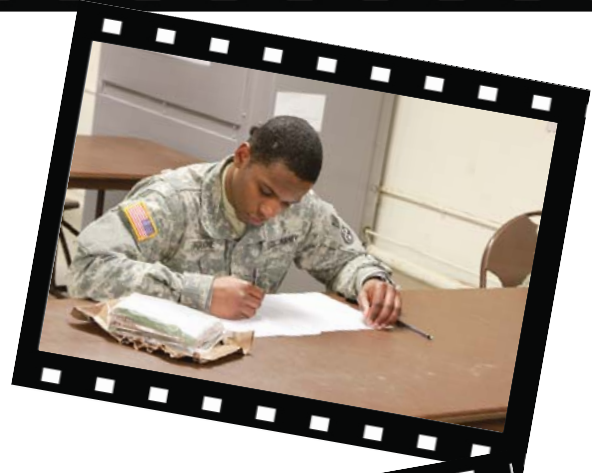
"These Soldiers will take everything that they have, and they'll take it all back to their unit with them," said Hinton. "So we want to make sure that we give them training," continued Hinton, "we give them an opportunity to learn, we give them the chance to compete, but we also want them to go back more knowledgeable to pass that along."

It is important that the Soldiers who compete in this year's best warrior competition use the knowledge and experience they gained back at their home stations.

"Our participants this year will be prime motivators to recruit competitors for next year," said Sewell. "The key to success are the senior NCO's, who will empower our Soldiers to devote their time and effort to the next Best Warrior," continued Sewell.

"Each year we improve the Best Warrior program, and each year we get a little better at it, but recruiting is always the most important component of the BWC, so we ask our current competitors to go back to their units and talk about what they did here and to mentor their fellow Soldiers to become future Best Warrior Competitors.

DAY ONE:



**INVENTORY
WRITTEN EXAM
ESSAY**

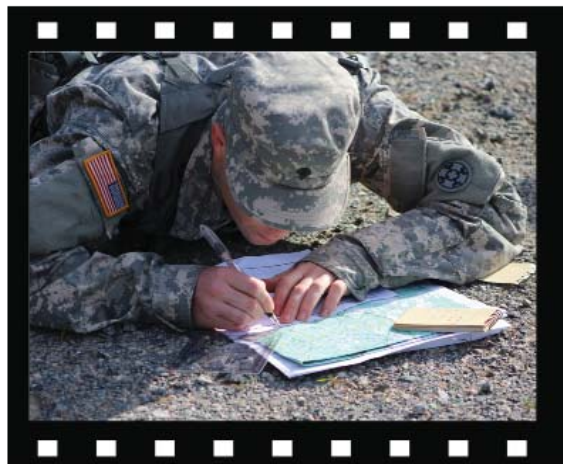
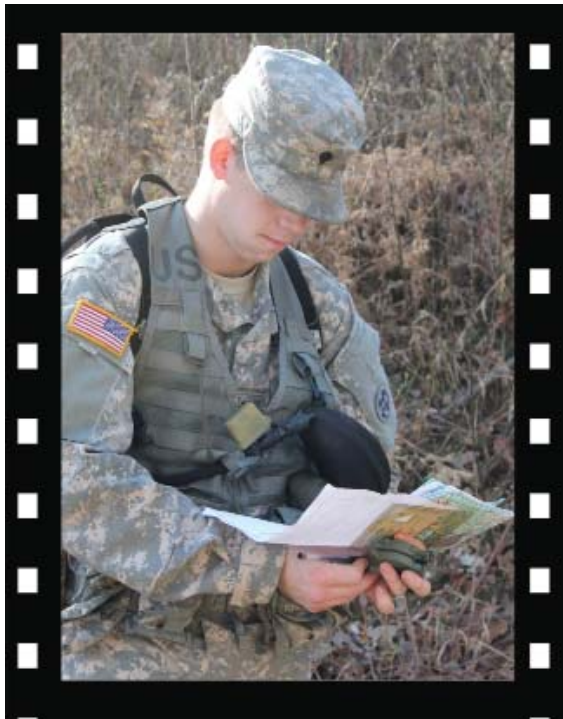
DAY TWO:





APFT
M16 RIFLE QUAL.
M9 RIFLE QUAL
WARRIOR TASKS

DAY THREE:

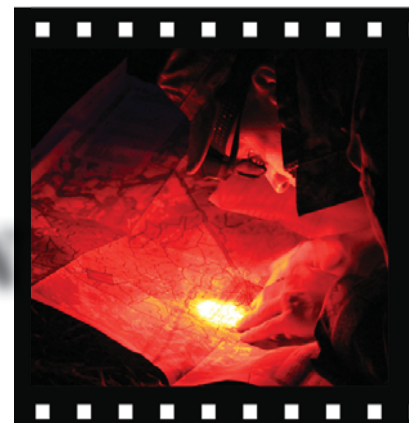


LAND NAVIGATION

MARK 19

.50 CALIBER MACHINE GUN

NIGHT LAND NAV



DAY FOUR:



COMBATIVES RUCK MARCH

DAY FIVE:



BOARD APPEARANCE

THE NCO CREED

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time honored corps, which is known as “The Backbone of the Army”. I am proud of the Corps of noncommissioned officers and will at all times conduct myself so as to bring credit upon the Corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind—accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers. I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!



310TH SUSTAINMENT COMMAND EXPEDITIONARY HISTORY

The 310th Expeditionary Sustainment Command (ESC) traces its lineage back to the 310th Logistical Command, which was constituted on 29 August 1950 in the Organized Reserve Corps at Fort Myer, Virginia. Headquarters and Headquarters Company 310th was assigned to the Second Army (later re-designated as the Second United States Army).

The Command then underwent many reorganizations and re-designations and in 1986 emerged as the 310th Theater Army Area Command where they provided Theater Level Command and Control Headquarters for echelons above Corps units in the functional areas of supply, maintenance, and services. They worked closely with Headquarters, U.S. Army, Germany, the Netherlands, Belgium and the United Kingdom. They trained with forward deployed Active Component forces in these countries in operations such as the "Return of US Forces Germany (REFORGER)" exercises until the "fall of the Berlin Wall" in November 1989, which began the drawdown realignment of their force structure to 2006.

On 16 September 2007, the 310th ESC was activated. The Soldiers previously assigned to the 21st Theater Sustainment Command (TSC), which de-activated in August 2007, were transitioned to the 310th ESC. The 310th ESC is one of eight ESCs assigned to the Army Reserve.

The distinctive unit insignia was originally approved for the 310th Field Army Support Command on 8 May 1973. The insignia was re-designated, effective 16 September 2007, for the 310th Sustainment Command. The shoulder sleeve insignia was originally approved for the 310th Logistical Command on 26 January 1956. It was re-designated for the 310th Field Army Support Command on 23 August 1968. Then it was re-designated for the 310th Support Command (Theater Army Area) on 10 May 1982.

In March 2011, the 310th ESC deployed to Iraq and Kuwait. The Soldiers of the 310th ESC provided sustainment to forces conducting stability operations, while simultaneously executing the responsible drawdown and force protection in order to support the transition to the Department of State and government of Iraq. The 310th ESC established and executed superior combat service support in support of Operation New Dawn.

In October of 2014, the 310th ESC mobilized to Fort Hood, Texas and took responsibility for coordinating sustainment support to all III Corps units across the Corps' area of responsibility.

Direct Reporting Units



55th Sust BDE



643d RSG



22 MH DET (TMA)



38th RSG



398th FIN MGMT CTR



HHC, 310TH ESC