

Joint Base Journal

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News and information for and about
Joint Base Anacostia-Bolling

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*Final Issue of the Joint Base Journal:
You've changed how you get the news, so we're changing how we give it to you.*



U.S. NAVY PHOTO ILLUSTRATION BY SCOTT PAULEY

JBAB Chapel PWOC ensures service members, community have happy holidays

By Michelle L. Gordon

Joint Base Anacostia-Bolling Public Affairs

The Joint Base Anacostia-Bolling Protestant Women of the Chapel spent Nov. 14 wrapping 100 turkeys, which were distributed to needy, military families so they can feed their families on Thanksgiving.

This year marks the third year the PWOC donated turkeys to military families and group member, Jessie M. Jefferson, said this is the least they can do.

"I think this is something that is utterly necessary for those people who do not have the ability and the funds, and it would be very unfair of us not to share," she said. "We are thankful that we are able to do this for them."

In addition to donating turkeys, the JBAB PWOC does multiple

service projects throughout the year, but they spend the holiday season focusing on giving back to women in particular. Last winter the group gave scarves to the women in JBAB barracks facilities. This year they are helping the local community.

"This year we are partnering with a local church off base doing a purse drive for a women's shelter," said Glenda McKinney, PWOC outreach coordinator. "We are collecting used purses and we will fill them with toiletries for women — hand lotion, toothbrushes, deodorant, tissues — something personal for the women. Each woman will be able to pick out the purse she wants."

The purse drive will continue through Dec. 12. A donation box is located at the Main JBAB Chapel Center.

McKinney said doing for others is just something she was born to do.

"I was taught to give back," she said. "I love to help other people in any way I can. Whether it's donating something or cooking. I've always liked to do for others."



U.S. NAVY PHOTO BY MICHELLE L. GORDON

Joint Base Anacostia-Bolling Chaplain Kraig Smith helps JBAB Protestant Women of the Chapel group member, Jessie M. Jefferson, pack 100 turkeys, which were distributed to needy, military families as part of the PWOC outreach program.

Membership has its perks

By Christopher Hurd

Joint Base Journal

November is Member Appreciation Month at Joint Base Anacostia-Bolling's Bolling Club, and if base residents want the membership perks they have to sign up.

"It's easy," said James Fournier, JBAB Morale, Welfare and Recreation marketing director. "All you have to do is stop by the club and fill out an application. Anyone on base is eligible."

After signing up, members gain access to a wide variety of perks around the base.

They receive free membership appreciation events quarterly like the appreciation dinner held Nov. 17 where members received a free steak dinner.

They receive discounts at the Auto Hobby Shop, Arts & Crafts Center, Potomac Lanes and Slip Inn. Members also become eligible for the coupons that come with the monthly MY WFR magazine. They just cut them out and show their membership card to get the discount.

There are monthly dues for members that range from \$8-21 depending on rank or job. Members who live more than 50 miles from base get a 50 percent discount and all dues are waived for members on deployment. The dues can easily be made up if anyone is worried about the cost Fournier said.

"If you utilize the club, you will save your dues and then some," he explained. "Everything you do [on base or at the club] always has a members benefit to it. If you're here use the club, if you're not you're missing out."

Members enjoy discounts on all meals at the club and receive a free lunch during their birthday month.

As part of the month-long celebration, members can enter for a chance to win daily prizes at <http://www.myairforcelife.com/giveaway/>. Prizes include gift cards, TVs, and a grand prize Jeep Wrangler. Members must sign up by Nov. 22 to be eligible for the grand prize drawing.

Anyone interested in getting the perks can either stop by the club or visit afclubs.net to fill out an application.



U.S. NAVY PHOTO BY CHRISTOPHER HURD

Air Force announces new CMSAF



USAF-AFRICA COMMAND CHIEF KALETH WRIGHT
OFFICIAL PORTRAIT

Courtesy Secretary of the Air Force
Public Affairs

Air Force Chief of Staff Gen. David L. Goldfein named Chief Master Sgt. Kaleth O. Wright to serve as the 18th Chief Master Sergeant of the Air Force Nov. 16, 2016.

Wright will assume his new position in February, following the retirement of Chief Master Sgt. of the Air Force James A. Cody. Cody's retirement culminates more than 32 years of service to the Air Force.

"Chief Wright is absolutely the right choice as Chief Master Sergeant of the Air Force #18 for our Air Force," Goldfein said. "He has experience in squadrons and major commands and in the deployed environment. He served in key leadership positions all along the way, leading our Airmen in almost every region of the world. I am positive he and Tonya will

continue to serve tirelessly for our enlisted force as advocates for our Airmen and families. Dawn and I are excited to have them join our team."

Secretary of the Air Force Deborah Lee James echoed Goldfein's words and reflected on Cody's time as Chief Master Sergeant of the Air Force.

"It was an absolute honor to serve with Chief Cody and Athena. They have shown a remarkable commitment and dedication to taking care of Airmen and their families," James said. "Chief Cody's steadfast leadership in continuing to develop the enlisted force and fighting for our Airmen has been unrivaled. Over the past four years, he has made monumental changes which will continue to positively impact our enlisted force for years to come. I wish him and Athena the best as they begin the next chapter of their lives."

Wright joined the Air Force in 1989, and is currently the command chief master sergeant

for U.S. Air Forces in Europe and U.S. Air Forces Africa, headquartered at Ramstein Air Base, Germany. His career includes various assignments in the dental career field and as the command chief master sergeant, 22nd Air Refueling Wing, McConnell Air Force Base, Kansas; 9th Air and Space Expeditionary Task Force-Afghanistan, Kabul; and 3rd Air Force and 17th Air Expeditionary Air Force, Ramstein AB.

The office of the chief master sergeant of the Air Force represents the highest enlisted level of leadership, provides direction for the enlisted corps and represents their interests to the American public and all levels of government. The CM-SAF serves as a personal advisor to the Air Force Chief of Staff and Secretary of the Air Force on all issues regarding the welfare, readiness, morale, proper utilization, and progress of the enlisted force and their families.

JBAB says farewell to Joint Base Journal

By Michelle L. Gordon
Joint Base Anacostia-Bolling Public Affairs

If you're reading this story on a screen, not much is going to change for you, but if you're reading an actual newspaper, then cherish this moment, because this is the last printed issue of the Joint Base Journal.

Joint Base Anacostia-Bolling news stories are not going away. We are just adjusting the way you receive them. Rather than print and distribute 7,000 copies of the Joint Base Journal each week, the stories will be released digitally on DVIDS (Defense Video Imagery Distribution System), and then shared to Facebook.

The idea to go completely digital has been floating around the JBAB Public Affairs Office for a while now. We weighed pros and cons and looked at it from every angle before making the final decision. Ultimately, it made the most sense, but the decision was still tough, especially considering the long history of printed media on this base.

The first issue of the Bolling Air Force Base newspaper was published Jan. 17, 1942. It was called the Bolling Beam, and it included hand-drawn artwork and six pages written on a type-writer and copied on a mimeograph. During the fall of 1949 the base public information office held a contest to rename the base paper. So for 14 weeks the newspaper was named with Greek letters along with the caption, "If it's Greek to you, send a name to us." Apparently none of the suggestions were good enough, because The Beam returned again in January 1950.

In July 1958, the Bolling Beam merged with Wings Over Washington — the Andrews Air Force Base newspaper. The paper became the Beam-Ambassador and it was on newsstands at both installations. The two bases shared a newspaper for five years. In November 1962, the association ended and both newspapers were once again published independently. The Bolling Beam once again returned.

The first issue of the Joint Base Journal was published Feb. 5, 2010 — back when JBAB wasn't even in full operating capacity. Since that time, it has been on newsstands for 323 weeks. So why did we decide to stop publishing the base newspaper just two

months shy of the 75th anniversary of the first issue? Surprisingly the answer is not money. Rather, it's timeliness.

It's no secret that the world we live in revolves around 24-hour news, social media and trending topics. It doesn't stop and wait for the publishing deadline of a weekly newspaper. Stories are old by the time we are able to get them in a physical newspaper. If events happen after Wednesday they are too late to make it in the current week's newspaper. With our instant communication world, where news is always at our fingertips, or rather our thumb, we need the immediacy that only digital can provide.

If you've been a dedicated reader of the hardcopy version of the Bolling Beam, the Beam-Ambassador, and/or the Joint Base Journal, I thank you for your readership and I hope you will join us online. We will continue to publish news stories to the base Facebook page, www.facebook.com/jbabdc. If you want to go direct to DVIDS, we welcome you there too, <https://dvidshub.net/jbab>.

We look forward to many more years of publishing new stories and highlighting the good work of our community here on Joint Base Anacostia-Bolling.

Gabriel receives France's highest honor

By Eric Ritter
Joint Base Anacostia-Bolling Public Affairs

On the eve of this year's Veterans Day celebrations, the country of France continued to thank American World War II veterans for their efforts in liberating their country over 70 years ago. Surviving American veterans of the liberation were presented with the nation's highest honor, the Chevalier of the Legion of Honor at the French embassy in Washington, D.C., Nov. 10.

French Consul General, Michel Charbonnier, expressed to the veterans that presenting the medal to them was a great honor for him and all of France.

"We are here to express our appreciation to you, veterans of World War II whose courageous determination and self-sacrifice made possible the liberation of France more than 70 years ago," he said. "We, the French, know that in our darkest hour of our history, you, the American

people, were there by our side as you came on to the shores of Normandy to help liberate us even though you knew what the price was."

One of the veterans receiving the award was retired Air Force Col. Arnold D. Gabriel who also rose to fame as a conductor for the Air Force Band. Gabriel was a machine gunner with the U.S. Army during the war when he stormed the beaches on D-Day, June 6, 1944.

"We had to stop the Nazi war machine," he said. "Who knows what they would have done if we couldn't stop them."

Gabriel said being presented the medal was a real honor, but it was also a little bittersweet.

"I'm wearing this to honor the guys who couldn't be here," he explained. "A lot of those guys didn't make it [on D-Day]. This is to honor their memory."

Gabriel retired from the Air Force Band in 1985, but still actively conducts with several local bands and orchestras including at JBAB where he has been a guest composer on many occasions.



NAVY PHOTO BY ERIC RITTER

French Consul General, Michael Charbonnier, pins the Chevalier of the Legion of Honor medal to retired Air Force Col. Arnold Gabriel during a ceremony at the French Embassy in Washington, D.C., Nov. 10, to honor other World War II veterans who helped in the liberation of France. Gabriel, who retired from the Air Force as a conductor for the band, was an Army machine gunner and saw action on the beaches of Normandy on D-Day, June 6, 1944.

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You're hired: Hiring Our Heroes comes to JBAB

By Christopher Hurd
Joint Base Journal

Hundreds of transitioning service members, veterans, and military spouses stopped by the Hiring Our Heroes military hiring fair Nov. 10 at Bolling Club.

They were all looking to find employers interested in what they bring to the table.

"After serving our country for so many years, they have gained a lot of applicable skills," said Greg Roper, senior recruiter at CGI. "I think it's important to support them from the aspect that they have a lot of valuable skills that we could use in our business and give them a career beyond the military after they're done serving."

Last year, Melissa Carriles Biggham, from Alexander Logistics Group, attended the fair and found several former service members to add to her team. Back again this year, she was looking for more because as she put it "we want to hire the best."

"The military has invested so much money in them, why [wouldn't] we take the best," she explained.

Her company is looking to expand and they were looking to add members to their D.C. and Philadelphia offices.



U.S. NAVY PHOTO BY CHRISTOPHER HURD

Before the fair started, attendees were given a free employment workshop where they received resume building, networking, and interviewing tips. This was setup to help them during the fair and beyond as they search for their next career.

Before the fair kicked off at 10:30 a.m., job seekers were given a free employment workshop where they received resume building, networking, and interviewing tips.

They were then able to meet with a wide range of interested companies with openings from sports and entertainment, law enforcement, IT, engineering and services. Providing them an opportunity to land their next job.

Army Spc. Brentt Moore, White House Communications Agency and event attendee, said the fair was really helpful for him as he's transitioning out of the military and looking for an IT job back in his home state of Ohio.

"[The fair] is going really well," he said. "At first



U.S. NAVY PHOTO BY CHRISTOPHER HURD

Job seekers were able to talk with a wide range of interested employers from law enforcement to sports to IT during the hiring fair at Bolling Club Nov. 10.

it's a bit intimidating, but you walk in and everybody is talking and having a good time. I definitely got a lot of good contacts and information."

Launched in 2011, the U.S. Chamber of Commerce led initiative Hiring Our Heroes has

helped veterans and spouses find more than 28,000 jobs.

To sign up for email updates or to see their upcoming schedule, visit uschamberfoundation.org/hiring-our-heroes.

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Tenn. @ Ind.	Colts	Colts	Titans	Colts	Titans	Colts
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U.S. NAVY GRAPHIC BY CHRISTOPHER HURD

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Licking their wounds: Trained dogs assist, comfort wounded Airmen

By Sean Kimmons
Air Force News Service

Constant back pain from an injury suffered years ago in combat still troubles Staff Sgt. Ryan Garrison. It wakes him up at night when his medication wears off. It triggers his depression and anxiety, leading to angry outbursts.

"The smallest thing would set me off," Garrison said. His home once had several holes in the walls after he punched through them to calm his rage. "I didn't know a healthy way to deal with it."

Several prescriptions and mental health visits didn't effectively assist with his emotional state. The 39-year-old defense courier then met Luke, a pitch-black Labrador.

Always at his side, the skilled service dog can sense anxious feelings in Garrison and will nudge his leg with his snout to trip up the negative thoughts.

"You get your mind off what was causing the anxiety," said Garrison, who has since medically retired after serving 14 years. "You realize it before it becomes a full-blown panic attack."

With these cues, he said his panic attacks have dropped by half since he's received Luke from Warrior Canine Connection, a nonprofit that trains dogs for wounded military members.

"Dogs have been shown to be able to detect trace amounts of chemicals," said Rick Yount, the group's executive director. "Human emotions are chemically driven. Obviously, medica-



U.S. AIR FORCE PHOTO BY SEAN KIMMONS

Rick Yount, the executive director of Warrior Canine Connection, trains a young golden retriever at one of the group's sites in Brookville, Md., March 11. Wounded warriors also help instruct dogs in specialized skills for two years before they are permanently placed to help with another wounded warrior's daily living.

tions wouldn't work if that wasn't true."

WCC is involved in two major studies focusing on service dogs for wounded warriors. In 2014, Congress earmarked \$7 million for researchers to look at how dogs are helping military members at Walter Reed National Military Medical Center in Bethesda, Maryland. A year before that, the nonprofit teamed up with the

Uniformed Services University of the Health Sciences, located next to the hospital, on a \$750,000 Defense Department grant.

A decade after his combat-related injury, Garrison is reaping the benefits of Luke's intuition. The four-legged helper even wears a harness that Garrison can clutch, giving him leverage that pulls him up when the dog walks forward

— a less painful way for the Airman to stand up due to a torn disc in his back.

"When it flares up, I lose all feeling in my right leg. Luke helps with my mobility," he said, noting that he rarely uses a cane now.

In 2006, Garrison was hauling a shipment on a cargo loader at Kirkuk Air Base, Iraq, when an insurgent fired a rocket-propelled grenade over the fence. The RPG missed him but the nearby explosion thrust him backward, causing him to bend backward across a railing, resulting in the torn disc.

The injury nagged him for years and led to sleep disturbances and mental health problems.

"You try to fake it for so many years that you finally realize that you need to see somebody," he said.

He was prescribed medications that initially soothed symptoms, but the side effects produced even more.

"The first medication I took gave me 15 side effects," he recalled. "My anxiety attacks had fewer symptoms than my side effects."

For some veterans, service dogs can provide a path to easing drug dependency for mental illnesses, said retired Maj. Gen. Kevin Pottinger.

Many service dog groups across the country are gaining popularity as more veterans seek treatment, he said.

Dealing with two recent wars, the Department of Veterans Affairs has seen disability

See PUPPY, Page 10

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Honoring past and present veterans

Story and photos by Senior Airman Philip Bryant
11th Wing Public Affairs

The U.S. Air Force Honor Guard celebrated the 2016 Veterans Day by traveling to New York and Laurel, Delaware, Nov. 9 — 12.

The Honor Guard performed during halftime of a New York Knicks game, performed for and interacted with local New York high school students, marched in the 2016 America's Parade on Veterans Day down Fifth Avenue in Manhattan, and marched in the 4th Annual Veterans Day Parade in Laurel, Delaware.

The trip four day trip was all a part of the Honor Guard mission to promote the Air Force and showcase the capabilities of the Honor Guard to the public to recruit, retain and inspire.



A parade viewer holds a sign of thanks while the U.S. Air Force Honor Guard march in the 2016 America's Parade on Veterans Day down Fifth Avenue in Manhattan New York, Nov. 11. The parade had thousands of viewers lining Fifth Avenue with American flags and signs showing their support of past and present veterans.



Members of the U.S. Air Force Honor Guard Drill Team perform a 12-man routine in front of Bowne High School students during a school visit in New York, Nov. 10. The Honor Guard took time to visit two high schools while in New York for America's Parade for Veterans Day.

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Senior Airman Angelo Hightower, U.S. Air Force Honor Guard Drill Team member, lets a La Salle Academy student hold his drill rifle during a school visit in New York, Nov. 10. The rifles are approximately 12 pounds and have dull bayonets attached at the end.



U.S. Air Force Honor Guard marches in the 2016 America's Parade on Veterans Day down Fifth Avenue in Manhattan New York, Nov. 11. The parade features more than 250 groups and 20,000 participants, including veterans of all eras, military units, junior ROTC's, vintage military vehicles and floats.



A young parade viewer watches the U.S. Air Force Honor Guard march in the 2016 America's Parade on Veterans Day down Fifth Avenue in Manhattan New York, Nov. 11. The parade had thousands of viewers lining Fifth Avenue with American flags and signs showing their support of past and present veterans.



Children with signs and flags walked alongside the U.S. Air Force Honor Guard as they march in the 4th Annual Veterans Day Parade in Laurel, Del., Nov. 12. Laurel is a small city with a population of approximately 3,700, most taking part in the parade.

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9 a.m. | Bolling Club
Lend a helping hand and represent your organization or unit by decorating the Bolling Club for the holidays. Register by calling 202-767-6794.

MONDAY-WEDNESDAY/ NOVEMBER 21-23

TURKEY BOWL

10 a.m.-2 p.m. | Potomac Lanes
Bowl a Turkey, Win a Turkey! The week of Thanksgiving, win a free turkey when you bowl 3 consecutive strikes at Potomac Lanes! Call 202-563-1701 for details.

WEDNESDAY/ NOVEMBER 30

BASE TREE LIGHTING

6 p.m. | Post Office Parking Lot
Get into the holiday spirit at the official Joint Base Anacostia-Bolling Christmas Tree Lighting Ceremony! Stay warm by the bonfire while enjoying live music by the Air Force Quintet, caroling, holiday treats, and a special appearance from Santa and Mrs. Claus!

Members of the United States Marines will be on hand to accept new, unopened, and unwrapped presents for Toys for Tots at the Tree Lighting Ceremony.

SATURDAY/ DECEMBER 3

HOLIDAY BOAT PARADE

5:30 p.m. | Capital Cove Marina
Join us for Alexandria's annual Holiday Boat Parade of lights on the Potomac River! We will have complimentary food and beverage.

Members of the United States Marines will be on hand to accept new, unopened, and unwrapped presents for Toys for Tots at the Boat Parade.



THANKSGIVING AT THE BOLLING CLUB

November 24 | Bolling Club

Two Seatings: 12-2 p.m. - Washington Dining Room; 1-3 p.m. - Capital Ballroom

Our Thanksgiving feast will include:

Roasted Turkey, Baked Ham, Prime Rib, Peel-and-Eat Shrimp, Steamed Mussels, Smoked Salmon, Corn Bread Stuffing, Candied Yams, Mashed Potatoes, Wild Rice Pilaf, Rolls, Cranberry Sauce, Gravy, Buttered Corn, Sautéed Green Beans, Assorted Salads, Desserts

Reservations are required and must be made by November 21 at 4 p.m. Please call 202-767-6794 to make a reservation.

FOR MORE INFORMATION ABOUT WFR EVENTS AND PROGRAMS, PICK UP OUR MONTHLY MY WFR MAGAZINE AT ANY JBAB WFR FACILITY.

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Chapel Schedule

Catholic Services

Reconciliation
Sundays @ 0900
Chapel Center

Rosary

Sundays @ 0910
Chapel Center

Mass (Chapel Center)

Tuesdays @ 1130
Wednesdays @ 1130
Thursdays @ 1130
Fridays @ 0700
Saturdays @ 1700
Sundays @ 0930

Protestant Services

Contemporary
Sundays @ 0900
Historic Chapel

Traditional

Sundays @ 1100
Historic Chapel

Gospel

Sundays @ 1130
Chapel Center

Sunday School

Sep-May 0930-1030
Chapel Center

Chaplain's Religious Enrichment Development Operations

The Chaplain's Religious Enrichment Development Operations (CREDO) offers a variety of programs aimed at improving communication, adding resiliency, and training service members in valuable life skills.

Marriage Enrichment Retreat (MER) — Couples enjoy a free weekend at the Hilton Hotel in Crystal City, Virginia, where they learn and apply marriage skills such as communication and problem solving in a fun, small group atmosphere. Using personality inventories, participants learn that differences in marriages can be ways to enhance and complete one another in the marriage journey. The next MER is scheduled for Dec. 9-11.

Personal Resiliency Retreat (PRR) — The PRR highlights the essential components of hindsight, insight, and foresight in order to equip military personnel to accomplish the mission. Overall, the goal of a PRR is to give participants an opportunity to grow and mature as individuals by reflecting on their lives. The next PRR is scheduled for Jan. 27-29.

All retreats are free including room and meals. They are open to all active duty and reserve military members and their dependents. For pre-registration call 202-404-8830/8831. For more information contact the CREDO office, 202-767-5901/5900, send an email to: credo.ndw.fcm@navy.mil, or stop by the Joint Base Anacostia-Bolling (JBAB) Chapel and inquire within.

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Christmas Cantata singers needed

Courtesy of Joint Base
Anacostia-Bolling Chapel

Announcing this year's Christmas Cantata, "JESUS!" Please come and be part of this powerful musical, celebrating the season of Christ's birth and honoring the gift of our Savior. Re-

hearsals will be held Thursday evenings at 7:15 p.m. in the Historic Chapel. Voices of every range are needed, including young voices, ages 6 — 11 years old. The Christmas Cantata will be presented on Dec. 11, in the JBAB Chapel Center. For more information, please contact Gee Soo Hall at 202-583-5304 or pianogeesoo@verizon.net.

PUPPY

■ continued from 5

recipient numbers grow from 2.3 to 3.7 million between 2000 and 2013. A steady stream of disabled vets will likely continue, as the post-9/11 veteran population is set to climb by more than 50 percent from 2013-2018, according to VA's latest data.

"We have so many veterans with traumatic brain injury or post-traumatic stress disorder that they just can't provide enough dogs to take care of all our vets," Pottinger said of service dog groups.

It can take up to two years before a dog is permanently placed with a veteran, he added.

Garrison heard of the natural healing approach when his wife, Julie, a music therapist, saw the service dogs at Walter Reed. She convinced him to look into it.

"I can now have my husband back," she said. "Luke forces him to be in the present. The dog is trained to respond to his triggers before he explodes."

Golden and Labrador retriever puppies embark on a two-year regimen by the WCC to learn how to assist veterans when needed. During that time, the dogs are trained by wounded warriors and are taken to medical centers to interact with others.

Over the training period, the nonprofit estimates that one dog will reach at least 60 wounded warriors.

While attending therapy sessions at Walter Reed, the dogs caught the attention of retired

Master Sgt. Jesse Graham, who suffered a broken neck during a snowboarding accident.

The wheelchair-bound Graham went on to help train a dog, and last year was given Stanley, another black Labrador.

"My arms get tired pushing myself around all the time," the 32-year-old former Airman said. "He's able to pull me when I get worn out."

A high-functioning quadriplegic, Graham stays active in several sports and competes in the Warrior and Invictus Games. But Stanley stays close by to assist with the small stuff. He flicks on light switches, opens doors, fetches shoes, and can be used as a brace.

"He can literally pick up a dime with his mouth, not swallow it and drop it in your hand," he said.

As playful creatures, dogs can even get reclusive PTSD sufferers, like Garrison, to open up.

"He's an icebreaker in talking to people," Garrison said of Luke. "I've always tried to avoid conversations out in public. But people now come up to me to pet him and it forces me to be more social."

Service dogs may help ease the symptoms of some ailments, but experts recommend that a dog be used to supplement other treatments.

Still, Yount said it's hard to ignore the chemistry between these dogs and wounded warriors.

"I really do believe, based on the science, that it's not magic and there's something powerful happening here," he said. "We've seen enough positive results now that this is offering important benefits and not showing side effects that we're significantly concerned with."

But there are at least two side effects: drool and fur.

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