

# NJDMAVA HIGHLIGHTS

MARCH 3, 2016





# REVOLUTIONIZING INTELLIGENCE

Story and illustration by Senior Airman Kellyann Novak, 108th Wing Public Affairs

Closed off from all non-essential personnel in a secured, vault-like work environment known as a Sensitive Compartmentalized Information Facility, the 204th Intelligence Squadron is a mystery to those outside the squadron.

Who are they? What is their mission? What have they accomplished? How have they proven to be a vital part of not only the 108th Wing, but the whole United States Air Force?

The 204th is the first Air National Guard squadron solely dedicated to providing intelligence instruction and training products directly to Air Mobility Command.

***“When I came on board, I identified some of the issues within the intelligence community, lobbied with AMC and NGB and promised we could do more, and then expanded our support.”***

**Lt. Col. Robert M. Kelly  
Commander  
204th Intelligence Squadron**

Commanded by Lt. Col. Robert M. Kelly, the squadron consists of 79 Airmen who work within the 8,000 square foot SCIF allowing the Airmen to be in a self-contained intelligence unit.

“When I came on board, I identified some of the issues within the intelligence community, lobbied with AMC and NGB and promised we could do more, and then expanded our support,” said Kelly.

From those beginnings, both the 204th and their mission grew.

The 204th is now an Air Intelligence Squadron whose mission is to provide threat analysis and finished products, worldwide airfield and country risk assessments, force protection studies and threat analysis in support of global mobil-



ity operations for the AMC Threat Working Group. The squadron also provides instructor support to the United States Air Force Expeditionary Center for Mobility Air Force and force protection Intelligence Formal Training Units. The unit also builds and maintains AMC weapons and tactics materials.

In addition to its AMC mission, the 204th supports the 108th Wing, the New Jersey ANG, and the Federal Bureau of Investigations in Newark, N.J. They provide intelligence briefings and support to the Adjutant General and the NJANG headquarters. Within the wing, they perform intelligence briefings to the wing and 108th Operations Group and provide

exercise support.

According to Col. Keith E. Andrews, AMC's Director of Intelligence, Surveillance and Reconnaissance, the 204th has

## Cover: Sling load

*Soldiers with the 404th Civil Affairs Battalion (Airborne), United States Army Reserve, sling load cargo onto a Black Hawk with the 1-150th Assault Helicopter Battalion, New Jersey Army National Guard, during joint training at Coyle Drop Zone, Joint Base McGuire-Dix-Lakehurst, N.J., Feb. 29, 2016. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)*



**After lobbying with AMC (Air Mobility Command) and the National Guard Bureau to expand the level of support the 204th provides; the 204th is now entrusted with completing 100 percent of the risk assessments.**

“revolutionized intelligence,” and “we cannot function without the 204th.” From designing new and innovative technological systems to providing training for other units all over the country, the members of the 204th have transformed the way intelligence squadrons operate, train and perform their missions on a day-to-day basis.

At one point, the 204th split the most important responsibility of briefing risk assessments 50/50 to the 18th Air Force commander with another unit.

“It’s a matter of seeing a need, identifying it, lobbying for it and confirming that we have the manpower and resources to complete the new tasking, as well as the new mission,” said Kelly.

“We developed a level of trust, that not only can we do our mission, we can do more,” explained Kelly.

After lobbying with AMC and the National Guard Bureau to expand the level of support the 204th provides; the 204th is now entrusted with completing 100 percent of the risk assessments. “I couldn’t have done that if I didn’t know we had the high caliber of people and high level of morale that we have,” said Kelly.

Five years ago, the Air Force relied on another source for its visual recogni-

tion training products, which cost them five million per year. Fortunately for the 204th, that source no longer provided those products and AMC asked if they could take over and handle it. The 204th

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## **Due to the great success of the 204th and its capabilities, the Air Force plans on creating similar units to further the Air Force’s military intelligence community.**

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stepped up to the task and exceeded expectations all while being more cost efficient.

Using existing software as well as creating new software, Tech. Sgt. Jason Valleley, 204th intelligence analyst, headed

the development for a way to use Google Earth with integrated intelligence gathered from multiple sources to aid United States’ military units all over the world. Through the design process, Valleley explains that he “used information from risk assessments and visualized everything I could from travel warnings to the ‘enemy IADS’ (Integrated Air Defense System), which is basically all of the range rings from different missile systems, radars, guns, etc., to create a program that allows you to visualize the words you see on an actual map.”

Due to the great success of the 204th and its capabilities, the Air Force plans on creating similar units to further the Air Force’s military intelligence community. In fact, the 137th Air Refueling Wing, Oklahoma Air National Guard, is in the process of transitioning to an Air Force Special Operations Wing and will be adding new tactical intelligence, surveillance and reconnaissance aircrew members.

With an aggressive approach to improve the quality and quantity of products and reputation, Kelly explains, “I can’t do it without the folks here. They need to be highly motivated and have a high level of morale.”

### **Joint training**

*1st Lt. Tim Jantzen, a joint terminal attack controller with the 131st Artillery Battalion, German armed forces based in Weiden, Germany, aims a training weapon inside the 227th Air Support Operations Squadron’s Advanced JTAC Training System at the Atlantic City Air National Guard Base, N.J. Feb. 26, 2016. The 227th, which is assigned to the New Jersey Air National Guard’s 177th Fighter Wing, hosted a five-day joint training event which included close air support training exercise at Warren Grove Gunnery Range, N.J. (U.S. Air National Guard photo by Master Sgt. Andrew J. Moseley/Released)*





# Around the State



## Happy 100th

Michael K. Fostik, Sr., right, celebrates his 100th birthday as his daughter Connieann Kocher helps him blow out the candles at the New Jersey Veterans Memorial Home at Menlo Park Jan. 23, 2016. Fostik served in the Army in several European campaigns during World War II attaining the rank of Staff Sergeant. Once returning from he settled in Harrison raising three children and now has eight grandchildren and two great grandchildren. (NJD-MAVA photo by Kryn Westhoven/Released)



## Residents get new bus

The third handicapped accessible bus was presented by the American Legion to the New Jersey Veterans Memorial home at Paramus Feb. 10, 2015. In less than two years, the veterans of Bergen County donated nearly a quarter-million dollars to purchase three handicapped ac-

cessible buses. The first bus was dedicated on April 25, 2014, to start the process of replacing the aging bus fleet and to provide reliable and safe transportation for the home's residents. (Courtesy photo)

## Warrior Games needs volunteers

The United States Army Warrior Transition Command will be hosting the 2016 DoD Warrior Games at the United States Military Academy in West Point, N.Y., June 15-21, 2016. Volunteers are needed to support the hundreds of wounded, ill, injured service members and veterans. No special expertise required and

all ages can participate. If you'd like more information on volunteer opportunities, to coordinate a large volunteer group or how to volunteer in other ways to make this event a success, simply contact Crystal Arriaga, Volunteer Coordinator – Outreach at [DoDWGVolunteers@mail.mil](mailto:DoDWGVolunteers@mail.mil) or at 571-239-4063.



# OPPORTUNITIES FOR VETERANS

Camden County College and The National Association of University Women  
Southern New Jersey Branch Present

## Operation: I Am Woman

### A Women Veterans Symposium

Saturday, March 26, 2016  
8 a.m. – 3 p.m.

Camden County College  
Blackwood Campus  
Otto R. Mauke Community Center  
200 College Drive  
Blackwood, New Jersey 08021

EVENT CONTACTS  
**Zaida Nogue**  
CCC Veterans Office  
(856) 374-4960

**Cheryl Turner-Paige**  
NAUW, Southern New Jersey  
catpaige@comcast.net

**Mary Brooks**  
NAUW, Southern New Jersey  
nausnbj@gmail.com



This event is free and open to the public. The symposium will focus on women veterans and provide them with the resources needed to transition to civilian life.

REGISTER ONLINE [www.eventbrite.com](http://www.eventbrite.com)  
SEARCH **Operation: I Am Woman**



## CBS VETERANS NETWORK ATTENTION WOMEN VETERANS!

If you are already a veteran or  
about to transition out of the service  
and want to prepare for a successful civilian career

**CBS Corporation**  
Invites You to Attend

a  
**Career Transition & Empowerment Workshop**  
*Presented by Operation Reinvent  
Exclusively for Women Veterans*

**WHEN?** Thursday, March 31<sup>st</sup>, 2016 8:30 AM to 4:00 PM

**WHERE?** CBS Corporation, 51 West 52<sup>nd</sup> St., New York, NY 10019

Dynamic women executives  
and human resource experts  
will share their insights to help you

- Manage the stress of transition
- Create a compelling resume
- Prepare for interview success
- Know your value in the workplace
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- Succeed on the job!

Register today at [www.operationreinvent.org/events](http://www.operationreinvent.org/events)

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*Unleashing the Power of Women Veterans*



Join us for the

## JB McGuire-Dix-Lakehurst Veteran Career Summit

Empowering the Military Community - Enhancing Veteran Competitiveness

Joint Base McGuire-Dix-Lakehurst, NJ | April 7-8, 2016

### April 7th

10:00 AM  
Interactive Forums & Panel  
Discussions for Uniformed  
Leaders, Employers and  
Community Leaders

4:00 PM  
Industry Briefs for Job  
Seekers

5:30 PM  
Networking Reception for  
Employers, Senior Leaders,  
and Job Seekers

### April 8th

9:00 AM  
Employment Workshops  
for Job Seekers

11:00 AM  
Interactive Forums & Panel  
Discussions for  
Job Seekers

1:00 PM  
Hiring Fair and Career  
Forum

Join us for a free hiring fair and transition summit for Service Members, Veterans, and Military Spouses. This summit features key Federal & State agencies, influential military leaders, innovators in the business and employer community, and local community leaders. This summit features participation by and speakers from Joint Base McGuire-Dix-Lakehurst, the U.S. Department of Veterans Affairs, the U.S. Department of Labor Veterans' Employment and Training Service, the U.S. Air Force, the U.S. Army, the U.S. Marines, the U.S. Navy, the U.S. Coast Guard, the U.S. Small Business Administration, the U.S. Chamber of Commerce Foundation's Hiring Our Heroes, the U.S. Department of Labor, and local chambers of commerce.

The two-day Transition Summit will feature informative and interactive panel events, recruiter training, and facilitated discussions focused on improving competitive employment for Service Members, Veterans, and Spouses in addition to a networking reception for employers, senior leaders, and job seekers.

All of the lessons learned will bring together job seekers and employers and culminate in a hiring fair and career forum on April 8th. Sign up now.

For registration questions, please contact us at [transitionsummits@uschamber.com](mailto:transitionsummits@uschamber.com) or call 202-463-5807.

With support from

**EMPLOYERS**  
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**JOB SEEKERS** Register for FREE at  
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to guarantee admission. Walk-ins welcome but space not guaranteed.



## VETERANS JOBFAIR

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# Get the best out of your running

From Guard Your Health

"After multiple injuries to my back and knees, I've concluded that I can't run with the heel impact any longer. I'm trying to transition to a mid-strike or forefoot-strike running style. What are some techniques to help me transition to a less impactful style of running and improve my run speed in preparation for the 2-mile run?"

We are happy to provide tips and techniques to help enhance your running style!

## Understanding Foot Strike Patterns

There are three types of foot strikes when running—heel-strike, midfoot-strike, and forefoot-strike. Various studies support the pros and cons of each style, but many experts say that foot strikes don't necessarily impact your running form.

Be sure to reach out to your Medical Readiness NCO, a medical health professional, or a licensed physical therapist to determine if a mid-strike or forefoot-strike will work better for you due to your previous injuries. Many physiologists agree that landing on the front of your foot puts less strain on your body. However, if you force the forefoot contact, you can over stride. This can make your body work harder than it should and is counterproductive.

## Changing Your Running Style

There are several techniques to help you transition your running style:

Change running shoes. Learn how to pick out the right running shoes.

Try running on softer surfaces such as grassy areas, woodland trails, and running tracks—all of which are easier on your body than asphalt, sand, and concrete.

Lean slightly forward when running rather than running upright.

Take shorter strides.

Focus on exercises that strengthen your hips—such as lying on your side and raising your leg off the ground 12 inches—instead of exercises like knee extensions and squats.

Tread lightly to lessen the impact of force as lighter foot strikes will reduce your chances of re-injuring yourself.

## Improving Running Speed

Building endurance, or stamina, takes one step at a time. Here are some ways to get started:

Create a training schedule. A good rule of thumb is to increase the total miles you run each week by 10 percent to steadily increase endurance. Make sure to schedule recovery days after a race or a hard workout.



Each time you run, warm up with walking and slow running for 10 minutes. Starting out slowly will ease your body into increasing blood flow and prepare it to work harder. Remember to cool down with a light jog and/or stretching exercises after each run as well.

Do interval training at least once a week to build up your speed and endurance. Sprint at max speed for 30 to 60 seconds, followed by slower jogging or walking until your heart rate comes back down (usually about 2 minutes). Repeat four times. Spinning classes and treadmills are other options for interval training with less impact on the body.

Cross train 2-3 days per week to build supporting muscles used in running and improve your overall efficiency when you run. Weight lifting combined with low-impact activities like bicycling and swimming are good options.

Optimize your breathing. Breathing properly can shave off seconds from your score. Use the 3:2 concept—inhale for three steps and exhale for two steps.

Good luck in finding your stride!

REGISTER AT  
**WWW.SGTNUTTERRUN.ORG**

**JUNE 5<sup>TH</sup> 2016**

**NUTTER RUN**

**5K**

**10:30 AM**  
**SEA GIRT, NJ**

**JOIN THE NJ ARMY NATIONAL GUARD**  
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**12th ANNUAL NUTTER RUN**


**PROCEEDS TO BENEFIT A**  
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**The SGT Samuel Nutter Organization, Inc**  
**Headquarters 254th Regiment**  
**P.O. Box 277 Sea Girt, NJ 08750**



# Veterans outreach campaign

<b>Town Hall Meeting/ Claims Clinic</b> March 29 11 a.m. – 4 p.m. NJ Vietnam Veterans Education Center Holmdel 1 Memorial Lane Holmdel, NJ 07733	<b>Veterans Outreach Campaign &amp; Medal Ceremony</b> March *30 - 31 10 a.m. – 8 p.m., daily NJDMAVA medal ceremony on March 30 at 11 a.m., at Center Court Deptford Mall 1750 Deptford Center Road Deptford, N.J. 08096	<b>Veterans Commanders Call</b> April 15 9 a.m. – 1 p.m. Lawrenceville National Guard Armory-Garden Room 151 Eggert Crossing Road Lawrenceville, NJ 08648	<b>NJ Vietnam Veterans Remembrance Day</b> May 7 11 a.m. New Jersey Vietnam Veterans Memorial PNC Bank Arts Center Garden State Parkway Exit 116 Holmdel, N.J. 07777
<b>“Housing Our Heroes”</b> Veterans Housing Forum IV March 30 1 p.m. – 3:30 p.m. All Wars Memorial Building 1510 Adriatic Avenue Atlantic City, N.J. 08401	<b>Job Fair</b> April 13 10 a.m. – 2 p.m. The Imperia 1714 Easton Ave. Somerset, NJ 08873	<b>Veterans Health and Wellness Expo</b> April 16 10 a.m. – 1 p.m. Centre State Hospital – Freehold, Auditorium #1 & 2 901 W. Main Street Freehold, NJ 07728	<b>Veterans Information and Outreach Fair</b> May 7 9 a.m. – 1 p.m. Fair Lawn Community Center 10-10 20th Street Fair Lawn, NJ 07410

<b>New Jersey Department of Military and Veterans Affairs</b> PO Box 340 Trenton, NJ 08625-0340 1-888-8NJ-VETS(8387) or <a href="http://www.state.nj.us/military">www.state.nj.us/military</a>			Raymond L. Zawacki, Deputy Commissioner for Veterans Affairs (609-530-7062) Cheryl Henderson, Executive Secretarial Assistant (609-530-7045) Chuck Robbins, Assistant to DCVA/Outreach Coordinator (609-530-6855) Fax: 609-530-7191
<b>Veterans Healthcare Services (DVHS)</b>			
<b>Brigadier General Steven Ferrari, Director</b> 609-530-6967 Donna Myers, Sec 609-530-6766 Virginia Fiess, QA Coordinator 609-530-6979 Fax: 609-530-6970	<b>Menlo Park Veterans Memorial Home</b> Joseph Brandspiegel, CEO Jennifer Pajak, Sec 132 Evergreen Road, PO Box 3013 Edison, NJ 08818-3013 732-452-4102 Fax: 732-603-3016	<b>Paramus Veterans Memorial Home</b> Dianne Tabron-Felder, CEO Diane Callaghan, Sec 1 Veterans Drive Paramus, NJ 07652 201-634-8525 Fax: 201-967-8658	<b>Vineland Veterans Memorial Home</b> Allyson Bailey, Acting CEO Sharon Frye, Sec 524 North West Boulevard Vineland, NJ 08360-2895 856-405-4207 Fax: 856-696-6714
<b>Veterans Services (DVS)</b>			
<b>Albert J. Bucchi, Director</b> 609-530-6962 Cynthia Barnes, Sec 609-530-6975 Fax: 609-530-7075	<b>Brigadier General William C. Doyle Veterans Memorial Cemetery</b> Iven Dumas, State Supt – 609-738-2424 Genia DiBella, Sec – 609-738-2404 Cyndi Dzurisin, Intermittent Office Supervisor, – 609-738-2407 Dennis Macomber, Honor Guard, – 609-758-7505 350 Provinceline Road, Wrightstown, NJ 08562 609-738-2400 Fax: 609-758-0169 Maintenance/Cemeteries/Memorials Joseph Arroyo & Kenneth Smith Supervisor, 609-738-2408 Fax: 609-758-3490	<b>Vietnam Veterans Memorial</b> 1 Memorial Lane, PO Box 648, Holmdel, NJ 07733 732-335-0033 Fax: 732-335-1107 <b>Korean Memorial</b> Boardwalk/Brighton Park, Atlantic City, NJ 08401 <b>War World II Memorial</b> W State Street, Trenton, NJ 08608	<b>Veterans Haven South</b> Walter Nall, Supt – 609-561-4948 Vacant, Asst, Supt – 609-567-3715 301 Spring Garden Road, PO Box 80 Winslow, NJ 08095 609-561-0269 Fax: 609-567-5186
<b>State Approving Agency-GI Bill Programs</b> Charles Rowe, Bureau Chief – 609-530-6842 Marisol Meyer, Education Prog Asst – 609-530-6849 Lynn Yesalonja, State Admin – 609-530-6858 Joan Edwards, State Admin – 609-530-6948 Fax: 609-530-7196	<b>Veterans Benefits Bureau</b> Patricia A. Richter, Bureau Chief – 609-530-6949 Elizabeth Schofield, Prin Staff Officer – 609-530-6954 Paul Kale, Staff Asst – 609-530-6826 Vacant, Sec – 609-530-6868 Michele Johnson, Sec – 609-530-7035 Fax: 609-530-6970	<b>Veterans Service Offices</b> Joseph Bucco, State Supervisor – 609-530-6830 Christopher Wambach, State Supervisor – 609-530-6863 Joseph E. Nyzio, VSO – 609-530-6857 <b>VA Regional Office/Philadelphia</b> Charles Piscopo, VSO – (Mon, Wed, Alternate Fridays) 5000 Wissahickon Avenue, Philadelphia, PA 19144 856-853-4184/4185/4186	<b>Veterans Haven North</b> Sean VanLew, Supt – 908-537-1960 Laura Blaine, Sec – 908-537-1963 200 Sanatorium Road, Suite 101 Glen Gardner, NJ 08826 908-537-1999 Fax: 908-537-1990
<b>Atlantic City/Cape May</b> Nicholas Petrozzino, VSO Sherri Morris, Sec 1008 Absecon Boulevard, <b>Atlantic City</b> 08401-1999 ~ (Atlantic City Armory) 609-441-3060/3061 Fax: 609-441-3899 (closed alternate Fridays)	<b>Bergen/Passaic</b> Joseph Restivo, VSO Titus Osuagwu, Sec 125 State Street, Suite 109, <b>Hackensack</b> 07601-5435 201-996-8050/8051 Fax: 201-996-8009	<b>Burlington</b> Matthew Still, VSO Vacant, Sec 555 High Street, Suite 6A, <b>Mt. Holly</b> 08060 609-518-2273/2274 Fax: 609-518-2275	<b>Hudson</b> Esther Chucaralao, VSO Michael Dorobis, Sec 678 Montgomery Street, 2nd Floor, <b>Jersey City</b> 07306 ~ (Jersey City Armory) 201-536-3401 Fax: 201-536-3404 (closed alternate Fridays)
<b>Camden/Gloucester</b> Joseph Frost, VSO Charles Piscopo, VSO (Tuesdays and Thursdays) Diane Rosci, Sec 658 N Evergreen Avenue, <b>Woodbury</b> 08096 ~ (Woodbury Armory) 856-853-4184/4185/4186 Fax: 856-384-3781 (closed alternate Fridays)	<b>Essex/Union</b> Robert Maulano, VSO Shelley Darby, Sec 20 Washington Place, Room 439, <b>Newark</b> 07102-3174 973-297-3230 Fax: 973-648-2356	<b>Monmouth</b> Peter J. Midgley, VSO Rita Hyland, Sec 630 Bangs Avenue, Suite 320, <b>Asbury Park</b> 07712-6904 732-775-7009/7005 Fax: 732-775-3612	<b>Salem/Cumberland</b> Leigh R. Pottle, VSO Catherine Raniolo, Sec 524 Northwest Boulevard, <b>Vineland</b> 08360-2895 856-405-4388/4390/4389 Fax: 856-696-6499
<b>Mercer</b> William McDonnell, VSO Theresa Tomecheck, Sec 151 Eggerts Crossing Road, Room 136, <b>Lawrenceville</b> 08648 ~ (Lawrenceville Armory) 609-671-6697/6696 Fax: 609-671-6696	<b>Middlesex/Somerset</b> Joseph Battilo, VSO Vacant, Sec 1060 Hamilton Street, <b>Somerset</b> 08873 ~ (Somerset Armory) 732-937-6347/6348 Fax: 732-937-6417 (closed alternate Fridays)	<b>Southern Ocean County Resource Center</b> Nicholas Petrozzino, VSO (Thursday only) 179 South Main Street (Route 9) Manahawkin, NJ 08050 609-978-5895 Fax: 609-978-6446	
<b>Newark Liaison/VA Regional Office</b> Richard Mannes, VSO Vacant, Sec 20 Washington Place, Room 431 <b>Newark</b> 07102-3174 973-297-3336 Fax: 973-642-0830	<b>Ocean</b> Paul McIntyre, VSO Robin Mitchell, Sec James J. Howard Outpatient Clinic 970 Route 70, <b>Brick</b> 08724-3550 732-840-3033/3034 Fax: 732-840-0399		
<b>Sussex/Morris</b> William Robinson, VSO 479 West Clinton Street, <b>Dover</b> 07801 ~ (Dover Armory) 973-366-0245/8347 Fax: 973-366-0360 (closed alternate Fridays) *Sussex, 12 Munsonhurst Road, <b>Franklin</b> , 07416 (Thursday/Friday) 973-827-4020 Fax: 973-827-4024 ~ (Franklin Armory)	<b>Warren/Hunterdon</b> *Sibley Smith, VSO/Ombudsman Lisa Szymanski, Sec 200 Sanatorium Road, <b>Glen Gardner</b> , NJ 08826 908-537-0831/0832 Fax: 908-537-0833 *Flemington, 4 Gauntt Place, <b>Flemington</b> , 08822 (Wednesday) 908-284-6146		



# NGANJ 2016 Scholarship



*Applications will only be accepted **February 1 through April 15** .  
Incomplete applications or those postmarked after April 15 will **not** be  
considered.*

*[http://www.nganj.org/docs/2016/Scholarship\\_Application\\_2016\\_fillin.pdf](http://www.nganj.org/docs/2016/Scholarship_Application_2016_fillin.pdf)*



CPT Gus Tascon 862-251-3662  
SCHOLARSHIP@NGANJ.ORG





# SAVE THE DATE

## NGANJ State Conference



**Hosted by the 254<sup>th</sup> Regiment at  
Minerals Hotel & Spa  
May 13 - 15, 2016**



- ✓ **Friday**
  - Golf Tournament
  - President's Reception with Butler Passed Hors D'Oeuvres
- ✓ **Saturday**
  - Breakfast
  - Business Meeting with Coffee Break
  - Dinner



### GUEST ROOM ACCOMMODATIONS

- ✓ Handsomely appointed luxury guestrooms or deluxe guestrooms
- ✓ Complimentary access to Minerals Sports Club
- ✓ Indoor Basketball Courts, Tennis Courts, Volley Ball Courts
- ✓ High Speed Wireless Internet in Guestrooms

\* Surrounding the Resort are many attractions for a day of exploration. Explore the Appalachian trail through the Kitatinny. Wine tasting at local wineries including [Applewood](#), [Westfall](#), [Demarest Hill](#), [Warwick Valley Winery & Distillery](#) and [Cava Winery](#). Beer tasting at local Distilleries including Orange County Distillery, Dutch's Spirits, Jersey Artisan Distilling, Catskill Distilling Company and Tuthilltown Distillers. Explore the fluorescent mineral capital of the world at the Franklin Mineral Museum & Nature Center! Adventure into the 4th oldest mine in the country and the last working underground mine in NJ.



# Women in Sustainable Employment (WISE) Program is Seeking Candidates

WISE Pathways is a career exploration course designed for women to explore nontraditional, in-demand jobs in the construction, gas, water, electric and energy industries. You will have the opportunity to learn about career paths in these industries, strategies in conflict management, team building, and workplace expectations; create a resume; practice online applications and interviewing; and be connected with recruiters from participating companies.



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- High school diploma or GED;  
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- Valid Driver's License
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- Enjoy Physical Labor and Outdoor Work
- Experience in craft/technician or similar work (including other industries) is desirable

## Focus Careers Include: (but not limited to)

- Damage Prevention Technician/Utility Locator
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- Mechanic/Mechanic Trainee
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- Utility & Production Mechanic
- Meter Processor/Reader
- Plant Operator

\*Depending on position and company,  
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## Class Dates and Times:

Feb. 27	9 a.m. - 4 p.m.
March 1	6 p.m. - 9 p.m.
March 3	6 p.m. - 9 p.m.
March 5	9 a.m. - 4 p.m.
March 8	6 p.m. - 9 p.m.
March 10	6 p.m. - 9 p.m.
March 15	6 p.m. - 9 p.m.
March 16	6 p.m. - 9 p.m.

## For More Information Contact:

Heather Johnson,  
Burlington County Workforce  
Development Institute  
609-518-3900

[hejohnson@co.burlington.nj.us](mailto:hejohnson@co.burlington.nj.us)



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Brig. Gen. Steven Ferrari  
*The Deputy Adjutant General*

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**NJ★VET2VET** 1-866-838-7654  
(1-866-VETS-NJ4)

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E-mail your Highlights submissions to: [mark.olsen@dmava.nj.gov](mailto:mark.olsen@dmava.nj.gov) by Wednesday