

Hawaii Marine



Cpl. Brittney Vito | Marine Corps Forces, Pacific

Drum majors from the New Zealand, Australian and the U.S. Marine Corps Forces, Pacific Band, share a laugh before the Coronation Celebration Parade in Nuku'alofa, Tonga, Saturday. The bands supported the coronation ceremonies alongside Tonga's Royal Corps of Musicians. The MARFORPAC Band travels throughout the Pacific region to promote community relations with other countries.

MARFORPAC Band honored to perform for King of Tonga

Cpl. Brittney Vito
Marine Corps Base Hawaii

NUKU'ALOFA, Tonga — After participating in the King's Birthday Celebration and military tattoo in 2011, the U.S. Marine Corps Forces, Pacific Band accepted the invitation to participate in the 2015 Coronation events beginning July 4 through July 8 alongside the New Zealand and Australian Army bands. The event honored the King of Tonga and His Majesty's Armed Forces.

"We have a long history and relationship with the Tongan Band as well as the Tongan military," said Chief Warrant Officer 3 Bryan Sherlock, band officer, U.S. Marine Corps Forces, Pacific Band. "This is a real honor for us to be able to partake in (the coronation events). It allows us to keep a strong relationship with the Tongan military, on a personal level."

The U.S. and Tonga have sustained strong partnerships for years that continue to grow through participation in cultural events, such as the King's coronation. The U.S. Marine Corps Forces, Pacific Band plays an integral role in promoting an understanding of other cultures and recognizing the importance of the arts as a bridge between people.

"I really believe our band is one of the best, if not best, engagement instrument we've got," said Brig. Gen. Christopher Mahoney, deputy commander, U.S. Marine Corps Forces, Pacific. "They're incredible musicians. They march, I think, better than anyone, and they show the Marine Colors in a way people can identify with them. (The band) spreads good will as far and wide as (it goes)."

The band kept busy whether it was talking to local schools, rehearsing, or performing, making sure to follow their

mission to enhance the lives of military and civilian communities through quality musical performance.

Capt. Taulama Aleamotua, the officer in charge of Tonga's Royal Corps of Musicians, said the Marines are very smart and were always prepared regardless if it was a rehearsal or a live performance.

"They did their job well, they stand steady with their head high and (shoulders back) to show they are Marines," Aleamotua said.

Not only did the band receive praise from the Tongan band's OIC but also one directly from King Tupou VI himself.

"The king commented on them after the ceremony today, he said he was 'very thankful' for the band and commented on how good they looked," Mahoney said. "When the king turns around and says it was an honor for him to have them here, you know they're doing something right."

Secretary of Labor visits K-Bay to discuss jobs, transitioning

Christine Cabalo
Hawaii Marine

When Marine Corps Base Hawaii voiced concerns about finding jobs, U.S. Secretary of Labor Thomas Perez sat down to listen.

Perez met with service members and spouses at the base's education center in a roundtable discussion Tuesday. The group spoke about challenges entering the job market while relocating or transitioning out of military service. Perez later met with female and native Hawaiian veterans to discuss the challenges of finding civilian employment at the Oahu Veterans Center in Honolulu, Wednesday.

"Sometimes there's this sense of being alone (during transition)," Perez said. "I'm here to tell you that you have a posse of people to help."

Perez's posse at Kaneohe Bay included Marine Corps Community Services Hawaii staff, as well as senior leaders with the Department of



Christine Cabalo | Hawaii Marine

Secretary of Labor Thomas Perez shakes hands with participants of a roundtable discussion held Tuesday at the education center. Marines, Sailors and family members brought up their concerns for relocating and transitioning out of the military to Perez as well as several visiting representatives from the Department of Defense and Veterans Affairs. The roundtable discussion directly connected service members and their families to policy-makers who could improve conditions for finding employment in the civilian job market.



Glenn Fawcett | Department of Defense
President Barack Obama addresses reporters at the Pentagon after meeting with his national security team, Monday.

Budget to provide for military readiness

Jim Garamone
Defense Media Activity

WASHINGTON — President Barack Obama assured service members, Tuesday, that they "are going to get paid" despite disagreements over the fiscal year 2016 defense budget.

Speaking at the Pentagon following a meeting with his national security team, Obama said it is important to take a long view of the defense budget and understand that the American military must be ready to fight and win today as well as 25 years in the future.

The president said he is not going to accept a budget "that shortchanges our long-term requirements for new technologies, for readiness."

"We're not going to eat our seed corn by devoting too much money on things we don't need now and robbing ourselves of the capacity to make sure that we're prepared for future threats," he added.

The administration has informed Congress that the president's senior advisors would recommend that the president veto current House and Senate versions of the National Defense Authorization Act.

"I've worked very closely with the chairman and the members of the Joint Chiefs of Staff to develop a budget that is realistic and that looks out into the future and says, 'This is how we're going to handle any possible contingency,'" Obama said. "And we can't do that if we've got a budget that shortchanges vital operations and continues to fund things that are not necessary."

The president said Americans must remember that the U.S. economy powers the best military in history.

"We also have to remind ourselves that the reason we have the best military in the world is, first and foremost, because we've got the best troops in history," he said. "But it's also because we've got a strong economy, and we've got a well-educated population."

"And we've got an incredible research operation and universities that allow us to create new products that then can be translated into our military superiority around the world," he continued. "(If) we shortchange those, we're going to be less secure."

The bottom line, the president said, is that Americans must think long-term and recognize that a strong economy is an integral part of national security.

America must "continue to make the investments that we need in things like education and research that are going to be vital for us to be successful long-term," he said.



Off to the rescue
Marine Aviation Logistics Squadron 24 spouse performs life-saving aid for fellow traveler, **A-4**



Giving heartily
Members of 1st Battalion, 3rd Marine Regiment donate blood, **B-3**

Saturday
High 82°
Low 75°

Sunday
High 82°
Low 75°

NEWS BRIEFS

Electrical outages occurring July 11 and July 25

There will be planned power outages from 7 a.m. to 5 p.m. for several buildings including the Wounded Warriors Office in building 1069 and the mini-gym in building 1033. Check with unit commands for a full list of sites.

RSVP to join “Reading to Dogs”

The Exceptional Family Member Program and the base library are teaming up for this event. Children will be allowed to read to a therapy dog of their choice, July 22 from 11 a.m. to 1 p.m. at the library. The event is free but limited to the first 25 sign-ups. For details, call 257-0290.

Sign up for the HITT Tactical Athlete Competition

Earn the title of “Ultimate Tactical Athlete” by joining in the preliminary event held at Riseley Field, July 22 and July 29 from 4 to 8 p.m. The top male and female winners will be invited to compete in a final event held Sept. 16 at Marine Corps Air Ground Combat Center Twentynine Palms, Calif. Events include kneeling medicine ball throw, standing broad jump and prone three-cone drill. For details and to sign up go to Semper Fit Center or call 254-7597.

ONGOING

Click-N-Ship pamphlets available at post office

The Marine Corps Base Hawaii post office has Click-N-Ship pamphlets available for patrons. The pamphlets contain websites and instructions on how to prepare packages at home to ship. Patrons are able save money and print postage from usps.com, as well as order free shipping supplies. For more information, visit the base post office or call 257-2008.

Participants wanted for school survey

The Marine Corps wants to hear about your permanent change of station experiences with school-age children. Your voice will have an impact on the future K-12 education support services we offer. Participate in a brief survey to provide input related to your children’s school experiences. Find the survey at www.surveymonkey.com/s/K12MarinePCS.

Rentals available for eligible service members

Homes are available for rent on Marine Corps Base Hawaii for basic housing allowance-eligible single and geo-bachelor service members. Those eligible include active-duty Army, Navy, Air Force, Marines, Coast Guard, National Guardsmen and reservists. Visit the website: www.fcmarineshawaii.com. Apply now by calling 1-866-340-0122. You may also come to the Forest City office at 1571 Lawrence Road with questions or to apply.

TRICARE health information goes online

Many of the TRICARE enrollment-related letters that used to be physically mailed are now available at www.dmdc.osd.mil/milconnect. Instead of receiving them in the mail, any beneficiary whose email address is on file will receive an email directing them to the milConnect website where they can view or download their documents. For more information, call Heidi Vazquez at 473-1880.

Important Phone Numbers

On-Base Emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbhawaii.marines.mil
www.hawaiimarine.com

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Base Sergeant Major	Sgt. Maj. Gregory L. Hall
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Combat Correspondent.....	Cpl. Khalil Ross
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TOP SHOT



Cpl. Adam O. Korolev | Marine Corps Base Hawaii

Children with the Department of Parks and Recreation Summer Fun, and Marines with Aircraft Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay, Marine Corps Base Hawaii, pose for a photo in front of a P-19R fire truck Wednesday at Waimanalo Beach Park. The children went to three stations supervised by the Marines where they tried on the firefighter’s protective equipment, were taught how to extinguish a fire and were shown the tools firefighters use. The purpose of the event was to educate the children, who range from ages 5 to 13 and come from the Waimanalo area, in basic fire safety.

FLY FAST AND TRUE



Photos by Petty Officer 3rd Class Amber Porter | Patrol Squadron 9

Petty Officer 2nd Class Tamatha Shulmerich (left) and Seaman Alex Cowen, assigned to the “Golden Eagles” of Patrol Squadron 9, troubleshoot engine four on a P-3C Orion maritime patrol aircraft after a faulty start, Thursday. The two are aviation machinist’s mates with the squadron and conduct daily maintenance, as well as emergency troubleshooting, to ensure mission readiness.



Petty Officer 3rd Class Christopher Madden, naval aircrewman, assigned to the “Golden Eagles” of Patrol Squadron 9, starts up air conditioning in a P-3C Orion maritime patrol aircraft to offset the load of revolutions per minute as part of his auxiliary power unit pre-flight, Thursday. All tactical crewmembers are trained on proper start-up and shutdown procedures for the P-3C Orion before obtaining their designation.

This week in Corps history: The Corps celebrated its birthday, or Marine Corps Day, on July 11 from 1799 until 1921 when the date was permanently changed to Nov. 10 to commemorate the establishment of the Corps to aid in the Revolutionary War.

- U.S. Department of Defense

AROUND THE CORPS

Your weekly guide to what’s happening around the Corps

East Coast



Staff Sgt. Brian Rust | Marine Corps Air Station Miramar

West Coast



Sgt. Tyler J. Bolken | 8th Marine Corps District

PHOENIX — U.S. Marine Corps Maj. Barret F. Bradstreet, commanding officer of Marine Corps Recruiting Station Phoenix, swears in 10 young men and women from Phoenix to serve in the U.S. Marine Corps during an oath of enlistment ceremony at the Fabulous Phoenix 4th Festival at Steele Indian School Park in Phoenix, Saturday. Arizona Marines partook in the annual Independence Day celebration to also invite attendees to accept the U.S. Marine Corps pull-up challenge and announce to the community that many more Marines are coming to Phoenix September 7th through the 13th for Marine Week Phoenix.

For more information about Marine Week Phoenix, go to <http://bit.ly/MarineWeekPhoenix>.

WASHINGTON — A Marine Jazz Ensemble from “The President’s Own” performed an eclectic mix of jazz standards for visitors during the afternoon of July 2 at the National Museum of American History.



Lance Cpl. Eric Clayton | III Marine Expeditionary Force C

At Sea

ABOARD USS BONHOMME RICHARD — U.S. Marine Corps Cpl. Karti Ferrell, from Marine Medium Tiltrotor Squadron 265, looks out the back of a U.S. Marine Corps MV-22B Osprey, before landing on the USS Bonhomme Richard (LHD 6), during exercise Talisman Sabre 15, Monday. Talisman Sabre provides an invaluable opportunity to conduct operation in a combined, joint, and interagency environment that will increase the U.S and Australia’s ability to plan and execute contingency responses, from combat missions to humanitarian efforts.



Overseas

BABADAG TRAINING AREA, Romania — U.S. Marines with Golf Company, Black Sea Rotational Force, conduct fire-and-maneuver to the objective during the Marines’ platoon-attack at Babadag Training Area, July 2. U.S. and Romanian troops conducted live-fire platoon attacks at BTA as the culmination of monthly military-to-military engagements between BSRF and the Romanian 307th Naval Infantry.

See <http://www.marines.mil/News/NewsDisplay/tabid/3258/Article/606601/raids-with-romanians.aspx> for full story.

1st Lt. Sarah Burns | U.S. Marine Corps Forces Europe

Fleet Assistance Program season is here to help

Cpl. Khalil A. Ross

Marine Corps Base Hawaii

Approximately every six months, the Fleet Assistance Program receives a list of Marines who will help a unit in need around Marine Corps Base Hawaii.

The Fleet Assistance Program is a program that tenant commands use to send Marines to support and help undermanned sections within Headquarters Battalion.

There are many types of jobs that a Marine can be tasked, or even request to be sent to said Cpl. Jeffrey Spangler, a manpower clerk with Headquarters Company, Headquarters Battalion. Some jobs are with the base motor pool, tax center, range and mess hall.

“Typically Marines are sent to the program when a victor unit is returning or leaving on a unit deployment program,” Spangler said.

He said the Marines who are sent out have a critical role in keeping the base operating and functioning. About 60 Marines may be called depending on the need of the base.

Every tenant command can send personnel out to through the Fleet Assistance Program. There is no rank requirement and both enlisted and commissioned personnel can be sent.

Marines don’t have to be randomly selected into the program, Spangler said. Many Marines request to be sent out to other units and may even extend the six-month obligation if their chain of command allows it.

“It’s a great way to get out and see what else is in the Marine Corps,” The Leavenworth, Kan., native said. “A lot of Marines only see a small portion of the Marine Corps but through the Fleet Assistance Program they are able to see things outside their normal duties and chain of command.”



Cpl. Khalil A. Ross | Marine Corps Base Hawaii

Cpl. Michael Richardson inspects a camera in the Combat Camera studio for promotion warrants on Thursday at building 267. Originally he was a cannoneer with 1st Battalion, 12th Marine Regiment but is now serving as a studio clerk with Combat Camera.

Cpl. Nicholas Kemp, originally a reconfigurable, transportable consolidated automated support system technician is now a studio clerk for Combat Camera. He went from testing and fixing airborne weapons and equipment to taking photographs and said he is happy doing it.

“I like aspects of this (job),” the Largo, Fla., native said. “I do miss my

job but I am happy to help (a unit in need).”

His new position has given Kemp a unique perspective that other Marines in his job field won’t get. He said he has gotten to see a completely different work environment and will be able to bring that back to his unit.

“I suggest people volunteer for the program,” Kemp said. “If

you are trying to avoid it you are wrong. (Marines) should see it as a positive experience.”

To volunteer speak with your staff noncommissioned officer and they will direct you to the Fleet Assistance Program coordinator in your unit. Marines must complete all training and have no other obligations to be eligible for the program.

MALS-24 spouse saves life at airport

Ellise Kakazu

Hawaii Marine

It was not an ordinary day at the Island Air terminal, July 2. The idea of being at the right place at the right time came into full effect when Crystal Lake, Washington, D.C. native, saved a man’s life by performing CPR at the Honolulu International Airport.

Crystal Lake, the spouse of a Sailor with Marine Aviation Logistics Squadron 24, planned a quick Fourth of July vacation to Maui. Lake explained that she was not sure what was happening when she noticed the man on the floor, but when she heard someone say that he was not breathing, she decided to step in. She immediately began performing CPR, when she noticed the man had no pulse.

The only thing on Lake’s mind while trying to resuscitate the man was employing good CPR.

“That is the key to any success when reviving someone, constantly circulate the oxygenated blood cells,” Lake said, a former paramedic, who is now a nurse.

While, Lake performed CPR there was an Island Airlines employee that assisted by placing an automated external defibrillator on the gentleman. Ultimately Lake and the employee helped the man survive the cardiac arrest.

“I instructed her on the AED



Ellise Kakazu | Hawaii Marine

Crystal Lake, the spouse of a Sailor with Marine Aviation Logistics Squadron 24, saved a man’s life by performing CPR at the Honolulu International Airport on July 2. Lake, a Washington, D.C. native, is a nurse and was waiting to board her plane when the emergency occurred.

and she did fantastic,” Lake said.

The AED as well as the businesses that invest in AED equipment really help save lives, Lake added.

“This would be the 24th cardiac arrest victim, who has been saved through the program,” said Pam Foster, the AED coordinator for the Public Access to Defibrillation Program.

After the AED analyzed and

shocked his heart, Lake continued to do CPR for about two minutes. Shortly after, the man started to regain consciousness.

“He started agonal breathing and then just as emergency medical services had arrived, (he) regained a weak pulse,” Lake said. “It started getting stronger, and he tried to sit up.”

When the EMS arrived, they took over, but Lake’s fast-acting

efforts played a vital role in saving the man’s life. The gentleman was discharged from the hospital on Saturday and even had the strength to continue on to his vacation to Maui.

During the emergency, Lake’s husband was not with her, but he planned to join her for vacation. Later when he got to the airport on July 3, he was greeted with the news.

“I was still here at work,” said Lake’s husband. “When I got to the airport Friday morning, the person working behind the counter recognized my last name and asked if I was related to my wife. They were pretty much speechless, (by) how fast she reacted in early intervention and how quickly she resuscitated the gentleman.”

Not everyone can say that he or she saved a life, but it does not feel like a big deal to Lake. If something like this happened in the future, she would do it again.

“Everything happens for a reason,” Lake said.

One can help an individual survive a cardiac arrest by remembering the Chain of Survival, a four-step process, created by the American Heart Association in 1990.

The four steps are:

1. Recognize that the individual has a cardiac arrest, then Call 9-11.
2. Provide cardiopulmonary resuscitation immediately.
3. Use an automated external defibrillator to restart the heart as soon as possible.
4. Make sure the individual receives advanced care, such as emergency medical services and hospital supervision.

MCBH community invited to strike out

Lance Cpl. Harley Thomas

Marine Corps Base Hawaii

For members of the Marine Corps Base Hawaii community looking to spend some quality time in an environment ideal for singles, couples and families, look no further than K-Bay Lanes. The bowling alley’s 24 lanes feature a party room, a video game room and an eatery.

K-Bay Lanes provides services designed for both, children and adults. The center hosts a children’s bowling clinic every June and July, and a plethora of specials for adults.

Elden R. T. Doi, the bowling center manager for K-Bay Lanes, said children interested in the Keiki Summer Bowling Clinic must be 10 and under, as well as be able to swing and throw a six pound bowling ball. The four-week session will be offered every Wednesday from 1 to 3 p.m., July 8-29.

“I think coming to places such as the bowling alley helps build camaraderie within the family,” said Doi, a Pearl City, Hawaii, native. “I think that, sometimes, children might begin to feel lost, missing their mother or father who is away or on deployment. Once the parent returns, it is our job to provide them an opportunity to be together as a family while also participating in family-oriented activities.”

Doi said events such as bowling not only help to build camaraderie, but also help keep the peace within the family.

“Children may get unruly or unwilling to listen while one of their parents are away and, for the parent who is here, they must fill the roles of mom and dad, and it can be hard to discipline their kids,” Doi said. “With this, by helping build stronger bonds within the family, I think it will bring the family closer together after a deployment.”

For the single service members



Lance Cpl. Harley Thomas | Marine Corps Base Hawaii

Members of the Marine Corps Base Hawaii community are encouraged to enjoy the services provided by K-Bay Lanes, a 24-lane bowling alley designed for both, children and adults. The bowling center features a party room, video game room and an eatery, as well as a plethora of specials for adult bowlers.

aboard MCB Hawaii, Doi said they are able to buy two games, get one free on Mondays; buy one, get one free on Wednesdays; and E5’s and below are able to get two free games on Thursdays. He said he enjoys deals such as those so the service members may enjoy themselves without spending much money.

Lance Cpl. Jonah Tappangorgita, a cyber security specialist with the base’s Communications & Information

Systems Directorate, said bowling is a great way for him and his friends to relax and get to know each other outside of the workplace.

“Sure, we might get to know one another at work, but that is only in a professional setting,” said Tappangorgita, an Albany, Ore., native. “Doing things like this allows us to connect on a more personal level, which will, in turn, improve our ability to work together.”

Tappangorgita said it is important for other single service members to get away from the barracks when they can. He said things can get lonely, being away from friends and family, so it’s important that they build relationships outside of their barracks and outside of their workplace.

“By doing this, we are able to build camaraderie outside of a work environment and relieve some stress — all while having fun,” Tappangorgita said.

‘EASYRIDERS’ WELCOME NEW CO

U.S. Navy Commander Tony Chavez, incoming Commanding Officer, assigned to Helicopter Maritime Strike Squadron 37, salutes Commander Brannon Bickel, outgoing Commanding Officer, during the HSM-37 Change of Command Ceremony at Hangar 103 aboard Marine Corps Base Hawaii, July 9, 2015. The Change of Command ceremony was held to properly relieve Commander Bickel and appoint Commander Chavez as the new Commanding Officer of HSM-37.



Lance Cpl. Julian Temblador | Marine Corps Base Hawaii Combat Camera



Cpl. Hilda Becerra | U.S. Marine Corps Forces, Pacific

Maj. Gen. Greg Charles Bilton, the deputy commanding general of operations for U.S. Army Pacific, delivers remarks at the closing ceremony of Khaan Quest 2015 at the Five Hills Training Area in Tavantolgoi, Mongolia, July 1. Khaan Quest is a regularly scheduled, multinational exercise hosted annually by Mongolian Armed Forces and co-sponsored by U.S. Army, Pacific, and U.S. Marine Corps Forces, Pacific. This year marks the 13th iteration of Khaan Quest.

Exercise Khaan Quest 2015 closing

2nd Lt. Michael Maggitti

III Marine Expeditionary Force

TAVAN TOLGOI, MONGOLIA — Closing ceremonies commenced July 1 at the Five Hills Training Area in Tavantolgoi, Mongolia, marking the official end to Exercise Khaan Quest 2015. For the past two weeks, Mongolian Armed Forces hosted more than 20 nations in this 13th iteration of the exercise. Khaan Quest is an annual multinational exercise co-sponsored by U.S. Pacific Command and is the latest in a continuing series of exercises designed to promote regional peace and security in Northeast Asia.

Multinational and multiservice forces enhanced regional interoperability and

mission effectiveness while training side by side in both the rural training area and urban Ulaanbaatar capital. The computer-based scenario decision making of the command post exercise complimented the tactical actions executed during the field training exercise. Both training evolutions developed operational skillsets necessary during international peace support operations.

Engineering civic action program projects and health services support engagements enhanced Mongolian-U.S. medical capabilities while providing outreach to under-served communities. A ribbon cutting ceremony was held June 30 to commemorate the successful completion of all engineering and

medical projects. Over the course of seven days, approximately 480 patients were screened and treated for acute or minor surgical conditions while more than 20 individual home visits were made for non-ambulatory patients. Services provided included dental, pediatrics, ophthalmology, neurology and cardiology among other specialties. Additionally, veterinary specialists treated nearly 330 animals.

Engineering projects completed at the 55th Special Needs School, Bayanzurkh District, included installing more than 100 new doors, remodeling two bathrooms, building a physical therapy room, remodeling an indoor gymnasium and building an outdoor basketball court complete with fencing

and lighting. In total, engineers installed 9,500 feet of perimeter fencing, poured 55 cubic meters of concrete, and used 125 cubic meters of gravel.

More than 1,200 service members contributed from 22 nations to KQ15 completion. Approximately 300 U.S. participants included soldiers from across U.S. Army, Pacific, primarily from the Alaska Army National Guard and U.S. Army Alaska, along with Marines from Lima Company, 3rd Battalion, 2nd Marine Regiment, which is currently assigned to 4th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, under the unit deployment program. Of the remaining 900 participants, approximately 600 were from the host nation of Mongolia.

LABOR, from A-1

Defense and Veterans Affairs.

Service members and spouses provided feedback on how transitioning programs are working. The visiting and local administrators spoke about what other opportunities exist for the military community and asked what concerns need to be addressed by lawmakers.

“Opportunities abound,” Perez said. “Whether you’re going to prepare to transition as a family or, in some cases, alone — it can be scary. But you all have got game. You’ve got incredible talent. Every service member I’ve met has been impressive. The future is incredibly bright for you.”

Several service members who spoke said the programs currently offered are helpful, but that it would have been more helpful to know about it earlier in their careers. Other service members expressed the need for programs that better tailor their information to their classes.

“Going to the GI Bill class was extremely helpful,” said Cpl. Jared Kedzierski with Marine Wing Support Detachment 24. “It’s an important class, but not well advertised. I can learn how to do my resume anywhere, but can’t figure out how the VA works (in another class).”

Among the visiting administrators was Daniel Feehan, Deputy Assistant Secretary of Defense. Feehan is also a former Army captain and spoke about his success in transitioning into the civilian workforce. He agreed with Perez that the military community has several strengths, the trick is make those skills shine through in their next position.

“There will be a degree of uncertainty,” Feehan said. “But you should approach your final transition in same mentality as you do for any deployment. You learn the lay of land as much as you



Christine Cabalo | Hawaii Marine

Participants speak with each other after a round table discussion with Secretary of Labor Thomas Perez held Tuesday at the education center. Those who attended brought up concerns about finding employment after leaving military service and how spouses can retain and advance their careers. Marine Corps Base Hawaii offers several free programs to help, including the Transition Readiness Program.

can, then your training will take over.”

Other service members who were preparing to retire or transition out of military service told Perez having specialized transition classes for their interests helped. Navy Senior Chief Petty Officer Malissia Chitwood with Marine Corps Air Station Kaneohe Bay said the “Boots to Business” seminars held at the education center offered her good insight from local entrepreneurs about how to launch and run a business.

“I still feel like I have a lot of work I can get out,” she said. “But I don’t want to do what I did in the Navy. I

may be going into the older workforce. I wonder, ‘Am I still marketable?’”

Perez, whose cabinet position looks at all facets of employment in the U.S., said spouses and service members have important skills that employers are looking for. He said one of the military community’s greatest strengths is how they daily work together as a team.

“You lead people, you work with other people,” Perez said. “You know that nothing is done alone.”

The discussion also featured several spouses who spoke about the dangers of downward mobility as they and their ser-

vice member spouse need to frequently relocate. Spouses spoke on the challenges in finding General Schedule and Non-Appropriated Fund positions with shorter job histories. They also raised concerns about how frequently relocating can impact vacation time, promotion and retirement benefits.

“Our greatest challenge is reaching out to spouses who need it the most,” said Jocelyn Pratt, a personal and professional development instructor with MCCS Hawaii.

Thaiha Vo-Le, a military spouse as well as an education and career specialist at the base’s Education Center, said

the discussion featured a good mix of viewpoints. She said she was impressed with how receptive Perez and the other visiting administrators were for comments. She said she was glad he could stop in to hear the real concerns of Marines, Sailors and their families.

“The participants were candid with representatives who came,” she said. “They expressed challenges with employment both for service members and spouses. (Perez) was very receptive to what everyone saying, and I think he’ll take back what we said to Washington.”

Sports & Lifestyle

Balancing Corps, culture: Gunnery Sgt. Jimi Khamisi

Cpl. Adam O. Korolev
Marine Corps Base Hawaii

African Americans, Asian Americans, Native Americans and other minority groups make up less than one third of the military population. These service members come from backgrounds with cultures and traditions, which offer a different perspective. Their unique background offers an approach inspiring to leading Marines, learning from other Marines and their overall conduct as a United States citizen.

Amid that statistic is Gunnery Sgt. Jimi Khamisi, the staff noncommissioned officer in charge of Marine Wing Support Detachment 24. He was born in Nairobi, Kenya in 1977 and was raised in a predominately Muslim environment. As a child, he was taught to treat elders with respect and learned the importance of tact and discipline, traits that would later be useful to him as a Marine.

"I learned very early in my childhood that the best thing one can possess in life is a good attitude, a positive mind, good moral character and helping those who need help," Khamisi said. "In Islam we are taught to always be kind to our enemies and spread peace and love."

In 1996, after high school, Khamisi left Kenya to live with his sister in Tanzania, where he worked as a desk assistant at a hotel. From there, in 1998, he set out for Oxnard, Calif., to join his mother who was already living there. His goal was to attend the University of California, Los Angeles to study law and social interaction, and to support himself financially, and found himself working in the fast food industry as a food preparer. However, his objective changed after spending one year in the United States. He sought out a Marine Corps recruiter and decided that this was the route he would take.

"I joined the Marines to make a difference in other peoples lives," he said. "The Marine Corps is a honorable institution and turns young men into respectful and successful leaders wherever they go. I found myself (talking to a) recruiter, and the rest was history."

After attending recruit training aboard Marine Corps Recruit Depot San Diego, he realized, similar to the holiday of Ra-



Courtesy photo

Gunnery Sgt. Jimi Khamisi, the staff noncommissioned officer in charge of Marine Wing Support Detachment 24, stands with an AH-1 Cobra before deploying to Pohakuloa Training Area on the Big Island of Hawaii. Khamisi is a practicing Muslim who recently engaged in a ceremony to celebrate Ramadan at Joint Base Pearl Harbor-Hickam.



Cpl. Khalil Ross | Marine Corps Base Hawaii

Gunnery Sgt. Jimi Khamisi, the staff noncommissioned officer in charge of MWSD-24, brandishes his saw after taking down a large branch from an invasive species of plant June 13.

madan, where Muslims practice patience while undergoing a monthlong fast, the Marine Corps requires the same discipline.

"Ramadan is a challenging month for us Muslims," Khamisi said. "We fast from dawn to sunset and stay away from all sins such as backbiting and idle talk. Every year it prepares us for challenges. Marines do annual training to sharpen our skills and get in the proper Marine Corps mindset every year. Ramadan refreshes my soul and body in order to be able to act accordingly in any situation until the cycle repeats itself."

Outside of Ramadan, Khamisi maintains enthusiasm for his culture, and finds time outside of his busy work schedule to volunteer in the community and educate others who come from a similar background.

"I teach children Arabic and Quran studies on Sundays at the Hawaii Mosque," he said. "I also participate with the mosque activities such visiting

the sick in hospitals, inmates in the prisons, feeding the homeless in Hawaii and educating other about the religion of Islam. There are many other activities we do like Quran competitions and awards for the best memorization of the Quran."

Khamisi also noted that because his culture coincides with the Marine Corps, he is able to practice his culture's traditions naturally, making it possible for him to balance his cultural interests with the military ethos.

"Just like the Marine Corps, the value(s) of honor, courage and commitment are well ingrained in my culture," Khamisi said. "One must honor his family by acting right and doing his best in everything that he does. One must have the courage to help those who are oppressed. Lastly, one must also be committed in achieving his goals and tasks. Having the ability to push through difficult moments and taking pride in one's commitment to get results."

SPREAD ALOHA WITH CO, K-BAY AIRSHOW



Lance Cpl. Harley Thomas | Marine Corps Base Hawaii

(From left to right) Sgt. Maj. Gregory L. Hall, the base sergeant major for Marine Corps Base Hawaii; Col. Sean C. Killeen, the commanding officer of MCB Hawaii; Bobbie Brock and Tammy Clifton, members of the Kaneohe Bay Air Show promotion crew; and Pete O'Hare, the air show director, pose for a photo during the 69th Annual Kailua Independence Day Parade, Saturday.

AT EASE

Your weekly dose of non-mandatory fun in Hawaii Marine

As you unwind reading the paper while you eat breakfast in the morning, wait at the doctor’s office or ride the bus home, check out “At Ease” for some stress relief. Look no further for a funny story, a comic or a puzzle. Are you a budding journalist? Do you have some witty stories, movie reviews or insightful columns our base readers might enjoy? Email your submissions to hawaiimarineeditor@gmail.com. Please keep your submissions approximately 500 words, and make sure to include your first and last name along with a title for your article. Hawaii Marine staff reviews content and edits submissions. No explicit content, graphic language or topics inappropriate for a general audience. If you have any questions, feel free to call 257-8837.

What happens when military mom is away

Lisa Smith Molinari
Contributing Writer

Once a year, I leave my family and go off on my own for a few days to attend a newspaper columnists’ conference. I’ve done this for the last four years in a row, and although I love to people-watch in airports and eat out for a few days, it’s not what you’d call ... easy. My active-duty Navy husband, who has left home for work more times that I can count, just simply packs a bag and goes. He does not ask about how our daughter will get to her tennis lesson.

He does not make a list of meals ideas for us to eat while he is gone. He does not remind the kids to walk the dog. And when he returns to us, he dumps a suitcase full of dirty laundry by the washing machine before finding a good place to relax. For me, on the other hand, leaving home is a tad more complicated. Planning begins weeks in advance. I write grocery lists. I cook. I jot reheating instructions on index cards. I make phone calls to arrange rides. I do laundry. I clean. I draw diagrams regarding pet care, chores and logistics.

Don’t get me wrong, my family is 100 percent capable of running a home in my absence. However, 21 years as a military stay-at-home mom has conditioned my family to depend on me. When I get home in a few days, I won’t dump my dirty clothes by the washing machine, because there will already be a mountain of laundry waiting for me. To their credit, my husband and kids will run around throwing things in closets so the house looks decent. I’ll smile and avert my eyes from the dirty toilet bowls and sticky countertops. Boarding zones three and four are called. I walk through the human version of a Habitrail and board the plane. Thanks to people stuffing oversized carry-ons into the overhead bins, I am forced to wait in line in first class – staring at the privileged sitting comfortably in their oh-so-roomy chairs. I think, as I pass by the flimsy curtain

on my way to the cheap seats, “What makes you so special?” Coach class looks like a mouthful of teeth crowded into a narrow palate. From my cramped window seat in aisle 23, the air is stale and at least 10 degrees too warm from human breath and body heat. Just as my armpits begin to dampen, the pilot taxis and takes off, banking sharply to the left. Strangely, as I look down at the toy houses splayed out like The Game of Life, I feel a pang of homesickness for my utterly dependent family. Roping suburban streets studded with turquoise pools get smaller and smaller until the aircraft wings swirl into the steamy summer stratosphere. In the tiny space left between bags on the floor, I click my heels and mutter to myself, “There really is no place like home.”

www.themeatandpotatoesoflife.com



Courtesy Photo

Musings from the airport

Ah ... alone at last with a latte in the airport and plenty of time for people-watching before my flight. That chubby little boy over there with the teddy bear backpack is just precious. Sitting criss-cross-apple-sauce in his chair. Blue eyes, dark lashes and dimples for knuckles. Aw. Lordy ... What’s up with the guy

drinking the Starbucks in the white linen pants and bright orange golf shirt? Mirrored sunglasses and a rusty tan ... so cheesy. A fast talker I’ll bet. Why’s that lady moving her lips? Carrying on a full conversation with herself, hand gestures and all. Oh geeze, a policeman with a dog. Is he sniffing our luggage? I wonder if they’re looking for drug runners. How exciting. Uh oh, time to board.



Lisa Smith Molinari is an award-winning syndicated columnist, author, blogger and speaker. After earning a coveted spot on the Law Review and graduating cum laude from law school, Molinari was on top of the world, envisioning a future that included promotions and partnerships. What she didn’t know was that she would fall in love with a military man, have a bunch of kids, move all over the world and neglect her legal career to manage their hectic military life. Molinari and her family are currently stationed at the Naval War College in Newport, R.I.



"I love you grass!!!, WHA-WHOO!!!
SMELL IT, FEEL IT, TOUCH IT!!!!
I AM NEVER MOVING FROM THIS SPOT!!
and It's not even our YARD..., YEAAAH!!!!!"

Strange things Marines and their families do when PCSing from 29 Palms

“Jurassic World” PG-13

“Spy” R

“Insidious Chapter 3” PG-13

“Entourage” R

“Jurassic World” (in 3D) PG-13

“Spy” R

“Jurassic World” PG-13

Today | 6:30 p.m.

Today | 9:15 p.m.

Saturday | 6:30 p.m.

Saturday | 9:15 p.m.

Sunday | 2 p.m.

Sunday | 6:30 p.m.

Wednesday | 6:30 p.m.

Prices: All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for details.

SUDOKU

5								3
				2				4
	7			4			6	
		9	4		3		1	
					9			
	1					8		
	9		5		2			
		6				1		5
				3	8	2		

Level: Advanced

Here’s How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	9	2	8	3	1	7	5	4
5	3	1	4	6	7	9	2	8
8	7	4	2	9	5	3	6	1
6	4	8	9	7	2	5	1	3
7	5	3	6	1	8	2	4	9
2	1	9	3	5	4	6	8	7
1	9	6	5	4	3	8	7	2
4	8	5	7	2	6	1	3	9
3	2	7	1	8	6	4	9	5

ANSWER:

1/3 HOSTS BLOOD DRIVE BEFORE HEADING OUT



Army Staff Sgt. Christian Eusebio, a native of Tustin, Calif., weighs and processes blood from donors during Tuesday's blood drive at Marine Corps Base Hawaii. Eusebio is a noncommissioned officer in charge of the blood donor center for Tripler Army Medical Center. The blood drive was hosted by 1st Battalion, 3rd Marine Regiment as one of several projects the unit completed before additional training at Marine Corps Air Ground Combat Center Twentynine Palms, Calif.



Sgt. Gregory Woodard (left) and Lance Cpl. Zachary Romero, both with 1st Bn., 3rd Marines, pump blood for donation during their unit's blood drive Tuesday. Medical technicians from Tripler Army Medical Center and the Armed Services Blood Program oversaw the collection.

Upcoming blood drives

Monday, 9 a.m. to 1 p.m.
Enlisted Club, Marine Corps Base Hawaii
Hosted by 3rd Radio Battalion

July 17, 9 a.m. to 1 p.m.
Building #2 Training Center, Pearl Harbor Naval Station

July 28, 11 a.m. to 3 p.m.
Navy Exchange, Tripler Army Medical Center

Make an appointment at www.militaryblood.dod.mil/hawaii/appts.aspx or contact Michelle Lele at michelle.lele@amedd.army.mil.



SPLASH! THE O-CLUB HILLTOP POOL REOPENS



Ellise Kakazu | Hawaii Marine

STRAIGHT FROM THE SKIPPER: VP-9 COMMAND MEETS WITH FAMILIES

Children, whose parents are members of Patrol Squadron 9, paint and make several crafts at the unit’s family readiness group meeting, Tuesday. Their parents met with the unit’s commanding officer and master chief petty officer to ask about issues regarding pay while serving overseas, assistance with childcare and other concerns as the unit prepares to deploy.



Christine Cabalo | Hawaii Marine

COMMUNITY BRIEFS/VOLUNTEER OPPORTUNITIES

Earn 101 Days of Summer points at MMA clinic

The Leathernecks IV Tour returns to Kaneohe Bay with a mixed martial arts clinic featuring special guests Gray Maynard, Tom Lawlor and Mark Munoz participating with Hawaii’s Marines and Sailors. The clinic takes place today in the Semper Fit Center Basketball Court from 11 a.m. to 1 p.m.

Units have an opportunity to earn 101 Days of Summer points by participating in this MMA clinic. For more information, call the Single Marine & Sailor Program coordinator at 254-7593.

Enjoy local grinds and agriculture

The 53rd annual Hawaii State Farm Fair “Farm Family Fun!” sponsored by the Hawaii Farm Bureau in partnership with the Hawaii State Department of Agriculture and Hawaii 4-H Livestock Council will be held on Saturday, 9 a.m. to 8 p.m. and Sunday, 9 a.m. to 5 p.m. at Kualoa Ranch. Families will enjoy numerous educational exhibits, the freshest locally grown produce, rides for kids and fabulous local food. The fair also boasts one of the largest and most diverse plant sales on Oahu.

General admission is \$5, children and students are free. Free parking will be available.

Celebrate Korean culture at festival

Experience Korean culture at the 14th Annual Korean Festival, Saturday from 10 a.m. to 8 p.m. at Magic Island in Ala Moana Beach Park. The festival has food, cultural activities, traditional music and more. Visit koreanfestivalhi.com for details.

Help the Sierra Club beautify Manoa Falls Trail

Join Sierra Club’s Oahu Chapter for trail maintenance work. Volunteers will be assisting with trail improvements such as building water diversions and steps. Bring plenty of water, a lunch, gloves and sun protection. State Trails Division staff will provide the tools and materials. Meet up at 8:30 a.m. at the parking lot near the end of Manoa Road for an orientation from the State Trails Division staff. The next work day is Saturday. Upcoming work dates are July 19, Aug. 9, Aug. 22, Sept. 6 and Sept. 19.

To sign up or for more information, contact Jamie at jamietanino@gmail.com. Letters of appreciation from the Sierra Club will be provided to all military service 7593.members that participate.

Families welcome at film fest

The University of Hawaii “Kids First!” Film Festival is scheduled to show “The Boxcar Children” Sunday from 3 to 5 p.m. in the Art Auditorium building of the UH-Manoa campus in Honolulu. Admission is free, and on

a first come, first serve basis. The next movie in this film series is “The Legend of Longwood,” scheduled for July 19. For details, visit www.summer.hawaii.edu/kidsfirst.

Plan a family night in Honolulu

The Hawaii Convention Center will kick off its new monthly entertainment series, “Sunset Mele on the Rooftop,” featuring a full evening of free performances. The series will launch Saturday evening from 5 to 9:30 p.m., with a performance by singer-musician Josh Tatofi and a keiki hula halau, followed by a moonlight screening of “Frozen” on a large outdoor movie screen. Special characters from the movie will be on hand for photo opportunities and autographs. Artisans, crafters and food vendors will be on site. For more information, call 943-3025 or visit [Facebook.com/HawaiiConventionCenter](https://www.facebook.com/HawaiiConventionCenter).

Bellows AFS hosting movie nights

Bellows Air Force Station is hosting a free movie night to active duty service members and their families, Mondays and Wednesdays at Turtle Cove at 4 p.m. Monday’s movie is “Strange Magic” and Wednesday’s is “Jupiter Ascending.” For more information or for upcoming movies, call 259-4137.

Rock out with Marine Forces Pacific band

The Marine Forces Pacific Rock Band will be performing a concert for the public in Mololani Neighborhood Park on July 17 at 6 p.m. This is a free event.

Take dogs for a run at Humane Society

All single/unaccompanied Marines and Sailors can take part in a volunteer opportunity at the Hawaiian Humane Society, July 19, to help homeless pets. Assistance is needed with the dog running program, as well as other activities at the shelter. Transportation will be provided. Sign up by Tuesday by calling Karley

Peterson at 254-7593 or emailing petersonko@usmc-mccs.org.

Show off your drive at Commander’s Cup

All ranks are welcome to play in the Commander’s Cup Golf Tournament, scheduled for Aug. 7, from noon to 5 p.m. The format is a four-player scramble. Team registrations will be accepted at the Klipper Pro Shop until close of business, Aug. 5. For more information, call 254-1745.

Volunteer to assist with Heeia Estuary Restoration

Hui o Koolaupoko is looking for volunteers for the Heeia Estuary Restoration Project at Heeia State Park on 46-465 Kamehameha Highway. The project is aimed at improving water quality and increasing habitat for native aquatic animal species by removing invasive plants and replanting native Hawaiian species.

This year’s workdays are the second Saturday of August, September, October and December. Volunteers under age 16 must have adult supervision. Participants under the age of 18 attending without their parent or legal guardian must bring a signed waiver. All others will sign the waiver upon arrival. For more information, visit www.huihawaii.org/get-involved.

Volunteers should bring closed-toe shoes (required), attire to get wet and muddy, water bottle, sun/rain protection, towel, change of clothes and a bag for dirty clothes.

Celebrate annual Prince Lot Hula Festival

Experience Hawaiian hula with this free festival featuring dancers based in Hawaii. Watch 21 different hula groups, or halau, perform during the weekend from July 18 and July 19. See the dancers perform July 18 from 9 a.m. to 4 p.m. and July 19 from 10 a.m. to 3 p.m. at Moanalua Gardens in Honolulu. For details, see <http://moanaluangardensfoundation.org/>.