

PROVIDER POINT

Volume 2, Issue 2: January-March 2015

Heart of the Rock!



*Living Army Values
Watercrafts got skills*



Task Force Provider Commander
Col. Tony Coston

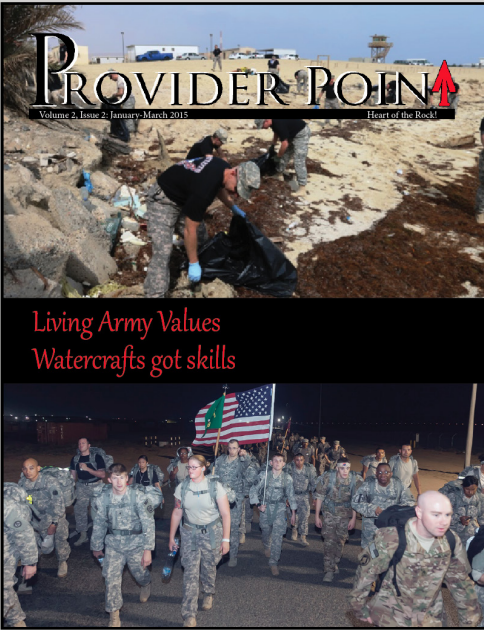
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Provider Point is an unofficial publication produced under the provisions of AR 360-1, published by Soldiers of the 3rd Sustainment Brigade-Task Force Provider. Editorial views and opinions expressed are not necessarily those of the Department of Defense, the Army or the 3rd Sustainment Brigade. All photos are Army photos unless otherwise noted. Story and photo submissions are welcome; contact DSN (318) 430-0123.



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Provider 6 & 7 Sends:

Safety message



Task Force Provider Team,

We would like to first thank you all for your **selfless service** to our nation, the 3rd Sustainment Brigade and the U.S. Army. We are grateful for all of our Soldiers' hard work and dedication, and thank everyone for their support and their tireless efforts to ensure mission success no matter where we are located throughout the region.

We have seen and heard our Soldiers and Leaders doing great things as we visit their locations throughout the CENTCOM area of responsibility. We have seen the 529th CSSB, 541st CSSB, 49th MCB, 419th MCB and our STB conduct some great ceremonies that were extremely professional and represent their battalions very well.

The days are passing by quickly as many of our Soldiers are more than halfway through their deployment. Be proud of all of your accomplishments, but remember to maintain standards and discipline. Leaders, it is imperative that we help shape the environment to promote continued success within each and every Soldier.

As a Leader, you must desire to be viewed with **respect** by your Leaders, peers and subordinates alike. Remember, someone is always watching and judging you. Your subordinates will respect your rank, but how do you gain their personal respect? Exemplary service is your answer. Nothing can motivate a warrior more than to see their Leader accept the same challenge or even more. A subordinate desires to see your motivation and **duty** to each and every mission.

To expect anything more of a Soldier than their Leader(s) is willing to do themselves is an unrealistic dream. Leaders make themselves examples by doing. Soldiers love challenges and being part of a team to accomplish a common goal. The esprit de corps is infused within us all and cannot die or be taken away.

Leaders, you will notice your motivation is contagious. Show your Soldiers and peers that you are fighting for the same goal through proper communication which will inevitably improve the team(s) you are a part of. It's getting hot here in the Middle East. Ensure you and your Soldiers stay hydrated. Whether you are turning wrenches in the motor pool, driving on the roads or sitting in an office- remember you are a critical part of the team and a valuable part of our mission. Every day you are truly making a difference for your unit. We are **honored** to be on your team.

As we continue with the deployment, we must remember to remain vigilant and maintain **integrity**. We cannot allow ourselves to lose initiative. Safety has always been a top priority for this brigade. We must maintain our high-level of standards and discipline so we do not lose a Soldier to negligence. We must continue to invest our time to coach, mentor and develop our Soldiers.

Finally, to our Families back home, this mission cannot be accomplished without your love, support and sacrifice. We recognize and thank you for your **loyalty**, sacrifice and steadfast commitment to your Service Member, your Family and the United States Army!


Heart of the Rock!

Colonel Anthony Coston
Commander, 3rd Sustainment Brigade

Command Sergeant Major Lenard Summers
Command Sergeant Major, 3rd Sustainment Brigade



HEAT CAN KILL!



Prevention Works

- Hydrate! Drink plenty of water to replace the fluid you lose when you sweat.
- Hydrate early – don't wait until you feel thirsty. During exertion your body needs water long before you feel thirsty.
- Maintain good eating habits – don't try low calorie diets while training in a hot environment.
- Remind your buddy to drink. Refill your canteens at every opportunity.
- Monitor your urine output. If it is dark, then you need to drink more water. If, after rehydrating, you are not urinating, then consult medical staff.
- Eat enough food to maintain salt intake. Table salt may be added to food, but salt tablets are not recommended.
- Avoid drinking more than 1.5 quarts of water per hour or 12 quarts per day.
- Many medications and some nutritional supplements may make you more susceptible to heat illness. Ask the medical staff about medications you are taking and how they may affect you in the heat.

Notify medical staff if you:

• are dizzy or having trouble walking.	• are confused, or if your buddy notices you are "acting strangely."
• have a headache.	• are sick or were sick yesterday.
• are nauseated or vomiting.	• are on any medications that may affect you in the heat.
• are feeling very tired or weak.	

Providers,

With summer beginning here in Kuwait, Heat Injuries will become a very real concern for Soldier Safety. It is important to be aware of the risk factors for these injuries. Soldier Risk factors include, but are not limited to, prior heat injury, not acclimated, poor fitness, over age 40, overweight, minor illness or taking medication, uniform or equipment load, Sickle Cell trait (40x higher risk), and lack of proper hydration. Leaders and Soldiers must take these factors into account in order to plan effectively and decrease the risk of heat injuries. For more information on heat injuries and other summer safety concerns please contact me at your convenience.

1LT Blake Gale
3SB Safety Officer

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DEFENSE VIDEO & IMAGERY DISTRIBUTION SYSTEM



Spc. Tanner Shields and Sgt. Steve Palacio, assigned to 101st Brigade Support Battalion, 1st Infantry Division assist two Kuwait National Guard Soldiers with raising the engine block of a Pandur vehicle at Udairi Range Training site, Kuwait, Jan. 21.



Coffee and tea is heated by hot coals for the traditional Kuwaiti lunch after the Transportation and Maintenance Information Exchange and Demonstration.

KNG and Providers share success

with Operations Knights Sentinel

By Spc. Rochelle Prince-Krueger
3rd Sustainment Brigade

The Transportation Battalion of the Kuwait National Guard, commanded by Lt. Col. Talal Essa Al Nofal, participated with Soldiers assigned to 32nd Composite Truck Company, 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade and 101st Brigade Support Battalion, in a bilateral information exchange and demonstration at Udairi Range Training site in Kuwait, called Operation Knights Sentinel, Jan. 18-21.

Both U.S. and KNG Soldiers stayed in the desert for four days to build camaraderie and proficiencies within their job fields of transportation and maintenance. On the last day of the exchange, the Soldiers collaborated to put on a cumulating demonstration for senior ranking KNG and 3rd Sustainment Brigade personnel.

"This is the first-ever exchange between the KNG support command and U.S. forces of this capacity," said 1st Lt. Patrick Clark, Kuwait Military Forces liaison officer for the 3rd Sustainment Brigade, 1st Sustainment Command (Theater). "Typically this KNG command supports their own combat units in these type of exercises, this is a stand-alone exercise ran completely by them, involving only their own soldiers, with no assistance from other commands other than U.S. forces."

Three scenarios were performed during the demonstration. The first one concentrated on recovery and field maintenance for a broken down vehicle. The second scenario showed on-the-spot maintenance. The third scenario involved recovery and

convoy operations in a tactical environment.

With personnel watching from an observation deck above the exercise area, both Kuwait and U.S. vehicles drove around and demonstrated three major tasks. The first task was a Pandur (Kuwait vehicle similar to the U.S. Stryker vehicle) breaks down, emitting smoke and is towed back to safety, while the U.S. Soldiers provide security. Simulating as if they were on a mission and a vehicle breaks down.

As that Pandur was towed away it, the second scenario began with a KNG Panhard halting during a recon mission due to a faulty fan. The KNG Soldiers provided their own security while a KNG maintenance contact truck arrived and those Soldiers changed out the fan. The Panhard, now fully operational, continued its mission.

Attention was then brought back to the first scenario where the broken down Pandur was towed to a secured maintenance area ran by the 101st BSB Soldiers. The KNG utilized the U.S. Soldiers crane to remove the engine of the faulty vehicle. Within ten minutes the engine block was raised out of the vehicle, simulating an engine swap, then it was put it back into the vehicle and like the Panhard before it, continued mission, driving away from the maintenance area.

The demonstrations finale was an integrated convoy of Kuwait and U.S. vehicles, which were providing convoy security, and simulated a complex attack and how the convoy would react.

"Our Soldiers did an outstanding job with the demonstration," said Col. Anthony Coston, commander of the 3rd Sustainment Brigade. "This type of training gets you out of the motor-pool and you

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Capt. Khalid AlThaher, a Kuwait National Guard transportation officer, briefs Maj. Gen. Hashem Abdulrazzaq Al-Refai, acting undersecretary of the KNG, along with other high ranking officers from KNG and the 3rd Sustainment Brigade about the Transportation and Maintenance Information Exchange and Demonstration.



Two lance corporals in the Kuwait National Guard remove some bolts to take a fan out of the Panhard vehicle out and replace it at Udairi Range Training site in Kuwait, Jan. 21.



Spc. Tyler Wilson, and Sgt. Jackie Jordan, assigned to 32nd Composite Truck Company, 3rd Sustainment Brigade, provide security while Kuwait National Guard Soldiers load a Light Medium Tactical Vehicle on a Palletized Load System to get the vehicle out of harm's way and continue the simulated mission at the first ever Transportation and Maintenance Information Exchange and Demonstration.

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get to work with the sophisticated and educated force of Kuwait, which allows us to continue building the partnership with the Kuwait National Guard."

The "Trey Duce" Soldiers, also known as 32nd CTC, provided assets for convoy security in the transportation demonstration portion of the exchange. The 101st BSB provided the tactical ambulance and mechanics to assist the KNG Soldiers with the maintenance portion of the demonstration.

"All of the tasks ran smoothly and we executed them flawlessly," said 1st Lt. Grant Hardy, a platoon leader for 32nd CTC. "We spent a lot of time training and it was a great experience for all of us to work together."

"All the senior leaders observing the demonstration responded well to the success and timing of the scenarios; it made everyone proud," said Capt. Rachel Adair, commander of 32nd CTC. "Two events in particular were when the integrated convoy rolled through the desert, with all working to move through the kill zone following a simulated IED attack; and when a disabled Kuwaiti Pandur, fixed by a fast moving team of U.S. and KNG, drove away after having the engine removed just ten minutes prior."

Adair said that caused a round of applause from both the KNG and U.S. leaders present when it was completed.

Hardy, a Frederick, Maryland, native, said the only difficulty was the language barrier. To assist with the Arabic to English languages there were a couple interpreters that stayed with the groups and from using old-fashioned communication techniques.

"When we were doing the run-through, I used hand signals and drew in the sand to communicate a little better," said Hardy, who acted as the convoy commander in the last simulation. "All of it helped so we understood one another."

After the completion of Operation Knights Support, the observers and participating Soldiers were treated to an elaborate meal featuring many traditional Kuwaiti foods back at the campsite.

"They wanted to make sure we were comfortable, so they ensured we had the best food and training sites," said Hardy. "You couldn't tell this was their first time alone, they are very tactically and technically proficient. I look forward to working with them again."

Carder caters to the mission



By Sgt. Gene Arnold
13th Sustainment Command

Sgt. Breanna Carder, a reservist from Illinois, currently serving with the 458th Movement Control Team, 49th Movement Control Battalion, 3rd Sustainment Brigade, wears many hats. She is a shift noncommissioned officer in charge, a squad leader; a hazardous material certifier and mission stand out.

"She's a great asset to our unit," said Sgt. 1st Class Sandra Anderson, second shift noncommissioned officer in charge and platoon sergeant.

Carder, with several other Soldiers, works as a Cargo Specialist in the Arrival/Departure Air Cargo Group, a liaison for logistical movement through Air Force channels to and from anywhere in Southwest Asia or from Southwest Asia to anywhere in the United States.

"What we do is prepare Army cargo to go on Air Force flights," Carder said. "Some of the cargo we receive comes to us as retrograde ... other cargo is deployment or redeployment cargo.

"We prepare the cargo so that the Air Force's job is minimal and easy as possible," she added.

Her unit has been an integral part of retrograde operations that have been a priority since combat operations have ceased and the advise and assist roll began. Taking it upon herself, with guidance from her leadership, Carder has developed a tracking system and checklist that have helped streamline the process. This, in turn, has helped save time and money that can be redistributed to the war fighter.

Since December 2014, they have received 250 pieces of cargo for shipment. They have connected more than 150 flights. The type of aircraft used equals the price of fuel, which can be more than \$600,000 just for one flight. So, if cargo misses its flight, the Army has to pay for the flight regardless. All that money adds up, and since her system has been in place, no cargo has missed a flight within their realm of control.

"On a spreadsheet, we input the pertinent information: the transportation control number, unit line number, point of contact, the type

of cargo; indicate whether it is hazardous material and the documentation," she said. "So every day we check this information against what the Air Mobility Division publishes to see what's moving."

Since arriving in August, one of the

biggest challenges her unit has had to face is establishing the mission and streamlining operations.

"This mission had just been set up by people where this wasn't their realm or job. One of them was a Civil Affairs NCO, so to give you an idea this is a career field for us and for them they just kind of threw three people into this like 'here make this work,'" Carder said.

"They had the baseline of the mission, but there has been a lot of refining the process," she added. "We've gotten forklift training, so we can upload and download cargo on and off of trucks, learning about the vehicles; how to start them and move them because a lot of vehicles come through this yard."

When asked how she felt participating in this capacity, Carder said, "I enjoy coming to work every day. I enjoy moving people's cargo from place to place. I really enjoy helping people get whatever needs to go on a plane, whether it be vehicles, baggage or bottles of water and MREs to Soldiers up north or moving Christmas dinner. I just really enjoy helping the whole process run."



Sgt. Breanna Carder, a cargo specialist serving as part of the Arrival/Departure Air Cargo Group in Kuwait, places tape on a generator at its axles as part of gathering the center weight and axle balance for documentation purposes prior to Air Force movement.



By Spc. Rochelle Krueger
3rd Sustainment Brigade

Approximately 130 Soldiers assigned to 396th Transportation Company, 3rd Sustainment Brigade, participated in a two-day, truck rodeo comprised of six events to test and hone their skills to see which team is the best motor transport operator at Camp Buehring, Kuwait, Jan. 22-23.

“We know that we would have some extra down time with missions changing” said Sgt. Roylee Cook, who brought the idea up to do it. “I’ve done them before in other units I’ve been in so I thought why not? I got the command approval and started to plan it.”

The Wheels of Steel, also known as 396th TC, kept squad integrity and split into seven teams. Each team had seasoned veterans of both deployments and truck rodeos along with new Soldiers that got to Fort Stewart, Georgia, weeks before the

unit deployed last August.

“We did our best to keep the Soldiers in their same squads that they work with day to day,” said Cook, a native of York, Pennsylvania. “That way you know how each other works and can use their strengths on certain events.”

Day one of the truck rodeo consisted of an Army physical fitness test, a written exam and a Humvee tie down.

“Everything on the exam pertained to the vehicles that we work with day to day, so it was job oriented,” said Sgt. Quinton Stith, assigned to 396th TC. “If you know your systems, the field manuals and regulations pertaining to our equipment then the test was simple.”

The longest event of day one was the Humvee tie down. Five Soldiers from each team competed against the clock to safely load and tie down a Humvee on a Heavy Equipment

Transporter Trailer, also known as a HETT. There were seconds added for any safety violation.

“It was a lot tougher than we thought it would be before we started because we were first and in the spotlight,” said Stith, a native of South Bend, Indiana. “Everyone was watching us and making note of what they would do differently to be faster and more efficient. But the important thing is that we completed it to the best of our abilities.”

On day two the Soldiers went to a training site in the desert, where they simultaneously competed in the last three events. The events were a four person Humvee pull, a serpentine trail driving a M1088 with a trailer and utilizing a palletized loading systems.

The Humvee pull proved to be the most difficult for many of the Soldiers.

“If I could have changed one



TOP LEFT: Staff Sgt. James Riley unscrews a U-bolt to use to tie down a humvee during a truck rodeo at Camp Buehring, Kuwait.

ABOVE: Sgt. Quinton Stith and Spc. Luis Rivas, both assigned to 396th Transportation Company, 3rd Sustainment Brigade, attach chains onto a Humvee to tie it down during a truck rodeo at Camp Buehring, Kuwait, Jan. 21. Their squad of about ten Soldiers competed against other squads in a two-day truck rodeo event to test and hone their skills as motor transport operators.



Sgt. Jesse Willis and Pfc. Drew Hylton, both assigned to 396th Transportation Company, 3rd Sustainment Brigade, struggle to inch the Humvee forward while two other teammates are pushing from the back at a truck rodeo at Camp Buehring, Kuwait, Jan. 22.

thing, it would have to be the Humvee pull because everyone had such difficulty with it,” said Cook. “We didn’t realize how the sand would inhibit them so much.”

Stith agrees with Cook saying there was no traction with the pull. But the sand made the rodeo unique because everything was done in the sand instead of on the pavement, where most of the other rodeos he has done have been.

Stith, who drove the serpentine course says he did pretty well.

“It was pretty complex because

most of the driving you did going forward you had to do backing up as well,” said Stith. “The final and hardest part with the 1088 was ally-docking, where your truck is at an angle and you have to back it up in a very small space.”

Stith, whose team didn’t win, says that this truck rodeo was a lot of fun.

“This is my seventh rodeo in five years and it is definitely in the top three,” said Stith. “It was a great idea to do this to build our morale and now we really know who the

best squad in our unit is.”

The squad that won the event was squad Young Guns, headed by Staff Sgt. Love with team members: Sgt. Lowther, Sgt. McPhaul, Sgt. Chisholm, Sgt. Singleton, Sgt. Ellis, Sgt. Willis, Spc. Cantu, Spc. Crutcher, Spc. Hernandez and Pfc. Hylton.

They now have the bragging rights to say they are the best.





Kuwait celebrates Black History Month

Maj. Gen. Darrell Williams, commander of 1st Sustainment Command (Theater), celebrates Black History Month by speaking at the Black History Month Observance hosted by 1st TSC at Camp Arifjan, Kuwait, Feb. 28.

By Spc. Rochelle Krueger
3rd Sustainment Brigade

“Black History Month is a time to raise awareness of the past and to acknowledge the barriers that have been broken since America was founded,” said Sgt. Taschanda Johnson, a participant in the observance assigned to 49th Movement Control Battalion, 3rd Sustainment Brigade.

About 20 service members stationed at Camp Arifjan, Kuwait participated in an interactive, educational and entertaining African-American/Black History Month Observance, Feb. 28, hosted by 1st Sustainment Command (Theater).

“Black History Month, like all other observances are very positive parts of who we are,” said Sgt. Dshaun Howard, assigned to 3rd Sust. Bde., 1st TSC. “You don’t want to let you being deployed stop you from celebrating key moments in history.”



Capt. Dendre Wright, assigned to 49th Movement Control Battalion, 3rd Sustainment Brigade sings “A Change is Gonna Come” to celebrate a century of Black Life History and Culture at the Black History Month Observance hosted by 1st Sustainment Command (Theater) at Camp Arifjan, Kuwait, Feb. 28.

Howard, a New Madrid, Missouri, native, participated in the educational portion by portraying the current President of the United States, Barack Obama.

The observance started like many others, with the National Anthem and invocation, but the performances were what made this one unique. The Anointed Dance Team Ministry did a praise dance.

Then the 3rd Sust. Bde. Soldiers did a “Who am I” segment where they gave audience members some interesting facts about six influential Black Americans and the audience had to guess who they were before their names were revealed.

Once the six Soldiers exited the stage there were two more Soldiers from 3rd Sust. Bde. who played some live blues music as a transition and to calm the crowd down

before Maj. Gen. Darrell K. Williams, the 1st TSC commander, took the stage as the honorary guest speaker.

“As an African American I am proud of my history and culture; and hope all of you are proud of whom you represent today,” said Williams. “Our diversity is and continues to be our strength; one of the cornerstones of our nation’s greatness is its ability to transcend mere race at least on some level to harness the very best of all our differences.”

Williams went on to tell his story which was very relatable to many Service Members and civilians in the audience. He spoke about carrying the hopes and dreams of generations of people to come, as he went on to pursue his degree and enter the Army.

“Part of my story is very similar to yours; it’s an American story,” said Williams, a native of West Palm Beach, Florida. “This is one of few countries in the world where a grandson of a sharecropper from Cairo, Georgia, can become a two-star general in the United States Army; and where the son of a single mother, of modest means, can become the President of the United States.”

The observance concluded with Capt. Dendre Wright, assigned to 49th MCB, singing “A change is gonna come”.

“The biggest takeaway from this observance is achievement in general; no matter the color of your skin everyone has contributed to the success of our society,” said Howard. “The color of one’s skin has not stopped people from achieving and becoming successful to positively impact lives around them.”

“Our diversity is and continues to be our strength...harness the very best of all our differences”
-MG Darrell K. Williams

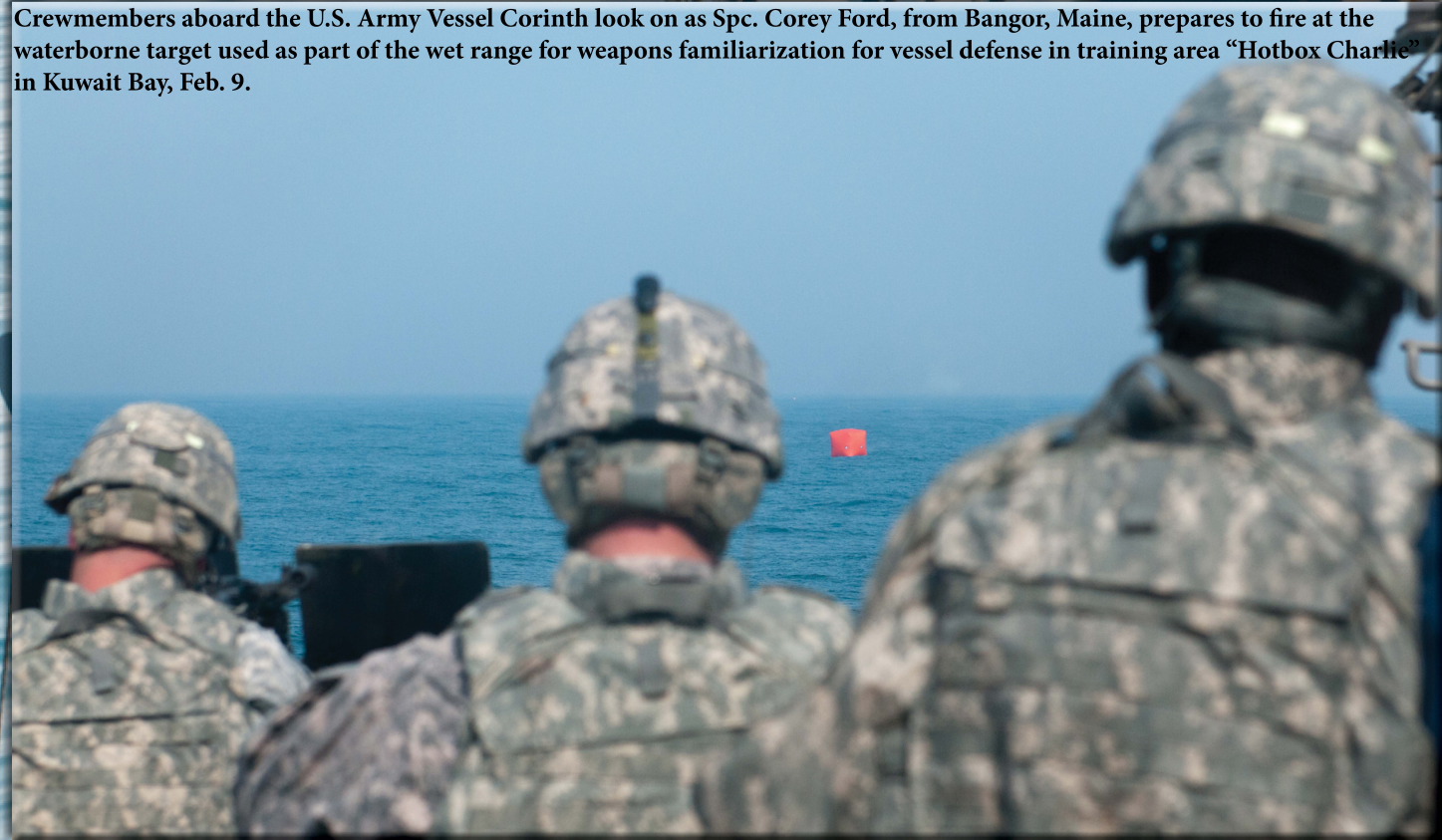


Sgt. 1st Class George Ellyson, assigned to 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, and Pvt. Joel Harrison, assigned to 21st Inland Cargo Transfer Company, 529th CSSB, play some blues music to celebrate a century of Black Life History and Culture at the Black History Month Observance hosted by 1st Sustainment Command (Theater) at Camp Arifjan, Kuwait, Feb. 28.

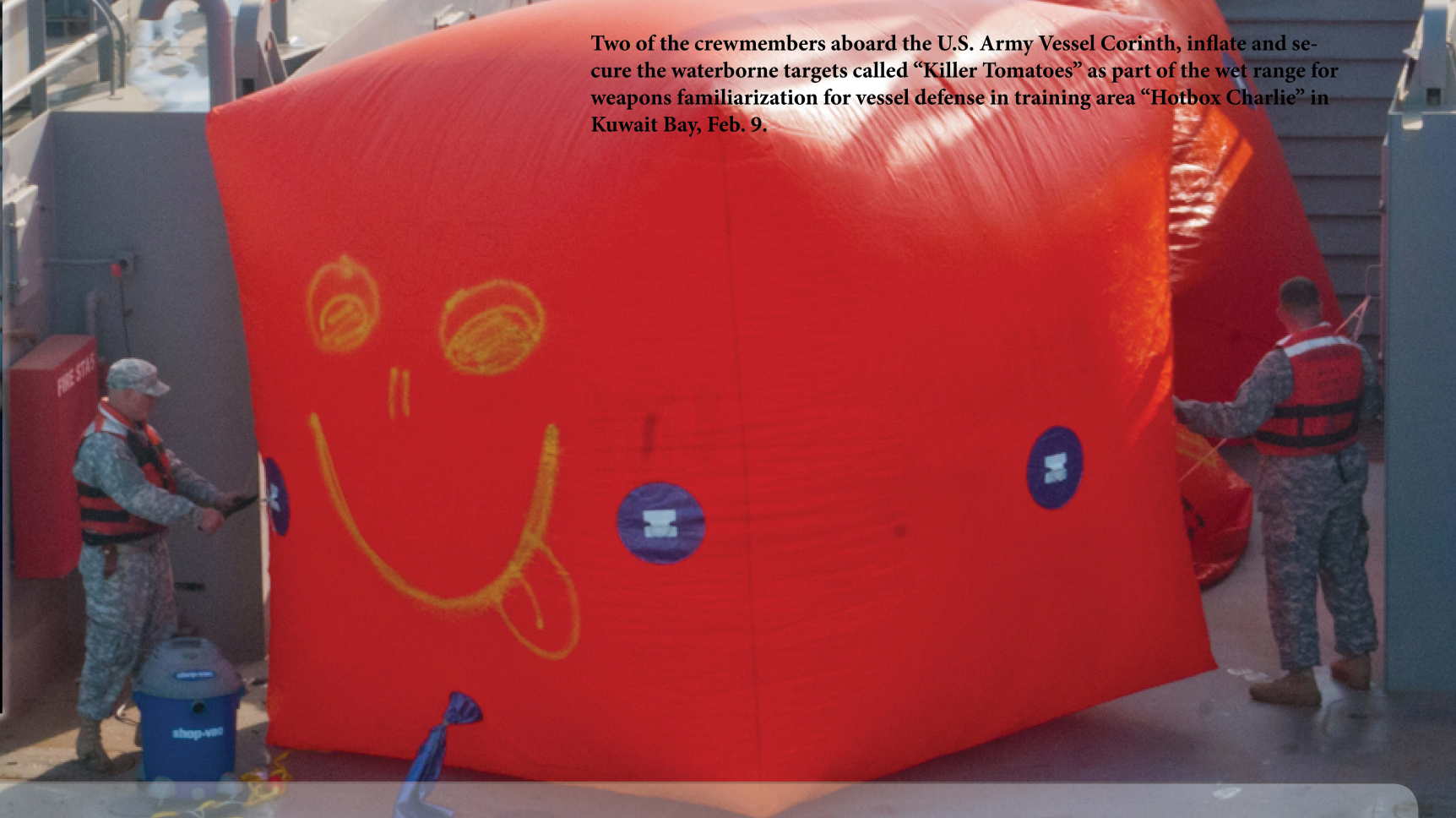


Not your average transporter

Crewmembers aboard the U.S. Army Vessel Corinth look on as Spc. Corey Ford, from Bangor, Maine, prepares to fire at the waterborne target used as part of the wet range for weapons familiarization for vessel defense in training area “Hotbox Charlie” in Kuwait Bay, Feb. 9.



Two of the crewmembers aboard the U.S. Army Vessel Corinth, inflate and secure the waterborne targets called “Killer Tomatoes” as part of the wet range for weapons familiarization for vessel defense in training area “Hotbox Charlie” in Kuwait Bay, Feb. 9.



By Staff Sgt. Gene Arnold
13th Sustainment Command

Early morning haze covers the aqua colored waters of the Persian Gulf, like a soft fluffy comforter, as the Landing Craft Utility 2016 “Corinth” prepared to go underway in order to conduct a waterborne weapons familiarization range about 15 miles off the coast of Kuwait in “Hotbox Charlie,” Feb. 9 near Kuwait Naval Base.

“Today’s focus and overall purpose is for weapons familiarization, as we get underway on various missions we need to be on top of our game and be on point,” said Spc. Corey Ford, a watercraft operator assigned to 97th Transportation Detachment, 3rd Sustainment Bri-

gade.

“It doesn’t matter if you’re [quick reaction force] downrange, the same goes for us. We need to make sure that our response time and familiarization of our weapons systems are on point for vessel defense,” he added.

A small crew of almost 20 Soldiers, assigned to the 97th Transportation Company, from Joint Base Langley-Eustis, Virginia, containing watercraft engineers and operators, received the opportunity to fire various weapons systems from its onboard armory. This would allow them to gain an understanding of how important it is to

time, aim and fire while the vessel is in motion in order to protect the vessel and its cargo against potential threats at sea.

“The wet range allows us to employ our weapons systems in the area in which we operate,” said Staff Sgt. Timothy Underwood, watercraft operator second mate assigned to 97th TD. “We’ll sail to a safe location, deploy some targets that will float on the surface of the water, where we will fire from our defensive positions on the boat and engage them with our shoulder fired weapons; M16A2, 9 millimeter, shotguns; all the weapons we will use on the boat to defend ourselves.”

On the main deck, protected in bright orange floatation vests, Soldiers inflate amber colored nine foot self-sealing cube targets called “Killer Tomatoes,” which will be released at sea. Some have funny faces; others are painted with make-shift mortar teams or signed with love from the LCU-2016.

“Let the range NCO know that we are ten miles inside the box,” said Chief Warrant Officer 2 Jason Milligan, the vessel master.

Rising and falling to the motion in the sea, the “Killer Tomatoes” are released and provide a bright hue against the greenish blue water and the dusty white horizon. The

engines were stalled, and everyone is required to wear their eye protection, Kevlar body armor and gloves, because the range was designated as hot, which means they are allowed to fire at the targets.

Safety is paramount on the vessel; all teams must enter and exit through the bridge for accountability purposes.

Once the training area has been reached security sweeps were conducted visually, radial and radio securte [nautical term for secure] calls were made every 30 minutes. Due to the fact that it’s a water-

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borne range, safety precautions must be put in place to make sure other vessels in the area do not enter the firing areas.

“It’s a maritime requirement that we broadcast, our position, what our intent is, where the mission will be happening and for any vessels that have questions to contact us and all other vessels to stay clear of the area,” said Underwood. “We will broadcast those security calls religiously until out of the area.”

“Securte, securte, securte, this is the U.S. Army vessel Corinth and will be conducting a live fire exercise,” said Underwood as he conducted a security transmission. “All vessels are instructed to remain clear of the exercise area.”

Out on the second deck port,

starboard and aft, weapons stations were prepared for engagement and Soldiers awaited the approval of the vessel master.

The Soldier behind the weapon was told to move the selector switch from safe and fire. Thuds and white timed splashes were seen and heard in the distance as the 240B machine gun engaged the “Killer Tomatoes.”

“The dynamics of firing a weapon onboard a vessel are completely different than firing them at a regular range,” Ford said.

“When we’re in garrison, we will conduct the standard M16A2 ranges like every other unit and a crew served weapons range,” said Ford. “This range was special due to the fact we were able to employ all weapons systems we would under- way.”

For more than four hours, multiple weapons systems were used as the instability of the ocean caused the vessel to rock and roll.

The waterborne range is described as firing your qualified weapon at a stationary target while inside of an Abrams tank going 30 miles per hour. It proved to be difficult at first, but the firers were able to adjust and place rounds on target in a timely manner from multiple stations onboard the watercraft.

The Corinth is a prepositioned vessel that provides maritime logistical support for combatant commanders to move supplies from sea to shore. It is named after the battle at Corinth, Mississippi during the Civil War.



Sgt. Douglas Henry, from Strausburg, Pennsylvania, a watercraft operator aboard the U.S. Army Vessel Corinth, holds the M240B machine gun steady as rounds are loaded in preparation to fire as a part of wet range for weapons familiarization for vessel defense in training area “Hotbox Charlie” in Kuwait Bay, Feb. 9

5Ks no match for Intel section

By Maj. Kurt Muniz
3rd Sustainment Brigade

Over the last seven months the S2 section, of the 3rd Sustainment Brigade has completed over 15 five-kilometer races, two half marathons and multiple Morale Welfare and Recreation (MWR) and United Service Organizations (USO) sponsored athletic competitions. The Brigade S2 section, which is the intelligence operation cell of the brigade, is one of the few sections that have completed all of these events as a team. This has built great morale, esprit de corps and ensured the health of the team.

Capt. Torshal Cook has been one of the main driving forces in the section completing the events as a team.

“If you work together, you survive together and it boosts the integrity and morale of our section,” said Cook. “I pushed for us to do the 5K’s because it’s a little over three miles and it’s a way to help built our strength and endurance for the two mile run in the PT test.”

The 5K races on Camp Arifjan are primarily hosted by MWR, but some are hosted by other organizations. They are intended to improve Soldiers morale on the base while allowing them to have an outlet to work out with friends in a fun environment. At the end of each 5K, t-shirts are given out, allowing Soldiers to have a tangible item signifying their completion of the race.

Members of the S2 section have received multiple t-shirts, and have made it a tradition to take team pictures after each race. The 5Ks vary in themes, from celebrating various holidays, to bringing awareness to a topic.

“The 5ks have gotten me more used to running, and I enjoy it a lot more than I did before,” said Pfc. Ryan Orton. “My favorite so far was the Mudder Mayhem 5K, because who doesn’t like to get challenged in the mud?”

The team has gone further to run various half marathons hosted on Camp Arifjan, each one being thirteen miles in length, with a little more than a month in-between the big races.

Overall, the races have helped the S2 section to not only come together as a team, but have helped their health tremendously.

“We placed third in the Spiritual Fitness Olympics, it was fun competition,” said Cook. “We are getting ready

to do the Arifjan Duathlon, and the Credit Union 10 Mile Run.”

The Arifjan Duathlon is a 5K foot race, followed by a 20K bike race, and finishing with another 5K foot race. Members of the section have seen up to three minutes drop from their two mile run time on the Army Physical Fitness Test, as well as some members dropping as much as twenty pounds in body overall body weight. The improvements to health have been recorded in the pictures the section has taken together through the months. They plan to continue to run all the 5Ks, and other physical training events, that Camp Arifjan have to offer, as a team.



Above: The 3rd Sustainment Brigade S2 section: Maj. Kurt Muniz, Capt. Torshal Cook, Pfc. Ryan Orton and Spc. Robert Smith after running the resiliency 5K run at Camp Arifjan, Kuwait, March 28.

Below: Pfc. Ryan Orton in red, leads the pack of fellow 3rd Sustainment Brigade Soldiers at the mudder mayhem at Camp Arifjan, Kuwait, March 14.



LSV-6 refines skills with drills



Fire team one consisting of Spc. Nathaniel Mayo, Spc. Matthew Green, Spc. Tyler Caron, Sgt. Raynard Peralta and Spc. Israel Maleck practice switching positions on the fire hose while maintaining aim on the target during a fire drill at sea, March 11. All crew members are assigned to 355th Transportation Detachment aboard Logistic Support Vessel -6, "Spc. James A. Loux."



Sgt. Raynard Peralta, a watercraft operator aboard Logistic Support Vessel -6, "Spc. James A. Loux," zips up his water immersion suit during a drill at sea, March 11. The crew continues to practice their drills often so they can be prepared for whatever comes their way while out at sea. The crew is currently assigned to 3rd Sustainment Brigade, but native of Ft. Eustis, Virginia.

By Spc. Rochelle Prince-Krueger
3rd Sustainment Brigade

There's an old saying that says "practice makes perfect." And in most cases, one must continue to practice to stay proficient at something. The Army practices many things from ceremonies to battle drills, so the Soldiers know what they need to do at a certain moment in time.

"The more you practice and train on various drills aboard a ship the more natural it will come if or when there is an emergency," said Sgt. Douglas Crousore, the boatswain assigned to 335th Transportation Detachment, 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade. "You have muscle memory from the prior training and you will be able to do what

is needed to take care of the situation if it occurs."

Soldiers aboard the Logistic Support Vessel -6, the "Specialist James Loux," continue every day to refine their skills by practicing various drills. On March 11, LSV-6 went underway for a day, leaving the Kuwait Naval Base to conduct some drills out at sea.

"I have seen lots of improvement since I got here in January," said Chief Warrant Officer 2 Derrick Swetnam, the first mate of LSV-6, which is like the executive officer of a company "We have a very practiced and professional group of Soldiers on our crew."

Not every Soldier has been raised on a boat since the beginning of their career in the Army. Some like the cooks or medical personnel have never stepped on an Army vessel until they received orders to the vessel.

Once they are on the ship, the other crew members ensure they learn the drills and are as proficient as anyone else aboard the vessel.

"It all comes down to training and experience," said Swetnam, who as the first mate oversees all day to day operations. "We know what we need out of our crew members in order to maximize the safety and operation of the vessel, and we do just that."

The first drill that the crew executed was called abandon ship. In this drill, they had to put on water immersion suits and grab specific survival gear and supplies as if they needed to leave the vessel.

"We all have different roles for every drill," said Spc. Stephen Fitzwater, a watercraft engineer for "Spc. James Loux,"

"I have to grab drinking water and then put my immersion suit on."

"One of the biggest emphases with abandon ship is to get accountability of all personnel as fast as possible," said Swetnam, who as the first mate also is in charge of the health, welfare and motivation of the Soldiers. "Time wise, and we are right where we need to be for accountability and getting the immersion suits on quickly."

Shortly after everyone put their immersion suits away and went back to their daily duties a fire alarm sounded and the crew once again went into action.

Crousore said history shows that fires sink more vessels at sea than any other emergency.

"As a crew we all realize that when we are at sea, it is just us; there is no calling the fire department," said Fitzwater. "Many of us have encountered fires aboard ships



Sgt. Douglas Crousore, the boatswain of Logistic Support Vessel -6, "Spc. James A. Loux," gets ammunition out of the locked hold during a battle station drill at sea, March 11. Crousore is part of the quick reaction force; once he gets his ammo he gets his battle gear on and goes to his respective spot.



Chief Warrant Officer 2 Derrick Swetnam speaks into his radio during a battle station drill at sea, March 11. Swetnam is the first mate aboard Logistic Support Vessel -6, "Spc. James A. Loux," where some of his duties entail ensuring the Soldiers are trained to standard for all drills they could encounter while aboard the vessel.



Two members from fire team two ensure the water hose works up on the upper deck railing during a fire drill at sea March 11.

before, that is why we all take the drills very seriously."

Just as Fitzwater said before, all the crew members have different roles for different drills - with the fire drill there are different teams, one who will fight the fire while another gets the equipment ready. The last drill of the day was battle station drill. This is a drill where Soldiers will don their "battle rattle," or vest and Kevlar to man a station with a weapon.

"We practice on defending our vessel, we don't look to attack just defend," said Swetnam. "The main concern we have when out at sea is pirates. We follow our escalation of force and we usually don't have any issues."

Escalation of force is the steps of non-lethal capabilities that enable the ship to control a situation.

The crew of LSV-6 has hit its half way point through their deployment but is continuing to perfect their skills with all of the drills so if or when an emergency comes, they will know exactly how to handle it.



Living the ARMY VALUES through competition



ABOVE: Spc. Robert Smith gets the baton hand off from Spc. Charles Wendt, both assigned to Headquarters and Headquarters Company, 3rd Sustainment Brigade, who are on the same team competing at the Spiritual Fitness day at Camp Arifjan, Kuwait, March 12. The day was part of 1st Sustainment Command (Theater)'s Living the Army Values week.

BELOW: Team "Trey-Duce," comprised of Soldiers assigned to 32nd Composite Truck Company, 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, run one of their teammates to the finish line while competing in the Provider Spiritual Fitness Day at Camp Arifjan, Kuwait, March 12.



By Spc. Rochelle Prince-Krueger
3rd Sustainment Brigade

Soldiers assigned to the 3rd Sustainment Brigade participated in Living the Army Values Week March 11-13, at Camp Arifjan, Kuwait. The events for the three days consisted of a fun run, leadership bowl, prayer/values breakfast, unit values day and awards ceremony.

The events planned were not to teach the Army values, but to reinforce and emphasize the importance of living the values personally and professionally.

Staff Sgt. Tamara Smith, the chaplain assistant assigned to 3rd Sustainment Brigade was the creator behind the Provider Spiritual Fitness Olympics which was part of the unit values day.

"I wanted to find a way to bring spiritual resiliency and comrad-

ery together," said Smith. "Healthy competitions raises morale and it also gives people a reason to be hopeful and gives them a break from their normal work duties."

Teams of six partook in seven events. The events were 6 by 200 meter relay, three-point shootout, dodgeball, litter carry, water balloon toss, tug-o-war, and one 2 minute round of Taboo.

Before each event started Spc. Brian Beck, the chaplain assistant assigned to 49th Movement Control Battalion, 3rd Sustainment Brigade, read an Army value and how it could be applied to the upcoming event and personally, along with a scripture or inspirational quote.

"I never really realized how the Army values can play a huge role in your life spiritually," said Pfc. Shaniqua Robinson, assigned to 32th Composite Truck Company, 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade. "I think it was a great reference to point out other than typical book definitions we normally get."

Capt. Dendre Wright, commander of Headquarter and Headquarters Detachment, 49th MCB, agrees with Robinson.

"I've never compared the Army values to scriptures before, and that was very eye opening how relatable they are," said Wright, who is actively involved in church events in Kuwait. "The Spiritual Fitness Olympics was great because it brought our battalion together; we had five teams participating."

There were a total of 14 teams that competed for the championship trophy.

"The day wasn't completely about



The "Myron's Miners," comprised of Soldiers assigned to 49th Movement Control Team, 3rd Sustainment Brigade, toss a water balloon to one another in the Provider Spiritual Fitness Day at Camp Arifjan, Kuwait, March 12.

winning," said Capt. Tyler Tavares, part of the first place team "The Pineapples" assigned to Special Troops Battalion, 3rd Sustainment Brigade. "It was a time where we got to get out of the office and interacted with all the Soldiers for some healthy competition, with the Army values reinforced."

Whether it is loyalty, duty, respect, selfless service, honor, integrity, personal courage, every Soldier has his or her favorite for one reason or another. From the moment they step foot at basic training, these values are engrained in the lives of the Soldiers; they are expected to live by them throughout their career.

"The Army represents America, it is a melting pot of cultures, societies, and religions," said Wright, a member of Myron's Miners. "We use the Army values to get all on the same level of expectation for our military career."



Team "Pineapples," comprised of Soldiers assigned to Special Troops Battalion, 3rd Sustainment Brigade, pull to win the tug-o-war match in the Provider Spiritual Fitness Day at Camp Arifjan, Kuwait, March 12. The "Pineapples" went on to win the entire day and received a first place trophy.

Providers bid farewell to 'Cavaliers,' welcome 'Pacesetters'

By Spc. Rochelle Prince-Krueger
3rd Sustainment Brigade

Virginia National Guard Soldiers with the 529th Combat Sustainment Support Battalion watched as their unit colors were cased, April 14, signifying the completion of their deployment and the beginning of their homeward journey to Virginia Beach, Virginia. A transfer of authority ceremony at Camp Buehring, Kuwait, was held to bid farewell to the 'Cavaliers' and welcome the 'Pacesetters' of 541st Combat Sustainment Support Battalion.

"The 529th lived up to its motto,

'Slay the Beast,' by serving as the only CSSB in Kuwait for the past nine months," said Col. Tony Coston, commander of the 3rd Sustainment Brigade. "They have quadrupled the sustainment capabilities of the battalion over their deployment."

The command team of the 'Cavaliers' are Lt. Col. Michael Waterman, and Command Sgt. Maj. Timothy White. They have spearheaded more than 300 transportation missions, processed material release orders valued at \$450 million, and delivered multiple successful airdrop missions including over 1000 bundles of humanitarian aid in Iraq just

to name a few accomplishments. They went from having three subordinate units to nine, and then added five watercraft units to their ranks to make a total of 14 subordinate units currently serving under them.

"Adding the watercraft units wasn't without some significant growing pains," said Waterman, who wasn't sure what to expect with the Army watercrafts having never been around them. "They have made us a better unit and it's been an honor to command a great group of Soldiers."

"We view the Army Watercraft units and capabilities as another form of distribution," said Coston.

"In just a couple months the 529th got all four vessels fully mission capable and delivered numerous of classes of supply throughout the Central Command area of responsibility."

The 'Cavaliers' initiated their deployment at Camp Arifjan, Kuwait, but expanded it to over ten locations in five countries, supporting five different operations simultaneously, while moving its headquarters to Camp Buehring, Kuwait.

"I would have to say our overall theme for this deployment is change in relation to our growth," said Waterman, a native of Mediapolis,

Iowa, but currently resides in Virginia Beach, Virginia. "I am aware that nothing can get done without the Soldiers who make it all happen."

"To the truck drivers that ran convoys every day, to the mechanics who labored in the heat and cold to keep things running, to the Soldier-Mariners who spend weeks at a time at sea, to the riggers who jump up and make it happen with no notice, and to the Quartermasters who are training for a larger mission- words can never describe the level of gratitude I have for each of you," he added.

The 541st CSSB is commanded by Lt. Col. Ron Anderson, and Command Sgt. Maj. Thomas Tricker, hail from Fort Riley, Kansas.

"It was clear that months ago Lt. Col Anderson and Command Sgt. Maj. Tricker would come in ready to go," said Waterman. "You will all excel and build upon what we've started and make it even better."

"The 541st are spot on their focus on providing sustainment, acting as professionals, caring for each other, and expanding partner capacity (PACE)" said Coston. "Your mission will be a complete success."



U.S. Army Lt. Col. Michael Waterman, left, and Command Sgt. Maj. Timothy White, the command team of the 529th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, Virginia National Guard, case their unit guide-on, during a ceremony at Camp Buehring, Kuwait, April 14, 2015. The 529th Combat Sustainment Support Battalion relinquished authority of operations to the 541st Combat Sustainment Support Battalion, from Fort Riley, Kan., after they completed their nine-month mission.



U.S. Army Lt. Col. Ron Anderson, left, and Command Sgt. Maj. Thomas Tricker, the command team of the 541st Combat Sustainment Support Battalion, 3rd Sustainment Brigade, Virginia National Guard, uncased their unit guide-on, during a ceremony at Camp Buehring, Kuwait, April 14, 2015. The 541st Combat Sustainment Support Battalion took authority of operations from the 529th Combat Sustainment Support Battalion, Virginia National Guard, after they completed their 9-month mission.

ILLINOIS ARMY RESERVE TAKES REIGNS OF THEATER MOVEMENT OPERATIONS

By Spc. Rochelle Prince-Krueger
3rd Sustainment Brigade

As one chapter comes to a close, so must another begin. For Soldiers with the 49th Movement Control Battalion, out of Fort Hood, Texas, their nine month deployment to Afghanistan and Kuwait concluded April 15, as movement operations transitioned to a new team who will continue to scribe the transportation story in the Middle East.

In a transfer of authority ceremo-

ny, the 419th Movement Control Battalion, U.S. Army Reserve- Bartonville, Illinois, officially assumed the theater movement control mission as their unit colors unfolded at Camp Arifjan and the 49th MCB's were cased.

"We are humbled and grateful for the warm reception and execution of the relief in place," said Lt. Col. Keith Barta, who leads 419th MCB with Command Sgt. Maj. Darren Dwyer. "We are looking forward to performing to the upmost of our abilities managing theater transpor-

tation."

The 419th MCB command team replaces Lt. Col. Myron Bell and Command Sgt. Maj. Juan Diaz De Leon, who left Fort Hood, Texas, in July 2014 to go to Bagram, Afghanistan.

"We completed over 500 flights moving more than 6,100 passengers and 33,500 pounds of cargo throughout Afghanistan," said Bell, who hails from Wichita, Kansas. "Additionally, we facilitated movement of 61700 pounds of mail and processed almost 8,000 National

Afghan Trucking contracted movement requests."

About half way through their deployment, their team was re-missioned to Kuwait to continue their efforts with theater-level movement control operations.

"Most recently, we managed the \$19 million ground transportation contract in Kuwait," added Bell. "We helped to re-establish the ground line of communication between Kuwait and Iraq at the Khabari crossing."

Col. Tony Coston, commander of

the 3rd Sustainment Brigade, presided over the ceremony.

"The 49th MCB has partnered with 1st Sustainment Command (Theater), the Surface Deployment and Distribution Command, Theater Gateway, Kuwait Ministry of Interior, and all 6 Regional Commands in Afghanistan," said Coston.

"The transportation corps has a motto - 'Nothing happens until something moves', in the Central Command- nothing happens and nothing moves without the 49th."

"We take pride in knowing that

we've answered our Nation's call with honor, integrity and great distinction," said Bell. "It is now 419th's turn to continue the transportation legacy."

Though, the 419th MCB hails from Illinois, it is comprised of Soldiers throughout the Midwest, including Iowa, Minnesota, Michigan and Wisconsin. They left their homes in February to mobilize at Fort Hood, Texas. They will be assisting in Operation Inherent Resolve, Operation Resolute Support and Operation Spartan Shield.



U.S. Army Lt. Col. Myron Bell, left, and Command Sgt. Maj. Juan Diaz de Leon, the command team of the 49th Movement Control Battalion, 3rd Sustainment Brigade, case their unit guide-on, during a ceremony at Camp Arifjan, Kuwait, April 15, 2015. 49th Movement Control Battalion relinquished authority of operations to the 419th Movement Control Battalion, U.S. Army Reserves- Bartonville, Ill., after they completed their nine-month mission in Afghanistan and Kuwait.



U.S. Army Lt. Col. Keith Barta, left, and Command Sgt. Maj. Darren Dwyer, the command team of the 419th Movement Control Battalion, U.S. Army Reserves- Bartonville, Ill., 3rd Sustainment Brigade, uncase their unit guide-on, during a ceremony at Camp Arifjan, Kuwait, April 15, 2015. The 419th Movement Control Battalion took control of theater movement operations from the 49th Movement Control Battalion, after they completed their nine-month mission in Afghanistan and Kuwait.

Providers farewell 482nd THOD



welcome 393rd THOD



TOP: Chief warrant officer 2 Joseph Reid and Chief Warrant Officer 2 David Casbarra, command team of 492nd Transportation Harbor Operations Detachment prepare to case their colors after a nine month deployment at Kuwait Naval Base, Kuwait, Feb. 7.
BOTTOM: Chief Warrant Officer 3 Ian Stewart and Sgt. 1st Class Kinion Smart, command team of 393rd Transportation Harbor Operations Detachment, uncase their colors to assume the mission at Kuwait Naval Base, Kuwait, Feb. 7. (U.S. Army photos by Staff Sgt. Tanjie Patterson)

Providers farewell 111th QM



welcome 54th QM



TOP: 1st Lt. Adam Harris and Sgt. 1st. Class Shellie Calhoun, command team of 111th Quartermaster Company prepare to case their colors to wrap up their deployment at Camp Arifjan, Kuwait, Feb. 24.
BOTTOM: 1st Lt. Brandon Grifford and Sgt. 1st Class Steven Lanning, command team of 54th Quartermaster Company unravel their colors to take authority of their mission with mortuary affairs based at Camp Arifjan, Feb. 24. (U.S. Army photos by Staff Sgt. Tanjie Patterson)

Providers farewell 52nd Theater Gateway



welcome 814th Theater Gateway



TOP: Maj. Adam Willcoxon, and Master Sgt. James Dzieciolowski, directors of the Theater Gateway at Camp Arifjan, Kuwait furrl their colors to relinquish their authority after a nine month deployment, March 14.
BOTTOM: Lt. Col. Belinda Desaussure and Sgt. Maj. Thomas Wilkerson, unfurrl their colors to assume responsibility at the Theater Gateway March 14. (U.S. Army photos by Staff Sgt. Tanjie Patterson)

And the Award goes to...

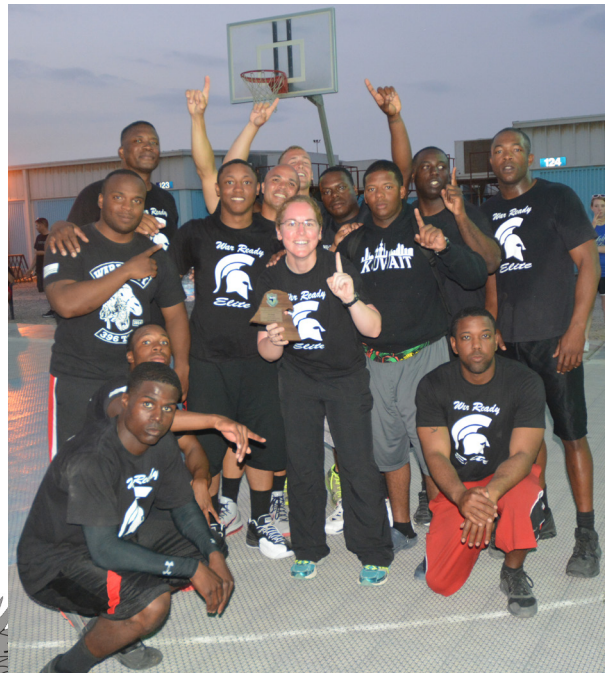
The following companies have completed thier tour and recieved their end of tour awards:

- 1/510th Human Resources Detachment
- 111th Quartermaster Company
- 210th Financial Management Support Unit
- 52nd Theater Gateway
- 3/18th Human Resources Detachment
- B/82nd Financial Management Support Detachment
- 11th Quartermaster Detachment
- 111th Quartermaster Company
- 482nd Transportation Harbor Operations Detachment
- 529th Combat Sustainment Support Battalion
- 49th Movement Control Battalion
- 396th Transportation Company

PROVIDERS STAY FIT



AROUND THE CSSB



The 529th/541st Combat Sustainment Support Battalion, provides logistical sustainment and support to troops in the following countries: Kuwait, Qatar, Iraq, and At Sea.



AROUND THE MCB



The 49th Movement Control Battalion, based out of Ft. Hood, Texas, turned over its theater movement control operations to 419th Movement Control Battalion, U.S. Army Reserve-Bartonville, Ill.



AROUND THE STB



The Special Troops Battalion, of 3rd Sustainment Brigade provides Human Resources, financial management and U.S. Customs support in the following countries: Kuwait, Qatar, Iraq, Oman, Jordan, United Arab Emirates and Afghanistan.

SOLDIERIA



Sgt. Markevous Humphrey and Pfc. Ashley Meadows, both with 32nd Composite Truck Company, 529th Combat Support Sustainment Battalion, 3rd Sustainment Brigade, received the Army Commendation Medal Feb. 27, at Camp Arifjan, Kuwait., for their exceptionally meritorious achievement for being selected the 3SB NCO and Soldier of the year for 2014. They will be competing in 1TSC's Best Warrior competition.

COURSE COMPLETION



Two Provider Soldiers, Spc. Alahnna Linton and Spc. Patrick Lacher, both healthcare specialist pinned on their Expert Field Medical Badge during a graduation ceremony February 9, at Camp Buehring, Kuwait. The badge is intended to recognize medical Soldiers who attain a high degree of professional skill and proficiency as a field medic. The course was 12 days long and included a written test, 12 mile ruck march, day and night land navigation courses and testing lanes which included emergency medical treatment, evacuation of sick and wounded and cardiopulmonary resuscitation to name a few.



15 Provider Soldiers graduated the Warrior Leader Course during an official ceremony March 10, at Camp Buehring, Kuwait. WLC is the first professional development course for noncommissioned officers, which emphasizes leadership skills and teaches newly promoted/soon to be NCOs the basic skills to lead Soldiers. The Following 3rd Sustainment Brigade Soldiers graduated: Sgt. Adam Dowell*, Spc. Tiffany Brooks*, Spc. Zephira Arnold, Sgt. Quinton Stith, Sgt. Hank Cooper, Sgt. Marvin Goodman, Sgt. Charles Mckeown, Sgt. Christina Quijano, Sgt. Adam Erlewiein, Sgt. Steven Hernandez, Sgt. Tasheila Jones, Spc. Kyle Orkin, Sgt. Carlos Rodriguez, Sgt. Eliasar Gonzalez, Sgt. Jesse Wood. *denotes Commandant's list.

SUPPORT LIGHT





Over The

HUMP!
CAMP ARIFJAN
2015



Soldiers with the 252nd Military Police Company and Headquarters and Headquarters Company, both with Special Troops Battalion, 3rd Sustainment Brigade, participated in beach clean-up community service Mar. 15, at Kuwait Naval Base, Kuwait. The beach clean-up was conducted in order to help build partnerships with the Kuwait Naval Forces and to thank them for their hospitality in hosting U.S. Forces at their base. (U.S. Army Photo by 1st Lt. Patrick A. Clark, 3rd Sustainment Brigade)

By 1st Lt. Patrick Clark
3rd Sustainment Brigade

Shirty Three Soldiers with 252nd Military Police Company, an Army National Guard Unit out of Tennessee, along with Headquarters and Headquarters Company, both assigned to Special Troops Battalion, 3rd Sustainment Brigade, spent a sunny and cool Sunday afternoon at the beach Mar. 15. However, instead of beach towels and sunscreen, these soldiers had garbage bags and rubber gloves on hand as they participated in a community service event arranged by the 252nd MP Co. The event consisted of beach and pier clean-up along the main stretch of beach at Kuwait Naval Base (KNB) in Kuwait.

In just three hours of work, the soldiers collected over 40 bags of trash along the beach resulting in five truckloads of waste. The trash and waste collected ranged from small; water bottles, to large; a discarded fiberglass fishing boat.

Sgt. 1st Class David Dillivan, platoon sergeant and 1st Lt. Gregory Bishop, platoon leader for the Customs platoon of the 252nd, came up with the idea in early December after noticing the large amount of litter and waste along what would normally be considered beautiful beachfront. The MP Co., wanting to build relations with the Kuwait Naval Forces (KNF) and civilian population located at KNB as well as the environmental impact drove the platoon to organize and execute the event.

“My hopes were that this effort will help win the hearts and minds of the local government and community by showing how much the 252nd MP Co., together with HHC appreciates the hospitality of KNF,” said Bishop.

Coming up with the plan and getting permission from the KNF to hold an organized event on their beaches took some time but Brig. Gen. Khalid A. Abdullah, KNF Director of Operations at KNB, agreed to allow it knowing how beneficial it would be

in maintaining and building relationships between U.S. forces and Kuwaiti military personnel on his base.

After approval the 252nd decided to hold the event to coincide with the 1st Theater Sustainment Command (Expeditionary) Army Values Week. Using Selfless Service as their watchword for the event, they were able to make a positive impact in their host nation as well as sharing with their Kuwaiti counterparts the importance of community service.

“What a great event we completed today. Not only was it a team effort, with 252nd and HHC involvement,” said Capt. Christopher Martinson, commander of the 252nd MP Co. “But we also strengthened our relationship with the KNF. I was proud to be a part of such a worthwhile effort, and look forward to continuing to build upon what we started here today.”

The 252nd hopes to continue this event monthly till they leave Theater. The next scheduled clean-up date is set for Sunday, April 19. For more information or to volunteer to assist the 252nd in their efforts contact 1st Lt. Bishop at gregory.d.bishop.mil@mail.mil.



1st Lt. Gregory Bishop assigned to 252nd Military Police Company, Special Troops Battalion, 3rd Sustainment Brigade, picks through half dried seaweed to get as much trash removed from the beach at Kuwait Naval Base, Kuwait Mar. 15. The beach clean-up was conducted in order to help build partnerships with the Kuwait Naval Forces and to thank them for their hospitality in hosting U.S. Forces at their base. (U.S. Army Photo by 1st Lt. Patrick A. Clark, 3rd Sustainment Brigade)



RETENTION CORNER

How often do you think about your dreams, goals and future? Having a plan can assist with paving your way to success. The Army Retention Program is designed to assist Soldiers and Families with defining and achieving the goals they set for themselves. The Retention Program has four goals: (1) Retain quality Soldiers on a long-term basis (2) Enlist or transfer qualified Soldiers from the Active Component to the Reserve Component (3) Achieve and maintain force alignment through retention transfer or enlistment of Soldiers in critical fields and locations (4) Adequately support Special Programs such as Officer Candidate School (OCS), Reserve Officers Training Corps (ROTC) and Warrant Officer Candidate School (WOCS).

The Army continues to maintain readiness, manage talent, and keep the Army strong as we work to meet the congressionally mandated end-strength by FY17. The Retention Program has witnessed numerous changes, and those changes are due to the Army Force-Shaping plan. As we prepare our Army for the future, Soldiers must remain actively engaged in their careers. The Retention team offers a myriad of services to assist Soldiers with achieving their ultimate Army goals. Stop by the “Provider” Retention Office today to plan your future!

**“Stay Provider Strong”
-MSG Martonio Patterson**



SHARP TEAM

3rd Sustainment Brigade



If you become the victim of a sexual assault, you are not alone. There are Soldiers out there that can help you in your time of need and choices you can make to put you back in control of your life. Help is only a phone call away. You are STRONG.



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www.preventsexualassault.army.mil
Military OneSource • 1-800-342-9647

Sgt. 1st. Class Aaron Cook and Staff Sgt. Gwendolyn Smith are excited to announce their arrival as the 3rd Sustainment Brigade's SHARP team.

As new staff we have a new vision and a new slogan. We have been in our positions for two months---have been prominent in this transitory process. We've adopted the Sergeant Major of the Army Daniel Dailey's slogan "Not in My Squad!" concept to prevent sexual assault.

We encourage all 3SB sections, squads, and teams at all levels to apply the "Not in My Squad!" concept in their daily operations. We believe leaders at the lowest level have the greatest influence and ability to help ensure the safety of their Soldiers. Moreover, it is the responsibility of these leaders to educate their Soldiers on techniques to make them a hard target.

Coming up through the ranks, we learned early in our career how interdependent our squad was. Consequently, Soldiers are going to respond better when they know you care.

3SB leaders—whether sitting in front of a computer screen or navigating from tent to tent while trying not to trip on a declining slope— we challenge you to take care of those around you by ensuring that sexual harassment and assault don't happen in your squad!

