MARCH 2015 VOL 52 ISSUE 3



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COMMANDER'S CORNER:

CG'S FAREWELL TO WARRIORS



INDIANHEAD

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Individuals can submit articles by the following means: email usarmy.redcloud.2-id.list. pao-editorial-submissions@ mail.mil; mail EAID-SPA, 2nd Infantry Division, Unit 15041, APO, AP 96258-5041 Attn: Indianhead; or drop by the office located in Building T-507 on Camp Red Cloud. To arrange for possible coverage of an event, call 732-8856.

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he Army places a high premium on leadership at all levels, from section leaders to the Chief of Staff of the Army. It's a privilege to lead Soldiers, and the responsibilities are enormous, but also tremendously rewarding.

I for one take that responsibility very seriously. In the past two years, I have had the honor of leading the Warrior Division. I have had the opportunity to witness this Division, with its storied legacy and history, grow stronger and develop its readiness and capacity even more as the finest Division in the Army. It has been a privilege to forge close relationships with our ROK Allies as their capabilities expanded and their warfighting skills sharpened to a razor's edge.

History has recorded the many stories of this Division since it was literally established among the trenches in France in 1917. We are all proud to wear the Indian Head patch as we continue to carry on the legacy that you all have added to, and all the other professional Soldiers who have preceded us. From Belleau-Wood to Ramadi, our Division has always heard and heeded our nation's call. It is simply amazing to think that we wear the same patch as so many who have fought and died in defense of freedom and democracy and that we are all a part of the unbroken chain of Soldiers like you, who have worn the historic Indianhead shield for more than fifty consecutive years right here on Freedom's Frontier.

What makes 2nd ID so special is our commitment to readiness and our flexibility. Many of us have spent time away from family and friends in the Middle East and any number of other trouble spots that require US military power. The ROK-US Alliance benefits from that proficiency, because we take those hard lessons learned and apply them to our mission in the defense of the peninsula. This past year has seen the seamless integration of rotational battalions into our formations. Their combat experience and focus on readiness

has demonstrated our commitment to this proud Alliance.

While we could look back on our achievements and feel proud, we always choose to look forward and determine how to improve our battle positions even better. So while our story is well-known, it is still being written. On July 1st of this year, we celebrate 50 years on the peninsula. It's also a moment when we should reflect on our next 50 years. In this context, it's fitting that the first rotational brigade will hail from the 1st Cavalry Division. The 2nd Infantry Division assumed its current role of the defense of the Korean peninsula from the First Team in 1965, and in June they're coming once again, prepared to Fight Tonight.

And our Allies have evolved with us. This month, we commemorate the establishment of the Army's first Combined Division. Capitalizing on the strengths inherent in both the ROK and US Armies, this new structure reinforces an already-powerful Alliance by incorporating the expertise of senior ROK officers into the Division staff and bringing the additional strength of ROK combat forces to its formation. The interoperability gained from the new structure serves as a formidable combat multiplier and provides further deterrence against DPRK belligerence.

The fact that we are able to adapt so well to the current operational environment is due in no small part to what you have done during your time in service to keeping the Korean peninsula secure. The hard work and devotion of Warriors—past, present and future—ensure there is no challenge that we cannot meet together.

As I move on to a new assignment as the USFK CJ3, I cannot overexpress the pride I feel in seeing what we have done together. Your professionalism and perseverance is an inspiration to me and everyone who understands all that this Division has accomplished on the peninsula. Fifty years after 2ID began its long-term presence on the peninsula, South Korea has earned its place as a global power, with one of the most thriving economies in the



Maj. Gen. Thomas S. Vandal

2nd Inf. Div. Commander

world and a vibrant liberal democracy; proving that without security, economic prosperity and good governance cannot survive. The Republic of Korea stands as a beacon of hope for any country oppressed by war and conflict. Each one of you can claim a part of that and know that you contributed to making the world a little bit better.

In closing, if you are a leader, lead. If you are not yet a leader, do the right thing, live our Army Values, and work hard to accomplish your mission; whatever it may be. For all of our Soldiers, I challenge you to ensure your unit is Ready to Fight Tonight, that you contribute in some way to nurturing this proud Alliance, and that you leave Korea with your legacy of positive, motivated teammates that continue to serve here in Korea with distinction. Your nation, this Alliance and the Warrior Division deserve only the best, and that is exactly what we have. You and your families are all truly Second to None!

My wife, Doreen and I would like to thank each of you for your service and sacrifice and we wish you the very best as you continue to serve in the 2nd Infantry Division.

Katchi Kapshida! Second to None!



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INSIDE THE ARMY

Individual Soldiers can raise unit readiness, rather than detract from it

STORY AND PHOTO BY C Todd Lopez
ARNEWS

Recently, Army Chief of Staff Gen. Ray Odierno told Congress only 33 percent of Army brigades are ready to go to war, when the number ought to be closer to 70 percent.

While there is little a Soldier can do about the funding required to ensure his brigade meets unit readiness standards, he can do something to be personally prepared, so when his personal readiness is folded into the larger calculation that tells "Big Army" what units are war-ready and which are not, he is adding to and not subtracting from that number.

"One of the most important aspects of Soldier readiness is individual skills and tasks - making sure they understand the knowledge and skills associated with their skill level and military occupational specialty (MOS)," said Sgt. Maj. of the Army Daniel A. Dailey. "There is also personal readiness - making sure their medical and dental, and all their appointments are taken care of, so our readiness accounts are up to date and we can report readiness at a higher rate."

Dailey said there are many non-deployable Soldiers in today's Army who detract from a unit's readiness. While some of those Soldiers are wounded warriors, a portion of that non-deployable number "is attributed to Soldiers not maintaining personal readiness."

"Every single Soldier's individual readiness is part of a collective effort to get their entire organization at a readiness status that is up to par with them being able to accomplish their wartime mission," he said.

Dailey said that in addition to the personal readiness of individual Soldiers, a unit's total readiness involves such things as small-unit collective training, platoon-level training, platoon live-fire, company training, home-station mission rehearsal exercises, home-station certification exercises, unit/staff exercises, and rotations through a combat training center.

CHANGES TO THE NON-COMMISSIONED OFFICER EVALUATION REPORT

In September, the Army expects to roll out an improved way to evaluate Soldier performance - a new non-commissioned officer evaluation report, also known as NCOER, system that provides a different template for sergeants, staff sergeants through master sergeants, and sergeant majors.

Dailey said the new system more closely matches what Soldiers are evaluated on with what Army doctrine expects of them.

"The new NCOER is fundamentally different than what we have had in the past," Dailey said. "We needed to revise it. It's a system that has been revised throughout history, but doctrinally is incorrect. We had to revise it to meet the current needs of our doctrine."

Dailey said that the leadership attributes spelled out in Army doctrine have changed, and so the evaluation of Soldiers must change to reflect that.

"We need to match the NCOER with the leadership attributes inside of ADP 6-22," Dailey said. "If we are saying in doctrine that things are important, then that is what we should be evaluating our NCOs [non-commissioned officers] on"

The new NCOER also addresses a critical problem with NCO evaluations: rating inflation.

"It's no secret that NCOERs have been overinflated for a long time," Dailey said. "When you look across files of NCOs in the same grade, there is a tendency to see everybody's 'one block' checked all the way down the left side: among the best, among the best, etc."

Right now, Dailey said, the Army may promote, at best, perhaps 20 percent of Soldiers in a particular grade and MOS.

"We can't sustain a fair promotion system when everybody is ranked number one," he said. "Not everybody can get promoted."

To fix the problem, he said, the Army will implement rating profiles for senior raters. The result will be that senior raters will only be allowed to give top ratings to a certain percentage of Soldiers. The Army has already done something similar for officer ratings, Dailey said.

"You can't give everybody a one block, because we are going to track your profile as a senior rater," Dailey said. "For officers, if you break your rater profile, everybody gets a 'two block,' or center of mass. That is something we have instituted, and it has helped greatly with our officer corps. It's a huge culture change for NCOs."

Dailey said one driver of rating inflation is that raters have not done a good enough job of counseling their Soldiers.

"If you haven't told somebody throughout the year that they are not doing a good job, you are less apt to tell them at the end of the year they are not doing a good job when you write their NCOER," he said. "That means you didn't do your job."

Soldier counseling is a critical part of NCO rating, Dailey said. Under the new NCOER system, raters must counsel a Soldier each quarter. Senior raters must counsel the same Soldier at least twice a rating period. For senior raters, this is new.

"The most important thing for a Soldier's performance is the counseling that happens throughout the year," Dailey said. "If there is a negative behavior, or less-than-superior behavior that you want to correct, the way to get at that is by counseling the NCO. Driving that process through the use of consulting sessions with the senior rater is going to help us maintain the appropriate counseling we need between the rater and the ratee."

Dailey said the new NCOER system also allows senior raters to rank a ratee among his peers, "one out of seven," or "five out of seven," for instance. "It gives the board and others an indication of performance based on what their peers are doing."

STAYING IN THE ARMY

The Army is drawing down, reducing Soldiers in the force, and expects to be at 490,000 Soldiers by the end of fiscal year 2015, and at 450,000 by the end of fiscal year 2017.

Dailey said that the Army hopes to achieve much of that force reduction through the adjustment of accessions and retention.

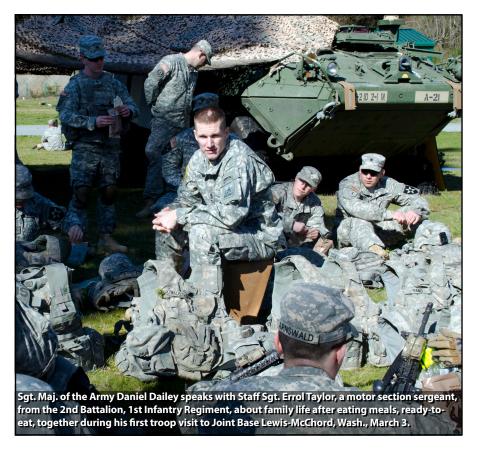
"But traditional accessions and retention will not get it all," Dailey said. "Some Soldiers will be asked to go home."

Deciding who gets to stay and who does not will be a decision based on a Soldier's adherence to standards, Dailey said. The Army will rely on a "standards-based approach" when drawing down its end strength.

Centralized selection boards will review Soldier files to look for performance-based measures "and determine within that MOS and skill level who is most qualified to stay," Dailey said. "That's the most appropriate way to do it, and the one that Soldiers can relate to - and have to accept. There is no other way to do this appropriately."

To stay in the Army, Dailey said, Soldiers must "work hard, do their best every day, invest their time when they go to school and graduate in the top 10 percent. There is plenty of room in the Army for Soldiers who want to stay and serve and be stewards of the profession."

"If we have a Soldier doing everything we ask them to do, working hard every day to represent themselves and the American people, and then there is one who has not done these things -- who is supposed to go?" Dailey asked. "It's an easy pick."



FORCE ON FORCE

STORY AND PHOTO BY
SGT SAMUEL NORTHRUP
1ST ABCT PUBLIC AFFAIRS

Dust hung in the freezing air behind the tanks as they sped down the road. Company D's objective was in an area with very capable enemy forces.

The lead tank drove off the road to the right. The Bradleys veered off to the left to get a better view of what lay ahead of them. The situation was tense; they knew the enemy was nearby. All it would take is ... Boom!

An enemy tank in the distance fired its main gun as the U.S. tanks maneuvered into a better attack posture. There was a rapid exchange of machine gun fire. Dust and the sound of chaos filled the air.

This training scenario was played out by members of Company D, 2nd Battalion, 9th Infantry (Mechanized), 1st Armored Brigade Combat Team, 2nd Infantry Division, during a force-on-force exercise held March 11-13 at Twin Bridges Training Area.

"We are training on force-on-force, defense and offensive tactics," said Sgt. 1st Class Hector Meza, an M1 armor series crewman with Company D. "We

are using our Multiple Integrated Laser Engagement System on the tanks and pyrotechnics to simulate the battlefield effects against each other."

For the scenario, offensive troops start moving along the main supply route toward the objective, said Meza. They are on the look out for enemy tanks because the opposing force section that is in the defense is where the offensive force's objective is.

New platoon leaders, platoon sergeants and section leaders are always coming in, which makes training such as this very important, said Meza. If the Soldiers are not practicing and cross training with one another, they can lose their ability to maneuver and destroy the enemy.

"There are four crew members for the M1A2 Abrams Tank," said Meza. "You want them to have the ability to crosstalk with each other. Each Soldier is an integrated part of that crew. Without the ability to

communicate, you will not have an effective crew or the ability to engage the enemy effectively as a tank, let alone a group of four tanks."

With the current counter-insurgency operations many nations face around the world; some may believe conventional fighting is a thing of the past. However, with the attempted annexation and occupation of Crimea by the Russian Federation in 2014, and the threat of the world's fourth largest army just north of the Korean demilitarized zone, the threat of conventional war is far from over.

"The importance of this exercise is to be ready for whatever happens," said Gabriel Sorensen, a tank gunner with Company D. "Technically the Korean War never ended in a peace treaty; it just ended in an armistice. North Korea has shown they have plans to use aggressive force, so we still have to be ready ... if that happens."



An M1A2 Abrams tank with Company D, 2nd Battalion, 9th Infantry (Mechanized), 1st Armored Brigade Combat Team, 2nd Infantry Division, drives down the road during a force-on-force exercise March 11, at Twin Bridges Training Area, Jikcheon-ri, South Korea.

21D SOLDIERS CLEAN UP SINCHEON RIVER



Citizens wearing clothes with different colors, each color representing the communities they belong to, and U.S. Soldiers in universal camouflage gathered along the Sincheon River to clean out trash and litter at Dongducheon, South Korea, March 19.

Approximately 300 Soldiers with the 1st Armored Brigade Combat Team and 210th Field Artillery Brigade, 2nd Infantry Division Soldiers and 100 citizens from different South Korean volunteer organizations came out. Organizations participating included the Dongducheon multicultural volunteer community and the Korean senior citizen community.



Brig. Gen. Richard Kim, the deputy commanding general of maneuver for the 2nd Infantry Division, alongside Dongducheon citizens throws a biodegradable effective microorganisms ball into the Sincheon River, Dongducheon, South Korea March 19, to improve the quality of water.

Before the cleaning began, the city threw biodegradable balls, which contain microorganisms, into the river to improve the quality of the water.

"As everyone is aware, this land is not just for us," said Oh Se-chang, the mayor of Dongducheon. "We must keep this land clean. Nature is not something we should take for granted. We inherited it from our ancestors and so we should be able to pass it on to our sons and daughters."

"Dongducheon city holds this event every year to clean up trash that piled up along the riverside during winter time," said Jo Lee-hyun, the environmental protection manager of Dongducheon. "This is a large-scaled cleaning activity that works with the help from 2nd Inf. Div. Soldiers and other volunteer communities within Dongducheon city."

Interacting with the local communities is crucial for the Army to successfully complete their missions in foreign nations. Community events, such as the river cleanup, definitely help strengthen the South Korean-U.S. Alliance.

"I think it (cleaning up for the local community) builds a stronger bond because the local community will know that we are here to help them by making the city and the country look better," said Pvt. Anthony Bell from Company A, 302nd Brigade Support Battalion, 1st ABCT, 2nd Inf. Div.

The Sincheon River, which flows through the city center, has served as a recreational area as well as a water resource for the city. For many citizens, the river contains many memories.

"This river is very important for us," said Seo Kyu-jeong, the director of Angel Recreation Center. "I remember when I used to swim here when I was young. It brings me sad feelings to think of how the river has been contaminated."

"We really appreciate the U.S. Army Soldiers' efforts in helping us," said Jo. "It is a government employees' duty to keep the whole city clean, but it is very hard for us to do because of the limited numbers we have. I would like to thank Soldiers for sacrificing their time to help our society."



ARE YOU GETTING THE REST YOU NEED?



He laid restlessly in bed and wide awake. The clock stared back at him with an ominous glow of its digital numbers: 3:32 a.m. He couldn't remember the last time he had a good night's sleep.

He turned over. He just couldn't get comfortable. No matter how much he tried, it just didn't seem to be a way to get into a position that would allow him to fall asleep.

The moon shined oppressively through the windows and invaded his bedroom with its white light. His mind kept racing through the next day's problems and yesterday's faults.

What if he did this? What if he did that? Maybe if he was just able to focus on his family and get his work done then none of this ... Wait! This is what he was thinking a few hours ago. His mind was going in circles. He knew he needed help.

Many people have experienced similar situations to the one described above and according to a paper from the Institute of Medicine Committee on Sleep Medicine and Research titled Sleep Disorders and Sleep Deprivation: An Unmet Public Health Problem, an estimated 50-70 million Americans chronically suffer from sleep disorder and wakefulness, hindering daily functioning and adversely affecting health and longevity.

"The first thing a person should do if they are experiencing sleep problems is examine their sleep setting, in other words the bedroom," said Maj. Adrian Johnson, a behavioral health officer with Company C, 302nd Brigade Support Battalion, 1st Armored Brigade Combat Team, 2nd Infantry Division. "If the bedroom has inviting things such as a television and a game system, which people may think aids them in falling asleep, it actually detracts from good sleep. The bed should be used only for sleeping or intimate activities with your partner."

For most Soldiers, if they are told to put on their physical training gear they would assume they are going to do PT and that's because overtime they have learned when they are in their PT gear that is what they do, said Col. Vincent Mysliwiec, a sleep medicine specialist with 121st Combat Support Hospital, Brian Allgood Army Community Hospital in Yongsan, South Korea. For individuals who have difficulty falling asleep, a lot of times they learn to do other things in their bed and it is typically a chronic process where they might of started playing on their computer, looking on their phone, watching TV, or worrying in bed. Overtime they learn not to sleep in bed.

By removing all those distractions, people can turn their bed back into a place to sleep, said Mysliwiec. This also means if they go to bed, don't fall asleep and start to toss and turn, they should get out of bed. If they awaken in the middle of the night and can't fall back to sleep, they need to get out of bed.

"I strongly discourage individuals from watching the clock at night," said Mysliwiec. "We don't want them to focus on time because, especially in our military culture, the duty day is very structured and you have to be on time and so you should not look at the clock at night. The clock should be in your room with the alarm set, but it should be something that you have to get out of bed to turn off and should be something that you cannot see from your bed."

It is about creating a peaceful, good sleeping environment and keeping to the same sleep schedule, said Mysliwiec. If people value their sleep, they need to put time and effort into planning things such as how to make their bed and room temperature comfortable, and ensuring they have a sleep ritual to help them unwind a little bit. They need that relaxation period because the brain doesn't turn off instantaneously.

People should not exercise two to three hours before going to bed because that stimulates the heart and body, said

Johnson. If the heart rate is elevated, it is going to take that much longer for a person to fall asleep.

"Sleep is an essential biological requirement, just like food and water, and so if we don't get enough water, we know that we will become a heat casualty, especially in certain environments or if we are physically active," said Mysliwiec. "Sleep is the equivalent whereby throughout our day we do many mental activities which drain our mind and make us fatigued."

Mysliwiec said being tired and sleepy are two different things. Being sleepy is having the sensation of wanting to close your eyes and nodding off, while being tired is not wanting to move. People commonly combine both sensations when they say they feel sleepy.

"Sleep is a different state of being," said Mysliwiec. "We can exist in three states of being: rapid eye movement sleep, non-REM sleep, and wakefulness." The difference between non-REM sleep and REM sleep is as different as non-REM to wakefulness or REM to wakefulness."

They are all very distinct states of being, Mysliwiec said. He makes the distinction because during non-REM sleep the body recovers and secretes important hormones that allow the body to grow and recuperate. This differs from REM sleep, which is where people will typically process memories, have most of their dreams and a time for their mind to recover.

"Our bodies run according to a certain circadian rhythm," Johnson said. "Essentially a day time clock and a night time clock. If you are depriving your body of that opportunity to get natural sleep, you will begin experiencing symptoms of sleep deprivation."

"If you deprive someone of REM sleep, they will not think well, will be more depressed and more anxious," said Mysliwiec. "If you deprive someone of non-REM sleep, a lot of times their body is not going to recover fully..."

A lot of it is determined from the sleep architecture because, as a person goes through seven to eight hours of sleep a night, they are going to have more slow wave sleep upfront and later on have periods of REM sleep, Mysliwiec said. There is a distribution throughout the sleep period where a pattern can be seen. People have to go through that whole pattern to have restorative sleep.

People can think of sleep as a resource, such as fuel, water and nutrition, said Mysliwiec. There are missions that have to go for 24 hours and people can function without sleep, but there is going to be a decrement in their ability to perform their military duties. People should plan missions with sleep in mind.

Mysliwiec said people can lessen the effects of sleep deprivation during long operations by taking precautions such as allowing Soldiers seven to nine hours of sleep regularly for five to seven days before the mission and allowing Soldiers to sleep who are not mission essential at the moment.

"When you come off of mission, then you have to allow them recovery sleep," Mysliwiec said. "They are going to sleep maybe ten to twelve hours, depending how long they received insufficient sleep during the mission. Typically they will be recovered back to a near-normal baseline in two to three days of allowing more than usual sleep."

Mysliwiec said he is a big proponent of avoiding medications to help an individual sleep. The reason is because people have the potential to become reliant on medication when they use it for more than one to three days. They find they cannot sleep without the medication.

"The big problem, in terms of military personnel, is if you take any kind of medicine to help you sleep how do you awaken without having an impairment," said Mysliwiec. "If you take it and there is an alert in two hours, are you then fully mission capable to perform your required military duties? I am going to say at that point in time you are going to be impaired because most of the medications... are going to be active in your system longer than that."

"One of the things you want to be aware of for an individual experiencing sleep difficulty is sometimes there are medical reasons that might impede sleep," Johnson said. "You want to check with your primary care physician first if you are experiencing issues because they may be medically related."

In addition to the commonly know insomnia there are other parasomnias such as hypersomnia, said Johnson. Hypersomnia is a disorder related to sleeping too much. A person experiencing hypersomnia may have difficulty waking or they are just sleeping all throughout the day.

"These sleep disorders can cause distress, whether it be occupationally, socially, or emotionally," said Johnson. "Stress could be in their private life with their family because they are sleeping all day and not spending time with the family. When sleep problems create significant distress in some area of their life, they should seek help."





CALL OF DUTY



Countless Americans have put their lives in harm's way to protect our country by volunteering to join the U.S. Army. They have put their education, careers and loved ones to the side and answered the call to duty. Through operation Desert Storm, Iraqi Freedom and Enduring Freedom people keep stepping up to the line to serve, and Pfc. Thanh Le

Le, a native of Pensacola, Florida and a radio system maintainer with Company C, 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division helped set up a tactical command post March 2 at the Republic of Korea base, G510, in South Korea. The TAC-CP was to play a big role as the communications center for the 2nd CAB during the training exercise, "Key Resolve."

However, Le was not always a Soldier. He began working at a phone corporation when he was 17 years old and worked behind a desk all 13 years he was with this company. He worked nine to five every day and didn't have a lot of activity through his job.

"I wanted to see more of what the world has to offer," Le said.

Le said his brother-in-law who is a staff sergeant in the army always showed great pride in what he did and loved his job. Le said he admired him and wanted what he had.

"I really felt like I needed more of a challenge, and I wanted to be able to feel good about what I was doing with my life," Le said.

This is when he decided to volunteer his service to the U.S. Army he said. Being the branch manager at his company meant he would take a significant pay cut, but the pay didn't matter to him.

"As long as I'm happy with what I'm doing nothing else matters," Le said.

He went to basic training, but he said he was worried his age of 30 might slow him down compared to all of the other young Soldiers. It only motivated him to work harder. After being named the distinguished honor graduate of his advanced individual training class, his first duty assignment was to Camp Humphreys, South Korea.

"One of the big reasons why I joined the Army was to travel and my first assignment was to Korea," Le said. "How lucky could I get?"

Le is now helping with the theater-wide exercise and said he feels much more useful now. He would like to make a career out of the Army as long as he can adapt to the mili-



Korea base, G510, in South Korea. The satellite would be used to provide communications for the 2nd CAB during the training exercise, 'Key Resolve'.



tary lifestyle which he thinks he has done so far, and could not imagine being anywhere

"Be thankful for what you have," Le said. "Everything will fall into place."

Le did not have to volunteer to join the Army, but rose to the occasion and placed his hand over his heart just like so many before him.

2ND CAB SOLDIERS PUT NEW RADIO TO THE TEST



Sending a message or 'signal' has been used in the military throughout time and has been an instrumental part of war. The first 'signals' were simply drums, horns, flags, and riders on horseback used to send messages over distances. The U.S. Army has come very far in technology since then. The 2nd Combat Aviation Soldiers used a Cambium radio for the first time during the training exercise, 'Key Resolve' and tested its reliability and performance.

Staff Sgt. Daniel H. Wright, the satellite communications operations non-commissioned officer for the 2nd CAB, was in charge of setting up a Cambium radio system and keeping it in full function March 11 at G510, a Republic of Korea military base in South Korea.

Wright said that they had one radio set up at the 2nd CAB's tent and another at the 602nd Aviation Support Battalion's tent.

"The way it works is that it gives us redundancy which means that if our primary satellite system fails we have a back up and so does the 602nd ASB," Wright said.

It uses line of sight to send radio frequency signals from one antenna to another, Wright said. It gives them another option when it comes to deciding what radio to use in the field.

"The system works very well and is very reliable while also giving us greater amounts of bandwidth," Wright said. "We don't have to rely on a satellite's timing or position with this radio either."

Maj. Dave C. Richards, the 2nd CAB signal communications officer, was another Soldier that saw the Cambium radio in action out in the field.

Richards said that Eighth Army purchased the Cambium radio and issued it out to the 1st Signal Brigade which then issued it to the 304th

"Prior to the exercise we coordinated with the 304th to use the radios in what we consider a 'proof of principle' to show that it could actually be used in a combat environment," Richards said.

He said his Soldiers had never seen the capabilities of the radio system and this was the first time for them to get hands-on experience with it.

"It was very effective," Richards said. "The 602nd ASB commander briefed how successful it was last night to the brigade commander."

The Soldiers from the 2nd CAB were able to maximize the radios potential during their first training exercise with the new equipment. The Army has come a long way with its radio technology, but it's Soldiers like these who truly make the Army's communications what they are today.



Staff Sgt. Daniel Wright, the satellite communications operations noncommissioned o ficer for the 2nd Combat Aviation Brigade, is setting up a Cambium radio system and keep ing it in full function March 11 at G510, a Republic of Korea military base in South Korea.

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Inside an old, small tent with picnic tables around a gas heater, an Ajumma, an old-aged Korean woman, cooks all kinds of Korean dishes for Soldiers during the training exercise, 'Key Resolve', at G510, a Republic of Korea military base in South Korea.

"Ajumma, I would like bulgogi with rice please!" said Pvt. Makaela Jensen, a tasking clerk from the Headquarters and Headquarters Company, 2nd Combat Aviation Brigade, 2nd Infantry Divisoin. "I fell in love with her food. She offers various kinds of meals from a grilled ham and cheese sandwich to bulgogi rice."

The 80-year-old woman, Mrs. Park Soon Ja, cooked bulgogi instantly on a burning fry pan while cracking eggs on a large pan covered with oil. The small tent was filled not only with the savory smell of Ramyeon noodle and yakimandoo, but also with long lines of hungry Soldiers from the 2nd Combat Aviation Brigade.

"I have cooked for 56 years for the U.S. Soldiers in this tent," said Park. After her husband's business went bankrupt, she started by selling sodas to the U.S. Soldiers. Then, she got approval from the United States Forces Korea to put her service out in the field.

"At first, I cooked to feed my family, but now all my children are married and my husband has passed away," Park said. "These days, I'm really here because I'm happy to see Soldiers enjoying my food."

"The DFAC is good, and MREs are ok, but the Ajumma tent gives not only a special flavor but also flexibility," said Pfc. Jae Hyok Choi, a human resource specialist with the ROK Army Support Group from HHC, 2nd CAB, 2nd Inf. Div. "All the Soldiers have to do 12-hour shifts which makes it difficult for the night shift Soldiers like me to go to the DFAC at a the right time, but the Ajumma tent is open from early in the morning to late at night," said Choi.

"The Ajumma's tent serves also as a place for soldiers to get warm and sit down to take a breath from an intense training exercise," said Sgt. Young Min Jeon, a human resource specialist from HHC, 2nd CAB, 2nd Inf. Div.

"Despite the blistering cold weather and tough training, I can survive a training exercise with the Ajumma's food. In the end, the Army marches on its stomach," said Jeon as he happily took a big bite out of his bulgogi sandwich.





QUALITY LEADERS SERVE UP QUALITY FOOD



Few things are more essential to a Soldier's morale than the availability of a warm meal. Whether deployed overseas, training in a field environment or working in a garrison setting, dining facilities provide Army formations with the sustenance for success.

Reputations of individual dining facilities, however, are weighted heavily by the quality of troops who man them. At Thunder Inn, the resident dining location for the 210th Field Artillery Brigade, 2nd Infantry Division, the facility not only serves up some of the finest meals in Korea, it also produces some of the top Soldiers and leaders in the food service field.

Situated at Camp Casey in the northwest part of South Korea, Thunder Inn is delivering its promise of high-quality, performance-oriented food options. In fact, it was recognized last October as the division's top dining facility, an accomplishment it owes to those serving behind the scenes.

Every morning, Pfc. Tavarious Burnett arrives at Thunder Inn and begins his routine of monitoring refrigerator temperatures and allocating the day's ingredients. His purpose at Thunder Inn is rationing, a vital position that ensures the facility maintains detailed accountability of all its food products.

Burnett is what veteran leaders refer to as "green" – a young Soldier fresh from basic and advanced training. Korea is his first duty station and he is assigned to Headquarters and Headquarters Company, 70th Brigade Support Battalion, 210th FA Bde., 2nd Inf. Div. like all food service personnel at Thunder Inn.

Although new to the Army, Burnett is quickly setting the example for his peers and demonstrating the ability to excel under pressure, despite initially having low expectations of himself.

"When I first got here, I didn't really feel like I cared," said Burnett, a native of Marietta, Georgia. "But my sergeants stayed with me and saw potential in me."

Committed to the success of their Soldiers, the dining facility's noncommissioned officers worked closely with Burnett; slowly building his confidence and grooming him for the gauntlet ahead – Chef of the Quarter.

"Chef of the Quarter allows competition between units to find out who the best chef is and what unit they come from," said Chief Warrant Officer 2 Zachary R. Glathar, the brigade's command food service advisor. "It drives each of them to continue to improve their Soldier skills and food service skills."

The investment by Thunder Inn NCOs paid dividends as Burnett breezed through the division board on his way to the Eighth Army competition in February. Equipped with his culinary skills and a family recipe, Burnett dominated competitors in the cooking event with his rotisserie

Soldiers with the Thunder Inn Dining Facility serve a hearty holiday meal for Soldiers of the 210th Field Artillery Brigade, 2nd Infantry Division, with the season's greetings at the Thunder Inn on Camp Casey, South Korea. (Photo by Sgt. Song Gun-woo, 210th FA Bde. Public Affairs)



chicken, garlic potatoes, calamari and glazed carro

Unfortunately, though, Burnett was unable to earn enough points in the board evaluation to close the spread between himself and the first place victor - rounding out instead as the competition's runner-up.

"A lot of people have faith in me," said Burnett. "Knowing people have faith in me gives me courage. That makes me want to do more boards and eventually win them all."

Through his successes as a competitor, Burnett admits he now sees in himself what his leaders saw all along – a testament to the dedicated leadership found at Thunder Inn.

"I think the Thunder Inn, and all the Soldiers and NCOs who work here, are some of the best the Army has to offer." said Sgt. Schuyler K. Winters, identified by his superiors as one of those dedicated leaders. "They definitely have something special going on here."

"Every day, NCOs need to improve and Sergeant Winters is one of those NCO who continues to improve," said Glathar.

Unlike Burnett, Winters is an experienced sergeant with more than just a knack for food service knowledge; he is also an Iraq combat vet who deployed shortly after the initial invasion in 2004 and again during the troop surge in 2007.

"It made me really nervous at first because that was not what I signed up for," said Winters, a Jacksonville, Florida native. "I knew I was going to go to war - but your idea of war, and what war really is, are two different things."

Throughout his first Iraq campaign, Winters never

worked as a food service specialist. Instead, he participated in dismounted patrols, provided security during convoys and spent his fair share of time in a guard tower — duties primarily expected of those in combat arms.

"Some of the experiences out there were wild," said Winters. "I saw things that people from my [career field] won't ever see."

"I remember I was on guard tower one day and the lights cut out in the city," he recollected. "It was a foggy night and I remember seeing rockets coming down. It was like God himself throwing fury down on that town."

Notwithstanding a departure from dining facility duties, Winters admits his time in the combat zone provided an opportunity to become a better leader.

"I wouldn't change that for anything," he said. "I feel like some of the things I experienced out there, and some of the people I met really shaped and molded me to be a better NCO now."

Using his deployment background in conjunction with eleven years of kitchen craft, Winters now serves as a mentor and trainer to junior enlisted Soldiers at the Thunder Inn; a job requiring an exceptional amount of attention.

"You've got to make sure, as food service, everyone is completely by the book and to the standard," said Winters, who oversees everything from Soldier hygiene and uniforms to ensuring Soldiers precisely follow their recipes.

"I'm right at that level where I supervise, but also in there leading from the front," he said.

As part of his leadership responsibilities, Winters is expected to sharpen his Soldiers' skills while making corrections as needed. Sometimes those corrections require a stern approach and "tough love" in order to communicate the necessity of following standards.

"I'm right at that level where I supervise, but also in there leading from the front," said Winters. "You've got to show them where their strengths are and help them tighten up the weaknesses. I've told these Soldiers before, when I'm rough on them, it's because whether they realize it or not, they're my legacy to the Army."

For Winters, the legacy at Thunder Inn draws closer to the end after every shift. In the time he has left, he is committed to helping Soldiers recognize the career-broadening opportunities their assignment to Korea offers.

"In terms of professional growth, this DFAC is number one," he said. "I hope that a lot of these Soldiers, when they think back to their time in Korea, remember that this DFAC was awesome."

"I always like to say the war on hunger never ends," he said. "If Soldiers leave here proficient, we've done our job."



March 2015

INTEROPERABILITY IMPROVED DURING ANNUAL KEY RESOLVE EXERCISE



There may be some truth to the proverbial saying: "time heals all wounds"; but the scars of history are an enduring reminder to prepare for the future.

Scarred by a war and ongoing military tensions, South Korea went from a land of sorrow to a flourishing global powerhouse, in part, through the continued preparations and deterrence found in the Republic of Korea and U.S.

Recently, Soldiers from the 210th Field Artillery Brigade, 2nd Infantry Division and their ROK counterparts participated in the annual Key Resolve exercise March 2–12 at Camp Mobile, South Korea to improve the interoperability and deterrence efforts of U.S. and ROK militaries.

"Key Resolve is one of the most important exercises we do," said Col. Michael J. Lawson, commander of 210th FA Bde. "It involves every level of forces; joint forces and combined forces that operate here in Korea."

The two-week command post exercise, which is conducted yearly through coordination at the theater level by United States Forces Korea and Korea's Ministry of Defense, is based on computer-assisted simulations that test units' abilities to work seamlessly alongside alliance forces within a shared battle space.

Although simulations are based on realistic scenarios and threats, the exercise does not reflect any current real-world situations or events. It serves instead as a defense-oriented demonstration of a strong U.S. and ROK alliance committed to the safety and security of the Korean people.

"Key Resolve has two big purposes," said Maj. Jeremy F. Linney, the brigade's operations officer. "The first is to ensure our readiness to deter North Korean aggression and defend against an attack. The second purpose is working on our interoperability within the alliance."

For this particular exercise, the brigade's main function was aiding forces with the Third Republic of Korea Army through employment of counter-fire missions. Support from the unit's Multiple Launch Rocket Systems and other field artillery assets provided the necessary freedom of movement for Korean ground forces.

Similar maneuvering freedoms were also offered to alliance air assets by eliminating enemy air defense capabilities.

"Counter-fire missions are very important, not only to the people who receive incoming fires, but it's important to get [enemy weapon systems] out of the fight," said Command Sgt. Maj. Steven Stites, senior operations noncommissioned officer.

"We have the ability to support maneuver by clearing a lot of land," continued Stites, a native of Howell, Michigan. "We also have the ability to reach out and touch targets that are further away than the frontline traces."

The brigade's MLRS battalions were tasked with executing a majority of the exercise's counter-fire missions from respective command nodes at Camp Casey. Their decentralized positions allowed the brigade to test battalions' ability to carry out missions while maintaining a high level of communication with the brigade's tactical operations center.

"Key Resolve offers us an opportunity to practice our mission command system on how we organize and operate battalion headquarters and how we interact with both our higher headquarters and subordinate units," said Lt. Col. Mark Brock, commander of 6th Battalion, 37th Field Artillery Regiment, 210th FA Bde., 2nd Inf. Div. "It's an opportunity for us to make the linkage with our higher headquarters both with planning as well as our operations through a wide variety of means."

"It's an opportunity to demonstrate to larger organizations what our capabilities are, what our strengths are, and what we bring to one of the strongest alliances in the world," added Brock.

Success of the exercise, however, did not rest solely on the battalion or brigade's skillful application of lethality. In fact, the mission would not have been possible without the combined effort among its non-lethal enablers, said

"As a field artillery brigade, the fires and artillerymen tend to get the spotlight," said Linney, a Ticonderoga, New York native. "But in reality, none of this works without the sustainment side and without protection."

"We can plan all the artillery missions we want, but if logisticians can't get us the fuel, food, and ammunition in timely manner and through difficult terrains and enemy actions, none of it works," he continued. "It's all those other supporting tasks that enable us to test that interoperability through the exercise."

Key Resolve also provided tertiary training opportunities for the unit's Headquarters and Headquarters Battery, whose leadership used the exercise as a vehicle to train Soldiers on a variety of tactical procedures and techniques.

Unlike previous command-post exercises, the brigade opted to conduct operations from an abandoned structure located away from their fixed headquarters at Camp Casey. This allowed Soldiers to practice their ability to rapidly establish a command post anywhere using only in-place resources, according to Linney.

An access control point with armed troops was also established at the entrance of the brigade's operations center to ensure the area was secured from unauthorized entry.

"Setting up the control point gives all Soldiers the general idea about security and the importance of security," said 1st Sgt. Willie Vines, Headquarters and Headquarters Battery, 210th FA Bde., 2nd Inf. Div. "It is important because it limits the actual access to individuals who are not authorized to come inside that area."

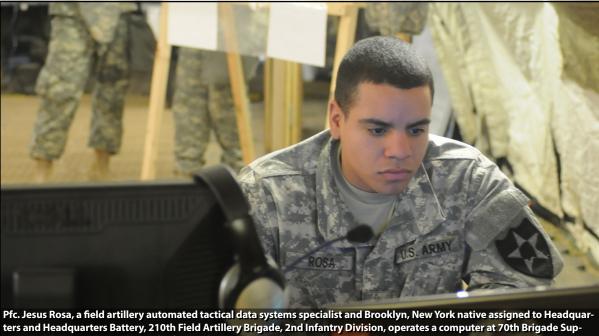
Having served as commander for the brigade's past two Key Resolve exercises, Lawson admitted the unit has dramatically improved its dynamic use of assets in support of a larger number of higher headquarters at the operational level.

"Our employment of forces has increased substantially," said Lawson. "The result is that we are better at handling the complexity of operations that we weren't able to address last year."

The interoperability between U.S. and ROK forces during the exercise generates a dominant combat multiplier that strengthens overall effectiveness of the alliance, said Lawson.

"The Koreans have some capabilities we don't have and we have some capabilities they don't have," Lawson continued. "We layer those on top of each other and that gives us a very robust coalition which makes it very hard to defeat us."

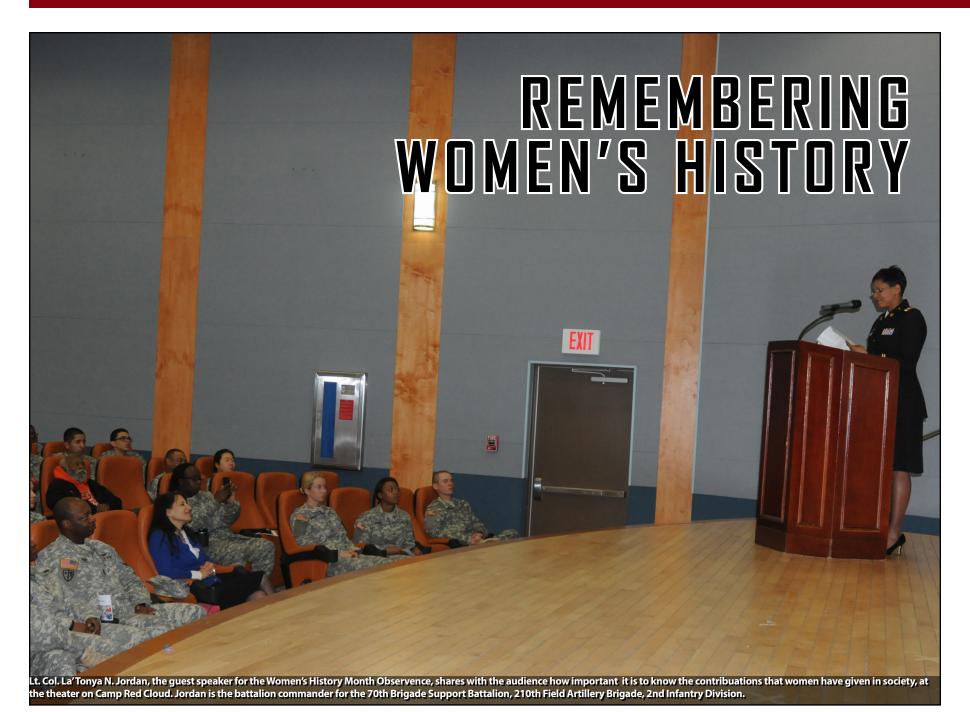
"This exercise shows us the path to the future," said Linney. "It gives us a path for combined training and how we can leverage each others' strengths to build a better alliance."



ters and Headquarters Battery, 210th Field Artillery Brigade, 2nd Infantry Division, operates a computer at 70th Brigade Support Battalion, 210th FA Bde., 2nd Inf. Div., during Key Resolve, March 11, at the battalion's tactical operations center at Camp Casey, South Korea. (Photo by Sgt. Song, Gun-woo, 210th FA Bde Public Affairs Office)



Maj. Gen. Thomas Vandal, the commanding general of 2nd Infantry Division, talks to Col. Michael Lawson, the commander of 210th Field Artillery Brigade, 2nd Inf. Div., during Key Resolve, March 2, at the brigade's tactical operation center at Camp Mobile, South Korea. The exercise aims to strengthen the Alliance between the Republic of Korea and U.S. in defending South Korea from any North Korean aggression. (Photo by Sgt. Song, Gun-woo, 210th FA Bde Public Affiars Office)





The seats began to fill up quickly at the theater at Camp Red Cloud, South Korea as Soldiers of all ranks attended the Women's History Month Observance March 27. The observance was hosted by Company C., Headquarters and Headquarters Battalion, 2nd Infantry Division.

Barack Obama, President of the United States of America, stated in a proclamation that he calls upon all citizens to observe this month with appropriate programs, ceremonies, and activities that honor the history, accomplishments, and contributions of American women.

Lt. Col La'Tonya N. Jordan, the battalion commander for the 70th Brigade Support Battalion, 210th Field Artillery Brigade, 2nd Inf. Div., attended the event as the guest speaker.

"I think it's important to allow the Soldiers to understand the significant strides women have made in our history, not just in society but also in the armed forces," said Jordan.

During the observance the guest watched a presentation from which quotes were displayed from various women who have contributed immensely to our society. Some of those women included Oprah Winfrey, Malala Yousafzai, and Carrie Chapman Catt.

Sgt. 1st Class Shantai JonesMitchell, a member of Company B, 70th BSB, 210th FA Bde., 2nd Inf. Div. said that the powerful quotes and learning the meaning behind them impacted her greatly.

Women have come a long way especially in the armed forces - from the first woman Judge Advocate General of the Army to the first women Soldier to graduate from the Artillery Mechanic's course.

Jordan said that she hopes after the observance Soldier's will continue to educate themselves on the different contributions of women.

"My message to the Soldier's is that although you have struggles in life you cannot let that be a set back and keep you from achieving the goals that you have," said Jordan.



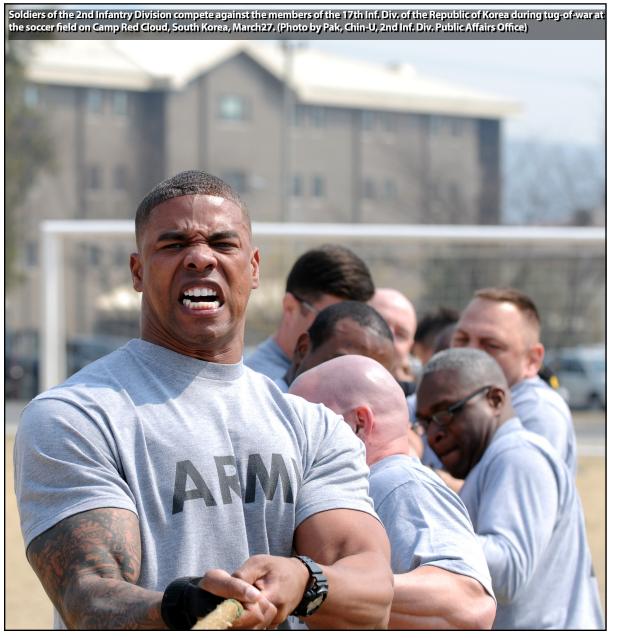


MARCH 2015 11

2nd Intentry Division Rosts 2-17 Day























2ID INSPECTOR GENERAL NEWSLETTER



OFFICE OF THE INSPECTOR GENERAL

APRIL 2015

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Warrior Inspector General Message

* HOT TOPIC: DIGNITY AND RESPECT *

SECOND TO NONE!

"The Army is a values-based organization where everyone is expected to do what is right by treating all persons as they should be treated – with dignity and respect. Hazing, bullying, and other behaviors that undermine dignity and respect are fundamentally in opposition to our values and are prohibited" – excerpt from *Army Regulation 600-20*.

Members of the Army are required to treat each other with dignity and respect, not only between leaders and subordinates, but through peer to peer interaction as well. Service members are supposed to be able to perform duties and accomplish their missions without enduring cruel, abusive, humiliating, oppressive, demeaning, or physically harmful behaviors from fellow Service members; senior, peer and subordinates alike.

The distinction between appropriate behavior and a violation of policy is often unclear. AR 600-20 states:

The imposition of necessary or proper duties and the requirement of their performance does not violate this policy even though the duties may be arduous, hazardous, or both. When authorized by the chain of command and/or operationally required, the following activities do not constitute hazing or bullying: (1) the physical and mental hardships associated with operations or operational training; (2) lawful punishment imposed pursuant to the UCMJ; (3) administrative corrective measures, including verbal reprimands and command-authorized physical exercises; (4) extra military instruction or corrective training that is a valid exercise of military authority needed to correct a Soldier's deficient performance in accordance with *paragraph 4*–6; (5) physical training and remedial physical training; and (6) other similar activities that are authorized by the chain of command and conducted in accordance with this or another applicable regulation.

Leaders at all levels must be aware and enforce the requirements of *AR 600-20* regarding treatment of Soldiers. Additionally, *AR 600-100* requires all leaders to treat subordinates with dignity, respect, fairness, and consistency. Respect does not imply that leaders must be friends or coddle Soldiers. Respect is gained through hard, realistic training and by caring for Soldiers and Families, and treating them with consideration and honor. As a leader, it is possible to be demanding without being demeaning. The mission and training, if conducted realistically, will inherently provide stress.

Soldiers must realize that the commanders and leaders appointed over them are required to maintain the discipline of the force and to prepare them to defeat our enemies in combat. Lapses in judgment resulting in disciplinary issues, lack of military bearing, or any other conduct prejudicial to good order is required to be addressed by those in leadership positions. Additionally, the nature of the mission requires tough realistic training and the respect and confidence in the leaders appointed over us.

For more guidance on hazing, bullying, or treatment of persons refer to AR 600-100, Chapter 2-1 and AR 600-20, Chapter 4-19. The 2d Infantry Division Inspector General Office is available to provide training to Soldiers and Leaders at your location. You can contact us at DSN 732-8774/8767. SECOND TO NONE!

♥ 2ID SAFETY ♥

SPRING TIME IS UPON US IN KOREA - PEDESTRIAN SAFETY TIPS

As the weather gets warmer more pedestrians will be walking in and around road ways. Drivers need to recognize the special safety needs of pedestrians, especially those that are children. Young, elderly, disabled, and intoxicated pedestrians are the most frequent victims in auto-pedestrian collisions. Generally, pedestrians have the right-of-way at all intersections; however, regardless of the rules of the road or right-of-way, drivers are obligated to exercise great care and extreme caution to avoid striking pedestrians.

What can drivers do to safely share the road with pedestrians?

- 1. Look out for pedestrians. Don't let yourself be distracted. You can encounter pedestrians anytime and anywhere. They can be very hard to see especially in bad weather or at night.
- 2. Respect crosswalks. When entering a crosswalk area, drive slowly and be prepared to stop. Don't block the crosswalk when stopped at a red light or waiting to make a turn. Stop for pedestrians who are in a crosswalk.
- 3. Always watch for children. Children are the least predictable pedestrians and the most difficult to see. Take extra care to look out for children not only in school zones, but also in residential areas, playgrounds, and parks.
- 4. Be extra cautious in school zones. Where a warning flasher or flashers are blinking, you must

stop to yield the right-of-way to a pedestrian crossing the roadway within a marked crosswalk or at an intersection with no marked crosswalk. Always stop when directed to do so by a school crossing guard.

What can a pedestrian do to prevent pedestrian accidents?

- 1. Walk on the sidewalk. Stay on the sidewalk when available and use crosswalks. Avoid walking in traffic where there are no sidewalks or crosswalks. If you have to walk on a road that does not have sidewalks, walk facing traffic.
- 2. Walk defensively. Be prepared for the unexpected. Don't let cars surprise you even if a motorist does something wrong like running a stop sign or red light, or making a sudden turn.
- 3. Cross streets at intersections whenever possible. Look in all directions before entering the street. Be especially alert to a vehicle that may be turning right on a red signal. If there are marked crosswalks, use them but do not assume that you are completely safe in a marked crosswalk. Make sure you always look in both directions and ensure the intersection is clear or the vehicles are stopping.
- 4. Be careful in parking lots. Pedestrians are supposed to have the right-of-way in parking lots but many drivers don't wait for pedestrians. Parking lots can be more hazardous than streets. On streets the direction of traffic is usually known

but in parking lots vehicles might be moving in all directions, including backwards.

- 5. Avoid dangerous moves. Any movement a pedestrian makes that drivers are not expecting could be dangerous. When leaving a school bus, wait a second before crossing. Don't step into traffic from between parked cars since this is a sure way of surprising drivers.
- 6. Keep your view of traffic clear at all times. A pedestrian needs to be able to see vehicles around him. Don't block your view with packages, umbrellas, or other objects.
- 7. Drivers, keep your mind on your driving and the traffic around you including pedestrian traffic. Pedestrians, remember to make eye contact with drivers to ensure they see you. Crossing safely is up to both of you!



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ONE RACE AT ATIME



The sun is out and the sky is blue, without any clouds. All you hear is the sound of rubber against the concrete and the gears of a bicycle. Suddenly, you see wheels racing down the street. The rider leans forward; his face dripping with sweat. You see the determination, the passion that lies inside him.

Army Sgt. Michael W. Schmidt, a driver for the Headquarters and Headquarters Company, 2nd Combat Aviation Brigade, 2nd Infantry Division, said he wasn't always riding his wheels on the road.

"I picked up mountain biking as a hobby while I was stationed at Fort Carson, Colorado," Schmidt said. "I had never competed before so I decided to do one beginner race and from there I fell in love with riding."

Schmidt continued his love for the sport when he got stationed in Katterbach, Germany. He said the installation management command had set up races at bases all over Europe.

"I was luckily able to travel around to all of these different events while I was there, but to get from base to base faster I had to get a road bike," Schmidt said.

He said he never ended up doing any road bike races in Germany, but when he got stationed in Korea he decided it was time to try it out.

"I brought my road bike over here last year and went out and did really well at a race," Schmidt said. "Now I have really picked up my training and gotten a new bike to try and compete on the national level."

Schmidt competed in an 86 km road race during a weekend from Feb. 28 through March 1 in Kangjin, South Korea. He placed 36th out of 400 with a time of 2 hours and 17 minutes. It was a national race with some of the best racers from South Korea competing. Schmidt said his great placement means now he is nationally ranked and at the next race on April 25 in Naju, South Korea he will have a much better starting spot.



"Starting in the back this race actually cost me a chance to win because the racers at the front had such a head start," Schmidt said.

He said he believes that at the next race his team, the storm riders, will have a chance to take the top three spots. His team which is based out of Seoul, South Korea has 12 active riders including another service member. Schmidt said he thinks the team has received growing support due to them having military members.

"It's nice to see the community around the military also supports us," Schmidt said. He said that being in the Army has benefited him in a multitude of ways when it comes to racing. "The Army has given me a chance to race in places you wouldn't normally get to go," Schmidt said. "It's nice to be able to come to Korea or Germany and race because as an amateur you don't get that chance."

He also said the military has taught him traits that he uses every time he races to include teamwork.

"You have to work together and share the load," Schmidt said. "I wouldn't be able to succeed without my team."

Schmidt has participated in many different kinds of competitions over the years, but he is taking his riding career one race at a time. He is still determined to grow stronger and faster at every turn.

SPOUSE'S COLUMN



STORY BY MARE CONTRARE WARRIOR COUNTRY SPOUSE

I am an explorer. I inherited this trait from my three older brothers who were always climbing trees, traversing deserts and hiking mountains looking for treasure. Living in Uijeongbu, South Korea gives me the perfect opportunity to get out on foot and explore what this small city burgeoning on a metropolis of 400,000 people has to offer.

Most people who I come across in the US have never heard of Uijeongbu, unless they were aficionados of the television show MASH. If you look to the North East and squint you can almost envision the beginning credits of the show when the helicopter flies in front of mountains with wounded 2nd Division warriors. The military presence here, like Buddae Jijgae Street, will soon become just

UIJEONGBU, HOME TO CAMP RED CLOUD

memories. Hanoks or low-rise ramshackle buildings are being replaced by twenty plus apartment high-rises offering the ultimate in living.

But if you get out on foot there are all kinds of jewels to be found. Walking out the back gate of Camp Red Cloud and down the hill you hear men yelling as they play a Korean game hidden behind a white tent. Next you come to a ballpark ready for play and newly sodded with artificial turf colored to look like freshly mown grass. A bit further down the hill is the futuristic ice rink that offers skating classes on Saturday. Across from the ice rink on the corner is the ubiquitous coffee shop and the duck and leaf restaurant. Just down the hill past the school are a couple of restaurants, a restaurant store and a lovely coffee shop tucked away off the street

It takes about half an hour to reach the bottom of the hill where Nogyang train station is that provides easy rides to the north or the south for a mere fare of a few thousand won.

Across from the train station is some of the best kimbop, The US chain of 31 flavors with beautiful ice cream cakes, a three story Daiso (dollar store) that has the best bargains and another coffee shop, this one a Korean chain.

If you continue back west you can get lost in the maze of little streets and alley ways that take you around the stadium and large apartment buildings. Taking the time to look into all the stores is like being in New York, but not being able to read the confusing symbols written in bright bold letters everywhere.

Most restaurants are smart and offer pictures of their fare or have a cartoon of a pig or chicken by what is most likely the name of the establishment. There are also a lot of churches. I do not know the ratio of churches here in Uijeongbu, but it rivals Key West where I used to live which was one every 50 feet, some believe the reason there was never a direct hit for a hurricane. Here in Uijeongbu there is even a Catholic church with a chicken portrayed in stained glass, directly across from what is the best chicken in a hotpot restaurant. What better advertisement!

My favorite places are the bakeries. Besides the chain bakeries you can still find the ma and pa bakery filled with their fresh baked specialty of rice delicacies, cakes or even cupcakes.

Walking further up the hill in the direction of the stadium are a myriad of hardware stores, a pet store, wig stores, tire stores and of course...coffee houses. If you explore and walk down an alley you may find a teahouse, but those are a rarity and over by the Jeil Market or First market.

There is every type of food offered here in Uijeongbu, Thai, Sushi, German, Italian, etc. If you're not up for exploring you can go to the Shinsaegae Mall, just opposite of the Uijeongbu train station, where the best kimbop is sold. Over in the Jeil Market you can buy pretty much anything from rolling pins to a cow head and there is a coffee shop on every corner. Or if you walk one block south under the U line or LRT overhead track you can take that all around the city for a birds eye view. If you get off at Hoeryong Station take a walk to Hoeryong Temple, which was rebuilt after the Korean War.

On a nice day there is no reason not to get out into Uijeongbu on foot and see what you can find. If you get tired or lost you can jump in a taxi and for a few thousand won be back on base.

DIATY JOES



Soldiers stationed overseas often deal with unexpected legal issues. As a result, they may require assistance or advice from a legal representative. The Legal Assistance Office located in Maude Hall on Camp Casey, South Korea, is the first step in ensuring Soldiers assigned to Area 1 receive the legal assistance they may need.

Pfc. Lavender, Nihgeil Furlow, a legal specialist assigned to Headquarters Support Company, Headquarters and Headquarters Battalion, 2nd Infantry Division, and a native of Bradenton, Florida, assists Soldiers with legal and attorney-related requests, notaries, trial defense services, and UCMJ actions.

The Legal Assistance Office not only serves Soldiers assigned to Area 1, but also family members and DOD civilians. Often times, you'll find a KATUSA as one of their regular customers, as they often need their ID and driver's license translated to English before they can have it notarized.

Furlow, a criminal justice major, has always been passionate about the legal field and often dreamed about what his career would be like working among other criminal justice majors.

"I just love dealing with cases and anything involving the criminal justice area," said Furlow. "Working with lawyers, handling cases, and being able to dig deep into an investigation is rewarding and exciting to me."

Deciding on a career path in the Army was not a hard decision for Furlow. He knew what he wanted, and stuck with it. He's glad that he chose the Army to jumpstart his career path, and regardless, he would have pursued the criminal justice field.



Legal Specialist

"Had I not been chosen as a legal specialist, my next option would have been Military Police., said Furlow.

Furlow surrounds himself with individuals who are mature, and have the will power to do the hard right, rather than the easy wrong.

"As a legal specialist, you have to always be the standard. Staying disciplined and remaining focused ensures you are doing the right thing at all times, and that is what I strive for," said Furlow.

He continues to focus on the clear picture he has painted not only for his future, but for his career as well. He sees his job as the perfect opportunity to gain the experience necessary for future job opportunities, if an opportunity ever presents itself.

For now, he is focusing on the path which continues to open up for him and making the right decisions, so he can one day become a Warrant Officer in the legal field.

"The future belongs to those who prepare for it today!" Furlow said.

My Korea, My Life

A brief insight into Soldiers, civilians and Family members in Warrior Country



Leaving your home country is hard, but coming back to defend it is rewarding. Pfc. Hyeyoung Moon, a Korean native and behavioral health specialist assigned to Headquarters and Headquarters Battery, 210th Field Artillery Brigade, 2nd Infantry Division, is also a female U.S. Army Soldier serving in Korea.

Originally a Busan native, Moon moved to Houston, Texas in 2006 with her parents and two siblings for better educational opportunities. She graduated from high school three years later and earned her associate's degree in medical health and science from Houston Community College in 2013.

"I moved to the U.S. when I was sixteen with my family," said Moon. "At first I didn't want to go, but now I think it was one of the best decisions I made."

After making Houston her new home, Moon was able to experience a new American culture while bonding closer with her family.

When she joined the Army in 2013, she hoped she could one day go back and serve in the country she was born. Her dream came true when she arrived to the 210th FA Bde. in

"I was really glad when I heard that I was coming back to Korea," said Moon. "I was really excited that I could do something for the country that I spent my childhood years in."

During Korean holidays, Moon tries to visit her family in Busan, but sometimes finds it hard because she is located in Dongducheon, which is approximately 250 miles north of the country's second largest city.

"It is really nice going down home for the holidays," Moon mentioned. "During the Lunar New Year this year, I met some of my relatives I haven't seen in almost a decade. They were really surprised to see me there, and that I'm a U.S. Soldier."

On her free time, Moon utilizes her ability to speak both English and Korean languages by volunteering at the local volunteer center, where she teaches English to the local citizens.

"Out of the little things I can do here, I was glad that I could help the people here," said Moon. "I spent a lot of time studying English when I was a student in Korea and now I

am here teaching it. I've been in their shoes and I believe I can really help them out."

She also helps her fellow Soldiers explore Korea by ensuring they receive the proper cultural experience.

"I like to tell others to go out and explore Korea," said Moon. "It is a great place and I recommend them to try the local food and see the beautiful scenery."

Moon is currently working on earning her second associate's degree with plans to enroll at the University of Texas at Austin while continuing her Army career. She would also like to return to Korea to serve in order to show loved ones her home country.

"In the future when I have family, I want to have my kids come with me when I go back to Korea," said Moon. "I want to show my kids where I was born and raised. I want them to know that Korea is, and always will be, home to me and hope they realize what a beautiful land it is."



🖾 WARRIOR NEWS BRIEFS 🥸

SHARP:

The Sexual Harassment Assault and Response Prevention Program reinforces the Army's commitment to eliminate incidents of sexual assaults through a comprehensive policy that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability. The Army's Policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

2ID: The Hotline is available 24/7 call DSN 158 or from any phone, 0503-363-5700 USFK 24/7 Sexual Assault Response Hotline DSN: 158 Commercial: 0503-363-5700, from US: 011-82-53-470-5700

DoD Safe Helpline: 1-877-995-5247. For more information, visit www.safehelpline.org

LEGAL UPDATE:

The Judge Advocate General is responsible for assigning a Division Level Special Victim Advocate Counselor. The counselor provides legal advice and representation to victims of sexual assault throughout the military justice process.

The Hotline is available 24/7. Call: DSN 158 or from any phone, 0503-364-5700.

MILITARY SEPARATION:

Initiating Separation Proceedings and Prohibiting

Overseas Assignment for Soldiers Convicted of Sex Offenses (Army Directive 2013-21) Commanders will initiate the administrative separation of any Soldier convicted of a sex offense, whose conviction did not result in a punitive discharge or dismissal. This policy applies to all personnel currently in the Army, regardless of when the conviction for a sex offense occurred and regardless of component of membership and current status in

For more information, visit http://armypubs.army.mil/epubs/pdf/ad2012_24.pdf

FAMILY BENEFITS:

Extending benefits to same-sex Spouses of Soldiers (Army Directive 2013-24) The Army will treat all married couple Soldiers equally. The Army will recognize all marriages that are valid in the location the ceremony took place and will work to make the same benefit available to all spouses, regardless of whether they are in same-sex or opposite-sex marriages.

For more information, visit http://armypubs.army.mil/epubs/pdf/ad2013_17.pdf

2ID EQUAL OPPORTUNITY:

EO is looking for talented individuals who would like to participate in future special observances. Whether you sing, dance, or write poetry, come out and share your talents in an effort to increase cross-cultural awareness.

Contact Master Sgt. Chaelie Carrasco at 732-6549.

AMERICAN RED CROSS:

The American Red Cross Emergency Communications Center is available to help 7 days a week, 24 hours a day, 365 days a year.

When calling the Red Cross, be prepared to provide as much of the following information about the service member as is known: Full legal name, Rank/rating, Branch of service (Army, Navy, Air Force, Marines, Coast Guard), Social Security number, Date of birth, Military unit address, Information about the deployed unit and home base unit (for deployed service members only).

The American Red Cross also offers classes from lifeguarding to babysitting to first aid,

CPR/AED training, learn lifesaving and caregiving skills from experts.

For more information:

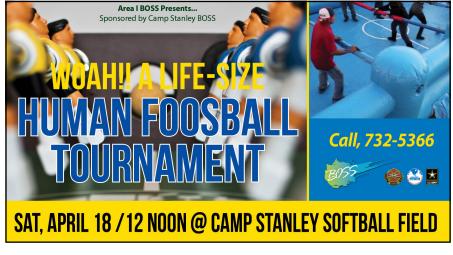
Call (877)-272-7337 (toll-free)

Casey Red Cross: 05033-30-3184 (730-3184)

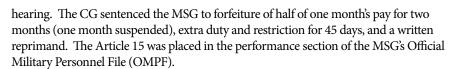
Camp Red Cloud Red Cross: 05033-32-6160 (732-6160)







WARRIOR JUSTICE



On 19 March 2015, at a General Court-Martial, a MSG from 2CAB

2nd INFANTRY DIVISION

SOLDIER MISCONDUCT

was found guilty by the Military Judge of three specifications of assault consummated by battery, in violation of Article 128, UCMJ, and one specification of dishonorably failing to pay a debt, in violation of Article 134, UCMJ. The Military Judge sentenced the MSG to reduction to E7 (SFC) and 75 days confinement.

On 26 March 2015, at a Special Court-Martial empowered to adjudge a Bad-Conduct Discharge, a PVT from HHBN was found guilty by the Military Judge of two specifications of assault consummated by battery in violation of Article 128, UCMJ. The Military Judge sentenced the PVT to 4 months confinement and to be discharged from the service with a Bad-Conduct Discharge.

The CG found a MSG from 1ABCT guilty of committing adultery at an Article 15

The CG gave a 1LT from 210th FAB an administrative General Officer Memorandum of Reprimand (GOMOR) for being derelict in his duties as a Range OIC, resulting in the injury of a Soldier. The CG filed the GOMOR in the 1LT's local personnel file.

The CG gave a SFC from 210th FAB an administrative General Officer Memorandum of Reprimand (GOMOR) for being derelict in his duties as a Range Safety Officer, resulting in the injury of a Soldier. The CG filed the GOMOR in the SFC's local personnel file.

The CG gave a CW2 from 2CAB a General Officer Memorandum of Reprimand (GOMOR) and GO Article 15 for driving under the influence of alcohol (DUI) and fleeing the scene of an accident. At the Article 15 hearing, the CG sentenced the CW2 to forfeiture of one half month's pay for two months (one month suspended) and 60 days restriction. The Article 15 was filed in the restricted section of the CW2's Official Military Personnel File (OMPF) and the GOMOR was filed in the CW2's local unit file.

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매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다 는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지 만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.



지난 3월 27일 캠프 레드 클라우드(Camp Red Cloud)에서 한국군 제 17보병사단과 미 제2보병사단이 다양한 운동경기를 통해 친목을 도 모했다.

〈사진 _ 일병 최유강 / 제2보병사단 공보처〉



지난 3월 11일 한국군 부대 G510에서 제2전투항공여단의 다니엘 라이트 병장(Sgt. Daniel Wright)이 라디오 시스템을 장치하고 있

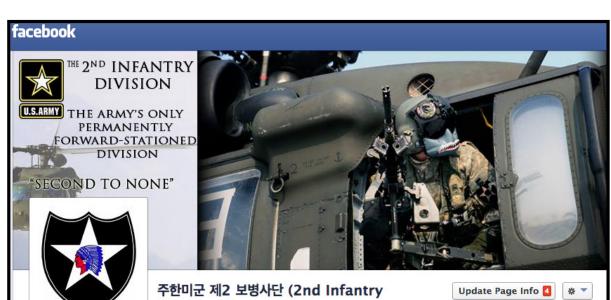
〈사진 _ 병장 송건우 / 제210야전포병여단 공보처〉



지난 2월 28일 강진에서 제2전투항공여단의 마이클 쉬미드 병장 (Sgt. Michael Schmidt)은 다른 장병들과 함께 싸이클레이스 시합 에 참여하고 있다.

Think Twice! 한 번 더 생각하고 행동하십시오!

〈사진 _ 병장 제스 스미스(Sgt. Jesse Smith) / 제2전투항공여단〉



Division-Korean ver.)

402 likes · 8 talking about this

Government Organization

미2사단은 1917년에 창설되어 제1, 2차 세계대전과 한국전쟁에 참전하였고, 그 후 세계적인 테러와의 전쟁에 참여 했다. 전사 사단은 대한민국에 전진배치 되어 한미동맹에 기여하고 있다.



• 제2보병사단 공식 페이스북 페이지 많은 좋아요와 공유하기 부탁드립니다.





지난 3월 27일, 캠프 호비에서 한국군 사관후보생들이 샌드허스트 대회(Sandhurst Competition) 에 나가기 위하여 독도법과 사상자 처리, 사격 측정에 이르 기까지 군사기술을 훈련했다. 이 대회는 뉴욕주, 웨스트 포인트(West Point, NY) 에 있는 미국 육군사관학교에서 4월 10일부터 11일 사이에 행해질 예정이다

인디언헤드 한글판 스태프

미 제2 보병사단장 소장 토마스 S. 밴달 한국군지원단 지역대장

공보참모 중령 제임스 S. 롤린슨

공보행정관 상사 킴벌리 A. 그린 공보관 김혀석 편집장 상병 백성현 **기자**

상병 김경구 일병 최유강 **사진 전문가** 박진우 **삽화가** 일병 박채운

글꼴 배포처 아리따체 : AMOREPACIFIC 함초롱체 : 한글과컴퓨터

인디언헤드 한글판은 미 2사단 카투사들을 위해 공보처에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다. 인디언헤드지는 일성 인쇄소에서 월간지로 발행됩니다. 취재 요청은 732-9132으로 전화 바랍니다.

광병들을 위해 수고하시는 맛절 이주머니 이야기

한미 연합 키 리졸브 (Key Resolve) 훈련기간 중, 한국군 Q510 기지의 작은 텐트 안에는 피크닉 테이블과 가스 난로만으로 이루어진 간이 식당이 있었다. 그리고 아줌마 한 분이 분주하게 한국 음식을 만들고 있었다

제2보병사단 제2전투항공여단 본부 및 본부중대 소속의 매켈라 젠센이병 (Pvt. Makaela Jensen)은 "아줌마, 여기 불고기백반 하나요!"며 "나는 아줌마의 음식을 너무 사랑한다. 아줌마는 햄 치즈 샌드위치에서 불고기 백반까지 못 만드는 음식이 없다."고 말했다.

올해로 만 80세가 되는 박순자씨는 단숨에 불고기를 구우면서 다른 후라이팬에는 계란을 깨뜨려 넣었다. 작은 텐트안이 순식간에 라면냄새와 군만두 굽는 냄새로 가득 차면서 배고픈 제2전투항공여단 장병들은 인산인해를 이루었다.

박순자 씨는 "나는 56년동안 이 텐트에서 미군들을 위해 음식을 만들어왔다"고 말했다.

남편의 사업이 실패한 후, 박 씨는 미군들에게 음료수 파는 일을 시작했고, 그 후 주한미군 본부의 허락을 받아 이곳에서 요리를 하게 되었다.

박순자 씨는 "처음엔 생계를 부양하기 위해 이 곳에서 장사를 했다. 그러나 자식들도 모두 결혼을 하고 남편도 세상을 떠난 지금은 장병들이 내음식을 맛있게 먹는 모습을 보기 위해 요리를 한다"고 말했다.

제2전투항공여단 본부 및 본부중대 한국군지원대 소속 최재혁 일병은 "디팩 (Dining Facility, 미군 식당)도 좋고 전투식량도 괜찮지만 아줌마 식당의 장점은 맛있는 음식뿐만 아니라 언제나 찾아올 수 있다는 점이다"며 "12시간 교대로 계속 근무하는 장병들에겐 디팩에 제시간에 맞춰

가는 것이 여간 어려운게 아닌데 아줌마 식당은 아침 일찍이든 저녁 늦게 든 항상 열려있어서 좋다"고 말했다.

제2전투항공여단 본부 및 본부중대 소속 전영민 병장은 "아줌마 식당은 장병들이 모여앉아 몸을 녹이고 힘든 훈련중 잠깐 휴식을 취하는 장소로 이용되기도 한다"고 말했다.

전영민 병장은 불고기 샌드위치를 베어물며 "이런 추위 속에서도 힘든 훈련을 견딜 수 있는 건 아줌마의 음식 덕분이다. 결국에는 잘 먹은 군대가 강한 법이다"고 말했다.





<기사 및 사진 _ 일병 김청일 / 제2전투항공여단 공보처 번역 _ 상병 백성현 / 제2보병사단 공보처>

모의전투훈련으로 '천하무적'을 추구하다

전차 승무원들은 지친 몸을 이끌고 전차를 몰았다. 사수는 목표물을 찾으며 기회를 노렸다.

전차 바깥의 계곡에는 쥐죽은 듯한 침묵만 흘렀다. 오직 새 소리만 들릴 뿐이었다. 그 순간 적이 움직이기 시작했다.

목표물은 멀리 떨어져 있었고 전차의 엔진은 굉음과 함께 속력을 올리기 시작했다. 운전병은 사격 위치로 전차를 움직였고 전차 지휘관이 승무원들에게 지시를 내렸다. 사수가 목표물을 포착했다.

잠시 승무원들에겐 아무것도 들리지 않았다. 지휘관이 다시 명령을 내렸다.

요란한 소리와 함께 전차가 주포를 발사했고 화염이 치솟으며 대지가 흔들렸다. 전차의 50구경 포는 쉴새없이 총알을 내뿜으며 남은 목표물을 소탕했다.

이상은 지난 3월 3일, 제2보병사단 제1기갑전투여단 제2-9보병대대 장병들이 로드리게즈 실사격장 (Rodriguez Live Fire Complex)에서 가졌던 사격훈련 시나리오의 일부분이다.

제2-9보병대대 찰리중대 중대장인 제임스 휘트니 대위 (Capt. James Whitney)는 "한국에서 근무했던 지난 2년 반 동안 이번이 다섯 번째 훈련이다"며 "매 6개월마다 우리는 이 사격장에 와서 3주간 거너리 테이블 3,4,5 (Gunnery Tables III, IV, V)라는 훈련을 거치고 테이블 6 (Table VI)을 통과하는 것이 목표이다"고 말했다.

휘트니 대위는 "한국은 미군에 남아있는 몇 안되는 사격 훈련을 자주할 수 있는 장소로서 우리는 이것을 기회로 생각한다"고 말했다.

제2-9보병대대는 1950년 7월 31일 부산에 상륙한 최초의 미2사단 부대 중 하나이며 이번 사격 훈련 이후 한반도를 떠날 준비를 하게된다

M1A2 아브람스 전차 (M1A2 Abrams Tank) 사수인 제2-9보병대대 찰리중대 소속 호세 산체스 일병 (Pfc. Jose Sanchez)은 "마지막 사격훈련에 참여하게 되어서 정말 기쁘고 좋은 경험이었다"며 "한국에서 우리는 전차를 다뤄볼 기회를 많이 얻는다"고 말했다.

휘트니 대위는 "우리에게 이것은 또 하나의 훈련에 불과하다. 우리는 여기서 포를 다루고 전차 승무원들의 전투태세를 유지하면서 '오늘밤 싸울'만반의 준비를 갖춘다"며 "보병 병과로 군생활의 대부분을 보낼 몇몇 장병들에게 이것은 첫 사격 훈련이고 매우 큰 의미를 갖는다"고 말했다.

휘트니 대위는 "우리 중대의 전차병들은 전차 안에서 각자의 임무를 수행하며 많은 시간을 보낸다"며 "그들은 사격 훈련에 참가해서 전차를 몰수 있다는 사실에 매우 기뻐하고 있다"고 말했다.

산체스 일병은 "여기서 전차병이 될 수 있다는 것은 엄청난 기회다"며 "전차 안에서 숨쉬고 생활할 기회를 얻는다. 어떻게 보면 전차는 내 집이 나 마찬가지이다. 여기서 24시간 내내 지낼 수 있고, 가능하다면 잠도 여 기서 자고싶다"고 말했다.

산체스 일병은 지금 같이 일하고 있는 승무원들이 많이 그리울 것이라고 말한다. 승무원들은 항상 같이 지내면서 함께 공유하는 경험과 틈틈이나누는 이야기들을 통해 더욱 가까워진다.

휘트니 대위는 "모든 승무원들은 다르다. 네 명의 전차 구성원들은 각 각 자신의 개성과 기술을 통해 전차운용에 기여하고 팀 단위로 움직인다. 구성원들 모두가 하나가 되어 움직이지 않으면 사격 훈련을 통과하는 것 은 불가능하다"고 말했다.

휘트니 대위는 "장병들은 전차를 다루는 것을 자랑스럽게 생각한다. 모든 전차는 이름을 갖고 있다. 어떤 전차는 역사적 전투에서 이름을 땄고다른 전차들은 그냥 재밌는 이름이나 농담으로 이름을 붙였다. 이런 것들이 승무원들에게 자부심과 소속감을 불러일으킨다"고 말했다.

휘트니 대위는 "이런 소속감은 모든 것이 순조롭고 훈련에서 성과를 낼때 더욱 강화된다"며 "그 순간에 아드레날린이 분출되며 희열을 느낀다. 전차병들에게 사격 훈련은 슈퍼볼 (Super Bowl, 미식축구 리그의 결승 전)과 마찬가지이다. 더 이상 좋을 수 없다"고 말했다.









<기사 및 사진 _ 병장 새뮤엘 노스럽 (Sgt. Samuel Northrup) / 제 1기갑전투여단 공보처 번역 _ 상병 백성현 / 제2보병사단 공보처>

♣ 인디언헤드 2015년 4월 13일
사단소식









신천변 청소를 통해 유대감을 다지다

지난 3월 19일 동두천시 시민들과 제2보병사 단 장병들은 신천변을 청소하기 위해 모였다.

300여 명의 제2보병사단 제1기갑전투여단 그리고 제210야전포병여단 소속 장병들과 100 여 명의 자원봉사자들이 신천변 청소에 참석하 였다. 자원봉사자들 중에는 동두천시 다문화 단 체와 노인 사회 단체에서 온 봉사자들도 있었다.

청소를 시작하기에 앞서 신천변의 수질 개선을 위해 미생물들이 들어있는 생분해성 구를 강으로 투척하였다.

오세창 동두천 시장은 "모두가 알고 있듯이 이 땅은 우리들만의 것이 아닙니다"며 "이 땅은 우리 조상님들에게 물려 받은 땅이며 앞으로 우 리 후손들이 지내게 될 땅이기에 훼손해서는 안 된다"고 말했다.

조이현 동두천시 환경 보고과 과장은 "신천변에 쌓이는 쓰래기들을 치우기 위해 동두천시는

매년 이 행사를 주최한다"며 "이 대규모 청소는 2사단 장병들과 동두천시의 봉사 단체 없이는 불가능한 것이다"고 말했다.

파견 근무지에서 임무를 성공적으로 끝내기 위해서 지역 사회 주민들과의 교류는 필수적이 며 신천변 청소같은 행사는 한미동맹을 더 굳건 하게 한다.

2사단 1여단 제302여단지원대대 A 중대 소속 앤서니 벨 일병(Pvt. Anthony Bell)은 "신천 변 청소를 통해 2사단과 지역주민들의 유대감이더 굳건해졌다"고말했다.

동두천시의 중앙에 흐르는 신천변은 여가용 도뿐만 아니라 수자원으로서도 사용되었던 동두 천 시민들의 추억이 담긴 곳이다.

교정 앤젤 레크리에이션 센터 소장은 "신천변 은 동두천 시민들에게 매우 중요하다"며 "어렸 을적 이 곳에서 물놀이를 하곤 했는데 이렇게 오 염되어 있는 걸 보니 마음이 아프다" 말했다.

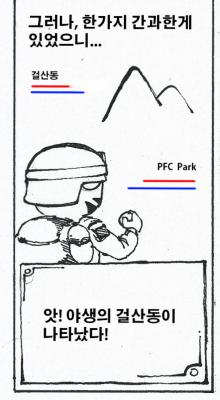
조이현 과장은 "2사단 장병들의 노력에 감사를 표한다"며 "동두천시의 청결을 유지하는 일은 공무원들의 책임이지만 인력 부족으로 힘든점이 많다. 오늘 이 자리에 지역사회를 위해 귀한 시간 내주신 2사단 장병들에게 다시 한번 감사한다"고 말했다.

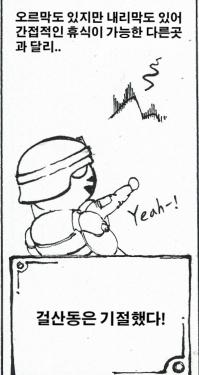
<기사 _ 상병 이서원 / 제210야전포병여단 공보처 사진 _ 박진우 / 제2보병사단공보처 번역 _ 일병 최유강 / 미 제2보병사단 공보처> 2-9 E co 일병 박채운

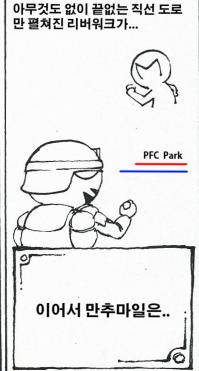
WELCOME TO AREA AREA 1

만추마일! 완주를 향해!

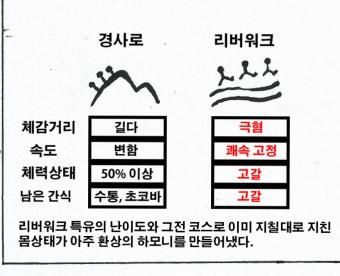




















인디언헤드가 만난 사람들

"논산훈련소에서 가장 기억에 남는 일은?"



제1-72 전차대대 B중대 선임병장 병장 허수행

저에게는 종교행사였습니다. 물론 훈련도 열심히 받았지만 종교행사때 해서는 안되는 행동도 하였습 니다. 특히 조교들이 하지말라고 하던 종교행사의 호응유도도 하고 그러다 중대장님께 걸려 혼도 나 곤 하였습니다. 특히 불교에서 가릉빈가불공을 보고 너무 좋은 나머지 앞에 나가 파도타기를 유도하기도 하였습니다. 물론 그때 중대장님께 엄청난 훈육과 함께 정신교육도 받아서 지금은 그저 재밌는 추억으 로 남아있습니다. 논산에서 저녁시간에 분대원들끼 리 하던 체력 훈련도 정말 기억에 남는것 같습니다. 그당시 전투병에 전혀 관심이 없던 저를 1-72전투병 으로 이끈 것도 이 논산에서의 체력단련이 큰 몫을 하였습니다. 전우 여러분들도 앞으로 남은 군생활을 하며 힘들 때 논산도 이겨냈는데 이정도 하나 못이 길까 그런 생각으로 열심히 낙옆들 조심하며 멋진 군생활 할 수 있기를 바랍니다.



제1-72 전차대대 A중대 전투병 상병 우승환

전 논산훈련소에서의 시간을 남들보다 더 힘들 게 보냈습니다. 군생활에 대한 여러가지 환상과 부푼 꿈을 안고 훈련소에 발을 내딛었지만, 설 연 휴에 갑자기 생긴 내성발톱은 나을 생각을 하지 않고 점점 더 심해져서 항상 고름이 차있었습니 다. 당연히 훈련을 제대로 진행할 수가 없었고 몇 번씩 병원에 입실을 하곤 했습니다. 지속된 훈련 열외로 세상에 홀로 남겨진 기분이 들기도 했지만 이런 저의 기분을 북돋아주고 응원해준 동기들, 가족과 친구들, 그리고 (구)여친의 편지 덕분에 간 신히 유급을 면했습니다. 더 나아가 남들보다 조 금 더 힘들었던 훈련소 생활은 저로 하여금 남은 군생활을 더 값지게 보내야겠다는 다짐을 갖게 해주었고 저에게 전투병의 꿈을 가지게 해 주었습 니다. 그리고 이 다짐과 꿈을 밑거름 삼아 결국 보 병 최고 영예인 EIB를 따게 되었습니다.



제1-72 전차대대 본부중대 인사과 행정/PC 운용병 일병 최현수

2014년 10월 13일, 입대날입니다. 정든 가족과 친구들을 떠나 이름 대신 '216'번이라는 교번을 부 여받고, 통제받는 생활을 시작하는 그 입대날이었 습니다. 아직도 훈련소 첫 날 잠자리에 누웠을 때 바 라본 천장을 잊지 못합니다. 또 종교 행사를 빠뜨릴 수 없습니다. 기독교 행사에서 훈련병들의 단합력과 열정에 감탄헀습니다. 같은 훈련병끼리면서도 5주 차 훈련병이 3주차나 4주차 훈련병을 놀리는 모습 도 인상깊었습니다. 덤으로 주는 부식 역시 고된 생 활의 낙이었습니다. 한번은 분대장이 '몇 번 훈련병 이 사라졌다'라는 방송을 해 저를 비롯한 훈련병들 모두가 패닉에 빠지는 일이 있었습니다. 말로만 듣 던 훈련병 탈영인가 생각하려던 찰나, 결국 그 훈련 병은 분대장들이 인질(?)로 붙잡고 있었고 비상 상 황 대비 훈련이었다는 식으로 마무리 됐습니다. 좋 은 추억이 많았던 논산훈련소였습니다.



제1-72 전차대대 본부중대 대대작전과 행정/PC 운용병 이병 박철진

저는 각개전투라고 생각합니다. 각개전투 연습 과 실제 각개전투를 하면서 옷이 더러워져도 신경 쓰지 않고 열심히 훈련을 받았습니다. 각개전투 를 했다는 뿌듯함 때문이기도 하지만, 논산훈련 소에 있으면서 가장 힘들었던 훈련이었던 것 같 습니다. 군장을 매고 각개전투 교장에 갔다가 군 장을 다시 매고 훈련소로 복귀하는 것이 힘들었 습니다. 교장에서는 반합에 식사를 하는데, 반합 이 너무 오래된 반합이었습니다. 또, 남이 밥을 먹던 숫가락을 물로 헹궈서 사용한 것도 기억에 남는 경험이였던 것 같습니다. 각개전투 연습이 나, 각개전투가 끝나고 나서 군복에 묻은 진흙과 군화에 묻은 진흙을 닦는 것도 고초였던 것 같습 니다. 분대장들도 시범을 보이고 나서 군복을 갈 아입고 군화를 닦았는데 정말 힘들어하는 표정이 아직도 생생하게 기억나는 것 같습니다.

인- 자기 소개를 부탁드립니다

홍- 저는 1-72 전차대대 본부중대 선임병장 병장 홍유신 입니다. 1990년 2월 7일생이고, 선임병장이 되기전에 는 작전과에서 한국군 연락반 업무를 해왔습니다.

인- 부대소개를 부탁드립니다 홍- 제1-72전차대대는 미2사단 1전투여단 소속으로 전차 중대와 보병 중대가 혼합되어 있는 전투 부대입니다. 저희 부대는 한국전 쟁 당시 참전하여 중공군의 공세를 성공 적으로 저지하였고, 그 후로도 동두천에 주둔하면서 대한민국의 안보에 많은 기 여를 했습니다.

인- 여태까지 군대에서 가장 기억에 남 는 에피소드는?

홍- 격투기 경기에서 저희 소대의 미군을 이겼을 때 입니다. 저희 소대는 매주 목요 일에 격투기 훈련을 했습니다. 그때 저희 소대에는 기술이 좋고 육중한 몸을 가진 미군이 있었는데, 덩치도 크고 기술도 좋 다보니6개월 간 한 번도 이길 수 없었습니 다. 그리고 6개월 만에 그 미군을 이겼을 때 너무 기뻤습니다.

인- 지금까지 군생활 중 가장 기억에 남는 미 군은?

홍- 같이 일했던 Hornung 상병입니다. 저는 전 입 하자마자 대대 포사격 훈련에 투입 되었고, 경험이 부족헀던 저는 종종 실수를 하였습니다. 그때마다 Hornung 상병이 자신의 경험담을 들 었습니다. 4개월 전에 한국을 떠나긴 했지만, 아직 도 그가 남긴 조언은 제 군생활에 큰 거름이 되며 제가 선임병장으로서 임무를 수행하는 데에도 큰 도움이 되고 있습니다.

인- 입대한 뒤 지금까지 가장 허무했던 하루는? 홍- 작전과 업무 특성상 한국군 부대에 가서 통역을 하는 날이 많았습니다. 통역을 가기전에는 실수를 하지 않기 위해서 군사용어 등을 철저히 공부하고 준 비했으니, 막상 한국군 부대를 방문하면 부대에 영 어가 너무나 출중하신 지휘관분들이 계셔서 특별히 통역이 필요가 없는 상황이 자주 있었습니다. 그런

경우에는 한편으로는 열심히 준비했던 것들이 물거품이 되어 아쉬움 이 들기도 했습니다.

인- 부대 근처에서 가장 맛있는 음식점은?

홍- 제가 제일 좋아하는 음식점은 보산역 근처에 있는 하루방이라는 식당입니다. 하루방의 제육볶음은 값도 저렴하고 양도 푸짐하여 즐겨 먹습니다.

답함을 조금 느낍니다.

인- 여태까지 본 신병중 가장 답답한 신병은? 홍- 대부분의 신병들이 처음엔 조금 답답했던 것 같습니 다. 저는 이야기 하는 것을 좋아하는 성격이라 신병들이 오면 재미있게 이야기를 하고 싶은데, 전입신병들은 선임들과 이야기 할 때는 긴장해서 그런지 단답형 으로 이야기 하는 경우가 많습니다. 그럴 경우 답

인- 가장 편하다고 생각하는 보직은?

홍- 저희부대는 전투부대이다 보니 딱히 편 한 보직은 없다고 생각 합니다. 그래도 굳이 한 보직을 꼽자면 인사과가 아닐까 싶습니다. 물론 일이 편하다는 의미에서 뽑은 건 아니고 인사과는 지원반장님께서 담당하시는 보직이 기 때문입니다. 지원반장님께서 인사과 선후임 들에게 해주시는 모습을 보면 가끔 인사과에서 일 했으면 하는 생각도 듭니다.

인- 만약 전역한 뒤 재입대 해야 한다면?

홍- 생각도 하고 싶지 않지만, 재입대를 굳이 해야한다 면 지금까지와는 다른 새로운 경험을 할 수 있는 기회 로 생각 하고 긍정적으로 받아들이겠습니다. 만약 재 입대한다면 행정병이 아닌 전투병 같은 다른 보직에서 구하면서 행정병의 2로 해볼 수 없었던 새로운 경험들 을 해보고 싶습니다.

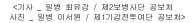
인-중대원들에게 한 마디 부탁드립니다.

홍-중대원들이 각자 자기 역할에 충실하고, 상대방을 진심으로 배려한 덕분에 중대 분위기가 계속 좋을 수 있었던 것 같습니다. 중대의 선임으로서 더 많은 관심 을 갖고 중대원들에게 더 큰 도움이 되었어야 하는데 그렇지 못한 것 같아 항상 아쉽습니다.





제1-72전차대대 본부중대 인사과 선임병장





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인디언헤드는 사랑을 싣고

To. 용신에게

오빠야 나에요 ㅎㅎ 오랜만에 편지 쓰려니까 기분이 이상해. 그래도 이렇게 글로 쓰니까 오빠한테 평소에 하고 싶었는데 못했던 말도 많이 많이 생각나고 좋아!

학교에서 오빠 후배로 만나서 지금 처럼 이렇게 서로 많이 좋아하게 될 줄은 정말 몰랐었는데 어느 새 오빠도 나도 서로를 너무너무 아끼고 사랑하고 있어요 가끔씩 옛날에 같이 장난치고 놀던게 생각 나서 재밌기도 하고 신기하기도 해요!

오빠 군대 생활하는 동안 집이 멀어서 자주 가지 도 못하고 그동안 힘들고 지치는 일도 많았죠? 오 빠도 많이 힘든데 내색도 잘 하지 않고 항상 내가 어리광부리는거 투정부리는거 다 받아주고 아껴줘 서 너무 고마워요! 나도 오빠가 기댈 곳이 필요할 때마다 항상 오빠 옆에 든든히 지키고 서있을게!

오빠 이제 곧 전역하네! 그동안 몸도 마음도 너무너무 고생 많았어요 제대하면 평일에도 하루 종일 데이트하고 가보고 싶었던 곳들도 전부 가보자! 이제 데이트하고 나들이가기 좋은 계절이 왔어요! 오빠랑 함께면 다 좋지만 이번 봄은 오빠랑 연인으로 같이 처음 맞는 특별한 봄이라 더 좋은 것 같아! 남은 시간동안 조금만 더 힘내고 항상 응원하고 있을게요! 사랑해!

From. 풀잎

To 풀잎에게

풀잎아 안녕? 이렇게 공식적으로 편지를 쓰려고 하니깐 많이 어색하다. 하하… 내가 군대오기전에 박풀잎은 학교에서 제일 착하고 친한 후배였었는데 이렇게 사랑하는 여자친구가 된지 200일이 넘었네? 군대에 와서 심하게 다쳐서 많이 힘들어하고 방황할때 짠!하고 나타나서 위로해주고 응원해주고 지금까지 오빠옆에 있어줘서 너무너무고마의!

오빠가 군인이라서 데이트를 할 때마다 이것저 것 힘들고 어려운 점도 많았는데 오빠가 미안해 할까봐 항상 웃으면서 괜찮다고 해주고 배려해주 는것도, 군생활 하면서 힘들거나 답답한 일 있을때 마다 하소연 할 때도 군대에 익숙하지 않아서 무 슨 말인지 이해하기도 힘들었을텐데 끝까지 들어 주고 오빠편 들어주는 것도, 전투부대라 훈련도 많 이나가는데 훈련 나갈때마다 후임들 핫팩이랑 비 상약까지 챙겨주는 이쁜 마음도, 훈련나가면 오랫 동안 연락도 안되고 다녀와서도 오랫동안 외박도 못나가는데 불평 한 마디 안하고 기다려준 것두 진 짜진짜 너무너무 고마워!

우리가 연애를 시작했을 때가 상병 때였는데 벌써 말년병장이네! 우리 풀잎이랑 있다보니깐 시 간이 진짜 빨리 가는 것 같아! 조금만 더 기다려 저 기 밖에 꽃들이 다 떨어지기 전에 전역한다 ㅋㅋㅋ 오빠 전역하면 외박싸인 받게 해달라고 기도할 필 요없이 지금까지 못했던 것들, 하고싶었던 것들 다 해보자! 오빠도 지금까지 못해줬던 것들 앞으로는 많이많이 해줄게! 많이 사랑하고 앞으로 더 알콩 달콩 오래가자!

From. 서호

한미 문화 교류

성 패트릭 데이 Saint Patrick's Day

3월 17일, 아일랜드부터 캐나다까지, 그리고 아르헨티나의 부에노스 아이레스 (Buenos Aires)부터 한국의 신도림까지 전 세계의 거리가 초록색으로 물든다. 클로버로 장식된 초록색모자를 쓰고 초록색 풍선을 든 사람들이 모여 축제를 즐긴다. 아일랜드의 명절인 성 패트릭 데이(Saint Patrick's Day)를 기념하는 행사에 참가하는 사람들이다.

성 패트릭 데이는 매년 3월 17일로 아일랜드에 처음 기독교를 전파한 것으로 알려져 있는 성패트릭 (Saint Patrick)을 기리는 날이다. 공식적으로는 아일랜드의 휴일이지만 아일랜드 이민자와 그들의 후손들이 전 세계에 흩어져 살고 있기때문에 다른 국가들에서도 성 패트릭과 아일랜드의 문화를 기리는 행사를 갖는다. 행사는 다양한축제와 길거리 공연 등으로 진행되며 종교적인휴일이기 때문에 교회를 찾는 모습도 많이 볼 수있다. 또한 이 날 만은 전통적으로 사순절 (기독교에서 부활절 전 40일 동안의 금식, 금주 기간)에서 자유로운 날이기 때문에 많은 사람들이 길

거리에서 술을 마시고 음식을 먹는 것이 자연스러운 풍경이다.

성 패트릭은 5세기에 활동했던 인물로 영국에 서 태어난 것으로 알려져 있다. 그의 회고록에 따 르면 그는 16세에 아일랜드의 해적에게 납치되어 6년간 노예생활을 했으며 그 후 영국으로 탈출해 서 기독교를 공부했다. 그리고 그는 다시 아일랜 드로 돌아가게 되는데 이단을 숭배하던 아일랜드 인에게 기독교를 전파하기 위해서였다. 아일랜드 에 복음을 전파하던 성 패트릭은 460년 경의 3 월 17일에 죽음을 맞이하고 매년 3월 17일은 그 를 기리는 날이 되었다. 성 패트릭의 유명한 일화 로는 아일랜드에서 뱀을 몰아낸 것이 있는데, 실 제로 아일랜드에는 뱀이 없지만 성 패트릭이 오 기 전부터 뱀이 살지 않았을 것이라고 한다. 이런 일화가 생긴 이유는 성 패트릭이 오기 전 아일랜 드에는 이교도들이 살고 있었는데, 그들이 섬기 던 우상숭배의 대상이 뱀이었기 때문에 성 패트 릭이 뱀을 몰아낸 것은 은유적 상징이라는 주장 이 신빙성을 갖는다.

성 패트릭 데이의 상징으로는 아일랜드의 상징색인 초록색과 황금색 그리고 아일랜드의 국화인 클로버가 있다. 클로버가 아일랜드의 국화가된 것은 성 패트릭이 가독교의 교리인 삼위일체를 아일랜드인에게 설명하기 위해 세 잎 클로버를 사용했기 때문이라고 알려져 있다. 원래는 푸른색이 성 패트릭의 상징으로 여겨졌으나 17세기를 즈음하여 클로버와 초록색이 성 패트릭 데이를 상징하게 되었고, 오늘날에는 뉴욕의 왭파이어 스테이트 빌딩 (Empire State Building), 시드니의 오페라 하우스 (Opera House)등을 초록

색 불빛으로 점등하는 행사도 개최되는가 하면 강물을 초록색으로 물들이는 곳도 있다고 한다.

아일랜드에서 성 패트릭 데이는 매우 큰 명절 로 거의 모든 가게가 문을 닫고 하루종일 거리에 서 가두행진이 진행된다. 성 패트릭 데이는 아일 랜드에서 1903년부터 휴일로 지정되었고 1990 년도 부터는 아일랜드의 문화를 전 세계에 알리 는 날로 지정되어 더 큰 의미를 갖게 되었다. 성 패트릭을 기리는 행사는 아일랜드에서 가장 크 게 개최되지만 아일랜드 이민자의 후손이 살고 있는 서구권의 여러 국가에서도 개최된다. 캐나 다의 몬트리올 (Montreal)에서는 매년 북미에 서 가장 큰 성 패트릭 데이 축제가 열리며 퀘벡 (Quebec), 토론토 (Toronto)등에서도 큰 규모의 행사가 열린다. 미국에서는 성 패트릭 데이가 공 식 휴일은 아니지만 아일랜드 이민자들과 아일랜 드의 문화를 기리는 날로 지정되어 매년 대도시 에서 큰 규모의 축제가 열린다. 그 밖에 아일랜드 이민자들이 많이 살고 있는 아르헨티나, 러시아, 일본에서도 행사가 열린다.

이러한 성 패트릭 데이를 기념하는 행사는 대한민국에서도 개최된다. 한국 아일랜드 협회 (Irish Association of Korea)에서 진행되는 성 패트릭 데이 행사는 매 년 수천명이 참가하며 2012년부터는 신도림역 디큐브 자티 (D-Cube City)에서 개최된다. 국내의 다양한 언론사들이 이 행사를 취재하러 모이며 전통 춤과 음악을 선보이기 위해 많은 야일랜드 연주자들이 직접 한국을 방문한다고 한다. 한국 아일랜드 협회는 남산 타워를 성 패트릭 데이의 상징인 초록색 불로 점등하는 행사를 갖기도 했다.

<기사 _ 상병 백성현 / 미 2사단 공보처>