### JANUARY 30, 2015 VOLUME 46, NUMBER 4 WWW.MCBHAWAII.MARINES.MIL Hawaii Marine



Lance Cpl. Khalil Ross | Marine Corps Base Hawai

A Marine from Combat Logistics Battalion 3 calls for a corpsman to help treat a casualty during a battalion field exercise, Tuesday after her unit's simulated forward operating base was attacked at Marine Corps Training Area Bellows. The battalion tested their emergency response in several areas, including a mass casualty drill.

### CLB-3 conducts convoy, mass casualty, COC communications

Lance Cpl. Khalil Ross Marine Corps Base Hawaii

**MARINE CORPS TRAINING AREA BELLOWS** — Combat Logistics Battalion 3 conducted a battalion field exercise Saturday to Thursday. The training was the third iteration in

**MCB Hawaii power** 

combat skills enhancement that CLB-3 has executed.

"The end goal of this training is to ensure that all our logisticians are combat prepared so they can conduct logistic functions in a combat environment," said Lt. Col. Patrick Tucker, battalion commander of CLB-3.

The training consisted of maneuvering in an urban environment, combatting small arms fire and responding to mass casualties, should that ever occur, Tucker said.

"(The training) went very well and they've done a great job making sure the scenarios are realistic." said Tucker. an Arlington, Texas, native. "We're looking for a world-class reaction out of them."

During the mass casualty drill, roleplayers were given realistic looking wounds to add to the drama of an

See CLB-3, A-6

#### outages scheduled

#### **Press Release**

Marine Corps Base Hawaii

Marine Corps Base Hawaii will experience power outages now through May.

The Marine Corps Base Hawaii Facilities Department at Kaneohe Bay, announced they, along with the Resident Officer In Charge of Construction, are in the process of upgrading the main electrical power service to the base.

This extremely important work is required in order to adequately support both existing and new facilities on base by installing service additional electrical cables into the base power grid. Additionally, major work will be accomplished across the base to support a myriad of projects and contracts involving maintenance, repair and surveys.

When the power comes back on, it is not as simple as flipping a switch. The workers must complete a long process in order to slowly and safely restore power.

The next power outages are scheduled to occur Tuesday and Thursday from 6:30 a.m. to 7 p.m.

The following buildings will be affected: guardhouse at the H-3 gate, the pass house, the Lodge at Kaneohe Bay, Kahuna's Bar and Grill, Semper Fit Center, K-Bay Lanes, Riseley Field,

See OUTAGE, A-6



Lance Cpl. Adam Korolev | Marine Corps Base Hawai

Lance Cpl. Caleb Medeina, a volunteer tax preparer and Petty Officer 2nd Class John Lawrence, the noncomissioned officer in charge of the base tax center, look up tax information. The center is open now through April 20.

### Base tax center open for the season

#### Lance Cpl. Adam Korolev

Marine Corps Base Hawaii

Marine Corps Base Hawaii service members, their families, reservists and retirees can have their tax returns completed at the base tax center, now through April 20.

The tax center is located in building 455 near the veterinary clinic.

"The mission is to operate a fulltime tax center augmented with trained personnel for Marine Corps Base Hawaii and tenant commands in order to provide tax return preparation assistance for eligible customers," said Capt. Adam Lindberg, the officer in charge at the tax center. "The purpose of the tax center is to provide MCB Hawaii service members, reservists, retirees and dependents with free high-quality tax preparation and filing."

The tax center will be open Monday through Friday from 9 a.m. to 4 p.m. Walk-ins are accepted Fridays before noon. Walk-in priority will be given to ranks E-5 and below for the first two weeks. The tax center encourages visitors who cannot come in within that timeframe to call 257-1564.

All tax volunteers are service members who come from different units and are required to be and are qualified by the IRS to file taxes through the Volunteer Income Tax Assistance program.

"There are two types of IRS training,"

said Clark Edwards, a volunteer tax preparer. "The first is a program called Link and Learn (provided by the IRS), which is how we get our certification. The other is classroom training provided by certified volunteers."

Before coming into the tax center, patrons should bring their: government-issued identification card, social security card (including spouse and dependents), all tax documents (W-2, 1099), birth certificates for dependents and last year's tax returns.

"It's important that patrons bring proper identification," Lindberg said. "We want to guard against identity

See TAX, A-6



**Caddie for the pros** Service members volunteer at Sony Open, A-4



**Fight for the hill** Service and community members run in King of the Hill 5k, B-1





### WORDS FROM THE BASE INSPECTOR

#### Litter and trash disposal

In accordance with Base Order P5233.1, littering aboard Marine Corps Base Hawaii is prohibited. It is the responsibility of everyone aboard the base to refrain from littering.

Service members who litter may receive a Minor Offense Report with a copy forwarded to their unit commander. Litter thrown from a privately owned vehicle may result in an Armed Forces Traffic Ticket (Department of Defense Form 1408) and a visit to the Traffic Magistrate. Family members and civilians may be issued a Federal Magistrates' Citation (DD Form 1805) which carries a \$20 bail forfeiture for small items (cigarette butts) and a mandatory federal court appearance for larger items. Maximum penalties include a \$500 fine and up to 40 hours of community service. All trash containers are off-limits for scavenging. Authorized containers including dumpsters, barrels, and trashcans are provided for base use only. Persons who live off base, residents of military housing, retired military/civilian personnel and contractors are encouraged to use authorized containers for litter and government generated waste, but are not permitted to use these containers to dispose of personal household waste.

If a dumpster or trashcan is full, no additional material should be placed on or around it. The unit provided dumpster service is responsible for the proper use of the dumpster and coordination with Facilities Department Operations Branch to have full dumpsters serviced. All trash must be bagged or bundled. Trash must be placed in containers to prevent any material from blowing or falling out of the container. All personnel must adhere to instructions posted on containers as to types of materials that may or may not be placed in them. Recyclable materials, hazardous waste, tires, wood and green waste, munitions items, government property (appliances, furniture, TVs, computers), and personal property (for example, personally owned barracks resident televisions and computers) are strictly prohibited in all dumpsters.

Please ensure all members of our military community may enjoy MCB Hawaii by complying with the base regulations.

Semper Fidelis. Lt. Col. D. H. Bohn Base Inspector Marine Corps Base Hawaii MCB Hawaii command inspector hotline: 257-8852 KBAZ\_HQBN\_INSP@usmc.mil

### Hawaii Marine

www.mcbhawaii.marines.mil www.hawaiimarine.com

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> Hawaii Marine, Box 63062, Building 216, MCB Hawaii, Kaneohe Bay, Hawaii 96863 Email: HawaiiMarineEditor@gmail.com Fax: 257-2511, Phone: 257-8837

### ICE COMMENTS

**COMMENT:** I signed up my 5-year-old son for basketball at the Kulia Youth Center and made it to his first practice. I noticed that they were playing with a pretty big ball for their age group. All of the kids were having a pretty hard time even hitting the rim with the ball. I called the youth sports director to ask if there was a different size ball for the younger age group, because he had them using the same size ball as the age group ahead of my son's. The youth sports director informed me that he has done this for seven years and hasn't heard of a smaller ball and isn't going to make any changes to his program. I know for a fact that there is a smaller ball because I used it when I was my son's age. I signed my kid up to learn how to play and also, of course to have fun. How can he do so if no one on his team can score? His age, 5, is a good time to start learning to play basketball; if it is done properly they learn better. I am paying \$65 to watch my son play and have fun, not to struggle at the game and be discouraged. The youth basketball program for 5-year-olds should use a smaller ball.

**RESPONSE:** Dear customer, thank you for your comments regarding the Semper Fit Center's youth basketball program. You are absolutely correct in that there are smaller balls that can be used in the program. However, we adopted standards that were set between the Army, Navy, Air Force and the Marine Corps (back when Hickam Air Force Base and Pearl Harbor were separate installations). The size 5 basketball has been the standard used for the 5-year-old age groups. Please give us some time to look into the issue further to determine what is the best practice amongst youth sports programs for this age group. We are researching the matter with other Marine Corps youth programs, outside youth organizations (YMCA, I-9, Boys and Girls Club) as well as the National Alliance on Youth Sports for their feedback. I ask for your patience while we look into this and I will be getting back to you with our determination once we complete our research.

#### Interactive Customer Evaluation is:

- A web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense.
- Allows customers to submit online comment cards to rate the service providers that they have encountered at military bases and related facilities around the world.
- Allows service providers to collect customer satisfaction data in a standardized format which is stored in the ICE database.
- Provides customers with a convenient and efficient method to express their opinions to service providers and receive feedback.

#### ICE is NOT:

- To be used as a sole source to report safety concerns. \*\*Base Safety should be contacted directly at 257-1830.\*\*
- Intended for use to submit complaints regarding fellow employees or management, to spread rumors, to threaten or to make public announcements.

*Visit the ICE site at http://ice.disa.mil. For ICE FAQs, visit mcbhawaii.marines.mil, then click Departments, Business Performance, then ICE FAQs.* 

#### This week in Corps history

*Jan. 29, 1991: The first serious ground fighting of Operation Desert Storm broke out when Iraqi troops mounted an attack into Saudi Arabia along a 40-mile front. Iraqi units centered their efforts on Khafji, a port city six miles south of the border. Saudi and Quatari troops, supported by artillery from the 1st Marine Division and attack helicopters and other allied coalition aircraft, recaptured the town two days later.* 

#### -U.S. Marine Corps History Division

#### **MARINE CORPS BASE HAWAII EVENTS**

call Marine Corps Community Services Kabuna's Compley (Enlisted Club and A volleyball club meeting

#### IUDAY

Cycling class is scheduled from 9 to 10 a.m. in the Semper Fit Center. This class uses specialized stationary exercise bikes that help burn a large amount of calories and tone up thighs and lowerbody muscles while improving your core strength.

The Maximum Aerobic Definition Step class is scheduled from 10 to 11 a.m. in the Semper Fit Center. The M.A.D. Step class is the ultimate fat burning and strengthstep training class to hit Semper Fit. The hourlong session introduces bodysculpting moves combined with aerobic moves as well as the use of resistance exercise equipment.

The High Intensity Tactical Training Workout of the Day is scheduled from 11:30 a.m. to 12:30 p.m. at the HITT Center. The class will follow the HITT program manual by Headquarters Marine Corps. This class is taught at an intermediate to advanced fitness level.

#### **SATURDAY**

Pyramid Rock Bodysurfing Championship is scheduled Saturday from 7 a.m. to 5 p.m. The 5-week holding period for this 9th annual event runs until Feb 15, depending upon surf conditions. The event is open to the public. Online registration is now closed. Military and Department of Defense civilians may register at the base pool. All others may register the day of the event from 7 to 8 a.m. For more information, Aquatics at 254-7655.

#### SUNDAY

"For the Leathernecks IV Super Sunday," is scheduled Feb. 1 at 1:30 p.m. at Kahuna's Bar and Grill. Doors open at noon. Single Marines and sailors E-5 and below are eligible to meet former NFL Super Bowl players Seneca Wallace, Will Smith, and Daniel Graham, plus DJ Big Mike and emcee Erin Sharoni.

#### MONDAY

Gut Cut is scheduled from 9 to 10 a.m. at the Semper Fit Center. This 30-minute abdominal class is designed to strengthen your core muscles in a vigorous workout.

Ab Express is scheduled from 5 to 5:30 p.m. at the Semper Fit Center. This 30-minute abdominal class is designed to improve core strength efficiently. The class is open to gym users of all levels of fitness.

#### TUESDAY

Anger Management Orientation is scheduled to be held in building 216 from 8 to 9 a.m. This orientation is mandatory for enrollment in the Anger Management Group and is open to active duty and family members. To register, contact the Family Advocacy Program at 257-7780/7781.

Due to a planned base power outage, the Semper Fit Center, K-Bay Lanes and

Recreation Center) will be closed. For more information, call MCCS Marketing at 254-7679.

#### WEDNESDAY

Extreme 60 class is scheduled from 5:30 to 6:30 p.m. at the Semper Fit Center. The class is a 60-minute full-body workout designed to build strength and endurance through high intensity interval training.

This class uses the 20-second workout, 10-second rest method to improve both aerobic and anaerobic exercise while building your strength and endurance.

The College Level Examination Program and Defense Activity for Non-Traditional Education Support program Subject Standardized Tests are scheduled from 8 a.m. to 3:30 p.m. in classroom 5, building 219.

Credit 101: Understanding My Credit Report & Score. For more information on credit managment register online at www.mccshawaii.com/pfmpworkshops or call the PFMP office. The class is held in classroom E of building 220.

Core Strengthening Class is scheduled from 6:30 to 7:30 p.m. This Pilates-style class includes a series of non-impact exercises for total bodysculpting.

Please bring your own mat. Call 254-7597 for more information. A volleyball club meeting will be open to anyone 18 years and older interested in playing volleyball. There will be practices and pick up games. Call 254-7589 with any questions, comments or other input.

#### THURSDAY

Due to a planned base power outage, the Semper Fit Center and K-Bay Lanes will be closed. For more information, call Marine Corps Community Services Marketing at 254-7679.

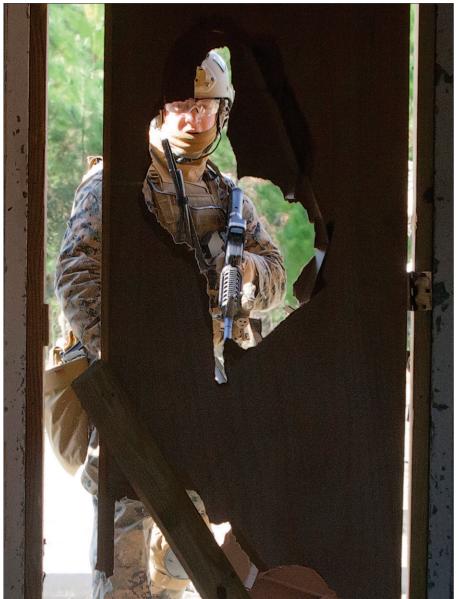
Preschool Storytime is available every Thursday at the base library from 9 to 10 a.m. on the second floor of building 219. There are stories and crafts for children ages 3 and older. The activity is open to all Department of Defense dependents. For more information, call Merri Fernandez at 254-7624.

A College 101 Brief that explains Tuition Assistance, policies and procedures, is scheduled from 11:30 a.m. to 12:45 p.m. at the Education Center. Marines or sailors planning to use Tuition Assistance benefit must attend. For more information, contact Craig Lockwood at 257-2158.

Prepare to get dirty for the 2015 Swamp Romp race. The race is open to the public. Registration is still open for individuals or teams, but late fees will apply. For more information, call 254-7590 or visit www.mccshawaii.com/ swampromp/.

# AROUNDECORPS

### Swift, silent, deadly: Force Recon breaks down doors



**Cpl. Joshua Brown** II Marine Expeditionary Force

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Marines and sailors with Force Company, 2nd Reconnaissance Battalion, conducted limited-skills raid exercises aboard Marine Corps Base Camp Lejeune, N.C., Jan. 16 in preparation for future deployments they might be assigned.

The limited-skills raids tested the Marines by combining several areas of reconnaissance training including breaching, room clearing and enemy detainment.

According to Staff Sgt. Corey A. Gonzalez, a team leader with Force Co., limited-skills raids are vital to reconnaissance units because they effectively allow Marines to enter a hostile area and overcome enemy combatants. Gonzalez said each raid is different and Recon Marines have to learn various techniques for breaching and clearing buildings.

During the exercise, Marines practiced breaching techniques by using explosive charges and mechanized tools to gain entry into fortified buildings. Explosive charges are the primary method used by reconnaissance units to gain entrance into buildings; however, Marines carry secondary tools such as sledgehammers and Halligan bars in the event that an explosive charge fails to detonate.

For many of the Marines, this was their first time using these charges

A Marine with Force Company, 2nd Reconnaissance Battalion, 2nd Marine Division enters a mechanically breached room during a breach and clear exercise aboard Camp Lejeune, N.C., Jan. 15. Marines with Force Co. conducted explosive and mechanical breaches and limited-skills raids in preparation for future deployments.

and techniques to gain entry and clear a building.

Sgt. Daniel Burnap, an assistant team leader with Force Co. said this was a new experience for a majority of the Marines. He said the training was great because the facility allowed them to practice breaching scenarios while firing simulated rounds, which is realistic to reconnaissance missions.

The skill levels within the group varied greatly, so the team leaders and assistant team leaders with more experience provided instruction to the inexperienced Marines within their teams. Gonzalez, who has deployed twice to Iraq, said his experiences on deployments have shown him the importance of training and constantly practicing the techniques.

"We train to high standards so we can attain mission success under any circumstance," Gonzalez said.

Teamwork was stressed throughout the duration of the exercise and team members rotated tasks in an effort to learn the responsibilities associated with each position within the team. Gonzalez said the value of the training for the unit was ensuring each Marine understood the basics of limited-skills raids.

"We established a foundation for the junior Marines and executed without hesitation," Gonzalez said. "In a real scenario, we would gauge our success by mission success. But here, it was all about establishing ourselves as a detachment. We did that very well."

Cpl. Joshua W. Brown | II Marine Expeditionary Force

### Serbian soldiers, US forces unite in urban warfare training

Sgt. Russell Midori

U.S. Marine Corps Forces Europe and Africa

**NOVO SELO TRAINING AREA, Bulgaria** — Marines and Serbian soldiers shared skills for urban warfare in Bulgaria, Jan. 17 as part of Exercise Platinum Lion 15.

The tactics exchange was led by Marines from Black Sea Rotational Force 14, who have been operating with NATO Allies and partners in the Black Sea Region since August. The rotational force is supplemented by 2nd Battalion, 2nd Marine Regiment, with Platinum Lion 15 being their last military-to-military engagement.

"They didn't need to be taught a lot, because they already knew how (Military Operations in Urban Terrain) goes, how to clear buildings and how to patrol," said Lance Cpl. Bradley Price, a mortarman with Weapons Company, 2nd Battalion, 2nd Marines. formations, stacked in two- and four-man teams in front of entry points, and gave assertive commands to potential enemies in several languages. These procedures have become standard for the Marine Corps and they are becoming increasingly standard for the Serbians, Bulgarians and Romanians training every day at EPL15.

"The main thing is, if we ever have to fight side-byside, we now have just a better understanding of how we each operate so that we can work together more smoothly," said Lance Cpl. Cole Domke, a mortarman with Weapons Co., 2nd Bn., 2nd Marines.

Domke said understanding urban operations are one of the key components of effective service as a modern rifleman.

Besides the obvious applications of urban-combat skills in Iraq and Afghanistan, urban warfare training grew considerably after World War II, and has received special attention since the 1990s when it became a top priority for then-Commandant Gen. Charles Krulak.



Price said their pre-existing knowledge made communication easy as they ran through scenarios in the MOUT town, which is a life-size simulation of an urban area, inclusive of buildings and roads.

The training included procedures for two and four-man room-clearing, single- and multiple-room clearing, multiple-story room clearing, patrolling through an urban environment and caring for a casualty in an urban environment using BSRF Marines to play opposition forces to create scenarios designed to challenge the service member.

"The situations we had (were) quite realistic," said Lance Cpl. Ognjen Samolovac, a sniper with the Serbian army. "There are not (many) chances to have training like this, and we are glad we could show we are able to work together," said Samolovac, a Zrenjanin, Serbia native.

Marines and Serbian soldiers patrolled in

During that time, Marine leadership thoughtfully studied MOUT, and a shift in training more inclusive of urban warfare began as Marine Corps Warfighting Publication 3-35.3, was released and implemented.

The publication correctly predicted the Marine Corps would "continue to play a prominent role in … peace, counterinsurgency, and contingency operations centered on urbanized areas."

A Pentagon study predicts that 85 percent of the world's inhabitants will be crowded into coastal cities within the next five years. Threats grow proportionally with cities, so worldwide urbanization carries challenges that extend far beyond the Marine Corps. This type of training is crucial for building the military capacity of partner nations as they face dynamic threats in urban areas.

gt. Russell Midori | U.S. Marine Corps Forces Europe and Africa

Lance Cpl. Michael Taylor plays the part of a casualty being dragged to safety by Cpl. Trivunovic Milan (left) and Master Sgt. Ivan Tucic (right). Serbians conducted MOUT training with Marines at Novo Selo training area in Bulgaria, Jan. 17 as part of Exercise Platinum Lion.

#### 7th Regiment evaluates mission readiness before deployment

#### Lance Cpl. Julio McGraw

Marine Corps Air Ground Combat Center, Twentynine Palms

MARINE CORPS AIR GROUND COMBAT CENTER TWENTYNINE PALMS, Calif. — Smoke rises from the ground and tear gas billows out of canisters, engulfing the Marines of 3rd Battalion, 7th Marine Regiment. Riflemen settle into fighting holes, amidst cold winds and harsh desert conditions, while quickly equipping their gas masks.

Marines with 7th Marine Regiment participated in the Marine Corps Combat Readiness Evaluation Exercise aboard the combat center, Jan. 12 through 21.

During the exercise, Marines from 1st Battalion, 7th Marine Regiment to peer-reviewed their counterparts in 3rd Bn., 7th Marines. Members of 3rd Bn., 7th Marines are slated to deploy as part of Special Purpose Marine Air Ground Task Force - Crisis Response - Central Command 15-2.

"This training is a pre-requisite for deployment and the Integrated Train-



Lance Cpl. Julio McGraw | Marine Corps Air Ground Combat Center, Twentynine Palms

Cpl. Paul Regotti, squad leader, India Company, 3rd Battalion, 7th Marine Regiment, provides security for Marines exiting a MV-22B "Osprey" tilt-rotor aircraft during an air assault on a Military Operations on Urban Terrain town.

ing Exercise held here at the (Combat Center)," said Capt. Kevin Fallon, company commander, India Company, 3rd Bn., 7th Marines. "The only difference is that in this exercise we are evaluated at a more internal level by the regiment."

The 10-day field exercise consisted of different missions spanning over several ranges aboard the combat center. The missions were similar to what a deployed Marine Air-Ground Task Force could face.

"It was a good way to flex our muscles

on certain things that we usually do, but this time we could execute it with all of the moving parts on a battalion level," Fallon said.

The three companies of 3rd Bn., 7th Marines, conducted exercises that included a 20-kilometer movement-tocontact and dug-in a defensive posture with fighting holes. While there, the Marines were tested on their ability to set-up and react to both physical and chemical attacks.

A company-level helicopter assault on a Military Operations on Urban Terrain town was also conducted using MV-22B "Osprey" tilt-rotor aircraft. At Range 210, Amphibious Assault Vehicles from Delta Company, 3rd Assault Amphibian Battalion and M1A1 Abrams Tanks from 1st Tank Battalion, Bravo Company, supported each of the companies as they cleared objectives.

"The feedback 1/7 gave us is definitely of great value and will be implemented to make our company and our battalion be better prepared for what lies ahead," Fallon said.



Service members meet golfers and professional tour staffers at the 18th hole during the Sony Open in Hawaii Official Pro-Am Tournament at the Waialae Country Club Jan. 14, in Honolulu.

### Service members caddie for pro golfers at Sony Open

Air Force Staff Sgt. Chris Hubenthal Defense Media Activity – Hawaii News Bureau

**HONOLULU** — Thirty Hawaii-based service members from five military branches were selected to caddie for PGA Tour players during the Sony Open in Hawaii as part of the Birdies for the Brave Military Caddie Program at the Waialae Country Club Jan. 14.

Military families were also invited to the official pro-am tournament as part of the Birdies for the Brave Military Appreciation Program, supported by the Pasha Group, Jan. 15 through 19.

"On the 18th fairway active-duty service members are invited by the PGA and the Friends of the Sony Charities to participate in the event by caddying for a pro on the 18th fairway," said Mike Connolly, Pasha Group Ocean Services Relocation Services vice president. "They will literally relieve the normal caddie of his bag and act as a real caddie for that 18th hole. This is just a wonderful opportunity for us to give something back as well and thank people for their service." Capt. Casey Ward, assigned to the 3rd Marine Regiment, used the volunteer opportunity to not only spend one-on-one time with pro golfers, but also to contribute and better the event. "Golfing has always been something I enjoy doing on my off time and being able to come out here and spend time with professional golfers, some of whom are in the golf hall of fame, is a phenomenal experience," Ward said. "Any opportunity where we can come out, contribute and give back is something we will always take the opportunity to do."



Ward sees the Military Caddie Program as a unique experience for the armed forces volunteers and is humbled to have been selected.

"I think it is more of a product of opportunity that you can come out here and participate in these kinds of events," Ward said. "I'm very honored and blessed to have the privilege to do this because not everybody does."

Paul Goydos, professional golfer and winner of the Sony Open in 2007, took time to meet with service members and veterans at the Birdies for the Brave during the event.

"These are heroes," Goydos said. "The real heroes at the Waialae Country Club at the Sony Open are sitting in this tent, not playing on the golf course. They are inspirational to me. These are people (who) have something in them that I obviously don't, for them to go out and do the things that they do. I come out here to inspire myself. These are good people."

The 2015 Sony Open marks the seventh year the Birdies for the Brave teamed with military service members during PGA Tour events across the United States.

Two service members chat with a professional golfer at the 18th hole. This was part of the Birdies of the Brave Military Caddie Program.



*ABOVE:* Sgt. Robert Rioux (right), 3rd Marine Regiment motor transport operator, caddies for professional golfer Brian Harman (left).

*RIGHT:* U.S. military service members watch Vijay Singh, professional golfer, tee off at the 18th hole. Thirty service members participated in the Birdies for the Brave caddie program at the Sony Open Pro-Am where they volunteered to caddie for pro golfers.



### **ENVIRONMENTAL CORNER**



#### Whales!

Whales have been spotted off our shoreline at Marine Corps Base Hawaii Kaneohe Bay.

From now through May, humpback whales come to our warm Hawaiian waters to breed and give birth to new calves.

Whale watching vessels are prohibited in our 500-yard marine buffer zone, so take a pair of binoculars and spend some time on our beaches facing the Pacific Ocean. Good viewing spots are North Beach and Pyramid Rock Beach.

While we don't know exactly when they'll surface, be patient and you might see one breaching or a burst of mist as the whale breaks the surface to breathe. When breaching, these

In the Wrong Place

giants generate enough upward force with their powerful flukes to lift approximately two-thirds of their body out of the water. Researchers believe breaching is part of the whale's courtship or play activity. Whales also do fluke slaps, flipper slaps and headslaps in the water.

Adult whales range from 40 to 50 feet long and weigh about 25 to 40 tons with flippers as long as one-third of their body length. Every year they travel 6,000 miles round-trip from Alaska to Hawaii and back. It's one of the longest migration distances of any animal species.

Listed as an endangered species, we're fortunate that a few of them have come to play in our waters this year.

For more information about humpback whales, visit hawaiihumpbackwhale.noaa.gov/.

### **Past meets future: MCB Hawaii offers free environmental class**

In the bin below there are some things that should be some

of being in the bin, what else could have been done with them?

**Christine** Cabalo Hawaii Marine

Marine Corps Base Hawaii's history and how to preserve its future were the topics of discussion at a class hosted at the Environmental Compliance and Protection Department held Tuesday.

The Local Environmental Awareness class is offered every two months and first started in August 2011. Anyone with base access may reserve a free seat to the classes held during the year.

"They'll learn about the endangered and protected wildlife and marine life we're protecting here," said Michele Chang, who is the environmental management system coordinator and runs the class. "(They will also see) evidence archaeologists have (uncovered) about native Hawaiian life 700 years ago and why this peninsula is still important to native Hawaiians and locals today."

Several experts from various sections of the department shared details about their projects and the base's objectives for protecting the environment. The group heard about the department's recent studies of submerged historic vehicles in Kaneohe Bay, including a potential World War II-era P-40 Warhawk.

"I didn't realize we had any historical artifacts submerged off base as big as an aircraft," said Sgt. Whitney Jeter, who took the recent session of the class and is an unmanned aerial vehicle tech from Marine Unmanned Aerial Vehicle Squadron 3. "I was surprised to learn it was even there, I had no idea."

Marines and sailors also watched video accounts about the first settlers of the peninsula from singer and historian Nalani Olds, who is a native Hawaiian. She spoke about the base's role in preserving the peninsula's cultural heritage and archaeological studies.

Each of the class's speakers talked about how daily actions can make an impact. Representatives from the MCB Hawaii Recycling Center said the base collectively throws out approximately 5,000 pounds of trash a year.

"We have our own base landfill that is projected to last for the next 30 years," said Aureana Nguyen, environmental management system manager and compliance inspector, Environmental Dept. "But depending on the pace of our use, we'll have to start sending our waste (off base) sooner."

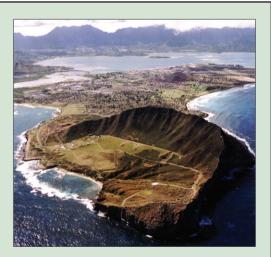
"People can forget the waste they generate doesn't just disappear," Nguyen said. "What we throw out can stay with us for a long time."

During the class, attendees could also talk to senior leaders at the Environmental department about how they can better meet environmental standards. Marines and sailors directly spoke with department leaders about installing more recycling bins to high traffic areas, who to call about disposing outdated equipment and how to get a checklist of environmental concerns for every unit.

Chang and those running the classes regularly ask for feedback on what else to offer or suggestions on how to improve. She said several who have taken the class appreciate having the chance to speak to experts and learn something new about

#### **Help MCB** Hawaii be green, clean

Learn about Mokapu Peninsula and Marine **Corps Base Hawaii's efforts** to protect the surrounding natural resources with the Local Environmental Awareness class. Classes are scheduled Tuesday from 7 to 11 a.m., every two months. The group meets in the main classroom inside building 1359. For



more information or to reserve seats, call 257-9974 or email michele.chang

Christine Cabalo | Hawaii Marine

Aureana Nguyen, environmental management system manager and compliance inspector, Environmental Compliance and Protection Department, points out what is recyclable in an activity for her department's Local Environmental Awareness class held Tuesday. Anyone with base access is welcome to attend the free class to learn about the base's past and protecting its future.

Attendees also learned how to properly sort trash and recyclables, including ensuring cardboard and pizza boxes don't get mixed up, to maintain a healthy environment.

Kaneohe Bay.

"We all want to do the right thing," Chang said. "When people understand why and what we're protecting at MCB Hawaii, they care and want to protect it too."

For more information or to reserve seats, call 257-9974 or email michele. chang@usmc.mil.

@usmc.mil.

Sign up for any of their classes happening this year:

- March 17 • Sept. 15
- July 14
- Nov. 17
- **May 12**



Lance Cpl. Khalil Ross | Marine Corps Base Hawaii

A corpsman with Combat Logistics Battalion 3 triages a simulated casualty after the forward operating base was attacked in a mass casualty drill Tuesday, at Marine Corps Training Area Bellows. There were six casualties that the corpsmen had to treat and evacuate.

#### CLB-3, from A-1

explosion in the middle of the forward operating base.

"The first thing I thought was 'Wow, that was really good,'" said Lance Cpl. Eugene Haynes, a Forks, Wash., native. "It really makes you think that anything is possible out here."

Tucker said the training was very realistic and they've gone deeper with the set up, by ensuring that every logistical function is out there to better combat functionality.

The CLB-3 Marines also conducted convoy operations through urban environments.

"The first (convoy) was really slow and sluggish, but after that, we pulled together and things ran a lot smoother," said Cpl. Jimmy Felix, a motor vehicle operator.

Felix said that the convoy also ran into a few surprises that they weren't used to, such as improvised explosive devices and snipers, but regardless they handled it well.

"Compared to the usual training we do, this was up close and personal," Felix said. "We actually got out of the vehicles and responded to the threats in the town."

Felix also said the enemy roleplayers were great and added a level of realism to the whole scene.

"The only problem with this training is that it isn't long

enough," Tucker said.

The battalion has been doing this training in one-week intervals but, come the summer, they hope to increase that to six weeks or maybe even two-month stretches.

"The thing I'm happiest about with this training is that the Marines have to juggle providing logistical support, receiving reports from the field and responding to whatever happened here (on the FOB) as well," he said.

The battalion commander said practicing all these different capabilities allows CLB-3 to become more multifunctional, allowing them to handle any situation and better the Marine Corps as a whole.

#### OUTAGE, from A-1

Pop Warner Field, Barracks 1604, 1632, 1633, 1654, 5070, 5071 and the Navy Barracks (7021-7025) and 7220.

The base will experience a series of power outages that will affect family housing. This series of power outages will affect both the east side of the base (everything east of Nu'upia stream) on four Saturdays beginning Feb. 14, and the entire base on three Saturdays, as listed below:

- Feb. 14 from 6:30 a.m. to 1 p.m. *East side of base*
- Feb. 28 from 6:30 a.m. to 7 p.m. *Entire base*
- March 14 from 6:30 a.m. to 9 p.m. *East side of base*
- March 28 from 6:30 a.m. to 9 p.m.
  *East side of base*
- April 11 from 6:30 a.m. to 10:30. *Entire base*
- April 25 from 6:30 a.m. to 9 p.m.
  *East side of base*
- May 9 from 6:30 a.m. to 10:30 p.m. *Entire base*

The MCB Hawaii community is advised to visit the base website, www.mcbhawaii.marines.mil, and download a copy of the MCB Hawaii Family Preparedness Plan for Power Outages, which provides tips on what to do to support and prepare your family before and during the outage. Visit the MCB Hawaii Facebook page for updates on the power outages.

#### TAX, from A-1

theft and those types of issues, which have become prevalent recently. With regard to tax documents, service members need to go into their myPay account and print out their W-2 forms. Patrons also need to bring in tax documents for any other source of income, such as stocks. It's (imperative) that anybody visiting the tax center bring in any relevant IRS tax documents so we can be sure to do your taxes correctly."

Another issue tax center visitors may face is not receiving their return because of inaccurate information given to the tax center.

"It's important to bring your account number and routing number for the account you want your refund deposited into because we do the vast majority of our filing electronically," Lindberg said. "If your return is submitted with an inaccurate account number, patrons could face some problems."

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## Sports & Lifestyle



### Marines, community attack KT Hill

Service and community members participate in the King of the Hill 5k race, Saturday at Dewey Square. The race began at Dewey Square and the runners ran up Kansas Tower Hill before following the same route back.

#### Photos by Pfc. Harley Thomas | Marine Corps Base Hawaii

#### **Pfc. Harley Thomas**

Marine Corps Base Hawaii

Service and community members gathered to participate in the King of the Hill 5k race, Saturday at Dewey Square. The annual race up Kansas Tower Hill is the first race of the year aboard Marine Corps Base Hawaii and is also the first race in the 2015 Commanding Officer's Fitness Series.

This year, Patrol Squadron 9 partnered with Marine Corps Community Services Semper Fit to raise discretionary funds. There were approximately 219 runners, ranging from ages 8 to 72, participating in this year's race.

Avery Torres, the race's winner from Kalaheo High School, said he runs up KT Hill often to get ready for cross-country and track, so he was ready for the challenge.

"The hill wasn't that bad," Torres joked. "We usually run hills like that for cross-country, so I was used to it."

Torres, who races in the mile, two mile and 800-meter run categories, said his mother and family are the ones who continue to push him to come out on top. have fun with family and friends. It's nice to come out and have some good competition."

Deniz, who had passed Torres on the way up to KT, said he did so by simply trying to run his own race.

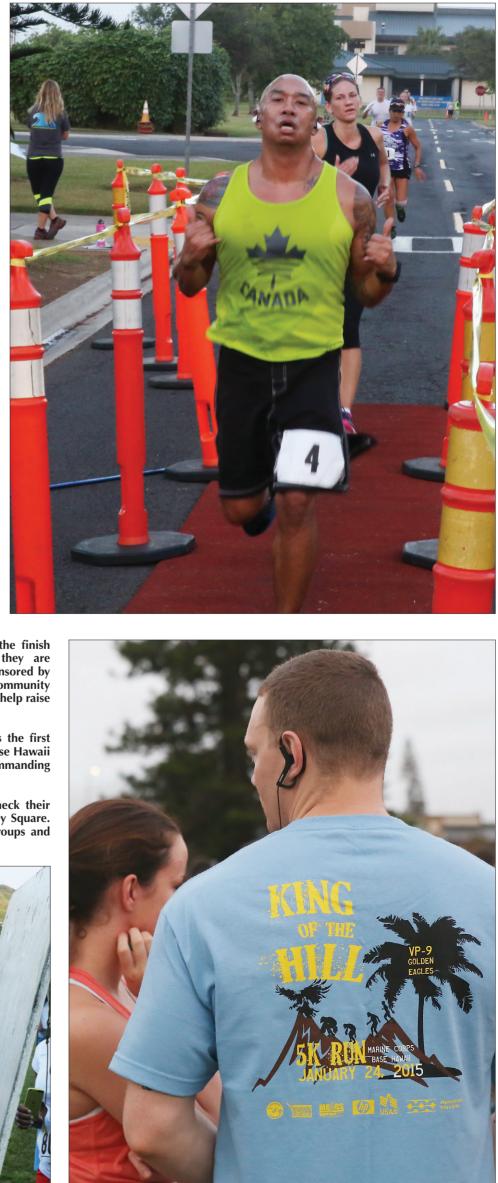
"That's one of the hardest things (to do)," Deniz said. "When you see someone in front of you, you begin to try to pass them, but you have to maintain composure. He was ahead of me and I passed him going up the hill, but as we came down, he passed me and I tried my hardest to pass him up. At the end of the day, the better man won."

The thought of doing the best he could is what pushed Deniz to fight for first place, he said.

"I'm one of those guys who gives it all I've got," Deniz said. "As long as I do that, I'll be happy. The motivation pushed me and I had to do all I (could). I've done this two years prior — I came in first place last year and third place the year before. I'm definitely planning on participating in more races."

Deniz said he enjoys the gratification and thrill of giving it everything he's got.

"I amion daing the best I am "



"In the morning, I told my mom, 'You know, I'm going to win. Nobody is going to stop me,'" Torres said. "She was saying there might be someone working 10 times harder than (me) and that's what motivated me to go. I was leading it and once I got up the hill, this guy started surging up the hill past me because my legs were killing me. My friend Scooter (was next to me) and told me to 'go get him now,' and I did."

Torres said he came into the race with the mindset that he was going to win his first King of the Hill, and was hoping to outdo his own personal record.

"I was hoping to beat 17:28, but I think the hill kept me down," Torres said. "But still, 18:47 (wasn't bad)."

"It was intense," said competitor Jesus Deniz. "It's a great run, it's fun and it's definitely a good opportunity to come out here and "I enjoy doing the best I can," he said. "It's all about testing yourself to see what you're made of. You can put in so many miles in training, but the results are in the competition. You just have to remember to do the best you can, no matter what. Always go back to the basics that, for me, are work hard and train hard, and the results will show."

**TOP RIGHT:** As runners come across the finish line, their times are recorded and they are treated to various fruits and drinks. Sponsored by Patrol Squadron 9 and Marine Corps Community Services Semper Fit, the race was held to help raise discretionary funds for the unit.

**RIGHT:** The King of the Hill 5k race is the first race of the year aboard Marine Corps Base Hawaii and is also the first race in the 2015 Commanding Officer's Fitness Series.

**BELOW:** After the race, participants check their overall time as they are posted at Dewey Square. There were winners for multiple age groups and categories for both men and women.



HAWAII MARINE

### Your weekly guide to the best aspects of entertainment

cinema, music, video game, book and product reviews. The Pass In Review crew idea of what makes a movie, album, game, product or book great. Be sure to take advantage of the Better Know A Critic section, which 3/4 — On Target spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

#### Telcome to the Pass 1/4 – No Impact, No Idea

In Review, your Horrendous. Among the worst of the worst No. 1 source for in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.

#### consists of more than 10 2/4 — High And To The Right

critics, each with their own Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there's nothing better to do.

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

#### 4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.



#### Lance Cpl. Khalil Ross

is the kind of moviegoer who *likes watching movies just* to watch them. Though that doesn't mean he is willing to watch just anything. Some of his *favorite movies range from the* hilarious "Talladega Nights: the Ballad of Ricky Bobby" to the suspenseful "Insidious" movies and everything in between.



### 'American Sniper' 160+ confirmed kills



#### Lance Cpl. Khalil Ross Marine Corps Base Hawaii

"American Sniper" is an inspirational retelling of a man who fought, suffered and sacrificed for the United States of America. Directed by Clint Eastwood and starring Bradley Cooper as Chris Kyle, "American Sniper" captured everyone's attention with its trailer of a sniper aiming down the sights at a woman and child.

1/4

2/4

3/4

4/4

With all the sensibilities that have been layered on all things in life, this shockingly real and blunt scene has struck a primal chord in audiences and begs the question, "What happens next?" It wasn't until I went to the theater that I saw that this was the first scene. From that moment on I was held rapt in every detail and nuance through the two-hour-and-12minute film.

home. Yet when he is on a tour, he can only think of home. It's a vicious cycle that repeats itself and destroys his family life.

Then comes the age-old question that has plagued countless people who work: Where is the balance between work and family? Of course the issue is amplified with Kyle because of his specific job, which is over-watch of friendly units. If he doesn't do his job, U.S. personnel would die and, make no mistake, Kyle is very good at what he does. His fame grows and he acquires the call sign "Legend" for his legendary sniper skills.

Just as his fame grows, so does the rift between him and his family. His post-traumatic stress disorder brings the war back home and after a particular incident jeopardizes his family, he has to seek medical attention from a psychiatrist. Finding the assistance he needs through helping others he continues to save service members in a different aspect. Cooper portrays a great Kyle and really played the stoic hero perfectly. He saves the character from the poor dialogue and carries the movie. One problem I had was a very obvious prop that didn't look real at all; you'll know what it is when you see it. A profound silence enveloped the entirety of the theater as the movie ended. The audience milled about as they were left in a daze. I drove home in a fog, trying to understand the feelings the movie left me with.

Don't despair as you thrust into the story with nothing more than the man behind the rifle. Eastwood definitely knows what he is doing as he rewinds into the past, giving you a sense of the boy who later becomes the legend.

Raised in a Texas household with very straightforward rules, outlining the world in black and white, Kyle goes on to enlist in the Navy and becomes a Navy SEAL. As a sniper in one of the world's most elite fighting forces, there would obviously be some mental setbacks and baggage that would drag anyone down.

Over the years of Kyle's enlistment and the many tours he endures, a certain disconnect begins to set in and he can only think of the war while he is at

"American Sniper" was a great movie and with more than 160 confirmed kills in the movie, I might as well add one more.



"Exodus: Gods and Kings" (in 3-D) PG-13 Today | 6:30 p.m. "The Gambler" R Today | 9:15 p.m. "Into the Woods" PG Saturday | 6:30 p.m. Saturday | 9:15 p.m. "Woman in Black 2: Angel of Death" PG-13 "Night at the Museum: Secret of the Tomb" PG Sunday | 2 p.m. "Unbroken" PG-13 Sunday | 6:30 p.m. "The Gambler" R Wednesday | 6:30 p.m.

**Prices:** All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.



### PMO RECEIVES ACCREDITATION FROM HQMC



Photos by Pfc. Harley Thomas | Marine Corps Base Hawaii

Douglas Wadsworth (right), the chief of staff for Marine Corps Base Hawaii, accepts the accreditation plaque on behalf of the Provost Marshal's Office from Col. Gino Amoroso, the branch head of Law Enforcement and Corrections, during a ceremony Jan. 21 aboard the base.



Members of PMO pose with Wadsworth after the ceremony. The plaque was awarded following months of inspections and evaluations by personnel from the Law Enforcement and Corrections Security Division of Plans Policies and Operations at Headquarters Marine Corps, based out of Washington, D.C. According to an announcement from PMO, the Marine Corps Law Enforcement Accreditation Program was implemented as a means of ensuring compliance with directions and to foster an environment of continuous improvement. This is achieved by evaluating the performance of the installation's PMO and Marine Corps police departments across the full spectrum of their assigned law enforcement duties. Once evaluated, an installation's PMO and police department offices participate in a Plans Policies and Operations-sponsored remediation process tailored to their department. The goal of remediation is to assist the departments in reaching a level of operational excellence deserving of recognition as an accredited Marine Corps law enforcement agency.

### Fill shopping cart, stomach on tight purse strings

Kristen Wong

Hawaii Marine

Cpl. Robert Lulashi walked into the base commissary at Marine Corps Base Hawaii, Tuesday, cover in hand, not to shop, but to learn.

The aviation maintenance status specialist from Marine Heavy Helicopter Squadron 463 received information on budgeting and nutrition from representatives of Naval Health Clinic Hawaii's Health Promotions office and Marine Corps Community Services Hawaii's Personal Financial Management Program during the Healthy & Happy New Year Commissary Shopping event.

"At the beginning of the year a lot of people have an open mind to better themselves financially and physically," said Vondi Martinez, a PFMP specialist. "Since food is one of the largest expenses on the island, (PFMP helps) Marines, sailors and their families learn how to save money at the grocery store by couponing, meal planning, grocery lists and at the same time, (NHCH helps promote) eating healthy."

From the produce to dairy aisle, Tracy Navarrete, the NHCH Health Promotions health and wellness director, gave out various tips about nutrition, food preparation and diet. She even recommended several food brands that were low in calories or sugar or good sources of fiber.

Lulashi, of Middletown, N.Y., said he decided to attend the tour so he could learn how to manage his money and have a healthier lifestyle.

"(For example), I'll buy chicken and I just won't have time to cook," Lulashi said. "(Then it ends up) in my freezer for a month."

Lulashi said he wants to learn ways to get more value for his money.

"I need to exercise my options more," he said.

During the tour, Navarrete shared some healthy tips, like limiting sugar intake to



Photos by Kristen Wong | Hawaii Marine

Cpl. Robert Lulashi, aviation maintenance status specialist, Marine Heavy Helicopter Squadron 463, listens to Tracy Navarrete, the Naval Health Clinic Hawaii's Health Promotions Health and Wellness director, during the Healthy & Happy New Year Commissary Shopping event at the base commissary, Tuesday.

50 grams daily, eating bread that contains at least three grams of fiber, and eating salad at least three times a week.

Single service members living in the barracks don't always have access to a kitchen or a refrigerator. Navarrete suggested small snacks from the commissary like bread from the deli with extra virgin olive oil, rosemary and garlic, or cottage cheese and pineapple, or peanut butter and bananas.

Both NHCH Health Promotions and PFMP will be hosting a three-part series in February to help manage dietary and financial needs. This will feature a Nutrition and Weight Management class, a resting metabolic rate test (that determines their calorie needs in a rested state) and accompanying meal plan, and finally, a commissary walkthrough with an expert to offer them tips on saving money and buying healthy food.

One of the problems Martinez said she has noticed among service members is that many buy food but don't have time to cook. They end up throwing away the spoiled food and eat fast food instead. Instead, she recommends planning meals to save money. One option to gain insight on meal planning is through the walkthroughs. She said having commissary walkthroughs like this is like having a personal shopper, and can help save the service members money. Taking a metabolic rate test as a civilian could cost as much as \$300, she said, and those eligible can take advantage of the class and the clinic's other free services.

"Fast food doesn't seem as attractive because you can make something cheap and simple at home with the knowledge from these classes," she said.

The initial class is mandatory for receiving the MRT, meal plan and a commissary visit. The next class is Feb. 3. MRT is Feb. 10, and the next commissary walkthrough is Feb. 17. The locations will be announced on PFMP's Facebook page.

For more information, call NHCH at 471-2280. For more information about PFMP's upcoming classes, call 257-7783.

#### Stop in for the Personal Finance and Education Expo!

Feb. 24 from 4:30 to 6:30 p.m. at Tiki Island Open to all military personnel, Department of Defense employees, veterans and military families. For details, call 257-1232. www.mccshawaii.com/pfmp/workshops

#### www.facebook.com/pfmphawaii



#### A few tips for shopping, cooking on a budget

- Don't shop for food when hungry
- Plan meals ahead of time and make grocery lists
- Clip and organize coupons before leaving for store
- Consider buying store brands.
- Buy produce from local farmer's markets
- Buy in bulk
- Buy whole chicken instead of pre-cut pieces
- Cook large amounts of food at one time when possible and freeze for later meals.
- Make healthy snacks for yourself by packaging nuts, seeds, veggies or fruits in small plastic bags.
- Use special grocery store discount cards

Tracy Navarrete, the Naval Health Clinic Hawaii's Health Promotions health and wellness director, mentions lady apples as a healthy snack during the Healthy & Happy New Year Commissary Shopping event at the base commissary, Tuesday.



Source: Department of Health and Human Services

#### **COMMUNITY, VOLUNTEER BRIEFS**

#### Living History Day at Mighty Mo

Living History Day is scheduled for Saturday from 9 a.m. to 4 p.m. at the Battleship Missouri Memorial. The event celebrates the 71st anniversary of the USS Missouri's launch from New York Navy Yard in 1944 and the anniversary of its opening as a memorial in Pearl Harbor.

There will be displays of military vehicles, memorabilia and weaponry, reenactors in period costumes, entertainers and more. For more information, visit ussmissouri.org.

#### Royal Hawaiian Band to perform Sunday

The Royal Hawaiian Band is scheduled to perform Sunday from noon to 1 p.m. at the Kapiolani Bandstand. For more information, visit www.rhb-music.com.

#### Wahiawa Public Library to host koto performance

Wahiawa Public Library will host a free traditional Japanese musical koto performance by University of Hawaii professor Darin Miyashiro, Feb. 11 at 6 p.m. The one-hour family-friendly event is suitable for all ages. Young children must be accompanied by a parent or caregiver. Light sakura-themed refreshments will also be available after the performance, while supplies last. For more information, call 622-6345.

#### Martial arts in Chinese culture

Stanley Henning will discuss martial arts in Chinese culture, Saturday at 1 p.m. at Aiea Public Library. He is a researcher in Chinese martial arts history and has studied Yang Style Taijiquan and Shanxi Che in Taiwan. This onehour program is suitable for ages 12 and older. For more information, call 483-7333.

#### Waipahu Public Library hosting movie night

The Waipahu Public Library will be showing a series of family friendly mov-

ies every first Wednesday of the month at 5:30 p.m. The Feb. 4 movie is "How to Train Your Dragon 2," a movie based on the Cressida Cowell's popular children's series "How to Train Your Dragon." This movie is rated PG. Attendees are welcome to bring their own snacks and blankets. Young children must be accompanied by a parent or caregiver. For more information, call 675-0358.

#### Lectures scheduled at Hawaii State Art Museum

Six free public lectures will explore preserving historic cemeteries in the "Experts" series, held this year at the Hawaii State Art Museum at 250 South Hotel Street. This year's theme is "Preserving Our Historic Cemeteries."

- Feb. 5: Scott Pawlowski, World War II Valor in the Pacific National Park, "The Arizona Memorial: Maintaining a War Grave"
- Feb. 12: Tonia Moy and Louis Fung, Fung Associates, "Punchbowl Memorial: Honoring Our Wartime Sacrifices"
- Feb. 19: Laura Ruby, University of Hawaii at Manoa, "The Mo'ili'ili Japanese Cemetery: Preserving a Community Landmark"
- Feb. 26: Richard Miller, Kalaupapa National Historic Park, "Saving a Special Heritage: Grave Marker Preservation at Kalaupapa"
- March 5: Jessica Puff and Regina Hilo, Hawaii State Historic Preservation Division, "Evaluating and Nominating Cemeteries and Burial Places: The State and National Register of Historic Places"

The event is free and open to the public. The hourlong lectures begin at noon at the Hawaii State Art Museum in the No. 1 Capitol Building, 250 South Hotel Street. For details, visit www.historichawaii.org.

#### Volunteers needed for Honolulu Festival

The 21st annual Honolulu Festival is scheduled March 7 and 8. On

March 7, there will be free cultural and arts performances, from 10 a.m. to 6 p.m.

Volunteers are needed for various events and exhibits including providing event schedule and information to visitors and more. Register at www.honolulufestival.com/en/contact/volunteer.

#### Pacific Aviation Museum features guest speakers, activities

"The Discover Your Future in Aviation" event is scheduled March 7 from 9:30 a.m. to 4 p.m. at the Pacific Aviation Museum.

The event features aircraft flyovers, remote control aircraft demonstrations, hands-on activities and more. The museum will also feature the guest speakers like Karen Fuller Brannen, the Marine Corps' first female strike fighter pilot to earn "wings of gold."

The event is free to museum members or with museum general admission. For more information, call 441-1007 or email education@ PacificAviationMuseum.org.

#### **Register for lei making workshops**

The Department of Parks and Recreation will hold a series of lei making workshops this spring in advance of the 88th Annual Lei Day Celebration at Queen Kapiolani Regional Park and Bandstand.

These free workshops are open to the public and provide an opportunity to learn or improve lei making skills prior to this year's Lei Day celebration.

The theme for the 2015 Lei Day celebration is Lei Momi (meaning pearl lei or luminous lei).

The lei contest exhibit will be open to the public on May 1, from 1 to 4:30 p.m., in the area between the bandstand and the Waikiki Shell.

The exhibit boasts some of the most exquisitely crafted lei in a variety

of colors and methods. There are categories for all ages and skill levels, so everyone is encouraged to enter.

For more information, visit www. honolulu.gov/parks.

#### Arts and crafts volunteers needed at TAMC

The American Red Cross is seeking volunteers who are interested in improving the quality of stay for patients and their families at Tripler Army Medical Center through arts and humanities.

Applicants with excellent communication and interpersonal skills who enjoy working with arts and crafts can contact Yolanda Gainwell at 433-6631 or yolanda.m.gainwell.vol@mail.mil.