

Hawaii Marine

Creating a culture of conservation

Lance Cpl. Reece E. Lodder
Combat Correspondent

As resource reduction and ecologically friendly products have become more commonplace than trendy, the U.S. military has embraced sustainability and environmental initiatives. Marine Corps Base Hawaii has distinguished itself in these endeavors.

Before a crowd of guests, Col. Robert Rice, base commanding officer, introduced the base's newest "green" resource, an E85 ethanol fueling station built as part of continued expansion of alternative fuel initiatives, Nov. 18. "As always, we are excited to lead the way in conservation," Rice said. "The use of E85 alternative fuel along with 70 flex fuel vehicles, three hybrids and 20 electric carts will drive MCB Hawaii's carbon footprint lower and decrease our reliance on imported oil."

Base leadership had been working to bring the E85 fuel station here for almost five years, so it was exciting to see the project finally come to fruition, Rice said.

The E85 station is the first, fully operational pump in the state of Hawaii — military or civilian, said Larry Adams, director of sales and marketing, Aloha Petroleum. Its use supports Headquarters Marine Corps-mandated gasoline reduction goals and the base's goal of reducing fossil fuel consumption 10 percent by next summer.

The fuel's blend, comprised of 85 percent ethanol and 15 percent gasoline, makes use of a sustainable energy resource intended to provide a more environmentally friendly and economical alternative to fossil fuels. Unlike gasoline, ethanol can be produced from agricultural feedstock, including sugar cane, potatoes and corn.

"All these products help drive our gasoline usage down and allow us to start moving toward using renewable resources," Rice said.

Clearly contrasting the other pumps at the base fueling station, the E85 station's golden yellow platform, lines and handles match the gas cap of the flex-fuel vehicles that will fill up with E85. The station augments the base's existing fueling capabilities of biofuels and B20 diesel fuels that are already in use in tactical and government vehicles.

In addition, the base is near completion of its B20 fueling station.

See **FUEL**, A-7

HOME FOR THE HOLIDAYS



Lance Cpl. Reece E. Lodder | Hawaii Marine

The 21-month-old daughter of Lt. Cmdr Alan Miller waves an American flag and greets her father, assigned to Patrol Squadron 9, as he returns home from a six-month deployment, Nov. 16. During the deployment, VP-9 detached throughout the Navy's 5th and 7th Fleet areas of responsibility. From their hub at Kadena Air Base, the remaining portion of VP-9 detached throughout the 7th Fleet AOR, working with a variety of coalition partners including Guam, Indonesia, Malaysia, the Philippines, Singapore, South Korea and Thailand. See A-7.



Lance Cpl. Reece E. Lodder | Hawaii Marine

A beaker of E85 ethanol fuel sits on display at the ribbon cutting ceremony for the new E85 fueling station Nov. 18. The station is the first, fully operational pump in Hawaii, according to Larry Adams, director of sales and marketing, Aloha Petroleum.

families separated by deployment encourages them to come together, and helps those struggling with finances by providing a good holiday meal.

"We wanted to show that Marines are all about giving, and that we're willing to sacrifice some of our hard-earned money to be able to give to the needy," said Sgt. Maj. Marvin Dixon, battalion sergeant major, Headquarters Bn., of Hopkinsville, Ky.

The collected food will mostly be distributed as food baskets to the families of deployed Marines and sailors, single Marines and less fortunate service members identified by various commands on base, Mathis said. The Armed Services YMCA will distribute the remainder of the food to needy families within the local community.

"This is the largest donation of food that has come in," Mathis said. "We couldn't have reached as many people as we have without the generosity we've had at MCB Hawaii."

See **HIKE**, A-6

Pacific Aviation Museum receives its newest attraction

Lt. Brian M. Roberts

Helicopter Anti-Submarine Squadron Light 37

FORD ISLAND — Above the USS Arizona Memorial and Battleship Missouri Memorial, Cmdr. Brian Gebo, commanding officer, Helicopter Anti-Submarine Squadron 37, along with co-pilot Lt. Brian Roberts and aircrewman Petty Officer 2nd Class Bryan Vesce, flew "EasyRider 60" to its final resting place. The Sikorsky SH-60B Seahawk helicopter landed at Pacific Aviation Museum at Ford Island Nov. 16.

EasyRider 60 (Bureau Number 162348) was completed in December 1986 by the Sikorsky Aircraft Corporation and transferred to the U.S. Navy in May of 1987 in Oswego, N.Y. EasyRider 60 served around the globe and had many homes, including HSL-47, HSL-43 and HSL-51, before arriving at the EasyRiders of HSL-37 in April of 2002.

As the "tail bird" at HSL-37 for the last six years, EasyRider 60 continued its service with detachments utilizing the Light Airborne Multi-Purpose System on board frigates, destroyers and cruisers.

EasyRider 60 deployed in the past six months on its final operational mission in support of a presidential visit to Bali. This mission concluded a nearly quarter century career that saw the aircraft amass over 11,000 flight hours.

The "60 Bravo," as the pilots like to call the legacy aircraft, will soon be replaced with the newest helicopter in the fleet, the MH-60R.

As Gebo expertly landed the SH-60B for the last time in front of Hangar 79 at the Pacific Aviation Museum, other aircraft of the past century welcomed it into their fold. Now it rests in the 85,000 square-foot hangar, along with an F-14 Tomcat, F-15 Eagle, Bell UH-1 "Huey," Bell AH-1 Sea Cobra, Stinson L-5 and others.

Inside today's Hawaii Marine

And the winners are...

The Warriors take the football championship over the Assassins, 20-6, **B-1**



A whole new world.

Exotic life from under the ocean await at the Waikiki Aquarium , **C-1**

Weekend Forecast

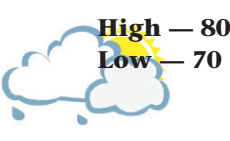
Saturday

High — 79
Low — 71



Sunday

High — 80
Low — 70



NEWS BRIEFS

Postal deadlines and post office closure

Upcoming military postal deadlines for arrival by Dec. 25 are Dec. 3 for parcel airlift mail; Dec. 10 for priority mail and first-class mail, letters and cards; and Dec. 18 for express mail military service.

Holiday packages and mail headed for Iraq and Afghanistan must be sent a week earlier than the deadlines above. Express mail military service is not available to those destinations. See <http://www.usps.com/holiday/shippingcalendar.htm>.

Note, the base post office will remain closed today. It will be open tomorrow from 9 a.m. to noon.

No liberty buses next weekend

The Special Olympic Holiday Classic is scheduled Dec. 4-5. During the event, no liberty buses will be running.

Christmas tree lighting Dec. 5

Marine Corps Base Hawaii will host this ceremony at the base chapel at 5 p.m.

There will be limited seating. Families are encouraged to bring lawn chairs. The U.S. Marine Corps Forces, Pacific Band will perform. The Mokapu Chorus, Windward Choral Society and the Base Volunteer Network will also lead Christmas carols.

Roads near the chapel will be closed to traffic, so plan ahead if you're going to be in the area.

Road Closures

Harris Avenue to reopen Wednesday

Harris Avenue will be completely closed from Selden Street intersection to Bldg. 4088, detour will be available to access Harris Ave. from Selden Street, north driveway to Bldg. 4088 will remain accessible.

Closures are required to perform final repavement over newly installed waterlines.

For information about this construction, call Philip Lum at 257-6900.

Extended closure of Nu'upia Ponds Running Trail until Dec. 31

The entire trail will remain closed for all civilian and military use, whether you enter from the Mokapu (back gate) side or the pedestrian footbridge side near the H-3 (front) Static Display Park. Access is totally prohibited.

The closures are due to an extended time frame needed by contractor to complete all work on the wastewater effluent pipeline replacement project and associated safety concerns.

For information about the project, call Philip Lum at 257-6900. For information about the trail, call Dr. Diane Drigot at 257-3694.

VA health benefits counseling Mondays

A representative from the Veterans Affairs will be at Marine and Family Services, Bldg. 216, every Monday from noon to 3 p.m. to provide counseling on health benefits and enrollment services. This walk-in service is available to all retiring or separating active duty members and their dependents.

For more information, call 257-7787/90.

Important Phone Numbers:

On-Base Emergencies	911
Military Police	257-7114
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Pothole & Streetlight Repair	257-2380
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbh.usmc.mil

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Waimanalo Makahiki celebrates island heritage at Bellows

Lance Cpl. Reece E. Lodder
Combat Correspondent

BELLOWS AIR FORCE STATION — When ocean swells become larger and spells of rain more frequent, residents of Oahu know the rainy season is quickly approaching.

Those whose heritage lies in the islands know the change means more than better surf or another rainy day. It hints toward the shift from the harvest months to the agricultural season, known as the Makahiki.

Recently marked by the simultaneous rising of the Makaliki (Pleiades) constellation in the east and the setting of the sun in the west, the Makahiki season began. In honor of the season's rich heritage, locals and service members gathered at Bellows Air Force Station to celebrate the first Waimanalo Makahiki festival Saturday.

From October until February, the Makahiki season honors the Hawaiian god Lono, the guardian of peace and health, as he arrives for the transition from Ku, a time of war, politics and construction, to Lono, a time of relaxation and celebration of life.

"Between our military ohana (family), schools, civic organizations and local community, Lono is facilitating a positive interaction in all of us," said Kahu Shad Kane, a cultural practitioner with the Oahu Council of Hawaiian Civic Clubs.

In centuries past, Makahiki facilitated an interaction between recent settlers and those already living there, Kane said. The time of peace allowed for communication between chiefs, fishermen and farmers from all around the islands. It gave them time to reflect on what they had and to be grateful for it, said Kuulei Laughlin, president, Hawaiian Civic Club of Waimanalo.

After Lono arrived by way of huakai, the ceremonial pu, or conch shells, were sounded to begin the ceremonial procession. Kalama Cabigon offered the pule wehe, or opening prayer, followed by the Royal Order of Kamehameha procession and the hookupu protocol presentation.

"Makahiki is a tradition passed down from our ancestors to us," said Councilman Ikaika Anderson, Honolulu Council District 3. "And now we have the opportunity to pass it on to our keiki (children)."

Kane shared a brief history of Makahiki and the games began. Children delved into their culture by participating in a variety of Hawaiian exhibition and competition games including spear throwing and stone disk rolling. Visitors enjoyed the spread of a traditional paina, or feast.

"We're focusing on the keiki because the purpose of having the Makahiki was to show and teach them about their heritage," Laughlin said. "It was my dream to have a Makahiki in Waimanalo, and I'm so honored to have the Marines and Air Force participate in it."

[From top] Keelen Gonda, a resident of Waimanalo, tests his aiming abilities in a spear-throwing contest during a Makahiki festival at Bellows Air Force Station in Waimanalo Saturday. Lasting from October until February, the Makahiki season honors the Hawaiian god Lono, the guardian of peace and health, as he arrives for the transition from Ku, a time of war, politics and construction, to Lono, a time of relaxation and celebration of life.

Members of the Royal Order of Kamehameha prepare for their procession during the Makahiki.

Marked by a wooden cross adorned with white cloth and flowers embodying the deity Lono, members of a ceremonial procession walk on the beach.

Kahu Shad Kane, a cultural practitioner with the Oahu Council of Hawaiian Civic Clubs, chants during the ceremonial procession.

[Below] Members of a ceremonial procession present gifts to the Hawaiian god Lono during the hookupu protocol presentation of the Makahiki.

Photos by Lance Cpl. Reece E. Lodder | Hawaii Marine

AROUND THE CORPS

Your weekly guide to what's happening around the Corps

East Coast



Pfc. Franklin E. Mercado | 2nd Marine Logistics Group

CLB-6 gets back to the basics

CAMP LEJEUNE, N.C. — In these times of cell phones, computers and other technological advances, the old way of doing things can become archaic, often foreign to new generations.

Combat Logistics Battalion 6, 2nd Marine Logistics, reinforced the basics of military command and control to their Marines during a command operations center exercise aboard Camp Lejeune, N.C., Nov. 17.

It was held in order for Marines to learn basic skills such as plotting points and reading grids on maps, and sending and receiving calls using radios. The simplicity of the exercise was an indication of where the battalion is in regards to prepping for larger field exercises.

See <http://www.marines.mil>

West Coast



Cpl. Andrew S. Avitt | Marine Corps Air Ground Combat Center, Twentynine Palms

First female Marine advisor to teach ANA

MARINE CORPS AIR GROUND COMBAT CENTER, TWENTYNINE PALMS, Calif. — Some members of the Afghan National Army are in for a surprise when they meet their new instructor, Staff Sgt. Tricia McBride, the first female to receive the Advisor Training Group's stamp of approval to advise host nation forces in Afghanistan.

After being the first female to graduate through the Advisor Training Group's program, McBride, from Wilmington, Del., will be deploying with a team of six to teach and evaluate Afghan military logistician instructors in Kabul, Afghanistan.

See <http://www.marines.mil>

Overseas



Cpl. Michael A. Bianco | 31st Marine Expeditionary Unit

31st MEU helps Hong Kong nursery

HONG KONG, People's Republic of China — Eighteen Marines and sailors from the 31st Marine Expeditionary Unit spent the day helping children at the Ma Tau Chung Nursery School in Hong Kong, Nov. 19. Service members visited the school during a port visit by the USS Essex while on deployment in the Asia-Pacific region.

"This is a great day for all the children here," said Snow Cheng, principal of the school. "We can all join together and enjoy our time with our U.S. Marine visitors."

The Marines and sailors spent several hours at the nursery school, playing games and doing activities.

See <http://www.marines.mil>

This week's top story



Cpl. John McCall | 1st Marine Division (Forward)

Cpt. Matthew Ortiz, a team leader from San Antonio, directs a TRAM vehicle while filling protective barriers at a small combat outpost in Musa Qal'eh, Nov. 13.

Marine engineers build outpost after clearing insurgents from town

Cpl. John McCall

1st Marine Division (Forward)

MUSA QAL'EH, Afghanistan — After an operation led by Afghan forces to eliminate the enemy threat in a local town, engineers with 1st Combat Engineer Battalion, 1st Marine Division (Forward), were sent to build a new guard post to maintain security in the area, Nov. 13-14.

Afghan National Army soldiers, Afghan National Police officers and Marine police mentoring teams, set up ambush positions during the night to conduct a surprise attack on enemy insurgents operating within the town.

The following day engineers went to work,

constructing a new patrol base for Afghan forces to conduct missions from. Working through the night and into the early morning, engineers were able to get the new post constructed so that Coalition forces would not lose the newly acquired foothold.

"Building this new post was very important because Afghan forces need a place to operate out of," said Cpl. Matthew Ortiz, 21, a team leader from San Antonio. "All of our work goes toward helping them defeat the Taliban which is why we are here."

With the new patrol base established, Marines of 1st CEB were tasked with conducting a deliberate clear of the town to ensure there were no improvised explosive devices.

"It's important that locals can feel safe where they live and don't have to worry about IED's," said Lance Cpl. Christopher McDowell, 19, a combat engineer from Canon City, Colo.

See <http://www.marines.mil>

Top story from the front



Cpl. Shannon McMillan | 1st Marine Logistics Group (Forward)

Master Gunnery Sgt. Gary Teicher, G-4, Headquarters and Support Company, 1st Marine Division (Forward), watches as British Army Maj. Rozalind P. Qaranc (center) and Pauline Dorrington (right), nurses with Camp Bastion Hospital, draw blood at the Combined Aid Station, Camp Leatherneck, Afghanistan, Saturday.

Deployed donors volunteer to save lives during Walking Blood Bank

Cpl. Shannon McMillan

1st Marine Logistics Group (Forward)

CAMP LEATHERNECK, Afghanistan — A line of volunteers went beyond the doors of the Combined Aid Station during a Walking Blood Bank pre-screening here, Nov. 20.

More than 140 participants volunteered to have blood drawn for testing. Once approved, donors may be called upon at any time to give blood if additional blood supplies are needed.

"I was overwhelmed with the support of all the commands within Regional Command (Southwest) stepping forward to get screened," said Petty Officer 2nd Class Melissa Ramirez, blood coordinator with

Headquarters and Service Company, 1st Marine Logistics Group (Forward). "It shows that we are one team, one fight."

Flight delays can affect the timely delivery of blood products, and if patients need more blood than what is available, this is when the Walking Blood Bank becomes vital. It replenishes on-demand products within a short amount of time, helping medical personnel at the nearby hospital save lives, explained Ramirez.

The United Kingdom's Bastion Hospital is one of the largest medical facilities in theater, treating everything from cuts and bruises to gunshot wounds and improvised explosive device blast injuries. With numerous patients being provided medical care on a daily basis, the medical staff goes the extra mile to make sure they are ready for any situation that may arise.

See <http://www.dvidshub.net>

Spraying Savivors

Lance Cpl. Reece E. Lodder
Combat Correspondent

Piercing, orange flames glow within the steel beast, sharply contrasting with the darkness inside. A giant neon truck screeches onto the scene, spitting out a counterattack clad in silver, spaceman-looking suits. In a flash, the saviors have unrolled hoses, breached the cabin, and begun quelling the fire inside.

Though the situation is simulated, it is the stark reality for firefighters with Aircraft Rescue Firefighting, Marine Corps Air Station Kaneohe Bay. As part of their intensive training schedule, ARFF conducts burn training near the MCAS flightline, on a regular basis.

"Our mission is to save lives and minimize damage to government property," said Master Sgt. Keith Kulman, staff noncommissioned officer in charge, ARFF. "If an aircraft crashes, our first priority is to save those inside. Secondly, we perform salvage and recovery-type missions to prevent expensive

equipment from being destroyed."

Serving MCAS Kaneohe Bay is a challenging yet important duty. The air station is strategically located in the middle of the Pacific Ocean, and the home to a variety of aviation squadrons. ARFF must remain proficient in their capabilities, ready to handle emergencies and preserve assets.

"Every emergency situation is different," said Cpl.

"Every emergency situation is different. Our job is to prepare for anything, so we have to be able to adapt to and overcome any situation."

— Cpl. Brice Kuehn, rescue man, Aircraft Rescue Firefighting

Brice Kuehn, rescue man, ARFF. "Our job is to prepare for anything, so we have to be able to adapt to and overcome any situation."

ARFF uses the Mobile Aircraft Firefighting Training Device, a 50-foot-long stainless steel aircraft mock-up, to practice realistic firefighting scenarios monthly. The mobile unit, widely used by other ARFF units

around the Corps, arrived at MCAS in March 2010 and replaced an outdated, static burn pit at Landing Zone Westfield.

"Instead of just seeing a piece of metal on a concrete pad, you actually have the device in front of you, allowing you to make entry and work around the aircraft," said Kuehn, of Fife, Wash.

Since the MATFD looks like a real aircraft, it enables drivers to practice their approach when responding to incidents, Kulman added.

Based on their experience and knowledge of their teams, section leaders create scenarios set around different types of aircraft and fire zones. Once the scenario begins, a MATFD operator controls the flow of propane to target areas of the device, such as the cabin, cockpit, wings and engines.

The responding team of firefighters arrives, prepares equipment, and organizes their approach before moving in to extinguish the fire. Meanwhile, a second operator watches over the scenario and ensures safety.

Firefighters train to preserve lives, property

Since the MATFD is mobile, it can also function as a realistic training device in exercises. During Exercise Lethal Breeze here, Sept. 8, the device was used to simulate an aircraft fire during an aircraft mishap drill. This training helped ARFF prepare for the 2010 Kaneohe Bay Air Show in September.

Working up to burn training, the firefighters go through nearly 20 classes per month, drawing from the Navy's Aircraft Firefighting and Rescue Manual. Within the ARFF community, the hefty manual is commonly referred to as "the ARFF Bible."

Between reviewing topics such as gear, aircraft danger areas and egress points, and rescue and extraction procedures, the firefighters inspect their trucks daily, testing pumps, appliances, and ensuring their drivability. The sections rotate duties on 48 and 72-hour shifts, taking turns providing immediate alert response on the flightline, Kuehn said.

While the time spent in class is important for the firefighters, they are truly tested when the fires begins burning, said Kulman, of Cobleskill, N.Y.

"You can teach somebody classes all day long, but you can't know what it's like until you put the gear on, experience its weight, and feel the heat of the fire," Kulman said. "That's when you find out if the firefighter is able to work with the stress of combating a live fire."



Sgt. Conrado Jonse, a turret operator with ARFF, MCAS Kaneohe Bay, unrolls a hose in preparation for burn training. After creating scenarios, operators burn propane on target areas of the MATFD, such as the cabin, cockpit, and engines, while a team of firefighters moves in to extinguish the fire.

Firefighters with Aircraft Rescue Firefighting, Marine Corps Air Station Kaneohe Bay, prepare to combat a fire inside a Mobile Aircraft Firefighting Training Device during burn training near the MCAS flightline, Oct. 24. ARFF uses the MATFD, a 50-foot-long stainless steel aircraft mock-up, to practice realistic firefighting scenarios. The mobile unit, widely used by other ARFF units around the Corps, arrived at MCAS in March 2010 and replaced an outdated, static burn pit at Landing Zone Westfield.



Firefighters prepare their hoses to combat a simulated aircraft fire during burn training.



Photos by Lance Cpl. Reece E. Lodder | Hawaii Marine



As a fire simmers inside the MATFD, firefighters work to pull in the hose toward the turret operator during burn training. The turret operator is the firefighter who puts out the most water on the fire, said Cpl. Brice Kuehn, rescue man, ARFF.



Lance Cpl. Estevan Acevedo, a handlineman with ARFF, MCAS Kaneohe Bay, removes his gear after completing a burn training scenario. Based on their experience and knowledge of their teams, section leaders create burn scenarios set around different types of aircraft and fire zones.

The base's new E85 ethanol pumps provide alternative fuel for flex fuel vehicles, like the one pictured. Its use supports Headquarters Marine Corps-mandated gasoline reduction goals and MCB Hawaii's goal of reducing fossil fuel consumption 10 percent by next summer.



Photos by Lance Cpl. Reece E. Lodder | Hawaii Marine

At center, Col. Robert D. Rice, commanding officer, Marine Corps Base Hawaii, and guests cut the ribbon for the base's new E85 fueling station Nov. 18.

FUEL, from A-1

Visitors to the event examined the array of vehicles parked between the fuel pumps, including a biodiesel tactical vehicle; hybrid, flex fuel, and hydrogen cell cars; and an electric cart.

Bulk fuel specialists explained the different types of alternative fuels being used in these vehicles.

“With the E85 station operational, Marine Corps Base Hawaii hopes to help pave the way for wider use of E85 in the state of Hawaii and throughout the federal government,” said Cmdr. Robert Michels, base supply officer.

“Other federal agencies have inquired about using the station, and we look forward to supporting them.”

The use of ethanol fuel blends in vehicles is one of several resource reduction efforts at MCB Hawaii.

In the past year, for example, Rice has helped eliminate plastic bags from the base exchange and replaced plastic foam with biodegradable containers at Anderson Hall Dining Facility.

“Using renewable resources is about national security and energy assurance,” Rice said. “We’re working to create habits in people and make them comfortable with the changing culture.”



Lance Cpl. Reece E. Lodder | Hawaii Marine

Sgt. Matthew Bonnette, finance clerk, and Cpl. Vitaly Zefirov, administrative clerk with Headquarters Battalion, carry the battalion colors in front of a formation of approximately 400 Marines and sailors on a 4.2-mile holiday food drive hike Nov. 19. After carrying 3,580 pounds of food on the hike, they stopped at the base chapel to fill boxes with the goods, donating all the food to Operation Harvest 2010.

HIKE, from A-1

Mathis said the donations ensured the success of the operation and illustrated one of the Marine Corps’ goals — making model citizens — in action.

“Our leadership models it for us and the rest of us follow this illustration of how to be a Marine,” Mathis said. “We’re learning how to give back and an event like this is part of it.”

“Working toward a common goal while building unit cohesion is a great thing,” said Staff Sgt. Tyler Hubbard, substance abuse control

officer and safety manager, HQBN.

Since the battalion’s sections are spread out all over base, the opportunity to come together, put on packs and hike helps develop camaraderie between Marines and sailors, added Hubbard, of Grass Valley, Ore.

Between donations from the Headquarters Bn. hike, Marine Corps Community Service employees and patrons, and those brought to the commissary and base chapel, Operation Harvest garnered approximately 4,576 pounds of donated food this year.

Golden Eagles soar home from six-month deployment

Lance Cpl. Reece E. Lodder

Combat Correspondent

Six months spent apart from family and friends may have felt like an eternity to 380 sailors from Patrol Squadron 9, but time faded away when they started returning last week Tuesday to Marine Corps Base Hawaii from a deployment to Kadena Air Base in Japan and Isa Air Base in Bahrain. The last of the Golden Eagles returned Wednesday.

During the deployment, the squadron, comprised of P-3C Orion anti-submarine and maritime surveillance aircraft, supported the Navy’s 5th and 7th Fleet areas of responsibility.

A group of VP-9 P-3s traveled to Isa AB, where they supported 5th Fleet maritime operations in Operation Iraqi Freedom. From their hub at Kadena AB, the remaining portion of VP-9 detached throughout the 7th Fleet area of responsibility, working with a variety of coalition partners including Guam, Indonesia, Malaysia, the Philippines, Singapore, South Korea and Thailand.

“The emphasis of these detachments was to enhance interoperability and strengthen relationships with our key regional partners,” said Cmdr. Rich Prest, executive officer, VP-9.

This included working to improve maritime domain awareness, said Prest, of Lower Merion Township, Pa. This enabled them to monitor and track maritime activity within the coastal waters of each respective regional partner. Over the deployment’s six-month course, VP-9 worked to enhance coalition interoperability by supporting and participating in two major theater exercises. In June, they worked with Japan during the Undersea Warfare Exercise 2010 in the Western Pacific Ocean. In September, they supported joint forces during Exercise Valiant

“This was an incredibly rewarding experience for our younger sailors in a ‘see the world’ sense,”

- Lt. Cmdr. Alan Miller,
training officer, VP-9

Shield 2010 from Andersen Air Force Base in Guam.

“In both of these exercises, the heralded Golden Eagle maintenance team put forth herculean efforts,” said Lt. Cmdr. Alan Miller, training officer, VP-9. “They provided mission-capable aircraft, enabling the squadron a 100 percent completion rate for all 39 missions during USWEX and 95 percent of missions during Valiant Shield.”

These aircrafts were employed across the full spectrum of maritime patrol and reconnaissance aircraft operational mission sets, said Miller, of Grand Rapids, Mich.

While detached to Clark Air Base in the Philippines in October, VP-9 provided humanitarian assistance to the Philippine military. Using the intelligence, surveillance and reconnaissance capabilities of their P-3s, the squadron assisted in disaster relief operations by surveying storm damage from Super Typhoon Megi.

“Our capabilities are responsive, which allowed us to quickly show our regional partners how we can assist when they are in need,” Prest said.

In addition, VP-9 took more than 10 intelligence community representatives on P-3 missions while in the Philippines, permitting them to experience the squadron’s capabilities firsthand.

“We showed them what the squadron can do so they can better understand how we can help them and further our strategic relationship,” Prest said.

Working on detachments in numerous countries enhanced theater security cooperation and mutual understanding between militaries, and also provided VP-9 sailors the opportunity to increase their cultural understanding of their Asian neighbors, Miller said.

“This was an incredibly rewarding experience for our younger sailors in a ‘see the world’ sense,” Miller said.

Petty Officer 3rd Class Kimberly Begay, an aviation structural mechanic with VP-9, said the deployment was challenging and demanding, but offered the sailors a unique taste of the world. Her co-worker agreed.

“I got addicted to chopsticks,” said Seaman Ashley Romero, an aviation structural mechanic with VP-9, from Las Banos, Calif.

While the deployment was different from others because of the frequent detachments, Begay, of Phoenix, said seeing all of the new countries, taking in the varied cultures and tasting their food was an experience that would be hard to forget.



Photos by Lance Cpl. Reece E. Lodder | Hawaii Marine

Lt. Cmdr. Alan Miller, training officer, Patrol Squadron 9, receives a warm welcome from his wife and daughter after returning from a six-month deployment, Nov. 16. From their hub at Kadena Air Base, the remaining portion of VP-9 detached throughout the 7th Fleet AOR, working with a variety of coalition partners including Guam, Indonesia, Malaysia, the Philippines, Singapore, South Korea and Thailand.

Sports & Health



Sgt. Brian A. Tuthill | Hawaii Marine

Steven Swaby, Warriors running back, powers through Assassin defenders Tuesday.



Cpl. Colby W. Brown | Hawaii Marine

Terrance Nesbit, 1st Battalion, 12th Marine Regiment Assassins wide receiver, catches a tipped pass and ran it in for a touchdown Tuesday.



Sgt. Brian A. Tuthill | Hawaii Marine

Jimmy Newman, Headquarters Battalion Warriors safety defends a pass during the Intramural Tackle Football League Championship game at Pop Warner Field Tuesday.

CHAMPIONS

Warriors roll over Assassins, 20-6

Cpl. Colby W. Brown
Combat Correspondent

Headquarters Battalion Warriors took the Intramural Tackle Football League Championship, 1st Battalion besting 12th Marine Regiment Assassins, 20-6, at Pop Warner field, Tuesday.

"It feels good. We played a good team," said John Dimas, Warriors wide receiver. "We worked hard tonight and came

out on top. The biggest thing is that both teams have a lot of respect for each other. At the end of the night both teams hit hard."

With similar season records (Warriors 6-1, Assassins 5-1) it was a heated game from the first kick.

The Warriors received first, starting at the Assassin's 31 yard line. Two incomplete plays brought up a third down and 10, when Warriors

quarterback Ethan Wilson threw his first completion to an Assassins defender.

The Assassins didn't capitalize on the interception, failing to get a first down and punting the ball back to the Warriors.

"We started off pretty slow," said Terrance Nesbit, Assassins wide receiver. "The defense played a great game tonight but the offense came out slow."

On the Warriors' offense

second outing, penalties stopped them long. Multiple holding penalties brought up a fourth at the 37 yard line, forcing the Warriors to punt.

The Assassins started on their own 25 yard line and threw the ball for a 30 yard completion. They ended the first quarter with possession. Neither team had scored.

Starting the second quarter on a stronger foot, the Warriors sacked the Assassins

quarterback consecutively, bringing up a fourth and 20. The Assassins were on the Warriors' 35 and went for the first but failed.

Gaining possession with a turnover on downs, the Warriors again failed to complete until their fourth play of their drive. A penalty made it a third and 15 scenario, which they converted with a 20-yard pass.

See FOOTBALL, B-6

Base canoe club glides along K-Bay

Christine Cabalo
Photojournalist

Break out the paddles for a new canoe club open to anyone with base access.

Welcoming beginners and avid canoe competitors, "Na Koa Lani" canoe club meets Mondays and Wednesdays at 5 p.m. Club member Jeff Tontini said it's the perfect opportunity to meet new people and enjoy the outdoors.

"For Marines and sailors, the club spurs them to experience Hawaiian culture and esprit de corps in a relaxing setting," said Tontini, who recently paddled in the 42-mile Molokai Hoe race from Molokai to Oahu. "It's physically challenging. Once you start, you get hooked."

Both civilian and service members can join, as well as participate in next season's races against other local clubs. Using wooden canoes, members practice in Kaneohe Bay near Hale Koa Beach.

"It's cool to see everyone get in synch," said Tyler Ozburn, an active duty Marine who participated in several practices. "And then you're able to ride the different waves together."

Although he's participated in other water sports, Ozburn said he was eager to join because team canoeing is a unique Hawaiian sport. He and another active duty Marine, Chris Carr, said it was one of the several activities they hoped to do while stationed here.

"It's not something you can do in other places," Carr said. "I've done recreational kayaking with one or

two people, but this involves a whole team."

Before hitting the water during a recent practice, the group received instruction from Wink Arnott, coach and long-time paddler with the Outrigger Canoe Club. Arnott demonstrated proper paddling technique to prevent strain and how to handle the canoes as the group carried them to the water. Outrigger Canoe Club also loaned two canoes for practice until the base's newly ordered ones arrive.

Arnott, who has paddled since he was 10 years old, said he's glad the base has a new club. He encourages people to consider taking up paddling, since it's a good cardio workout and a way to learn about history. In the past, the base's beaches hosted canoeing competitions featuring paddlers from across the state.

"Canoes are important culturally," Arnott said. "For the Polynesians, they were the mode of transportation, the work vehicle and the recreational racing vehicle."

A practice drew in visitor Christine Storm, who joined in while staying at The Cabanas. Storm is an avid racer of dragon boats, similar to Hawaiian-style canoeing but with more than 20 paddlers in a boat. Although she wasn't a club member, Storm appreciated the warm welcome and an opportunity to paddle at K-Bay.

Seeing the Hawaiian sunset while paddling in the warm waters was a change for Storm.

See CANOE, B-6



Cpl. Colby W. Brown | Hawaii Marine

Participants in the 13th Turkey Trot set off on the 10 kilometer competition across from Pop Warner field Nov. 20.

Thankful for a trot

Cpl. Colby W. Brown
Combat Correspondent

More than 120 foot-racers lined up at the starting line for the 13th Turkey Trot, across the street from Pop Warner field before sunrise Saturday.

The 10-kilometer run was open for civilians and service members from all around Oahu. 3rd Radio Battalion and Marine Corps Community Services organized the event.

"A lot of civilians and [service members] are registered from all over the island, even people from other countries have come out," said Tina Lui, varsity sports and race coordinator, MCCA Semper Fit division.

This is the last scheduled race to be held on base this year.

Racers traveled around base twice,

following a route that took them up Puu Hawaii Loa, near the entrance to the flight line and back to the track.

"It's a great chance to get out and do something fun and stay in shape around the holiday season," Lui said. "It's a nice long distance run and helps prepare for the Honolulu marathon coming up next month."

The fastest racer, Tyler Hubbard, finished in 34 minutes and 12 seconds, a pace of around 6 minutes a mile. He is a runner on the All-Marine Cross Country team. This was his first race here.

"I just love the challenge of it," Hubbard said, a native of Grass Valley, Ore. "I love to push myself. I heard the second guy's footsteps the whole time so that kept me going at a good pace. It was a good race."

See TROT, B-2

Gobblin' all the way to the finish line

“I just love the challenge of it. I love to push myself. I heard the second guy’s footsteps the whole time so that kept me going at a good pace. It was a good race.”

- Tyler Hubbard, first place finisher

TROT, from B-1

Nataliia Kravchuk, with a time of 40:04. was the first female to finish and has been racing in triathlons since she was 14 years old.

“I’m a triathlete, so I like to run long distances,” Kravchuk said, a native of Kiev, Ukraine. “I’m not good at short distances. I don’t have the bursting power but I think I have good endurance.”

“It’s wonderful because it’s very organized because of the military and that makes it fun,” Kravchuk said. Although the race kept her busy, she said it’s beautiful here.

Lui added that these races let runners appreciate the base’s scenery. The trot also allowed children to participate.

Following in their parents’ footsteps, children of participants ran their own race at the Turkey Trot this year. For youngsters, a single lap around the Pop Warner track is a long distance. After the children finished, MCCS gave away turkeys to racers who could answer trivia questions and awarded the race winners their respective medals.

Although this race is the last of the year, many participants look forward to running in next year’s competitions.

“I’m looking for to next year, I want to do every race offered here,” Kravchuk said.



First, second and third place medals wait to be awarded to the winners Saturday.



Nataliia Kravchuk, native of Kiev, Ukraine, crosses the finish line during the 13th Turkey Trot across from Pop Warner field Saturday. Kravchuk was the first female to finish the race.

Photos by Cpl. Colby W. Brown | Hawaii Marine



Children run around Pop Warner field with their parents Saturday. After the Turkey Trot participants finished the race, their children also took part in competition with a single lap around the track.



Water cups litter the road at the half way point of the 10 kilometer run Saturday.



Kravchuk receives her first place medal after she finished with a time of 40 minutes and 4 seconds.



Sports and Health Events

Turkey Burnoff Aerobathon

Drop by the Semper Fit Center today from 8:30 to 12:30 p.m. Bring in a new toy for Toys for Tots and join in on a four-hour series of aerobics classes. The more classes you participate in, the more entries you receive into prize drawings. For more information, call Jon Shiota or Beckie Page at 254-7597.

Intramural Turkey Shoot Golf Tournament

Get into the swing at the Klipper Golf Course Nov. 29. This tourney is open to active duty, Department of Defense civilians, retirees and dependents. Check in is 10:15 a.m. First tee time is at 11:03 a.m. Fees apply. For more information, call Joe Au, 254-7591.

Single Marine and Sailor Program Surf Lessons

Take your board to White Plains Beach on Dec. 5, from 9:30 a.m. to 3 p.m. Fees for this outing will pay for board rental, transportation from Kahuna’s and barbecue. This event is open to single or unaccompanied E5 and below. For more information, contact Neil Morgan or Karley Peterson at 254-7593.

Tobacco Cessation

Classes start on the first Tuesday of the month and run for four consecutive Tuesdays. For more information, contact Health Promotions at 254-7636.

Commander’s Cup Golf Classic

Register by Dec. 10 for this Dec. 17 event at the Klipper Golf Course. Shotgun start is at 12:30 p.m. Special prize awarded for best holiday-themed costume. Grand prize is an overnight stay for two at the Waikiki Resort. For more information, including fees, call Todd Murata at 254-1745.

Nutrition Class Focusing on Performance and Supplements

On Dec. 16, Tripler Army Medical Center dietician Capt. Joy Metevier will conduct a class providing information on performance and

supplements. The free class will be held in the base chapel conference room from 11:30 a.m. to 12:30 p.m. It will clear up faulty ideas about weight loss and supplements, and ensure people are using the safest and most effective techniques for performance training. It’s open to all active duty, retirees, family members and Department of Defense employees. For more information, contact Neil Morgan or Dan Dufrene at 254-7636.

Satellite Fitness Centers

Satellite Fitness Centers are located in Building 1033 and the Flightline Mini Gym, Building 301. Free weights and weight machines are available for use at these locations. Hours vary due to operational commitments. Call 254-7594 for more information.

Personal Trainers Available

For those looking to get into a tailored exercise regimen, or just looking for good advice on weight management and weight control, the Semper Fit Center offers free personal training consultation. Schedule an appointment with a trainer who will take body fat measurements, blood pressure and heart rate readings. For a small fee per workout, a professional trainer will actually work with you to ensure maximum efficiency. Patrons may sign up for an initial assessment and one session a week up to three weeks. Because of a high demand for personal trainer appointments, patrons must wait four weeks between sessions following the initial three visits. For more information, contact Semper Fit at 254-7597.

The Health Promotion Program

The Health Promotion Program umbrella embodies nine key elements, which guide patrons to live a healthy lifestyle. To find out more, call the Health Promotion Program at 254-7636 or e-mail Health Promotion coordinator Dan Dufrene at dufrened@usmc-mccs.org.

New Cycling Class

The Semper Fit Center is now offering a cycling class from 9 to 10 a.m. on Wednesdays.

Semper Fit Group Classes

Zumba

This is a Latin inspired, dance-fitness class incorporating international music and dance movements. It includes a combination of fast and slow rhythms, that tone and sculpt. The class integrates aerobic, interval and resistance training. Dancers and non-dancers will have a blast while getting an incredible workout!

Zumba Gold

Designed for the “active adult population, true beginner (deconditioned)” participant. Class rhythms includes belly dancing, hora, tango and all Latin moves. Great preparation for a Zumba basic class.

Boot Camp

This class is an extremely intense cardio workout with a tough strengthening portion that is sometimes held in the basketball court for a more intense workout.

Cardio Kick

If you’re trying to get rid of pent up frustration or just looking for an awesome workout, this is the class for you! This high-energy class incorporates punches and kick combos to improve endurance, speed and agility, while burning calories and increasing muscle tone.

Cycling

Tired of those boring three-mile runs? Well, come for a ride with us. This class uses specialized stationary bikes to help you burn a large amount of calories and tone up while improving your core strength. Ride to specialized music as you pedal off the pounds.

Gut Cut

You’ve heard the stories. Come experience it for yourself — or are you scared? This 30-minute abdominal class is designed to strengthen your core muscles.

High Intensity Circuit Training

Put the “fun” back into functional training! This is a great workout for people on the go. This hour-long class will incorporate a series of circuits designed to challenge your muscular endurance and will strengthen your cardiovascular system.

Moms on the Move

This class is designed for the active parent done in an outdoor setting involving the kids. Build strength and cardiovascular endurance during this fun group setting. With the use of resistance bands, body weight exercises, abdominal work and plyometrics this can help strengthen your body and mind. Strollers are required if you bring your child.

Normal hours of operation:
Monday-Friday, 4:30 a.m. - 10:30 p.m.
Saturday, 7 a.m. - 10 p.m.
Sunday and holidays, 7 a.m. - 6 p.m.

For more information on Marine Corps Base Hawaii sports and fitness programs,visit
<http://www.mccshawaii.com/semper.htm>

Lucky shots don't make champions

Sgt. Scott Whittington
Combat Correspondent

One thing that has always bothered me about the sport of fighting is when there are lucky shots — those quick knock outs with winners thinking they're "The Man."

You take two really good fighters — like B. J. Penn and Matt Hughes from the Ultimate Fighting Championship — hype up the event to the point of bursting anticipation, and in 21 seconds of the first round, Penn has his arm raised because he caught the Hughes with a fortunate right-handed shot to the head followed by a flurry. Game over.

This is how the recent fight between these two former champions ended at UFC 123. And even though Penn said after the fight that Hughes would always be his idol, his antics didn't really show it.

I'm glad Penn didn't start licking his gloves like some kind of psycho reject from the "Blade" movies. He's done that before.

It's just strange and not very motivating. (Now eating his heart would be interesting, but the fighting commission may not see it that way.)

I know lucky shots are part of fighting and I'm fine with fights ending that way. But jumping all over the ring like you're "Leroy Brown, the baddest man in the whole damn town," is a problem.

He got lucky. He should calm down and be respectful. Hughes handled Penn in a previous fight, knocking the crud out of him in a crucifix in UFC 63 without dancing around.

That was his time, and this one was in the cards for Penn. Just like in poker, you can get a lucky hand.

Some might say I'm mad because I paid \$40 to see another Hughes victory but Penn disappointed me. No, that's not it. It was definitely Penn hooting and hollering like he was king of the ring. Let me repeat, He got lucky.

I prefer to see a fighter be civil after a fight, to acknowledge his opponent as a good fighter, someone worthy enough to be in the ring with.

Don't be doing back flips or jumping on the cage, pandering to the crowd.

I'm sure some of you have seen Hughes do something like that. I don't like that either, but he is Matt Hughes.

Is that a double standard? Yup, but I don't really care. Hughes was a true champion who may be fading out, but he still deserves respect and admiration.

To summarize, Penn got extremely lucky, which I'm fine with. I congratulate him on his victory. But he and those who think he deserved that win should remember, a broken watch is right twice a day. Anyone can get caught.

So he should enjoy his win. Hopefully, the next fighter he faces shows him proper respect — after he lays him out.



Lucky Hits

VS is a recurring column tackling debatable issues in the sports world. Hawaii Marine readers can submit a subject for future columns by e-mailing their ideas to hmeditor@hawaiimarine.com.

If there's a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your "opinion," regardless of how wrong it is featured below. Suit up, ladies ... it's game time.



WHITTINGTON



BROWN

one," when really it just has to do with basic survival instinct. When two humans encounter each other in a ring, adrenaline starts shooting through their bodies.

That chemical enhances your senses and essentially gives you the edge to achieve. For some, the amount of adrenaline or how it is absorbed into blood vessels differs from others. Hypothetically, a good example is how Penn absorbed his adrenaline compared to Hughes. Penn not only absorbed it more quickly, he utilized the abilities that came with adrenaline better.

It just really comes down to Hughes not having that basic survival instinct so necessary to be a successful fighter. It is obvious he once had it with a record of 45-8. But he is old and has lost it.

Luck has nothing to with the fact that he lost or when anybody loses a fight. It's called natural selection, nature's way of weeding out the unnecessary.

If someone's body doesn't have the capability to perform successfully in a fight then they deserve to be knocked out.

No such luck

Cpl. Colby W. Brown
Combat Correspondent

When a fighter throws a punch, the swing is either on mark or not. Luck isn't involved in the equation of connecting with knuckles.

You're a good fighter or not. There's no such thing as getting lucky in a fight.

There's a common misconception that when a fighter loses, his fans have the right to say the opponent got lucky with a wild haymaker.

But in truth, in the back of their minds they know what really happened — their fighter just got his butt handed to him.

It doesn't matter how a knockout punch is thrown, if a fighter has enough will power and stamina to knock his opponent off his feet, he is the winner.

The recent fight between B.J. Penn and Matt Hughes during Ultimate Fighting Championship 123 is a good example of how luck doesn't exist in fighting.

Through technical superiority, Penn knocked out Hughes in 21 seconds. There are some nay-sayers who would like to explain to you how Penn got lucky.

But the fact remains that he came out of his corner swinging and Hughes wasn't properly prepared to face such a versatile opponent. Penn was even fighting in one weight class up.

It just proves the point that there is no such thing as luck in fighting. But I don't believe in luck to begin with.

Things happen or they don't happen. There isn't a four-leaf clover raining an aura around people making them more fortunate than others.

Either you want to win or you don't, and obviously Hughes didn't want to win.

There may be some instances when you tell yourself "Whoa! Got lucky with that

“When a fighter throws a punch, the swing is either on mark or not. Luck isn't involved in the equation of connecting with knuckles. You're a good fighter or not.”

3rd Regiment Marine recognized as athlete of the year

Kristen Wong
Photojournalist

After a recent practice at the Semper Fit Center gym, Sgt. Clayton Dooley and his youth volleyball team lingered for a special gathering. Coach Dooley was recognized as the 2009 Marine Corps Base Hawaii Athlete of the Year.

“We look at [athletes of the year] as being model Marines and sailors who would be a good representation of the base,” said Tina Lui, varsity sports coordinator, Semper Fit Center.

The 27-year-old amphibious assault crewman with Combat Assault Company, 3rd Marine Regiment, from Mission Viejo, Calif., was at a loss for words having received this award, save a cheerful “right on!”

“He wants to be the best at everything,” said his wife.

Dooley’s drive to win has made him a three-time most valuable player in team sports. In 2008 and 2009 he played for the national All-Marine Volleyball Team, as well as the All-Armed Forces Volleyball Team in the International Military Sports Council games.

Dooley regularly plays soccer, football, volleyball, softball, basketball, water polo and tennis. His thirst for sports comes from a desire to “be the best,” he said.

“When he’s on the floor, he’s got no friends,” said Peter Cruz, the Marine Corps volleyball director at Marine Corps Air Station Cherry Point, N.C. “He’s very intense. He plays to win.”

Cruz, who was Dooley’s All-Marine volleyball coach, said he is a “good mentor” to his teammates, and encourages them even if the game is not going in their favor.

“I’m excited for him,” Cruz said of Dooley’s award.

Sports have been part of Dooley’s life since he was five years old, playing tee-ball. He’s also played for various clubs and teams through high school and college.

He has also competed in several body surfing competitions. A recent surfing accident several months ago left him with a separated collarbone. He still has his arm in a sling.

Lexi Coulson, 13, who plays on Dooley’s youth volleyball team, nicknamed him “Nemo.” Like the clown fish from the Disney movie “Finding Nemo,” despite one arm out of commission, Dooley still has one “lucky fin.”

Even one-armed, her coach puts his players to work. Coulson said as the team progresses throughout the season, practice becomes more challenging. For instance, every dropped ball during practice means every team member must do ten pushups.



Kristen Wong | Hawaii Marine

Sgt. Clayton Dooley, amphibious assault crewman, Combat Assault Company, 3rd Marine Regiment, receives a plaque from Col. Robert Rice, base commanding officer, Nov. 17 at the Semper Fit Center gym. Dooley is the 2009 Marine Corps Base Hawaii Athlete of the Year.

San Diego native Jennifer Lynch, whose daughter Hannah plays on the youth volleyball team, said Dooley is “really big on working as a team.”

“He’s awesome, a really good coach,” said Hannah Lynch. “[Dooley is] really good with helping teens our age, knows how to talk to us so we understand.”

Although Dooley gives his team challenges, he encourages them to enjoy the game.

“If they’re not having fun there’s no reason for them to play,” Dooley said.

Dooley’s wife, a former Marine who played on the All-Marine Female Volleyball Team in 2009, also coaches the youth volleyball team. She describes her husband as “patient, considerate, driven” and “goofy.”

“He gets down to their level,” Dooley’s wife said of

his coaching style. “He wants them to build a love for the game.”

One factor the Semper Fit staff took into consideration when choosing Dooley was his volunteerism as well as his involvement in sports. Lui said he is “very active in and around the base community,” helping not only by coaching, but assisting in the Special Olympics swim meet and reading to elementary school children.

Although he has considered playing sports professionally, Dooley plans to stay in the Corps. In April, he plans to participate in an assessment required prior to joining the United States Marine Corps Forces Special Operations Command.

“We have an athlete of the year as a coach,” Coulson said. “Maybe, we’ll be the next athletes of the year.”

FOOTBALL, from A-1

Having field position at the Assassins 27 yard line, it was second down and 10 for the Warriors. They went to the air again, this time in the end zone scoring the first touchdown of the night. They weren't able to complete the two-point conversion, making the score 6-0.

“We knew coming out it was going to be a defensive night,” said Wilson, also the Warriors’ head coach. “But we knew if we scored early then we would have the advantage.”

The Assassins took possession at midfield, but had no success. On a fourth and 10 the Warriors intercepted.

They didn't take advantage of the their possession and punted the ball back to the Assassins.

The Assassins started at their 25 yard line with 52 seconds left in the half. The Warriors’ defensive line came through, rushing deep and picking up the fumble after laying a hard hit on the Assassins quarterback.

The Warriors started at the Assassins 13-yard line with five seconds left. On the last play of the half, the Warriors scored



Sgt. Brian A. Tuthill | Hawaii Marine

Terryn Thompson, Assassin quarterback, throws a pass at the Championship game Tuesday night at Pop Warner field.

again, Wilson connected with Warriors receiver Jason gates for the second time in the end zone with a 15-yard pass. They completed the two-point conversion and went into halftime leading 14-0.

“Don’t let the scoreboard get you in a frenzy. We’re still in this,” said Rodney Harris, Assassins head coach, during halftime. “We have comeback from more points than this. Now lets go out and win the

second half.”

The Assassins received the kick and started at their 24 yard line. Starting a new half, the Assassins’ offense was able to get into their rhythm, pounding the ball down to the Warriors 25 yard line. The running back was stopped in the backfield disrupting their groove and they threw another interception on a fourth and long.

“We stuck together tonight

like we have been all season,” Wilson said. “We play as a team, there are no individuals.”

The Warriors started their first drive of the second half at the Assassins 31 yard line. They gained a first but were stopped in their tracks and were stuck in another fourth and long scenario. A false start made more yardage to gain for the Warriors’ offense but they completed. Going to the air again, Wilson connected with another of his receivers, John Dimas, in the end zone with a 45-yard completion. They failed the two-point conversion bringing the score to 20-0.

“Our offensive line gave Wilson the time he needed to make the pass,” Dimas said.

The Assassins received but failed to convert and turned the ball over on downs. The Warriors ended the third quarter with possession with a second and 20 at their own 36 yard line.

The Assassins’ defense stopped the Warriors, bringing up a fourth and 30 forcing the Warriors to punt. The Assassins made up some yardage, but no points with that offensive set and turned the ball over on

downs again.

With 3 minutes, 52 seconds left in the game, the Warriors were forced to punt again. The snap was fumbled and the punter was tackled in the backfield. The Assassins had no success in the red zone and turned over the ball.

The Assassins defense held their ground late in the game forcing the Warriors to punt the ball again. With 30 seconds left in the game, the Assassin had possession at their own 36 yard line. Assassins receiver Terrance Nesbit was in the end zone and caught a tipped pass for the Assassin’s only touchdown of the game. They failed the two-point conversion.

“We just went on the field and played our game,” Nesbit said. “We didn’t go in with our heads down.”

The Warriors took possession with 25 seconds left and ran the clock out with an intentional kneeling.

“I think the better team won,” Harris said. “Our offense didn’t show up. Our defense is what got us in the championship and our offense has been really great in past games but they just didn’t show up tonight.”

CANOE, from B-1

“It was a wonderful experience,” she said. “It’s so great to paddle in the bay here. It’s cool they me do it, because the conditions here are amazing.”

To encourage more people to paddle, the club is sponsoring three free sessions of steering classes led by long-time coach and paddler Aka Hemmings.

Starting tomorrow, the club will hold daylong sessions on steering to help refine skills. Those who want to rent or use a six-seat outrigger canoe can attend one of the sessions to become certified by the marina.

Both Arnott and Tontini said they hope the sessions

will help build the club’s membership. Having the group is a great way to bring military and local communities together, the two agreed.

“It’s fun and you meet so many people you may not have a chance to associate with otherwise,” Tontini said. “It’s a great mix of people.”

For more information about joining the club, call 257-2285. The club’s free steering sessions are from 8 a.m. to 2 p.m. with a one-hour lunch break. The sessions are tomorrow, Dec. 4 and Dec. 11. Anyone interested in the sessions or joining the club may also sign up at the base marina.



Christine Cabalo | Hawaii Marine

Gliding along Kaneohe Bay, members of the new canoe club at Marine Corps Base Hawaii synchronize their paddling. The club is hosting three free steering sessions with long-time paddler Aka Hemmings tomorrow, Dec. 4 and Dec. 11. Those who attend the session can also become certified to rent or use a six-seat outrigger canoe from the base marina.

Hawaii Marine Lifestyles



Waikiki Aquarium features more than 2,500 organisms, 420 species

Lance Cpl. Tyler L. Main
Combat Correspondent

Featuring more than 2,500 organisms on display, the Waikiki Aquarium always has something new to see and learn about.

It's downright impossible to catch all its residents — like sea jellyfish, giant clams, the endangered monk seal and chambered nautilus — on just one visit.

"I think the chambered nautilus is the most fascinating," said Marylou Foley, director of community outreach. "We're also really known for our coral propagation. If people take time to look at each exhibit you notice all the coral is alive and moving."

Visitors of all ages come from around the globe to see these creatures and more at the aquarium, a part of the University of Hawaii.

"We wanted to entertain the toddlers," said Brandy Rayner, of Medicine Hat, Alberta, Canada, who visited with her son, daughter and mother. "They liked the seals, the octopus and any fish that is yellow. It's a family place for sure."

The aquarium also has stranger creatures, like the frogfish. It is a vivid red color

and slightly languid in its movements and mannerisms — and entertainingly ugly to look at. It has random white mounds all over its body that look like protrusions of its skeleton. Its frame is also disproportionate, like someone threw its bones in a blender and then tried to piece it back together.

Of course, for those who prefer to look at prettier species though, the aquarium delivers. The moon jellies are housed in a cylindrical tank that shoots light through the invertebrates' translucent bodies. Their graceful movements and alien-like appearance can hypnotize viewers for minutes at a time.

If you're looking to take your family's marine viewing experience to the next level, the aquarium has plenty of extra curricular activities outside of normal business hours for reasonable prices. Enthusiasts can view the aquarium at night, children can have a sleep over with some crustaceans, and you can even wade out into the ocean with experts to explore the reef outside.

"Its great fun for everyone," Foley said. "I've had young mothers come to me and say, 'We come almost every day.'"

She adds that the aquarium is small enough to explore

without getting lost and well fenced and supervised for children to stay safe while exploring. Plus the aquarium is always adding new exhibits and features, including one this spring.

"We will be opening the Northwestern Hawaiian Islands Exhibit," Foley said. "The exciting thing is that this is a recently dedicated United Nations World Heritage Site."

According to Foley, this exhibit will be one of only two of these sites in the state, featuring the Papahānaumokuākea Marine National Monument. It's a 4,000-gallon public display featuring 7,000 marine species, a quarter of which are found nowhere else on earth.

After all of these memorable sites you may want to take a souvenir. For this, the aquarium has you covered with an onsite gift shop.

Every year, 320,000 people including 25,000 school age children visit the Waikiki Aquarium. To get the whole experience, you will have to visit for yourself. The aquarium is open 9 a.m. to 4:30 p.m. daily. Discounts are available for Hawaii residents, military and children.

For more information visit the Waikiki Aquarium website at <http://www.waiaquarium.org>.



Photos by Lance Cpl. Tyler L. Main | Hawaii Marine
Moon jellyfish ominously float across a cylindrical tank, as violet light filters through their translucent bodies at the Waikiki Aquarium.



A pair of clown fish swim through some anemone at the Waikiki Aquarium. These fish have the ability to resist coral toxins that would normally harm or kill other fish.



A frogfish is among the stranger sea life at the Waikiki Aquarium.



Visitors explore a hands-on portion and hold crabs at the Waikiki Aquarium Nov. 6. The aquarium also has after-school, night and weekend programs geared toward children.

PASS

IN

REVIEW



Crowe busts out action in new thriller

Christine Cabalo
Photojournalist

Driven by desperation, Russell Crowe plans a daring escape for the imprisoned Elizabeth Banks in “The Next Three Days.” It’s a remake of the 2008 French film “Anything for Her.” Crowe plays a community college professor whose idyllic life is shattered when his wife is convicted of murder. Despite a mountain of forensic evidence against her, he believes she’s innocent. After a final failed appeal, Crowe’s last resort is to bust his wife out. Schooling the professor in Prison Breaking 101, Liam Neeson makes a cameo as a seven-time escapee who lays out the keys to success. It would have been interesting to see more of Neeson, but his warning is chilling. It’s one thing to break out of prison, but it’s another to remain free. Most of the movie is a satisfying build-up, as Crowe scrutinizes every detail of the prison to breach security. Early attempts almost get the unlikely criminal caught. Suspense multiplies, as the teacher moves away from his life in suburban Pittsburgh and into the criminal world. Crowe navigates the seedy underground while trying to keep a brave face up for his young son. He also turns to the Internet, learning how to break into a car with a tennis ball. The trick doesn’t work in real life, but movie magic lets Crowe slip inside a car to set up a critical component of the escape. Once the pieces are in place, the last 30 minutes are a nail-biting chase

between the cops and Crowe. “The Next Three Days” falls apart slightly because of so many leaps of logic once Crowe busts Banks out. For all the planning and backup planning Neeson stresses earlier — the family is able to evade police afterward mostly by improbable chance. As a thriller, the movie could have also taken more of a risk by making it ambivalent if Banks really was innocent. Too much time is wasted on the murder subplot rather than the dangers Crowe and Banks face from cops in pursuit. It’s also disappointing there isn’t much to do for Olivia Wilde, known for her TV role as Thirteen in “House, M.D.” Most of the time, she’s just an alternate love interest for Crowe and a temptation to halt the prison break. Her scenes with Crowe are a bit disjointed. Film-makers should have either scaled it back to keep her mysterious or made the role matter more to the escape plot. But what keeps the movie entertaining is seeing Crowe as a fish-out-of-water criminal who still makes time to tuck in his son. While he mostly succeeds, sometimes he’s too much like a hardened criminal for audiences to believe he’s learning the ropes. Facing criminally good red herrings, Crowe and Banks are more than compelling enough in “The Next Three Days.” Moviegoers finding time off this weekend for good behavior should make an escape to theaters to see it.



Your weekly guide to all aspects of entertainment

Welcome to Pass In Review, your number one source for cinema, music, videogame, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

1/4 — No Impact, No Idea
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.



2/4 — High And To The Right
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if you have nothing better to do.



3/4 — On Target
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



4/4 — Confirmed Kill
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don’t forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews. Or, if you disagree with a review published and want fellow readers to know the real scoop, send in a condensed review and we’ll run it as a second opinion.

Better Know A Critic



BROWN

Cpl. Colby W. Brown thinks a good movie is one that isn’t just a story but an adventure you can lose yourself in, something that stirs your imagination and then puts it on the screen for you. He likes all different types of genres but his favorite is drama.



CABALO

Christine Cabalo believes every person goes to the movies hungry. “Audiences feed on movies that astound and amaze. Whether short or long, movies should tell people a story through vivid imagery.” Her favorite genres include action, adventure and fun epics.



Hermione rules!

Cpl. Colby W. Brown
Combat Correspondent

Who doesn’t have a crush on the magic of Emma Watson? ... I mean honestly?

It’s not my fault I went by myself, on a Saturday night at 7 p.m. It just so happens I have an eclectic taste in films, my friends just aren’t on the same level. I find many things to be entertaining, even if I am one of the few over 15 years old in the movie theater. But I’ll stop covering up my embarrassment.

“Harry Potter and Deathly Hallows: Part 1,” is the seventh and final book in the series. It was reportedly split in two parts to make more of a dramatic ending and give the final book the screen time it deserves. Directed by David Yates, who also directed three previous Harry Potter films, the movie keeps the mystical, magical tone established by the first film in 2001.

With the same cast, same characters and same place, this film keeps the ball rolling for this iconic series.

Harry Potter (Daniel Radcliffe), Ron Weasley (Rupert Grint) and Hermione Granger (Emma Watson) are alone on a search to find a way to kill the-one-who-must-not-be-named. Constantly hunted by Lord Voldemort, the-one-who-must-not-be-named, the trio fight for survival and each other throughout the movie.

With a love story intertwined in the plot, there is little room for bathroom breaks. It kept my attention with spell-casting graphics and the most addictive story since “Star Wars.” There

is suspense, action and enough mystery that some could classify the movie as a crime drama, not a children’s drama.

Potter, Weasley and Granger go at length to finish what their leader, Professor Dumbledore, failed to do. In their search to find a way to cast the final spell, they find something they weren’t looking for.

Keeping the adventure alive and the magic of wizardry as mystifying as ever, this movie won’t disappoint. Being the second to last movie in the series, some re-watching of previous films will be needed to get caught up on everything that’s going down.

Centered more on the relationships of the three main characters, this movie creates a more mature setting than previously. The journey from teenagers to young adults is the basis of the series and here is where Potter and the gang take on maturity. Although the movie is entertaining, it is obviously building toward part two. There are some lulls in the action and several scenes where Potter relives his past. If I weren’t a fan, I would say this movie could have been less boring by spending less time on the psyche of Potter and more on the action. Take the beginning of the movie, when a huge aerial battle takes place and it cuts directly to Potter safely at his destination. They could have made it a 15-minute special effects wonder!

I hope part two is filmed more entertainingly.



“Legend of the Guardians” PG
“The Town” R
“You Again” PG
“My Soul To Take” R
“Secretariat” PG
“Case 39” R

Today | 7:45 p.m.
Today | 9:45 p.m.
Saturday | 7:15 p.m.
Saturday | 9:45 p.m.
Sunday | 2 p.m.
Wednesday | 6:30 p.m.

Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.
Call 254-7642 for recorded information.

Marines get holiday assist from ‘Bikes for Tykes’

Chuck Little

U.S. Marine Corps Forces, Pacific

HONOLULU — Animated laughter mixed with the clanking of tools and the humming of compressors throughout the workshop as “Santa’s helpers” busied themselves assembling more than 50 bicycles the morning of Nov. 20. The scene outside this workshop wasn’t the ice and snow of the North Pole, but rather the balmy trade winds and warm temperatures of Honolulu. Inside this workshop were busy “elves,” Marine and Sailor volunteers along with employees and family members of defense contractor BAE Systems.

They gathered at the Marine Corps Reserve’s Toys for Tots Hawaii warehouse in Iwilei to assemble bicycles purchased by BAE Systems employees to donate to the Toys for Tots Hawaii program. This is the fifth year of the “Bikes for Tykes” program, and during that time, they’ve donated nearly 500 bikes to help the Marines make the holidays brighter for Hawaii’s less-fortunate children.

“The Bikes for Tykes program is an important one for Toys for Tots Hawaii,” said Capt. Luke Gaffney, the Inspector-Instructor for 4th Force Reconnaissance Company & Anti-Terrorism Battalion, and Toys for Tots Hawaii Officer-in-Charge. “It’s one of our first major events of the season and it always sets a good tone for the year’s collection drive. Each of these bikes represents a child who wouldn’t otherwise have a Christmas.”

Charlie Drake is a procurement manager with BAE Systems, and he’s been involved with Bikes for Tykes for several years.

“BAE wants to be a part of the community here in Hawaii,” he said. “A few years back, we identified Toys for Tots

as a program we wanted to support, so we came up with this program and the employees here really stepped up to make it a success.”

BAE Systems employees purchased the bikes directly from Huffy Corporation unassembled and had them shipped to Hawaii. Then the employees and family members volunteered their time to assemble the bikes to present to the Marines. More than 50 volunteers showed up and quickly assembled the bikes, which range in size to accommodate riders from toddlers to teenagers.

Last year, Toys for Tots Hawaii collected approximately 45,000 toys for Hawaii’s less fortunate keiki (children). This year’s goal is 45,000 toys – given the tough economic climate, it is anticipated that the need will again be great. Since 1996, Toys for Tots Hawaii has collected more than 680,000 toys and nearly \$400,000 to purchase toys for distribution to nearly 425,000 of Hawaii’s children.

The Salvation Army handles all the requests for donations from nearly 100 registered local charities, which in turn provide them to less fortunate families. They also provide personnel to man the Toys for Tots Hawaii warehouse where the Marines bring the collected donations, processing and sorting every donated toy to ensure the gifts get to the correct age groups and gender of children.

For more information on the Toys for Tots program, call 257-7147.

Frank McLaughlin III and his grandson, Frank McLaughlin V, work together assembling one of the bicycles to be donated while Frank McLaughlin IV works on another bike behind them Nov. 20 during BAE Systems’ bike build. The eldest McLaughlin is a BAE Systems employee and he brought three generations of his family to help out with the company’s annual “Bikes for Tykes” program.



Chuck Little | U.S. Marine Corps Forces, Pacific

Rev up support for Toys for Tots at car show tomorrow

Christine Cabalo

Photojournalist

Check out the hot rides here tomorrow, at the 36th Annual Oahu Car Cruise and Car Show happening tomorrow from 11 a.m. to 3 p.m. at Hangar 101.

See hundreds of the vehicles from Oahu Car Clubs for free while Toys for Tots volunteers accept donations. There will be free concerts from Mike Corrado and the U.S. Marine Corps Forces, Pacific Show Band featuring Chris Vandercook. Other local acts are scheduled to perform.

Last year’s show brought in more than 500 cars along with more than 1,000 toys and cash donations.

For more information, call 257-7147 or see <http://kaneohe-bay-hi.toysfortots.org>. Also, mark your calendars for these upcoming Toys for Tots events:

- Waikiki Christmas Parade — Tonight at 7 p.m., Fort DeRussy Park at Kalia Road. Marine volunteers will stand on the Toys for Tots float, collecting donations.

- Hawaii Kai Parade — Tomorrow at 10 a.m., Koko Marina Center. Volunteers will collect Toys for Tots donations during the holiday parade.

- Street Biker United Annual Toy Run — Dec. 5, at 9 a.m., Ala Moana Beach Park. Ride with the Marine Corps and a Honolulu Police Department Solo Bike Detail escort. Bike clubs will cruise together down Kalakaua Avenue to Kapiolani Community College. At the end of the route, volunteers will take donations.

- “Na Mele o Na Keki” Holiday Concert — Dec. 10 at 7 p.m., Neal Blaisdell Concert Hall. Join the U.S. Marine Forces Pacific Band for their third annual concert. Pick up free tickets from the Blaisdell Box Office.

Several drop-off locations at Marine Corps Base Hawaii will continue to take toy donations through December:

- MCX Annex
- Base Comptroller’s Office, Bldg. 216, Room 8
- Bank of Hawaii, Bldg. 1196 at 5th Street
- Installation Personnel Administration Center (IPAC), Bldg. 1044 at Selden and 3rd streets.

See the website for more information and locations.

THE DOGS OF WAR



Lance Cpl. Casey Deskins, military dog handler, and his dog Ronni race to pursue a suspect Nov. 19, during the 2010 Hawaii Islands Working Dog Competition at Schofield Barracks. Deskins, a 22-year-old native of Seattle, won the competition’s “Top Dog” award and was named the best working dog team. His colleagues’ teams also received awards. Cpl. Donald Saraniero took third place in obedience and second place in tactical explosive detection. Lance Cpl. Travis Cleaveland took first place in obedience and third place in tactical explosive detection.

Christine Cabalo | Hawaii Marine

TALK*STORY

On Nov. 20, 1947, The Toys for Tots campaign was created. As Toys for Tots collects toys again this holiday season, the Hawaii Marine wants to know, what was the best toy you ever had as a child?



“My ‘Thomas the Tank Engine’ train set. I was in London when it was popular. I liked the entire train set and the videos that accompanied it.” — Ed Hanlon



“A doll house. It was a big one with an elevator. I played with it every day.” — Elisa Perez



“Definitely an Atari. It was a family hand-me down. I played ‘Spyder’ and racing games.” — Lance Cpl. Wayne Rude

*[tôk stôreĭ] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.

Resources available to help in suicide prevention

Kristen Wong
Photojournalist

National Survivors of Suicide Day was observed last week, underscoring how suicide prevention still needs to be a priority.

Fortunately, there are many programs and resources available for those who need help. Those include the Marine Corps Suicide Prevention Program, recently recognized in the “Best in Show” category by the 17th Annual National Health Information Awards competition.

“USMC leadership takes suicide seriously and we rely heavily upon awareness as part of our prevention efforts,” stated Lt. Cmdr. Andrew Martin, U.S. Marine Corps suicide prevention program manager.

One of the program’s features includes videos about real military leaders sharing stories about their own personal struggles. Navy Lt. Kevin Nasky, regimental psychiatrist, 3rd Marine Regiment, said the Marine Corps’ newest suicide prevention training materials are “very well done.”

“I think that’s one of the more powerful things that they’ve included into this program,” Nasky said.

The Marine Corps is also testing its DSTRESS hotline, which is currently only available in West Coast commands, including Alaska, Utah, Colorado and here.

Veteran Marines, Fleet Marine Force corpsmen, and other counselors at this call center are available by phone 24 hours a day, seven days a week.

Recently, four focus groups on this base met facilitators and answered questions about the upcoming ad campaign promoting the line.

“Reactions and thoughts regarding the ads were consistent across all groups tested and led to final selection of the ad campaign called, ‘Two-Sides,’” according to Nancie Sullivan, research analyst, Personal and Family Readiness Division, Manpower and Reserve Affairs Department, Headquarters Marine Corps.

According to the Marine Corps Community Services website, many Marine Corps suicides tend to occur during the month of January. Last year, there was a total of 52 suicides and 164 attempted suicides, according to the Marine Corps Suicide Prevention Program. This year, there have been 147 probable attempts and 35 probable suicides from the beginning of the year to October.

Some of the signs suicidal people may exhibit include poor work performance, relationship problems, or excessive drinking, according to Staff Sgt. Guillermo Rosasabarca, the regional noncommissioned officer suicide prevention coordinator for the base.

With the help of two master trainers, Rosasabarca, makes sure every NCO here attends a mandatory three-hour class and is trained to recognize signs in service members that suggest possible suicide.

“NCOs are the ones who know their Marines the best,” Rosasabarca said.

In addition, all Marines are required to attend annual



Photo illustration by Cpl. Scott Schmidt | Headquarters Marine Corps

For service members who need support, the Marine Corps offers multiple mental health resources. For example, the Corps is testing a new DSTRESS hotline to West Coast commands (including Hawaii), which offers counseling for service members.

suicide awareness training, and suicide prevention training. Service members returning from deployment also receive a post-deployment brief, giving guidance on leaving a combat zone mindset and readjusting to being at home. The possibility of suicide is just one of the many issues that can arise after deployments, like depression, abuse and stress. Through these briefs, Nasky said the intent is also to reassure them that they are not the only ones experiencing readjustment issues after deployment.

Nasky said some service members may be reluctant to ask for help because of the attached stigma that seeking mental help will negatively affect one’s military career. On the contrary, he said a very small percentage of service members have had their jobs affected by their mental health.

Dan Dufrene, health promotions coordinator, Semper Fit Center, said there are various people available for support, such as chaplains and family readiness officers.

“There is absolutely nothing wrong with getting help,” Dufrene said.

Nasky said his command takes a proactive stance holding monthly briefs with battalion leadership, medical personnel and chaplains about “high risk” Marines and sailors within the unit. The regiment also meets bi-monthly. He said by sharing information,

whether it’s between chaplains, commanding officers or immediate supervisors, there is the potential for a better understanding of an individual’s needs.

If a service member believes their fellow colleague might need help, Rosasabarca recommends going through the chain of command. He encourages service members to have a talk with a colleague who needs support.

“Just building that communication is usually the first step in preventing suicide,” he said.

For service members who are concerned with a fellow co-worker, Chaplain Jeff Logan, regimental chaplain, 3rd Marine Regiment, also encourages a heart to heart talk, and directly ask the question — whether or not a person is considering suicide.

“Just the fact that someone cares is huge,” Logan said.

Service members have access to numerous resources from their base chaplain to Military OneSource. For more information, visit <http://www.usmc-mccs.org/suicideprevent/>.

The DSTRESS line is available at 1-877-476-7734. There are also free educational materials available at <http://www.bhin.usmc-mccs.org>.

Survey gives Hawaii military families a voice for education

Lance Cpl. Vanessa M. American Horse
Combat Correspondent

CAMP H.M. SMITH, Hawaii — The U.S. Pacific Command has contracted Johns Hopkins University - Bloomberg School of Public Health and the University of Hawaii for a survey that may help Hawaii’s military children. They are administering a longitudinal survey collecting data from active-duty military families and their school-aged children residing in Hawaii. The data collected from the survey will help determine the need to change policies, practices and procedures to improve the quality of education for military children in Hawaii. “The results of the study would better assist families inbound to Hawaii and those that are currently attending

Hawaii schools to enhance their overall educational experience,” said Derrick Kerr, school liaison officer, Marine Corps Base Hawaii. Families’ knowledge, attitudes and beliefs regarding education opportunities on Hawaii and their anticipations and expectations about their Hawaii tour of duty will be considered in the study. Johns Hopkins was chosen to monitor the study because they were deemed to have the most experience with military families regarding education from their previous studies. “We’re aware that there are other outside elements that affect parent perceptions and also their children’s perceptions about being here in Hawaii,” said Kathleen Hydro, education directorate, PACOM. “Stressors, like deployments, change dynamics. So some of the survey questions may seem

like it has nothing to do with education, but it does.” Each military family is different, from their size to personal experiences. While the educational needs differ greatly from family to family, studies like these can help shine the light on problems to those in charge of change. “The more families that take [the survey], the more information we have, and the better senior leadership can step in and fill in some of these gaps,” Hydro said. Military parents who reside in Hawaii, who will arrive during the next few years, or who will have a permanent change of station from Hawaii are encouraged to complete the survey. It can be taken once per year for up to three years. Changes in attitudes and worries are expected throughout the years and

are the basis for finding underlying problems in the educational system. Children between ages of 5 and 18 with qualifying parents can also take the online survey whether they are enrolled in public, private, charter or home school, or have chosen not to join the service member to live in Hawaii. Language for each survey is age-appropriate and therefore worded a bit differently, but all questions focus on school, expectations and family background. According to PACOM commander Adm. Robert F. Willard, this study is of high priority. The information provided can make a difference to children and future students of military families in Hawaii. For more information call 257-8826 or to complete the survey visit <http://www.hawaiikids.org>.

CELEBRATING NATIVE AMERICAN CULTURE



Photos by Kristen Wong | Hawaii Marine

[Left] David L. Bevett gives a passionate cry during a traditional dance at a luncheon marking Native American Heritage month at Anderson Hall Dining Facility Nov. 18. Bevett, whose bloodline includes Cherokee and Chee, also served in the Army and Navy. [Right] Guests participate in a traditional intertribal dance. Guest speakers included David Windhorse Long, a Vietnam veteran who has served in the Navy and who is of Choctaw and Cherokee descent, and Army Sgt. Phillip Cornejo whose heritage includes Lipan Apache and Choctaw.

WORD TO PASS

On Base

36th Annual Oahu Car Clubs Cruise and Car Show for Toys for Tots

Tomorrow

The car show is scheduled from 11 a.m. to 2 p.m. at the end of the annual Toy Run aboard the base. More than 500 cars participated last year. More than 1,000 toys and cash donations benefitted the collection effort to make the holidays brighter for our less fortunate keiki.

The rally point for this year's event is the tarmac by Hanger 101.

For more information about this year's campaign or to volunteer, see <http://kaneohe-bay-hi.toysfortots.org/local-coordinator-sites/lco-sites/default.asp>.

Mokapu Elementary Chorus and Drama performance

Dec. 3

Students perform “North Pole Exposure” at 6:30 p.m. in the cafeteria. Admission is free. Cookie donations are welcome for refreshments after the show.

Holiday Family Craft Night at Mokapu Elementary

Dec. 10

Come by Mokapu Elementary from 6 to 8 p.m. for a free holiday craft night in the cafeteria. There are eight tables of crafts. Hot Chocolate and cookies will be served.

The event is sponsored by the Mokapu PTA and cookie donations will be accepted the night of the event.

In the Community

Windward Choral Society 3rd Annual Holiday Concert

Dec. 3 at 7 p.m. and Dec. 4 at 2 p.m.

Performances will include choral music from China, Hawaii, Israel, Romania, Scotland, South Africa, and gospel and spirituals from the U.S. The audience will also have a chance to sing along to a few traditional holiday tunes. Admission and parking is free at Windward United Church of Christ, 38 Kaneohe Bay Drive.

For more information, call 254-5717.

Volunteer in the Community

Feed the homeless through Base Chapel outreach

Program volunteers are needed to help feed the homeless.

The Base Chapel is looking for volunteers to serve and prepare hot meals through the Institute of Human Services in Honolulu. Volunteers do not need to be attendees of chapel services. For more information call 257-5138.

Special Olympics seeks help for Holiday Classic

Volunteers are the backbone of Special Olympics. The Holiday Classic is scheduled Dec. 4-5 here and at Joint Base Pearl Harbor-Hickam.

For more information, call Cindy Ujimori at 943-8808, ext. 27.