ALASKA POST

Dally News - Miner

Home of the Arctic Warriors



Vol. 5, No. 38

Fort Wainwright, Alaska

September 26, 2014

Alaska Army Guardsman earns Expert Infantry Badge

Sgt. Edward Eagerton Alaska National Guard **Public Affairs**

One Alaska Army participants." National Guardsman the Sept. 9 through 13 ed badge.

five-day course, host-

dreds of active-duty Sol- the U.S. Army's official Soldiers were graded on diers testing for their website. EIB, and eight National Guardsmen participat-ed as well," said Staff Germain.

Sgt. Jeremy Della
The five-day course and three no go's rebalma, an infantryman consisted of a physical sulted in being dropped with C Company (Long fitness test, day and from the course. 1st Battalion, 297th master skills testing is being able to talk Surveillance Brigade. dividuals on their con- the performance meathe only Guardsman on various weapons systo complete the course. tems, individual tactical

That's a 12.5 percent Sgt. pass rate, which is Grunst, deputy director roughly on par with the of military support, Alasaverage pass rate for all

The testing began was awarded the Expert with 645 Soldiers at-Infantry Badge after tempting to earn the successfully completing EIB. By the end of the the EIB course at Joint rigorous course, only Base Elmendorf-Rich- 67 Soldiers earned the ardson, Alaska during right to wear the covet-

The EIB was created Sgt. Joseph St. Ger- to recognize infantrymain, an infantryman men who have demonwith B Company, 1st strated a mastery of (Airborne), critical tasks that build 143rd Infantry Regi- the core foundation of ment, received his EIB individual proficiency Dellabalma, U.S. Army after completing the that allow them to locate, close with, and deed by the 4th Infantry stroy the enemy though Brigade Combat Team fire and maneuver and test lanes that tested (Airborne), 25th Infan- repel an enemy assault basic infantry skills and try Division, U.S. Army. through fire and close a 12-mile foot march. "There were hun-combat, according to

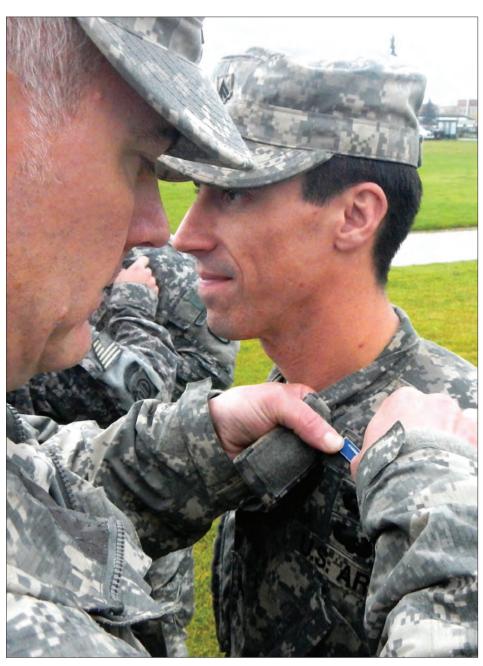
Surveillance), night land navigation, and stations that tested in- yourself through all of "Sgt. St. Germain was fidence and proficiency sures," St. Germain

Maj. ka Army National Guard, left, pins the Expert Infantry Badge onto Sgt. Joseph St. Germain, an infantryman with B Company, 1st Battalion (Airborne), 143rd Infantry Regiment, Alaska Army National Guard, during a ceremony on Joint Base Elmendorf-Richardson, Alaska, Sept. 13. Of the 645 Soldiers who tested for EIB, only 67 earned the right to wear the coveted award. (Photo by Staff Sgt. Jeremy National Guard)

During the testing, performance measures. "It's a lot of atten- Missing certain perfor-

"The biggest thing

See BADGE on page 2



Stryker Soldiers begin annual bilateral training exercise in India

Maj. David Mattox 1-25th SBCT PAO

Soldiers with the Army's 5th Squadron, 1st Cavalry Regiment and the Indian army's 2nd Battalion, 9th Gurkha Rifles stood together in formation on a parade field nestled high in the mountains approximately 200 miles northeast of Dehli, India, as part of the opening ceremony for the annual bilateral train-

See INDIA on page 3

ing exercise known as



Soldiers from 1st Stryker Brigade Combat Team, 25th Infantry Division and the 2nd Battalion, 9th Ghurak Regiment of the Indian army take part in the opening ceremonies for exercise Yudh Abhyas 14 at Chaubattia, India, Sept. 17. The exercise is sponsored by U.S. Army Pacific and is geared toward enhancing cooperation and coordination through training and cultural exchanges and building skills and relationships necessary during a peacekeeping operation. This year's exercise takes place Sept. 17-30 at Ranikhet Cantonment, Utterakhand, India. (Photo by Staff Sgt. Mylinda DuRousseau, 1-25th SBCT PAO)

Common bond strengthened by cavalry unit's first impression

Sgt. 1st Class Vincent Abril 2nd Combat Aviation Brigade

No matter what the occasion, whether it's a date, job interview, or meeting the in-laws for the first time, there's an old saying that goes: "First impressions are lasting ones."

understood the importance of that saying and decided to show their true colors from the get-go.

The 6th Squadron, 17th Cavalry



See BOND on page 3



wright, Alaska recently joined the Army Soldiers during a welcoming ceremony June 26, at Camp Humphreys, South Korea. (Photo by Staff Sgt. Cecilia Clark, 2nd CAB UPAR)

It's about to get real

Winter driving requires proactive participation, not reactive contributions

Commentary by Allen Shaw Fort Wainwright PAO

worst. A mixture of snow and fluctuing a melt and freeze making ruts, bumps and humps often causing them skidding out of control. "It requires time and a conscious effort to snow and ice," said Robert Tanner, United States Army Garrison Fort Wainwright Safety Office.

ditch shortly after the snow sticks. at intersections and bridges. Just because you were issued a license or have a big nasty four-wheel drive of the things they don't test for is wipers, proper tires and decent common sense. When driving, don't answer the phone. On post it will get

you a ticket. It is most likely something that can wait until you can safely find a place to pull over and Operating a vehicle in Interior concentrate on one thing at a time, Alaska is a challenge and often un- and by all means don't text. You're derstated. Once someone sits be- not fooling anyone and it is so obhind the wheel and turns the key a vious when you're doing it if you're prudent driver should be ready for glancing at your lap when your eyes anything. Interior Alaska drivers should be on the road. It is dangerexperience road conditions at their ous, people die and you know it. So just don't — EVER. Stop the texts, ating temperatures, along with wind stop the wrecks. Pay attention to effect the driving surface, trigger- the vehicle you are operating. Quit glancing up and down at the stoplight because you will get in trouble. the driver to lose their grip sending Put the darn thing down, leave your phone alone; end of story.

Alaska has a unique law where adjust to the lack of traction and the you can be cited for driving too fast new driving style vital to cope with for conditions. No matter what type of surface or situation you are responsible to move, steer and stop that vehicle is a safe manner. If you It's coming folks and if you aren't are unable to do these things, perprepared you are destined for the haps you shouldn't drive in the winter. Tanner said, "Driving in snow There are already slick spots lurking and ice requires an increase of three times the braking and following distances necessary for dry pavement."

In addition, your vehicle should be truck doesn't mean you know how in good operating order with workto drive on ice. Unfortunately one ing headlights, taillights, windshield

See WINTER on page 7



Safe winter driving starts with slowing down. Taking extra precautions during commuting to work or traveling throughout the Interior is paramount in making the best of possible accidents. (File photo, Fort Wainwright PAO)



Friday Mostly sunny and not too cold Highs around 52 Lows around 29



Saturday possible Highs around 45 Lows around 29



Sunday Partly cloudy, rain Mostly cloudy, a chance of rain Highs around 45 Lows around 29

BRIEFS

Fort Wainwright community encouraged to conserve

One of the two steam lines providing heat to buildings on North Post ruptured last week as it was activated for the winter season. The 300foot line cannot be repaired and must be replaced with a temporary line that will return steam delivery to normal levels. The current estimate to install this line is no later than Nov. 1.

ARMY NEWS

MEDDAC Minute

Brandy Ostanik Medical Department Activity-Alaska PAO

5-2-1-0 Challenge

To help improve health, try the 5-2-1-0 challenge for a month.

- Eat five servings of fruits and vegetables
- Get two hours less 'screen time' every day • Exercise one hour
- every day Drink zero sweetened beverages, opting for water or low-fat milk instead

Flu Clinic

Medical Department Activity Alaska will be hosting two weeks of flu clinics for beneficiaries from 7:30 a.m. to 2 p.m., Oct. 14 through 17 and Oct. 20 through 24 at the Education Center, building 4391. Park in the rear of the building and use the entry doors located by the rear courtyard.

Email Access to **Health Care Team**

Bassett Army Community Hospital beneficiaries can now sign up for Secure Messaging to have email access to their health care team. Sign up at the Primary Care Clinic and have access to prescription refill requests, lab results, appointment requests and more.

Walk-in Clinic

Beneficiaries can utilize the Walk-in Clinic Nurse option when needing to be seen for strep throat screening, urinary tract infection screening, pregnancy testing, blood pressure monitoring, suture removal, wart removal and sexually transmitted disease checks. The clinic is open 7:30 to 11:30 a.m. and 1 to 3:30 p.m., Monday through Friday. For more information call 361-5833.

Anonymous or Not

Sometimes being anonymous is not a good thing. When filling out Interactive Customer Evaluation forms (ICE) leaving contact information helps us to better serve our beneficiaries. Many times the issue is something we can easily fix, but without contact information we are not able to remedy the situation. Giving us a name and number allows us to contact the beneficiary and correct the problem on the spot.

Garrison Commander's Fire Prevention Week proclamation

During Fire Prevention Week, we reaffirm the importance of fire safety and awareness, and we pay tribute to our firefighters, volunteers, and first responders who put themselves in harm's way to protect our lives, homes, and communities every day.

Every year throughout the United States, fires kill thousands, injure hundreds of thousands, and destroy billions of dollars in property. Each of us can take a few precautions in our homes to safeguard our loved ones from the hazards of fire. Smoke alarms are vital detection devices, and properly installing and maintaining them in the home can help keep our families safe. This year's National Fire Protection Association theme is, "Working Smoke

Alarms Saves Lives", which encourages all military Families and civilians to test their



Col. S. Cape Zemp

proper operation.

Woodrow Wilson is According to the Nasued the first National tional Archives and Revention Week has been Center, Fire Prevention work our firefighters community.

smoke alarm to ensure observed on the Sunday through Saturday peri-In 1920, President od in which Oct. 9 falls.

proclaiming a national smoke-filled 1922.

home, it is important munities. to ensure electronic and heating units are U.S. Army Garrison, plugged in and operat- Fort Wainwright, do ed properly.

numbers of emergensequences.

Fire

Week is the longest run- perform in our comning public health and munity. These courasafety observance on geous professionals are record. The President the first ones on scene of the United States has during an emergency, signed a proclamation fearlessly charging up staircasobservance during that es as people rush down week every year since them. Some have paid the ultimate sacrifice Parents and care- in the line of duty. We givers should also take are profoundly grateful the time to discuss and for the dedication and emergency tireless efforts of our plans with children in firefighters and first the event of a fire. Ad- responders in their selfditionally, around the less service to our com-

Now, therefore, I, S. appliances, machines, C. Zemp, Commander, hereby proclaim 5-11 Safely disposing of October, 2014 as Fire matches and cigarettes Prevention Week at when cooking on grills Fort Wainwright and or building a campfire urge all citizens, govwill help avoid untold ernment agencies, public and private institucies, injuries, and lives tions, and businesses lost to fire and its con- to invest in the power of prevention and work Prevention together to make our Fire Prevention Day cords Administration's Week also calls our at-community a safer, proclamation. Fire Pre- Library Information tention to the lifesaving stronger, more caring

Sugar Bears return home



A CH-47 Chinook helicopter is slowly unloaded from the transport plane, Sept. 17, on Ladd Army Airfield, Fort Wainwright, Alaska. The CH-47 is one of many that will soon be returning to Fort Wainwright from Afghanistan. The equipment, helicopters and personnel from 1st Battalion, 52nd Aviation Regiment will begin wrapping up their mission and returning home over the next few weeks. (Photo by Capt. Patrick Sawicki, U.S. Army Alaska PAO)

Badge: Guardsman honored with award

Continued from page 1

said. "The events are about what's next, otha step. I would just talk through the motions, that way I wouldn't feel re are looking for." like I was rushing."

ed for each Soldier.

making it After Before the events, through the individual out and I knew I had Soldiers were given the lanes, the remaining it, it felt good," St. Geropportunity to train at Soldiers had to com- main said. "I enjoyed the various stations, he plete the 12-mile foot being out in the field, explained. But with so march. The Soldiers had fun working with many people trying to were given three hours the active duty guys, test for the EIB, that to complete the march, and the Cadre were retraining time was limit- at the end of which ally good. I'm proud to they had to do a layout have earned it.

"It helps to be famil- of their gear and distimed, but you have iar with the weapons assemble their M4 carto focus on the task systems," St. Germain bines, reassemble them at hand and not think added. "That's what and perform a funcgot a lot of people was tions check. Completerwise you might miss the weapons systems. ing these tasks after the If you have a good idea physical exertion was out loud as I was going about them, you'll un- all that stood between derstand what the cad-failure and receiving the coveted EIB.

"After I did my lay-

ALASKA POST

Home of the Arctic Warriors

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The ALASKA POST - Home of the Arctic War-

NEWS

India: Training abroad | Bond: First impressions

Continued from page 1

changes which help build today. the skills and relationyear of this exercise.

Stryker Brigade Combat Iraq and Afghanistan. Team, 25th Infantry Di-Mountain Brigade and 2-9th Gurkha Rifles.

"The intent of this extogether and solve global coordination officer. issues," said the Indian exercise controller.

and creating friendships. Abhyas.

Scheduled training relief, and special operations. During the expert

well as civilian observers Heights.

Yudh Abhyas, Sept. 17. from around the world This U.S. Army Pacif- are helping facilitate the there is ample opporic-sponsored exercise is exercise. Each element tunity for U.S. service geared toward enhanc- is expected to provide members to learn about ing cooperation and a different perspective conducting U.N. operathrough to the complex issues of tions from their Indian training and cultural expeacekeeping operations. Army counterparts with

ships necessary during a brigade staff, the exer- ford the U.S. Soldiers the peacekeeping operation, cise is an opportunity to opportunity to immerse This marks the tenth experience a simulated themselves in the Indian The U.S. troops from sion, something the staff of the 1-25th SBCT Sol-5-1 Cavalry and staff has not seen despite their diers, is a new experimembers of the 1st 12 years of experience in ence in itself.

vision traveled from Fort in UN peace keeping lot of experience in UN Wainwright, Alaska, to missions and I hope that missions, they do have meet and work with the [my Indian army coun- a wealth of experience Soldiers and officers of terpart] will be able to and knowledge in the the Indian army's 99th teach me a lot about UN military planning and peace keeping operations Mission Command proin such operations," said military operations in ercise is to become good Maj. Adrian Chen, the a diverse battlefield. friends that can think 1-25th SBCT's effects The 1-25th SBCT Sol-

security, humanitarian none of the 1-25th SBCT cise. assistance and disaster staff had personal experience in U.N. peace ing ceremonies at the keeping missions. The Ranikhet Cantonment, exchanges, Indian officer went on Soldiers from both nafield training and com- to explain how the Indi- tions had tea together mand post exercises will an Army has more than and celebrated with be conducted simultane- 64 years of experience in music and laughter as U.N. peace keeping mis- they began forming the Members of the Cali-sions across the globe bonds that help solidifornia National Guard as from Congo to Golan fy continued peace and

With this dynamic, decades of experience. For the 1-25th SBCT The exercise will also af-UN peacekeeping mis- culture which, to many

Though the 1-25th "I have no experience SBCT may not have a and how to use restraint cesses during combined diers have spent the "Who has been in- last 12 years deploying Army's assistant senior volved in peace keeping and conducting counter operations?" Indian Ar- insurgency operations Yudh Abhyas 14 pro- my's staff officer respon- as part of a coalition in vides excellent opportu- sible for UN operations Iraq and Afghanistan. nities for professional asked a group of officers. The 1-25th SBCT is no and cultural exchanges, and staff members from stranger to disarmateamwork, expanding both nations prior to the ment, demobilization common ground, shar- combined command post and reintegration opering, learning, training exercise portion of Yudh ations or humanitarian assistance missions and Three quarters of can provide this useful includes expert academ- the Indian army officers perspective for the Yudh ic exchanges on regional raised their hands while Abhyas combined exer-

> Following the openstability in the region.

Continued from page 1

2nd Combat Aviation try Division, as they ingly embarked on a nine by such occasions like ceremony. month rotational de- the KATUSA welcomployment here.

obvious during a wel- force. Soldiers and know that we care," U.S. Army Soldiers as- tions assigned to these Headquarters signed to the unit.

"Successful execualry mission will re- most units in Korea is Washington, Georgia. listed adviser of 6-17th opportunity for the part of our family.' and native of Prince- signed to it. ton, Texas. "Welcoming new members to al, the leadership and can they expect? the squadron is step Soldiers of 6-17th Caving a team."

ago with the KATUSA parts. program that began forces and the Korean in a big ceremony," swagger." government, allowing said Cpl. Hyung Sub

(We go Together) man- by that." tra alive.

units.

Regiment, KATUSAs who are as-

One Soldier felt the

That cohesion and importance and need Brigade, 2nd Infan- relationship is seem- to welcome her new strengthened teammates in such a

"It was a good way ing ceremony, making [for us] to introduce Their first piece of Most U.S. Army units the KATUSAs into business was made here a well established the unit and let them coming ceremony held KATUSAs come and said Pvt. Shynice L. in honor of the Korean go, but they complete Zellars, human re-Augmentation to the their service obliga- source specialist with Headquarters Troop, The 6-17th Caval- 6-17th Cavalry Regtion of the 6-17th Cav-ry Regiment unlike iment and native of quire teamwork from a rotational asset that "The ceremony made all of our assigned cav- was deployed to Korea me feel like we are alrymen," said Com- and will return to the making a difference by mand Sgt. Maj. Kirk U.S. later, making this letting the KATUSAs W. Parsons, senior en- a special and unique know that they are a

Now that these KA-TUSAs are part of the Upon their arriv- cavalry family, what

"We expect the same number one in build- alry Regiment seized from them as any oththe moment to make er Soldier," said Par-That team building a first impression with sons. "They must be concept started long their Korean counter- ready to 'Fight Tonight.' This takes com-"I was surprised at mitment, professionduring the Korean War first because this is not alism, responsibility, as an informal agree- a usual thing for KA- disciplined initiative, ment between U.S. TUSAs to be welcomed and of course, cavalry

Soldiers will have Korean soldiers to in- Shin, senior KATUSA the opportunity to tegrate and train with assigned to Headquar- carry out these exters and Headquarters pectations as 6-17th KATUSAs, to this Troop, 6-17th Cavalry Cavalry Regiment and day, continue to work Regiemnt and native their extended family and serve alongside of Seoul, South Korea. begin joint and comtheir U.S. counter- "I was really thankful bined training venparts. This combined that they [held] this tures across the penforce maintains the ceremony and gave us insula. They do so in ability to "Fight To- a certificate, welcom- support of the "Second night" while keeping ingus to 6-17th Caval- to None" warrior divithe Korean phrase ry. All of us KATUSAs sion's mission to deter "Katchi Kapishida" were really impressed aggression and maintain peace.

17506885 **FNSB SCHOOL DISTRICT** AP/BEST PROGRAM 3×5.25

17506889 NORTH STAR DANCE AP/SEE'S CANDY SALE 3×5.25

13506910 INTERIOR ALASKA BUILD-ING AK POST/ALASKA POST 3×10.5

Gold Star Mother's Day and Gold Star Family Day

Staff Report Fort Wainwright Survivor Outreach Services

Gold Star Mother's Day and Gold Star Family Day are observed in the United States on the last Sunday of September each year. It is a day for people to recognize and honor those who have lost a son or daughter while serv-**Armed Forces**

window.

These flags or banners were first flown by families during World War I.

The flag included a blue star for every immediate family member serving in the Armed Forces of the United States, during a period of war or hostilities in which the United States was engaged. If that loved one died, the blue star was replaced by a gold star. This allowed members of the community to know the price that family had paid in the cause of freedom.

On June 23, 1936, a joint congressional resolution designated the last Sunday in September as Gold Star Mother's Day, a holiday that has been observed each



ing the United States year by a presidential proclamation. Today The terms Gold Star the nation and the Family and Gold Star Army continues to re-Mothers was derived member and honor the from the custom of sacrifice that all Gold Services military families who Star Family Members placed a service flag or make when a father, banner near their front mother, brother, sister, or son, daughter, or other civ@mail.mil.

loved one dies in the service to the nation no one has given more for the nation than the Families of the Fallen. This year Gold Star

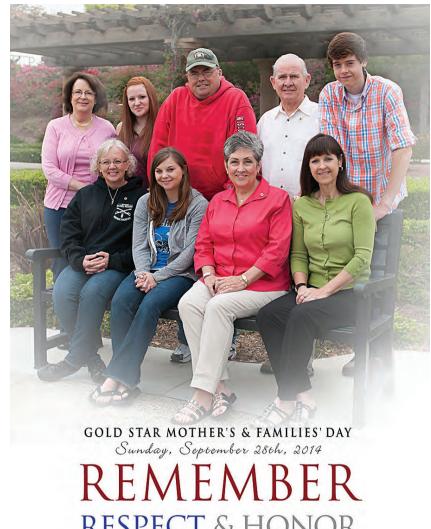
Mother's Day and Gold Star Family Day is Sunday, September 28,

On this day, please take a moment to remember and honor the sacrifices of our Gold Star Mother's and Families.

For more information, please contact Survivor Outreach Coordinator, Rhonda

Carlson at 353-4004 rhonda.w. carlson.

13509320 FUSHIMI JAPANESE **FUSION** AK POST/AK POST PU 2×4.5 Full, olor



RESPECT & HONOR SURVIVING MILITARY MOTHERS AND THEIR FAMILIES

ON THIS SPECIAL DAY.



To learn more about the symbols of honor that Gold Star Mothers and Families wear, visit GoldStarPins.org

17508587 FAIRBANKS NORTH STAR **BORO** ALASKA POST/ALASKA P 3×3 Full, olor

40507794 AFC/USAA Far forward/IO-10939 6×10.5 Full, olor

18511941
SEEKINS FORD
AP/SEEKINS AK POST
6 x 21
Full, olor

September 26, 2014 COMMUNITY CALENDAR ALASKA POST

Friday - 26th

X-BOWLING, Nugget Lanes Bowling Center, building 3702. Call 353-2654.

SAC RECOGNIZES NA-TIONAL HISPANIC HER-ITAGE MONTH, 7 a.m. to 6 p.m., School Age Center, building 4166. Call 361-7394.

SNOWBOARDING AND SKIING INFORMA-TION MEETING 8 to 9

FAME CHILD CARE, 9 to 10:30 a.m. and 10:30 a.m. to noon, Melaven Fitness Center, building 3452. Call 353-1994.

FAME GROUP EXER-CISE SESSIONS, 9:15 to 10:15 a.m., Melaven Fitness Center, building 3452. Call 353-1994.

BBQ PULLED PORK SPECIAL \$10, 11 a.m. to 9 p.m., Nugget Lanes Bowling Center, building 3702. Call 353-2654.

WIN-A-GAME BOWL-ING, 11 a.m. to 5 p.m., Nugget Lanes Bowling Center, building 3702. Call 353-2654.

GROUP CYCLING, noon to 12:45 p.m., Physical Fitness Center, building 3709. Call 353-7223.

AFTER SCHOOL STORY TIME AND CRAFT, Ages three and older, 4 to 5 p.m., post library, building 3700. Call 353-2642.

Saturday - 27th

KARATE, all ages, SKIE-SUnlimited, located at the International Martial Arts Studio, 1140 Downwind Drive off Chena Pump Road. Call 353-7713.

SURVIVOR OUTREACH SERVICES GOLD STAR MOTHER'S DAY

X-BOWLING, Nugget Lanes Bowling Center, building 3702. Call 353-2654.

CLEARWATER SILVERS (BANK FISHING), 8 a.m.

Call 361-6349.

TABLE TOP MT. HIKE, 8 3452. Call 353-1994. a.m. to 5 p.m., Outdoor Recreation, 4050. Call 361-6349.

11 a.m., Physical Fitness 3452. Call 353-1994. Center, building 3709. Call 353-7223.

SPECIAL \$10, 11 a.m. 3709. Call 353-7223. to 9 p.m., Nugget Lanes Bowling Center, building COOKING CLUB AT YC, 3702. Call 353-2654.

ZUMBA, 11:15 a.m. to 361-5437. 12:15 p.m., Physical Fitness Center, building ZUMBA GROUP EXER-3709. Call 353-7223.

SATURDAY FIVE STAND, building 3709. Call 353noon to 5 p.m., Fischer 7223. Skeet Range, building 1171. Call 353-7869.

ROCK'N'BOWL, 9 p.m. to 12:30 a.m., Nugget GROUP CYCLING, 6:30 X-BOWLING, Lanes Bowling Center, to 7:30 a.m., Physical Lanes Bowling Center, ZUMBA GROUP EXERbuilding 3702. Call 353- Fitness Center, building building 3702. Call 353-

Sunday - 28th

MOTHER'S DAY

X-BOWLING,

BBQ PULLED PORK ROMP and STOMP PLAY SPECIAL \$10, 11 a.m. GROUP, 9:30 to 11:30 to 9 p.m., Nugget Lanes a.m., Last Frontier Com-Bowling Center, building munity Activity Center, 3702. Call 353-2654.

WINTERIZE CLINIC, 3 to ing 3730. Call 353-7436.

Monday - 29th

KARATE, all ages, SKIE-SUnlimited, located at the International Martial HOUR Arts Studio, 1140 Down- GROUP wind Drive off Chena CLASS, noon to 12:45 Pump Road. Call 353-7713.

SAC RECOGNIZES NA-TIONAL HISPANIC HER- YOUTH SPORTS IN-ITAGE MONTH, 7 a.m. to DOOR ARCHERY, 6 to 6 p.m., School Age Cen- 7:30 p.m., CYSS Parent ter, building 4166. Call Central Services, build-361-7394.

building FAME GROUP EXER-CISE SESSIONS, 9:15 to 10:15 a.m., Melaven GROUP CYCLING, 10 to Fitness Center, building

GROUP CYCLING, noon to 12:45 p.m., Physical BBQ PULLED PORK Fitness Center, building

> 6 to 7 p.m., Youth Center, building 4109. Call MONTH

CISE, 6:15 to 7:15 p.m., Physical Fitness Center,

Tuesday - 30th Call 361-7713.

3709. Call 353-7223.

SAC RECOGNIZES NA- SAC RECOGNIZES NA-TIONAL HISPANIC HER- TIONAL HISPANIC HER-361-7394.

Nugget GROUP CYCLING, 9:15 FAME CHILD CARE, 9 building 3702. Call 353-Lanes Bowling Center, to 10:15 a.m., Physical to 10:30 a.m., Melaven 2654. building 3702. Call 353- Fitness Center, building Fitness Center, building Swimming Lessons Reg-3709. Call 353-7223.

> building 1044. Call 353-7755.

> PLOYMENT OVERVIEW, 10 to 11 a.m., Soldier and Family Assistance Center, building 3414. Call 353-7322.

> OF POWER: STRENGTH p.m., Physical Fitness Center, building 3709. Call 353-7223.

ing 4391. Call 361-7713.

a.m. to noon, Melaven Physical Fitness Center, 3452. Call 353-1994. Fitness Center, building building 3709. Call 353-

Wednesday Oct. 1

ES, ages five to 18, SKIE- of age, 11 to 11:45 a.m., SUnlimited, located at post library, building Murphy Hall basement, 3700. Call 353-2642. building 1045. Call 353-

NATIONAL CHILI Promotion, Nugget Lanes Bowling Center, building 3702. Call 353-2654.

SKIES EXPLORATION, \$45 for ages two to five, noon to 12:45 p.m. CYSS Parent Central REGISTRATION

2654.

ITAGE MONTH, 7 a.m. to ITAGE MONTH, 7 a.m. SURVIVOR OUTREACH 6 p.m., School Age Cento 6 p.m., at the School Thursday - 2nd SERVICES GOLD STAR ter, building 4166. Call Age Center, building 4166. Call 361-7394.

> 3452. Call 353-1994.

PERSONAL FINANCIAL GROUP CYCLING, 6:30 cation Center, building 3709. Call 353-7223. 4391. Call 353-7438.

to 5 p.m., Outdoor Rec- FAME CHILD CARE, 9 ZUMBA GROUP EXER- to 10:15 a.m., Melaven School Age

FAME CHILD CARE, BABY SIGNS: 10:30 a.m. to noon, Melaven Fitness Center, building 3452. Call 353- Community

PRE-SCHOOL STORY TAEKWONDO CLASS- TIME, up to three years ROMP

> WIN-A-GAME BOWLING Call 353-7755. 11 a.m. to 5 p.m., Nugget Lanes Bowling Cen-353-2654.

GROUP CYCLING, noon, Physical Fitness Center, building 3709. Call 353-7223.

DUE, Services, building 4391. Parent's Night Out, 5:45 to 8:45 p.m. CDC I, building 4024. Call 361-4190.

> CISE, 6:15 to 7:15 p.m., building 3709. Call 353-

X-BOWLING Nugget Lanes Bowling Center,

istration 5:30 am - 9:30

READINESS CLASS, 9 to 7:30 a.m. Physical a.m. to 4:30 p.m., Edu- Fitness Center, building

SAC RECOGNIZES NA-6 p.m., Auto Skills, build- VA VOCATIONAL REHA- FAME GROUP EXER- TIONAL HISPANIC HER-BILITATION AND EM- CISE SESSIONS, 9:15 ITAGE MONTH, 7 a.m. to 6 p.m.,

reation, building 4050. to 10:30 a.m. and 10:30 CISE, 6:15 to 7:15 p.m., Fitness Center, building building 4166. Call 361-

SIGN SING AND PLAY, 9 to 9:30 a.m., Last Frontier

Activity Center, building 1044. Call 353-7755.

AND STOMP PLAY GROUP, 9:30 to 11:30 a.m., Last Frontier Community Activity Center, building 1044.

OF POWER: HOUR ter, building 3702. Call Group Strength Class, noon to 12:45 p.m., Physical Fitness Center, building 3709. Call 353-7223.

> VA VOCATIONAL REHA-BILITATION AND EM-PLOYMENT OVERVIEW, 1 to 2 p.m., Soldier and Family Assistance Center, building 3414. Call 353-7322.

FREE BOUNCY HUT Physical Fitness Center, NIGHT, 5 to 7:30 p.m., **Last Frontier Community** Activity

Center, building 1044. Call 353-7755.

ZUMBA GROUP EXER-CISE, 6:15 to 7:15 p.m., Physical Fitness Center, building 3709. Call 353-7223.

Friday - 3rd

NATIONAL **CHILI** MONTH, Nugget Lanes Bowling Center, building 3702. Call 353-2654.

X-BOWLING, Nugget Lanes Bowling Center, building 3702. Call 353-2654.

SAC RECOGNIZES NA-TIONAL HISPANIC HER-ITAGE MONTH, 7 a.m. to 6 p.m., School Age Center, building 4166. Call 361-7394.

FAME CHILD CARE, 9 to 10:30 a.m. and 10:30 a.m. to noon, Melaven Fitness Center, building 3452. Call 353-1994.

FAME GROUP EXER-CISE SESSIONS, 9:15 to 10:15 a.m., Melaven Fitness Center, building 3452. Call 353-1994.

GROUP CYCLING, noon to 12:45 p.m., Physical Fitness Center, building 3709. Call 353-7223.

AFTER SCHOOL STORY TIME AND CRAFT, ages three and older, 4 to 5 p.m., post library, building 3700. Call 353-2642.



Late Ad

12508973 AMERICAN TIRE WRHSE AK POST/THE PERFECT 3×6

NEWS

Conserve: Fort Wainwright community encouraged to take part in heat saving practices

Continued from page 1

Allen Shaw Fort Wainwright PAO

conserve energy.

is limited and will likely not buildings such as warehous- large buildings. be able to provide the entire es will be kept at cooler tem-

North Post with typical levels peratures and staff has been nel and Family members living and exiting. of heat for the immediate fu- directed to be vigilant with ing on the North Post should

ble impacts and is developing shared will keep more build- side, turning your garage supplies are on site. precautionary measures to ings at a consistent tempera- temperature down to 50 deture," Zemp said. Further grees and do not open the at 353-0184 to report a service Col. Cape Zemp, com- measures to reduce steam garage door. Significantly outage or for additional guidmander, USAG Fort Wain- heat consumption on North reduce your thermostat set- ance. North Haven Commu-Although there is another wright said, "Soldier and Post may be required in the tings when not at home and nities, Fort Wainwright PAO functioning steam line servic- Family housing is our num- near future, potentially af- reduce your settings when at and Fort Wainwright Current ing North Post, its capacity ber one priority." Larger fecting workplaces and other home. Ensure that all win- Conditions Facebook pages Fort Wainwright person- use only one door for enter- information and advice on a

Repair work has begun and ture. The United States Army windows, doors and thermo- begin conserving heat now. contractors will be working slippers, a snuggle blanket Garrison Fort Wainwright is stats. "By instituting these Current measures should seven days a week, 12-hours and a nice cup of hot tea

Residents can call a help line dows are locked tight and will be updated with current regular basis.

In the meantime, warm currently determining possi- measures, the heat being include parking vehicles out- a day once equipment and should help keep you toasty.

Winter: Be extra careful on the roads

Continued from page 1

not be pieces of the to merge. The herd body, trim or bumper does not have to flapping in the wind make should be attached to If someone can safely the undercarriage so make it easier for you you're not clanking, then so be it. This is dropping debris or another action that spitting sparks as you requires your full at-

Always use ex- good sense. treme caution when Whenever ery time you are out protected. there and don't give them an opportunity some, highly trained

to ruin your day. your lane. If you can't it safely. or don't want to stay in your lane, signal, ter the first snowmake sure other cars fall there are way around you are well too many incidents aware of what you and accidents, and plan to do, then ex- as someone who has ecute the operation been hitting these with caution. Merg- roads for more than ing into traffic is an- three decades I feel other one of these qualified enough to often misinterpreted share an opinion on actions. It is the re- the subject. sponsibility of the vehicle who wants to tion on safe winter join the traffic flow to driving call the garblend into the activi- rison Safety Office ty that's already tak- at 353-7079 or visit ing place. It always www.facebook.com/ requires a signal, but FortWainwrightSafesometimes it's nec- ty. essary to increase or

brakes. There should decrease your speed accommodaeverything tions for you to join. travel down the road. tention, patience and

Another avoidable coming to an inter- road hazard this time section. These are of year is often caused some of the slickest by someone just being spots on the road. neighborly. Without The intersection is the assistance of safewhere many skid to a typersonnel, flares or stop and then spinout warning lights roadto get moving again. side assistance is another other accident waitdrivers are involved ing to happen and watch what you are being fueled by a lack doing, try to antici- of good judgment. It's pate what everyone just like everything else is going to do and else written so far, what you are going to just because you've do if there happens got a big truck and to be someone who a tow strap doesn't isn't a sensible driver mean you have a lilike yourself. There cense to ignore the are people who think rules of the road and when a light turns put others in danger from green to yellow while you drag your you are supposed buddy's truck out of to give it more gas, the ditch. You don't while others think it have the credentials means slam on the to drive down the opbrakes. These are the posite side of the road dweebs fish-tailing or and take up an extra sliding out of control lane of traffic while through a red light. you find something to Do whatever you can hook to. You should to avoid these people. only "be nice" when Watch for them ev- public safety is being

There are aweindividuals that know Learn to stay in how to do this and do

Historically,

For more informa-

11505965 NORTHWIND BEHAV-**IORAL HEALTH** ALL ALASKA POST/ 2×2

IN BRIEF

COMBINED FEDERAL **CAMPAIGN**

24. Fort Wainwright's will be created for this CFC contact can be year's reached at 353-7633 against the Air Force. for more information.

DRUG TAKE-BACK DAY

Army Substance Abuse and paper for notes Program, Directorate and practice schedule. of Emergency Services, For additional infor-Bassett Army Commu- mation, email bridger. nity Hospital and Drug terra@us.army.mil or Enforcement Admin- joshua.g.miller.mil@ istration are teaming mail.mil; or call 353up again for this year's 6801 or (907) 888-National Pharmaceu- 5490. tical Drug Take-Back Day. This is the ninth **HISPANIC** National Pharmaceu- HERITAGE MONTH tical Drug Take-Back Day event in the Unit- Alaska Aviation Task Wainwright has par- Wainwright from 10 a.m. to 2 p.m., Observance, over-the-counter med- Theme: on Fort Wainwright's a future of success." Take-Back Day event, email konkista.r.aus- ka. call 361-1381.

PUBLIC ADDRESS **SYSTEM TEST**

There will be a test- CAR CARE ing of the Public Ad-Voice' in the new hangar construction area. located on south side of 1:30 to 2 p.m. Various voice announcements and alert sounds may be heard during this testing.

ARMY HOCKEY

TEAM

An

17509019

FAIRBANKS CURLING

AK POST/OPEN HOUSE

 2×5

CLUB

meeting is scheduled a.m. to 8:30 p.m.; Sat- es' Club by emailing tournament Game day is scheduled for an Army vs. Air Force game on Dec. 12 at the Carlson Center, The Fort Wainwright Fairbanks. Bring pen

The U.S. Army Equal tin.mil@mail.milpaul.d.wayfield.mil@ HOLLY DAYS mail.mil.

The Automotive dress System or 'Giant Skills Center is now offering a summer special for complete winterization of your verunway, Monday from hicle. Special includes; installation of heating pads, engine block heater, four way box and coolant adjusted for Alaska's extreme temperatures. Hours of Operations are Monday, Thursday, Friday informational and Sunday; 11:30

Oct. 31.

FLU CLINIC **SCHEDULED**

flu clinics for beneficia- Diabetes, by the rear courtyard.

JOBS ON FORT WAINWRIGHT

time or even fulltime TCOY Pamphlet.pdf. job? There are more ed States and Fort Force and the Fort than 70 federal em- RECREATION ployee jobs and nearly ACCESS PERMIT ticipated in the col- Opportunity Office is 50 nonfederal jobs just National Prescription For more information, Fort Wainwright, Alas-

BAZAAR

Fort Community Spouses' Days Bazaar, Oct. 17,

from 4 to 8 p.m. and 9686, or Fort Greely at Oct. 18th from 10 a.m. (907) 873-4381. To see to 5 p.m. at Hangar maps of recreational 5. For more informa- areas go to https://ustion please contact the artrak.isportsman.net/ Community

for Tuesday, from urday, 9 a.m. to 5:30 hollydaysbazaar@noon to 2 p.m. in the p.m., and closed Tues-gmail.com. The Fort basement theater of day through Wednes- Wainwright Commubuilding 1555. All local day. Call 353-7436 for nity Spouses' Club is hockey players from more information or a non-profit agency. active Army, Reserve stop by the center at All proceeds are re-This year's CFC and Guard are wel-building 3730 on Oak turned to the commuprogram runs from come to participate. Avenue. Special price nity through Welfare Sept. 15 through Oct. An Army hockey team offer is valid through Grants and scholarships.

HEALTH CLASSES

The Arctic Health Medical Department Link Center offers Activity Alaska will be classes on: Allergy and hosting two weeks of Asthma, Cholesterol, Hypertenries from 7:30 a.m. to 2 sion, Self Care Class p.m., Oct. 14 through (Take Care of Your-17 and Oct. 20 through self), Tobacco Cessa-24 at the Education tion and specialized Center, building 4391. programs per request. Please park in the rear If interested in a class of the building and use for you, your unit or the entry doors located for a FRG meeting, please call 361-4148. For more information go to www.alaska.amedd.army.mil/Looking for a part Artic_Health_Link/

For summer recrelections since the be- hosting the 2014 His- waiting to be filled on ation on U.S. Army ginning. On Saturday, panic Heritage Month post right now. Pipe- training lands this slated fitters, System Admin- year, be sure to get collection boxes will be for Oct. 8, from 1:30 istrators, Telecommu-your Recreation Access set up at the Fort Wain- to 3 p.m., at the Fort nications Mechanics, Permit Card or RAP wright Post Exchange Wainwright Physical Child and Youth Pro- card. This required, for anyone to bring Fitness Center, build- gram Assistants and but free recreationtheir prescriptions or ing 3709. Observance more. Go to www.us- al pass is provided by "Hispanics: ajobs.gov and find out both Fort Greely and ications for disposal. A legacy of history, a how many different Fort Wainwright, al-For more information present of action and career opportunities lowing access to certhere are for you at tain military lands for general outdoor recreation such as fishing, hunting, hiking and all terrain vehicle use. For more information Wainwright go online at https://usartrak.isportsman.net/Club will present the or call the Natural Re-32nd Annual Holly sources offices of Fort Wainwright at 361-Spous- maps/recmaps.

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