

11TH SIGNAL BRIGADE

THE BOTTOM LINE

HHC, 11th Signal Brigade Spotlight Soldier



Pfc. Adam Passaro

Pfc. Adam Passaro joined the military in January 2013, and began his career at Fort Jackson for basic training. After successfully completing his Military Occupational Specialty training as a 42A, he found himself here at "The Great Place," and hit the ground running.

Passaro immediately established himself as a dedicated, quick learner, and became the go-to Soldier in S-1 for crucial strength management tasks. His stellar military bearing and high level of motivation impressed not only his section's leadership, but also the leadership throughout the brigade.

He also showed the ability to excel in Physical Readiness Training as well. After opting to take a record APFT in lieu of a diagnostic, Pfc. Passaro scored a 273, and Cpt. Lanto picked him to represent HHC during the post Best Warrior competition.

The competition started off with a run and the four Soldier teams went right into qualifying with the M9, testing their ability to control breathing. The competition continued with land navigation into the night. During night operations, the Soldiers just had chem lights to light their way.

Although his team did not finish first, Passaro enjoyed the competition and new experiences such as getting to finally fire the M9. His determination and drive during the competition further demonstrated to the command his potential, and put him on the fast track to the next Warriors Leaders Course early next year.

Pfc. Passaro continues to set the example for not only his peers, but for his two-year-old son, Brayden, as well.



Cooking brings family and friends together, provides an outlet for creativity and can be relaxing. But did you know that cooking fires are the number one cause of home fires and home injuries? By following a few safety tips you can prevent these fires.

"COOK WITH CAUTION"

- » Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- » Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- » If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- » Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

IF YOU HAVE A COOKING FIRE...

- » Just get out! When you leave, close the door behind you to help contain the fire.
- » Call **9-1-1** or the local emergency number after you leave.
- » If you try to fight the fire, be sure others are getting out and you have a clear way out.
- » Keep a lid nearby when you're cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn off the stovetop. Leave the pan covered until it is completely cooled.
- » For an oven fire turn off the heat and keep the door closed.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



Cooking and Kids

Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.

FACTS

- ! The leading cause of fires in the kitchen is unattended cooking.
- ! Most cooking fires in the home involve the stovetop.



www.nfpa.org/education

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- Thanksgiving Day (November 28)
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- (November 29)
- 11th Sig. Bde. Food Drive
- Lung Cancer Awareness Month
- Holiday Drinking and Driving

11th Signal Brigade Holiday

The Thunderbirds are holding their annual holiday food drive. On Fort Hood, non-perishable donations can be dropped off at marked boxes in the brigade headquarters, or by contacting your respective battalion ministry team. For battalions at Fort Bliss or Fort Huachuca, please drop off items in the areas designated by your local ministry team.

Donations will be accepted until approximately December 16. Fort Hood donations will go to the Killeen Food Bank, Fort Huachuca donations will go to the Chaplain's Food Locker, and Fort Bliss donations will go to help Soldiers in the battalion.

FACT: SMOKING IS THE LEADING CAUSE OF LUNG CANCER.

November is Lung Cancer Awareness Month. If you or someone you know needs help to quit smoking, call 1-800-QUIT-NOW.



Black Friday Safety Tips

1. Do not buy more than you can carry. Plan ahead by taking a friend with you or ask a store employee to help you carry your packages to the car.
2. Shop online with companies you know and trust. Check a company's background if you are not familiar with it. Remember, if it sounds too good to be true, it usually is.
3. Save all receipts. Print and save all confirmations from your online purchases. Start a file folder to keep all receipts together and to help you verify credit card or bank statements as they come in.
4. Consider alternate options to pay for your merchandise, such as onetime or multiuse disposable credit cards or money orders, at online stores and auction sites.
5. Wait until asked before taking out your credit card or checkbook. An enterprising thief would love to shoulder surf to get your account information.
6. Deter pickpockets. Carry your purse close to your body or your wallet inside a coat or front trouser pocket.
7. Have your keys in hand when approaching your vehicle. Check the back seat and around the car before getting in.
8. Do not leave packages visible in your car windows. Lock them in the trunk or, if possible, take them directly home.
9. Tell a security guard or store employee if you see an unattended bag or package. The same applies if you are using mass transit.
10. If you are shopping with children, make a plan in case you get separated. Select a central meeting place and make sure they know they can ask mall personnel or store security employees if they need help.

To find more useful shopping tips and personal safety information, visit the National Crime Prevention Council's website at, <http://www.ncpc.org/>.

The holiday season is a time to relax and spend time with families and friends. This is also the time of year when alcohol comes into play more. If you decide to drink, make sure you have a plan.

Driving is not an option! Don't put yourself in a position to lose your rank, money, or even your life or the life of someone else.

**don't
drink &
drive**

UPCOMING EVENTS

December 10
Human Rights Day

December 24
Training Holiday

December 23
Holiday Schedule
Begins

December 25
Christmas Day

December 31
Training Holiday



Newsletter Editor, Layout and Graphic Design By:
Staff Sgt. Kelvin Ringold - 11th Signal Brigade
Public Affairs Officer
jennifer.r.butler@mail.mil • 254-553-9269
ATTN: Public Affairs Office
Ft. Hood, TX 76544

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