June 2013







Beans & Bullets

311TH SUSTAINMENT COMMAND (EXPEDITIONARY)

"SUSTAIN THE FORCE, SECURE THE VICTORY!"



COVER STORY - TRAINING FOR POSSIBILITIES - PAGE 9

INSIDE THIS ISSUE:

Messages from the Command	3/4
Chaplain's Corner/ IA Update	5
Resiliency Notes	6
Inspector General	7
Surgeon	8
Cover Story	9
Images of 311th	10/11

Safety	12
Family Readiness	13
SHARP/IA	14
Best of the Month	15
Knowledge Management	16
History Page	17
101st SB TOA/Operation HOT chefs	18/19
Birthdays	20

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Beans & Bullets welcomes story ideas, photographs and any information of interest.

All submissions are subject to editing by the 311th Public Affairs Staff



Doc's FAREWELL

311th Expeditionary Sustainment Command Soldiers had the opportunity to say their farewells to Maj. Jarret Sands, 311th ESC command surgeon from Olympia, Wash., before he returns home. Awards were presented by Brig. Gen. Scottie D. Carpenter, commanding general of the 311th ESC.



PAGE 3 BEANS & BULLETS

COMMANDING GENERAL

TROJAN 6 SENDS:

We have a lot of fun here.

Looking over our Facebook page and here in the Beans & Bullets, I see a lot of pictures of Soldiers enjoying themselves. I know I like getting together at our social events, relaxing a bit and talking with my fellow Soldiers. It's good to "let our hair down" now and then and I applaud the efforts of our HHC to put these functions together. But I also never want to forget why we are here, and the risks and dangers our Soldiers face daily.



Brig. Gen. Scottie D. Carpenter

This was brought home to me dramatically while watching a Sunday news program recently. As is usual, they reported a summary of fallen heroes from the previous week. There were two that week – both from our downtrace. It hit me hard. Those were my Soldiers. Even if I didn't know them personally, they were a part of the 311th ESC. They died performing their mission of sustaining the force and securing the victory.

You see, our motto shouldn't just be something we say at the end of a meeting. We must never forget the risks our Soldiers endure in sustaining the force, and the dangers of securing the victory.



I am grateful for the service and sacrifice of these two fallen heroes and I pray for comfort for their loved ones they left behind.

We are entering a time of rapid change for the 311th ESC as we enter the final phase of our deployment. Many of our Soldiers will be moving to a new duty location and we will have to adjust to doing our business differently. That's OK. There may be some rough patches and some anxiety, because change is never easy. But these moves are the process for going home.

Keep your head in the game, watch out for each other. Talk to each other. If your battle buddy is moving, make sure they know you've still got their back.

I know I say it often, but I really mean it. I could not be prouder of you and the work you are doing here. I'm honored to serve with you.

Sustain the Force! Secure the Victory! TROJAN 6 OUT

COMMAND SERGEANT MAJOR

Trojans,

We are in the final phase of deployment and it is hard to believe that we are at this point already. It is imperative that we stay focused on the way ahead to include assisting our battle buddies to stay focused. Up to this point, our performance is well above all expectations. We are known as a unit of team players getting the job done. We have raised the bar so far that it will be hard for the follow-on group to move it further.

As I have written in the past, we are vulnerable at this point! Soldiers are seeing the light at the end of the tunnel and start thinking of home and loved ones. They will lose focus, which will result in an action they wouldn't normally do. I have seen this on my previous four deployments and it mars an otherwise great deployment for that Soldier. Be a great battle buddy and watch over your friends, co-workers and other Soldiers in the unit. The 311th is a great unit. Let's continue to prove that by finishing just as strong as we started.

As we move towards the end, it is time for leaders to care for their Soldiers. As you noticed, I didn't say "take care of Soldiers." There is a difference. Leaders need to care for their Soldiers. That means doing the right thing for their Soldiers, not always what the Soldier

wants, but usually the hard right. I am speaking specifically of individual performance evaluations and awards. If you are a leader of Soldiers, then evaluate each of your Soldiers individually and write their evaluations and awards accordingly. Please take the time to do it right. Think of it this way, if that Soldier's children or grandchildren reads the award in the future you want them to say "Wow! That is what you did?", not "that's what you did?"



.Trojan 7 out





Command Sgt. Maj. Ted L. Copeland





PAGE 5 BEANS & BULLETS

CHAPLAIN'S CORNER

From "The Velveteen Rabbit" by Margery Williams

"What is REAL?" asked the Rabbit one day, when they were lying side by side near the nursery fender, before Nana came to tidy the room. "Does it mean having things that buzz inside you and a stick-out handle?"

"Real isn't how you are made," said the Skin Horse. "It's a thing that happens to you. When a child loves you for a long, long time, not just to play with, but REALLY loves you, then you become Real."

"Does it hurt?" asked the Rabbit.



"Sometimes," said the Skin Horse, for he was always truthful. "When you are Real you don't mind being hurt."

"Does it happen all at once, like being wound up," he asked, "or bit by bit?"

"It doesn't happen all at once," said the Skin Horse. "You become. It takes a long time. That's why it doesn't happen often to people who break easily, or have sharp edges, or who have to be carefully kept. Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don't matter at all, because once you are Real you can't be ugly, except to people who don't understand."

My prayer and hope for our soldiers and families is that you will be blessed with the things that are REAL and matter most.

Blessings, CH Allison 311th ESC Command Chaplain ASAP-"Always Say A Prayer"





RESILIENCY TASK FORCE



The last 30 days have kept us busy and hopefully all of you as well! The 311th ESC Resiliency Task Force was able to attend the Resiliency Training Assistance Course to learn and be able to teach some of the basic resiliency skills. They brought back what they had learned and presented the foundation skill of ATC to the mandatory monthly resiliency training. We can build our self-awareness and ultimately self-regulation by slowing the process down and separating what happened (Activating Event), from what we thought to ourselves during, and resulted in our feelings and behaviors which shaped the Consequences of the event.

We were able to offer quite a few new activities this month as well as keep some of the favorites. There was an Employment Working Group lead by 1st Lt. Longo who focused on educational benefits, resumes, and general employment searching. Don't forget the Heroes to Hired support at https://h2h.jobs/. 1st Lt. Lebs is leading a "Financial Peace" course on Thursday nights. This week is session 5 of 9. We were able to team up with the 254th Medical Detachment who conducted a "5 Love Languages" seminar which is based off the book by Gary Chapman. Whether you're married, in a relationship, looking to be in a relationship, or single, the information given was informative and a great way to learn a little more about yourself. We had about 15 Soldiers attend from the 311th and the 3rd SB. We received some great feedback and want to thank everyone who participated.

Chief Warrant Officer 2 Crabbs is working hard on those surveys everyone filled out for us. We want to say thank you for your honesty in providing this feedback. We are focusing on taking the results and developing some specific and helpful programs for everyone. We are always up for helpful ideas and encourage you to contact a member of the Resiliency Task Force with them.

Finally, I wanted to focus on a quick Pillar Plug or two. It's getting HOT...or should I say IT IS HOT outside! We are seeing temperatures in excess of 100 degrees in Kandahar and Kuwait during the day. While you're focusing on the Physical Pillar, don't neglect the importance of hydrating. Eating and drinking properly is critical and perhaps moving those afternoon runs to cooler times of the day would be helpful as well. Don't forget your emotional pillars. Sometimes the high temperatures can cause our emotions to get away from us. Emotionally intelligent people use their thinking and behavior to guide their emotions rather than letting their emotions dictate their thinking behavior! Use the ATC model to help you control those emotions.

As always, enjoy the time you have. Do the things that make you remember why you're here in the first place. Family, friends, cars, and other toys...we all have our own indulgences that make us more Resilient in the fight.

By 1st Lt. Erin Venturelli



PAGE 7 BEANS & BULLETS

INSPECTOR GENERAL'S NOTES

The 311th ESC Inspector General's office met the month of May head-on with a robust plan of attack to prevent deployment cycle trends and support all our Soldiers throughout our area of operations. We saw a record number of assistance cases to resolve, and were met with some tough situations that required in-depth involvement. The entire office worked tirelessly during May and we have been excited to see the sun rise on June. Families and leaders should be proud of your IG section this month.

Maj. Hoyman completed and published the final version of our deployed leader handbook that includes 20-chapters of the most common concerns leaders face. This handbook has already been reproduced by other external commands because of its importance and relevance. Maj. Hoyman has also completed several courses that allow him to approach the IG role in a more seasoned and compassionate manner. Lastly, he has begun to assist the office with our caseload back in Los Angeles as we look to ensure we are set for redeployment.



Maj. Casey Miner



Master Sgt. Fowler has completed a record number of assistance cases this month in myriad areas of concern that included units of all levels throughout the country. She is truly amazing in researching and getting results that reinforce the chain of command the trust among Soldiers. I can't tell you how many times this month people from numerous units stopped by our office to say thank you to her for a resolved pay action, an overdue promotion, a delayed bonus, a concern with leadership, or a misunderstanding of a regulation or policy. She has made a huge difference this month in particular.

Sgt. 1st Class Corley completed an important inspection and has continued to provide great reviews of recently released regulations and articles. The inspection was well planned and executed, and will serve as the start of a required process that we will take back home, and help hold our subordinate units accountable. He will return to his unit as we redeploy much stronger and knowledgeable because of his efforts during this deployment.

The 311th ESC Inspector General's office plans to attack June in much the same manner as May. We have a tough traveling schedule and a few projects left to complete before the sun sets on June. It is hot, we have been gone a long time, and we get tired like everyone else. But, every soldier who gets an issue resolved, every leader we can inform and train, and every negative that we can prevent energizes us to continue the mission. We work around the most incredible people, and our Soldiers are doing phenomenal things over here. We are grateful for the continued challenge to make a difference during this deployment.







SURGEON

Greetings, My time as the



Maj. Jarret Sands, Command Surgeon

My time as the 311th ESC command surgeon is coming to an end. It has been a true honor and pleasure to serve as your "Doc" over the last 3 months. Maj. (Dr.) Mustafa is here on KAF and we are having a successful transition. I will allow him to introduce himself in next month's edition.

Some of you have inquired about why the physicians do 90-day rotations. It is a good question. The answer is found in a policy that was published in the wake of the first Gulf War where numerous Army Reserve doctors and dentists watched their medical practices go bankrupt while they were mobilized to Kuwait and Iraq. ninety days "Boots on Ground" was the time period where most physicians and dentist felt they could leave their medical practices without having them go out of business. We have shorter deployments, but tend to deploy more often.

I wanted to say "Thank you" to everyone who helped train and prepare for the mass casualty exercise we had last month. It was a great success! The feedback and comments we got from the after action review were very helpful in making the 311 ESC's MASCAL plan even better. A MASCAL is the one thing you hope never happens, but it is great to know the unit is well prepared just in case something happens.

I also wanted to thank everyone for the questions and feedback after the air-quality brief. I know the air quality is a hot topic and hopefully you all feel a little better about this subject. To summarize the highlights: The air has big stuff (PM10) and small stuff (PM2.5). The big stuff is what causes acute symptoms (sneezing, allergies, cough, etc) but has no long-term health effects. The small stuff is what we worry about, as these particles may (no scientific data yet) cause long-term health problems. Remember that there is far more big stuff here than back home, but when we look at the amount of small stuff, it is about the same as most big cities back in the United States. Preventive medicine teams will



continue to track air quality and research is underway. As an extra precaution, each 311th Soldier will have a MFR (Memorandum For Record) placed into their record documenting the air-quality policy.

Finally, I want to remind everyone redeployment is right around the corner. We will have dedicated medical redeployment training – this will cover: specific medical threats, how to do the PDHA, mandatory STD training, how to get medical care back home and what to expect from the Medical SRP at Fort Hood.

Thank you again for allowing me to serve beside you. I am always reminded on how small the Army is. I have no doubt I will meet many of you again in the future. Stay safe. Stay healthy. Stay strong.

Doc Sands



311 ESC Command Surgeon Cell

PAGE 9 BEANS & BULLETS

Training for possibilities

Story by Sgt. Phillip Valentine, 311th ESC Public Affairs Office

KANDAHAR AIRFIELD, Afghanistan — The 311th Expeditionary Sustainment Command held an insider threat and mass casualty exercise May 23 at Kandahar Airfield. The inside-the-wire threat exercise was a joint effort between the 311th ESC, military police and Romanian and Slovenian forces.

"Joint training develops cohesion and cooperation between all forces involved," said Sgt. 1st Class Manuel Cano, force protection noncommissioned officer in charge, 311th ESC. "It develops camaraderie between forces and test strengths and weaknesses."

The training scenario involved an individual who entered an office building and simulated opening fire on Soldiers and civilians working inside.

"The event was intended to bring the possible threat into the forefront in everyone's mind," said Cano of Corona, Calif.. "Insider threats continue to rise in Afghanistan, so the force protection team sought to ensure 311th ESC personnel were properly prepared and trained for the event if it should occur."

The military police arrived and systematically went room to room, clearing them until they found the pretend shooter. They apprehended the mock intruder, handcuffed him and led him outside the building.

"The inside-the-wire threat exercise proved to be a great success with all involved," said Cano. "It took two months to develop, plan and execute. I would not change a thing."

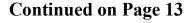
311th ESC force protection officer in charge, Capt. Wesley Sands from Fort Pierce, Fla., had this to add about the performance of those participating in the exercise.

"One thing that stood out in my mind during the exercise was the MPs professionalism and seriousness during the exercise," said Capt. Sands. "Although it was only an exercise, when they cleared the building, one would not have known that it was "just" a rehearsal.

After the building was secured and the threat was removed, the 311th prepared to deal with the aftermath.

"It is very important for every unit to test their MASCAL plan on a regular basis. As the new "Doc", I wanted to make sure the unit was ready for

a real-life MASCAL situation," said Maj. Jarret Sands, 311th ESC command surgeon from Olympia, Wash..



















IMAGES OF 311TH















PAGE 12 BEANS & BULLETS



"SAFETY ISN'T JUST A SLOGAN, IT'S A WAY OF LIFE"



311TH ESC SAFETY GRAM COMMITMENT TO SAFETY EXCELLENCE

Summer Environment/Hot Weather Treating Heat Illness with Rapid Cooling

As temperatures rise with the coming of summer, so do the risks of heat illness. Knowing how to effectively treat heat stroke with rapid cooling can make the difference between life and death. Leaders must be aware of risks associated with the environments in which they train and fight, and they must be cognizant of mitigating and preventive strategies in order to minimize environmental casualties. With careful planning, quality training, and active leadership, we can minimize the risk of Soldiers becoming heat casualties. All Soldiers and leaders much be familiar with the risk factors, prevention and treatment of heat illnesses in order to reduce the heat threat to our Soldiers.

Tips:

- Cooling is the most important life-saving intervention you can provide.
 - First, place the victim in the shade or air conditioning. The skin may feel hot and may be dry or sweaty.
 - Remove as much of the headgear and outer uniform as possible.
 - · Fan the victim.
 - Ice packs can be placed in the armpits and groin area.
 - Call emergency medical services to evacuate the victim.
 - Continue to cool until the victim begins to shiver or until the ambulance arrives. Do not try to evacuate the victim yourself focus on cooling. If a victim loses consciousness, check their breathing and pulse and initiate CPR if either is absent.
 - Continue to cool the victim.
- Other heat illness prevention measures.
 - You can prevent becoming a heat casualty by staying lean and fit.
 - Don't skip meals.
 - Stay hydrated enough to keep your urine clear or pale yellow, but never drink more than 12 quarts of plain water a day. If you are going to be training longer than 60 to 90 minutes you may consider using an electrolyte beverage.



311TH FAMILY READINESS



Safety is blind to which side of the 'pond' you are on. Some things just apply no matter where you are. Even as we at home worry for the safety and well-being of our Soldiers overseas, we know too that they worry for us. As we jump fully into summer and watch the astounding weather phenomena, I want to share what we are suggesting to your Families about safety.

When traveling, make sure someone knows where you will be and good, solid contact information. This means more than just your personal cell phone, but a physical address and alternate phone number. A good rule of thumb is for families to follow the guidance for leave paperwork. Submit to the unit or a unit contact (key callers are great!) the address (es) and numbers as well as general dates you will be there. Should something happen during

travel (car breaks down or someone gets sick), the unit Family Programs will be better able to provide the family member with assistance no matter where they are.

As we see the horrible effects of recent weather, it is more important than ever to have a contact that is not in the same area as yourself. Should phone lines be compromised, this is a great way to leave a quick message or text that you are OK and can be checked through the Red Cross or FEMA. Plan carefully and carry all the right gear. Remember things like extra water, a sweater (yes, even when it seems hot) and first-aid kits. Last but not least, choose carefully when you decide to travel. Day may be good for vision, but bad for traffic and heat. Night may be great for traffic and temperatures, but dangerous with vision and sleep issues.

Take a moment; ask your families on your next call home if they are doing these things. It is a great way to check in with the family and makes them feel they have control over 'something' during deployment as well as responsibility that leads to self-esteem.

Take care and see you all VERY soon!!!

Julie Kelly, FRG Leader at 810-956-7876 or Julie.kelly@us.army.mil

TRAINING FOR POSSIBILITIES CONT.

The second simulated event tested Soldiers and processes in the event of a mass-casualty situation. Multiple Soldiers were placed in various locations throughout a building. Each one was made-up with a false injury which was identifiable due to the false wounds applied with makeup, fake blood and rubber devices.

The first step was to gain accountability. Once an accurate count was made at the rally point, medics, combat lifesavers and other emergency personnel practiced lifesaving measures on the mock injured.

"A MASCAL is a very scary and chaotic situation," said Sands. "The challenge with any MASCAL is that you are attempting to "control the chaos." The only way you can do this is to plan, prepare and practice."

Before calling an end to the training exercise, all those who participated were also check to make sure no one was injured during the frantic but effective scenario. "Having the other ISAF forces help with the first phase of the exercise (inside the wire

threat) was a great example to the rest of the 311th ESC Soldiers on how real this threat is, said Sands. "Having them see the other unit's response and professionalism set the stage for the MASCAL exercise. In addition, 3rd Sustainment Brigade tested their response time to the MASCAL."

PAGE 14 BEANS & BULLETS

SHARP

FRANZ LIS ARAY

Sgt. 1st Class Michael Franz, Victim Advocate



Master Sgt. Carol Cornejo, Deployed Sexual Assault Response Coordinator

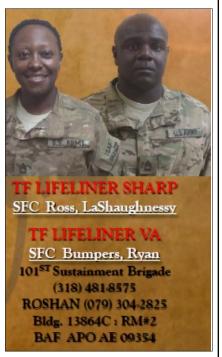
Good Afternoon from the SHARP Office

I would like to say a "thank you" to the 1st Sustainment Brigade SHARP office Sgt 1st Class Gloria Green and Sgt. 1st Class Wilfred Aho for all their hard

work. Safe travels in their return home. I would like to welcome the 101st Sustainment Brigade SHARP Team Sgt. 1st Class Lashughnessy Ross and Sgt. 1st Class Ryan Bumpers.

There are many moving parts to SHARP Office this month. Each Command is getting prepared for a SHARP stand down. Not death by power point, but discussion led by our leaders. Communication is a two way street, so be prepared to participate.

We are close to going home, so there are some things to keep in mind. First and foremost, let's keep each other safe by looking out for each other. Utilize the battle buddy system at limited visibility, and keep from becoming complacent. If it does not seem right, it probably is not. If you have any questions or concerns, please stop our office.



318-421-6617

INFORMATION AWARENESS UPDATE

Don't Click to Agree without Reading the Small Print:

Some free software passes your information on to advertisers, changes your PC or downloads other software without asking you. Some suppliers will claim that this is OK because you agreed to this. How? People often click on the "agree" button to accept 20 pages of difficult legal jargon they don't understand. But buried in the middle can be a sentence allowing the software to do whatever it likes. You can argue in court that the terms aren't reasonable, but then it will be too late — the damage has been done and your PC is broken. Learn from other people's pain: if terms and conditions are hard to understand, it is probably deliberate. If it isn't worth the trouble to read the conditions, don't risk using the software.

BEST OF THE MONTH

311th Expeditionary Sustainment Command recognizes the Soldier and noncommissioned officer of the month, May 30, at Kandahar Airfield. Sgt. Steven Rafanan, 311th ESC paralegal from Covina, Calif., took the honor of NCO of the month. Spc. Jan Cabigting from Macheche, Guam, was named 311th ESC's Soldier of the month. Soldier of the month runner-up, Spc. Rosa Moncada of Los Angeles, was also recognized for her excellent performance. Awards were presented by Brig. Gen. Scottie D. Carpenter and Command Sgt. Maj. Ted Copeland.















PAGE 16 BEANS & BULLETS

KNOWLEDGE MANAGEMENT

Many Soldiers in the 311th ESC completely rely upon the contributions of William Knowlin to accomplish their daily business. Mr. Knowlin is the Knowledge Management (KM) section contractor whose efforts were pivotal to the three internal Sharepoint portal redesigns. The KM section completed a complete portal redesign with original content and features for over 32 sections on three separate portals resulting in an effort of over 120 portal pages. The contributions provided by Mr. Knowlin allowed the KM section to accomplish objectives other organizations had either not considered or failed to achieve.

Although Mr. Knowlin might have been the technical superstar shining bright for the KM section, many of his contributions to the team's success were largely unnoticed outside the section. A humble individual quietly focused on personal education and a passionate dedication to the mission it is easy to see why so many 311th Soldiers are not familiar with Mr. Knowlin or what he does for the unit. It is because his contributions are so very visible to the team's success that the KM team recommends all forthcoming units open a contractor position.

Unfortunately, his contract with the unit is coming to an end in the near future. He will be sorely missed, but hope is not lost. He has been selected for a similar position in a nearby unit. The KM team thanks Mr. Knowlin for his outstanding contributions and wishes him the best of luck in his next adventure.

By: Sgt. 1st Class Edward Cheney, knowledge management









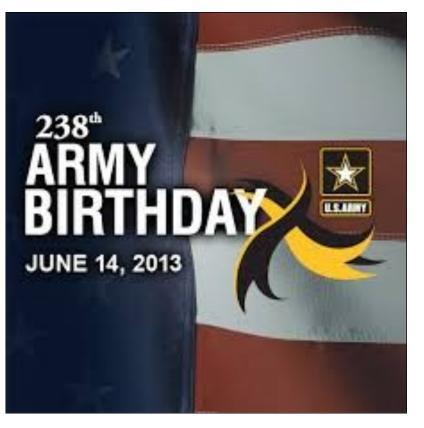
Two 311th Expeditionary Sustainment Command Soldiers were promoted June 1 during a ceremony at Kandahar Airfield. Master Sgt. Enrique Cervantes, a subsistence noncommissioned officer from Oxnard, Calif., and Sgt. Jason Sim, a human resources NCO from Los Angeles, were promoted by Brig. Gen. Scottie D. Carpenter, commanding general of the 311th ESC.

HISTORICAL NOTES

The June 14 date is when Congress adopted "the American continental army" after reaching a consensus position in The Committee of the Whole. This procedure and the desire for secrecy account for the sparseness of the official journal entries for the day. The record indicates only that Congress undertook to raise ten companies of riflemen, approved an enlistment form for them, and appointed a committee (including Washington and Schuyler) to draft rules and regulations for the government of the army. The delegates' correspondence, diaries, and subsequent actions make it clear that they really did much more. They also accepted responsibility for the existing New England troops and forces requested for the defense of the various points in New York. The former were believed to total 10,000 men; the latter, both New Yorkers and Connecticut men, another 5,000.

At least some members of Congress assumed from the beginning that this force would be expanded. That expansion, in the form of increased troop ceilings at Boston, came very rapidly as better information arrived regarding the actual numbers of New England troops. By the third week in June delegates were referring to 15,000 at Boston. When on June 19 Congress requested the governments of Connecticut, Rhode Island, and New Hampshire to forward to Boston "such of the forces as are already embodied, towards their quotas of the troops agreed to be raised by the New England Colonies," it gave a clear indication of its intent to adopt the regional army. Discussions the next day indicated that Congress was prepared to support a force at Boston twice the size of the British garrison, and that it was unwilling to order any existing units to be disbanded. By the first week in July delegates were referring to a total at Boston that was edging toward 20.000. Maximum strengths for the forces both in Massachusetts and New York were finally established on 21 and 22 July, when solid information was on hand. These were set, respectively, at 22,000 and 5,000 men, a total nearly double that envisioned on June 14.

The "expert riflemen" authorized on June 14were the first units raised directly as Continentals. Congress intended to have the ten companies serve as a light infantry force for the Boston siege. At the same time it symbolically extended military participation beyond New England by allocating six of the companies to Pennsylvania, two to Maryland, and two to Virginia. Each company would have a captain, three lieutenants, four sergeants, four corporals, a drummer (or horn player), and 68 privates. The enlistment period was set at one year, the norm for the earlier Provincials, a period that would expire on July 1, 1776.



Responsibility for recruiting the companies was given to the three colonies' delegates, who in turn relied on the county committees of those areas noted for skilled marksmen. The response in Pennsylvania's western and northern frontier counties was so great that on June 22 the colony's quota was increased from six to eight companies, organized as a regiment. On June 25 the Pennsylvania delegates, with authority from the Pennsylvania Assembly, appointed field officers for the regiment. Since there was no staff organization, company officers and volunteers performed the necessary duties. On July 11 delegate George Read secured the adoption of a ninth company that his wife's nephew had organized in Lancaster County. In Virginia Daniel Morgan raised one company in Frederick County, and Hugh Stephenson raised another in Berkeley County. Michael Cresap's and Thomas Price's Maryland companies were both from Frederick County. All thirteen compa-

Frederick County. All thirteen companies were organized during late June and early July. They then raced to Boston, where their frontier attitudes created disciplinary problems. PAGE 18 BEANS & BULLETS

WELCOME 101ST SB

Task Force Durable transfers authority to Task Force Lifeliners

Story by Sgt. 1st Class Mary Rose Mittlesteadt
Task Force Lifeliner Public Affairs

BAGRAM AIRFIELD, Afghanistan – A ceremony was held to denote the transfer of authority of sustainment operations and retrograde support at Bagram Airfield, Afghanistan, June 8.

Task Force Durable, headquartered by 1st Sustainment Brigade from Fort Riley, Kan., cased its colors as Task Force Lifeliners, headquarter by the



101st Sustainment Brigade from Fort Campbell, Ky., unfurled its colors during the ceremony. The task force provides sustainment to Soldiers and retrograde support throughout the Regional Commands; East, North and Capital.

Along with the transfer of authority to Task Force Lifeliner, the 1st Special Troops Battalion and its headquarters company transferred authority to the 101st Special Troops Battalion and its headquarters company.

Col. Brian Tempest, commander of the 1st SB, highlighted Task Force Durable's formation and accomplishments from its tour during the ceremony. "Throughout the previous nine months the Task Force Durable formation encompassed over 5,500 Soldiers, Sailors, Airman, Department of the Army civilians and contractors."

He applauded his task force by acknowledging accomplishments including, 3,500 convoy escort missions where his formations traversed thousands of miles to support the sustainment and retrograde missions throughout the regional commands.

For Task Force Durable's Soldiers, the ceremony marked the end of a long journey, but for Task Force Lifeliner Soldiers this is the acceptance of a new challenge.

Col. Charles Hamilton, commander of the 101st SB, closed the ceremony with gratitude to his predecessor

and welcomed the new challenge for his team as they take on Task Force Durables previous mission.

"I want to give a big thanks to the 1st Sustainment Brigade, they have set us up for success," said Hamilton. "The lifeliners are committed to supporting the troops and ensure our Soldiers have everything they need. We are ready to execute our next rendezvous with destiny."



OPERATION H.O.T.





Chef Chris Lusk, winner of numerous accolades in the cooking community, brings a taste of Creole cooking to Kandahar Airfield. 311th Expeditionary Sustainment Command Soldiers, Master Sgt. Sharen Calvin and Staff Sgt. Herbert McKenzie, took time to help prepare a meal with Lusk and serve service members, June 7, at the Luxembourg dining facility. The meal was part of Operation Honoring Our Troops, a program to bring a taste of home to those serving overseas.







Happy Birthday U.S. Army



311TH BIRTHDAYS

Erynne Gonzales	June 17
Master Sgt. Christina Fowler	June 17
Chief Warrant Officer 2 Johndong Pham	June 18
Master Sgt. Jamie Abel	June 22
Chief Warrant Officer 2 Kevin Koppers	June 23
Chief Warrant Officer 2 Scott Brinley	June 25
Chief Warrant Officer 5 Raymond Johnson	June 30

Capt. Andre Marshall	June 30
Joel Pinckard	July 4
Staff Sgt. William Myers	July 6
Spc. Luis Esparza-Jimenez	July 7
Sgt. 1st Class Enrique Cervantes	July 8
Chief Warrant Officer 3 Nicholas Culjat	July 8
Sgt. 1st Class Mark Kisielewski	July 10

Please remember to wish our 311th Family a Happy Birthday!

