

APRIL 26, 2013
VOL. 55, NO. 16

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON



**VOLUNTEER
OF THE
YEAR**
WEDNESDAY
1:30 p.m.
Sam Houston
Community
Center



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Joint medical readiness training part of Beyond the Horizon-Panama

By Robert R. Ramon
Army South Public Affairs

Army and Air Force medical professionals took part in a three-day medical readiness training exercise in Cerro Plata, Panama, April 15 through 18 as part of Beyond the Horizon-Panama 2013.

The MEDRETE provided humanitarian, medical, dental and veterinary services to thousands of citizens in the area.

"This exercise was designed to help strengthen relationships and build partner-nation capacity, while providing real-world training to U.S. service members," said Air Force Lt. Col. Randall Ivall, MEDRETE officer in charge, assigned to Wilford Hall Ambulatory Surgical Center at Joint Base San Antonio-Lackland.

"We have a multifunctional medical team with specialists in pediatrics, dentistry, optometry, obstetrics and gynecology, dermatology, a full capability pharmacy and veterinarians," Ivall said.

Beyond the Horizon-Panama 2013 deploys U.S. military engineers and medical professionals to Panama for training, while providing services to rural communities, such as medical, dental and engineering support.

Conducted annually, the exercise is part of the U.S. Army South and SOUTHCOM humanitarian and civic assistance program.

During the four-month BTH exercise, the MEDRETEs consist of a team of military medical and



Photo by Robert R. Ramon

Airman 1st Class Randolph Callender (right), an optometry technician based at the Wilford Hall Ambulatory Surgical Center at Joint Base San Antonio-Lackland, conducts an eye exam on a Panamanian citizen during Beyond the Horizon-Panama 2013 April 15.

dental professionals who work in austere areas to gain valuable military experience.

The exercises have provided care to hundreds of thousands of people. Service members have built or renovated dozens of facilities in the U.S. Southern Command area of responsibility.

"We have about 50 Air Force and Army personnel at this particular MEDRETE site," Ivall said. "We're anticipating about 500 patients per day during our three-day stay."

"We then move to two other locations after this and we expect

to treat more than 8,500 patients within the next two weeks," Ivall said.

"We're partnering with Panama's Ministry of Health during this MEDRETE in order to provide the most effective services to the local population."

"The Ministry of Health is providing the citizens with some basic medical education before sending them to our triage area where we can determine their medical needs."

Ivall said the MEDRETE ben-

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JBSA/502nd ABW
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Editor
Steve Elliott

Associate Editor
Leslie A. Shively

Writer/Editor
Lori Newman

Layout Artist
Joe Funtanilla

News Leader office:

2080 Wilson Way
Building 247, Suite 211
Fort Sam Houston
Texas 78234-5004
210-221-2030
DSN 471-2030

News Leader Advertisements:

Prime Time
Military Newspapers
2203 Hackberry
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News Leader email:

usaf.jbsa.502-abw.mbx.
fsh-news-leader@mail.mil

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Air Force, Army physician assistants hone emergency medicine training

By Staff Sgt. Josie Walck
59th Medical Wing Public Affairs

The recent graduation of nine physician assistant residents at Baylor University marked the first time Army and Air Force physician assistants completed graduate-level training together.

The emergency medicine physician assistant fellowship program integrated joint education and training for emergency medicine physician assistants or EMPAs.

The doctoral program focuses on preparing EMPAs to diagnose and stabilize conditions that pose an immediate threat to life, limb or sight.

The 18-month residen-



Courtesy photo

Participants of the emergency medicine physician assistant residency program pose for a photo at the EMPA graduation on Dec. 15 at Baylor University in Waco, Texas.

The program graduated its inaugural class of six Air Force and three Army physician assistants during a ceremony Dec. 15 at Baylor University's campus in Waco, Texas.

"The physician assistant profession has come a long way since it was founded in 1965," said Maj. Timothy Bonjour, EMPA residency program director at the San

Antonio Military Medical Center

"The residency program aims to be the premier post-professional physician assistant residency in the country by providing training in state-of-the-art, advanced care for emergency situations," Bonjour said.

"It expands the footprint of emergency medicine, and benefits the Air Force by providing PAs with enhanced skill sets that complement the emergency medicine physician, especially in a high ops tempo environment. Acceptance into the PA residency program is highly competitive," he said.

"Active-duty Army and Air Force physician as-

sistants are selected after meeting an Air Force Institute of Technology selection board, or Army equivalent board," Bonjour added. "Applicants must earn a minimum score of 297 on their graduate requirement examination, as well as meet other service-specific requirements."

Once selected, PAs attend the 18-month residency program at SAM-MC. The residency ends with mid-term and final written examinations as well as oral boards. Successful completion earns participants a doctor of science clinical degree, EMPA studies, from Baylor University.

"The experience improves medical skills and gives physician assistants greater knowledge to serve our patients and help save lives stateside or in a deployed environment," Bonjour said.

VA launches hotline for health care, women veteran questions

The Veterans Affairs Department has launched a new hotline at 855-VA-WOMEN to receive and respond to questions from veterans, their families and caregivers about the many VA services and resources available to women veterans.

The service began accepting calls March 27.

"Some women veterans may not know about high-quality VA care and services available to them," said VA Secretary Eric K. Shinseki. "The hotline will allow us to field their questions and provide critical information about the latest enhancements in VA services."

The hotline is staffed

by VA employees who can provide information about benefits, including health care services for women, officials said. Callers can be linked to information on claims, education or health care appointments, as well as information about VA cemeteries and memorial benefits.

Staff members can answer urgent questions and provide referrals to mental health and homeless services and Vet Center information.

Women make up nearly 15 percent of today's active duty military and 18 percent of National Guard and Reserve forces. The number of women using VA health care was

nearly 160,000 in 2000, and that number more than doubled to 354,000 in 2012.

Based on the upward trend of women in all branches of military service, VA officials said, the number of women veterans using VA services will keep climbing.

As part of its commitment to making improvements for the growing population of women veterans, officials noted, VA established an outbound call center in 2010 to contact women veterans and encourage them to enroll in VA health care.

"In VA health care alone, women constitute only 6 percent of VA pa-

tients, but those veterans have a high perception of the quality care they are receiving," said Irene Trowell-Harris, director of VA's Center for Women Veterans.

"Many women who served don't self-identify as veterans, and therefore don't think they qualify for VA benefits. We need to correct existing misinformation and misperceptions so we can serve more women veterans with the benefits they've earned."

Women veterans are entitled to apply for the same benefits as their male counterparts, which include health care and pharmacy benefits as well

as education benefits, disability compensation, home loans, employment assistance and more.

The 855-VA-WOMEN hotline joins numerous other VA hotlines that provide critical information and assistance to veterans, such as those for veterans in crisis and in danger of becoming homeless.

Veterans also can receive information and apply for benefits online at <http://www.eBenefits.va.gov> and manage their health care at <http://My-HealtheVet.va.gov>.

(Source: Department of Veterans Affairs)



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<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

MRI Brain Study

The Wilford Hall Ambulatory Surgery Center is seeking volunteers to take part in an MRI brain study sponsored by the Air Force Surgeon General's office. Applicants need to be active duty, between 26 and 50 years old and have a doctorate-level education. The study will provide a normative baseline allowing comparison to high-resolution MRI abnormalities already detected in Air Force pilots. Call 292-0476 for more information.

Post-9/11 GI Bill Changes

A briefing on changes to the Post-9/11 GI Bill is from 10 to 11:30 a.m. May 10 at the auditorium in the Roadrunner Community Center, Building 2797, 3060 Stanely Road on Joint Base San Antonio-Fort Sam Houston. The briefing is open to all service members and their family members. After an initial briefing, the floor will be open for questions and answers. Call 221-2800 for more information.

AFOSI Mobile App

Suspicious or illegal activity can be anonymously reported directly to the Air Force Office of Special Investigations using a mobile phone application or by texting 'AFOSI' and the tip to 274637 (CRIMES) in an SMS text message. Of special concern to Air Force officials are violent crimes against Air Force members, sexual assaults and drug use. Once downloaded, a video describes the app's features to emphasize its secure use and value to the Air Force and other community law enforcement agencies. Individuals can find the app in both the Android and Apple store as "TipSubmit Mobile." The direct link to the anonymous Internet tip line is <https://www.tipsubmit.com/WebTips.aspx?AgencyID=1111>.

Military Clothing Sales Offer Free Alterations For Wounded Warriors

The Army and Air Force Exchange Service offers free alterations and modifications for severely wounded, ill and injured Soldiers at all 79 Army Military Clothing stores around the world. This Army-led initiative ensures all wounded Soldiers receive free alterations and modifications on all issued uniforms in accordance with the Wounded Warrior Clothing Support Program, to include the Army Service, Combat and Improved

See **INSIDE, P6**

Army chief of staff, SMA visit San Antonio

By Maria Gallegos
BAMC Public Affairs

The top senior Army military officials and their spouses visited with wounded warriors and staff at Brooke Army Medical Center April 17.

Army Chief of Staff

Gen. Raymond Odierno and Sgt. Maj. of the Army Raymond Chandler III were first briefed on the Army Medical Command scope and structure, while their wives visited the neonatal intensive care unit.

All went to meet with

wounded warriors at the U.S. Army Institute of Surgical Research Burn Center and the Center for the Intrepid.

Odierno met with several injured warriors and their families in the ISR.

The general thanked them for their service

and ensured they were receiving the best medical care.

"It's an honor to meet you," he said to Sgt. 1st Class Christopher Edwards, who has burns on 80 percent of his body from an improvised explosive device blast in 2005.

Next on the list was the Center for the Intrepid, where Odierno reunited with four of the nine Purple Heart recipients he presented here in December 2011. They suffered multiple combat injuries from an

See **VISIT, P4**



Photos by Robert Shields

Sgt. Maj. of the Army Raymond Chandler III (right) talks to Army Spc. Zacharia Gore in the ISR burn unit April 16. Army Chief of Staff Gen. Raymond Odierno, his wife Linda and Gore's wife, Susan, were also present during the visit.



Vermont National Guardsman Sgt. Edward Matayka and his wife Karen show off their twins, Alana Marie and Ryan David, as Linda Odierno, spouse of the Army chief of staff Gen. Raymond Odierno; Jennie Wong, spouse of Southern Regional Medical Command Maj. Gen. M. Ted Wong; Jeanne Chandler, spouse of Sgt. Maj. of the Army Raymond Chandler III and Patricia Huffman, spouse of SRMC Command Sgt. Maj. Marshall Huffman, look on. The twins were born through the in vitro fertilization procedure at SAMMC.

ARMY'S TOP LEADERS AT JBSA-FORT SAM HOUSTON TOWN HALL



Photo by Staff Sgt. Corey Baltos

Army Chief of Staff Gen. Raymond Odierno (bottom right), along with members of the U.S. Army North (Fifth Army) staff, listens to a command brief April 17 at Army North's main conference room in the Quadrangle. Odierno visited the major commands at Joint Base San Antonio-Fort Sam Houston April 17 and 18. "This is an important place," Odierno said of Army North. "There are lots of important commands here, and these organizations have an incredible impact on the joint force. I need you to focus on your mission and your jobs."



Photo by Sgt. 1st Class Christopher DeHart

Sgt. Erik Saathoff (left), who serves as a schools noncommissioned officer with U.S. Army South, answers questions posed by Sgt. Maj. of the Army Raymond Chandler III during a town hall meeting April 17 at the Fort Sam Houston Theatre. Chandler spoke to a packed house of Soldiers, government service civilians and family members about changing the culture of the Army and focusing on the three C's: character, competence and commitment. He was visiting Joint Base San Antonio-Fort Sam Houston with Gen. Raymond Odierno, Army Chief of Staff, to speak with JBSA-FSH senior leaders, service members and families.

BAMC from P3

IED blast in Afghanistan in November 2011.

Staff Sgt. Daniel Burgess, Sgt. Ben Eberle, Spc. Aaron Jacinto and Spc. Edwin Gonzales waited patiently to meet with Odierno again.

"Even though I can't remember our first visit, this is way cool," Jacinto said.

"Following up with us is pretty cool. He kept his word," Burgess said.

Odierno praised the Soldiers for bouncing back so quickly.

Lt. Col. Donald Gajewski, CFI director, then showcased a innovation called the Intrepid Dynamic Exoskeletal Orthosis, known as the IDEO.

A custom-fit brace created by CFI prosthetist Ryan Blanck, the IDEO offers wounded warriors with lower leg injuries the ability to run and



Photo by Robert Shields

Army Chief of Staff Gen. Raymond Odierno and his wife Linda speak to Sgt. 1st Class Christopher Edwards during their visit to the ISR burn unit. Edwards was 80 percent burned from an improvised explosive device blast in 2005. He continues to rehab at BAMC.

walk again, with little or no pain.

Gajewski spoke about the importance of the device and how it's helping hundreds of wounded

warriors return back to active duty and how it helps them get back to their normal activities.

"The (IDEO) is amazing," Odierno said.

MEDRETE from P1

efits the local populace as well as the U.S. service members running the event.

"The benefit for the local citizens is that they receive high-quality medical treatment," Ivall said.

"The benefit for us is that it strengthens our partnerships and allows us exposure to medical conditions we might not necessarily see in a clinic setting back at home station.

"If we can get a unit down here to provide treatment, we can do it in Afghanistan or anywhere else in the world."

Air Force Col. Mary Pelszynski, a pediatrician stationed at the San Antonio Military Medical Center at JBSA-Fort Sam Houston, said the MEDRETE has gone smoothly so far.

"It has been wonderful," Pelszynski said.

"The Ministry of Health in Panama has been very organized and helpful and the patients are extremely appreciative."

Pelszynski said she gains personal satisfaction with each patient she treats.

"It's about being able to improve one life at a time," Pelszynski said.

"Whether you're helping them with a fever, pain or giving the children vitamins to help them grow and become healthy adults, it's an effort to help them achieve their potential."

The Airmen and Soldiers involved have performed superbly so far, according to Ivall.

"They have been outstanding," Ivall said. "This is a blended team of Airmen and Soldiers and they have been knocking it out of the park."

Army South has planned and conducted

BTHs since 2008 in countries such as the Dominican Republic, Guatemala and Honduras.

In addition to Panama, BTH is also taking place simultaneously in El Salvador.

The exercise is scheduled to be conducted in the Dominican Republic and Guatemala in 2014.

This year, U.S. forces, working with the approval of the governments of El Salvador and Panama, selected several sites to provide engineering, medical and dental support.

U.S. forces will work alongside host-nation personnel as well as a variety of government and non-government organizations to build schools, clinics and conduct MEDRETEs.

Each BTH typically involves and trains about 1,400 U.S. service members and 150 host-nation personnel.

News Briefs

continued from P3

Physical Fitness uniforms as well as undergarments. Eligible Soldiers must present an approved Army Form 3078 along with the prescribed modifications by their physical or occupational therapist to receive free services.

CPAC Furlough Call Center

The Joint Base San Antonio-Fort Sam Houston Civilian Personnel Advisory Center established a Furlough Call Center. If people have any furlough questions, they can call 466-3065 or 221-1425 or email usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil. For the latest furlough information, visit the CPAC website at <http://www.samhouston.army.mil/cpac/>.

Wounded Soldier and Family Hotline

The Army chief of staff and the secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of care received. It also provides Army senior leadership with a valuable tool to determine if appropriate resources are devoted to solving medical-related issues in timely and comprehensive fashion. The hotline is available around the clock at 800-984-8523, DSN 421-3700 or via email at wsfsupport@amedd.army.mil.

Claims Office Self-Service Kiosk

The Joint Base San Antonio-Fort Sam Houston Claims Office has installed a self-service kiosk at its location in Building 153 on Wilson Way. The desktop terminal is for any service member, Army civilian or family member needing assistance in submitting their claim online via the Defense Property System website. For more information, call 221-2161/1973 between 8 a.m. and 4 p.m. weekdays.

Customer Care Center at CPAC

People looking for job information can visit the new customer care center at the Civilian Personnel Advisory Center, Building 144, 2438 Stanley Road. Army civilian employees can also receive assistance with resetting passwords for the Electronic Benefits Information System or completing employee beneficiary forms. For more information, call 221-1425.

Planning key to success in hurricane preparation

By Sgt. Lee Ezzell
Army North Public Affairs

More than 250 representatives from approximately 20 different Department of Defense, federal, state and international organizations gathered together April 9 through 11 at Joint Base San Antonio-Fort Sam Houston to rehearse for the 2013 hurricane season.

The group reflected on the lessons learned from Hurricane Sandy, as well as other past disasters, and sought new ways to improve on future response operations if called upon to provide much-needed support.

"This really should set up the Department of Defense to be able to respond to, and really support, those first responders out there who may need help," said Lt. Gen. William Caldwell IV, the commanding general of U.S. Army North (Fifth Army) and senior commander of Fort Sam Houston and Camp Bullis.

Caldwell said he has high expectations of those gathered as the beginning of hurricane season nears.

"This is just the beginning of preparation," he said.

A majority of hurricane strikes occur on the Atlantic and Gulf Coasts during the summer and early fall each year. This has been the case in recent history.

With the mission of helping to ensure hurricane preparedness for the Department of Defense, ARNORTH, as the U.S. Northern Command's standing Joint



Photo by Sgt. 1st Class Christopher DeHart

Lt. Gen. William Caldwell IV (left) listens as Tom Lacrosse (center), along with Marine Lt. Gen. Steven Hummer, responds to a question April 11 during the senior leader session for the 2013 Hurricane Rehearsal at Joint Base San Antonio-Fort Sam Houston. More than 250 representatives from approximately 20 different Department of Defense, federal, state and international organizations filled the Rehearsal of Concept facility to reflect on the lessons learned from Hurricane Sandy, as well as other past disasters and sought new ways to improve on future response operations if called upon to provide much-needed support. Caldwell is the commanding general of U.S. Army North (Fifth Army) and senior commander of Fort Sam Houston and Camp Bullis. Lacrosse is the director of Defense Support of Civil Authorities and Hummer is the commanding general of Marine Forces North.

Force Land Component Command, provided an environment to bring together the DOD agencies, federal and state authorities and their partner agencies, to rehearse their collective actions through a hurricane response scenario.

This rehearsal is one of the key components in helping to ensure the partners are ready to respond effectively during a hurricane event.

As with any rehearsal, it provides an opportunity to identify potential problems now instead of trying to resolve those issues in the middle of a disaster – when lives are at stake.

One of the advantages of these exercises is the opportunity to learn about the capabilities and special skills the other organizations possess, said Lt. Col. Juan

Garcia, branch chief of logistics operations for the National Guard Bureau.

"There are perceptions out there among some federal agencies that individual states can't handle a major domestic operation," Garcia said.

"Some states feel like any federal response means the federal government wants to come in, take charge and take over. Going through this rehearsal, we can eliminate these perceptions or misconceptions."

The bottom line, said the gathered leaders, is that the mission comes first.

Although each of the different partners have their own specific operating procedures, it is only through working together that they can succeed.

"There are definitely some friction points, but we are working through them," said Col. Robert Spano, director, joint staff, California National Guard.

What also makes exercises such as this even more challenging is that in addition to the differences in the ways the federal agencies operate versus the state agencies, there are also dramatic differences in how each state operates.

"Each state has its own history, its own culture, its own experiences and its operating procedures," said Col. Scott Macleod, director, operations, Texas Military Forces.

"We all know though, that at the end of the day, we are all Americans trying to help our fellow Americans in the best way we know how."

As the conference drew to a close, Joe Girot, federal coordinating officer cadre member, Region IV, Federal Emergency Response Agency, said he believed that the overarching issues had been dealt with.

"We have covered numerous areas, but this has been a huge success," he said. "I think we have (addressed) the strategic issues that we, as leaders, should."

Caldwell said he was pleased with the success of bringing the partners together.

"I really am just proud to have each of these groups working together to build the critical relationships and understanding of capabilities that will pay off when the next disaster strikes our nation."

Special operations commander calls wounded warriors, caregivers 'inspiring'



Navy Adm. William H. McRaven, commander of U.S. Special Operations Command, visits with Army Capt. Larkin O'Hern, a triple amputee, at the Center for the Intrepid April 15. The CFI is Brooke Army Medical Center's state-of-the-art rehabilitation center for wounded service members.

By Elaine Sanchez
Brooke Army Medical Center
Public Affairs

Brooke Army Medical Center's staff and facilities are "just phenomenal," said the commander of U.S. Special Operations Command during his tour of the San Antonio Military Medical Center April 15.

On his first visit here as SOCOM commander, Navy Adm. William H. McRaven visited with wounded service members, their families and staff in the hospital, which is BAMC's inpatient facility, as well as the Center for the Intrepid, BAMC's state-of-the-art rehabilitation center.

"I've traveled all around the world [and]

I never cease to be amazed, never cease to be inspired by these young kids and their families, and the doctors and caregivers who support them," he said.

In the hospital, the admiral donned scrubs to visit with injured warriors in the Institute of Surgical Research Burn Center and an inpatient ward, lingering by bedsides to chat with their parents and wives.

In the CFI, McRaven watched intently as Marine Cpl. Ivan Sears, a double-leg amputee, virtually shot at an enemy using arm movements via a video game system while standing on his prostheses.

In the aquatic room, Army Staff Sgt. Michael

McCallum and Pfc. Chris Haley, both amputees, showed off their surfing moves, including barrel rolls, in the wave pool.

McRaven also spoke with patients who benefited from a leg brace called the intrepid dynamic exoskeletal orthosis, or IDEO.

The IDEO, created by CFI prosthetist Ryan Blanck, offers service members who suffered lower leg injuries greater mobility, including the ability to run.

While there, the admiral, who grew up in San Antonio, joked about sports teams with fellow Texan Army Capt. Larkin O'Hern, a triple amputee.

After his tour, McRaven praised the wounded warriors' courage, while also noting the contributions of their caregivers.

"The staff and volunteers [are] absolutely magnificent," he said.

Seeing them at work,

he added, "makes you proud to be an American."



Photos by Robert T. Shields

Navy Adm. William H. McRaven asks Marine Cpl. Ivan Sears about his prosthesis while visiting the Center for the Intrepid April 15.

Medical Education and Training Campus awarded national accreditation

By Lisa Braun
METC Public Affairs

The Medical Education and Training Campus was recently granted accreditation status by the Council on Occupational Education.

The COE accredits post-secondary occupational institutions that offer certificate, diploma or applied associate degree programs. Institutional accreditation is recognized by the U.S. Department of Education.

"I am intensely proud of the entire METC team, especially our standards and evaluation personnel, for their contributions to this singular achievement," said Navy

Rear Adm. Bill Roberts, METC commandant.

Since becoming a national accrediting agency in 1995, the COE assures quality and integrity in career and technical education. The Council's accreditation process is conducted on behalf of more than 181,000 students across the nation pursuing careers in a variety of technical fields.

Accreditation is a status of recognition that is granted to an institution which complies with the eligibility requirements, standards and obligations adopted by the member institutions of the COE.

It demonstrated that METC meets not only the

COE standards of quality, but also the needs of students and employers.

The evaluation process included an extensive self-study performed by METC and an intensive review by a visiting team of professional educators representing the COE's member institutions from other states.

Army Col. Larry Hanson, METC's dean of academics, credits the hard work and detailed preparation by METC personnel for this achievement.

"The highly successful COE accreditation survey was only accomplished through the meticulous preparatory work the staff and programs did preparing METC's

responses to the 10 COE standards," Hanson said. "METC would not have been successful without the hard work and support of the entire Campus."

Institutional membership in COE can only be achieved by becoming accredited.

There are more than 400 institutional members, including postsecondary public technical institutes, specialized military and national defense schools, Job Corps Centers, private career schools, non-profit technical education providers, corporate and industry education units and federal agency institutions.

SERVICE MEMBERS LEARN ENTREPRENEURSHIP



Courtesy photo

Separating service members receive small business administration training from Hal Handler (right), a volunteer mentor from the San Antonio office of Service Core of Retirement Executives, a nonprofit association dedicated to helping small businesses get off the ground. The training was held April 17 through 18 at the Air Force Education Office, with 12 students in the initial course. Upon completion of the course, the service members are eligible to pursue an eight-week online entrepreneurship class with Syracuse University. For more information, call the Army Career and Alumni Program office at 221-1213.

HELPING TO BUILD THE DREAM



Courtesy photo

Members of the 502nd Logistics Readiness Squadron helped to honor the legacy of the nation's past, present and future Airmen. The Airman Heritage Foundation, formerly known as the Lackland Gateway Heritage Foundation, is raising funds to construct a new USAF Airman Heritage Museum. The museum will be funded privately, with part of the funding coming from sales of Legacy Pavers, which are engraved bricks installed along the parade grounds and adjacent areas at Joint Base San Antonio-Lackland. For more information, go to <http://www.myairmanmuseum.org>.

MTAC FINISHES TAX SEASON ON HIGH NOTE



Photo by Lori Newman

Command Sgt. Maj. Hu Rhodes (right), U.S. Army North (Fifth Army) and senior enlisted leader, Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, stopped by the Military Tax Assistance Center April 16 to congratulate the Army, Navy, and Air Force volunteers on completing another successful tax season. The MTAC filed 4,755 federal and state tax returns, saved taxpayers \$843,661 in tax preparation fees and \$8,562,274 in tax refunds, which is an increase of more than \$1.3 million over last year.

National Child Abuse Prevention Month: Child abuse doesn't discriminate

By Estella R. Ibarra
JBSA Family Advocacy Program

April is National Child Abuse Prevention Month. Additionally, it is the Month of the Military Child as former Secretary of Defense Caspar Weinberger first designated it in April 1986.

Each April, Family Advocacy, along with base helping agencies and local community partners bring attention to building and supporting healthy environments for children.

This year's theme for Child Abuse Awareness Month is "Pinwheels for Prevention." This campaign is aimed at changing the way people think about preventing child abuse and neglect.

For more information

about the theme, click on <http://www.pinwheelsfor-prevention.org>.

Child abuse doesn't discriminate and knows no socioeconomic boundaries, including military families. Child abuse refers to physical, emotional or sexual maltreatment.

Although physical signs of child abuse may not be visible, the long-lasting effects can have serious consequences.

These effects may last generations if not properly tended to, according to the U.S. Department of Health and Human Services.

DHHS data shows that over a year's time, more than 1 million children are affected by child abuse and neglect, which costs our nation an aver-

age of \$220 million every day for investigations, foster care, medical and mental health treatment.

Some challenges which increase the risk of child abuse and neglect are embedded within the community and family.

Community causes of child abuse refer to stressful situations brought on by living arrangements and lifestyles that cause stress within a family, to include poverty, unemployment, social isolation and lack of an adequate support system.

Family causes of child abuse include adult domestic violence, substance abuse and parents who have been abused themselves and are continuing the cycle.

According to <http://>

childhelp.org, "about 30 percent of abused and neglected children will later abuse their own children."

Frequent moves, extended family separations through deployments and complicated reintegration issues make life challenging for military children and their families.

Often military children are looked up to for their resilience and ability to deal with life-changing events, but this does not diminish the impact on children.

Families can benefit from engaging in awareness, education and application of the tools necessary to promote wellbeing for all.

The six protective



factors that influence optimum physical and emotional health of children and families are:

- Nurturing and attachment,
- Knowledge of parenting and of child and youth development,
- Parental resilience,
- Social connections,
- Concrete supports for parents and
- Social and emotional developmental well-being.

Joint Base San Antonio is promoting the awareness and prevention of child abuse and neglect. Some of the classes and

activities include:

- Scream-Free Parenting, Monday, 9 a.m., Warfighter and Family Readiness, Building 2797.
- Safety Seat Clinic, Tuesday, 1 p.m. JBSA-FSH Fire Station, Building 3830.
- Building Effective Anger Management Skills, Tuesday, 5 p.m., Building 2620.
- Helping us Grow Securely or HUGS, play groups, Tuesdays and Thursdays, Middle School Teen Center, Building 2515.

Report suspected abuse to the JBSA Family Advocacy Program at 292-5967 or the Texas Child Abuse Reporting Hotline at 800-252-5400. For more information, click on <http://www.childwelfare.gov/can>; <http://www.acf.hhs.gov/programs/cb/>; or <http://www.cssp.org/>. The National Parent Helpline is 855-4A-PARENT (855-427-2736).

Army changes requirements for transfer of GI Bill benefits

By C. Todd Lopez
Army News Service

Beginning Aug. 1, every Soldier who elects to transfer their Post-9/11 GI Bill benefits to a family member will incur an additional four years in the Army, without regard to their time in service.

That news comes in a message to military personnel, dated April 15.

The new rule largely affects senior officers and enlisted Soldiers who are retirement-eligible.

As of now, these Soldiers may be able to transfer benefits to their loved ones with anywhere from zero to three years of additional service.

Soldiers who are not retirement eligible, electing to transfer their GI Bill benefits to a family member means re-upping for an additional four years. Come Aug. 1, that rule will apply to all Soldiers, whether they are retirement-eligible or not.

"The Post-9/11 GI Bill

is a benefit. Soldiers are entitled to the benefit for their own use, but to transfer to dependents: that is used as a recruiting and retention tool," said Lt. Col. Mark Viney, chief of the Enlisted Professional Development Branch, Army G-1.

Viney also serves as the policy proponent for the Army's Post-9/11 GI Bill Transfer of Education Benefits Program.

"We want Soldiers to be informed of the impact of this change, which is a clause of existing policy that is expiring," Viney said. "This is going to impact their decisions and their families, and whether or not they are going to have this money available to fund their dependent's education."

Veterans Affairs, or VA, also has eligibility requirements for transferability. A Soldier must have six years of active duty in order to transfer his GI Bill benefits.

In some cases, if a Soldier has incurred additional time in service



in order to transfer GI Bill benefits to a family member and is afterward unable to serve that additional time in service, he or she may be required to pay back those benefits.

Viney said that as the Army draws down, some Soldiers will be involuntarily separated under force-shaping initiatives. Soldiers who are separated early under such circumstances and who had previously transferred their Post-9/11 GI Bill education benefits to their dependents may retain the transferred benefits, without needing to repay them to the VA.

COMMENTARY

Sexual Assault Awareness Month

If it isn't you, it's the person next to you

By Senior Airman Kelly Galloway
439th Airlift Wing Public Affairs
Westover Air Reserve Base, Mass.

"Hey sexy ... you single?"
I turned to see a fellow Airman in training; standing about 5 foot 8 inches tall, dark hair and eyes. Over the next four months, I heard this fellow classmate repeat the same line more than a couple dozen times.

It wasn't just me he had an eye for; it was a handful of my new girlfriends as well. We laughed it off. All of us had just completed basic training and were beginning another chapter in our brand-new military careers at technical school. Why make enemies at the start?

About a month in, I grew tired of the cheesy pick-up lines and over-used sexual innuendos. I asked one of our ropes (student leader) to step in to have a chat with the guy regarding how uncomfortable he made me.

Unfortunately, that chat didn't have much of an effect on the Airman and as "luck" would have it, I sat next to him during class.

Lucky me, right?

I was pretty good at letting his suggestive comments flow in one ear and out the other, careful not to show it bothered me (as that only added fuel to his fire).

I stopped kissing you back.
I pushed your hand away.
I said I wanted to leave.
It all meant "NO."

Up to this point, his words were the only offensive thing he had been doing. But then I dropped my pencil. As I stooped over to pick it up I heard a loud voice boom throughout the classroom.

"Are you serious, Airman?"

Startled, I nearly smacked my head off the table trying to sit back up. With our entire class now looking back toward us, our two class leaders, Marines, shrugged them away and stated "We'll talk about this at break – carry on."

Unbeknownst to me, this guy had just executed one of the foulest and most sexually suggestive hand gestures behind my head. The class leaders luckily sat behind us and saw what he had just done.

That was the final straw. The class leaders already knew how annoyed I was by his behavior and asked if I wanted to take this latest development "up the chain."

I had no intention of getting anyone in trouble since

we were all brand new to the military. I'd hoped that the class leaders had scared him enough by this point and decided against it – asking only to move seats to get away from him.

With my new location in the classroom, I felt a bit more at ease. Although the Airman now had one of his male friends start to jeer me because I had gotten him in trouble. I felt beaten and angry. I had no control over the situation. It wasn't "my" fault he did what he did.

He was lucky I didn't take it up the chain of command.

About a week after the hand gesture incident, I'd had it with the remarks from him and his friend. That's when I asked one of our former ropes in our dormitory to have a talk with these two guys.

This former rope commanded the respect of all the guys in the Airman dormi-

See COMMENTARY, P17

We own it... We'll solve it... Together.



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www.preventsexualassault.army.mil

LOYALTY DUTY RESPECT SELFLESS SERVICE HONOR INTEGRITY PERSONAL COURAGE

What constitutes sexual assault

Sexual assault is a crime. It is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent. Sexual assault includes:

- Rape
- Nonconsensual sodomy (oral or anal sex)
- Indecent assault (unwanted, inappropriate sexual contact or fondling) or attempts to commit these acts.
- Sexual assault can occur without regard to gender or spousal relationship or age of victim.

The DOD Safe Helpline Mobile App

This application gives members of the Department of Defense community on-the-go access to resources and tools to help manage the effects of sexual assault.

The mobile app is available for free from the App Store at <https://itunes.apple.com/us/app/dod-safe-helpline/id536773115> and on Google Play at <https://play.google.com/store/apps/details?id=org.rainn.SafeHelpline>.



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

May

Service Member and Family Readiness

Learn financial strategies for tough times

The JBSA-Randolph Airman and Family Readiness Center staff is teaching strategies that can help to build wealth May 1 from 9:30-11 a.m. To sign up, call 652-5321.

Airmen prepare for civilian life

The JBSA-Lackland Airman and Family Readiness Center conducts a five-day Transition Assistance Program, May 6-10. Sessions are 7:45 a.m.-4 p.m. The curriculum ensures military members have a successful transition from military to civilian life. A pre-separation briefing and completion of DD Form 2648 are the prerequisites for attendance. To sign up, call 671-3722.

Mobilization and Deployment Readiness hosts forum

Mobilization and Deployment Readiness hosts an open forum May 7, 11 a.m.-2 p.m., at the Warfighter and Family Readiness Center on JBSA-Fort Sam Houston. The mission of Mobilization and Deployment Readiness is to help service members and their families prepare for deployment and the challenges they face when their service member returns. For more information, call 221-0946.

Learn to properly inspect a child safety seat

The JBSA-Fort Sam Houston Safety Seat Checkout takes place May 16, 1-3 p.m., at the Fire Station on Schofield Road. The Safety Seat Checkout is designed to provide inspection of safety seats against recall criteria, functionality and proper installation. One seat per child will be provided to replace those seats that are deemed unserviceable. Registration is required and the child must be present for proper weight and height measurements. To sign up or for additional information, call 221-0349.

Learn to be financially prepared

The JBSA-Randolph Airman and Family Readiness Center offers a financial readiness class May 21 from 9-10:30 a.m. The class offers attendees ways to enhance their money management skills. For more information, call 652-5321.

Class focuses on Veterans Affairs claim process

The JBSA-Lackland Airman and Family Readiness Center offers an Understanding the VA Claim Process class May 21 from 10 a.m.-noon. Topics include electronic benefits, how to fill out claim forms and the power of attorney process. To sign up, call 671-3722.

Spouses learn reintegration and resiliency skills

The JBSA-Randolph Airmen and Family Readiness Center is offering spouses of returning military members a pre-reintegration workshop called Open Arms May 21 from 1-2 p.m. The class will cover solutions to the various challenges specific to couples

and families reuniting and provide resiliency skills and resources. Seating is limited and registration is required. To register, call 652-5321 or email randolpha&frc@us.af.mil.

Support Assistants learn the importance of their role

Family readiness support assistants play a key role in assisting the efforts of commanders and Family Readiness Group volunteer leaders in their support of the military mission and maintaining the mobilization and deployment readiness of service members, families and the community. This two-day training, which is designed to inform FRsAs more about their role and responsibilities is at the JBSA-Fort Sam Houston Warfighter and Family Readiness Center May 22-23, 8 a.m.-3:30 p.m. For more information, call 221-0946.

Learn about survivor benefit planning

The JBSA-Randolph Airman and Family Readiness Center helps the service member and spouse become familiar with the options and advantages of a survivor benefit plan May 23, 8-9:30 a.m. or 1-2:30 p.m. To sign up, call 652-3633.

Patrons receive car buying tips

The JBSA-Lackland Airman and Family Readiness Center conducts a car buying class May 23 from 10 a.m.-noon. Topics include the dangers of pay day lenders, how to purchase a car at the best price and services available from financial institutions. To sign up, call 671-3722.

Class prepares youth to stay home alone

JBSA-Randolph Airman and Family Readiness Center hosts a class May 23, 5-6 p.m., to prepare children ages 10 and older to be left unattended in base housing for short periods of time. Topics covered include policies, safety skills and proper telephone answering techniques. Children and parents must attend this training together. To register, call 652-5321.

Patrons learn about JBSA-Fort Sam Houston

The Trails and Tales Tour lets DOD ID cardholders experience JBSA-Fort Sam Houston like they never have before. From ghost haunts to high tech centers, patrons hear the stories while exploring the historic post. The tour takes about three hours and begins at the Warfighter and Family Readiness Center May 30, 9 a.m. To register or for more information, call 221-9698.

Arts and Crafts

Patrons learn to make a paper watch

The JBSA-Lackland Arts and Crafts Center holds a class on how to create a paper watch May 8, 5:30-7:30 p.m. Watches are made of tear-resistant material and feature digital movement and a long-life battery. Patrons will personalize the watches using a variety of

decorative materials. The class is open to all ages. Children under the age of 13 must be accompanied by an adult. The fee is \$20 and includes all supplies. To sign up, call 671-2515 by May 1.

Bowling

Patrons bowl to win great prizes

The JBSA-Fort Sam Houston Bowling Center offers the opportunity for bowlers to win some great prizes this summer. Patrons receive "Bowling to Win" entry forms with their paid games Wednesday-Aug. 26. Drawings for prizes will be conducted during Bowler Appreciation Week Aug. 23. Call 221-4740, for more information.

Patrons take the stage at open microphone night

The JBSA-Lackland Skylark Bowling Center hosts an open microphone night May 1, 8-11 p.m., in Primo's Lounge. All singers, poets and musicians are invited to perform. Call 671-1234, for more information.

Mothers bowl free on their special day

Bowling is free for moms at the JBSA-Randolph Bowling Center May 12 from 1-4 p.m. This does not include rental shoes. The rest of the family can bowl at the special Mother's Day rate of \$2.50 per game, per person with \$2 rental shoes. For more information, call 652-6271.

Win money while bowling

JBSA-Randolph Colorama bowling is May 17, 7 p.m. Customers can win money if they strike on the posted combination of colored pins. The entry fee is \$15 per person with optional side pots available. For more information, call 652-6271.

Summer bowling leagues being formed

The JBSA-Randolph Bowling Center is taking sign-ups for three summer leagues. The United States Bowling Conference sanctioned 12-week Storm Pro Am League runs May 21- Aug. 6 and entitles each bowler to a Storm bowling ball of their choice. The Professional Bowling Association Experience League takes place May 29-Aug. 14 and challenges the league bowlers with the same lane conditions that professionals bowl on. The 12-week Coughatta Casino League runs May 23-Aug. 8 and entitles each member to a trip to the Coughatta Casino in Coughatta, La. Aug. 11-12. To sign up, call 652-6271.

Patrons learn to bowl

The JBSA-Randolph Bowling Center is offering Bowling 2.0, which is designed to introduce new people to the great sport of bowling or reactivate bowlers who have not bowled in several years. Bowling 2.0 is structured to take place once a week for four weeks,

including the all-new waterpark, Aquatica and Universal Studios Orlando. For more information, call 808-1378.

Library

Preschoolers entertained at story time

Stories, crafts and songs are all part of the weekly story time at the Keith A. Campbell Memorial Library, building 1222, on JBSA-Fort Sam Houston each Thursday, 10 a.m. The next story times are May 2, 9, 16, 23 and 30. Call 221-4702, for more information.

Power up with Gaming Day

The Keith A. Campbell Memorial Library, building 1222, on JBSA-Fort Sam Houston hosts its monthly Gaming Day May 5, 2:30-5:30 p.m. Gamers can choose from Xbox, Wii and PS3 and classic board games like chess and checkers. For more information, call 221-4702.

Youth have fun with Mother's Day crafts

The JBSA-Lackland Library invites youth to visit the free Mother's Day craft table May 12, 1-6 p.m., to make their own Mother's Day card. The cards can be assembled in the library or taken home for completion. For more information, call 671-3610.

Libraries unveil summer reading program

The JBSA-Lackland Library will start registration May 20 for the Have Book Will Travel summer reading program. The program begins June 11 and will include two weekly events, Tuesdays and Wednesdays, from 10-11 a.m. For more information, call 671-3610.

The Have Book Will Travel summer reading program kicks off May 22 at the JBSA-Randolph Library and runs for eight weeks. Prizes will be handed out each week beginning May 29 and ending July 27. Drop by the library to register for the program or register online at www.JBSA-libraries.org. The summer reading program is sponsored by Randolph-Brooks Federal Credit Union. For contest rules, materials and deadlines contact the library at 652-2617.

Outdoor Recreation

Sellers and buyers gear up for flea market/yard sale

The JBSA-Fort Sam Houston Post-Wide Flea Market and Yard Sale is May 4, 7 a.m.-1 p.m. Patrons living on post may sell their personally owned household items from their living quarters and patrons that don't live on post may sell at the MacArthur Parade Field parking lot. Space and equipment rentals are first come, first serve. For more information, call 221-5224.

Pool opens for summer fun

The JBSA-Fort Sam Houston Aquatic Center will open for the season May 25. The pool will be open daily from noon-8 p.m. and is located at building 3300 Williams Road. For more information, call 221-4887.

Patrons go for the best shot

Practice your aim at the JBSA-Camp Bullis monthly 3D archery shoot May 25-26. Registration will take place on the day of the event from 8-10 a.m. Awards are given to the top three competitors in each class: Open, Release, Fingers, Recurve and Longbow. The cost is \$15 for competitive and \$10 for non-competitive contestants. This event is open all DOD ID cardholders. For more information, call 295-7577.

Summer reservations available at Canyon Lake

The JBSA Recreation Park at Canyon Lake has lodging facilities to fit every budget and desire. Lodging ranges from sleeping a family of four in one of the bungalows, to hosting a large family of eight in one of the cottages. They also have several pet friendly facilities that are available upon request. For more information or to make a reservation, call 800-280-3466.

Patrons learn rules of boating

Guests are required to have the boater safety course to operate any boats from the marina at JBSA Recreation Park at Canyon Lake. Customers can complete this course at Guest Reception at the lake for only \$2 per person. For more information, call 800-280-3466.

Sportsman Range open for target practice

The JBSA-Camp Bullis Sportsman Range is open Saturday-Sunday, 10 a.m.-2 p.m. The range offers DOD ID cardholders a place to shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly due to weather or troop use. Range users should call before coming out for target practice. For more information, call 295-7577.

Catfish Pond is open for the fishing season

The JBSA-Camp Bullis Catfish Pond is open Saturday-Sunday, noon-6 p.m. No license is required. The Catfish Pond operates on a "you caught it, you bought it" basis. The cost is \$3 per pound. Bait for the fishing and soda for the fishermen is available for purchase. No alcohol is allowed and fishermen are asked to watch their children. Payment by cash or check is accepted. For more information, call 295-7577.

Youth Programs

Mothers and daughters enjoy high tea

Mothers and daughters, ages 5 and older, are invited to JBSA-Randolph Youth Programs May 4, noon-2 p.m., to have tea. Along with tea, samples of English hors d'oeuvres will also be provided. The cost for this event is \$5 per mother/daughter. To make a reservation, call 652-2088 by May 1.

Youth show off their best skills in "Talent Showcase"

Child, Youth and School Services at JBSA-Fort Sam Houston proudly present their "Talent Showcase" May 4, 6-7:30 p.m. The show will be held at the Warfighter & Family Readiness Center, building 2797. For more information, call 221-3381.

Youth head for the basketball court

JBSA-Lackland registration for youth basketball is open May 7-23. The program is for children ages 5-17 years old and the fee is \$45 per child. For more information, call 671-2388.

Parents get a night off

JBSA-Lackland Youth Programs and the JBSA-Lackland Child Development Center hold Give Parents a Break/Parents' Night Out May 10 from 7-11 p.m. Care is provided for children ages 6 weeks to 12 years old. Pre-registration is required. The fee is \$15. Fees may be waived with a Give Parents a Break referral. To sign up, call the JBSA-Lackland Youth Center at 671-2388 or the JBSA-Lackland CDC at 671-1052 by May 8.

Youth register for summer camps

JBSA-Randolph Youth Programs has lots of summer programs, clubs, camps, classes and special events for both pre-teens and teens. Registration begins May 13. For more information, call 652-3298.

Gear up for youth football and cheerleading

JBSA-Fort Sam Houston Child, Youth and School Age Services will offer youth football and cheerleading. Registration is at Parent Central beginning May 15. Practice begins July 22. All youth participating will need a current sports physical. Volunteer coaches are still needed. For registration details, call Parent Central at 221-4871. For information about the program, call 221-5519.

Youth get experience and earn money towards college

The Youth Employment Skills program is open to active-duty Air Force dependents in 9th-12th grades. Registered teens can bank \$4 per volunteer hour (up to \$1,000) by volunteering through the Air Force Aid Society sponsored program. Teens must register at JBSA-Randolph Youth Programs building 585 by May 17. For more information, call 652-3298.

Youth stay fit by running

The American's Kid Run takes place May 18, 9 a.m., at JBSA-Randolph's Heritage Park. Children 5 and 6 years old will run a half-mile, 7 and 8 year-olds will run one mile and 9 to 13 year-old children and parents will run two miles. Youth can register between May 1-17 by going to <http://www.americaskidsrun.org>, selecting the Registration Button and Randolph from the drop down. Youth can also register on the day of the event from 8:30-9 a.m. This is a free event. For more information, call 652-3298.

HIRED! apprenticeships available for teens

Registration is open for the HIRED! Summer Term, which runs June 10-August 31. HIRED! offers youth, ages 15-18, opportunities to work at the 502nd Force Support Squadron facilities on JBSA-Fort Sam Houston. Registration forms are available at JBSA-Fort Sam Houston's Parent Central, the Youth Center and Middle School Teen Center. The apprenticeship application deadline is May 1. For more information, call 221-3386.



COMMENTARY

COMMENTARY
from P12

tory; certainly he would be able to have an impact on this guy. Shortly after the discussion this time, the jokes and rude remarks stopped altogether. The Airman and his friend now completely avoided me. Victory at last!

Three months later, two weeks before our class graduation date, a female instructor came up to me as I was on my way back from a class assignment.

"Airman Galloway, follow me please," she said.

I proceeded down the hallway and into a small room with a handful of computers and two girls from my class already in place.

Confusion and a spark of panic overcame me when the door was shut behind me and I realized something serious was going on. One of the female Airmen had been crying and her eyes were still puffy and red.

"Galloway, as I understand, you had a harassment issue with a particular Airman?" my instructor asked.

I acknowledged her question and explained my experience with the group and asked why this was just coming to light as the incident happened nearly three months prior.

Her response shook me to the core as she explained that the two female Airmen, fellow classmates, had just had the same type of harassment, only it had gone above what this man had done to me.

The Airman allegedly grabbed one of the girls and cornered her in an area where we kept our equipment. He put his hand over her mouth and pushed her back against the lockers – pressing his body against hers and proceeded to kiss

his hand in a suggestive way.

This was why I was being called into the room. The other girl was witness to what happened and they both wanted to open an investigation after speaking with the sexual assault response coordinator on base.

They knew I had been in a situation and wanted to know if I also wanted to open an investigation.

I realized that what was thought to be simple, but annoying, joking was turning into something much more serious.

How much more would his behavior deteriorate? What if I had reported this incident when it happened to me? Would this still have happened to this girl?

The thoughts in my mind raced. I agreed to speak to the sexual assault response coordinator.

The concept of an entire office committed to sexual assault boggled me.

I had no idea what was in store as the three of us walked into the SARC office to again explain what happened. To my relief, the officer was approachable and sincere; she made every effort to ease our minds and explained what was going to happen.

All three of us had to give her our written statements separately and without prejudice.

After reviewing our statements, she concluded that there was a definite issue and asked us individually if we wanted to proceed with a restricted or unrestricted report.

A restricted report requires the member to be in status and can only report the incident to medical personnel, SARC or a victim advocate, but an unrestricted report means the member

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Sexual Assault Awareness Month

Sexual Assault: Reach out, support is here

By Maj. Daniel R. Katka

Sexual Assault Prevention and Response
Community Relations Program Director

Many people believe that the hardest part for a sexual assault victim, rather than the actual assault, is the medical exam, investigation and/or prosecution that follows.

However, the impact of sexual assault can last a lifetime and the effects are undoubtedly felt when a victim attempts to transition back to their normal functioning, including returning to work, seeing friends and other daily activities.

Both publicly and privately, sexual assault victims struggle daily to adjust to their life after a sexual assault.

Publicly, victims of sexual assault have to interact with others, many of them who may know or find out about the assault. The person may notice others treating them differently. He or she may notice that at work, whispers or chatter stop mid-stream as they move around the working area.

There's a justifiable paranoia victims experience that others are always talking about the assault. Sometimes victims feel

isolated because people avoid them. Sometimes people just don't know what to say, what to think or what to believe.

Frequently, victims see these behaviors as a constant judgment from others, and they will frequently isolate themselves. Unfortunately, isolation does not heal the pain as it follows victims everywhere they go.

Privately, victims of sexual assault struggle with the different emotions and thoughts associated with this pain.

A victim may not see the same person in the mirror as they did prior to the assault. Feelings such as hopelessness, emptiness and anxiety are common among sexual assault victims.

Many survivors of sexual assault describe their recovery as finding a "new normal" because post-assault life is forever changed.

Many sexual assault victims suffer with trust and relationship insecurities.

In a relationship, they have problems with intimacy, whether sexual or non-sexual. Many victims start to second guess their decisions on friendships and establishing relationships.

The military recognizes the torment that victims of sexual assault experience. The Joint Base San Antonio community encourages those who are struggling to adjust and heal to reach out to local programs that work with victims and assist them on their road to healing.

The reality is recovering from sexual assault is easier with support from loved ones and professionals who understand the impact sexual violence has on an individual.

Joint Base San Antonio Sexual Assault Prevention and Response program can connect you to local advocates affiliated with your service branch who are there solely to support.

They can act as a voice with first responders and chain of command, as well as connect victims to professional services such as counseling.

Victims can also request that their information remain confidential.

If you are victim of sexual assault who has been struggling, call the Joint Base San Antonio SAPR Hotline at 808-SARC (7272).

You don't have to be alone. We are here to help.



COMMENTARY from P17

can report the incident to investigative agencies such as the Air Force Office of Special Investigation or security forces, as well as to members in their chain of command such as the first sergeant, supervisor or commander.

All three of us wanted the unrestricted report.

We were sent back to the dormitory after meeting with the SARC to speak with our military training leaders.

Upon arrival, the captain was already waiting for us. As we entered her office, coming to attention

and visibly shaken, she asked us to sit down.

Up until this point, we had not had any personal interaction with this busy officer and had grown to fear having to report to her.

"Ladies, first of all I want you to know that you are not alone," she said. "Secondly, I want to assure you that this Airman will be dealt with and I will do everything to ensure your safety and confidentiality of this situation, but you need to ensure the confidentiality on your end as well."

"Yes, Ma'am," we simultaneously squeaked out.

We had already signed confidentiality agreements and were ordered not to talk about the situation to any of our classmates.

After an hour of conversing with the captain, she released us to go back to our rooms to deal with what had just occurred in our own manner. What had started as a normal day had taken such a dramatic turn of events. Our minds were warped. We were mentally exhausted.

A team of OSI agents came to our dormitory as well as military police, who went through the Airman's room seeking incriminating evidence.

They pulled him from class and brought him back to the dorms so that he could pack his belongings.

He was being isolated from the rest of the dorm, moving onto the first floor near our MTL's offices.

We were only two weeks from graduating. Because of this incident, the Airman jeopardized his marriage, his security clearance and his military career.

Beginning in basic training, all of the advice from my military training instructor had prepared me for something like this, though I never thought I would be in-

involved in a "SARC" case. It was something we had joked and laughed about training.

Yet my MTI knew better. Before we left his watchful eye, he warned us that an alarming number of technical school

SARC cases do happen and will happen and that we should prepare ourselves. His words still rang in my ear like reveille in the morning.

"If it isn't you, it's the person next to you."

AAFES seeking veterans, families for variety of employment opportunities

While some advertise efforts to hire veterans, the Army and Air Force Exchange Service simply does what it has for more than 117 years – extend career opportunities to veterans and their families.

In fact, 10 percent of the AAFES workforce is comprised of veterans with military spouses and family members accounting for another 24 percent.

With more than 40,000 jobs, the Exchange is doing its part not only to employ veterans and

military spouses, but also provide opportunities.

"The Exchange doesn't just hire current and former members of the military community in jobs – we offer careers in service and support," said the Exchange's chief of staff Col. Thomas Ockenfels.

"It's just a natural fit. Veterans, spouses and dependents know our customers better than anyone."

Uniting with the Military Spouse Employment Partnership, Employer Support of the Guard

and Reserve and the Wounded Warrior Project, there are 4,196 veteran associates working for the Exchange.

In 2013, the goal is to increase veteran management hires by 33 percent from 2012.

Additionally, partnerships with the Operation Warfighter Program and Feds Hire Vets initiative give the Exchange increased visibility.

Veterans can also apply for the Exchange's "Detail to Retail" management trainee programs, which are designed to train

various levels of retail management.

Upon successful completion, participants are assigned to Exchange facilities across the world in a variety of different roles, including store manager, branch store manager, sales area manager and stockroom manager.

Complete details on how veterans and their families can apply for a career with the Exchange are available at <http://www.shopmyexchange.com/AboutExchange/Careers/militaryfamilies.htm>.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Early registration begins for pre-kindergarten, kindergarten students

Early registration for the 2013-2014 pre-kindergarten and kindergarten programs at Fort Sam Houston Elementary School will take place May 3, for children who are new to the district

and live on Joint Base San Antonio-Fort Sam Houston with their active duty parent/guardian. Children must be 4 years old on or before Sept. 1 to be eligible for pre-kindergarten and 5

years old on or before Sept. 1 to be eligible for kindergarten.

Required documentation for enrollment includes a proof of residence, such as a Lincoln Military Housing

lease agreement, driver's license of the parent/guardian and the child's birth certificate, Social Security card, immunization record, report card and other school records from a previous school.

Pre-kindergarten and kindergarten are full-day programs. Transportation is provided for kindergarten students.

Parents are responsible for providing transportation for pre-kindergarten

students.

Registration times will be from 8:30 a.m. to 3 p.m. Parents must sign in at the school office and be directed to the registration site.

2013-2014 Texas Minimum State Vaccine Requirements for Students Grades K-12

This chart summarizes the vaccine requirements incorporated in the Texas Administrative Code (TAC), Title 25 Health Services, Sections 97.61 to 97.72. This chart is not intended as a substitute for consulting the TAC, which has other provisions and details. [Click here for complete TAC language.](#)

The Department of State Health Services (DSHS) is granted authority to set immunization requirements by the Texas Education Code, Chapter 38, Health & Safety, Subchapter A, General Provisions.



IMMUNIZATION REQUIREMENTS

A student shall show acceptable evidence of vaccination prior to entry, attendance, or transfer to a child-care facility or public or private elementary or secondary school in Texas.

Vaccine Required (Attention to notes and footnotes)	Minimum Number of Doses Required by Grade Level					NOTES
	K – 4 th	5 th - 6 th	7 th	8 th - 11 th	12 th	
Diphtheria/Tetanus/Pertussis (DTaP/DTP/DT/Td/Tdap) ¹	5 doses or 4 doses	5 doses or 4 doses	3 dose primary series and 1 Tdap/Td booster <i>within last 5 years</i>	3 dose primary series and 1 Tdap/Td booster <i>within last 10 years</i>		Five (5) doses of diphtheria-tetanus-pertussis vaccine; one dose must have been received on or after the 4 th birthday. However, four doses meet the requirement if the 4 th dose was received on or after the 4 th birthday. For students aged 7 years and older, three doses meet the requirement if one dose was received on or after the 4 th birthday. For 7th grade: one dose of Tdap is required if at least 5 years have passed since the last dose of tetanus- containing vaccine. For 8th - 12th grade: one dose of Tdap is required when 10 years have passed since the last dose of tetanus-containing vaccine. Td is acceptable in place of Tdap if a medical contraindication to pertussis exists.
Polio ¹	4 doses or 3 doses	4 doses or 3 doses	4 doses or 3 doses	4 doses or 3 doses	4 doses or 3 doses	Four (4) doses of polio; one dose must be received on or after the 4 th birthday. However, three doses meet the requirement if the 3 rd dose was received on or after the 4 th birthday.
Measles, Mumps, and Rubella ^{1,2} (MMR)	2 doses	2 doses	2 doses		2 doses	The 1 st dose of MMR must be received on or after the 1 st birthday. For K – 4th grade, two doses of MMR are required. For 5th - 12th grade, two doses of a measles-containing vaccine, and one dose each of rubella and mumps vaccine is required.
Hepatitis B ²	3 doses	3 doses	3 doses	3 doses	3 doses	For students aged 11 - 15 years, two doses meet the requirement if adult hepatitis B vaccine (Recombivax) was received. Dosage and type of vaccine must be clearly documented. Two (2) 10 mcg/1.0 ml of Recombivax).
Varicella ^{1,2,3}	2 doses	1 dose	2 doses		1 dose	The 1 st dose of varicella must be received on or after the 1 st birthday. For grades K – 4th and 7th - 11th, two doses are required. One (1) dose is required for all other grade levels. For any student who receives the 1 st dose on or after 13 years of age, two doses are required.
Meningococcal			1 dose			
Hepatitis A ^{1,2}	2 doses					The 1 st dose of hepatitis A must be received on or after the 1 st birthday.

¹ Receipt of the dose up to (and including) 4 days before the birthday will satisfy the school entry immunization requirement.

² Serologic confirmation of immunity to measles, mumps, rubella, hepatitis B, hepatitis A, or varicella or serologic evidence of infection is acceptable in place of vaccine.

³ Previous illness may be documented with a written statement from a physician, school nurse, or the child's parent or guardian containing wording such as: "This is to verify that (name of student) had varicella disease (chickenpox) on or about (date) and does not need varicella vaccine." This written statement will be acceptable in place of any and all varicella vaccine doses required.

IRS warns donors about charity scams

Following major disasters and tragedies, scam artists impersonate charities to steal money or get private information from well-intentioned taxpayers. Fraudulent schemes involve solicitations by phone, social media, email or in-person.

Scam artists may operate bogus charities that contact people by telephone to solicit money or financial information. Others use emails to steer people to bogus websites which mimic the sites of legitimate charities or use names similar to legitimate charities.

The IRS offers the following tips to help taxpayers who wish to donate to victims of the recent tragedies at the Boston Marathon and a Texas fertilizer plant:

- **Donate to qualified charities.** Use the Exempt Organizations Select Check tool at <http://www.IRS.gov> to find qualified charities. Only donations to qualified

charitable organizations are tax-deductible. Find legitimate charities on the Federal Emergency Management Agency website at <http://www.fema.gov>.

- **Don't give out personal financial information.** Do not give a Social Security number, credit card and bank account numbers and passwords to anyone soliciting contributions. Scam artists use this information to steal an identity and money.

- **Don't give or send cash.** For security and tax record purposes, contribute by check or credit card or another way that provides documentation of the donation.

- **Report suspected fraud.** Taxpayers suspecting tax or charity-related fraud should visit <http://www.IRS.gov> and perform a search using the keywords "Report Phishing."

(Source: Internal Revenue Service)

FSHISD WEEKLY CAMPUS ACTIVITIES APRIL 29-MAY 4

Fort Sam Houston Elementary School

Monday
FSHISD School Board meeting, 11 a.m.,
Professional Development Center

Tuesday

"Purple Day" - Wear purple to support military kids

Wednesday

Maturation program parent preview, 3 to 4 p.m.,
Library and Computer Lab

May 3

Pre-kinder/kinder roundup, 8:30 a.m. to 3 p.m.

Robert G. Cole Middle and High School

Monday
FSHISD School Board meeting, 11 a.m.,
Professional Development Center

Wednesday

Art show, 7 to 8 p.m., Mosely Gym

Thursday

Cole JROTC annual spring awards ceremony, 7 p.m.,
Cole Gym

May 3

Boys and girls golf state gold tournament,
Roy Kizer Golf Course, Austin, time TBA

May 4

Boys and girls golf state gold tournament,
Roy Kizer Golf Course, Austin, time TBA
Junior/Senior Prom, San Antonio Garden
Center, 3310 N. New Braunfels Ave.

COLE HONORS STUDENTS OF THE MONTH



Courtesy photo

Each month Cole Middle/High School recognizes one student from each grade level for his or her outstanding attitude, citizenship and overall contribution to the school. The students are nominated by their teachers and then one student is selected by the faculty of each grade level. The recipients for March are (front row, from left) Carrine Lott, 12th grade; Mary Arnold, 7th grade; Emily Rose, 6th grade; and (back row, from left) Danielle Grabski, 9th grade; Erin Stocker, 8th grade and Austyn Armbruster, 11th grade.

New mural takes shape at Keith A. Campbell Memorial Library

By Sharon Andrews
MWR Marketing

With a vibrant palate of interior latex and artist's acrylics, Malena Stidham has transformed a once-dreary corner of the Keith A. Campbell Memorial Library on Joint Base San Antonio-Fort Sam Houston into a smorgasbord of international destinations.

Stidham is an accidental artist. Although she'd studied design, art and architecture at Miami Dade College, Stidham hadn't considered stepping outside of her mainstream job until after being laid off. She then turned to her first passion as a profession.

With the encouragement of family and friends, she began her career as a muralist.

"It was almost like a miracle to me," Stidham said. "I was sad, but then I was forced to act and now I am glad."

Her husband, Tony Stidham, came to the San Antonio Military Medical



Muralist Malena Stidham.

Center as an epidemiologist last November. Wanting to wait until the end of the school year to relocate to San Antonio, she still lives in Miami with their son.

However, not one to leave her career to chance, she approached supervisory librarian Robbye Durham with an offer that couldn't be refused.

Armed with her portfolio, "she actually came to our door," Durham said. "Malena wanted to commit to a service project.

She wanted to be able to show her work and share it."

They discussed different subjects and at one point Durham mentioned that JB-SA-Fort Sam Houston hosts people from all over the world. An idea took root and Stidham returned to Miami, researched the topic and sent Durham a concept.

"We loved it," Durham said. The only thing needed was the paint.

"So, I'm doing the paint," Durham said. "That's my service project."

Over the course of her son's spring break, Stidham has converted the young adult section of the library into a destination of interest.

When asked how their customers react to the mural taking form, Durham answered, "Awe. They're just in awe about how beautiful it is and how the colors are so vibrant and welcoming when they walk in."

Books are a window



Photos by Sharon Andrews

This mural in the the Young Adult section of the Keith A. Campbell Memorial Library is taking form.

to the world. What better place to have a mural of international destinations than the Library? This year's Summer Reading Program is "Have Book – Will Travel," which invites

readers of all ages to travel through the pages of books, to see through other people's eyes and to read their way to international destinations from the Eiffel Tower to Saint

Basil's Cathedral, from the Sydney Opera House to the Statue of Liberty and beyond.

For more information about the library, call 221-4702.

Partnership for Youth Success program to pay off for Soldiers

By Bart Keyes
U.S. Army San Antonio
Recruiting Battalion

The Corpus Christi Police Department recently joined with the U.S. Army San Antonio Recruiting Battalion through the "Partnership for Youth Success" program at CCPD headquarters March 1.

The PaYS program guarantees Soldiers a job interview and possible employment after they leave the Army.

The program provides America's youth with an opportunity to serve their country while they prepare for their future,

as Soldiers possess technical skills, work ethic, discipline, teamwork, communication and leadership ability – all traits desirable to potential employers.

The CCPD joins the Nueces County Police Department as the second organization to partner with the recruiting battalion's Corpus Christi Company within the last year.

"The CCPD is hiring and we are looking for highly qualified men and women to fill those positions," said CCPD Chief Floyd Simpson. "This partnership will do just that."

"On behalf of the U.S. Army, it is a pleasure to announce this partnership with the Corpus Christi Police Department," said battalion commander Lt. Col. David Grant. "This partnership represents the best in community involvement."

Grant said the CCPD and the Army share the same core values of loyalty, duty, respect, selfless service, honor, integrity and personal courage.

"These are the values leaders are looking for in their employees and what makes this partnership so important," Grant

added. "This is a win-win situation for both organizations."

"The CCPD has improved their hiring practices and this partnership couldn't have come at a better time," said CCPD Patrol Commander John Houston. "This partnership will allow us to hire outstanding men and women who will have many educational chances to hone their skills within the CCPD."

"This partnership is not a one-way street," Simpson added. "It is our hope that our officers within CCPD take advantage of all the benefits the Army Reserves offer."



Photo by Bart Keyes

Corpus Christi Police Department Patrol Commander John Houston (left) and CCPD Chief Floyd Simpson (right) receive certificates of participation and coins from Lt. Col. David Grant, San Antonio Recruiting Battalion Commander.



Jazz & Wine Tickets on Sale

Tickets are on sale for the Jazz & Wine event 8 p.m. Friday at the Fort Sam Houston Theatre. Doors open and cocktail hour begins at 7 p.m. Tickets are \$45 at the door. Visit <http://www.ArmyMWR.com/JAZZ>.

Operation Megaphone Worldwide Lock-in

Teens are invited to Operation Megaphone Worldwide Lock-in 9 p.m. Friday to 7 a.m. Saturday at the Middle School Teen Center, Building 2515. Teens will enjoy a night of sports, food and movies. The cost is \$5 per teen. Call 221-3630.

Defense Technology, Intelligence Career Fair

Friday, 10 a.m.-2 p.m., Sam Houston Community Center. For more information, click on <http://www.TransitionCareers.com>.

EFMP, Special Olympics Equestrian Event

Saturday, 9 a.m.-noon, JBSA-Fort Sam Houston Equestrian Center. Call 221-2962.

MOAA Solitaires' Sunday Brunch

The Alamo Chapter of the Military Officers Association of America will hold a brunch 11 a.m. Sunday at the Randolph Parr Officer's Club for single officers or widows of officers. No registration needed. Must be a member of the Alamo-MOAA Chapter. Visit <http://www.alamomoaa.org>.

Building Confidence Teen Resilience Workshop

Monday, 5-6 p.m., Comprehensive Soldier and Family Fitness Training Center, Building 2620. This workshop is for high school freshman and sophomores. Call 808-6089 for more information.

H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, Building 2515. Call 221-0349.

Credit and Debt Management

Tuesday, 9-11 a.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

Extravaganza

Tuesday, 9:30-11 a.m., Sam Houston Community Center. Call 221-1681 or 221-9698

Consumer Awareness

Tuesday, 2-4 p.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

Unit Family Readiness Training

Wednesday, 9-10 a.m., Warfighter and Family Readiness, Building 2797. Call 221-0946.

Unit Trauma Training

Wednesday, noon-4 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0626 or 221-0946.

Web-Based First Term Financial Readiness

Wednesday, noon-6 p.m., Warfighter and Family Readiness, Building 2797. Call 221-2380

Strong Man/Women Competition

DOD cardholders are invited to enter the lottery for participation in

the first ever Strong Man/Women Competition 7 a.m. May 18 at the fitness center at the Medical Education Training Campus. Contestants will begin the event by competing in the Armed Forces Day 5K, followed by the strength aspect of the competition which will include a car drag, dumbbell hold, keg carry, tire flip and ammo carry. The event is limited to 20 contestants in each category. Those interested in participating will need to enter the lottery by Wednesday. Fitness staff will contact the players whose names are drawn May 3. For more information, call 808-5709.

Volunteer of the Year Ceremony

Wednesday, 1-3 p.m., Sam Houston Community Center. Call 221-9196.

Post-Wide Flea Market and Yard Sale

May 4, 7 a.m.-1 p.m. at JBSA-Fort Sam Houston. Patrons living on post may sell their personally owned household items from their living quarters and patrons not living on post may sell at the MacArthur Parade Field parking lot. DOD cardholders who choose to sell their items at the parking lot are advised to arrive by 6 a.m. Space and equipment rentals are first-come, first-served. Call 221-5224.

Battlemind Pre-Training for Families

Thursday, 9-11 a.m., Warfighter and Family Readiness, Building 2797. Call 221-0946.

Positive Parenting Enrichment

Thursday, May 9 and 16, 11

a.m.-1 p.m., Red Cross, Building 2650. Call 221-0349.

Post Deployment Planning

Thursday, 1-2:30 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0946

Building Effective Anger Management Skills

Thursday, May 9, 16 and 23, 10 a.m.-noon, JBSA-Lackland. Call 221-0349.

Army Ten-Miler Qualifier

Active duty service members on JBSA-Fort Sam Houston are welcome to test their skills at the Army Ten-Miler 7 a.m. May 5 at the Central Post Gym. The run is designated for active duty, varsity-level athletes who are actively training. Male participants should have no more than an 8-minute-mile pace. Female participants should have no more than a 10-minute-mile pace. The top five active duty military men and women qualify to represent JBSA-Fort Sam Houston at the Army Ten-Miler in Washington, D.C. The registration deadline is Friday. Call 808-5710.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

Moms and Tots Stroll

Monday, Wednesday and Friday, 9-11 a.m., Fitness Center on the METC, stroll on the indoor track and win prizes. Call 808-5709.

Step-Families 101

Thursday, May 9, 16 and 23, 2-4 p.m., JBSA-Lackland.

Call 221-0349.

Cheer Coaches Needed

JBSA-Fort Sam Houston Youth Sports is looking for volunteers to coach children 5-12 years of age for the 2013 cheer season. Volunteer coaches must be at least 21 years old and willing to commit for the entire season, August through November. All volunteer coaches are required to complete an application and consent to a background check. Call 221-5519 or 221-4492.

San Antonio Australian Football Club

High school and college athletes are invited to play in the San Antonio Australian Football Club. Practices held on Saturdays at 11 a.m. on JBSA-Fort Sam Houston at the fields between Artillery Post, New Braunfels, Stanley and Liscum Roads. Call 382-5305, 830-556-9397 or 426-7655.

JBSA-Fort Sam Houston Ticket Office

The ticket office is located in the Sam Houston Community Center and is open 10 a.m. to 5 p.m. Tuesday through Friday. Call 808-1378.

Sportsman Range

The range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

Jimmy Brought Fitness Center Extends Hours

The Jimmy Brought is open

4 a.m.-10 p.m., Monday through Friday, 8 a.m.-7 p.m. Saturday and Sunday and 8 a.m.-5 p.m. federal holidays. Indoor pool hours are 5 a.m.-8:30 p.m. Monday through Friday and 8:30 a.m.-4:30 p.m. Saturday, Sunday and federal holidays. Call 221-1234.

Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. Call 221-3828.

Before and After School Care Registration

Register your child for before and after school care at JBSA-Fort Sam Houston Parent Central, 221-4871. Warriors in Transition and their family members should register at Soldier Family Assistance Center or call 916-6377. Registration is ongoing until full.

School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate

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TxDOT offering free cab vouchers for intoxicated Fiesta-goers

By Joey Palacios
Texas Public Radio

The Texas Department of Transportation is reviving its Fiesta Safe voucher program this year to offer free cab rides to intoxicated individuals.

San Antonio Police Chief William McManus echoed the words of other

law enforcement agencies on catching drunk drivers.

"If you drink and drive, you're going to get caught," McManus said. "It's just a matter of when. When you do, it's going to cost you a lot of money and a lot of heartache."

Last year for Fiesta, 373 people were arrested

for driving while intoxicated, and in both 2011 and 2012 there were no alcohol-related automobile fatalities.

To keep that number at zero, Robbie Smith, with the Texas Department of Transportation, is offering free cab rides up to \$20 from Fiesta events.

"We want everyone to

arrive home safely, and in doing that, that means sometimes you have to plan ahead," Smith said.

TxDOT previously used a vouchers system for the program, which is run by sponsorships. This year however, they're in the form of a debit card. Each one comes loaded with \$20.

John Bouloubasis, president of Yellow Cab San Antonio said the cards will only be good for Yellow Cab and Towne Car taxis.

"What happens when a patron gets them, they're used in the same manner as a credit card in the cab," Bouloubasis said.

"They're good for \$20

and then when they're done, when Fiesta is over, they can be re-loaded just simply by calling our office and they can be re-loaded to any dollar amount."

TxDOT representatives will be passing out the cards at Fiesta events.

The original \$20 on the card will be good during Fiesta and only when leaving one of the events.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan
10:30 a.m. - Gospel

Army Medical Department Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service
11:01 - Contemporary "Crossroads"
**Brooke Army Medical
Center Chapel**
Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass
Sunday
8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jummah, Friday,
AMEDD

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3851 Roger Brooke Rd.
11:05 a.m., Monday through Friday
Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

*For worship opportunities of faith groups not listed here,
please visit the JBSA-Fort Sam Houston Chaplain's website at
<http://www.samhouston.army.mil/chaplain>.*

Edwards Aquifer Level

in feet above sea level as of Apr 23

CURRENT LEVEL* = 646.0'

*determines JBSA water conservation stage

Normal - above 660'

Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'

For water restrictions, visit <http://www.502abw.af.mil>.



Weekly Weather Watch

	Apr 26	Apr 27	Apr 28	Apr 29	Apr 30	May 1
San Antonio Texas	79° Scattered T-Storms	80° Isolated T-Storms	81° Mostly Cloudy	83° Isolated T-Storms	85° Isolated T-Storms	81° Scattered T-Storms
Kabul Afghanistan	65° Partly Cloudy	63° Partly Cloudy	67° Sunny	66° Mostly Sunny	65° Mostly Sunny	71° Sunny

(Source: The Weather Channel at www.weather.com)



Cloverleaf Communicators Club Council Meeting

The Cloverleaf Communicators Club will host its Texas council at large meeting 8 a.m.-3 p.m. Saturday at the Comfort Suites Hotel, 6350 IH-35 North. The club is open to all military, family members and civilians who are interested in developing and enhancing their leadership and communication skills. Call 221-8785 or 916-3406, for information.

Adventure Race IX

Individuals or teams can participate in Adventure Race IX 8 a.m. May 11 at the Laughlin Weather Hanger, Laughlin Air Force Base. To register, visit <https://einvitations.afit.edu/inv/anim>.

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parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.fortsammwr.com/youth/slo.html> or call 221-2214 or 221-2256.

Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area, is open to all DOD cardholders and full of clothing, shoes, housewares, toys, books, furniture, jewelry and more. Hours are 9 a.m. to 2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. Call 221-5794/4537 or click on <http://www.scfsh.com>.

Pet Consult Services Available

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family

cfm?i=143763&k=0365410E7D54.
For more information, call 830-298-5756 or 830-298-5830.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

pets. The VTF's military animal behavior resident is scheduling appointments. The Army resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression, fear, anxiety, hyperactivity, inappropriate elimination and tail chasing. Call 671-3631 or 671-2245.

Education and Training Office

The 502nd Force Support Squadron Education and Training Office offers a variety of military testing, including Professional Military Education, Career Development Courses and Defense Language Proficiency testing. PME Testing is conducted on Tuesdays, CDC on Wednesdays, and DLPT on Thursdays. Education and Training Office also offers Armed Forces aptitude testing such as the Armed Forces Classification Test and Armed Forces Officer Qualification Test. Tests scheduled on an as-needed basis. To schedule military testing at JBSA-Fort Sam Houston, call 221-0852.

Basic Skills Education Program

Classes are Monday through Friday 7:30 a.m. to 3:30 p.m. for a period of 14 working days. Service



FOR SALE: Dresser, light wood, 39 inches wide, 27 inches high, 14.5 inches deep, four drawers, good condition, \$30; computer desk, light wood, 39 inches wide, 29 inches high, 19 inches deep, 39 inches tall, \$15; stainless steel refrigerator, freezer on top, 19 cubic feet, good condition, \$275; multi-color sofa, 90 inches long, \$75. Call 241-1291.
FOR SALE: Solid wood entertainment cabinet with closing

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



doors, three drawers and several component spaces, 69.5 inches high, 41.5 inches wide, 21 inches deep, \$125. Call 666-0502 anytime.

FOR SALE: Hand-crafted metal table with black marble top, 37 inches long, 16 inches wide, 32 inches high, new, \$75; patio bench, 53 inches long, plus patio chair, both with cushions, \$23; new seat covers for Dodge RAM 1500/2500, misty grey, \$48; new Penmate dog crates, one for large dog, one for small dog, with stainless steel windows and door; Oakley sun glasses, new, iridium, similar to Juliet style, over \$350 new, 99 percent ultra violet protection, includes new hard case, \$76. Call 313-0061.
FOR SALE: new Rascal wheelchair, \$700 obo. Call 661-3765.

members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738.

SAT and ACT Test Prep Programs

The SAT and ACT PowerPrep™ Programs are available online or DVD, and include more than 11 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, practice tests and graphic teaching illustrations. Eligible recipients included service members from all branches of the military who are active duty, retired, veterans, Guard, Reserve, DOD employees, contractors and civilians performing military support. The eKnowledge Sponsorship covers the complete \$200 purchase price for the standard SAT or ACT Test Preparation Program. There is a nominal charge of \$17.55 to \$19.99 per standard program for the cost of materials, support, streaming and shipping. Each SAT or ACT test preparation program has a one-year license from the day the product is ordered. Visit <http://www.eKnowledge.com/MAFB> or call 951-256-4076.

www.eKnowledge.com/MAFB or call 951-256-4076.

Cloverleaf Communicators

Meetings are held the first and third Friday of every month 11:45 a.m.-1 p.m. at Building 4011A, off Reynolds and Wilson Way. Visit <http://powertalkinternational.com/> or call 916-3406 or 221-8785.

Future Speakers on the Horizon

Enjoy food and develop public speaking and leadership skills the second and fourth Wednesday of each month, noon-1 p.m. at the Joint Program Management Office, Building 4196. Call 295-4921.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 221-4424 or 837-9956.

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the JBSA-Lackland Gateway Club. Call 658-2344.



Scan with Smartphone app to access the Joint Base San Antonio website at www.jbsa.af.mil